

Lunch Menu

Ardsley Middle School

January 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

**SCHOOL
CLOSED
TODAY**

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CLOSED
TODAY**

5 * Meatball Dunkers
Steamed Broccoli
Cherry Tomatoes
Dinner Rolls
Fresh Orange

*Chicken

6 *Crispy Tacos
Fiesta Corn
Black Beans
Sour Cream
Salsa
Fresh Apple



*Turkey

7 Cheesy Stuffed Bread
Sticks
Tomato Sauce
Roasted Squash
Cucumber Coins
Fresh Banana

8 Whole Grain
Pancakes with
Sausage
Crispy Potato Puffs
Mixed Kale Side
Salad
Fresh Pear



9 Wing Shack BBQ
Style Chicken Wings
Sweet Potato Fries
Celery Sticks
Carrot Dippers
Fresh Apple



12 Steamed Dumplings
Vegetable Fried Rice
Steamed Broccoli
Confetti Garbanzo
Bean Salad
Fresh Orange

13 Spicy Chicken
Sandwich
*warm spicy chicken breaded
cutlet prepared in-house*
Green Beans
Baby Carrots
Fresh Orange

14 Cinnamon French
Toast
Chicken Sausage Patty
Crispy Potato Puffs
Celery Sticks
Fresh Banana



15 Bacon Cheeseburger
Pickle Chips
Baked Potato Wedges
Cucumber Coins
Fresh Orange

16 Mozzarella Sticks
Pasta with Butter
Tomato Sauce
Steamed Zucchini
Chilled Red Pepper
Strips
Fresh Apple



20 Nashville Hot Kickin'
Chicken
Buttered Corn
Fresh Pear
Cornbread

21 General Tso Chicken
Noodle Bowl
Edamame
Chilled Red Pepper
Strips
Fresh Orange

22 Chicken and Waffles
Crispy Potato Puffs
Spinach Salad
Fresh Banana

23 Chicken Parmesan
Sandwich
Roasted Butternut
Squash
Fresh Apple

26 Homemade Pasta &
** Meatballs
Sauteed Spinach
Baby Carrots
Fresh Orange

** Chicken

27 * Nachos Grande
*tortilla chips topped with
freshly prepared mexi style
meat and cheese*
Sour Cream
Mild Salsa
Black Beans
Fresh Apple

*Turkey

28 Meltdown Cafe
Grilled Cheese with
P Bacon
Steamed Broccoli
Mixed Kale Side
Salad
Fresh Banana



29 Yard Bird Classic
Chicken Sandwich
Baked Potato Wedges
Dinner Rolls
Cherry Tomatoes
Fresh Apple



30 Incredibowls Fiesta
Chicken & Rice Bowl
*seasoned rice topped with
beans, chicken, corn and
cheese*
Steamed Carrots
Celery
Fresh Pear



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Student Meal FREE

Adult - \$5.20+tax

Choice of: Fat Free Chocolate or White, 1% White Milk

If you have any questions regarding this menu please

contact your Food Service Director Nina Ambriz:

foodservices@ardsleyschools.org



Vegetarian



Made With Natural Ingredients



Pork

Daily Lunch Offerings

Entrée Salad Variety w/dressing / Variety of Pizza (cheese, pepperoni, specialty)

Deli sandwiches

Yogurt w/Fruit & Granola Parfaits

Chicken patty sandwich

Beef Hamburger / Beef Cheeseburger on Roll

Fresh Fruit (Fruits (Sliced Apples, Oranges & Bananas) & Vegetable Variety (Dark Leafy Greens, Peppers,

Tomatoes, Carrots & Cucumbers Crudité) & Side Salads. Grains are whole wheat or whole grain

Those who qualify for free or reduced price meals enjoy breakfast and lunch with Smart Choice Made With Organic Ingredients