

LUNCH

January 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 WINTER BREAK	2 WINTER BREAK
5 GS Chicken Strips Potato Wedges Baby Carrots Tropical Fruit Salad Fat Free Chocolate Milk Soy Milk 1% White Milk	6 Chicken Fettuccine with Alfredo Steamed Broccoli Florets Fresh Grapes Garlic Toast Fat Free Chocolate Milk Soy Milk 1% White Milk	7 Chicken and Cheese Quesadilla Refried Beans Cilantro Cole Slaw Fresh Orange Fat Free Chocolate Milk Soy Milk 1% White Milk	8 Omelet, Cheddar Cheese Baby Carrots Triangle Hashbrown Patties Fresh Apple Mini Muffin Fat Free Chocolate Milk Soy Milk 1% White Milk	9 Pepperoni Cheesy Bottom Pizza Side Salad Cherry Tomatoes Frozen Diced Strawberry Cup Fat Free Chocolate Milk Soy Milk 1% White Milk
12 Breaded Chicken Drumstick Creamy Cole Slaw Scalloped Potatoes Tropical Fruit Salad Garlic Toast Soy Milk Fat Free Chocolate Milk 1% White Milk	13 Mandarin Orange Chicken Steamed Broccoli Florets Mandarin Oranges Medium Grain White Rice, 1/2 c. Fat Free Chocolate Milk Soy Milk 1% White Milk	14 Walking Taco Refried beans Lettuce and Tomato Fresh Banana Fat Free Chocolate Milk Soy Milk 1% White Milk	15 hot dog on bun Baby Carrots Sweet Bell Peppers Fresh Grapes Fat Free Chocolate Milk Soy Milk 1% White Milk Lay's Baked Regular Chips	16 Cheesy Garlic Bread Side Salad Marinara Sauce Dipping Cup Apple Slices in a bag Fat Free Chocolate Milk Soy Milk 1% White Milk
19 Martin Luther King Jr Day	20 Baked Penne Pasta Whole Green Beans Apple Slices in a bag Garlic Toast Fat Free Chocolate Milk Soy Milk 1% White Milk	21 Beef Burrito Side Salad Cilantro Cole Slaw Fresh Orange Fat Free Chocolate Milk Soy Milk 1% White Milk	22 Hot ham and cheese on a bun Vegetarian Beans Baby Carrots Fresh Banana Fat Free Chocolate Milk Soy Milk 1% White Milk	23 Pepperoni Ripper Side Salad Broccoli Florets Pineapple Tidbits Fat Free Chocolate Milk Soy Milk 1% White Milk
26 Crispy Chicken Sandwich Lettuce and Tomato Baby Carrots Diced Pears Fat Free Chocolate Milk Soy Milk 1% White Milk	27 Teriyaki Beef Dippers Steamed Broccoli Florets Mandarin Oranges Medium Grain White Rice, 1/2 c. Fat Free Chocolate Milk Soy Milk 1% White Milk	28 Nachos Bar Refried beans Fresh Apple Fat Free Chocolate Milk Soy Milk 1% White Milk	29 Turkey Sausage Patty Seasoned Hashbrown Patties Cherry Tomatoes Fresh Orange Baked Biscuit Fat Free Chocolate Milk Soy Milk 1% White Milk	30 Personal pan pizza gs Salad Bar with Romaine Fresh Banana Fat Free Chocolate Milk Soy Milk 1% White Milk

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3. email: program.intake@usda.gov.

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