Whitehall-Coplay School District
High School Lunch Menu

January 2026

Monday	Tuesday	Wednesday	Thursday	Friday
29 SCHOOL CLOSED	**30** SCHOOL CLOSED	**31** SCHOOL CLOSED	**1** HAPPY NEW YEAR	**2** SCHOOL CLOSED
Market Street Deli! Made to order Sandwiches and Wraps, Turkey and Cheese, Ham and Cheese, Italian, American, Tuna Salad, Chicken Salad, Egg Salad with a Variety of Cheeses and Breads.				
5 Cheeseburger Tater Tot Bowl Customizable for (V) **FEATURED VEGGIES** Buttered Corn Pasta Salad	**6** Orange Chicken with Scallions over Fried Rice **FEATURED VEGGIES** Sesame Green Beans Strawberry Spinach Salad	**7** Baked Potato Bar Baked Potato topped with Smokey Beef Chili or Taco Chicken, Fresh Toppings **FEATURED VEGGIES** BBQ Baked Beans Coleslaw	**8** Chili Cheese Corn Dog Elote Corn Dog **FEATURED VEGGIES** Curly Fries Tomato Mozzarella Salad	**9** Buffalo Chicken Dip with Tortilla Chips **FEATURED VEGGIES** Lemon-Parmesan Broccoli Cucumber Slices
Market Street Deli! Made to order Sandwiches and Wraps, Turkey and Cheese, Ham and Cheese, Italian, American, Tuna Salad, Chicken Salad, Egg Salad with a Variety of Cheeses and Breads.				
12 Hand-Rolled Meatballs with a Dinner Roll Rotini Marinara (V) **FEATURED VEGGIES** Seasoned Broccoli Tomato Mozzarella Salad	**13** Beef or Chicken Nachos Grande with Yogurt Cumin Crème **FEATURED VEGGIES** Ranch Refried Beans Fresh Pico de Gallo	**14** Chicken Tenders w/ Seasoned Rice **FEATURED VEGGIES** Buttered Carrots Garden Side Salad	**15** Build-Your-Own Breakfast Sandwich Customizable for (V) **FEATURED VEGGIES** Tri Hash Brown Fresh Cucumbers	**16** Cheese Filled Breadsticks with Tomato Soup **FEATURED VEGGIES** Seasoned Peas Caesar Salad
Market Street Deli! Made to order Sandwiches and Wraps, Turkey and Cheese, Ham and Cheese, Italian, American, Tuna Salad, Chicken Salad, Egg Salad with a Variety of Cheeses and Breads.				
19 SCHOOL CLOSED	**20** Taco Bar Beef or Chicken, Hard or Soft Shell Tortillas, Spanish Rice Fresh Toppings Bar **FEATURED VEGGIES** Seasoned Black Beans Corn Salad	**21** Southwest Chicken Mash Bowl Cornbread Loaf **FEATURED VEGGIES** Ranch Mashed Potatoes Mexicali Corn	**22** Chicken Alfredo served over Penne Pasta w/ Garlic Toast **FEATURED VEGGIES** Steamed Broccoli Tomato Mozzarella Salad	**23** Chicken Cheesesteak Buffalo Chicken Cheesesteak **FEATURED VEGGIES** Seasoned Potato Wedges Macaroni Salad
Market Street Deli! Made to order Sandwiches and Wraps, Turkey and Cheese, Ham and Cheese, Italian, American, Tuna Salad, Chicken Salad, Egg Salad with a Variety of Cheeses and Breads.				
26 General Tso's chicken over Vegetable Fried Rice Vegetable Stir Fry (V) **FEATURED VEGGIES** Steamed Broccoli Lo Mein Salad	**27** BBQ Chicken Mashed Potatoes with Gravy Cornbread **FEATURED VEGGIES** Buttered Corn Potato Salad	**28** Nashville Hot Chicken and Waffles **FEATURED VEGGIES** Sweet Potato Tots Coleslaw	**29** Homemade Macaroni and Cheese Bar Customizable for (V) **FEATURED VEGGIES** Stewed Tomatoes Caesar Salad	**30** Loaded Pierogis Customizable for (V) **FEATURED VEGGIES** Mixed Vegetables Cherry Tomatoes

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free white, fat-free chocolate.

Daily Alternates

Hamburger/Cheeseburger on a Bun

Chicken Patty on a Bun

Specialty Grill Item

Chef Fresh Sandwiches and Salads

Cheese or Pepperoni Pizza

Specialty Pizza

PB&J

bravo!

Made to Order Deli Bar Daily

Bravo- Monday & Friday (Menu Posted Weekly)

Made to Order Salad Bar (Tuesdays and Thursdays) at Bravo

Homemade Soup in a Breadbowl- Wednesdays

(V) Vegetarian (WG) Whole Grain
These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

(VG) Vegan
These items do not contain any animal products

Contact

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Meal Prices

Student Lunch	$0.00
Reduced Lunch	$0.00

Metz CULINARY MANAGEMENT ENVIRONMENTAL SERVICES

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

