

January 2026 Intermediate Breakfast



Not just a district, a destination.

Monday	Tuesday	Wednesday	Thursday	Friday
Our unit priced breakfast consists of 3 or more food components, at least one must be a fruit or vegetable	Food Components: Meat/Meat Alternate Whole Grain Fruits, Vegetables Milk	1% White Milk and Fat-Free Reduced Sugar Chocolate Milk are offered daily.	Student Breakfast: \$1.50 Adult Breakfast: \$3.50	All breads, grains, pastries, cereals, etc. are whole grain
5 Staff Development	6 Staff Development	7 Egg & Cheese Croissant or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	8 Chicken & Waffles or Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	9 Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk
12 Breakfast Pizza or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	13 Biscuit & Sausage or Whole Grain Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	14 Egg & Cheese Croissant or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	15 Chicken & Waffles or Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	16 Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk
19 Martin Luther King Day	20 Biscuit & Sausage or Whole Grain Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	21 Egg & Cheese Croissant or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	22 Chicken & Waffles or Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	23 Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk
26 Breakfast Pizza or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	27 Biscuit & Sausage or Whole Grain Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	28 Egg & Cheese Croissant or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk	29 Chicken & Waffles or Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk	30 Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk

Announcements

Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com



Households must reapply every year to maintain free or reduced price meals if eligible

Online deposits to meal accounts can be made at www.schoolcafe.com with a small service fee.

Cash or check deposits to meal accounts are always accepted at the school kitchen with no fee.

Please include child's name and ID number with all cash or check deposits sent to the school cafeteria (preferably in a sealed envelope).

Each student is given a photo ID badge

- Required to be used for every food transaction
- Also used when riding the bus!



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Menus are Subject to Change

www.SquareMeals.org



Updated 06/20/25

January 2026 Intermediate Lunch



TOMBALL
INDEPENDENT SCHOOL DISTRICT
Not just a district, a destination.

Monday	Tuesday	Wednesday	Thursday	Friday
Our unit priced lunch consists of 3 or more food components, at least one must be a fruit or vegetable	Food Components: Meat/Meat Alternate Whole Grain Fruits, Vegetables Milk	Peanut Butter & Jelly Sandwich, Grilled Cheese Sandwich available daily	Student Lunch: \$2.75 Adult Lunch: \$5.15	1% White Milk and Fat-Free Reduced Sugar Chocolate Milk are offered daily.
5 Staff Development	6 Staff Development	7 Beef Steak Fingers or Chicken Drumsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk	8 5" Round Pizza (Cheese & Pepperoni) or Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk	9 Cheeseburger or Chicken Sandwich or Chicken Popper Salad Vegetables, Fruits, Milk Frozen Friday Fun Treat!
12 Breakfast for Lunch! Pancakes, Sausage & Egg Patty Hash Browns, Fruit Pink Milk Monday!	13 Cheese Quesadilla or Cheese Enchiladas or Chicken Popper Salad Vegetables, Fruits Milk	14 Mac & Cheese or Chicken Nuggets or Fruit & Yogurt Plate Tomato Soup, Fruits Vegetables, Milk	15 5" Round Pizza (Cheese & Pepperoni) or Steak Fingers or Chicken Popper Salad Vegetables, Fruits Milk	16 Cheeseburger or Corn Dog or Chicken Popper Salad Vegetables, Fruits, Milk Frozen Friday Fun Treat!
19 Martin Luther King Day	20 Cheese Quesadilla or Beef Tamales or Chicken Popper Salad Vegetables, Fruits Milk	21 Beef Steak Fingers or Chicken Drumsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk	22 5" Round Pizza (Cheese & Pepperoni) or Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk	23 Cheeseburger or Chicken Sandwich or Chicken Popper Salad Vegetables, Fruits, Milk Frozen Friday Fun Treat!
26 Breakfast for Lunch! Pancakes, Sausage & Egg Patty Hash Browns, Fruit Pink Milk Monday!	27 Cheese Quesadilla or Cheese Enchiladas or Chicken Popper Salad Vegetables, Fruits Milk	28 Mac & Cheese or Chicken Nuggets or Fruit & Yogurt Plate Tomato Soup, Fruits Vegetables, Milk	29 5" Round Pizza (Cheese & Pepperoni) or Steak Fingers or Chicken Popper Salad Vegetables, Fruits Milk	30 Cheeseburger or Corn Dog or Chicken Popper Salad Vegetables, Fruits, Milk Frozen Friday Fun Treat!

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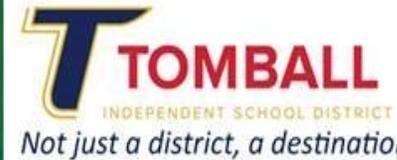
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Updated 06/20/25

January 2026 Intermediate Window Lunch



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5 Staff Development	6 Staff Development	7 Chicken Sandwich or Fruit & Yogurt Plate Vegetables, Fruits Milk	8 Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk	9 Cheeseburger or Chicken Popper Salad Vegetables, Fruits Milk
12 Cheese Stuffed Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk	13 Mini Corndogs or Chicken Popper Salad Vegetables, Fruits Milk	14 Chicken Sandwich or Fruit & Yogurt Plate Vegetables, Fruits Milk	15 Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk	16 Cheeseburger or Chicken Popper Salad Vegetables, Fruits Milk
19 Martin Luther King Day	20 Mini Corndogs or Chicken Popper Salad Vegetables, Fruits Milk	21 Chicken Sandwich or Fruit & Yogurt Plate Vegetables, Fruits Milk	22 Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk	23 Cheeseburger or Chicken Popper Salad Vegetables, Fruits Milk
26 Cheese Stuffed Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk	27 Mini Corndogs or Chicken Popper Salad Vegetables, Fruits Milk	28 Chicken Sandwich or Fruit & Yogurt Plate Vegetables, Fruits Milk	29 Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk	30 Cheeseburger or Chicken Popper Salad Vegetables, Fruits Milk

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