



Shac Meeting Minutes – December 16, 2025

SHAC Meeting Minutes

Date: December 16, 2025

Time: 1:30 p.m. – 2:25 p.m.

Location: Virtual

Scribe: Sarah Carter

Call to Order

The meeting was called to order at **1:27 p.m.** by **Misty Vancampen** and **Sarah Carter**. There were **26 attendees** present.

Ms. VanCampen welcomed attendees and thanked them for their interest in supporting **Crowley ISD**. All attendees present will be included as members for the **2025–2026 SHAC meetings**.

Misty introduced the School Health Advisory Council (SHAC) to the attendees, explaining its purpose and the process of appointment and approval by the school board. She highlighted the importance of community input in shaping health education and initiatives for Crowley ISD students, mentioning past contributions of SHAC, such as updating procedures for child abuse and family violence curriculum. Misty encouraged attendees to share their passions and ideas, particularly in areas of mental health, physical health, and food and nutrition, as these were identified as key interests in a recent survey. The meeting served as an introduction and overview, with plans to discuss goals and future actions at the end.

Action Item

Board approved of Board Report from last School Year 2025

Sodexo Presentation – K-12 Meal Participation Initiatives

Ms. Vancampen introduced Trina Nelson, General Manager for Sodexo K-12, representing Sodexo.

Ms. Nelson presented updates on initiatives to increase student meal participation, particularly addressing declining breakfast numbers at elementary schools. She also presented information on the Future Chef Competition recently held at the elementary level. The winner of the recent competition was Maggie Florez from Parkway. The competition was highly successful, and student participation exceeded expectations. Ms. Florez will be featured on promotional flyers for the 2025–2026 competition.

Ms. Nelson introduced Michael Straughter, who presented plans to replace the Clubhouse with Bright Bytes, a new educational concept focused on food science and healthy eating, to be installed in 16 elementary schools over the summer. The team discussed expanding non-dairy lunch options and increasing protein and fiber choices for EC breakfasts, with plans to invite Karen Kovac, the dietitian, to the next meeting to address these concerns.

Key updates include:

- A secondary Future Chef Competition scheduled for January 15, open to middle school and high school students.
- Expansion of the elementary competition to include 2nd, 3rd, and 4th grade students.
- Both competitions will be held at the CTE Culinary Arts Kitchen.

Mr. Straughter shared flyers for both competitions with the group.

Parent Feedback

Ms. Nelson requested parent input regarding menu options. Feedback included:

- A request for additional non-dairy options.
- Concerns regarding menu quality changes.

Ms. Nelson shared that Karen Kovack, Interim Dietitian, would be available and interested in attending future meetings to discuss nutritional decisions and menu planning.

SOUL Program Presentation

Abbie Hancock, Social Worker with Challenge of Tarrant County at the SOUL Coalition, provided an overview of the SOUL (Drug-Free) Program.

SOUL is a prevention and outreach program that provides education and resources related to drug and alcohol awareness. Ms. Hancock discussed the program's "Hidden in Plain Sight" initiative, highlighting frequently asked questions and warning signs for parents.

SOUL does not provide direct services but offers extensive resources for students and families. The program also utilizes social media platforms to engage students. Ms. Hancock shared her contact information in the meeting chat for follow-up questions: abbie@tcchallenge.org

Crowley ISD Counseling Services

Ms. Vancampen introduced Trina Lane, who presented information regarding Counseling Services in Crowley ISD.

Ms. Lane discussed the upcoming Mental Health Symposium "Mind Over Medals" addressing performance pressures among student leaders which is scheduled for February 13, 2026, focusing on students in grades 9–12. The symposium will emphasize school-life balance and mental wellness.

Ms. Lane also addressed a question from the chat regarding counselor staffing:

- **Elementary Schools:** One counselor per campus
- **Middle Schools:** Four counselors per campus
- **High Schools:** Six to eight counselors per campus

Adjournment

Ms. Vancampen asked if there were any additional questions and offered to remain available for a few minutes following the meeting. She thanked all participants for attending.

The meeting was adjourned at **2:25 p.m.**