



JANUARY 2026

Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
		Happy New Year! Wishing you all the best in 2026!	NO SCHOOL Winter Vacation	NO SCHOOL Winter Vacation
5	6	7	8	9
Kayem Lite Hot Dog On a Bun Or All Beef Hot Dog Baked Beans, Honey Carrots	"Sticks & Stones" Mozzarella Sticks & Saucy Meatballs (V) Veggie Pasta Salad	Clocker Favorite! Buffalo Chicken Dip with (V) Veggie Sticks and Tortilla Chips	Pizza Party! (V)	Dutch Waffles (V) Warm Apple Cinnamon Compote Sausage & Hashbrown
12	13	14	15	16
Rodeo Burger Beef Patty topped with (V) Cheese, Crispy Onion Rings & BBQ Sauce Smiley Fries	Marvelous Mac N' Cheese with Peas (V) Dinner Roll	Crispy Chicken Drumstick Roasted Potatoes Barley & Apple Salad	Pizza Party! (V)	NO SCHOOL Teacher Professional Development
19	20	21	22	23
NO SCHOOL M.L.K. Jr. Day	Salsa Chicken Cilantro Lime Rice Buttered Corn	American Chop Suey Roasted Ranch Broccoli Garlic Knot	MID TERM EXAMS Salad & Sandwiches Served	MID TERM EXAMS Salad & Sandwiches Served
26	27	28	29	30
MID TERM EXAMS Salad & Sandwiches Served	MID TERM EXAMS Salad & Sandwiches Served	Muchos Nachos (V) Tortilla Chips with Seasoned Beef Cheese, Lettuce & Salsa Refried Beans	Pizza Party! (V)	Coconut Crusted Redfish Roasted Plantain Zesty Quinoa

- V is or can be made vegetarian.
- Assorted sandwiches, entrée salads and grab-and-go meals are available daily, including vegetarian options.
- All meals are offered with milk, 100% fruit juice, fresh fruit and vegetables.
- Menu subject to change without notice.
- If you have a food allergy, please contact the Nutrition Services department before purchasing a meal.
- Each student is entitled to one free breakfast and one free lunch each school day.
- This institution is an Equal Opportunity Employer.

For a translated version of this menu, visit ashland.k12.ma.us/Nutrition or scan the QR code.



Comments or concerns? Contact the Nutrition Services department at 508-881-0165.