

Newburyport Public Schools
CONFIDENTIAL STUDENT HEALTH INFORMATION & PERMISSIONS

MUST BE COMPLETED AND SIGNED ON ENTRY INTO NPS, AND ANNUALLY

STUDENT:

Last Name First Name Middle Name Date of Birth Grade

Primary Contact in the event of an emergency during school hours:

Contact #1: _____ Relationship: _____ Phone: _____

Contact #2: _____ Relationship: _____ Phone: _____

HEALTH/MEDICAL CONDITIONS & CONCERNS

Please indicate any current, relevant health concerns and/or needs:

Does your child have any health conditions/concerns that may require nursing services during the school day:

Is your child utilizing any adaptive equipment: hearing aids, sound field amplifiers, wheel chair, or crutches, etc.?

Please list daily or prescribed as needed medication (list Name, Dose, Frequency):

Is this student's parent(s) or step-parent(s) enlisted in the military? ☐ No, not a member of a military family ☐ Yes, active duty member ☐ Yes, member or veteran who are medically discharged or retired in the last year ☐ Yes, member who died on active duty in the last year

STUDENT PRIMARY HEALTH CARE PROVIDERS

Primary Care Physician Name: _____ Phone: _____ Child does not have a physician: ☐

Dentist Name: _____ Phone: _____ Child does not have a dentist: ☐

HEALTH INSURANCE

- ☐ My child currently is enrolled in a private health insurance plan (typically through parent/guardian employer).
- ☐ My child is enrolled in a public insurance plan (MassHealth, CHIP-Children's Health Insurance Program, Medicaid).
- ☐ My child is not insured in a health plan. ☐ I would like guidance or assistance in securing health insurance for my child.

PERMISSIONS

- I give permission to the school nurse to administer over the counter (OTC) medications to my child per the [Newburyport Public Schools Medication Protocols](#) (see page 2 for more information).
 - Acetaminophen (Tylenol)
 - Cetirizine HCl (Zyrtec) Antihistamine
 - Ibuprofen (Advil or Motrin)
 - Calcium Carbonate (Tums)
 - Meclizine HCL (Non-Drowsy Anti-Motion Sickness)
 - Cough Drops- Sugar Free
 - Topical OTCs: Caladryl/Calamine Lotion, 1% Hydrocortisone Ointment, Sting relief pads
 - Note that our health offices utilize lotion, vaseline, and Aloe at times to soothe, moisturize and protect skin
 - Alcohol Based hand sanitizer continues to be utilized in our schools. If you **do not want** your child to use Alcohol based hand sanitizer, please notify your school nurse.

To **refuse** one or more of the medications, **please list**:

- In the event of a public health emergency, I give permission to the school nurse to administer **Potassium Iodide (KI)** (see information on page 2).
- NPS utilizes the Massachusetts Immunization Information System (MIIS) to update vaccine information via our electronic health record SNAP. If you have elected, at the primary care physician's office, to **not allow** sharing of this information with schools, and other defined entities, then we are unable to access this information through MIIS. See the MIIS Fact Sheet for Parents and Patients at https://resources.miisresourcecenter.com/FactSheets/MIISFactSheet_Patients_EN_HQP.pdf. If you would like NPS to suspend accessing immunization information from MIIS, please indicate your desire here:
☐ I would like to opt out of SNAP EHR accessing MIIS data for my child.
- My child has my permission to receive health/wellness services. I understand the information on this form may be shared with appropriate school personnel in order to meet my child's safety and healthcare needs. I give permission to exchange information with my child's primary care physician for the purpose of referral, diagnosis and treatment.

Parent/Guardian Name

Parent/Guardian Signature

Date

Newburyport Public Schools

Medication Administration Information

We would like to inform you of regulations put in place by the Massachusetts Department of Public Health and the policies adopted by the Newburyport School Committee regarding the administration of medications in school under the guidance of Dr. Lars Lundgren, School Physician. Each year, consent is solicited for our oral and topical medication protocols

Health Related Protocols:

1. District provides a small number of over-the-counter medications. Over-the-counter (OTCs) medication protocols, approved for administration by the school nurses, are available in each school's health office and on the Health Services webpage found on the Newburyport School's website, [www.newburyport.k12.ma.us/Departments/Health Services/Medications](http://www.newburyport.k12.ma.us/Departments/Health%20Services/Medications). A summary list of medication protocols is as follows:
 - a. Oral OTCs: Acetaminophen (Tylenol), Ibuprofen (Advil or Motrin), Calcium Carbonate (Tums), Cetirizine HCl (Zyrtec) Antihistamine, Meclizine HCL (Non-Drowsy Anti-Motion Sickness), Cough Drops-Sugar Free
 - b. Topical OTCs: Caladryl/Calamine Lotion, 1% Hydrocortisone Ointment, Sting relief pads
 - c. Note that lotion, Vaseline and aloe are used in our health offices to soothe, moisturize and protect skin.
2. **If you do not want your child to receive one or more of the medications above, please indicate this on the Confidential Health Information (page 1).**
3. Any and all medications your child is to receive in school (prescribed and over the counter medications), require both parent consent and physician signed medication orders. **Contact the school nurse for appropriate consents and order forms.**
4. District maintains the following Emergency Protocols: Anaphylaxis (Epinephrine administration) protocol, Opioid Overdose protocol - Narcan (Naloxone Hydrochloride) Nasal Spray, and CPR/AED protocol

Potassium Iodide (KI) Information for Parents and Guardians

1. This information sheet is about a protocol for people, especially those who live within ten miles of a nuclear power plant, who may be exposed to radiation from a nuclear plant emergency. In December 2001, the Federal Food and Drug Administration (FDA) stated if there was a radiological emergency, people should take a drug that would help protect them from thyroid cancer. This drug is called **potassium iodide (KI)**. The Massachusetts Department of Public Health (DPH) agrees. The questions and answers below will give you more information. The Department of Public Health, the Center for Disease Control, the Newburyport Health Department, and your Newburyport School Nurses feel that the benefits of taking KI are much greater than the risks.
2. **What is potassium iodide (KI) and what is it used for?** If there is a radiological emergency from a nuclear plant, large amounts of something called radioiodine could be put into the air and this could hurt your thyroid gland, or even cause thyroid cancer later on. You could breathe in the radioiodine or eat food that has some radioiodine in it. When you take the KI pill, it protects the thyroid gland from being harmed.
3. **What age group has the highest risk from exposure to radioiodine?** Young children have the highest risk. We have learned this from looking at children in areas that were exposed to the radioiodine from the Chernobyl and Fukushima nuclear power plant accidents.
4. **When should KI be taken?** KI should be taken before or just after you are exposed to radioiodine and your child will receive KI from their teacher or school nurse only if you have "opted in" on the Parent Health Portal or checked off "yes" on the Student Confidential Health/Potassium Iodide Form. We are planning ahead in the unlikely event of an emergency. Nurses or designee would give KI to your child only when instructed to do so by the local health department.
5. **What are the risks of taking Potassium Iodide (KI)?** Taking KI is safe for most people.
 - KI should not be taken if someone:
 - Is allergic to iodine, *and consult physician for following:*
 - Has Graves Disease
 - Has any other thyroid illness
 - Takes thyroid medication
 - Be sure to alert the school nurse of these conditions.
6. **Can people have reactions to KI?** In general, most people who have taken KI have not had any reactions (side effects). If people did have a reaction, it did not last very long. In a few cases, babies had a reaction in their thyroids. Adults who had reactions had stomach problems or a rash. The federal government and DPH thinks the benefits of taking KI are much greater than the risks.
7. **How much KI will be administered?** The District is provided KI in a 130 mg tablet. In an emergency, it is safe for school aged children to take the whole pill. Pills will be crushed for children who cannot swallow pills.
8. **Place "Check mark" on the Confidential Health Information Permissions (Page 1) for your child to receive KI during an emergency.**

For further information: see the Newburyport : <https://www.newburyport.k12.ma.us/P44>, Mass.gov: <https://www.mass.gov/info-details/frequently-asked-question-regarding-use-of-potassium-iodide-during-radiological-emergencies>