

Spring 2026 Community Aquatics Program



Important Information

Program Runs January 26, 2026 – May 22, 2026

- Registration will be exclusively online **January 13th @ 6am through January 15th @ 11:59 pm**. Registrations will not be taken after this date, NO EXCEPTIONS. The link to register can be found on our website at: www.hhh.k12.ny.us/community/pool
- Be sure to bring your own swimsuit and towel.
- **Guardians are required to remain at the pool for the duration of all children's programs.**
- **Learn to Swim program, Course #102**, has a strict class cap to ensure the safety of the swimmers and the quality of the lesson.
- Due to limited availability please be aware spaces fill up very quickly.
- Checks, money orders and online payment can be received on **January 22nd and 23rd from 7-9pm and January 24th from 10am-2pm**. If payment is not received, you will lose your spot.

Office & Pool Location:

The Half Hollow Hills Natatorium is adjacent to
Half Hollow Hills High School West
375 Wolf Hill Road, Dix Hills, NY 11746
Sarah Buchanan — Pool Manager
sbuchanan@hhh.k12.ny.us

Please make check or money order payable to: Half Hollow Hills CSD

***** Cash or Mail-In registrations are NOT Accepted ***
*** NO REFUNDS *****

Adult Lap Swimming - Class #101

Lifeguards are on duty during this program.

Mondays, Wednesdays, Fridays
Beginning Monday, January 26th
Ends: Friday, May 22nd
Time: 8:00 pm - 10:00 pm
Fee: \$280.00 resident / \$300.00 non-resident

Adult Learn to Swim - Class #103

This course is for adults of any swim skill level, from those who cannot swim to lap swimmers who want to improve their swimming skills. Topics include proper breathing, floating, strokes and water safety.

Fridays -
Beginning January 30th (13 sessions)
Ends: Friday, May 22nd
Time: 8:00 pm - 9:00 pm
Fee: \$260.00 resident / \$300.00 non-resident

Women's Adult Swim - Class #120

This class is specifically geared for women ages 18 and older. The course is open for all skill levels, from those who cannot swim to lap swimmers who want to improve their swimming skills. Topics include proper breathing, floating, strokes and water safety.

Thursdays -
Beginning January 29th (13 sessions)
Ends: Thursday, May 21st
Time: 8:30 pm - 9:30 pm
Fee: \$260.00 resident / \$300.00 non-resident

Learn to Swim for Children (5years+) - Class #102

This course follows the progression of the American Red Cross swim levels 1-6. All swimmers must be at least 5 years old to join this program. Please indicate swimming level on registration. Email if there are questions about swimmers ability. For the safety of the children, you must bring your child to only the class time that you have registered for, no exceptions. No individual make-up classes will be accommodated.

New Registrations must bring child to testing day before classes start.
Please bring your child in a swim suit so we can test to see which level they may be in for the Spring session.

Testing Day: January 24th at 10:00am - 2:00pm

Saturdays - Beginning January 31st (12 sessions)
Ends: Saturday, May 16th

Choose from 4 available times:

11:00 am - 11:45 am or 1:00 pm - 1:45 pm or

2:00 pm - 2:45 pm or 3:00 pm - 3:45 pm

Fee: \$240.00 resident / \$280.00 non-resident

RECERTIFICATION FOR LIFEGUARDING with CPR/AED — CLASS #110

This course is suitable for those who have a current LFGT/1st Aid/CPR/AED certification that requires renewal. A prerequisite swim test and validation of the participant's current ARC certification will be conducted on the first night of class. During the course, participants will receive a full review of all material. Participants must complete written testing and practical skill scenarios to receive certification.

Please email Sarah Buchanan at sbuchanan@hhh.k12.ny.us if interested.

AMERICAN RED CROSS LIFEGUARD — CLASS #107

This full course consists of American Red Cross Lifeguard, First Aid, and CPR/AED for the Professional Rescuer. The course provides participants with the skills and knowledge to prevent, recognize, and respond to emergencies in and around pools.

Age requirement: At least 15 years old by the end of the course

Maximum number of participants: 10 – Course enrollment is based upon water strength and performance on the prerequisite swim test ONLY. Prerequisite testing for acceptance into the course will include:

1. Swim 150 yards continuously using the front crawl and/or breaststroke. Tread water for 2 minutes using only the legs. Finish swimming 150 yards as before.
2. Swim 20 yards, surface dive 12 feet to retrieve a 10-pound object, swim 20 yards on your back with both hands holding the object and keeping your face at or near the surface, and exit the water. This must be performed in 100 seconds or less.

This course will only run if enough students are interested and qualify. Please email Sarah Buchanan at sbuchanan@hhh.k12.ny.us for more information.

FAMILY SWIM — CLASS #100

No instruction or activity is planned. The pool will be open with lap lanes for exercise and a free swim area. A parent/guardian must accompany children in the water for the duration of the program. Lifeguards are on duty during this program.

Saturdays - Beginning January 31st (12 sessions)
Ends: Saturday, May 16th
Time: 4:00 pm - 5:00 pm
Fee: \$240.00 resident / \$280.00 non-resident

ADAPTIVE SWIM — CLASS #108

This class is suitable for individuals with physical or mental disabilities that prevent them from learning in a group setting. Classes are one-to-one or small groups and instructors will teach skills based upon the abilities of each individual student

Saturdays - Beginning January 31st (12 sessions)
Ends: Saturday, May 16th
Times -
10:00 am - 10:45 am or 12:00 pm - 12:45 pm

Fee: \$240.00 resident / \$280.00 non-resident

This class is currently at capacity. If interested, please email Sarah Buchanan at sbuchanan@hhh.k12.ny.us for more information

RECERTIFICATION FOR CPR/AED — CLASS #109

This course is suitable for those who need certification renewal for CPR/AED for the Professional Rescuer (Lifeguard). Participants must complete written and skill testing to receive certification. American Red Cross certification is valid for 2 years.

Please email Sarah Buchanan at sbuchanan@hhh.k12.ny.us if interested.

January

S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February

S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14*
15	16	17	18	19	20	21
22	23	24	25	26	27	28

March

S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April

S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May

S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23*
24	25	26	27	28	29	30
31						



First/last day
of pool session:

January 26th - May 22nd

Testing Day for
New Registrations
CLASS #102:
January 24th

* Reserved as a make-up day in case of a pool closure

Shaded areas indicate when pool is closed