

JANUARY 2026

BLUE MOUNTAIN UNION SCHOOL

All Student Meals are Free
 Adult Breakfast: \$ 4.00
 Adult Lunch: \$5.50

Monday

Tuesday

Wednesday

Thursday

Friday



1

2

Popcorn Chicken 5
 Roasted Zucchini
 Potato Wedges
 Fresh Fruit & Salad Bar

100% Beef Burger or Impossible Burger 6
 Roasted Zucchini
 Fresh Fruit & Salad Bar

Fresh Hand Tossed Pizza 7
Pepperoni or Cheese
 Sweet Potato Fries
 Caesar Salad
 Fresh Fruit & Salad Bar

Meatball Sub 8
Marinara and Cheese
 Roasted Green Beans
 Fresh Fruit & Salad Bar

Crispy Chicken Sandwich 9
On a Bun
 Tater Tots
 Fresh Fruit & Salad Bar

Generals Chicken 12
w/ Broccoli
 Fried Rice
 Spring Rolls
 Fresh Fruit & Salad Bar

Walking Beef or Bean Tacos 13
 Corn, Rice
 Guacamole
 Salsa, Sour Cream
 Fresh Fruit & Salad Bar

Fresh Hand Tossed Pizza 14
Pepperoni or Cheese
 Sweet Potato Fries
 Caesar Salad
 Fresh Fruit & Salad Bar

Traditional Grilled Cheese 15
or Pesto Tomato Grilled Cheese
 Tomato Soup
 Grilled Asparagus
 Fresh Fruit & Salad Bar

NO SCHOOL 16



19

Chicken, Steak or Bean Burrito Bowl 20
 Rice, Beans
 Corn, Fresh Pico de Gallo
 Salsa, Sour Cream, Fresh Guac
 Fresh Fruit & Salad Bar

Fresh Hand Tossed Pizza 21
Pepperoni or Cheese
 Sweet Potato Fries
 Caesar Salad
 Fresh Fruit & Salad Bar

BMU Bowls 22
 Crispy Chicken
 Mashed Potato, Corn, Gravy
 Fresh Fruit & Salad Bar

Chicken Broccoli Alfredo 23
Or Broccoli Alfredo
 Garlic Toast
 Fresh Fruit & Salad Bar

Mac and Cheese 26
 Roasted Broccoli
 Garlic Bread
 Fresh Fruit & Salad Bar

Ultimate Nachos 27
 Beef or Bean
 Corn
 Guacamole
 Salsa, Sour Cream
 Fresh Fruit & Salad Bar

Fresh Hand Tossed Pizza 28
Pepperoni or Cheese
 Sweet Potato Fries
 Caesar Salad
 Fresh Fruit & Salad Bar

Brunch for Lunch 29
 French Toast Sticks
 Scrambled Eggs
 Sausage
 Roasted Home fries
 Fresh Fruit & Salad Bar

Cheesy Breadsticks 30
 Marinara
 Roasted Broccoli
 Fresh Fruit & Salad Bar

Breakfasts Available Everyday

Choices Like:

Breakfast Sandwiches, Bagels, Cereal, Yogurt with Granola, Muffins & Breakfast Breads
 1% Milk, Skim Milk and 100% Juices

Please contact Paul Pellegrino with any questions or comments.
paul.pellegrino@oesu.org

This Institution is an equal opportunity provider

Full Custom Sandwich Station available every day for grades 5-12
 Peanut Butter & Jelly or Ham & Cheese Sandwiches are always available everyday as a substitute for any entrée meal.