

Ardsley High School

Welcome to our Lunch Cafe

1/5/2026 - 1/9/2026

MEATLESS MONDAY
Monday

Tuesday

Wednesday

Thursday

Friday



Homemade Mac & Cheese
pasta in cheese sauce, garnished with parsley
Sautéed Kale
Sliced Tomatoes
Fresh Orange

MEATLESS MONDAY

* Soft Tacos
Seasoned Rice
Sweet Corn
Fresh Pear



SABROSOS TACOS

*Turkey

General Tso Chicken
Noodle Bowl
freshly baked chicken in a soy ginger sauce with vegetables over noodles

Steamed Broccoli
Fresh Baby Carrots
Fresh Orange

Wing Shack Classic Buffalo Chicken Wings
Wing Shack BBQ Style Chicken Wings
Sweet Potato Fries
Celery Sticks
Fresh Apple



Chicken & Cheese Quesadilla
hand crafted grilled flour tortilla filled with juicy chicken and melty cheese
Rice & Beans
Fresh Banana

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% chilled milk



Meat Lovers Pizza
freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball

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Chicken, sausage, bacon (pork), pepperoni, ham

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



Meatball Hero
freshly baked meatballs mixed in a rich tomato sauce inside a soft roll topped with melted mozzarella

*Chicken

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Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Italian Combo Sandwich
freshly sliced cured meat and cheese on a roll topped with crisp lettuce and tomato

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Available Daily: Assorted Cold Cuts, Cheeses, Bread, Rolls, Wraps & Condiments Made to Order and ALWAYS Fresh!



NY Fruity Yogurt Parfait with Granola
Chicken Caesar Salad
Crispy Chicken Garden Salad
Apple Cinnamon Smoothie



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Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.

Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. * Menu is subject to change, notice posted when available. * In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. * This institution is an equal opportunity provider.

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