

**Wellness Committee Meeting Agenda**  
**December 18, 2025 3:00- 4:00 p.m.**

**1. Call to Order**

- Welcome and introductions of new members
- Review of the agenda

**2. Approval of minutes from March 20, 2025 meeting**

- Review and approval of the minutes from the last wellness committee meeting

**3. Wellness Policy and Compliance**

- Smart Snack and Competitive Foods Review
- Fundraising Review
- Local School Policy Review/Checklist

**4. Committee Member Reports/Discussion:**

Committee members provide an update on any relevant Wellness information or concerns in your department/area below:

- Family/Consumer Science
- Family Navigators
- Community/others
- Student Council
- Health Services
- Elementary Schools
- Secondary Schools
- Physical Education
- Food Services

**5. Health and Wellness Goals**

- Penn State Pro Wellness - Enroll in Healthy Champions Program  
<https://prowellness.childrens.pennstatehealth.org/school/programs/healthy-champions/>
- Collaborate on Spring 2026 initiative for GASD and the community. Form a sub-committee to develop a plan

**Next Wellness Committee Meeting:**

February 19, 2026

3-4:00 P.M

Admin. Board Room.