

For any questions contact the Food Service Department at 914-777-4845
 Director- Denise Delpesh ddelpesh@ryeneck.org

Menus are subject to change



Powering potential.



January 2026

RYE NECK MIDDLE & HIGH SCHOOL LUNCH MENU

January 5th - 9th

- MAIN
- PASTA
Offered with Fresh Breads
- GRILL
- PIZZA
- SIDES

	MON	TUES	WED	THURS	FRI
MAIN	Honey Stung Popcorn Chicken Buttered Biscuit	Teriyaki Chicken Fried Rice	Double Decker Grilled Cheddar Cheese & Tomato Soup	Brunch for Lunch Waffle, Warm Blueberry Topping Chicken Sausage	Chicken Tenders with Stuffing & Gravy
PASTA	Buttered Pasta with or without Grilled Chicken	Nut Free Pesto Pasta with or without Grilled Chicken	Chicken Parmigiana With Pasta	Cheese Manicotti with Marinara Sauce	Pasta with Beef Meatballs
GRILL	Stuffed Cheesy Bread with Dipping Sauce	Chipotle Cheeseburger	Grilled Reuben Sandwich	Burger w/Jalapeno Cheese Sauce & Salsa	Tuscan Grilled Flatbread
PIZZA	White Cheese With Chicken Sausage	Vegetable with Peppers & Mushroom	Buffalo Chicken	Chicken Bacon Ranch	Chicken Mac & Cheese
SIDES	Steamed Green Beans Red Pepper Strips French Fries	Seasoned Edamame Roasted Cauliflower French Fries	Roasted Broccoli Steamed Carrots French Fries	Tater Tots 3 Bean Salad Winter Squash	Roasted Broccoli Toss Salad French Fries

This institution is an equal opportunity provider



Available Daily

Assorted Pizza, Hamburgers, Cheeseburgers
 And made to order Deli Bar with Boar's Head

Grab & Go Yogurt parfaits, Homemade Smoothies,
 Sandwiches and Salads

Rotating Seasonal Fresh Fruit & Vegetables

If you would like to view menu items nutritional information, please navigate to the following site and choose the following building and click Today's Lunch and change view to weekly [Rye Neck UFSD Dining - Rye Neck UFSD Dining](#)

First Meal Free for Students

All Lunches Include:
 Whole Grains, Meat/Meat Alternative, Vegetables, Fresh Fruit, 100% Juice and 1% White, Skim White or Skim Chocolate
 (no high fructose corn syrup)

For any questions contact the Food Service Department at 914-777-4845
 Director- Denise Delpesh ddelpesh@ryeneck.org

Menus are subject to change



Powering potential.

Spicy Chicken & Street Corn Mac & Cheese



January 2026

RYE NECK MIDDLE & HIGH SCHOOL LUNCH MENU

January 12th - 16th

- MAIN
- PASTA
Offered with Fresh Breads
- GRILL
- PIZZA
- SIDES

	MON	TUES	WED	THURS	FRI
MAIN	Chicken Tikka Masala With Jasmine Rice	General Tso's Beef Vegetable Fried Rice	Chicken Fajitas Peppers, Onions & Salsa Santa Fe Rice	Baked Potato Bar	Brunch for Lunch Fluffy Homemade Pancake
PASTA	Cheese Ravioli with Classic Marinara Sauce	Garlic & Oil Pasta with or without Grilled Chicken	Beef Lasagna	Lo Mein with or without Chicken	Chicken Sausage Limited Time Offer Spicy Chicken & Street Corn Mac & Cheese
GRILL	Grilled Three Cheese Sandwich	Sloppy Joe Melt	Grilled Chicken Vegetable Wrap	Bacon Cheeseburger	Buffalo Chicken Sandwich
PIZZA	Onions, Peppers & Sausage	Meat Lovers	Vegetables	Buffalo Roasted Cauliflower	Greek Pizza w/Black Olives, Tomatoes, Hummus & Feta
SIDES	Garbanzo Beans Salad Steamed Carrots French Fries	Romaine Salad Sweet Corn French Fries	Roasted Radishes Black Bean Salsa French Fries	Roasted Broccoli Butternut Squash French Fries	Hash Browns Roasted Cauliflower French Fries

This institution is an equal opportunity provider



Available Daily

Assorted Pizzas, Hamburgers, Cheeseburgers
 And made to order Deli Bar with Boar's Head

Grab & Go Yogurt parfaits, Homemade Smoothies Sandwiches and Salads

Rotating Seasonal Fresh Fruit & Vegetables

If you would like to view menu items nutritional information, please navigate to the following site and choose the following building and click Today's Lunch and change view to weekly [Rye Neck UFSD Dining - Rye Neck UFSD Dining](https://ryenecknj.usfisd.net/ryenecknj-usfisd-dining)

First Meal Free for Students

All Lunches Include:
 Whole Grains, Meat/Meat Alternative, Vegetables, Fresh Fruit, 100% Juice and 1% White, Skim White or Skim Chocolate
 (no high fructose corn syrup)

For any questions contact the Food Service Department at 914-777-4845
 Director-Denise Delpesh ddelpesh@ryeneck.org

Menus are subject to change



January 2026

RYE NECK MIDDLE & HIGH SCHOOL LUNCH MENU

January 19th - 23rd

Powering potential.

	MON	TUES	WED	THURS	FRI
MAIN	SCHOOL CLOSED	Chicken & Cheese or Cheese Quesadilla	Fish Tacos Soft Tortilla Tacos with Breaded Pollock	French Toast or French Toast Sticks Chicken Sausages Strawberry Topping	Burger Bar Beef or Veggie Choice of Toppings
PASTA <small>Offered with Fresh Breads</small>		Tortellini with Marinara Sauce Garlic Bread	Pasta with Bolognese or Marinara Sauce	Buttered Pasta with Grilled Chicken	Homemade Mac & Cheese
GRILL	SCHOOL CLOSED	Buffalo Chicken and Cheese Wrap	BBQ Pulled Pork Sandwich	Parmesan Black Pepper Ranch Burger	Grilled Chicken Vegetable Wrap
PIZZA		Buffalo Chicken	Vegetable	Pepperoni	Hawaiian w/Ham & Pineapples
SIDES	SCHOOL CLOSED	Roasted Broccoli Sweet Potato Fries French Fries	Creamy Coleslaw Buttered Corn French Fries	Tater Tots Butternut Squash French Fries	Roasted Radishes Garbanzo Beans Salad

This institution is an equal opportunity provider



Available Daily

Assorted Pizzas, Hamburgers, Cheeseburgers, Yogurt Parfaits, Homemade Smoothies

Grab & Go Yogurt parfaits, Homemade Smoothies, Sandwiches and Salads

Rotating Seasonal Fresh Fruit & Vegetables

If you would like to view menu items nutritional information, please navigate to the following site and choose the proper building and click Today's Lunch and change view to weekly [Rye Neck UFSD Dining - Rye Neck UFSD Dining](#)

First Meal Free for Students

All Lunches Include:
 Whole Grains, Meat/Meat Alternative, Vegetables, Fresh Fruit, 100% Juice and 1% White, Skim White or Skim Chocolate
 (no high fructose corn syrup)

For any questions contact the Food Service Department at 914-777-4845
 Director- Denise Delpesh ddelpesh@ryeneck.org



January 2026

RYE NECK MIDDLE & HIGH SCHOOL LUNCH MENU

January 26th - 30th

Menus are subject to change
aramark
 STUDENT NUTRITION

Powering potential.

MAIN

PASTA
 Offered with Fresh Breads

GRILL

PIZZA

SIDES

	MON	TUES	WED	THURS	FRI
MAIN	Chicken Fajitas Peppers, Onions, Salsa & Sour Cream	Quesadilla Cheese or Chicken & Cheese Salsa & Sour Cream	Curry Chicken with White Rice and Warmed Pita	Brunch for Lunch French Toast Sticks Chicken Sausage Blueberry Topping	Chicken Tikka Masala With Jasmine Rice
PASTA	Pasta in Garlic & Oil with or without Grilled Chicken	Pasta Alfredo with or without Chicken	Homemade Baked Ziti	Pasta Primavera with Zucchini & peppers	Buttered Pasta with or without Grilled Chicken
GRILL	BLT Chicken Ranch Sandwich	Grilled Vegetable Panini	Chipotle Cheeseburger	Sriracha Crunch Chicken Sandwich	Ham & Cheese Bagel Melt
PIZZA	White Pizza	Pepper & Onion	Cheese Calzone	Pepperoni	Sausage & Pepper
SIDES	Sweet Corn Steamed String Beans French Fries	Black Beans Roasted Broccoli French Fries	Roasted Garbanzo Beans Sauteed Kale French Fries	Winter Squash Glazed Carrots Hash Browns	Roasted Cauliflower Roasted Brussel Sprouts French Fries



Available Daily
 Assorted Pizzas, Hamburgers, Cheeseburgers,
 And made to order Deli Bar with Boar's Head
 Grab & Go Yogurg parfaits, Homemade Smoothies
 Sandwiches & Salsds

Rotating Seasonal Fresh Fruit & Vegetables
 If you would like to view menu items nutritional informaion, please navigate to the folling site and choose the following building and click Today's Lunch and change view to weekly [Rye Neck UFSD Dining - Rye Neck UFSD Dining](#)

First Meal Free for Students
 All Lunches Include:
 Whole Grains, Meat/Meat Alternative, Vegetables, Fresh Fruit, 100% Juice and 1% White, Skim White or Skim Chocolate (no high fructose corn syrup)

This institution is an equal opportunity provider