



## Meet your Clinicians!!



**Jairaj (Jay) Sayani, MD, MBA, MS, FAAFP**

SPECIALTIES

Family Medicine (Board Certified), Occupational Medicine

YEARS IN PRACTICE

19

TRAINING

- Residency: West Penn Allegheny Health System, Forbes Regional Campus – Pittsburgh, PA
- Executive MBA: University of Texas at Dallas
- Masters in Exercise Physiology: Eastern Michigan University

EXPERIENCE

Dr Sayani gathers extensive experience as a physician from residency days working with challenging cases in a diverse setting in Pennsylvania to underserved area in Ohio where he saw patients in the clinic and the hospital of all ages (newborn to older adults), before moving to Texas.

He worked as a hospitalist with Baylor before starting his role as a Medical Director with Concentra and has been with them for 11 years, last 2 years of which are at the Denton ISD onsite clinic.

Being involved as subject medical expert for regulatory testing and exams with Concentra, while gaining further knowledge in various medical disciplines and certification in occupational medicine, Dr Sayani continues to apply his knowledge to care for patients in several ways.

Dr Sayani is very passionate about his patients' well being and believes in holistic approach towards their problems.

*Outside of his work with Denton ISD...*

He is married to his wife (teacher) for 25 years, blessed with 2 daughters and a dog, living in Flower Mound. He enjoys board games, playing racket games, rendering art, playing music and engages with local community in different ways.



**Toni G. Perkins, MS, APRN, FNP-C**

SPECIALTY

Board Certified Family Nurse Practitioner

YEARS IN PRACTICE

9 years as Nurse Practitioner

TRAINING/EDUCATION

- Masters (Nurse Practitioner): Texas Woman's University
- Nursing Bachelor's degree (Registered Nurse): Texas Woman's University

EXPERIENCE

Toni after graduating with her LVN license began her nursing career at Brooke Army Medical Center Ft. Sam Houston where she was assigned to Level I Trauma Center. She then started teaching as a Professor for North Central Texas College Vocational Nursing Department to educate and mentor future Nurses.

Toni continued to pursue further education in bachelor's degree for nursing and then master's for Nurse Practitioner in December 2016.

She gathered varied experience with patients of all ages while working in functional medicine, primary care, and gastroenterology before starting with Concentra at Denton ISD onsite clinic for the last year.

Toni believes in developing positive relationships with her patients, provide patient-centered care, and assisting them with their wellness goals. She wishes to empower, motivate, and educate her patients to optimize their health with a holistic approach.

*Outside of her work with Denton ISD...*

Toni is a native Texan and lives in Sanger with her husband Jonathan and their four children: Blake, Zack, Brooke, and Kash, while enjoying her time with her 6 dogs. When not in Sanger, you may find her in Disney!