



North Tonawanda High School Lunch

January 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Special News... Daily Choices: Taco/Nacho Panini Pizza Assorted Salads PBJ w/ String Cheese Plain or Spicy Chicken Patty Offered Daily: 1% and Fat Free Chocolate Milk Fresh or Canned Fruit Menus are subject to change without notice.
5 Buffalo Popcorn Chicken w/ Roll Corn Veggie Beans	6 Cheese Pizza Sticks Carrots Cauliflower	7 Chicken Alfredo Side Salad Cucumbers	8 French Toast Sticks Sausage Tots Carrots	9 Grilled Cheese w/ Tomato Soup Broccoli BBQ Beans	
12 Meatball Sub Broccoli Cauliflower	13 General Tso Chicken Rice Peppers	14 Jalapeno Popper Burger Fries Side Salad	15 Lumberjack Bowl Green Beans Cucumbers	16 Chicken and Cheese Quesadilla Veggie Beans Peppers	
19 	20 	21 	22 	23 	
26 Hot Honey Chicken Sandwich Fries Tomatoes	27 Chicken Nuggets w/ Roll Cucumbers Cauliflower	28 Grilled Cheese Tomato Soup Tots Carrots	29 Chicken Parm Sandwich Side Salad Carrots	30 Chicken Tenders Broccoli Side Salad	
2 Corndog Carrots Celery	3 Sloppy Joe Fries Side Salad	4 Loaded Baked Potato Broccoli Green Beans	5 Orange Popcorn Chicken Rice Red Peppers	6 Bacon Cheeseburger Tots Carrots	



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