Whitehall-Coplay School District
Middle School Lunch Menu

January 2026

Monday	Tuesday	Wednesday	Thursday	Friday
29 SCHOOL CLOSED	**30** SCHOOL CLOSED	**31** SCHOOL CLOSED	**1** HAPPY NEW YEAR	**2** SCHOOL CLOSED
bravo! **Cyclone Street Noodles!** Lo mein noodles served with choice of chicken or pork, stir-fry cabbage, sautéed red pepper, veggie stir-fry, or steamed broccoli. Tossed with sweet chili, soy garlic, or orange sauce. Customizable for (V)				
5 Cheeseburger Tater Tot Bowl Customizable for (V) **FEATURED VEGGIES** Buttered Corn Pasta Salad	**6** Orange Chicken with Scallions over Fried Rice **FEATURED VEGGIES** Sesame Green Beans Strawberry Spinach Salad	**7** Baked Potato Bar Baked Potato topped with Smokey Beef Chili or Taco Chicken, Fresh Toppings **FEATURED VEGGIES** BBQ Baked Beans Coleslaw	**8** Chili Cheese Corn Dog Elote Corn Dog **FEATURED VEGGIES** Curly Fries Tomato Mozzarella Salad	**9** Buffalo Chicken Dip with Tortilla Chips **FEATURED VEGGIES** Lemon-Parmesan Broccoli Cucumber Slices
bravo! **Texas Smokehouse!** Choice of dry-rubbed BBQ chicken or pork, ranch taters, zesty country green beans, BBQ baked beans, slaw, and melons. Choice of Kaiser roll or corn bread, and a variety of BBQ sauces.				
12 Hand-Rolled Meatballs with a Dinner Roll Rotini Marinara (V) **FEATURED VEGGIES** Seasoned Broccoli Tomato Mozzarella Salad	**13** Beef or Chicken Nachos Grande with Yogurt Cumin Crème **FEATURED VEGGIES** Ranch Refried Beans Fresh Pico de Gallo	**14** Chicken Tenders w/ Seasoned Rice **FEATURED VEGGIES** Buttered Carrots Garden Side Salad	**15** Build-Your-Own Breakfast Sandwich Customizable for (V) **FEATURED VEGGIES** Tri Hash Brown Fresh Cucumbers	**16** Cheese Filled Breadsticks with Tomato Soup **FEATURED VEGGIES** Seasoned Peas Caesar Salad
bravo! **Mac & Cheese!** Noodles with choice of house-made cheese sauce. Add taco beef, pulled pork, buffalo chicken, or chili. Served with roasted lemon-parmesan broccoli, sauteed red peppers, and choice of shredded cheese. Customizable for (V)				
19 SCHOOL CLOSED	**20** Taco Bar Beef or Chicken, Hard or Soft Shell Tortillas, Spanish Rice Fresh Toppings Bar **FEATURED VEGGIES** Seasoned Black Beans Corn Salad	**21** Southwest Chicken Mash Bowl Cornbread Loaf **FEATURED VEGGIES** Ranch Mashed Potatoes Mexicali Corn	**22** Chicken Alfredo served over Penne Pasta w/ Garlic Toast **FEATURED VEGGIES** Steamed Broccoli Tomato Mozzarella Salad	**23** Chicken Cheesesteak Buffalo Chicken Cheesesteak **FEATURED VEGGIES** Seasoned Potato Wedges Macaroni Salad
bravo! **Loaded Potatoes!** Fresh Cut Seasoned Potato Wedges, Topped with Choice of Cheddar Cheese Sauce, White Cheese Sauce, Taco Seasoned Beef, Buffalo Chicken, BBQ Pulled Pork. Cold Toppings and Sauces. Customizable for (V)				
26 General Tso's chicken over Vegetable Fried Rice Vegetable Stir Fry (V) **FEATURED VEGGIES** Steamed Broccoli Lo Mein Salad	**27** BBQ Chicken Mashed Potatoes with Gravy Cornbread **FEATURED VEGGIES** Buttered Corn Potato Salad	**28** Nashville Hot Chicken and Waffles **FEATURED VEGGIES** Sweet Potato Tots Coleslaw	**29** Homemade Macaroni and Cheese Bar Customizable for (V) **FEATURED VEGGIES** Stewed Tomatoes Caesar Salad	**30** Loaded Pierogis Customizable for (V) **FEATURED VEGGIES** Mixed Vegetables Cherry Tomatoes

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free white, fat-free chocolate.

Daily Alternates

Hamburger/Cheeseburger on a Bun

Chicken Patty on a Bun

Specialty Grill Item

Chef Fresh Sandwiches and Salads

Cheese or Pepperoni Pizza

Specialty Pizza

PB&J

bravo!

Bravo- Monday, Wednesday & Friday (Menu Posted Weekly)

Super Subs (Tuesdays and Thursdays) at Bravo

Traveling Chef Jan.14
Homemade Soup and Deli Bar

(V) Vegetarian (WG) Whole Grain
These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

(VG) Vegan
These items do not contain any animal products

Contact

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Meal Prices

Student Lunch	$0.00
Reduced Lunch	$0.00

Metz CULINARY MANAGEMENT ENVIRONMENTAL SERVICES

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

