



# SACRED HEART CHURCH

9460 N.E. 14TH STREET • BELLEVUE, WA 98004 • 425-454-9536  
sacredheart.org

## DECEMBER 21 - 28, 2025

### LITURGY SCHEDULE

#### Sunday Mass

9:00 AM, 11:00 AM, and 5:00 PM Mass

#### Saturday Vigil Mass

5:00 PM

#### Confessions

Wednesday 8:15 - 8:35 AM

Saturday 3:00 - 4:30 PM

#### Weekday Rosary

Monday, Thursday and Friday

8:15 AM

Wednesday

8:00 AM

#### Weekday Mass

Monday, Wednesday, Thursday and Friday

8:45 AM

First Friday of the Month Mass 7:00 AM

#### Rosary Group

Monday 7:00 PM

#### Weekly Eucharistic Adoration

Thursday 2:00 - 4:00 PM

First Friday of the Month Eucharistic Adoration

9:30 AM - 11:00 AM

#### Sacrament Preparation

425-454-9536

#### OFFICE HOURS

##### Parish

8:30 AM - 4:00 PM Mon - Fri

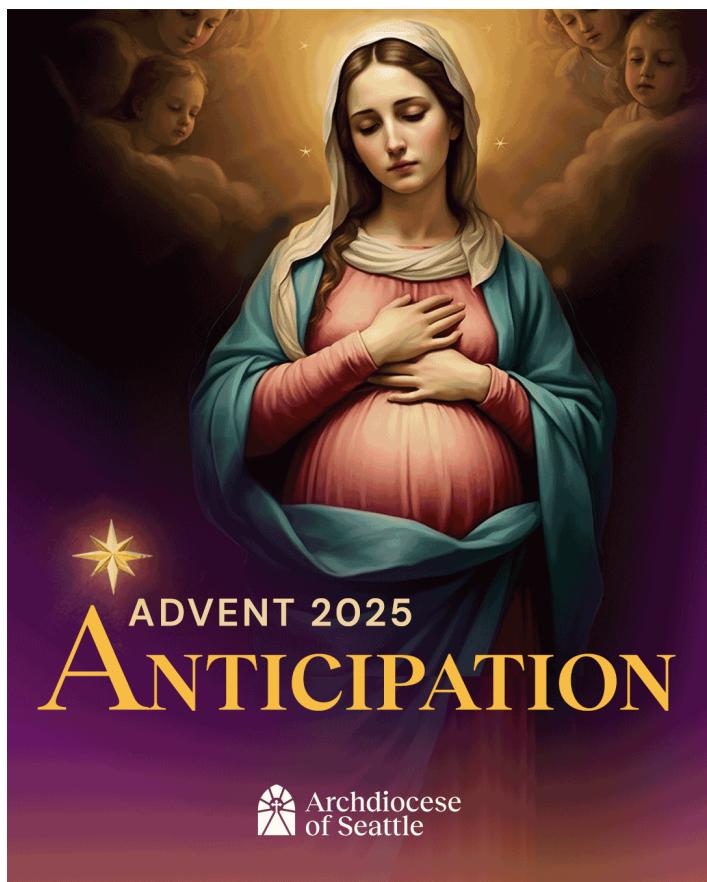
##### School

8:00 AM - 4:00 PM Mon - Fri

## OUR MISSION STATEMENT

Sacred Heart Parish  
is a welcoming Catholic community,  
which inspires faith in God,  
through prayer, sacraments, and service,  
while living Gospel values,  
as faithful followers of Jesus Christ.

## 4th Sunday of Advent



## PARISH CALENDAR

### Sunday December 21

*FOURTH SUNDAY OF ADVENT/SVDP Brown Bag Sunday Collection*

9:00 AM **Mass** 11:00 AM **Mass** with CLOW 5:00 PM **Mass**

### Monday December 22

*Advent Weekday*

8:15 AM Rosary 8:45 AM **Mass**

7:00 PM Rosary Group

### Tuesday December 23

*Saint John of Kanty, Priest*

10:00 AM Decorating the Church for Christmas

### Wednesday December 24

#### **VIGIL OF THE NATIVITY OF THE LORD**

*Parish Office Closed for the Christmas Holiday*

4:00 PM **Mass** with Children's Choir

8:00 PM **Mass** with Traditional Choir (Carols - 7:00 PM)

### Thursday December 25

#### **THE NATIVITY OF THE LORD (CHRISTMAS DAY)**

*Holy Day of Obligation*

*Parish Office Closed for the Christmas Holiday*

10:00 AM **Mass** with Traditional Choir

### Friday December 26

*SAINT STEPHEN, THE FIRST MARTYR*

8:15 AM Rosary 8:45 AM **Mass**

### Saturday December 27

*SAINT JOHN, APOSTLE, EVANGELIST*

8:00 AM Women's & Men's Group

3:00 PM Confessions - Reconciliation Chapel

5:00 PM Vigil **Mass**

### Sunday December 28

*THE HOLY FAMILY OF JESUS, MARY, AND JOSEPH*

9:00 AM **Mass** 11:00 AM **Mass** 5:00 PM **Mass**

### Monday December 29

*FIFTH DAY WITHIN THE OCTAVE OF THE NATIVITY OF THE LORD*

*St. Thomas Becket, Bishop, Martyr*

8:15 AM Rosary 8:45 AM **Mass**

7:00 PM Rosary Group

### Tuesday December 30

*SIXTH DAY WITHIN THE OCTAVE OF THE NATIVITY OF THE LORD*

### Wednesday December 31

*SEVENTH DAY WITHIN THE OCTAVE OF THE NATIVITY OF THE LORD*

*SOLEMNITY OF MARY, THE HOLY MOTHER OF GOD Vigil Mass*

5:00 PM Vigil **Mass**

### Thursday January 1

*SOLEMNITY OF MARY, THE HOLY MOTHER OF GOD*

*Holy Day of Obligation*

*Parish Office Closed for the New Year Holiday*

9:00 AM **Mass** (No Anointing of the Sick)

### Friday January 2

*Saints Basil the Great and Gregory Nazianzen, Bishops,*

*Doctors of the Church*

7:00 AM First Friday of the Month Mass

8:15 AM Rosary

8:45 AM **Mass**

9:30 AM First Friday Eucharistic Adoration until 11:00 AM

### Saturday January 3

*The Most Holy Name of Jesus*

3:00 PM Confessions—Reconciliation Chapel

5:00 PM Vigil **Mass**

### Sunday January 4

*THE EPIPHANY OF THE LORD*

9:00 AM **Mass** 11:00 AM **Mass** with CLOW 5:00 PM **Mass**

## PARISH STAFF

### **PARISH OFFICE**

**425-454-9536**

**Rev. Kurt Nagel, Pastor**

ext. 10109

frnagel@sacredheart.org

**Rev. Joseph L. Akor, Parochial Vicar**

ext. 10113

frakor@sacredheart.org

Cathleen Adams, Pastoral Assistant for Children's Faith Formation

cadams@sacredheart.org

ext. 10112

James Applegate, CPA Bookkeeper/Accountant

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ext. 10154

Bridget Darrow, Pastoral Assistant for Administration

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ext. 10102

Robert Eubanks, Facilities Supervisor

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ext. 10157

Linda Geere, Pastoral Assistant for Pastoral Care

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ext. 10108

Kelsey Heintz, Pastoral Assistant Middle School Youth Ministry

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Phoebe Kwan, Pastoral Assistant for Liturgy

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Susan Olmos, Pastoral Assistant for Liturgical Music

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ext. 10106

Lucy Paulsen, Admin. Assistant for Giving, Data & Sacramental Records

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ext. 10103

Sharon Phillips, Pastoral Assistant High School Youth Ministry

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ext. 10114

Annette Seats, Pastoral Assistant for Communications

& Stewardship

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ext. 10105

Nila Snyder, Admin. Assistant for Reception & Sacramental Registration

nsnyder@sacredheart.org

ext. 10100

### **PARISH SCHOOL**

**425-451-1773**

David Burroughs, Principal

Erica Pierson, Vice-Principal

### **PARISH LEADERSHIP**

•Pastoral Council:

*Charlie Herb*

•Finance Council:

*Douglas Withers*

•School Commission:

*Charlie Herb*

•Community Outreach Commission:

*Diana Schiro & Jackie Weeks*

•Worship Commission:

*Phoebe Kwan*

***Sacred Heart Church is open weekdays from 8:00 am - 3:00 pm. (Thursdays until 4:00 pm)***

## SACRED HEART NEWS

The next parish bulletin  
will be published on January 4, 2026.  
Please visit our website, [sacredheart.org](http://sacredheart.org),  
to stay updated on parish happenings.

### ARE YOU UNABLE TO ATTEND MASS?

If you are unable to attend Mass in person due to poor health, advanced age or recovering from surgery and would like to receive Holy Communion at home, please contact Linda Geere in the parish office at 425-454-9536.



### CHRISTMAS EVE VIGIL

Wednesday, December 24

4:00 PM - Mass with Children's Choir

*Please plan to arrive early as parking is limited*

8:00 PM - Mass with Traditional Choir and Instrumental Ensemble  
(Carols with the Congregation at 7:00 PM)

### NATIVITY OF THE LORD

Thursday, December 25

10:00 AM - Mass with Traditional Choir and Instrumental Ensemble

### Behold the Lamb Quick Weekly Lessons on the Sacred Liturgy



After the gifts have been received, the Priest returns with the bread and wine to the altar. He first offers up the bread saying, "Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life." When there is no offertory song, the faithful respond, "Blessed be God forever." This prayer is modeled after an ancient Jewish prayer said before meals to give thanks to God who provides for His people even the bread and the wine to be offered.



### Solemnity of Mary, Holy Mother of God

Wednesday, December 31<sup>st</sup>

5:00 PM Vigil Mass

Thursday, January 1<sup>st</sup>

9:00 AM Mass

*Holy Day of Obligation*

### 2026 Catholic Calendars are Here

Please pick up a 2026 Catholic calendar in the Narthex or visit the parish office. A special thank you to Flintoft's Funeral Home and Crematory for providing the calendars again this year for the Sacred Heart community.

# ADMINISTRATION & STEWARDSHIP

## PARISH STEWARDSHIP OF TREASURE.

WE ARE CALLED TO SHARE OUR TREASURE WITH OTHERS.



We are very grateful to the many parishioners who have returned a Stewardship of Treasure pledge to the parish. Your generosity directly supports the mission and the ministries of Sacred Heart. There is still time to return commitment cards to the parish office, visit our website to access online giving at [sacredheart.org](https://sacredheart.org) or scan the QR code.



*Being thankful is a feeling. Being grateful is an action*

### Year-End Donations

This time of year is when many people give and receive. We want to express our gratitude for your generosity and good stewardship to Sacred Heart Parish as we continue the mission of Jesus Christ. Please remember that any remaining donations to the parish must be received in the parish office or postmarked by or before December 31, 2025 to qualify as a 2025 contribution. Thank you for your ongoing support of Sacred Heart Parish.

### Matching Gifts

As we approach the end of the year, it's a great time to review with your employer if matching funds are available in conjunction with your giving. If you have questions about matching funds, please email Lucy Paulsen in the parish office at [lpaulsen@sacredheart.org](mailto:lpaulsen@sacredheart.org). Thank you for considering how matching gifts can increase the impact of your generous giving.

### Welcome to Sacred Heart Parish

Thank you for worshiping with us today! We extend a warm welcome to all our parishioners and visitors. Whether you are just passing through or looking for a new parish family, we pray you find Sacred Heart inviting and spiritually uplifting. If you are new to Sacred Heart or haven't yet registered with the parish, we encourage you to take this step. To register, please visit our website, [sacredheart.org](https://sacredheart.org) or call our office at 425-454-9536.

### Thank You from the Simbang Gabi Coordinators

We are very grateful to everyone in the Sacred Heart community who contributed to the success of the Simbang Gabi celebration! Thank you to the 5th graders for their participation and for creating star ornaments, the Praise Band for performing a Filipino song, Delectable Catering for the delicious cuisine, and the parishioners for their wonderful desserts. We also appreciate the monetary donations and everyone who attended!



Scan the QR Code for Online Giving to Sacred Heart Parish.



### Stewardship of Treasure

Sunday collection totals

July 1 to November 30, 2025, Budget	\$630,083
July 1 to November 30, 2025, Actual	\$617,240
Under budget	(\$12,843)
Prior year actual (July –November 2024)	\$566,964

*Stewardship recognizes that all we have, all we are, is a gift from God.*

## WEEKLY READINGS

### Sunday 12/21

Isaiah 7:10-14  
Psalm 24:1-6  
Romans 1:1-7  
Matthew 1:18-24

### Monday 12/22

1 Samuel 1:24-28  
(Psalm) 1 Samuel 2: 1,4-8d  
Luke 1:46-56

### Tuesday 12/23

Malachi 3:1-4,23-24  
Psalm 25:4-5b,8-10,14  
Luke 1:57-66

### Wednesday 12/24 (Vigil)

Isaiah 62:1-5  
Psalm 89:4-5,16-17,27,29  
Acts 13:16-17,22-25  
Matthew 1:1-25

### Thursday 12/25(Christmas)

Isaiah 52:7-10  
Psalm 98:1-6  
Hebrews 1:1-6  
John 1:1-18

### Friday 12/26

Acts 6:8-10;7:54-59  
Psalm 31:3cd-4,6,8ab,16bc-17  
Matthew 10:17-22

### Saturday 12/27

1 John 1:1-4  
Psalm 97:1-2,5-6,11-12  
John 20:1a,2-8

### Sunday 12/28

Sirach 3:2-6,12-14  
Psalm 128:1-5  
Colossians 3:12-21  
Matthew 2:13-15,19-23

### Monday 12/29

1 John 2:3-11  
Psalm 96:1-3,5b-6  
Luke 2:22-35

### Tuesday 12/30

1 John 2:12-17  
Psalm 96:7-10  
Luke 2:36-40

### Wednesday 12/31

1 John 2:18-21  
Psalm 96:1-2,11-13  
John 1:1-18

### Thursday 1/1

Numbers 6:22-27  
Psalm 67:2-3,5-6,8  
Galatians 4:4-7  
Luke 2:16-21

### Friday 1/2

1 John 2:22-28  
Psalm 98:1-4  
John 1: 19-28

### Saturday 1/3

1 John 2:29—3:6  
Psalm 98:1,3cd-6  
John 1:29-34

### Sunday 1/4

Isaiah 60:1-6  
Psalm 72:1-2,7-8,10-13  
Ephesians 3:2-3a,5-6  
Matthew 2:1-12

## MASS INTENTIONS

### Sunday 12/21

9:00 AM Mass: RIP FLORENCE MILO by Adams Family

11:00 AM Mass: RIP ADAM MIODUSZEWSKI  
by Margaret Mioduszezewski

5:00 PM Mass: PRIEST PRIVATE INTENTION

### Monday 12/22

RIP LINA LLACER by Mary Jane Lacist

### Wednesday 12/24 (Christmas Eve Vigil)

INT THE PARISHIONERS OF SACRED HEART

### Thursday 12/25 (Christmas Day)

INT THE PARISHIONERS OF SACRED HEART

### Friday 12/26

RIP PATTY RITZMAN  
by Pacific Regent Communion Group

### Saturday 12/27

INT THE PARISHIONERS OF SACRED HEART

### Sunday 12/28

9:00 AM Mass: RIP KOBIE GEERE by Linda Geere

11:00 AM Mass: RIP LENNY WILKENS  
by Sacred Heart Parish Staff

5:00 PM Mass: PRIEST PRIVATE INTENTION

### Monday 12/29

RIP KOH SERA by Aggie Sera

### Wednesday 12/31

INT THE PARISHIONERS OF SACRED HEART

### Thursday 1/1

INT THE PARISHIONERS OF SACRED HEART

### Friday 1/2

INT THE ELDERLY OF SACRED HEART PARISH

### Saturday 1/3

INT THE PARISHIONERS OF SACRED HEART

### Sunday 1/4

9:00 AM Mass:  
INT THE YOUNG ADULTS OF SACRED HEART PARISH

11:00 AM Mass:  
INT THE YOUTH OF SACRED HEART PARISH

5:00 PM Mass: PRIEST PRIVATE INTENTION

## PLEASE PRAY FOR:

### **The Sick**

Becky Freer

### **The Deceased**

Jim McBeth

### **EMERGENCY HELPLINE NUMBERS**

**988: Suicide and Crisis Lifeline**

**Narcotics Anonymous: 206-790-8888**

**Alcoholics Anonymous: 206-587-2838**

**Suicide Crisis Hotline: 206-461-3222**

**WA State Domestic Violence: 1-844-762-8483**

**National Domestic Violence: 1-800-799-safe**

**Teen Link: 1-866-833-6546**

**Al-Anon: 206-625-1000**

## CHILDREN'S FAITH FORMATION

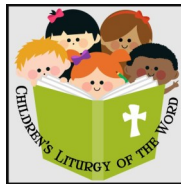


### Sunday School K – 5<sup>th</sup> grade students

Sunday School will resume on January 11<sup>th</sup> from 12:30-1:30pm in the portable classroom. There will be no Sunday School on January 18<sup>th</sup> due to the long holiday weekend. Classes will begin again on January 25<sup>th</sup>.

There will be a First Communion Orientation meeting on Wednesday, January 21<sup>st</sup> at 10am and Thursday, January 22<sup>nd</sup> at 6pm. All parents of children registered for Sacramental Preparation need to attend ONE of these meetings if they are planning for their child to participate in First Holy Communion.

CLOW will resume on January 4<sup>th</sup> at the 11am Mass. Please note that CLOW is for children ages PreK- 1<sup>st</sup> Grade. Older children are welcome if attending for sibling support.



## SACRED HEART SCHOOL



### OPEN HOUSE

January 11<sup>th</sup> | 12:00-1:30PM



*Register Today!*

[school.sacredheart.org](http://school.sacredheart.org)

Pre-Kindergarten - 8th Grade



### Support Sacred Heart School's Annual Fund

If you feel called to support Catholic education at Sacred Heart, please consider making a gift to the Sacred Heart School Annual Fund. Parishioner generosity plays an essential role in sustaining this mission, and every contribution makes a meaningful impact on the students and families we serve.

The Annual Fund directly supports our operating budget, our dedicated teachers, enhances faith-filled learning, and allows us to meet the most immediate needs of the school year.

Thank you for your prayerful support of our mission to provide a strong Catholic education.



## POPE'S PRAYER INTENTION - DECEMBER

### For Christians in Areas of Conflict

Let us pray that Christians living in areas of war or conflict, especially in the Middle East, might be seeds of peace, reconciliation and hope.



## In Him, We Rise.

May 16, 2026  
Meydenbauer Center  
Bellevue, WA

Scan here to get alerts on registration! >>>



## Celebrate the peace & joy of the Christmas Season

December 25–January 11

Learn More 

## THANK YOU! SACRED HEART PARISH - ADVENT GIVING TREE 2025

We extend our heartfelt gratitude to the incredible Sacred Heart community for your generous contributions this year towards our Advent Giving Tree tradition. This year, we proudly supported eight organizations: Prepares, Jubilee Reach, Immaculate Conception Parish, St. Francis House, Operation Nightwatch, Sophia's Way, St. Francis Mission-Sister School in South Dakota, and Mary's Place. Thanks to your kindness, we received an abundance of gifts and \$3,725 in gift cards from our parish and school families to share with those organizations. Your support this year makes a profound difference in the lives of many individuals in need this Christmas. We are truly blessed to be part of such a compassionate community. A heartfelt thank you to Jackie Weeks, Cheri Yates and Diana Schiro for their dedication in coordinating the Giving Tree program this year.



## CARPE DIEM

**What is Carpe Diem?** It's the name of Sacred Heart's community of parishioners aged 50yrs+. (It's also Latin for "seize the day.") Parishioners, family members & friends aged 50+ are invited to enjoy delicious catered luncheons & monthly potlucks (+ feature films). See bulletins for details. Info: Linda Geere, 425-450-3908 or [lgeere@sacredheart.org](mailto:lgeere@sacredheart.org)

MARK YOUR CALENDAR

Upcoming  
**Carpe Diem 50+ Events**



January 15<sup>th</sup> **Potluck Lunch + movie**



March 17<sup>th</sup> **St. Patrick's Luncheon**

Details forthcoming...



**NOW SOLD**  
**\$2,000,000**  
 +\$200K Above List Price!  
 Parishoners Matt & Christina  
 Celebrating with Don!

**Our Client Don**  
 After 65 years in his beloved Bellevue home, Don decided to downsize to Aegis Living. He simply handed us the keys and we took care of everything!



Don Lovell  
 God Bless Matt and Christina for being such a talented, loyal, loving, faithful couple in preparing and selling my memory home.  
 ❤️🙏👍🙌❤️  
 Don Lovell

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