

# ARDSLEY HIGH SCHOOL ROTATING DROP SCHEDULE

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TUESDAY, DECEMBER 16, 2025 - ARDSLEY BOARD OF EDUCATION

# Background - Challenge Success Committee

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2018 - 2020

- Multiple committee members are still teachers at AHS and are parents in the community.
- Charged with looking at scheduling options for AHS.
- Researched multiple schedules, visited surrounding schools, and deliberated multiple scheduling ideas.
- Recommended a change to “Rotating Drop Schedule”
- AHS was “set to go” with new schedule based on committee’s recommendations. Went as far as presentation to the Board.
- Plans stalled due to COVID and leadership transitions



# Entry Plan 2025

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## Feedback themes at AHS:

- Create a schedule where everyone eats lunch.
- Better align transportation to the schedule at AHS. Late bus means longer and later ride.
- Keep time in the school day for teachers and students to interact on an individualized basis for extra help.
- Slow down the pace of the day and create time for deeper learning.
- Provide additional opportunities for taking elective classes without having to sacrifice lunch.
- Increase offerings of elective classes.
- Moderate volume of homework.



# Philosophical Foundations

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**“If we teach today’s students as we did yesterday’s,  
we rob them of tomorrow.”**

**– John Dewey**



# Benefits of Rotating Drop Schedule

- Longer periods for improved, varied instruction  
Moving from 44 to 57 minutes of instruction
- Increase of instructional time per year
- Less frenetic pace of the day, decreased number of transitions
- Daily lunch for all students
- Daily homework load reduced since not all classes meet every day
- Increased access to extra help and support centers - “9th Period Plus”
- More time for teachers and students to meet during school hours
- Transportation closer to the beginning and end of the school day
- Rotating class time slots. Not the same class at the same time each day
- Decrease in student pull-out from courses for music, guidance, etc.
- Opportunities to take additional courses. Eight classes instead of seven



# Ask a Friend

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**This is not new or experimental. Schedules like the one we are proposing have become the industry standard. Several parents report having similar schedule in high school more than 20 years ago.**

**Some schools we spoke to are a decade or more into their drop schedule. Some surrounding districts have moved, and others are moving now.**

**High Schools who make this transition do not go back.**



# Regular Daily Schedule

**REGULAR DAILY SCHEDULE - 57 Minutes - 3 minutes passing**

<b>TIME BLOCK</b>	<b>DAY A</b> Blue and Gold	<b>DAY B</b> Blue and Gold	<b>DAY C</b> Blue and Gold	<b>DAY D</b> Blue and Gold
7:42 - 8:39	PERIOD 1	PERIOD 4	PERIOD 3	PERIOD 2
8:42 - 9:39	PERIOD 2	PERIOD 1	PERIOD 4	PERIOD 3
9:42 - 10:39	PERIOD 3	PERIOD 2	PERIOD 1	PERIOD 4
<b>10:40 - 11:40</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
11:40 - 12:37	PERIOD 5	PERIOD 8	PERIOD 7	PERIOD 6
12:40 - 1:37	PERIOD 6	PERIOD 5	PERIOD 8	PERIOD 7
1:40 - 2:37	PERIOD 7	PERIOD 6	PERIOD 5	PERIOD 8



# Regular Daily Schedule - Morning in Detail -

**REGULAR DAILY SCHEDULE - 57 Minutes - 3 minutes passing**

TIME BLOCK	DAY A Blue and Gold	DAY B Blue and Gold	DAY C Blue and Gold	DAY D Blue and Gold
7:42 - 8:39	PERIOD 1	PERIOD 4	PERIOD 3	PERIOD 2
8:42 - 9:39	PERIOD 2	PERIOD 1	PERIOD 4	PERIOD 3
9:42 - 10:39	PERIOD 3	PERIOD 2	PERIOD 1	PERIOD 4

There are four courses students are scheduled to have in the morning (prior to lunch):

- All of these courses “rotate” through the three morning time slots during the week.
- One morning course “drops” each day.
- Hence the name “rotating drop.”



# Regular Daily Schedule - Afternoon in Detail -

**REGULAR DAILY SCHEDULE - 57 Minutes - 3 minutes passing**

TIME BLOCK	DAY A Blue and Gold	DAY B Blue and Gold	DAY C Blue and Gold	DAY D Blue and Gold
11:40 - 12:37	PERIOD 5	PERIOD 8	PERIOD 7	PERIOD 6
12:40 - 1:37	PERIOD 6	PERIOD 5	PERIOD 8	PERIOD 7
1:40 - 2:37	PERIOD 7	PERIOD 6	PERIOD 5	PERIOD 8

There are four courses students are scheduled to have in the afternoon (after lunch). As is true in the morning, in the afternoon:

- All of the afternoon courses “rotate” through the three afternoon time slots during the week.
- One afternoon course “drops” each day.



# UNIT LUNCH

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- “Period 9 Plus”
- Full hour to take a break from classes, eat lunch, and access resources.
- Writing, Math, Social Studies, Science Centers available for students to access.
- Less rushing increases safety for seniors who decide to leave campus for lunch.
- Teachers available for extra help.
- Music rehearsals can occur during this time.
- Library will be open for students to meet to study or complete group projects.
- We will have plenty of seating for all students to eat lunch.
- Our food service provider will be ready feed everyone efficiently. They already serve unit lunches in multiple other districts.



# Hour Late Opening - We plan to continue the current practice of a late opening each Friday. Teachers will meet from 7:42 - 8:42 each Friday morning for planning and development.

## CURRICULUM DAY SCHEDULE - Curriculum Day (CD) (7:42am - 8:42am) - 47 Minutes - 3 minutes Passing

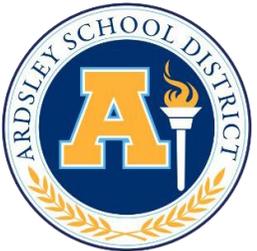
TIME BLOCK	DAY A Blue and Gold	DAY B Blue and Gold	DAY C Blue and Gold	DAY D Blue and Gold
8:42 - 9:29	PERIOD 1	PERIOD 4	PERIOD 3	PERIOD 2
9:32 - 10:19	PERIOD 2	PERIOD 1	PERIOD 4	PERIOD 3
10:22 - 11:09	PERIOD 3	PERIOD 2	PERIOD 1	PERIOD 4
11:10 - 12:10	Lunch	Lunch	Lunch	Lunch
12:10 - 12:57	PERIOD 5	PERIOD 8	PERIOD 7	PERIOD 6
1:00 - 1:47	PERIOD 6	PERIOD 5	PERIOD 8	PERIOD 7
1:50 - 2:37	PERIOD 7	PERIOD 6	PERIOD 5	PERIOD 8



# What is “Blue and Gold”?

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- Our current schedule has an “A” Day and a “B” day. Students currently have physical education or science lab on alternating days during the same period depending on the letter of that day.
- We currently schedule our science classes well above the NYS required time for science. As a result, our science scores are very strong. We did not want to lose that advantage of our schedule as we transition to a rotating drop model.
- In the new schedule we could no longer call these “A” and “B” days since there are already “A” and “B” days built into the Rotating Drop model.
- So.....we decided to call them “Blue” and “Gold” days.
- **Students will know (for example) that on a Blue Day they have a science lab class during particular period of the day and on a Gold Day they have Physical Education during that same period (or vice versa).**



# Current Student Schedule (Senior) - Straight 9 Periods

**REGULAR DAILY SCHEDULE - 44 Minutes - 3 minutes passing**

**NO LUNCH**

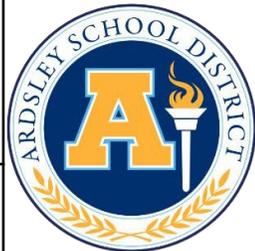
<b>Time</b>	<b>Course</b>
<b>Period 1 7:55 - 8:39</b>	<b>AP French</b>
<b>Period 2 8:46 - 9:30</b>	<b>US History 12</b>
<b>Period 3 9:33 - 10:17</b>	<b>SUPA Forensics</b>
<b>Period 4 10:20 - 11:04</b>	<b>AP Psychology</b>
<b>Period 5 11:07 - 11:51</b>	<b>Calculus</b>
<b>Period 6 11: 54- 12:38</b>	<b>English 12</b>
<b>Period 7 12:41 - 1:25</b>	<b>Lab A/Physical Education</b>
<b>Period 8 1:28 - 2:12</b>	<b>AP Biology</b>
<b>Period 9 2:15 - 2:52</b>	<b>Extra Help</b>

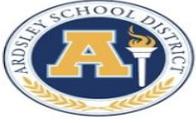


# Same Student Schedule (Senior) In Rotating Drop

## Same schedule **with Lunch**

TIME BLOCK	DAY A - Blue MONDAY	DAY B - Blue TUESDAY	DAY C - Blue WEDNESDAY	DAY D -Gold THURSDAY	DAY A (Gold) FRIDAY Curriculum Day
7:42 - 8:39	<b>AP French</b>	AP Psychology	SUPA Forensics	US History 12	<b>AP French</b> 8:42 - 9:29
8:42 - 9:39	US History 12	<b>AP French</b>	AP Psychology	SUPA Forensics	US History 12 9:32-10:19
9:42 - 10:39	SUPA Forensics	US History 12	<b>AP French</b>	AP Psychology	SUPA Forensics 10:22 -11:09
10:40 - 11:40	<b>Lunch/Extra Help</b>	<b>Lunch/Extra Help</b>	<b>Lunch/Extra Help</b>	<b>Lunch/Extra Help</b>	<b>Lunch/Extra Help</b> 11:10-12:10
11:40 - 12:37	Calculus	AP Biology	AP Bio Lab (Blue)	<b>English 12</b>	Calculus 12:10 - 12:57
12:40 - 1:37	<b>English 12</b>	Calculus	AP Biology	Physical Education (Gold)	<b>English 12</b> 1:00 - 1:47
1:40 - 2:37	AP Bio Lab (Blue)	<b>English 12</b>	Calculus	AP Biology	PE (Gold) 1:50 - 2:37





# ARDSLEY HIGH SCHOOL ROTATING DROP SCHEDULE

**SEPTEMBER - 2026**

M	T	W	T	F CD
		2 ALL	3 A	4 B (N)
X	8 C	9 D	10 A	11 B
14 C	15 D	16 A	17 B	18 C
X	22 D	23 A	24 B	25 C
28 D	29 A	30 B		

**OCTOBER - 2026**

M	T	W	T	F CD
			1 C	2 D
5 A	6 B	7 C	8 D	9 A
12 X	13 B	14 C	15 D	16 A
19 B	20 C	21 D	22 A	23 B
26 C	27 D	28 A	29 B	30 C

**NOVEMBER - 2026**

M	T	W	T	F CD
2 D	3 X	4 A	5 B	6 C
9 D	10 A	11 X	12 B	13 C
16 D	17 A	18 B	19 C	20 D
23 A	24 B	25 HD	26 X	27 X
30 C				

**DECEMBER - 2026**

M	T	W	T	F CD
	1 D	2 A	3 B	4 C
7 D	8 A	9 B	10 C	11 D
12 A	13 B	14 C	15 D)	16 A
21 B	22 C	23 D	24 X	25 X
28 X	29 X	30 X	31 X	

**JANUARY - 2027**

M	T	W	T	F CD
				1 X
4 A	5 B	6 C	7 D	8 A
11 B	12 C	13 D	14 A	15 B
18 X	19 C	20 D)	21 A	22 B
25 C	26 D	27 A	28 B	29 C

**FEBRUARY - 2027**

M	T	W	T	F CD
1 D	2 A	3 B	4 C	5 D
8 A	9 B	10 C	11 D	12 A
15 X	16 X	17 X	18 X	19 X
22 B	23 C	24 D	25 A	26 B

**MARCH - 2027**

M	T	W	T	F CD
1 C	2 D	3 A	4 B	5 C
8 D	9 A	10 X	11 B	12 X
15 C	16 D	17 A	18 B	19 C
22 X	23 X	24 X	25 X	26 X
29 D	30 A	31 B		

**APRIL - 2027**

M	T	W	T	F CD
			1 C	2 D
5 A	6 B	7 C	8 D	9 A
12 B	13 C	14 D	15 A	16 B
19 C	20 D	21 A	22 X	23 X
26 B	27 C	28 D	29 A	30 B

**MAY - 2027**

M	T	W	T	F CD
3 C (Y)	4 D (Y)	5 A (N)	6 B (N)	7 C (N)
10 D (N)	11 A (Y)	12 B (Y)	13 C (Y)	14 D (Y)
17 A (N)	18 B (N)	19 C (N)	20 D (N)	21 A (Y)
24 B (Y)	25 C (Y)	26 D (Y)	27 A (N)	28 B (N)
31 X				

**NOVEMBER - 2026**

M	T	W	T	F CD
2 D	3 X	4 A	5 B	6 C
9 D	10 A	11 X	12 B	13 C
16 D	17 A	18 B	19 C	20 D
23 A	24 B	25 HD	26 X	27 X
30 C				

**June - 2027**

M	T	W	T	F CD
	1 C	2 D	3 A	4 B
7 C	8 D	9 A	10 B	11 C
14 D	15 ALL	16 ALL	17 ALL	18 X
21 HD	22 HD	23 HD	24 HD	25 HD



# DAILY SCHEDULE BY THE NUMBERS

## PER COURSE INSTRUCTIONAL TIME COMPARISON

	Minutes per 8-day Cycle Straight 9	Minutes Per 8-day Cycle Rotating Drop	Minutes per School Year (22.5 Cycles) Straight 9	Minutes per School Year (22.5 Cycles) Rotating Drop	Difference in Annual Minutes	Percent Difference
ENG / SS / MATH / WL	344	332	7,740	7,470	-270	-3.49%
SCIENCE	516	503	11,610	11,318	-292	-2.52%

## TOTAL INSTRUCTIONAL TIME (model assumes student take a full schedule and take lunch)

Current Straight 9 Per Day	Future Rotating Drop Per Day	180 Day School Year Straight 9	180 Day School Year Rotating Drop	180 Day School Year Difference	Increase in Total Instructional Time Under Rotating Drop
308 minutes	342 minutes	55,440 minutes	61,560 minutes	+ 6,120 minutes	+ 11.04%

- ***There is an 11% total increase in instructional minutes each year due to the addition of an 8th class (students currently take 7 classes).***
- ***Each individual course loses 2.5-3.5% of instructional minutes annually. However, with fewer transitions during the day, we are able to recover much of this lost instructional time from each individual course.***



# Budget Implications

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- Additional teachers
- Professional development time

Teachers will need time to rework lessons to effectively teach in a 57 minute period and to remap curriculum.
- Curriculum writing time

We will be adding elective courses, AP Courses, and potentially requiring a course for all students based on the New York State Portrait of a Graduate.
- Transportation



# UPCOMING DATES

**BY DECEMBER 19th** - This slide deck will be posted to the district website and a letter will be sent to all AHS families with information about the Rotating Drop Schedule.

**JANUARY 7th** - Informational screencast presentation will be sent to all AHS Students and posted to the Ardsley Schools Website.

**JANUARY 8th & 9th** - AHS Teachers share 2026-2027 course options with students.

**JANUARY 13th & 14th** - In-person Q&A sessions on new schedule for AHS students.

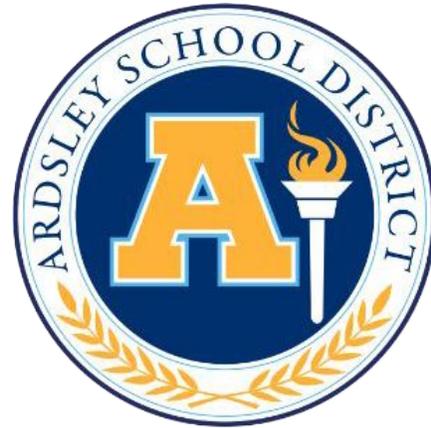
**JANUARY 19th** - Scheduling information shared with 8th Grade Students.

**JANUARY 20th - Parent Forum 6:30pm - AHS Auditorium - Short Presentation - Followed by Q&A.**

**JANUARY 21st** - Eighth Grade Orientation at AHS. Scheduling information shared with 8th Grade Families.

**FEBRUARY 1st** - Scheduling begins for 2026-2027.

**FEBRUARY - JUNE** - Additional planning and professional development.



Thank you

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