

FAIRFIELD MIDDLE SCHOOL

# Together We Soar

## Counseling & Career Newsletter



### SCHOOL COUNSELOR TALK!

As we begin the New Year, we are excited to continue **Charting the Course to Excellence: Believe, Lead, and Succeed**. With students settling back into the rhythm of school, our counseling program remains focused on supporting academic growth, social-emotional learning, and future readiness. Classroom school counseling and career-focused lessons will continue monthly in Social Studies and Science classes, providing students with meaningful opportunities to build skills, explore interests, and strengthen decision-making. These lessons are designed to support the whole child while reinforcing positive school-wide expectations.

Communication between home and school is essential. Parents continue to help ensure your child finds success this year, here are some things to consider.

- **Communicate with your child's teachers** – ask your child questions, clarify classwork and homework expectations, attend the open house, inform teachers of anything happening at home that may affect your child at school.
- **Communicate with your child** – remember to ask your child about his/her school day, their homework, their friends, and anything else they wish to share with you.
- **Parents, get involved** – at FMS, there are a variety of ways that both parents and students can be involved.
- **Students, get involved** – In addition, we urge our students to also get involved in extracurricular activities such as sports teams, clubs, ambassadors, etc. Your child will have an even greater experience in middle school by discovering his/her likes and passions through these activities.

### GRIFFIN CAREER CORNER: *NEW YEAR, NEW GOALS!*

Happy New Year, future leaders! January is the perfect time to think about your future and set goals for the year ahead. Even though you're still in middle school, it's never too early to start exploring careers and building skills that will help you succeed.

#### Discover What You Enjoy

Start by paying attention to what excites you. Do you love solving puzzles? Are you always helping friends? Your hobbies and interests are clues to your future career path!

#### Set Small Goals

Big dreams start with small steps. For example, if you're interested in becoming a journalist, practice your writing by keeping a journal. If you want to design video games, start exploring coding websites like Scratch or Code.org.

#### As Questions and Explore

Talk to adults about their jobs – teachers, parents, relatives, even your career specialist and school counselor. Ask what they like about their work and what skills they use every day.

#### Build Good Habits

Successful people often share simple habits: staying organized, being kind to others, and always trying their best. Practice these now, and they'll help you in school and in your future career.

#### Dream Big, Start Small

Remember, you don't need to have all the answers today. Stay curious, try new things, and believe in yourself.

#### Contact Information

Ms. D. Miller, Career Specialist  
[dmliller@fairfield1.org](mailto:dmliller@fairfield1.org)  
 803-635-4270 ext. 20524