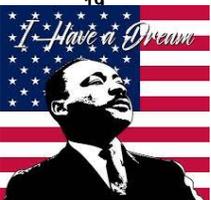




Meet Your Nutritious Friend:
Brown Rice Besties

Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal?
29 	Bring on the NEW YEAR! 		Happy New Year 2026 	2	<p>Students must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <p>Choice of Vegetable Hot vegetable, seasonal fresh vegetables</p> <p>Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk 1% white, fat-free chocolate, fat-free strawberry</p> <p>Daily Alternates Personal Cheese Pizza Uncrustable Meal</p>
5 All Beef Hot Dog Ham & Cheese FEATURED VEGGIES Green Beans	6 Chicken Fajitas Italian Hoagie FEATURED VEGGIES Corn/Beans	7 French Toast Sticks w/ Sausage Chicken Caesar Salad FEATURED VEGGIES Hash Brown	8 Cheese Pizza Bagel Meal FEATURED VEGGIES Side Garden Salad	9 Cheese Burger Turkey & Cheese FEATURED VEGGIES Mixed Veggies	
12 Pasta w/ Meat Sauce Ham & Cheese FEATURED VEGGIES Sweet Peas	13 Walking All Beef Taco Italian Hoagie FEATURED VEGGIES Refried Beans Lettuce & Tomato	14 Bacon, Egg & Cheese Breakfast Sandwich Chicken Caesar Salad FEATURED VEGGIES Tater Tots	15 Cheese Pizza Bagel Meal FEATURED VEGGIES Caesar Salad	16 Pizza Crunchers filled w/ Cheese & Sauce Turkey & Cheese FEATURED VEGGIES Glazed Carrots	
19 	20 All Beef Nacho Grande Italian Hoagie FEATURED VEGGIES Mexicali Corn	21 Chicken & Waffles Chicken Caesar Salad FEATURED VEGGIES Tater Tots	22 Cheese Pizza Bagel Meal FEATURED VEGGIES Steamed Broccoli	23 Crispy Chicken Sandwich Turkey & Cheese FEATURED VEGGIES Seasoned Carrots	
26 Pulled Pork Sandwich Ham & Cheese FEATURED VEGGIES Steamed Broccoli	27 Homemade All Beef Chili Italian Hoagie FEATURED VEGGIES Latin-Inspired Beans Golden Corn	28 Breakfast Burrito Chicken Caesar Salad FEATURED VEGGIES Sweet Potato Fries	29 Cheese Pizza Bagel Meal FEATURED VEGGIES Side Garden Salad	30 Mozzarella Sticks w/ Dipping Sauce Turkey & Cheese FEATURED VEGGIES Steamed Green Beans	

Your Team
Richele Boyce, Food Service Director
856-589-0718 ext. 1225
PIT@nsfm.com

Meal Prices
Student Lunch \$3.30
Reduced Lunch \$0.00

