



JANUARY 2026 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Happy New Year! Wishing you all the best in 2026!	NO SCHOOL Winter Vacation	NO SCHOOL Winter Vacation
5	6	7	8	9
Crispy Chicken Tenders Wedge Potatoe Fries Or Sunny Bar Fun Lunch (V)	Mozzarella Sticks & Saucy Meatballs (V) & Veggie Pasta Salad Or Bagel Fun Lunch (V)	Buffalo Chicken Dip with (V) Veggie Sticks and Tortilla Chips Or Fruit and Cheese Fun Lunch (V)	Cheese Pizza (V) Or Hummus and Pita Fun Lunch (V)	Dutch Waffles (V) Warm Apple Cinnamon Compote Sausage & Hashbrown Or Muffin Fun Lunch (V)
12	13	14	15	16
Hamburger, Cheeseburger, Veggie Burger (V) Or Sunny Bar Fun Lunch (V)	Marvelous Mac N' Cheese with Peas (V) Or Bagel Fun Lunch (V)	Crispy Chicken Drumstick Roasted Potatoes, Barley & Apple Salad Or Fruit and Cheese Fun Lunch (V)	Cheese Pizza (V) Or Hummus and Pita Fun Lunch (V)	NO SCHOOL Teacher Professional Development
19	20	21	22	23
NO SCHOOL M.L.K. Jr. Day	Chicken Provencal and Rice Or Bagel Fun Lunch (V)	American Chop Suey Roasted Ranch Broccoli Or Fruit and Cheese Fun Lunch (V)	Cheese Pizza (V) Or Hummus and Pita Fun Lunch (V)	Cheese Omelet, Hashbrown Potatoes, Apple Cinnamon Cornbread Or Muffin Fun Lunch (V)
26	27	28	29	30
Chicken and Cheese Quesadilla Roasted Sweet Potatoes & Apples Or Sunny Bar Fun Lunch (V)	Chicken Broccoli Alfredo (V) Or Bagel Fun Lunch (V)	Muchos Nachos (V) Tortilla Chips with Seasoned Beef Cheese, Lettuce & Salsa Refried Beans Or Fruit and Cheese Fun Lunch (V)	Cheese Pizza (V) Or Hummus and Pita Fun Lunch (V)	Fish Sticks with Fries Or Muffin Fun Lunch (V)

- V is or can be made vegetarian.
- Assorted sandwiches, entrée salads and grab-and-go meals are available daily, including vegetarian options.
- All meals are offered with milk, 100% fruit juice, fresh fruit and vegetables.
- Menu subject to change without notice.
- If you have a food allergy, please contact the Nutrition Services department before purchasing a meal.
- Each student is entitled to one free breakfast and one free lunch each school day.
- This institution is an Equal Opportunity Employer.

For a translated version of this menu, visit ashland.k12.ma.us/Nutrition or scan the QR code.



Comments or concerns? Contact the Nutrition Services department at 508-881-0165.