

# Breakfast Menu

Syosset Elementary School

January 2026

WHITSONS FAMILY OF COMPANIES  
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



5 Fluffy Whole Grain Waffles With Syrup Fresh Pear 100% Apple Juice

6 Homemade Chocolate Chip Muffins Clementine 100% Juice Fruit Punch

7 Yogurt Breakfast Pack Apple Slices 100% Orange Tangerine

8 Fluffy Whole Grain Pancakes Syrup Clementine 100% Apple Juice

9 Whole Grain French Toast Slices With Syrup Fresh Banana 100% Juice Fruit Punch

12 Fluffy Whole Grain Pancakes With Syrup Fresh Pear 100% Apple Juice

13 Homemade Strawberry Muffin Clementine 100% Juice Fruit Punch

14 Yogurt Breakfast Pack Sliced Apples 100% Orange Tangerine

15 Whole Grain French Toast Slices Syrup Clementine 100% Apple Juice

16 Fluffy Whole Grain Waffles With Syrup Fresh Banana 100% Juice Fruit Punch



20 Homemade Chocolate Chip Muffins Clementine 100% Juice Fruit Punch

21 Yogurt Breakfast Pack Apple Slices 100% Orange Tangerine

22 Fluffy Whole Grain Waffles Syrup Clementine 100% Apple Juice

23 Fluffy Whole Grain Pancakes With Syrup Fresh Banana 100% Juice Fruit Punch

26 Whole Grain French Toast Slices With Syrup Fresh Pear 100% Apple Juice

27 Homemade Strawberry Muffin Clementine 100% Juice Fruit Punch

28 Yogurt Breakfast Pack Apple Slices 100% Orange Tangerine

29 Fluffy Whole Grain Pancakes Syrup Clementine 100% Apple Juice

30 Fluffy Whole Grain Waffles With Syrup Fresh Banana 100% Juice Fruit Punch

View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



**MEAL PRICE:**

All Students: \$0.00  
Second Meals: \$1.50  
Adult: \$3.01+tax  
Milk: Student price \$0.75  
Adult Price \$0.75 + tax  
General Manager  
Karen Ball  
[kball@syossetschools.org](mailto:kball@syossetschools.org)

Vegetarian Made With Natural Ingredients Pork Smart Choice Made With Organic Ingredients

Daily Breakfast Offerings: Asst. WG Muffins, Chobani yogurt w/graham cracker, Bagel w/Cream Cheese or Butter, Asst. WG reduced-sugar cereals w/cheese stick.

Fresh Fruit daily at breakfast may be in conjunction with 100% fruit juice

All meals served with: 1% white, fat free white (all antibiotic and hormone free)