

# DECEMBER NEWSLETTER

December 2025

## Scholarship Season

Hey Seniors!

The moment you've been preparing for is finally here: scholarship season is in full swing! Your school counseling team has compiled a comprehensive Senior Slideshow packed with fantastic funding opportunities to help make your college dreams a reality.

This isn't just a list—it's an organized resource designed to save you time and maximize your chances. You'll find scholarships sorted into easy-to-navigate categories, including:

- Local (often with the highest chance of winning!)
- State-Specific
- National
- Scholarships based on your Intended Major
- Scholarships specific to a Particular School
- And more!

Don't leave free money on the table!

Start exploring today.

Scan the QR code with your phone's camera to access the slideshow instantly and begin planning your applications!



## Reminders

As graduation approaches, we want to celebrate all of your incredible achievements! Securing financial aid, grants, and scholarships is a huge accomplishment, and we want to recognize your success during our end-of-year ceremonies and in the graduation program.

If you have received any monetary awards (scholarships, grants, stipends, etc.) from colleges, universities, or external organizations to help fund your post-secondary education, we need you to report them!

- **Why Report?** This allows us to publicly recognize the total amount of money our graduating class has earned—a huge point of pride for you and our school community!
- **What to Report?** Please report the total dollar amount of the awards you have accepted. You do not need to report loans.
- **How to Report?** Please fill out the designated Graduation Form available using [this link](#).

The deadline for reporting is May 13! We must have this information by the deadline to ensure it's included in all graduation publications.

Congratulations again on your outstanding success!



Compassion **2026** Integrity  
**Singer Family C&E**  
**Foundation Scholarship**  
Perseverance

-Singer Scholarship Applications for Seniors can be picked up in the Guidance Office starting In December of 2025.

-All applications are due in Guidance in early January 2026 (No late applications will be accepted)

-Essay portion of the scholarship will be late January from 8:30am to 9:30am (This will be the only date and time the essay will be provided)

- Please contact Mr. Morgan with any questions or concerns.

Community

## 2026 ASVAB Testing For Seniors



### What is ASVAB?



- Armed Services Vocational Aptitude Battery



- Second testing date: January 20th, 2026 at 7:30 am. Room: Library

If you are interested in taking the ASVAB test on January 20th, please sign up via the QR code below or in the Guidance Office!



SCAN TO SIGN UP

## Check Out the Counseling Department Advertisement Slideshow!

Don't miss out on important updates that can impact your college applications, future plans, and even your free time!

The Counseling Department has put together an essential digital slideshow that is updated every week with the most current information you need. Think of it as your one-stop shop for all things post-graduation planning and opportunities!

What's Inside?

This rotating slideshow includes announcements and resources on:

- College Visits: See which university representatives are coming to our school and sign up to meet them.
- Scholarship Opportunities: The latest local, state, and national scholarships available (your free money checklist!).
- Upcoming Events: Information about workshops, financial aid nights, and other crucial departmental deadlines.
- Community & Summer Opportunities: Paid internships, volunteer positions, summer programs, and other chances to build your resume and gain experience.

How to Access It

Scan the QR code below to view the most current edition.





## PHEAA News

### PHEAA Update

- Do you have families who are looking for an estimate on how much aid they can receive? The Department of Education offers a [Federal Student Aid Estimator](#) that provides an estimate of what federal aid students can expect to receive.
- If students and families need to make a correction on their FAFSA, most corrections can be made on [studentaid.gov](https://studentaid.gov).

## PA Forward Student Loans | Complete the FAFSA

As seniors finalize their college plans, it's time for them to start thinking about how to pay for it. Completing the Free Application for Federal Student Aid (FAFSA®) not only provides access to federal funds but also helps schools create financial aid packages that include institutional scholarships and grants. Encourage your students to visit [pheaa.org](https://pheaa.org) for information on understanding award letters, webinars, in-person FAFSA completion events, and more.





## NOVEMBER IS CAREER DEVELOPMENT MONTH!

This is the perfect time to start thinking seriously about your future and what you want to do after high school! Whether you're considering college, trade school, the military, or jumping straight into the workforce, understanding yourself is the first step.

Explore Your Future with Kuder Navigator

Kuder Navigator is an interactive platform that helps you explore occupations and college majors. It's not just guessing—it uses science-based assessments to give you personalized results based on four key areas:

- Interests: What activities and subjects truly excite you?
- Skills Confidence: What are you good at and feel confident doing?
- Work Values: What matters most to you in a job (e.g., helping people, earning a lot of money, working outdoors)?

## How to Get Started

Accessing your career future is easy!

1. Log in to Clever using your school credentials.
2. Find and click on the Kuder Navigator application.
3. Start by taking the short, insightful assessments!

Use Kuder to explore different occupations, see what kind of salary they offer, and find out what high school courses or college majors will help you get there.

Make an appointment with your school counselor if you need help logging in or interpreting your results!



# MENTAL HEALTH RESOURCES

## SAP

How does the program work?

Referral to the team by: Teacher, School Counselor, Another staff member, Administration, Parent, or Student

Process: Identify barriers to learning, Parent notification / consent / involvement, Possible interview with the student (with parent consent), Possible intervention with parents and student, Possible referral for support services

What are the benefits of the Student Assistance Program?

- Help foster a team approach to problem-solving
- Enhance positive school experiences for all students
- Provide support for parents and students
- Unify staff, parents, and students in working together to foster student achievement

What is the role of the parent?

- To be a part of the decision-making process
- To help implement interventions when appropriate
- To provide additional information

## Mental Health Resources

988 Suicide & Crisis Lifeline: Call or Text 988 or visit [988lifeline.org](https://www.988lifeline.org) (available in English or Spanish)

Crisis/Suicide Prevention Text Line: Text "Home" to 741741

New Perspectives Monroe County Mobile Crisis: 570-992-0879

"Safe2Say Something is a youth violence prevention program run by the Pennsylvania Office of Attorney General. The program teaches youth and adults how to recognize warning signs and signals, especially within social media, from individuals who may be a threat to themselves or others and to say something before it is too late."

Submit an anonymous report online at [safe2sayppa.org](https://www.safe2sayppa.org) or call 1-844-SAF2SAY

**SAFE SAY**  
SOMETHING

# DECEMBER

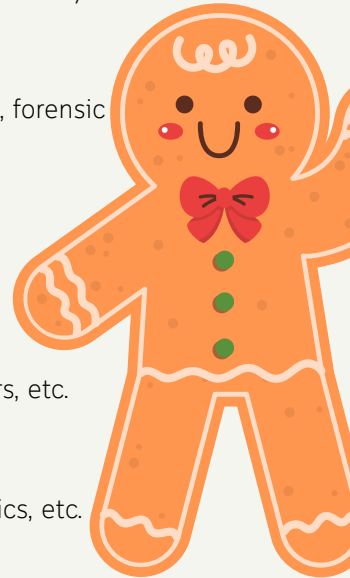
## newsletter



## 9TH GRADE MCTI FIELD TRIP

Our team took some of our 9<sup>th</sup> grade students to the Monroe Career & Technical Institute on December 12th. Students received tours of the different shops and had the opportunity to speak to current students and faculty members about the programs. Below are the programs MCTI offers and future career options to explore:

- Auto Collision and Repair: automobile body and related repairers
- Automotive Technology: automotive service technician and mechanic
- Business and Hospitality Management: sales managers, retail salespersons, social media specialist, event planning, guest relations, entertainment and leisure services, food and beverage operations, etc.
- Carpentry: roofer, drywaller, etc.
- Computer Information Science: database administrators, computer programmers, etc.
- Computer Network and Security: web developers, computer network support specialists, information security analysts, etc.
- Cosmetology: manicurist, hair dresser, skin care specialist, etc.
- Criminal Justice: police and sheriff's patrol officer, correctional officer, fire and ambulance dispatchers, forensic evidence technician, etc.
- Culinary Arts: chefs and head cooks, baker, waiter/waitress, etc.
- Diesel Technology: bus and truck mechanic, farm equipment mechanic, etc.
- Drafting and Design: engineering
- Electrical Technology: electrician apprentice
- Electronics Technology: production repairer, electronic engineer, etc.
- Graphic Communications: graphic designers, desktop publishers, screen printing, etchers and engravers, etc.
- Health Professions: healthcare practitioners, patient care attendant, etc.
- Horticulture: landscape architect, nursery and greenhouse workers, farmers and ranchers, etc.
- Heating, Ventilation and Air Conditioning: refrigeration mechanic, air conditioning and heating mechanics, etc.
- Masonry: brickmasons, stonemasons, tile and marble setters, cement mason, etc.
- Outdoor Power Equipment Technology: gas-engine technician, power-saw mechanic, motorboat mechanics, motorcycle mechanic, etc.
- Plumbing Technology: pipefitter, plumber, etc.
- Precision Machining: tool and die maker, machine tool operator, etc.
- Therapeutic Science/Sports Medicine: personal trainer, strength and conditioning coach, physical therapist assistant, massage therapist, athletic trainer, etc.
- Welding Technology: combination welders, cutters, solderers, and brazers, etc.



# High School Timeline

## 9<sup>th</sup> GRADE REGISTER



- » If you haven't yet, [register](#) for a free Profile Page account at [eligibilitycenter.org](https://eligibilitycenter.org) for information on NCAA initial-eligibility requirements.
- » Use NCAA Research's [Interactive map](#) to help locate NCAA schools you're interested in attending.
- » Find your high school's list of NCAA-approved core courses at [eligibilitycenter.org/courselist](https://eligibilitycenter.org/courselist) to ensure you're taking the right courses, and earn the best grades possible!

## 10<sup>th</sup> GRADE PLAN



- » If you're being actively recruited by an NCAA school and have a Profile Page account, [transition](#) it to the required [certification account](#).
- » Monitor the [task list](#) in your NCAA Eligibility Center account for next steps.
- » At the end of the school year, ask your high school counselor from each school you attend to upload an official transcript to your Eligibility Center account.
- » If you fall behind academically, ask your high school counselor for help finding [approved courses](#) you can take.

## 11<sup>th</sup> GRADE STUDY



- » Ensure your [sports participation](#) information is correct in your Eligibility Center account.
- » Check with your high school counselor to make sure you're on track to complete the required number of NCAA-approved [core courses](#) and graduate on time with your class.
- » Share your [NCAA ID](#) with NCAA schools recruiting you so each school can place you on its [institutional request list](#).
- » At the end of the school year, ask your high school counselor from each school you attend to upload an official transcript to your Eligibility Center account.

## 12<sup>th</sup> GRADE GRADUATE



- » [Request your final amateurism certification](#) beginning April 1 (fall enrollees) or Oct. 1 (winter/spring enrollees) in your Eligibility Center account at [eligibilitycenter.org](https://eligibilitycenter.org).
- » Apply and be accepted to the NCAA school you plan to attend.
- » Complete your final NCAA-approved [core courses](#) as you prepare for graduation.
- » After you graduate, ask your high school counselor to upload your final [official transcript](#) with proof of graduation to your Eligibility Center account.

MCTI Application 2026-2027

Open Now!

7  
THE COLLEGE-BOUND STUDENT-ATHLETE



Monroe Career and Technical Institute

Google Classroom for Pleasant Valley High School Students

CLASSROOM CODE = tqprl2r



**PVHS FAMILIES IN NEED**

# **2025 HOLIDAY SEASON**

**SPECIAL THANKS TO:**

**KELSEY TOMPKINS FOR DONATING ALL  
OF OUR THANKSGIVING TURKEYS!  
OUR PVHSSCHOOL COUNSELORS  
FOR ORGANIZING THANKSGIVING  
MEALS FOR 10 FAMILIES**

**ALL OF THE GENEROUS STAFF  
MEMBERS WHO PURCHASED GIFTS  
FOR OUR STUDENTS AND THEIR  
FAMILY MEMBERS - WE PROVIDED  
GIFTS FOR 18 KIDS AND GIFT CARDS  
FOR 10 FAMILIES TOTAL!**