

Denton ISD Employee Health and Wellness Center FAQ



1. Where are the clinics located and what are the hours?

The district partners with Concentra and has **2** convenient locations available for care.

1. Greater Denton Area

Theresa Grant Riggs Employee Wellness Center
1006 Fulton St., Denton, TX 76201
(940) 369-1380

2. 380 Corridor

East Annex Clinic
3201 U.S. Hwy 380, Ste. 105, Cross Roads, TX 76227
(940) 248-9628

The Center Hours are the same for both locations.

Monday through Wednesday: 8 AM to 5 PM

Thursday: 8 AM to 6 PM

Friday: 8 AM to 4 PM

2. How to Schedule an Appointment

You can schedule an appointment by **calling**:

- (940) 369-1380 for Theresa Grant Riggs Wellness Center, Denton
- (940) 248-9628 for East Annex Clinic, 380 Corridor

Or, you can use the MyChart Mobile App to select your preferred location and provider (either Dr. Sayani or Toni Perkins). Please remember that in order to use MyChart, you must have received treatment at the clinic, which enables them to send you an activation code for account access.

MyChart shows real-time availability, and provider changes are not possible at check-in. If unavailable in MyChart, the provider is not free for that slot.

3. Who is staffed at the clinics?

Denton ISD partners with Concentra. The clinics are staffed by two medical providers, Dr. Jairaj Sayani and Toni Perkins, APRN, FNP-C, along with two medical assistants and a Clinic Director.



4. What services are Available?

Urgent Care Services

Urgent care services address illnesses or injuries that aren't emergencies, but still need prompt medical attention.

All Denton ISD employees, their spouses, and dependent children under the age of 26 can access these services for a fee of **\$30 per visit**. No insurance is required or billed.

Primary Care Services

Primary care services encompass preventive care, wellness support, and treatment for common chronic conditions; and are **available only for employees and dependents enrolled in the district's medical insurance through BlueCross BlueShield of Texas (BCBSTX)**.

- If you are on an **HMO Plan**, you must designate Dr. Sayani or Toni Perkins as your PCP to utilize primary care services at the clinic for no charge.
- HMO members who have not chosen the clinic as their PCP can still receive urgent care services at no charge.

Members enrolled in the **High Deductible/PPO Plan** are welcome to establish primary care services with any of the providers, as a PCP designation is not necessary under this plan.

Workers' Compensation Services

Workers' Compensation Services are available to **all Denton ISD employees** who sustain an injury while on the job.

6. Does the clinic charge fees?

- Employees, spouses, and dependent children under the age of 26 who are **not enrolled in the district's medical plan** will incur a **\$30 fee per visit** for **urgent care services**.
- For employees and covered dependents **enrolled in the BCBSTX High Deductible/PPO Plan**, there is a **\$10 fee per visit** for **both urgent care and primary care services**.
- Employees and covered dependents who **choose one of the district's BCBSTX HMO plans** are **not charged** for **urgent care and primary care services**.



7. Choosing a BCBSTX PCP on the District's Medical Plan

If you're enrolled in the district's medical plan, you may be curious about how to select a clinic provider as your BCBSTX PCP.

Changing Your PCP

You can change your BCBSTX PCP at any time, even outside the annual enrollment period.

To update your PCP, please follow these steps:

- Call BCBSTX at (877) 299-2377 or use the BCBSTX Mobile app.
- Note: Changes will take effect on the first of the following month.
- If you wish to assign Dr. Sayani or Toni Perkins as your PCP, you must provide BCBSTX with the following information:

1. **Jairaj Sayani, MD**

PCP ID: H08UP84401

2. **Toni Perkins, APRN, FNP-C**

PCP ID: H08XG20601

Once you choose Dr. Sayani or Toni Perkins as your BCBSTX PCP, you can start receiving PCP services at the clinic. After you establish care, you should schedule follow-ups with the same provider to maintain continuity.

8. Questions?

Contact the **Benefits Team** at (940) 369-0028 or benefits@dentonisd.org

