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DECEMBER 19, 2025

THE FRIDAY FLYER

Weekly Newsletter of Freeman High School

509-291-3721

PRINCIPAL'S MESSAGE

Hello Scottie Parents/Guardians/Families!

Merry Christmas and Happy Holidays to all of you! I'd like to congratulate and thank our band and choir students for an outstanding performance this week. Several people not connected in any way with Freeman were in attendance and took the time to share with me how impressed they were with all of the performances at the concert and the director, Mr. Jydstrup – fantastic job band and choir!! All students have been working hard this week as the semester comes to a close; I am proud of them. Just so that you are aware, any student missing school this week can make arrangements to complete missed work or assessments with teachers upon return in January. On January 5, our entire district staff will be receiving professional development regarding updated safety protocols and procedures. Moving forward, we will communicate any changes to you. On the 5th, we will also continue to closely analyze our CEE student and staff survey data as we're always engaged in improvement as a building. Thank you for your flexibility with this week's weather; our school make-up day for Wednesday's closure will be March 6, 2026. If you have not done so already, please consider completing the survey sent via email this afternoon as the School Board is seeking input about the Superintendent vacancy. I wish everyone a happy and healthy holiday season.
Go Dawgs!

Jeff Smith, Principal

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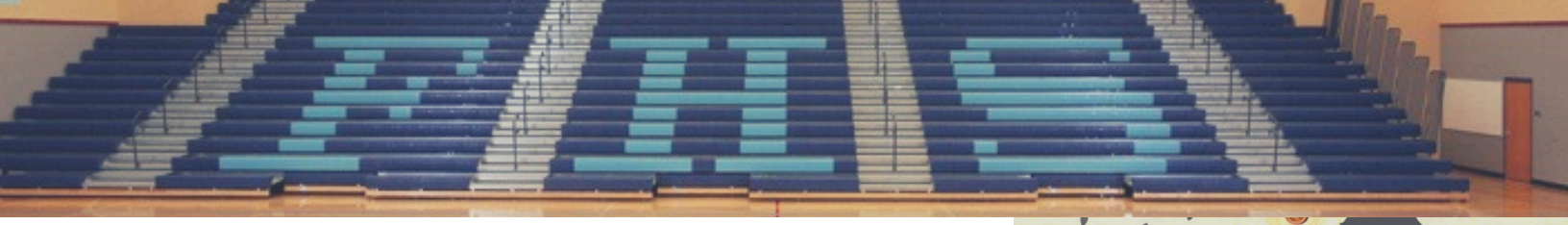
Freeman School District does not discriminate in any programs or activities on the basis of race, ethnicity, creed, religion, color, national origin, honorably discharged veteran or military status, sexual orientation, gender expression, gender identity, homelessness, immigration or citizenship status, the presence of any sensory, mental or physical disability, neurodivergence, or the use of a trained dog guide or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, rrussell@freemansd.org, 509- 291-3695, 15001 S Jackson Rd. Rockford, WA 99030



Join us for our annual

BAND ALUMNI NIGHT

@ Freeman Basketball

24 JAN

3:00pm

FHS Band Room

If you ever played an instrument while at Freeman, please consider joining the Freeman Pep Band on Saturday 1/24. Freeman Arts Boosters will pay your entry to the game and if you email Mr. Jydstrup (jjydstrup@freemansd.org) with your name, instrument and favorite pep song you will have your sheet music and practice recordings sent to you to prepare. If you need an instrument, no worries, just let Mr. Jydstrup know in the email and he will find you one. You will need to be in the high school band room at 3:00pm and we will be playing for both games and will be done around 7:30 -8:00pm We hope to see you there.

UPCOMING events

DEC 22ND - JAN 5TH
NO SCHOOL - Winter Break

JANUARY 9TH
AM Activity Bell Schedule

JANUARY 16TH
ASVAB Test - See pg. 4
AM Activity Bell Schedule

JANUARY 19TH
NO SCHOOL - MLK, Jr. Day

JANUARY 20TH
Dual Credit Info Night - pg. 4

JANUARY 23RD
AM Activity Bell Schedule

JANUARY 26TH
School Board Mtg. 4pm PRTC

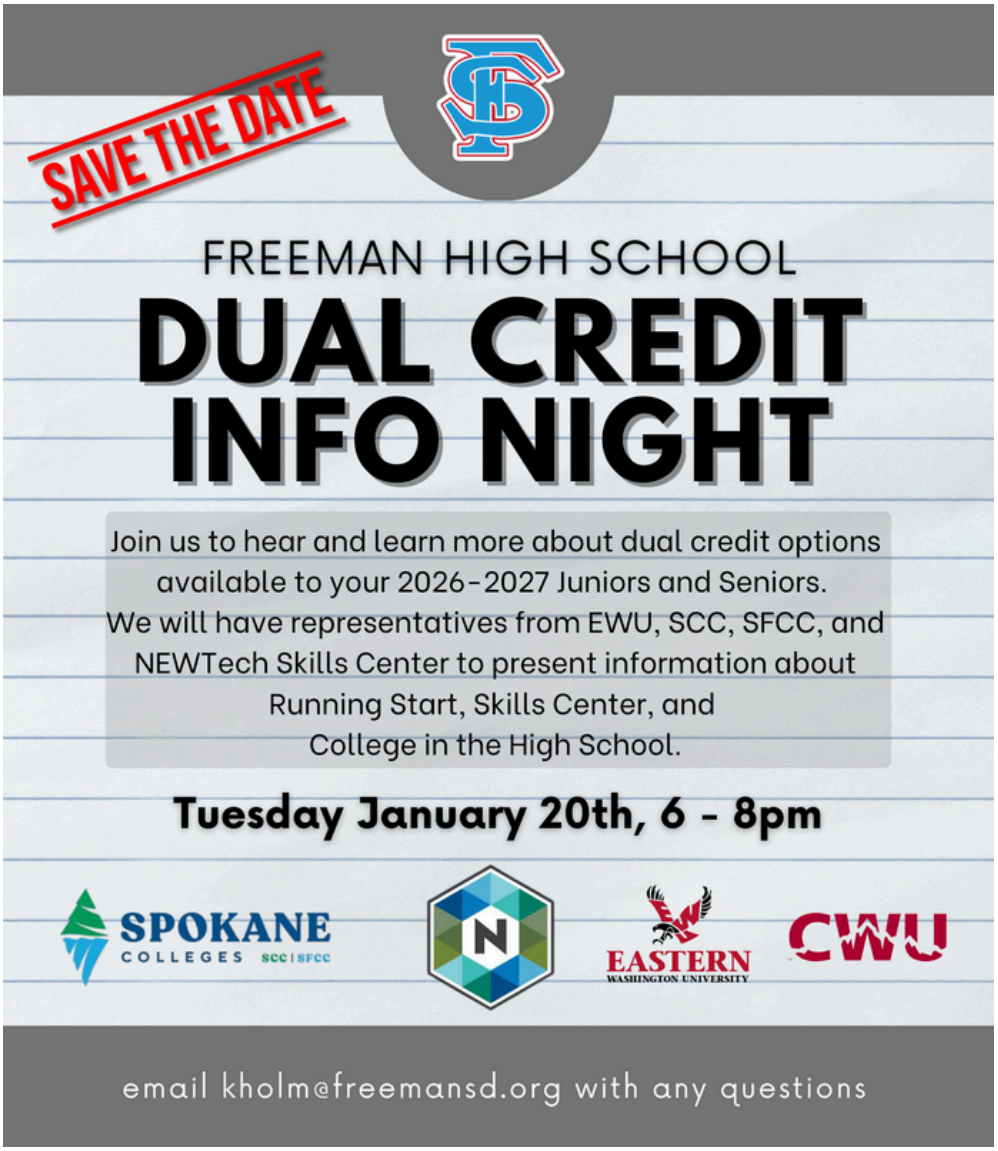
JANUARY 30TH
AM Activity Bell Schedule

CTE

COLLEGE CAREER readiness

ASVAB Testing Available

The ASVAB (Armed Services Vocational Aptitude Battery) is a multiple-aptitude test that measures developed abilities and helps predict future academic and occupational success. It is a valuable tool for career exploration, providing insights into potential career paths both inside and outside the military. Freeman High School is offering the ASVAB to students in grades 10-12 on **Thursday, January 16th**, in the Library. Please contact Ms. Youseph if your student is interested in taking this beneficial assessment.



Upcoming Sports

12/19 - Greg Larson Memorial Tournament @ Home
BJV - 4:00pm, GJV - 5:30pm
GV - 7:00pm, BV - 8:30pm

12/20 - Greg Larson Memorial Tournament @ Home
BJV - 12:00pm, GJV - 1:45pm
GV - 3:30pm, BV - 5:15pm

1/3 - vs. Warden GJV-1:30pm, BJV-3pm, GV-3:30pm, BC-4:30pm, BV-5pm

12/20 - @ Rogers 9am

12/30 - Freeman Winter Classic 9am

1/2-1/3 - Pacific NW Classic @ U High

Sports Links:

FINALFORMS
CLICK HERE
to Complete Your Online Forms

GOFAN

Pay Fines/Fees

goscotties.org
athletics website

PAY ONLINE

If your student is playing a winter sport, please make sure you have paid all necessary fees in order to participate. You can login to the payment site (click image above) and see any fees (if applicable) under your student account. If you have questions please email khayek@freemansd.org

Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

BELL SCHEDULES

Every Friday

Regular Schedule		
1	8:15 -- 9:02	47 min
2	9:06 – 9:53	47 min
SCOTTIE BREAK	9:53 – 10:01	8 min
3	10:04 – 10:51	47 min
4	10:55 – 11:42	47 min
5	11:46 – 12:33	47 min
LUNCH	12:33 – 1:03	30 min
6	1:07 – 1:54	47 min
7	1:58 – 2:45	47 min

AM Activity Schedule		
1	8:15 – 8:57	42 min
2	9:01 – 9:43	42 min
SCOTTIE BREAK	9:43 – 9:51	8 min
3	9:55 – 10:37	42 min
4	10:41 – 11:23	42 min
5	11:27 – 12:09	42 min
ACTIVITY	12:13-12:43	30 min
LUNCH	12:43-1:13	30 min
6	1:17 – 1:59	42 min
7	2:03 – 2:45	42 min

Late Start Schedule		
1	10:15 – 10:46	31 min
2	10:50 – 11:21	31 min
3	11:25 – 11:56	31 min
4	12:00 – 12:31	31 min
LUNCH	12:31 – 1:01	31 min
5	1:05 -1:36	30 min
6	1:40 – 2:11	31 min
7	2:15 – 2:45	30 min

ATTENDANCE LINE

Please email fhsoffice@freemansd.org or call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day. If we do not receive an email, note, or a call your student's absence will remain unexcused.

BREAKFAST/LUNCH

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply here.

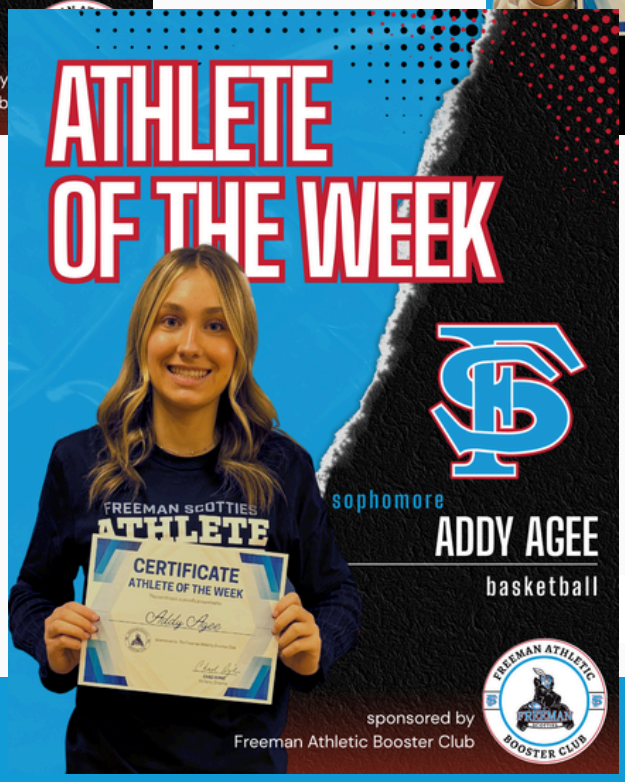
SCOTTIE BREAK We offer Scottie Break at the High School. A light snack will be available for students to purchase from 9:53am - 10:01am. Cost: $2.50

LUNCH - served at the High School in the MPR. Cost: $3.90. Click image for menus.

Menu

ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.

Student HIGHLIGHTS

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