



North Tonawanda Intermediate School Lunch January 2026

<p>5</p> <p>Popcorn Chicken w/ Roll Ham and Cheese Sandwich Egg Chef Salad w/ Roll</p> <p>Mashed Potatoes, Veggie Beans Fresh Fruit</p>	<p>6</p> <p>French Toast Sticks w/ Sausage Bologna and Cheese Sandwich Popcorn Chicken Salad w/ Roll</p> <p>Tots, Green Beans Fresh Fruit</p>	<p>7</p> <p>Chicken Tenders Turkey and Cheese Sandwich Beef Nacho Salad w/ Chips</p> <p>Cucumbers, Carrots Fresh Fruit</p>	<p>8</p> <p>Cheese Pizza Sticks Bologna and Cheese Sandwich Turkey Chef Salad w/ Roll</p> <p>Side Salad, Green Peppers Fresh Fruit</p>	<p>9</p> <p>Cheese or Pepperoni Pizza Salami and Cheese Sandwich Fruit and Yogurt w/ Roll</p> <p>Broccoli, Celery Sticks Fresh Fruit</p>
<p>12</p> <p>Taco in a Bag Ham and Cheese Sandwich Egg Chef Salad w/ Roll</p> <p>Broccoli, Peppers Fresh Fruit</p>	<p>13</p> <p>½ and ½ Bologna and Cheese Sandwich Popcorn Chicken Salad w/ Roll</p> <p>Tomatoes, Carrots Fresh Fruit</p>	<p>14</p> <p>General Tso Chicken Turkey and Cheese Sandwich Beef Nacho Salad w/ Chips</p> <p>Rice, Red Peppers Fresh Fruit</p>	<p>15</p> <p><u>Lumberjack Bowl!</u> Bologna and Cheese Sandwich Turkey Chef Salad w/ Roll</p> <p>BBQ Beans, Cauliflower Fresh Fruit</p>	<p>16</p> <p>Cheese or Pepperoni Pizza Salami and Cheese Sandwich Fruit and Yogurt w/ Roll</p> <p>Side Salad, Cucumbers Fresh Fruit</p>
<p>19</p>	<p>20</p> <p>Mini Pancakes w/ Sausage Bologna and Cheese Sandwich Popcorn Chicken Salad w/ Roll</p> <p>Tots, Corn Fresh Fruit</p>	<p>21</p> <p>Beef Nachos Turkey and Cheese Sandwich Beef Nacho Salad w/ Chips</p> <p>Rice, Tomatoes Fresh Fruit</p>	<p>22</p> <p>Jalapeno Popper Burger Bologna and Cheese Sandwich Turkey Chef Salad w/ Roll</p> <p>Smile Fries, Carrots Fresh Fruit</p>	<p>23</p> <p>Cheese or Pepperoni Pizza Salami and Cheese Sandwich Fruit and Yogurt w/ Roll</p> <p>Green Beans, Side Salad Fresh Fruit</p>
<p>26</p> <p>Chicken Tenders Ham and Cheese Sandwich Egg Chef Salad w/ Roll</p> <p>Waffle Fries, Carrots Fresh Fruit</p>	<p>27</p> <p>½ and ½ Bologna and Cheese Sandwich Popcorn Chicken Salad w/ Roll</p> <p>Tomatoes, Carrots Fresh Fruit</p>	<p>28</p> <p>Orange Popcorn Chicken Turkey and Cheese Sandwich Beef Nacho Salad w/ Chips</p> <p>Rice, Broccoli Fresh Fruit</p>	<p>29</p> <p>Loaded Baked Potato Bologna and Cheese Sandwich Turkey Chef Salad w/ Roll</p> <p>Green Beans, Tomatoes Fresh Fruit</p>	<p>30</p> <p>Cheese or Pepperoni Pizza Salami and Cheese Sandwich Fruit and Yogurt w/ Roll</p> <p>Side Salad, Cauliflower Fresh Fruit</p>
<p>2</p> <p>Chicken Patty Ham and Cheese Sandwich Egg Chef Salad w/ Roll</p> <p>Waffle Fries, Carrots Fresh Fruit</p>	<p>3</p> <p>French Toast Sticks w/ Sausage Bologna and Cheese Sandwich Popcorn Chicken Salad w/ Roll</p> <p>Tots, Carrots Fresh Fruit</p>	<p>4</p> <p>Cheese Pizza Sticks Turkey and Cheese Sandwich Beef Nacho Salad w/ Chips</p> <p>Cucumbers, Carrots Fresh Fruit</p>	<p>5</p> <p>Soft Beef Tacos Bologna and Cheese Sandwich Turkey Chef Salad w/ Roll</p> <p>BBQ Beans, Tomatoes Fresh Fruit</p>	<p>6</p> <p>Cheese or Pepperoni Pizza Salami and Cheese Sandwich Fruit and Yogurt w/ Roll</p> <p>Side Salad Fresh Fruit</p>

Offered Daily:
Chicken Nuggets w/ Roll
PBJ w/ String Cheese

1% White and Fat Free Chocolate Milk

Lumberjack Bowl- mashed potatoes topped with popcorn chicken, corn, gravy and cheese

Menu Subject to Change

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