

Breakfast Menu

Pre-K Menu

January
2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

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5 Chocolate Chip Muffin  Applesauce

6 Red. Sugar Cinnamon Toast Crunch Cereal  100% Orange Tangerine

7 Maple Mini Waffles  Applesauce


8 Cheerios Cereal  Diced Peaches

9 Whole Grain French Toast Slices  100% Juice Fruit Punch

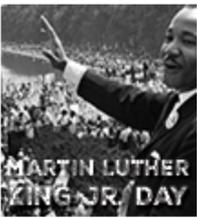

12 Blueberry Muffin  Applesauce


13 100% Orange Tangerine

14 Maple Mini Waffles  Applesauce

15 Red. Sugar Cocoa Puffs Cereal  Diced Peaches

16 Whole Grain French Toast Slices  100% Juice Fruit Punch

19 

20 Red. Sugar Cinnamon Toast Crunch Cereal  100% Orange Tangerine

21 Maple Mini Waffles  Applesauce


22 Cheerios Cereal  Diced Peaches

23 Whole Grain French Toast Slices  100% Juice Fruit Punch

26 Blueberry Muffin  Diced Pear Cup

27 100% Orange Tangerine

28 Maple Mini Waffles  Applesauce


29 Red. Sugar Cocoa Puffs Cereal  Diced Peaches

30 Whole Grain French Toast Slices  100% Juice Fruit Punch



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Available Daily

Fresh Fruit (apple, orange, banana or seasonal) available with Breakfast Meal
Fat Free and Low-fat Milk available Daily

All grains are WG and/ or WW

