



PEAKS LEAGUE

Elevated Athletics



Peaks League of Middle School Athletics

BY-LAWS

Adopted: October 3rd, 2012/ Updated: October 24, 2024

Berry Creek Middle School

PO Box 1416
1000 Miller Ranch Road
Edwards, CO 81632
Phone: 970-328-2963
Principal: Amy Vanwell
Athletic Director: Todd Huck
Email: todd.huck@eagleschools.net

Eagle Valley Middle School

PO Box 1019
747 East 3rd Street
Eagle, CO 81631
Phone: 970/328-6224
Principal: Eric Mandeville
Athletic Director: Erin Street
Email: erin.street@eagleschools.net

Gypsum Creek Middle School

PO Box 5129
401 Grundel Way
Gypsum, CO 81637
Phone: 970/328-8983
Fax: 970/524-7393
Principal: David Russell
Athletic Director: Drake Brown
Email: owen.brown@eagleschools.net

Eagle County Charter Academy

1105 Miller Ranch Rd
Edwards CO 81632
Phone: 979-549-5596
Principal: Molly Brown
Athletic Director: Jordan Thompson
Email: jordan.brandt@eagleschools.net

Lake County Middle School

1000 West 4th St
Leadville CO 80461
Phone: 719-486-6950
Email: apeters@lakecountyschools.net
Principal: Scott Carroll
Athletic Director: Amy Peters

Summit Middle School

Box 7
Frisco, CO 80443
Phone: 970/368-1219
Fax: 970/368-1299
Principal: Nelle Biggs
Athletic Director: Andy Berry
Email: Andy.berry@summitk12.org

Homestake Peak School

750 Eagle Rd, Avon, 81620
Phone: 970/328-2940
Fax: 970/827-5805
Principal: Stephanie Gallegos
Athletic Director: Andrew Thumann
Email: andrew.thumann@eagleschools.net

St. Clare of Assisi

P.O. Box 667
31622 U-S HWY 6
Edwards, Co 81632
Phone: 970/926-8980 *210
Fax: 926:8973
Principal: Sister Regina Marie Connor
Athletic Director: Michelle Parenti
Email: athleticdirector@stclareparish.com

Vail Mountain School

3000 Booth Falls Rd
Vail, CO 81657
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Principal: Steve Bileca
Athletic Director: Katie Arnold

ARTICLE I

Section 1. Name of Organization

The name of this organization shall be the PEAKS League of Middle School Athletics.

Section 2. Philosophy/ Mission statement

The philosophy of this league is to provide all students with as much exposure to participatory athletics as possible. Athletic coaches should remember that providing quality experiences, playing time for students, and knowledge of the game are the objectives for each student-athlete.

Additionally, The PEAKS of Middle School Athletics welcomes members and schools that share the same philosophy and development of students through school-centered athletics and activities. All member schools are committed to aligning their competition philosophy and values to the common vision and structures set forth in these bylaws. It is the responsibility of each member school to communicate, uphold and represent the bylaws of the league to their community members.

ARTICLE II

Section 1. Schools

The schools included in this league are Berry Creek Middle School, Eagle Valley Middle School, Gypsum Creek Middle School, Homestake Peak School Middle School, St. Clare of Assisi, Vail Mountain School, Eagle County Charter Academy, Summit Middle School, and Lake County Middle School

Section 2. League Meetings

Principals and athletic directors will hold league meetings at the beginning of the year. Additional meetings will occur at the conclusion of the cross country/volleyball/football seasons, at the conclusion of the boy's and girl's basketball seasons, and at the end of the year (a total of 5 meetings a year).
Emergency meetings may be called by the league if it is deemed necessary.

Section 3. League Dues \$2,000

League dues will be set at the end of the year meeting and are due by the first meeting of the following school year. League funds shall be kept by the league secretary/treasurer in a fund designated as the PEAKS League of Middle School Athletics Activity Account. If the PEAKS League of Middle School Athletics Activity Account is depleted during the year, additional dues may be determined at a league meeting and assessed during the year. If the PEAKS League of Middle School Athletics is disbanded for any reason the remaining dollars will be returned to the existing schools.

Section 4. Notice of Meeting

Written notice of the meeting and the agenda shall be forwarded to each member school by the president at least one week prior to the meeting. Member schools shall send items for the agenda to the president in time for them to be included. Athletic Directors will post each notice of the meeting in their schools so the public may attend.

Section 5. Quorum and Voting

At any meeting of the member schools, a majority, or 7 of the 9 schools, shall constitute a quorum. If the quorum is present, the affirmative vote of the majority of the schools present shall be the act of the association. Each member school shall be entitled to one vote. If a quorum is not present, a phone call vote during the meeting from the absent member(s) shall satisfy the quorum.

Section 6. Rules, Procedures, and Policies

Because each member school is an active member of the Colorado High School Activities Association, the rules and regulations shall serve as the basis for decisions for activity and athletic competitions between member schools. The PEAKS League of Middle School Athletics also respects CRS 22-32-116.5, CRS 22-33-104.5, CRS 13-21-108.2, and CRS 43-25-101. CRS members will look at statutes and CHSAA policies and revise site-specific policies to align to all of the above as needed. By being a member of the PEAKS League of Middle School Athletics a school is committed to following the regulations set forth in the above references unless a specific league bylaw modifies that rule for middle school. It will be the responsibility of each school to discuss rules, regulations, and policies with their individual coaches, athletes, and parents.

The PEAKS League of Middle School Athletics will revise and communicate statute and rule changes annually and inform member schools of those changes so the school can best determine if they continue in the league. Deviation from the league rules may result in the school being dropped from the league. It is the responsibility of the school Athletic Director to inform participants from non-member schools of the eligibility for participation and transfer rules and document in writing for all parties.

Because the PEAKS League of Middle School Athletics is composed of both Public and Private Schools, statutes and individual policies may influence individual communities differently. If a school community is unable to maintain the policies of the league they can declare themselves "independent" and schedule contests with schools in or out of the league. Independent schools will not be eligible for league tournaments or playoffs but certainly could participate in open tournaments to which they are invited. The current PEAKS League of Middle School Athletics CHSAA middle schools support the philosophy of Cooperative Programs supported in CHSAA bylaws.

Coaches and parents should work through their Athletic Director and Principal to resolve issues with individual cases. If a school principal is unable to resolve the issue he/she may meet with the other league principals to resolve the conflict.

Section 7. Conduct of Meetings

All league meetings shall follow the agenda. Special interest groups shall present their recommendations to the administrative group as they are called upon. All agendas will include a time for public input limited to five minutes per person. The final decision in all cases shall be made by the administrative group, which will consist of no more than two representatives from each school, one of which must be an administrator. Students, coaches, or parents who disagree with a decision may refer to the Binding Arbitration Process set forth by CHSAA and included in statute.

Section 8. Recommended Agenda Items

Beginning of the Year Meeting (invite football and volleyball assignors, if any)

- Review football schedule and by-laws
- Review volleyball schedule and by-laws
- Review the Boy's Basketball schedule
- Review starting dates, league tournament dates, and invitational tournaments
- Contract officials assignors
- Treasurer's report
- Review wrestling and track schedule
- 22-32-116.53c Review and sign off procedure
- Review rosters

Post Fall Sports Meeting (invite assignors, if any)

- Review football season
- Review volleyball season
- Review Cross Country season
- Review the schedule and by-laws for Boys' and Girl's Basketball
- Treasurer's report
- Review minutes from the previous meeting
- Review by-laws.
- Set wrestling and track schedules
- Review rosters

Post-boys basketball season

- Review boys' season and girls' basketball schedules and by-laws.
- Review wrestling schedule
- Treasurer's report
- Review the by-laws for wrestling and track.
- Review minutes from the previous meeting
- Review rosters

Post Girls basketball season

- Review Girls Basketball
- Assign members to develop athletic schedule drafts for next year
- Review wrestling season and track schedules
- Assign a member responsible for drafting schedules from the following year
- Review officiating issues
- Review minutes from the previous meeting
- Review rosters

End of the Year Meeting

- Review minutes from the previous meeting
- Review track and wrestling
- Approve athletic schedules for the next year
- Elect officers for the next school year
- Review league budget and set dues
- Adopt any changes to the By-Laws
- Review rosters
- Assign league responsibilities

Section 9. Number of Contests

Each league school will play each other at least once during the season for volleyball, boys' basketball, and girls' basketball not including tournaments. Each league school will play each other once for football, wrestling, and track, not including tournaments. Non-league contests may be scheduled at the discretion of each school.

Section 10. Grade Levels Permitted

Students in grades 6, 7, and 8 shall be permitted to participate in all middle school athletics. Collaboration between each school and the local recreation departments shall be conducted to avoid conflict with existing recreation department programs.

Section 11. Participating at a school other than the school of attendance

The recruitment of students for participation in athletics from schools other than one's own (via any means including but not limited to in-person, written, or electronic) is expressly forbidden within the League. However, as the League wishes to promote widespread participation among all students, a joint letter (mutually agreed to by all Peaks League directors) shall be provided to all Eagle County middle school students in member schools annually that accomplishes the following:

- a. Encourages all students to participate.
- b. Catalogs (via a matrix) all the League athletic programs available to students in all member schools.
- c. Notes that for students in schools that have programs, students would participate in the program for the school where they are enrolled.
- d. Notes that for students in schools that do not have a program, these students may:
 - i. Participate at the public school program in the attendance area where they reside.
 - ii. Participate at a private or charter school program of their choosing (contingent on the private school accepting outside players).
- e. Participate at a school that offers all the activities in which the student wishes to participate, in order to prevent athletes from participating at different schools in multiple athletics.
- f. Notes that students may make a written appeal to the league for a waiver from parts "c" and "d" above based on individual circumstances (i.e. hardship or good cause).
- g. Once a student has chosen a school's athletic program to participate in for a sport their enrolled school does not offer, they must continue to participate in that school's athletic programs not offered by their enrolled school for one school year if they choose to do another sport.

ARTICLE III

Section 1. Officers

The officers of the league shall be secretary/treasurer. The officers shall be elected by the member schools at the end-of-the-year meeting. Elected officers shall serve two-year terms. On days of the league meeting, the responsibilities of the host school's athletic director include making and sending the agenda for each meeting, facilitating the meeting, inviting assignors or others as needed, and compiling issues or ideas that may arise for discussion at meetings. Keeping track of league standings in order to set playoff schedules will be the responsibility of the AD for the host school for that season-ending playoff tournament. The league athletic directors are responsible for supervising The PEAKS League of Middle School Athletics. The treasurer's report for each meeting will be the responsibility of the treasurer. The responsibilities of the secretary include taking and sending minutes from each meeting.

ARTICLE IV

Section 1. Athlete Participation Policy

The PEAKS League of Middle School Athletics supports Cooperative Programs for member schools. Member schools have a no-cut policy in all sports and every participant must have a physical. Every eligible team member will have an opportunity to participate in their scheduled event. The amount of participation time is the coach's decision. Coaches are strongly encouraged to enter every player for a reasonable period of time. Teams may be divided into A and B or intramural squads in order to play at their appropriate skill level. Athletes may participate in one A game per contest. Football athletes may participate in only one game per contest. (**See A. Football** for exception) Participation rather than winning is stressed in every league competition except league tournaments. Each school will communicate to parents and players clearly and early the participation philosophy for regular season and tournament play during each athletic season.

Section 2. Assignment of Officials

Officials will be assigned by contracted assignors for those sports determined by the league representatives. Every effort shall be made by league schools to use certified officials for all athletic contests. Host schools are responsible for official fees. At least one certified official must be present before any football event can occur unless agreed upon by the schools involved. Wrestling coaches may act as officials at any league match. Officials should dress appropriately (black bottom, white top) to show professionalism. Officials are to be paid according to scale.

Section 3. League Trophies and Awards

"Traveling" trophies may be awarded by the league at the league tournament/meet for the top 7th-grade team and the top 8th-grade team in football, volleyball, boys' basketball, girls' basketball, wrestling (one trophy only), girls' track, and boys track. Schools with independent status are not invited to league post-season contests. Each traveling trophy will be engraved with the winning school's name each year. In wrestling, medals are awarded for first place in each weight class. In track, medals are awarded for first places in each event. If a school drops membership or a specific sport within a school year and they are in possession of a trophy it will need to be returned to the league for the championship.

Section 4. Eligibility

Players who are failing 2 subjects or more may be ineligible to participate in that week's contests. Players who exhibit significant misconduct as determined at each school may be ineligible for that week's contests. Players who are ineligible 2 weeks in a row may be off the team for the rest of the season.

Section 5. Physicals, Insurance, and Sports Contract

Physical forms and Sports Contracts for all athletes must be on file with the principal or athletic director prior to a student's participation. The PEAKS league of Middle School Athletics supports Cooperative Programs for member schools recognizes and expects all Member schools to adhere to CRS 43-25-101 and CRS 43-25-103 the Required Head Trauma Guidelines- Jake Snakenberg Youth Concussion Act. All coaches should have on record with the Athletic Director certification for the concussion class.

Section 6. Required Practice

The league recommends that each athlete should have a minimum of five practice days and a maximum of fifteen practice days prior to participation in any contest.

Section 7. League Playoffs (Updated 8/27/2024)

The League playoffs are exclusive to league schools and will feature competitions in football, volleyball, boys basketball, girls basketball, wrestling, and track. Each year, the playoffs will rotate among schools.  Peaks League Championship Rotation The playoffs will be open to 7th and 8th-grade teams in football, volleyball, boys' basketball, girls' basketball, wrestling, and track. Teams will be seeded based on their win-loss record in the league, with the top 6 teams in volleyball and basketball earning a spot in the playoffs. In the event that the host school does not make the top 6 teams, they will automatically be placed in the championship/playoff tournament. The top 2 seeds will receive first-round byes, with the remaining teams facing off in Round One. If there are 7 teams in the playoffs, the #6 and #7 seeded teams will play each other in Round One to determine who will face the #3 seed. The league will cover the expenses for the playoffs. Tiebreakers for seeding will be determined by head-to-head matchups, the fewest points allowed against common opponents, and a coin toss. Football will have a postseason featuring three bowl games: the Rose Bowl (#6 vs #5), Game Creek Bowl (#4 vs #3), and Peaks League Championship Bowl (#2 vs #1). For indoor league playoff games, the host team will charge an admission fee of \$5 per person or \$10 per family.

Cross Country/Volleyball	2024/2025	2025/2026	2025/2026	2026/2027	2027/2028	2028/2029	2029/2030
Lake County	Volleyball	Cross Country	Cross Country	Cross Country	Volleyball	Cross Country	Cross Country
Summit	Cross Country	Volleyball			Cross Country	Volleyball	
Homestake Peak			Volleyball				Volleyball
Eagle Valley				Volleyball			
Boys/Girls Basketball	2024/2025	2025/2026	2025/2026	2023/2024	2024/2025	2025/2026	2025/2026
Summit			Girls Basketball	Boys Basketball			Girls Basketball
Homestake Peak	Boys Basketball	Girls Basketball		Girls Basketball	Boys Basketball	Girls Basketball	
Eagle Valley	Girls Basketball	Boys Basketball			Girls Basketball	Boys Basketball	
Lake County			Boys Basketball				Boys Basketball
Football/Wrestling/Track	2024/2025	2025/2026	2025/2026	2026/2027	2027/2028	2025/2026	2029/2030
Berry Creek	Football (HPS)	Football (HPS)	Football (HPS)	Football (HPS)	Football (HPS)	Football (HPS)	Football (HPS)
Gypsum Creek	Wrestling	Wrestling	Wrestling	Wrestling	Wrestling	Wrestling	Wrestling
League	HPS Track	HPS Track	HPS Track	HPS Track	HPS Track	HPS Track	HPS Track

Section 8. Guidelines for Sports

A. Football (updated 8/23/19)

Peaks League Football Schools may have an additional 8 hours of practice before the official start of the Football season to use at their discretion. Each league football school shall field one team, but ideally, a 6/7 grade team and an 8-grade team whenever possible. Student-athletes are encouraged to play at their grade level. No student-athlete may play down a lower grade level however student-athletes may play at a higher grade level. Students may only play up to one grade level. A player may only play one A-game per evening. **ARTICLE IV (Section 1. Athlete Participation Policy)**

* Student-athletes may have the opportunity to compete at a higher grade level if they demonstrate the necessary skills and abilities. However, it is important to maintain fairness and sportsmanship in these situations. If a player participates in the majority of a 7th-grade game, they are not allowed to also play in the 8th-grade game. The exception to this rule would be if a lower-grade player is needed to provide rest for the starters or to replace an injured player. This practice of playing athletes up a grade level should only be utilized in cases where a team has a limited number of players available. In the event that a coach plans to have a 7th grader participate in both the 7th and 8th-grade games, it is essential that they communicate this decision with the opposing coach prior to the start of the game. Additionally, coaches should meet with referees before each game to discuss any players who will be playing up a grade level. Transparency is key in ensuring that all teams, referees, and coaches are aware of the rules and regulations regarding athlete participation. The Peaks League strictly prohibits coaches from allowing athletes to play in the majority of two full games, as outlined in **ARTICLE IV (Section 1. Athlete Participation Policy)**

Order of games

6/7 Game

8 Game

For 7th and 8th-grade games, standard play consists of 8-minute quarters unless otherwise agreed upon by the coaches and officials. If visibility becomes an issue, 8th-grade games may be shortened to 6-minute quarters. There will be a 5-minute halftime for both 7th and 8th-grade games.

The home team provides a game ball. The game ball must be an official youth-size ball.
Football Helmet Eyeshields: shaded are not allowed per league rules for medical reasons.

In the event of a mercy rule, where there is a 25-point differential and one team is significantly outscoring their opponents, coaches are expected to take measures to prevent further scoring.

In the event of a tie at the conclusion of a game, overtime will be implemented with a maximum of two possessions if necessary. The ball will start on the ten-yard line and teams will have the opportunity to score by reaching the end zone. During the second possession, a team must attempt a two-point conversion.

Football Helmet Eyeshields: shaded are allowed per league rules for medical reasons.

Referees have the authority to end a game due to inclement weather or darkness.

Football will play a postseason which consists of three bowl games if there are Six Peaks League Football Schools.

Rose Bowl (#6 v #5) ,

Game Creek Bowl (#4 v #3),

Peaks League Championship Bowl (#2 v # 1).

Final Bowl game rosters must be submitted to the hosting school by the Friday before the Bowl games and must be strictly followed during the event. Athletes can only be listed on one roster.

See Section 7. League Playoffs.

B. Girls Volleyball

Peaks League Schools may have an additional 8 hours of practice before the official start of the volleyball season to use at their discretion. Each league school shall field one A team, but ideally, two A teams whenever possible. Student-athletes are encouraged to play at their grade level. No student-athlete may play down a lower grade level however student-athletes may play at a higher grade level. Students may only play up to one grade level. A player may only play one A-game per evening. **ARTICLE IV (Section 1. Athlete Participation Policy)**

Order of games

7A game

7B game

8A game

8B game

All (A) games play to 25 points with rally scoring best 2 out of 3 except for the third game, which will go to 15 points. There is a 5-minute warm-up before each A-game. The height of the net is 7 feet 4 inches.

All (B) games play to 15 with rally scoring and will play two games. There will be a 5-minute warm-up before B games, both B teams warm up together. The height of the net is 7 feet 4 inches.

Final championship tournament rosters must be submitted to the hosting school by the Friday before the tournament and must be strictly followed during the event. Athletes can only be listed on one roster. Playoff hosts are determined by a school league rotation. See Section 7. League Playoffs. Game times are designated on the bracket by the PEAKS League of Middle School Athletics.

6th Grade Teams:

- Servers may serve up from the service line if they serve underhand.
- At the beginning of the season, athletic directors will connect with each other on whether to bring 6th-grade teams to league games.

Recommend that schools have separate 6th grade schedule

Male students can not join girls' volleyball per CHSAA.

6th Grade Teams:

- **Servers may serve up from the service line if they serve underhand.**
- At the beginning of the season, athletic directors will connect with each other on whether to bring 6th grade teams to league games.
- Recommend that schools have separate 6th grade schedule (lite version)

C. Cross Country

Course Distance, Setup, and Scoring

The minimum course distance for middle school is 1.5 miles. The recommended distance for middle school races is 3k (or between 1.8-2.0 miles). The course shall be clearly marked. Materials that can be used to mark off the course may include field paint (on grass only), signposts, or flags. The top five finishers of each team score. The sum total of the place numbers of the first five runners from a team is its score in a meet. For example, if members of a team place 3rd, 4th, 6th, 8th and 10th, those numbers are added together to give the team a score of 31 points ($3+4+6+8+10=31$).

League Championships will allow 7 boys and 7 girls per team to compete. There will also be an open race for all athletes after the Championship race. Top 10 boys and top 10 girls will medal.

Uniform:

All teams should attempt to wear the same jerseys and require their kids to wear the same color shorts (do not have to be the same brand). Shorts are not provided. If there are not enough jerseys available, at least have your "A" team members (top 7) wearing the same color jersey.

Other items:

- Sunglasses may be worn by competitors.
- Hats may be worn by competitors; they must be used as intended (no backwards hat) and recognized athletic wear (no floppy hats or distracting ornamentation).
- Gloves may be worn by competitors.
- Hair devices, hard or soft, may be worn to control hair (i.e. headbands, clips, bobby pins). Decorative hair bows with dimensions no greater than 3 inches may be worn.
- Head coverings worn for religious reasons are not considered hair devices and must not be made of abrasive, hard or unyielding material and fit securely or be fastened to the body and/or uniform to remain in a fixed position.
- Base layers may be worn under the official school jerseys, for the "A" team, your runners base layer should be matching colors

Athlete Disqualification

An athlete may be disqualified for the following:

- False start.
- Interfering with another competitor i.e. a runner veering into a passing runner's path to prevent being overtaken in the finishing sprint not accidental jostling at the start of the race).
- Using unsportsmanlike or unacceptable conduct.
- Fails to complete the prescribed course that is defined by a legal marking system.
- Hydration aid is not a disqualification.

Fall Championship Week Format - First week in October

Monday	7th grade Football Bowl Games Game Creek #4 v #3 / Championship #1v#2
Tuesday	8th grade Football Bowl Games Game Creek #4 v #3 / Championship #1v#2
Wednesday	7th grade volleyball championships
Thursday	8th grade volleyball championships
Friday	Cross Country Championship

D. Basketball:

Peaks League Schools may have an additional 8 hours of practice before the official start of the basketball season to use at their discretion. Each league school shall field one A team, but ideally, two A teams whenever possible. Student-athletes are encouraged to play at their grade level. No student-athlete may play down a lower grade level however student-athletes may play at a higher grade level. Students may only play up to one grade level. A player may only play one A-game per evening. **(Section 1. Athlete Participation Policy)**

Order of games

7A game
7B game
8A game
8B game

A 5-minute warm-up is provided before each A-game,
7A and 8A games have 6-minute quarters, 1-minute breaks between quarters, and 3-minute halftimes.

Time-outs for 7A and 8A games will include

- 3 full timeouts
- 2 30-second timeouts

Fouls: 5 individual fouls the player is out of the game. 5 team fouls per quarter goes to the bonus- 2 foul shots (no one and one). Team fouls reset at the end of each quarter.

In both the 7A and 8A games a full-court press should be halted once a team establishes a lead of more than ten points.

If a team is leading by 20 points at any point during the game, the clock will run continuously for the remainder of the game, even if the point differential decreases.

Overtime will last for 2 minutes and if the game is not resolved, sudden death will occur. Each team will have one full-time out per overtime, with any leftover game timeouts carrying over.

B games have a 2-minute warm-up

B games consist of two 12-minute halves with a running clock, stopping only in the last 30 seconds of each half. 1-minute halftime

Time-outs for B games will include

- 1 full timeout
- 1 30-second timeout

There will be no pressing allowed in the 6th or B games

B games can end in a tie.

Final championship tournament rosters must be submitted to the hosting school by the Friday before the tournament and must be strictly followed during the event. Athletes can only be listed on one roster. Playoff hosts are determined by a school league rotation. See Section 7. League Playoffs. Game times are designated on the bracket by the PEAKS League of Middle School Athletics.

E. Wrestling

(Championship 8 person Bracket or 3-4-5 Round Robin)

Teams and Weights

- o There shall be only one team from league schools of combined 6th, 7th, and 8th-grade students. The weight classes shall be: 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 165, 185, and heavyweight 186-250. For safety reasons, wrestlers over 250 will not be permitted to wrestle.
- o There would also be a 1-pound (+) weight allowance.
- o Over 1 pound and that wrestler moves up a weight class

Weigh-ins

- o Wrestlers will be weighed the night before and emailed to the host school to create brackets before the tournament.
- o The most a wrestler may move up is two weight classes
- o A certified official will run the league meet weigh-ins one hour before the first match to verify weights sent out the night before.
- o Changes in weights or discrepancies will be addressed at the coaches meeting before the start of the tournament
- o A team will lose 1 team point for a wrestler over 5lbs of the registered category weight

Bracket Format

The league will use 8 person double elimination brackets for each weight with 6 - 8 wrestlers

- o Schools can place as many wrestlers in each weight class
- o A team must designate a point-getter for the team at each weight class before the tournament
- o Seeding will be done by record (winning percentage and ability)
- o 10 points for First Place
- o 6 points for Second Place
- o 3 points for Third Place
- o 1 point for Fourth Place

Round Robin Format

The league will use a round-robin for weights with only 3, 4, and 5 wrestlers

- o Every contestant meets every other contestant in turn
- o A team must designate a point-getter for the team at each weight class before the tournament
- o 10 points for First Place
- o 6 points for Second Place
- o 3 points for Third Place
- o 1 point for Fourth Place

Tie Breaker Criteria

Successive evaluation of the following elements

- o Victory of one over the other.
- o Number of falls (in the event of a draw, the time taken to achieve the fall.)
- o Number of technical points (whoever has the most)
- o Technical points (whoever has the most)
- o Number of cautions 0 (whoever has the least)
- o Number of passivity (whoever has the least)
- o If there is still a draw, the exact weight of the wrestlers at weigh-in will determine the winner (lightest is the winner.)

Headgear must be worn.

The length of matches will be 2-1-1 with sudden death 30-second overtime.

Weight classes with the most contestants will begin tournament first

F. Track

The league track meet shall be determined at the time the track schedule is finalized and shall be hosted by the league schools that have the facilities and wish to host the meet.

The league meet sign-ups will be at least three days prior to the championship. The championships will try to fall on the second Friday in May followed by the next Tuesday. All entries should be signed up in [google docs](#) to the host school no later than three days before the championships. Coaches are responsible for placing their fastest runners in the first heat, second-fastest runners in the second heat, and so on. Once the meet begins, there will be no additions to the events.

Each school may enter 4 entries in each field event and in each running event and an alternate. One false start will be permitted per contestant per event at all league meets. Each participant may compete in a maximum of five (5) events over the day of Championships in any combination of track and/or field.

Five (five) places will be counted for each event and scored 10-8-6-4-2. In case of a tie, the contestants will split the total amount of points for the places evenly, i.e., a tie for 2nd between 2 contestants would result in 7 points for each with the next contestant receiving 4 points for 4th place. . ***In the case of an overall team tie in points at the end of the championship, a champion will be determined by overall first-place finishes. If tied after that overall second places will be counted and so on until a champion is determined.***

In all track events, there will be a single girls team and a single boys team per school. Each school will be allowed to enter four athletes into each event.

Peaks Championships Events Day 1

(Boys-Girls)

- o 100-Meter Hurdle Qualify
- o 1600-Meter Final Boys
- o 100-Meter Qualify
- o 400-Meter Qualify
- o 200-meter Qualify
- o 1600-Meter Final Girls
- o 4x200 Relay Final
- o High Jump Final Boys
- o Long Jump Final Girls
- o Shot Put Final-Boys & Girls

Peaks Championships Events Day 2

(Boys-Girls)

- o 100-Meter Hurdle Final
- o 4x100 Meter Relay
- o 800 Meter Run Boys
- o 100-Meter Final
- o 400-Meter Final
- o 200 Meter Run
- o 800 Meter Run Girls
- o 4x400 Relay
- o High Jump Final Girls
- o Long Jump Final Boys
- o Discus Final-Boys & Girls

Shot and Discus: Each participant will be allowed three throws after which only the five longest throws of all the contestants will be recorded for points and ribbons. Girls throw 6-pound shots. Boys throw 4K shots (not 8 lbs.)

Long Jump: Each participant will be allowed three jumps after which only the five longest jumps will be recorded for points and ribbons.

High Jump: The starting heights are as follows: 7th-grade girls 3' 6", 8th-grade girls 3' 8", 7th-grade boys 3' 10", 8th-grade boys 4' 0". Both age groups will be allowed three tries at each height. The bar will be moved up 2" at a time until one contestant is left. That contestant may elect to have the bar moved up 1" or more at a time until he/she misses three times.

Hurdles: Hurdles are set at 30" in ht. For the 100-meter hurdles, 13m to the first hurdle, then 8.5m between hurdles, with 10 hurdles in the race. For the 200-meter hurdles, it's 20m to the first hurdle, 35m between, 40m from the last hurdle to the finish, and 5 hurdles in the race.

Section 9. League Activities

Additional league activities may be added with a majority vote. Attachments and/or guidelines for each league activity will be sent to all participating schools.

Section 10. Sportsmanship

The PEAKS League of Middle School Athletics administration, Athletic Director, coaches, and staff support, foster, and expect good sportsmanship among players, fans, and coaches. To foster a community of good sportsmanship and respect for our young players, the following guidelines are adopted.

- 1) Cheering for a team or player is permitted. Cheering against a team or player is not permitted.
- 2) The hosting school administrator or AD should be present at all contests.
- 3) Fans should not approach coaches or officials, and coaches should not approach opposing fans.
- 4) Jeering, threats, offensive statements, or encouraging injury are not permitted.

All PEAKS League of Middle School Athletics schools are to post the sportsmanship expectations in each gym and remind fans and players of the expectations before each game. If a coach or AD notice or hear a concern about unsportsmanlike behavior by fans or coaches, the offended coach should communicate the concern to the host Administrator or AD of the host school. The host Administrator or AD should address the concern through the following process:

- 1) Notify the fan(s) or coach to stop the behavior.
- 2) If it persists, ask the team's coach to speak with the offending fan(s).
- 3) If the behavior persists, ask the fan(s) or coach to leave.
- 4) If they refuse, call the police.

Coaches are responsible for the condition of the locker room when visiting other schools and are to check the locker rooms before the teams enter and after the teams leave.

If a visiting team is late leaving their school for a league contest and will be late, the coach should call the host school to let them know the estimated time of arrival.

Teams who are waiting their turn to play, for example, the 8th-grade team during the 7th-grade contest, are expected to remain with the team in the stands or with a supervisor.

Sportsmanship Announcement

Sportsmanship Awards will be awarded to one athlete per sport per gender each year and will be awarded at the second night of each championship event. The name of the awarded athletes needs to be sent to the commissioner of each sport by the day before the championship event.

Extra Duty Pay ECSD Employee			\$12.50 Hour
<u>Wrestling</u>	<u>Pay</u>		
dual	\$50		
triangular	\$75		
quad	\$100		
tournament	\$150		

Football	\$60/ game		
Volleyball	\$120 night	Extra \$15.00 for sixth grade	
Basketball	\$120 night	Extra \$15.00 for sixth grade	
<u>Mileage</u>		<u>Pay</u>	
outside 40 miles return		\$15.00	
outside 60 miles return		\$25.00	