

Breakfast Menu

Ardasley Middle School

January
2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

**SCHOOL
CLOSED
TODAY**

**SCHOOL
CLOSED
TODAY**

5 Chocolate Chip Muffin 
Fresh Banana
100% Orange
Tangerine

6 Egg and Cheese Sandwich 
Fresh Apple
100% Orange
Tangerine

7 Fluffy Whole Grain Pancakes 
Fresh Apple
100% Apple Juice

8 Bacon, Egg and Cheese Breakfast Sandwich 
Fresh Orange
100% Apple Juice

9 Mini Blueberry Bash Waffles 
Fresh Apple
100% Orange
Tangerine

12 WW Honey Bun 
Fresh Banana
100% Apple Juice

13 Blueberry Muffin 
Fresh Apple
100% Orange
Tangerine

14 Whole Grain French Toast Slices 
Sauteed Cinnamon
Apple Slices
100% Apple Juice

15 * Sausage and Egg Sandwich
Fresh Banana
100% Apple Juice

16 Fluffy Whole Grain Pancakes 
Fresh Apple
100% Orange
Tangerine

*Chicken



20 Bagel Melt
warm bagel topped with melted cheese 
Fresh Apple
100% Orange
Tangerine

21 Apple Cinnamon Smoothie 
Fresh Banana
100% Orange
Tangerine

22 Egg and Cheese Sandwich 
Fresh Banana
Fresh Orange
100% Apple Juice

23 Whole Grain French Toast Slices 
Fresh Apple
100% Orange
Tangerine

26 Egg and Cheese Sandwich 
Fresh Apple
100% Orange
Tangerine

27 Fluffy Whole Grain Pancakes 
Fresh Apple
100% Apple Juice

28 Blueberry Muffin 
Fresh Orange
100% Apple Juice

29 Bacon, Egg and Cheese Breakfast Sandwich 
Fresh Orange
100% Apple Juice

30 Bagel Melt
warm bagel topped with melted cheese 
Fresh Apple
100% Orange
Tangerine

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Student Meal FREE

Adult - \$3.01+tax

All meals come with a choice of milk:

Fat Free Chocolate or White, 1%

White Milk

Available Daily

Assort. WG Cereals, Yogurt Parfait, Muffins, Fresh Bagels, Breakfast Bars & Fresh Egg Sandwiches

Assorted Fresh Fruit & 100% Fruit Juice

All grains listed are Whole Grain or Whole Wheat

If you have any questions regarding this menu please contact your Food Service Director Nina Ambriz:

foodservices@ardsleyschools.org

