

# January 2026



## Lunch Menu

Lenape Regional School District

(all side items are available with every meal)

### CAFÉ CONTACT INFO:

Food Service Director:  
Sue Sarlo  
len@nsfm.com  
Phone: 856-983-5141

### You can choose:

- 1 Entrée
- 1 or 2 Fruit Choices
- 1 or 2 Vegetable Choices
- 1 Milk Choice
- You Must Choose**  
**1 Fruit or Vegetable**

### FEATURED ENTRÉE

Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
<b>LOADED BACON CHEDDAR PEROGIES</b> DINNER ROLL SEASONED GREEN BEANS	<b>TACO BAR ASSORTED MEATS</b> LIME CILANTRO RICE CORN SEASONED BEANS	<b>WESTERN BURGER</b> SPIRAL FRIES BAKED BEANS MIXED VEGETABLES	<b>GENERAL TSO CHICKEN</b> LO MEIN NOODLES STEAMED BROCCOLI	<b>STUFFED CRUST PIZZA</b> FRENCH FRIES SEASONED CARROTS
Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
<b>CHICKEN TENDERS w/ BISCUIT</b> POTATO WEDGES SWEET GREEN PEAS	<b>TACO BAR ASSORTED MEATS</b> LIME CILANTRO RICE CORN SEASONED BEANS	<b>MEATBALLS w/ PASTA</b> GARLIC BREAD SEASONED GREEN BEANS	<b>BREAKFAST CROISSANT</b> HASHBROWN WARM CINNAMON APPLES	<b>PIZZA CRUNCHERS</b> WAFFLE FRIES ROASTED ZUCCHINI
Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
<b>SCHOOL CLOSED</b>	<b>TACO BAR ASSORTED MEATS</b> LIME CILANTRO RICE CORN SEASONED BEANS	<b>CHICKEN NUGGETS w/ BISCUIT</b> GARLIC PARM PASTA SEASONED GREEN BEANS	<b>BUFFALO CHICKEN CHEESESTEAK</b> TATOR TOTS OVEN ROASTED BROCCOLI	<b>SINGLE SESSION</b> BREAKFAST AND SNACKS WILL BE AVAILABLE
Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30
<b>SINGLE SESSION</b> BREAKFAST AND SNACKS WILL BE AVAILABLE	<b>TACO BAR ASSORTED MEATS</b> LIME CILANTRO RICE CORN SEASONED BEANS	<b>STEAK SANDWICH</b> FRENCH FRIES w/ CHEESE SAUCE MIXED VEGETABLES	<b>MAC &amp; CHEESE BAR</b> ASSORTED MEATS STEAMED BROCCOLI	<b>FRENCH BREAD PIZZA</b> SPIRAL FRIES SWEET GREEN PEAS
Monday	Tuesday	Wednesday	Thursday	Friday

MILK CHOICES: 1% WHITE, NON-FAT CHOCOLATE, NON-FAT STRAWBERRY

ALL MEALS ARE SERVED WITH VEGETABLE, FRUIT & MILK

\$4.25	\$4.25	\$5.00	Fruit Choice	Vegetable Patch
FEATURE MEAL OF THE DAY CHICKEN PATTY SPICY CHICKEN PATTY CHEESEBURGER HAMBURGER SMUCKERS PB&J	ASST DELI ASST SALAD PLATTERS HUMMUS PLATTER ASST WRAPS	PREMIUM MEAL OF THE DAY BIG DADDY'S PIZZA <b>\$5.50</b> PANZAROTTI MEAL	FRESH APPLE FRESH ORANGE ASST FRUIT CUP ASST FRUIT JUICE	BABY CARROTS BROCCOLI BITES CHERRY TOMATOES GREEN PEPPERS CUCUMBERS CORN SALAD CHIC PEA SALAD

\*Menu subject to change  
This institution is an equal opportunity provider.  
ADULT MEALS ADD \$1.00  
STUDENT SECOND ENTRÉE \$2.75

If you are eligible for Free/Reduced Lunch then  
You are eligible for Free/Reduced Breakfast

