



January 2026

MIDDLE SCHOOL BREAKFAST MENU

MON	TUES	WED	THURS	FRI
<p><i>Meal Applications can be filled out anytime during the school year visit www.chcl.org</i></p> <p><i>Breakfast \$2.00 Lunch \$3.25</i></p>			1	2
			School Closed	School Closed
				Week 2
5	6	7	8	9
Maple Madness Waffle	School Closed	Apple Cinnamon Muffin	Blueberry Waffle	Egg & Cheese Croissant
				Week 3
12	13	14	15	16
Cinnamon Frudel	Country Chicken & Cheese English Muffin	Confetti Pancakes	Cherry Frudel	Dutch Waffle
				Week 4
19	20	21	22	23
School Closed	Confetti Pancakes	Turkey Bacon, Egg Breakfast Pizza	Trix French Toast	CinnMini Rolls
				Week 5
26	27	28	29	30
Strawberry Cream Cheese Frudel	Turkey Sausage Breakfast Pizza	Dutch Waffle	Egg & Mozzarella Breakfast Bagel	Ham, Egg & Cheese Waffle Sandwich
				Week 1

Daily Additional Options:

- Assorted WG Cereals
- Assorted WG Pop Tarts
- Low-fat Yogurt
- Breakfast Sandwich on WG Bagel:
 - Egg & Cheese
 - Egg, Cheese & Chicken Sausage
- Fresh Fruit and Juice

WG = Whole Grain

Please advise your school nurse of any Food Allergies

For any questions or concerns, contact the Aramark Food Service office at 856-424-2316

*** Menus are subject to change based on product availability**



This menu ensures students receive a balanced meal from all the major food groups: Dairy, Grain, Fruit, Vegetables, and Protein. It offers a variety of high-quality ingredients and flavors, eliminates added trans fats, and limits sugars and sodium. The menu also features brand-name foods that are specifically formulated for k-12 student nutrition, including whole grain rich bread and grain products for added fiber and other essential nutrients.