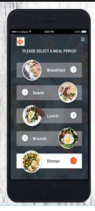
Wallkill HS

1/1/2026 - 1/2/2026

Welcome to our Lunch Cafe

MEATLESS MONDAY

	Monday	Tuesday	Wednesday	Thursday	Friday
World MARKET				1	2 WINTER RECESS! SCHOOL CLOSED
	Served with choice of side salad, variety of fresh fruit and vegatables. Choice of Fat Free, 1% or 2% Chilled Milk				
La CUCINA					WINTER RECESS! SCHOOL CLOSED
For Menu Questions please contact Marilyn Digregorio @ digregoriom@ whitsons.com	Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough				
Miss RUBY'S GRILL		Offering New Specials *EVERY WEEK!* *To see our menus, visit us at: www.fdme*			WINTER RECESS! SCHOOL CLOSED
	Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches				
Great AMERICAN SANDWICH CO.					WINTER RECESS! SCHOOL CLOSED
	Available Daily: Made to Order and *ALWAYS* Fresh!				
Real Meals™ EXPRESS / Fresh FROM THE GARDEN					WINTER RECESS! SCHOOL CLOSED
	Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk				



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WHITSONS FAMILY OF COMPANIES WWW.WHITSONS.COM

Vegetarian | Made With Natural Ingredients | Pork | Smart Choice | Made With Organic Ingredients

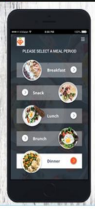
Wallkill HS

1/5/2026 - 1/9/2026

Welcome to our Lunch Cafe

MEATLESS MONDAY

	Monday	Tuesday	Wednesday	Thursday	Friday
World Market	5 Fluffy Whole Grain Pancakes *warm whole grain pancakes* Syrup Sausage Patty Crispy Potato Puffs Fresh Apple BRUNCH FOR LUNCH TODAY!	6 Buffalo Chicken Sauce & Toss *popcorn chicken glazed with Buffalo sauce* Seasoned Rice Chickpea Salad Spicy Honey Carrots Sliced Oranges	7 Chicken Bowl with Gravy *chicken layered with mashed potatoes and corn, smothered in gravy* Chilled Red Pepper Strips Buttered Corn Fresh Apple	8 Yard Bird Classic Chicken Sandwich *a delicious chicken filet on a hearty bun, served with special sauce and a pickle* Carrot Sticks Sweet Potato Fries Fresh Strawberries	9 Baked Pasta with Homemade Meat Sauce Homemade Garlic Naan Tomato Salad Spiced Roasted Green Beans w/ Parmesan Fresh Banana
	Served with choice of side salad, variety of fresh fruit and vegatables. Choice of Fat Free, 1% or 2% chilled milk				
La Cucina	Meat Lovers Pizza *freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball*	Meat Lovers Pizza *freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball*	Meat Lovers Pizza *freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball*	Meat Lovers Pizza *freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball*	Meat Lovers Pizza *freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball*
	Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough				
Miss Ruby's Grill	Grilled Cheese Sandwich Meltdown Café *golden toasted bread with melted gooey cheese pressed and prepared in-house* Tomato Soup	Grilled Cheese Sandwich Meltdown Café *golden toasted bread with melted gooey cheese pressed and prepared in-house* Tomato Soup	Grilled Cheese Sandwich Meltdown Café *golden toasted bread with melted gooey cheese pressed and prepared in-house* Tomato Soup	Grilled Cheese Sandwich Meltdown Café *golden toasted bread with melted gooey cheese pressed and prepared in-house* Tomato Soup	Grilled Cheese Sandwich Meltdown Café *golden toasted bread with melted gooey cheese pressed and prepared in-house* Tomato Soup
	Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches				
Great American Sandwich Co.	Deli Bar Buffalo Chicken Sandwich *warm sandwich prepared in-house with spicy marinated chicken breast, crisp lettuce and sliced tomato*	Deli Bar Buffalo Chicken Sandwich *warm sandwich prepared in-house with spicy marinated chicken breast, crisp lettuce and sliced tomato*	Deli Bar Buffalo Chicken Sandwich *warm sandwich prepared in-house with spicy marinated chicken breast, crisp lettuce and sliced tomato*	Deli Bar Buffalo Chicken Sandwich *warm sandwich prepared in-house with spicy marinated chicken breast, crisp lettuce and sliced tomato*	Deli Bar Buffalo Chicken Sandwich *warm sandwich prepared in-house with spicy marinated chicken breast, crisp lettuce and sliced tomato*
	Available Daily: Made to Order and *ALWAYS* Fresh!				
Real Meals™ Express Fresh from the Garden	Italian Pizza Salad *tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens* Dinner Rolls Fruity Granola Parfait	Italian Pizza Salad *tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens* Fruity Granola Parfait	Italian Pizza Salad *tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens* Dinner Rolls Fruity Granola Parfait	Italian Pizza Salad *tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens* Dinner Rolls Fruity Granola Parfait	Italian Pizza Salad *tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens* Dinner Rolls Fruity Granola Parfait
	Available Daily: An array of seasonal produce, meats and mixed salads. Choice of dressing, whole grain dinner rolls				



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Wallkill HS

1/12/2026 - 1/16/2026

Welcome to our Lunch Cafe

MEATLESS MONDAY

	Monday	Tuesday	Wednesday	Thursday	Friday
World Market	12 Cheeseburger Mac & Cheese *steamy pasta enrobed in a creamy cheddar cheese sauce mixed with seasoned ground meat prepared in-house* Steamed Peas Applesauce	13 Nachos with Cheese and BBQ Chicken *Nachos with cheese sauce topped with BBQ chicken* Sour Cream Yellow Rice Seasoned Black Beans Tomato Salad Fresh Apple	14 Chicken Parmesan Flatbread *Chicken with tomato sauce and mozzarella in toasted flatbread* Side Garden Salad Steamed Carrots Fresh Pear	15 BBQ Style Chicken Wings Wing Shack Chicken Wings Buffalo Chicken Wings Celery Garlic Parmesan Fries Watermelon Slices the WING shack	16 Incredibowl Beef & Gravy Quinoa Bowl Fiesta Corn Fresh Blueberries
	Served with choice of side salad, variety of fresh fruit and vegatables. Choice of Fat Free, 1% or 2%				
La Cucina	Hand Crafted Buffalo Chicken Pizza *fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp*	Hand Crafted Buffalo Chicken Pizza *fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp*	Hand Crafted Buffalo Chicken Pizza *fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp*	Hand Crafted Buffalo Chicken Pizza *fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp*	Hand Crafted Buffalo Chicken Pizza *fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp*
	Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough				
Miss Ruby's Grill	Pretzel Cheese Sauce	Pretzel Cheese Sauce	Pretzel Cheese Sauce	Pretzel Cheese Sauce	Pretzel Cheese Sauce
	Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches				
Great American Sandwich Co.	Deli Bar American Combo Sandwich *freshly made sandwich with thinly sliced turkey, ham and cheese* P	Deli Bar American Combo Sandwich *freshly made sandwich with thinly sliced turkey, ham and cheese* P	Deli Bar American Combo Sandwich *freshly made sandwich with thinly sliced turkey, ham and cheese* P	Deli Bar American Combo Sandwich *freshly made sandwich with thinly sliced turkey, ham and cheese* P	Deli Bar American Combo Sandwich *freshly made sandwich with thinly sliced turkey, ham and cheese* P
	Available Daily: Made to Order and *ALWAYS* Fresh!				
Real Meals™ Express / Fresh from the Garden	Chicken and Strawberry Salad *fresh strawberries with chicken over greens* Dinner Rolls Fruity Granola Parfait	Chicken and Strawberry Salad *fresh strawberries with chicken over greens* Dinner Rolls Fruity Granola Parfait	Chicken and Strawberry Salad *fresh strawberries with chicken over greens* Dinner Rolls Fruity Granola Parfait	Chicken and Strawberry Salad *fresh strawberries with chicken over greens* Dinner Rolls Fruity Granola Parfait	Chicken and Strawberry Salad *fresh strawberries with chicken over greens* Dinner Rolls Fruity Granola Parfait
	Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk				

National Pizza Week

Offering New Specials *EVERY WEEK!*

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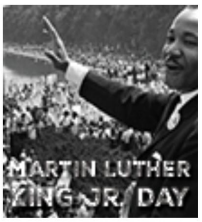
Wallkill HS

1/19/2026 - 1/23/2026

Welcome to our Lunch Cafe

MEATLESS MONDAY

	Monday	Tuesday	Wednesday	Thursday	Friday
World Market	19	20 BLT Burger *freshly prepared burger topped with crispy bacon, lettuce, tomato and mayo on a freshly toasted bun* Sliced Tomatoes Oven Baked Fries Fresh Apple	21 Baked Chicken Tenders *crispy chicken tenders perfect for dipping in your favorite sauce* Vegetable Rice Pilaf Green Beans Fresh Blueberries	22 Pasta with Meat Sauce Rotini *freshly cooked pasta with meat sauce* Side Garden Salad Sauteed Zucchini Fresh Apple	23 Chicken Nugget & Mozzarella Stick Combo *Crispy chicken nuggets and gooey mozzarella sticks served with dipping sauce* Dinner Rolls Green Bean Salad Fresh Orange
	Served with choice of side salad, variety of fresh fruit and vegatables. Choice of Fat Free, 1% or 2% chilled milk				
La Cucina		Meatball Pizza *freshly prepared cheese pizza topped with meatballs*	Meatball Pizza *freshly prepared cheese pizza topped with meatballs*	Meatball Pizza *freshly prepared cheese pizza topped with meatballs*	Meatball Pizza *freshly prepared cheese pizza topped with meatballs*
	Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough				
Miss Ruby's Grill		Beef Hot Dog on Bun *juicy beef hot dog on a soft bun*	Beef Hot Dog on Bun *juicy beef hot dog on a soft bun*	Beef Hot Dog on Bun *juicy beef hot dog on a soft bun*	Beef Hot Dog on Bun *juicy beef hot dog on a soft bun*
	Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches				
Great American Sandwich Co.		Turkey Club Wrap *turkey breast, bacon, chopped romaine lettuce and tomato, wrapped in a tortilla*	Deli Bar Turkey Club Wrap *turkey breast, bacon, chopped romaine lettuce and tomato, wrapped in a tortilla*	Deli Bar Turkey Club Wrap *turkey breast, bacon, chopped romaine lettuce and tomato, wrapped in a tortilla*	Deli Bar Turkey Club Wrap *turkey breast, bacon, chopped romaine lettuce and tomato, wrapped in a tortilla*
	Available Daily: Made to Order and *ALWAYS* Fresh!				
Real Meals™ Express / Fresh from the Garden		Honeyfire Kitchen Chicken Salad *chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes, drizzled with honeyfire kitchen sauce* Dinner Rolls Fruity Granola Parfait	Honeyfire Kitchen Chicken Salad *chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes, drizzled with honeyfire kitchen sauce* Dinner Rolls Fruity Granola Parfait	Honeyfire Kitchen Chicken Salad *chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes, drizzled with honeyfire kitchen sauce* Dinner Rolls Fruity Granola Parfait	Honeyfire Kitchen Chicken Salad *chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes, drizzled with honeyfire kitchen sauce* Dinner Rolls Fruity Granola Parfait
	Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk				

Offering New Specials *EVERY WEEK!*

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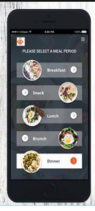

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Wallkill HS

1/26/2026 - 1/30/2026

Welcome to our Lunch Cafe

MEATLESS MONDAY

	Monday	Tuesday	Wednesday	Thursday	Friday
World Market	26 Pasta with Creamy Tomato Sauce & Chicken *pasta with creamy tomato sauce, chicken and spinach* Side Garden Salad Roasted Squash Steamed Broccoli Applesauce	27 Walking Taco Beef Shredded Cheddar Cheese Sour Cream Yellow Rice Seasoned Black Beans Tomato Salad Pineapple	28 Chipotle BBQ Chicken *seasoned chipotle bbq style chicken* Cilantro Garlic Rice Steamed Peas Applesauce THE GOLDEN Chipotle	29 Chicken Scarpariello *chicken and sausage sautéed with red & green peppers and onions in a chicken stock* Pasta Al Dente Steamed Carrots Fresh Orange	30 Fluffy Whole Grain Waffles *warm whole grain waffles* Syrup Sausage Patty Crispy Potato Puffs Fresh Melon Cup BRUNCH LUNCH
La Cucina	Broccoli Cheddar Cheese Pizza *freshly made pizza topped with fresh cheddar cheese and crisp broccoli florets*	Hawaiian Chicken Pizza *ham, chicken and pineapple chunks over a cheese pizza slice* (P)	Broccoli Cheddar Cheese Pizza *freshly made pizza topped with fresh cheddar cheese and crisp broccoli florets*	Hawaiian Chicken Pizza *ham, chicken and pineapple chunks over a cheese pizza slice* (P)	Broccoli Cheddar Cheese Pizza *freshly made pizza topped with fresh cheddar cheese and crisp broccoli florets*
	Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough				
Miss Ruby's Grill	Spicy Chicken Sandwich *warm spicy chicken breaded cutlet prepared in-house*	Spicy Chicken Sandwich *warm spicy chicken breaded cutlet prepared in-house*	Spicy Chicken Sandwich *warm spicy chicken breaded cutlet prepared in-house*	Spicy Chicken Sandwich *warm spicy chicken breaded cutlet prepared in-house*	Spicy Chicken Sandwich *warm spicy chicken breaded cutlet prepared in-house*
	Available Daily: Hamburgers, Cheeseburgers, Turkey Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken				
Great American Sandwich Co.	Italian Stallion Panini *freshly prepared grilled panini with pepperoni, ham, mozzarella cheese and lettuce* (P)	Italian Stallion Panini *freshly prepared grilled panini with pepperoni, ham, mozzarella cheese and lettuce* (P)	Italian Stallion Panini *freshly prepared grilled panini with pepperoni, ham, mozzarella cheese and lettuce* (P)	Italian Stallion Panini *freshly prepared grilled panini with pepperoni, ham, mozzarella cheese and lettuce* (P)	Italian Stallion Panini *freshly prepared grilled panini with pepperoni, ham, mozzarella cheese and lettuce* (P)
	Available Daily: Assorted Boars Head cold cuts, cheeses and whole grain rich bread, rolls and wraps along				
Real Meals Express / Fresh from the Garden	Garden Salad Entree *fresh garden salad topped with meat* Fruity Granola Parfait Dinner Rolls	Garden Salad Entree *fresh garden salad topped with meat* Fruity Granola Parfait Dinner Rolls	Garden Salad Entree *fresh garden salad topped with meat* Fruity Granola Parfait Dinner Rolls	Garden Salad Entree *fresh garden salad topped with meat* Fruity Granola Parfait Dinner Rolls	Garden Salad Entree *fresh garden salad topped with meat* Fruity Granola Parfait Dinner Rolls
	Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of fruit and milk				

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