

Lunch Menu

Pre-K Menu

January 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

5 Fluffy Whole Grain Pancakes 
Syrup
Sausage Patty
Crispy Potato Puffs
Applesauce




6 Crispy Chicken Sandwich
Pickle Chips
Chick'n Dipp'n Sauce
BBQ Sauce
Oven Baked Fries
Fresh Pear



7 Chicken Nuggets *crispy breaded chicken nuggets perfect for dipping in your favorite sauce*
Pasta with Butter
Chilled Red Pepper Strips
Steamed Peas
Fresh Orange

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12 Turkey & Cheese Sandwich
Grape Tomatoes
Applesauce

13 Crispy Popcorn Chicken
Dinner Rolls
Cucumber Coins
Fresh Orange

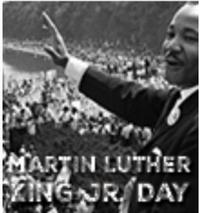


14 Wing Shack Chicken **Boneless** Wings *breaded chicken wings baked to perfection*
Sweet Corn
Fresh Apple

15 Cheesy Stuffed Bread Sticks 
Buttered Corn
Fresh Blueberries



16 Classic Cheese Pizza *whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese* 
Caesar Salad
Fresh Banana

19 

20 **Beef** Nachos Grande
Sour Cream
Black Beans
Salsa
Cucumber Coins
Fresh Orange



21 Baked Chicken Tenders *crispy chicken tenders perfect for dipping in your favorite sauce*
Dinner Rolls
Green Beans
Pineapple

22 Meatball Sandwich
Cucumber Coins
Crispy Potato Puffs
Fresh Apple

23 French Bread Pizza *crispy French bread smothered with tomato sauce and melted cheese* 
Side Salad
Fresh Orange

26 Cheese Panini 
Steamed Carrots
Applesauce



27 Chicken & Cheese Quesadilla
Sour Cream
Salsa
Black Beans
Steamed Broccoli
Strawberry Cup

28 Ham & Cheese Sandwich 
Side Salad
Applesauce

29 Chicken Nuggets *crispy breaded chicken nuggets perfect for dipping in your favorite sauce*
Pasta with Butter
Chilled Red Pepper Strips
Steamed Peas
Fresh Orange

30 Cheese Pizza 
Roasted Squash
Fresh Banana

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Lunch Prices
We are now ALL free!
Milk: \$0.75
If you have any questions or would like more information please Contact
Food Service Director
Marilyn Digregorio at
845-895-7192

 Vegetarian  Made With Natural Ingredients  Pork  Smart Choice  Made With Organic Ingredients

All grains offered are whole grain
Sloppy Joe- ground beef
Meatball Sub- chicken meatballs
Soft Taco- seasoned ground beef Or chicken