



HEADSTART/PRE-K: BREAKFAST

DCS CHILD NUTRITION PROGRAM

JANUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/5 PROFESSIONAL DEVELOPMENT DAY	1/6 <u>Apple Tree Day</u> French Toast Stick Apple Pie Fruit Juice	1/7 Biscuit/Jelly Sausage Link Fresh Fruit Fruit Juice <small>*Sausage link cut lengthwise and put in biscuit.</small>	1/8 Muffin Gogurt Fresh Fruit Fruit Juice	1/9 Breakfast Pizza Fresh Fruit Fruit Juice
1/12 Mini Cinnis Fresh Fruit Fruit Juice	1/13 Biscuit/Jelly Steak for Biscuit Fresh Fruit Fruit Juice	1/14 Poptart/Cereal Bar String Cheese Fresh Fruit Fruit Juice	1/15 Cheese Toast Sausage Link Fresh Fruit Fruit Juice <small>*Sausage link cut lengthwise.</small>	1/16 Mini Pancakes Fresh Fruit Fruit Juice
1/19 MLK DAY	1/20 Biscuit/Jelly Sausage Patty Fresh Fruit Fruit Juice	1/21 Parfait Apple Jacks Cereal Pouch Fresh Fruit Fruit Juice	1/22 Breakfast Burrito Fresh Fruit Fruit Juice	1/23 Soft Cinnamon Toast Crunch Bar Fresh Fruit Fruit Juice
1/26 Mini Bagels Fresh Fruit Fruit Juice	1/27 Biscuit/Jelly Bacon, Egg, and Cheese Fresh Fruit Fruit Juice	1/28 Muffin Top Gogurt Animal Crackers Fruit Juice	1/29 Flap Jack Stack Fresh Fruit Fruit Juice	1/30 Animal Crackers Peanut Butter Cup Fresh Apple Slices Fruit Juice

Menu subject to change due to availability All complete meals include choice of milk: skim & 1% white, fat-free chocolate, or fat free strawberry.



HEADSTART/PRE-K: LUNCH

DCS CHILD NUTRITION PROGRAM

JANUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1/5</p> <p>PROFESSIONAL DEVELOPMENT DAY</p>	<p>1/6</p> <p><u>Beverlye Fav Meal</u></p> <p>Cheeseburger Lettuce and Tomato Ketchup/Mayo/Mustard Potato Wedges Steamed Carrots</p>	<p>1/7</p> <p>Crispito Queso Cheese Seasoned Black Beans Shredded Romaine Salsa</p>	<p>1/8</p> <p><u>New Year's Meal</u></p> <p>Breaded Pork Patty Black Eyed Peas Fresh Collard Greens Schoolmade Corn Muffin Cookie</p>	<p>1/9</p> <p>Breaded Mozzarella Cheese Sticks Marinara Sauce Buttered Corn Steamed Broccoli</p>
<p>1/12</p> <p>Sloppy Joe Ketchup Potato Rounds Peas and Carrots</p>	<p>1/13</p> <p><u>Chicken Parmesan</u></p> <p>Buttered Spaghetti Noodles Mixed Green Salad Schoolmade Ranch Dressing Steamed Carrots Garlic Knot</p>	<p>1/14</p> <p><u>Highlands Fav Meal</u></p> <p>Nachos (Beef) Queso Cheese Seasoned Pinto Beans Shredded Romaine Salsa</p>	<p>1/15</p> <p>Baked Chicken Creamed Potatoes Seasoned Green Beans Schoolmade Yeast Roll</p>	<p>1/16</p> <p>Stuffed Crust Pizza Buttered Corn California Blend Veggie</p>
<p>1/19</p> <p>MLK DAY</p>	<p>1/20</p> <p>Meatball Sub Ketchup French Fries California Blend Veggie Pudding Cup</p>	<p>1/21</p> <p>Soft Taco (Beef or Chicken) Shredded Cheese Seasoned Black Beans Shredded Romaine Salsa</p>	<p>1/22</p> <p>Chicken and Rice Casserole Seasoned Green Beans Glazed Carrots Schoolmade Yeast Roll</p>	<p>1/23</p> <p>French Bread Pizza Buttered Corn Steamed Broccoli</p>
<p>1/26</p> <p>Hamburger Ketchup/Mustard Sweet Potato Fries California Blend Pudding Cup</p>	<p>1/27</p> <p>Maple Waffle Chicken Tenders Syrup/Ketchup Potato Rounds Steamed Carrots</p>	<p>1/28</p> <p>Beef Taco Stick Seasoned Pinto Beans Shredded Romaine Salsa</p>	<p>1/29</p> <p>Potato Soup Schoolmade Ham and Cheese Croissant Steamed Broccoli Shredded Cheese Bacon Bits Sour Cream</p>	<p>1/30</p> <p>Assorted Pizza Buttered Corn Peas and Carrots</p>

Menu subject to change due to availability

All complete meals include a choice of milk: skim & 1% white, fat-free chocolate, or fat-free strawberry. A choice of fruit comes with every meal.