

Ninety Five

**One
Step
Ahead**

OFFICE

1995 WEST FARGO HIGH SCHOOL VOLUME 95

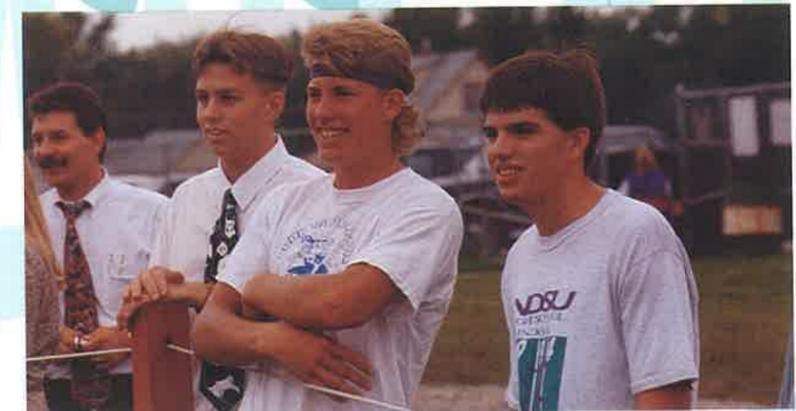
Editors-in-Chief: Cari Rauch (12)
and Mandy Westrick (12)
Junior Editors: Julia Coughlin
(11) and Jamie Smith (11)
Photo Editor: Beth Ramsett (12)
Sports Editor: Chet Decker (12)
Staff: Publications Class
Adviser: Ms. Lori Liebl



Walking on in. On the first day of school, Robyn Reed (9), Amy Sandvik (9), Amy Lester (9) and Stephanie Shelstad (9) move slowly towards the door.

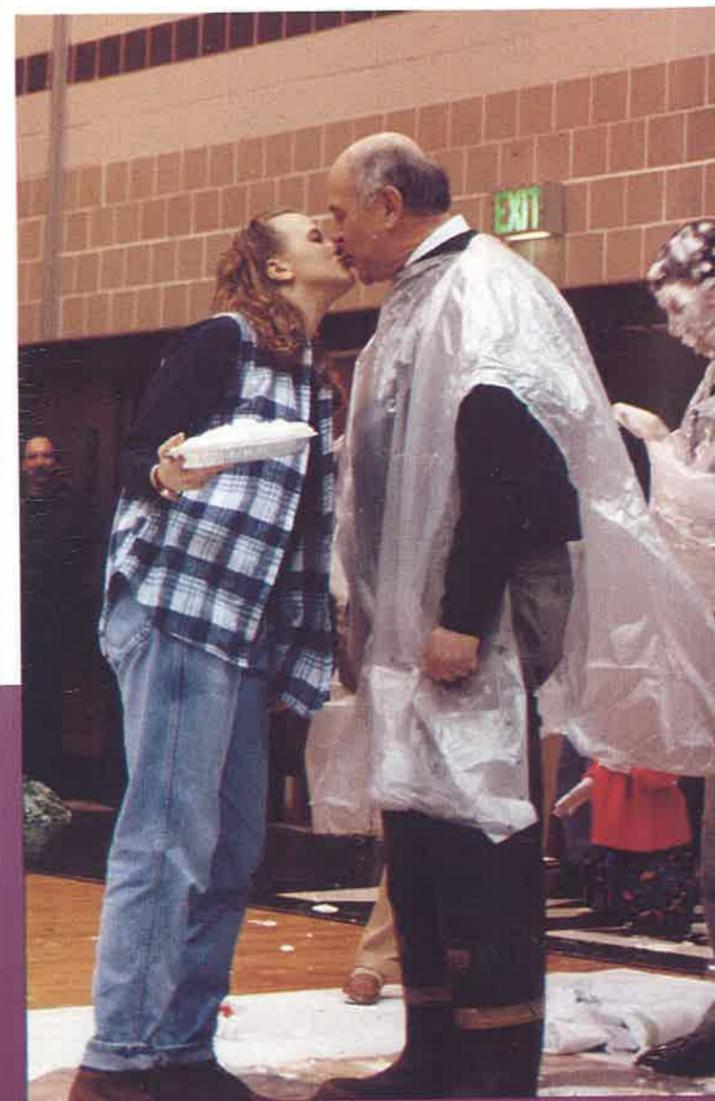
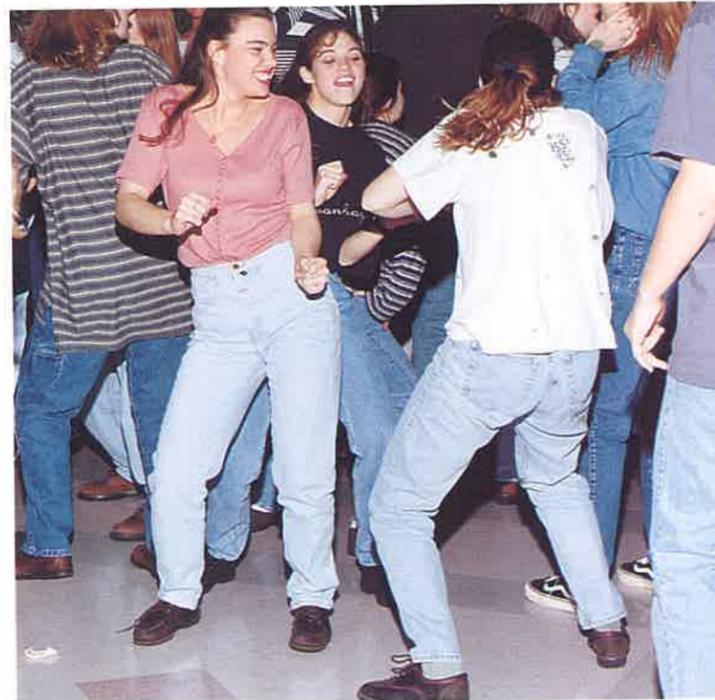
Smiling pretty. While riding in the West Fest parade, Amy Petersen (10), Anna Larson (10) and Vicky Berg (10) wave to the crowds on the street.

On the sidelines. During the Powder Puff game, Brian Mattson (12), Bradley Roux (12) and Benjamin Richard (11) watched intently as the seniors beat the juniors.



ONE STEP AHEAD

Student Life	6
Seniors	24
Juniors	50
Sophomores	60
Freshmen	72
Academics	84
Organizations	106
Sports	130



Working hard. Sitting at the computer, Josh Kitzan (10) types while Jerrod Bernath (10) helps him out.

Ah! for sweet. During the pie throwing contest, Sara Drew gives her father, Mr. Michael Drew, a kiss before she throws a pie in his face.

Move to the beat. At the NHS dance, Mandy Enzminger (12), Amy Adams (12) and Tiffany O'Hara (12) dance to the song.

ONE STEP AHEAD



As the summer of '94 came to an end, students drew one step closer towards another year of their academic career. Accomplishments achieved by the students exemplified their ability to propel themselves ahead of the crowd.

To illustrate these characteristics, the yearbook editors have selected the theme "One Step Ahead" to reflect the accomplishments of the student body.

Throughout the year, WFHS has experienced many triumphs as well as trials and tribulations.

The girls' basketball team became EDC champions and received second place at State. Following the success

in sports, the WFHS girls' cheerleaders won the Class A State Championship cheering competition. On the academic side, WFHS became the first ND high school to make Internet available for students.

Along with the triumphs, the school experienced controversy.

In order to eliminate the possibility

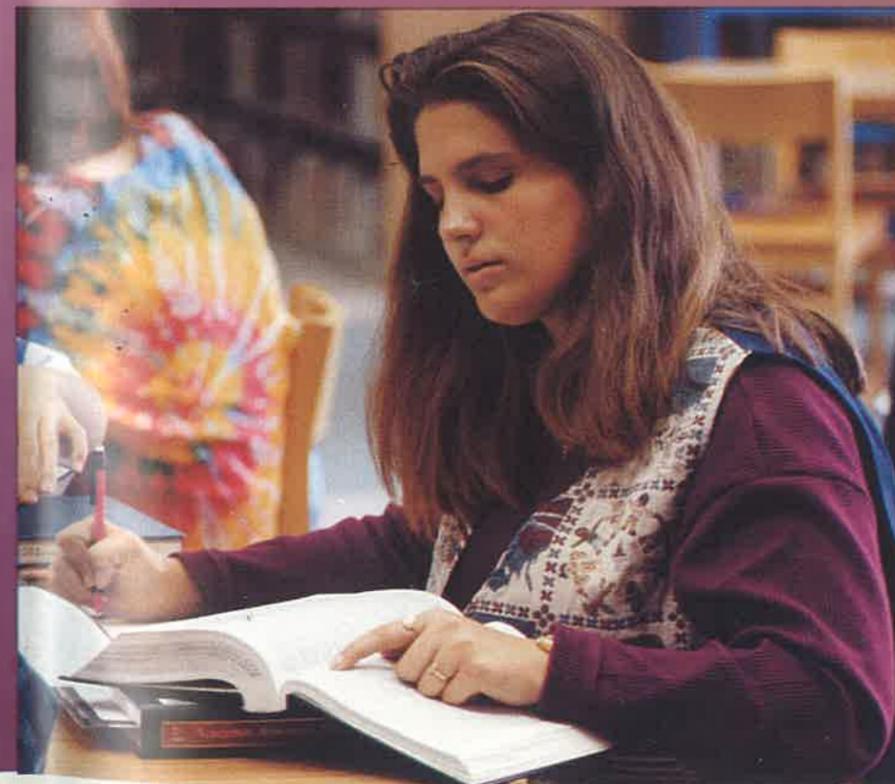
of weapon concealment, jackets were banned. The policy was repealed after student protest of unnecessary actions and classroom temperatures.

Another controversy arose during Homecoming week concerning the winner of the Powder Puff game.

During the year, there were many steps taken, whether it was in sports, academics or organizations.

Overall, it started out with "One Step Ahead" in the right direction.

By Mandy Westrick and Cari Rauch



Study, study, study. While in the library, Jeni Buchholz (10) writes down the answer to a question from the book.

Heads up. During the West Fest parade, Michael Metcalf (12) and Ryan Abrahamson (12) throw buttons at the crowd.

Attention. Waiting for her cue, Amber Preston (11) who played the white rabbit in the school play stands attentively holding on to her trumpet.



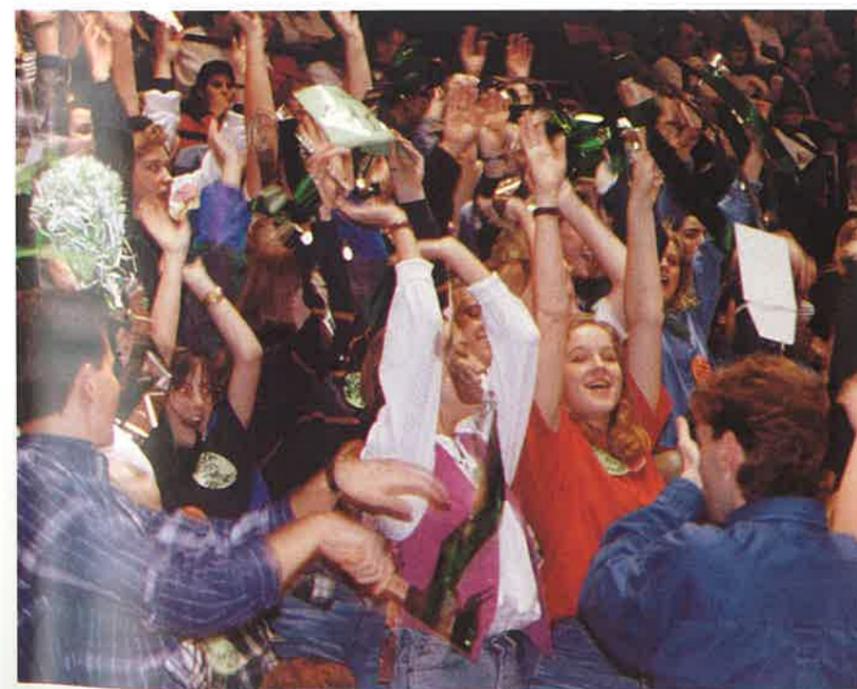
Top Ten Favorite Classes

- | | |
|---------------|------------------|
| 1. Study Hall | 6. World History |
| 2. PhyEd | 7. Algebra |
| 3. Art | 8. Spanish |
| 4. Math | 9. Choir |
| 5. English | 10. Science |

852 students surveyed

Shake it baby. During the Homecoming dance, Jake Lauritsen (12), among other students, shows his moves to the music in a funky new style.

Packers are #1. Cheering for the girls' basketball team, an avid Packer fan gives moral support to the players.



Smiling pretty. During a football game, Stephanie Frederick (10) sells balloons as a fundraiser for the Packatahnas.

Wiggalo. Screaming loud, the basketball cheerleaders get the crowd excited by doing a popular cheer that most of students knew and participated.

Packer people

With over 1,300 different faces roaming the halls each day, is it really possible to define what a true Packer is?

The various styles compose a great diversity that makes Packer people interesting.

In the fashion area, an outburst of the alternative/grunge style during the year became widespread. Feelings about this style were mixed.

"I think this whole alternative scheme has become ridiculous and can no longer be considered alternative," said Shawn VanWinkle (12).

At the high school level, maturity starts to develop, and people seem more likely to just be themselves, and be accepted for who they are.

Suzanne Dreckman (11) noticed the changes in people as they mature.

"I can remember when certain groups used to talk or make fun of you behind your back. Now people really don't care. I feel that our student body has changed a lot, maybe even for the better," said Dreckman.

The addition of the freshmen brought not only more underclassmen, but a genuine appreciation for a new, wider spectrum of education.

Robbie Lopez (9) thought the high school gave students more opportunities.

"This school is better (than the middle

school), because we get more privileges and more choices. I feel more like an adult because of the programs offered," said Lopez.

Some students feel a real sense of pride in the Packers. Michelle Nelson (10) thought the student body always showed a lot of unity and pride in their school.

"They (the student body) listen to what you do and don't like. I'm proud to support the Packers," said Nelson.

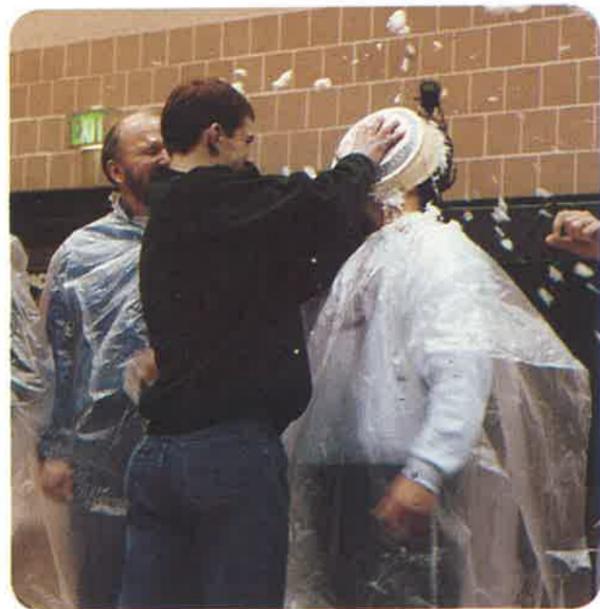
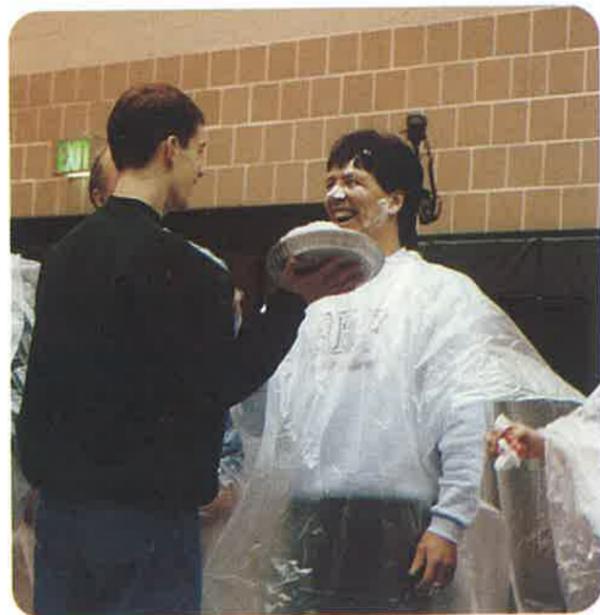
A single definition of a Packer person probably wouldn't give the student body justice. Perhaps variety really is the spice of life!

By Julia

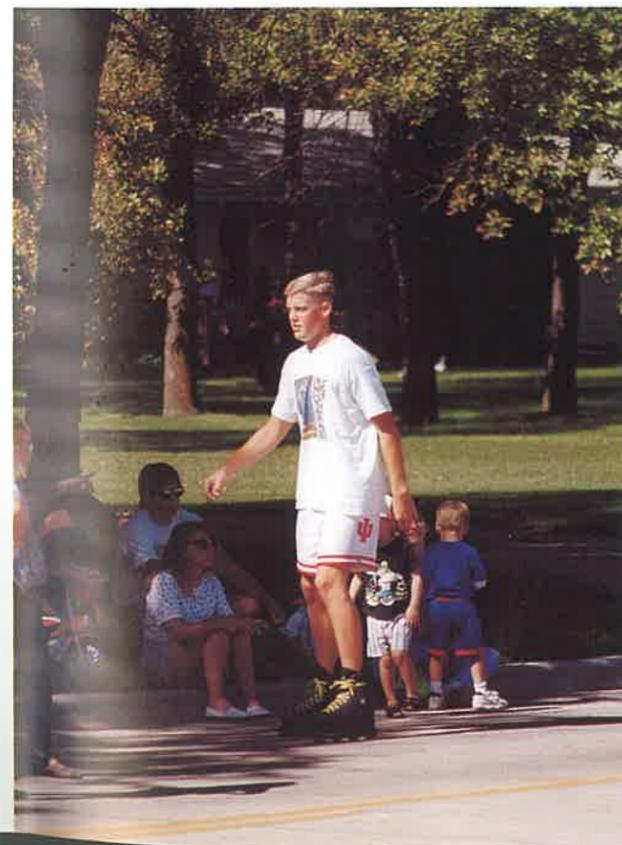
Coughlin

STEPPING Out and about

From the beginning of the year to the end, students have been out and about attending the activities at the school. These moments will forever be embedded in their memories and for this, their lives will never be the same. These steps they have taken starting at the bottom and finally reaching the top of the staircase, will show that they're One Step Ahead.



Student Life



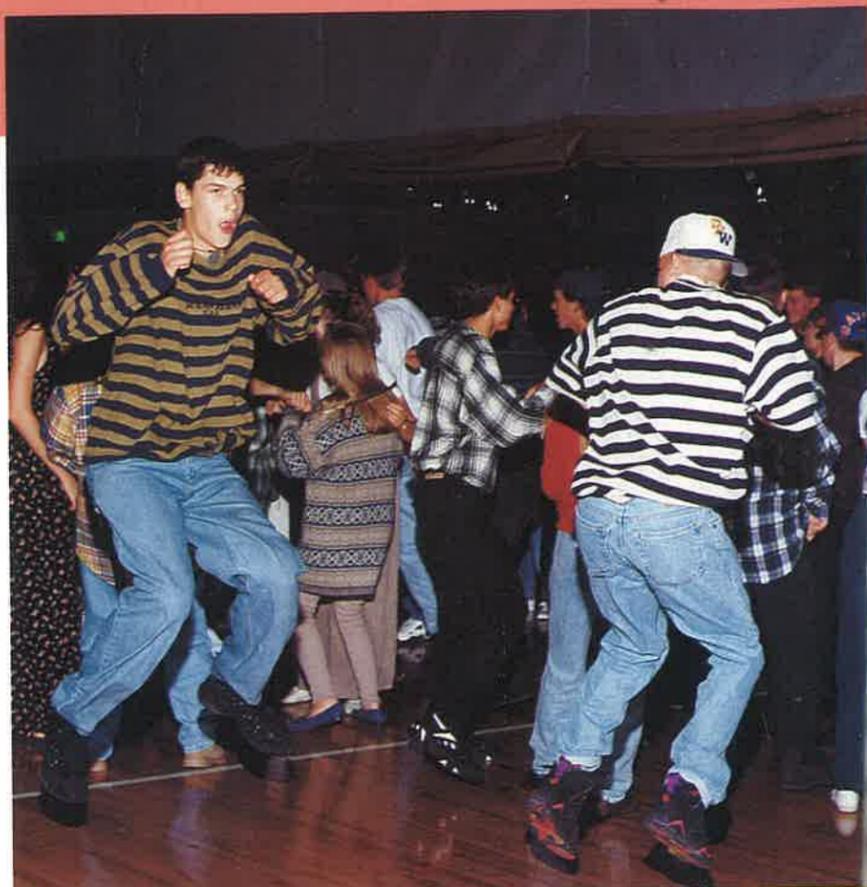
Marching on down the street. In a parade, Nichole Essary (12) and Angie Larson (12) with the rest of the Packatahns perform for the crowd.

Go Packers. Cheering for the girls' basketball team, the "Ref Crew" talk about a call the ref made.

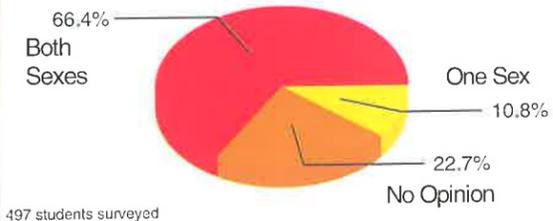
Strolling along. Rollerblading down the road, Chad Frandson (12) enjoys an afternoon of sun and fun during the summer.

Get ready - here it comes. Laughing, Mr. Steve Marquart takes a pie in the face from Todd Wagner (12).

Riding in style. After Coronation, Heather Willis (12), Chad Frandson (12) and the rest of the Homecoming court take a limo ride for fun.

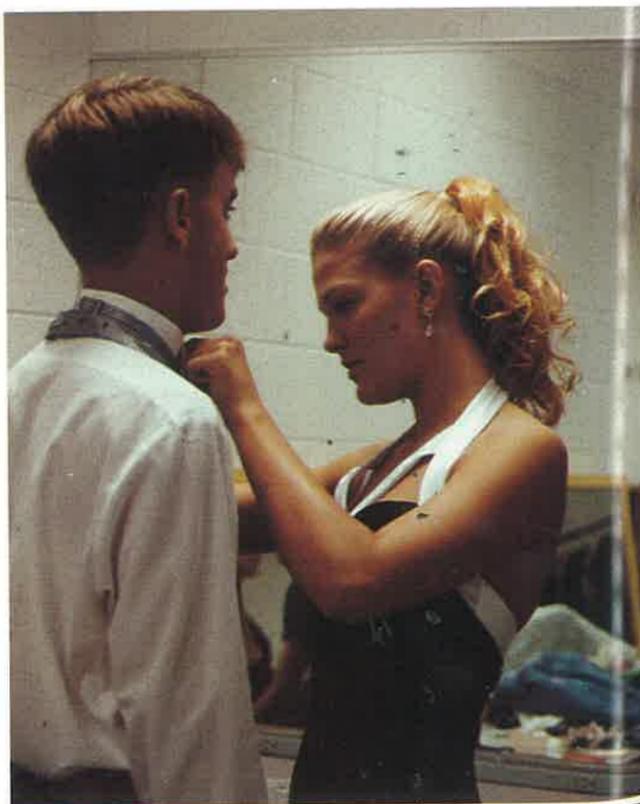


Should both sexes vote for the homecoming court?



Pump it up. During the Homecoming dance, Foreign Exchange student Anton Bezguin and Aliceo Rodriguez (10) jump up high in the air to the beat of the music.

Please do something about this tie. While getting ready, Angie Larson (12) helps John Cheney (12) get his tuxedo looking perfect for coronation.



STUDENTS Smiling To Win The Crown

The tension mounts, hearts start beating harder and all of the homecoming royalty await the announcement that could change their senior memories.

Finally, after what seemed like forever, the 1993 homecoming queen, Carri Marohl, placed the crown on Andy Sherman's head. After a slight indication to Sherman, he went and placed the other crown on the lucky lady, Heather Willis' head.

The other senior candidates were Angie Larson, Allison Bonzer, Katie Volk, Amy Hoglund, Justin McKenzie, Brian Mattson, Chad Frandson and John Cheney.

Some of the candidates weren't as calm and cool as

wasn't really nervous about winning. I was nervous of being in front of a big crowd," said Bonzer.

Although the tension was up and the court was feeling a bit jumpy as a whole, many of the nominees were eased and felt more comfortable with their close friends nearby.

"It was tense to see who would get the crown, but it didn't matter because we're all such good friends," said Larson.

Even the men of the court felt the tension and became jittery.

"I've never had to go to the bathroom worse in my whole life," said Sherman about his nervousness.

The emcees of the evening were seniors Jamie Beth Nilles and Jake Lauritsen. They repeated the serious and humorous answers given by the candidates before the ceremony.

On that magical night, seniors Erik Lien, Eric Olson, Desiree Mark and Shelby Breker shared their harmonious voices with the crowd. Before the crowning, they sang "Can You Feel the Love Tonight?" to add to the feeling and spirit of love and friendship to the evening.

"Coronation was very exciting. Having such great friends on the court made it very special," said Willis.

When the coronation ceremony was over, the finally-relaxed candidates piled into their rented limo and enjoyed an elegant dinner at the Olive Garden.

By Melisa Radford



All decked out. Homecoming court: front row, Justin McKenzie, John Cheney, Amy Hoglund and Katie Volk. Back row, Brian Mattson, Chad Frandson, King Andrew Sherman, Queen Heather Willis, Angie Larson and Alison Bonzer.

STUDENTS

Stepping

Out to Pride

Homecoming was not just a dance and a game, but a whole week of activities with the purpose of increasing spirit and bringing the school together. Unusual dress-up days and after-school activities are what make up this extraordinary week in September.

The Pep Club, under the direction of Miss Kristen Osterberg and Mrs. Nancy Peterson, organized the week and the dance. The festivities started out with Sport Fan day on Monday.

On Tuesday, free love reigned for Seventies' day. Those students willing to dress in clothes gathered from their parent's attics or from the thrift store flaunted their retro fashion sense for this colorful day. Heidi Solseng (11) thinks these special days are interesting for the observers as well as for those who take the plunge and dress up.

"You get to see people dressed really, really weird and make fun of them. It's great!" said Solseng.

Wednesday was Jersey day, with Powder Puff participants and others roaming through the halls proudly showing off their sports jerseys. That night, the senior

girls rocked the field to have a controversial victory over the junior squad for yet another year.

Thursday was Dress-Up day. People clothed themselves in their very best for this special day. Packer pride was evident everywhere Friday for Green and White day. It was also the day many students had been looking forward to, the game and the dance.

In spite of the Packers' disappointing clash with the Grand Forks Red River Roughriders, resulting in a 17-6 loss for the Pack, fans roused up plenty of support for their team.

The dance, also organized by Pep Club, had the theme "A Night in New York." A record number of tickets were sold, and more students were observed staying for longer amounts of time to dance. Stacy Hood (12) thinks that both the planning and the actual dance lived up to expectations.

"I thought it was great. Hanging out at the dance with my friends and boyfriend was a blast. Planning the whole thing was a lot of work, but we had a lot of fun in the process, and it was all worth it," said Hood.

The tradition of Homecoming Week was an exciting time in that the whole school came together to show their Packer Pride.

By Jaime Smith

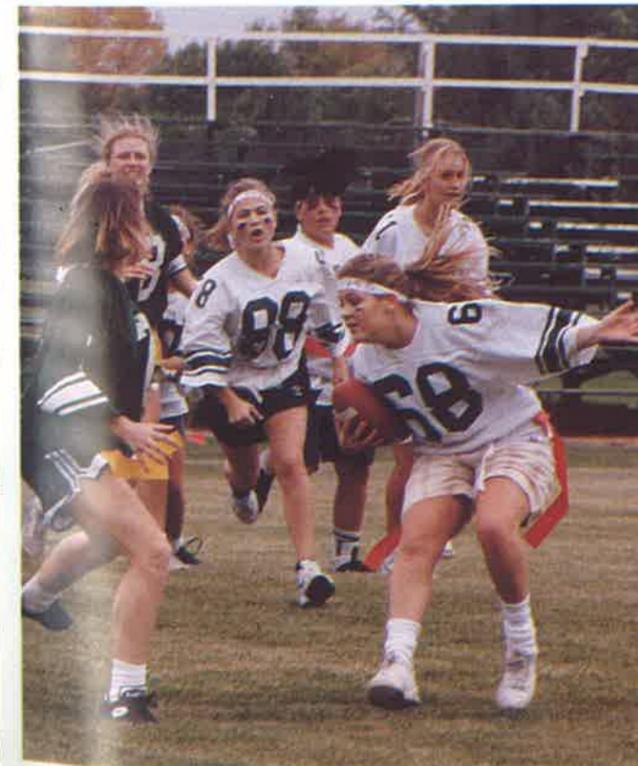


Groovy. All dressed up, Jamie Nilles (12) shows her spirit by wearing a 70's dress for the day of week where students wore 60's and 70's outfits.

Go Big Green. Standing in the crowd, Andrea Hovland (12), Chris Kelley (12) and Robin Perez (12) cheer for the football team while trying to block out the sun.



Let's go Packers. Shouting loudly, Katie Volk (12) and the other cheerleaders try to entertain the crowd during the Homecoming game.



What was the best part of the homecoming week and game?

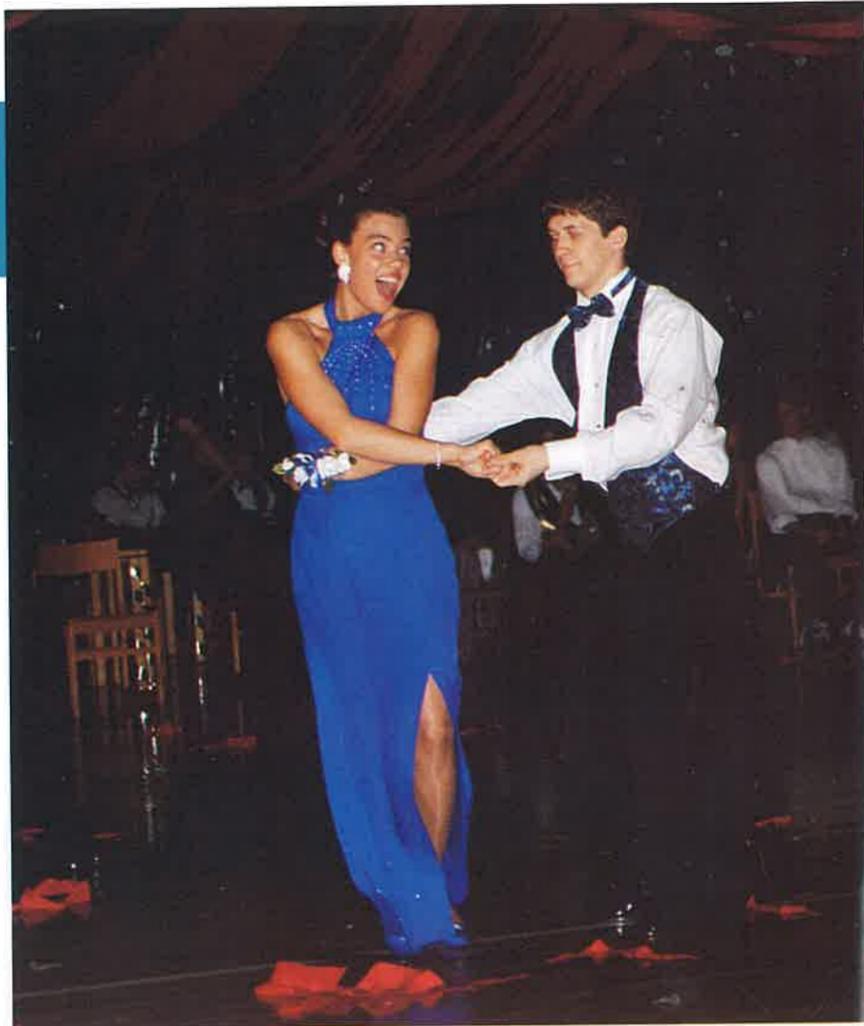
The best part was the excitement and the school spirit. -- Jana Olslund (12)

The best part was seeing people all together cheering for one team. -- Misty Tomchuk (9)

Hold it right there. During the Powder Puff game, Kari Odegard (12) makes Tiffany Kihle (11) think twice about her move while her team mates run to help out.

Look out. Watching out for the defenders, John Bernstein (11) tries to avoid being tackled by the opposing team during the Homecoming game.

Lady in red. Dancing amongst the crowds, Jill Heiden (11) sparkles on the dance floor.



PROM NIGHT

Making

The Moments

Last Forever

Imagine the fairy tale romance, where the princess comes down from her castle and is met by the handsome prince emerging from the forest.

This was the illusion when the "Medieval Magic" of the evening provided for the ambiance of castles and drawbridges to come to life in the memorable night of Prom. Along with the theme "Now and Forever", each couple paraded by the common folk and then entered the ballroom.

The juniors planning Prom this year decided to implement the new idea, and the students who attended seemed to like it.

"The theater decorations were extravagantly put together, and I thought it was very romantic to have my date come through the woods to

said Nicole Berg (11).

Another highlight of the evening was not only the castle and forest in the Grand March, but also the castle scenery that was set up in the gym. Mat Lavelle (12) liked the special effects.

"The smoke from the castle near the bridge was cool!" said Lavelle.

The juniors that organized the prom worked long and hard hours to make the night a success.

"The week before Prom got really hectic, but when Saturday rolled around, it all looked really great. It was a lot of fun, and it turned out to be a great night," said Jami Burbidge (11).

The weeks of planning and preparation all seemed to be worthwhile in the end, when everyone slowly left the mystique of the ballroom as the dance ended.

With everyone leaving in their horse-drawn carriages (!), Prom would no doubt remain in everyone's minds, now and forever.

rescue me,"

By Julia Coughlin

Top Restaurants for Prom Night

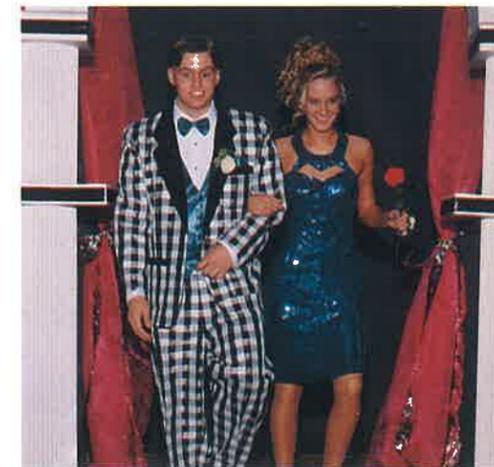
1. Tree Top
2. Seasons
3. Radison
4. Doublewood Inn
5. Olive Garden
6. Grainery
7. Red Lobster



According to '94 prom participants

Twist and shout! Rocking and rolling, Mandy Enzminger (12) and Danny Wagner (11) strut their stuff.

Big smiles! Starting out the Grand March, Senior Class President Andy Sherman (12) escorts his date, Kelly Murphy (12), through the arches.



Dare to be different. Dressed in his checkered tux, Brian Mattson (12) and Jill Lund (11) make their way down the aisle.

Play that funky music! Letting loose, Todd Wagner (12), Jason Gooding (12), Liann Hanson (11), Travis Smith (12) and Niki Sadowsky (11) do "The Chicken".

POST PROM

Partying All Through The Night

When the clock struck twelve on April 29, most students didn't gather up their glass slippers, climb into their pumpkin carriages and hurry home, Cinderella style. Instead, they attended post prom, held annually at MSU's student union.

The party is joined by parents of juniors and seniors as a safe alternative to the illegal activities that traditionally occur on the night of prom.

Post prom offered dancing in the Underground, pool, video games and complimentary pizza for an admission fee of \$5 per person.

Many students enjoyed the variety of activities during the night.

"Post prom was great! It's fun to raid the MSU kids' playhouse," said Erick Handegard (11).

The fun of post prom wasn't restricted to only those with dates. Many people showed up to enjoy the night with their friends.

"I had a good time hanging out, eating pizza with all my friends and partying to the wee hours of morning," said Jenni Alberty (11).

Another perk of the night came in the form of door prizes.

Area business donated a variety of prizes ranging from cases of Snapple, to gift certificates at local restaurants, styling products and sun glasses. The final door prize of the night, \$100 in cash, was given away to Kris Johnson (12).

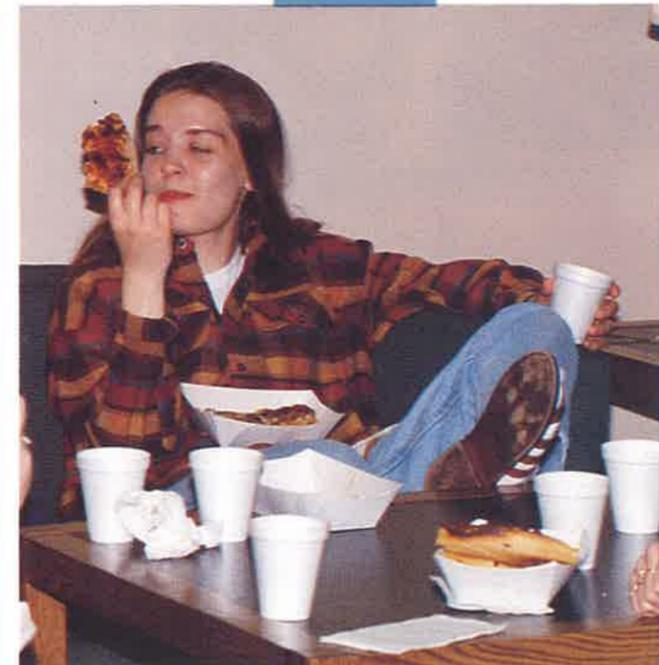
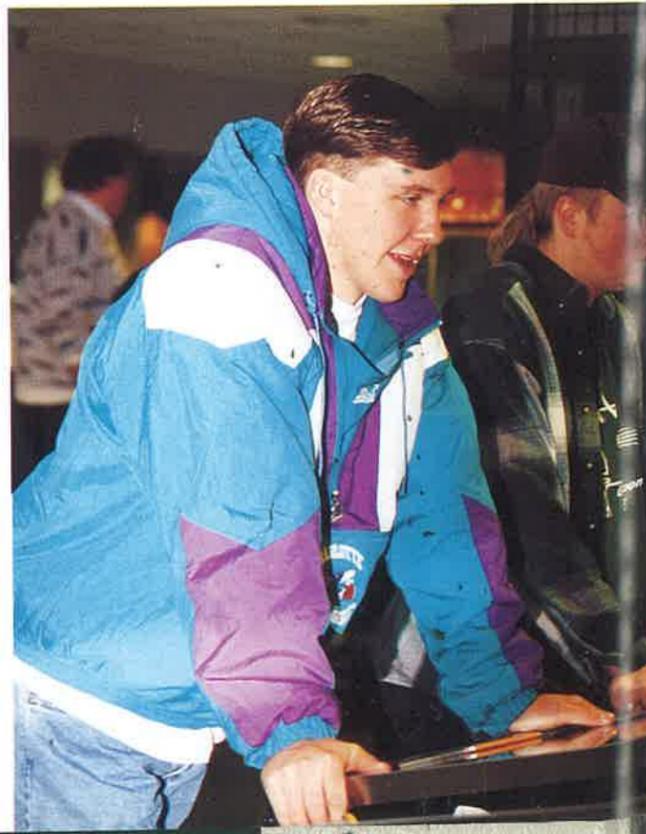
"The door prizes were a great idea that kept people interested in what was happening," said Niki Sadowsky (11).

By Rhonda Gruber

He's got the moves. Dancing to the techno beat of the Underground, Chad Frandson (12) takes advantage of MSU's facilities.



Having Fun. After playing a free game of pinball, Kris Johnson's (12) luck improved. Later in the night, Johnson won the \$100 door prize.



Pizza! Pizza! After patiently waiting, Cindy O'Neill (11) indulges in the complimentary pizza that arrived in the early morning.

Fun and Games. In the lower level of MSU's student union, Erika Peterson (11) plays a video game during post prom.

Corner pocket. Setting up her pool shot, Roxanne Mullenberg (11) enjoys one of the many activities offered at post prom.

Looking Back TO The Year

"Memories, like the corners of my mind. Misty, water-colored memories, of the way we were." From the Republican takeover, to another Woodstock, to the trial of an American football icon, the school year of 1994-95 was filled with memories.

Americans were embroiled with political change and controversy throughout the year. President Bill Clinton constructed a plan for a national health care system, which failed to pass through Congress. The President was able to pass a new crime bill providing billions for more protection.

President Clinton also faced several attempts on his life, including being shot at and airplanes crashing into the White House.

The election of 1994 added fuel to the fire, when Republicans gained the majority in both Houses of Congress, allowing the controver-

sial Newt Gingrich to become the Speaker of the House. After the takeover, the new Congress failed to pass a Balanced Budget Amendment partially due to the nay votes of both North Dakota senators.

A string of unfortunate catastrophes rocked the nation and world. Forest fires destroyed hundreds of thousands of acres of western timberland, and torrential rains hit both the south and west coast. Gigantic earthquakes flattened Los Angeles and Kobe, Japan.

Late in the year, terrorists set off a 1,200 pound bomb in front of the Oklahoma City federal building, killing harmless children, government officials and private citizens.

Internationally, a civil war continued in the former Yugoslavia, and new conflicts emerged in Haiti, Rwanda, Chechnya and Cuba. Israel, Palestine and Jordan all signed a peace agreement.

The local population also experienced several adaptations throughout the year. The school joined the "Information Superhighway" by becoming the first school in North Dakota with a site on the Internet.

Phone service was cut off to half of Moorhead and Fargo, after someone sliced several main phone lines, in hopes of silencing burglar alarms. After searching for two years, police finally caught the man who abducted Jeanna Dale North.

In sports, demi-god Michael Jordan returned to the NBA, during the longest baseball strike in its history. The San Francisco 49ers routed the Chargers in the biggest upset in Super Bowl history, while Jerry Rice was passed over for another MVP trophy. Soccer mania hit America, when World Cup '94 exploded throughout the country. The Brazilian team ended up winning the Cup, after a scare from the U.S. team in the quarterfinals. Throughout all of the trials, tribulations, and happy events, the general populace took much more with them than just a few scrapes and smiles. They also stored thousands of memories in the corners of their minds to carry with them always.



Mass Destruction. Following the great earthquake in Kobe, Japan, cameras captured the confusion.

1994 / 1995

world beat

Iraqi leader Saddam Hussein orders his troops to the border of oil-rich Kuwait. The U.S. sends 350 warplanes to the area to support the Kuwaiti forces. By October 11, Hussein orders the withdrawal of most of his forces.

Russian President Boris Yeltsin calls out his poorly trained military to subdue a rebellion in Chechnya, a southern republic the size of Connecticut. Critics accuse Yeltsin of resorting to totalitarian methods of the old communist Soviet regime to keep the shaky Russian Federation unified.

Europe's worst flood in this century kills at least 30 people across Europe. Inland floods caused by melting Alpine snow and relentless rains hit Belgium, France, Germany, and the Netherlands, whose famous dike system begins to crumble late in January 1995 in the face of rampaging rivers. Dutch authorities evacuate 250,000 people from the lowlands.

Camilla Parker Bowles, allegedly Prince Charles' mistress, announces her divorce from her husband, Andrew Parker Bowles. Princess Diana is said to be negotiating a divorce from Charles, who will be free to remarry without giving up the throne—unless unhappy subjects force a referendum on the monarchy.

More than 900 passengers die, 140 are rescued when the Estonia, a 15,500-ton Baltic ferry sinks off the coast of Finland in a violent nighttime storm. The storm's 30-foot waves swamp the ship which lists and sinks in a matter of minutes.

World News



After a peasant uprising in Chiapas and two major political murders, Mexico gets a new president. Ernesto Zedillo, an economist, assumes office only to face a stockmarket crash, a ruined economy, and a loss of international confidence in the wake of the North American Free Trade Agreement.



On July 25, U.S. President Bill Clinton welcomes King Hussein of Jordan, right, and Israeli Prime Minister Yitzhak Rabin to the White House, where the two sign a historic nonaggression pact that ends a 46-year state of belligerency between Israel and Jordan.



Conservative religious groups and those who believe in individual rights clash over issues of education for women and family planning at the U.N. International Conference on Population and Development in Cairo, Egypt, September 5.



Joyful residents of Belfast celebrate after the Irish Republican Army (IRA) announces an end to its military operations in Northern Ireland as of August 31. After 25 years of British military presence and over 3,000 killings, the IRA says it will now seek Irish union only through political channels.



Tipper Gore, wife of U.S. Vice President Al Gore, visits Rwandan refugee camps in Zaire in July. Thousands of refugees, fleeing ethnic conflict in Rwanda, die of cholera, dysentery, and other infectious diseases. Fresh water supplied by the United States military greatly reduces the number of cholera deaths.

When their Army helicopter accidentally strays into North Korea in December, Chief Warrant Officers Bobby Wayne Hall and David Hilemon are shot down by the communists. Washington does not admit to espionage as the North Koreans want, but negotiates for survivor Bobby Hall's release by expressing its sincere regret over the intrusion.



Palestine Liberation Organization chairman Yasir Arafat returns to Palestine in July 1994 after 27 years of exile in Tunisia. Arafat kisses the ground in the Gaza Strip, now a Palestinian autonomous zone under the terms of a 1993 peace accord with Israel.



Millions of South Africans travel weary hours and wait in mile-long lines to vote in the first all-race elections. After more than a century of white rule, the voters choose former political prisoner Nelson Mandela to preside over the dismantling of apartheid.

Jimmy Carter, former U.S. president and self-styled global troubleshooter for peace, negotiates on behalf of the U.S. in Haiti, Bosnia, and North Korea. He even offers to help settle the baseball strike.



In Japan, an earthquake with a magnitude of 7.2 collapses buildings, derails trains, buckles elevated expressways, and causes fires throughout the city of Kobe. Over 5,000 people are killed and 26,000 injured. The Japan quake occurs January 17, 1995, one year to the day after a quake devastated Los Angeles.



U.S. President Bill Clinton, right, and British Prime Minister John Major take part in ceremonies in June 1994 at a military cemetery during the 50th anniversary commemoration of the Allied D-Day invasion of Europe, the event that sealed the fate of Nazi Germany during World War II.



India suffers an outbreak of pneumonic plague, carried by flea-infested vermin. Workers in Bombay earn five rupees for each exterminated rat; one thousand rat-tails earns a color TV.



Chinese school children, dressed to look like Colonel Sanders, welcome the president of Kentucky Fried Chicken to Shanghai in May 1994. Few of the country's many foreign business ventures thrive, but KFC becomes a Chinese favorite. The finger-lickin' enterprise makes plans to expand its outlets from 28 to 200.

Triumphant Jean-Bertrand Aristide reclaims his position as president and restores democracy to Haiti with the help of U.S. troops. Haiti had suffered under the rule of a military junta led by General Raoul Cedras, who goes into exile after reaching an agreement with U.S. mediators.



In one of the most successful antiterrorist operations in aviation history, French commandos storm an Air France jet-liner and kill four Algerian hijackers, freeing the plane's 173 passengers and crew.



Thousands of Cubans flee their economically depressed homeland, hoping for a better life in America. Many set off on homemade rafts and other small vessels only to be intercepted by the U.S. Coast Guard. The United States and Cuba reach an agreement in September that allows 20,000 Cuban immigrants to enter the United States each year.

In the wake of the 1994 Los Angeles earthquake and the southern California wildfires of 1993, California experiences more natural disasters in January 1995 when rainstorms cause flooding that kills 11 people and leaves 3,000 others homeless. Flooding is so high in Santa Barbara, fun-seeking teenagers dive off a freeway overpass into 15 feet of water. President Clinton declares 34 counties federal disaster areas.

In 1994, the U.S. registers a one-year population growth of 2.7 million. One-third of the increase is due to immigration, the largest such influx since 1914.

Author and humanities professor, Ralph Ellison, dies at age 80. His 1952 novel, *Invisible Man*, has been called the most powerful novel written about alienation, identity, and racism in America.

A huge increase in killings by 14- to 24-year-olds raises the nation's homicide rate, while violence blamed on preteens rocks communities nationwide. A boy, 13, is sentenced to life for strangling a four-year-old. In Chicago, an 11-year-old boy kills a 14-year-old girl and is then executed by his own gang. In Washington state a pair of 12-year-olds shoot a migrant worker.

National News

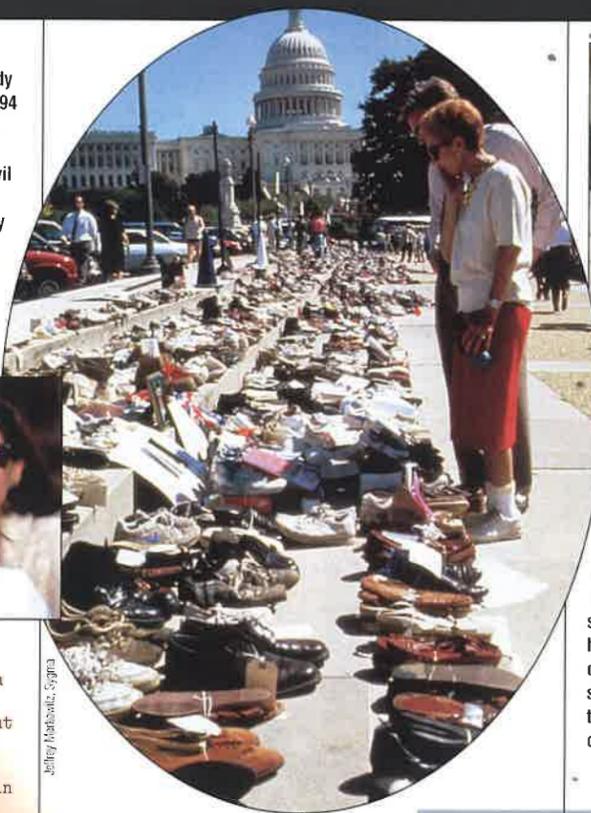
The death of Jacqueline Kennedy Onassis in May 1994 marks the end of an era, a time when America was prosperous, fighting for civil rights, and heading for the moon. The former first lady is buried next to her husband, President John F. Kennedy, in Arlington National Cemetery, Washington, D.C.



Called the Republican revolution, November mid-term elections put the Republican party and its anti-big government platform in control of Congress for the first time in 40 years. Georgia's Newt Gingrich, author of the GOP's "Contract with America," is the new Speaker of the House.



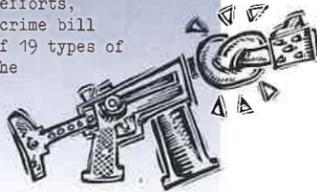
Heat, drought, and lightning combine to set Western states ablaze in late June and July. Fires consume 2,000 acres in Colorado's South Canyon when 50 mile-an-hour winds whip the flames into a firestorm, killing 14 specially trained firefighters; 10 men and four women.



Jeffrey Mathowitz, Sigma

The volunteers for Silent March bring shoes from every state for one of the quietest demonstrations to ever take place in Washington, D.C. Each empty pair of shoes represents one of the more than 40,000 Americans who have been killed by handguns.

Despite powerful National Rifle Association lobby efforts, Congress passes a crime bill banning the sale of 19 types of assault weapons. The Brady Law goes into effect; in one month 23,610 people with criminal records are denied the purchase of a handgun.



AP/Wide World

The prosecution seeks the death penalty in the case of Susan Smith, who dupes the nation with a frightening tale of the abduction of her two little boys. The community's early support grows quickly to hatred when Smith confesses to murder—she sent her children to their deaths at the bottom of a lake.



AP/Wide World

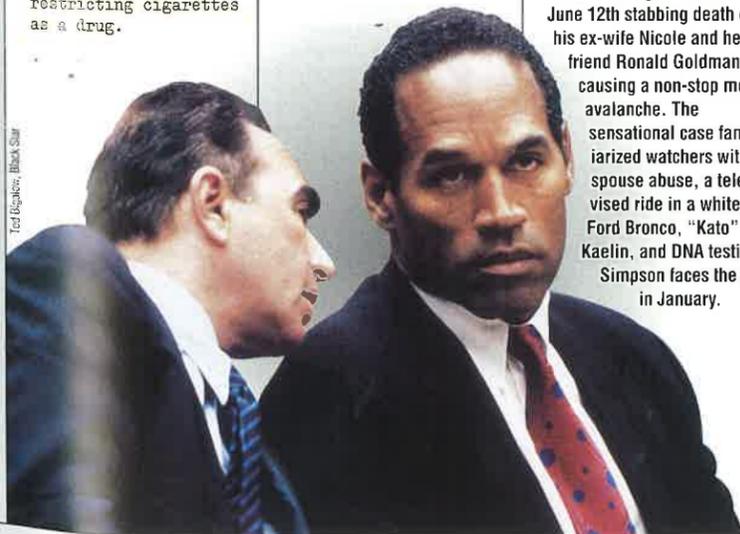


George Frenn, Corning/Alison



The U.S. Food and Drug Administration blasts the tobacco company executives at a congressional hearing in March 1994 for denying that nicotine, a drug found in cigarette smoke, is addictive. Tobacco industry workers fear losing their jobs if the FDA succeeds in classifying and restricting cigarettes as a drug.

Ted Djaferis, Black Star



The 37th U.S. President, Richard Nixon, dies in April 1994. Nixon was responsible for restoring normal ties with the People's Republic of China following the signing of the Shanghai Communique in 1972.



Rice Phillips, The Jamestown Gazette

A rare white buffalo named Miracle draws crowds to the humble Wisconsin farm where it was born August 20. Native Americans believe the calf is the fulfillment of a Lakota Sioux prophecy. Five hundred years ago, White Buffalo Woman told her people that she would return as a white calf to usher in a new age of harmony between all races of mankind.



Wesley Gammell/Carson

The Flint River overflows, washing coffins out of a Georgia cemetery after torrential rains from tropical storm Alberto flood Georgia and the Florida-Alabama panhandle. Thirty-two people die, 40,000 are temporarily homeless, and 10,000 square miles are underwater, causing \$100 million in crop damage.

Former football star O.J. Simpson is charged with the June 12th stabbing death of his ex-wife Nicole and her friend Ronald Goldman, causing a non-stop media avalanche. The sensational case familiarized watchers with spouse abuse, a televised ride in a white Ford Bronco, "Kato" Kaelin, and DNA testing. Simpson faces the jury in January.



Pauline Callahan

President Clinton, with Republican leader Bob Dole, signs legislation implementing the U.S. role in an expanded General Agreement on Tariffs and Trade (GATT), one of the most sweeping trade liberalization pacts in history. The legislation makes the U.S. a member of a new 125-member World Trade Organization. Protectionists worry that GATT may promote world trade but won't sufficiently protect American jobs.



The Secret Service considers restricting public access to the White House after a gunman fires 27 rounds at the building's facade in October. In September, a small Cessna airplane crashes on the South Lawn and comes to rest at the base of the White House below President Clinton's bedroom, killing the pilot.

flash

The U.S. Interior Department moves the bald eagle from its endangered species list to the less critical "threatened" category. The Pacific Northwest's spotted owl is left to fend for itself when in June a federal judge lifts the 1991 injunction that halted logging in the owl's habitat.

The fossil of a previously unknown dinosaur, the 25-foot-long *Cryolophosaurus ellioti*, is found in Antarctica.

Despite a so-called fitness craze, the National Center for Health Statistics confirms the American overabundance of food combined with a sedentary lifestyle is creating an epidemic of obesity. Since 1980, the number of overweight adults has ballooned to one-third of the population, with an alarming increase among children.

Some of the 599 newly revealed secret ingredients major cigarette-makers add to improve taste and texture: beeswax, butter, carrot oil, citronella oil, cocoa shells, corn silk, dandelion root extract, 31 chemicals that start with ethyl, oak chip oil, vinegar, and dimethyltetrahydrobenzofuranone.

Three planets are discovered orbiting a pulsar star 3,000 light-years away in the constellation Virgo. One is the size of the moon and two are three times more massive than Earth; all are rocky worlds without an atmosphere.

Science News

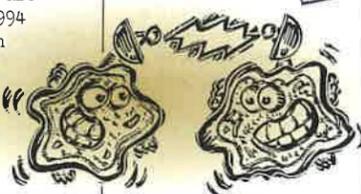


NASA

NASA's space shuttle mission 64 tests the operations of a Simplified Aid For Extravehicular Activity Rescue (SAFAR) device. Crew member Mark Lee maneuvers successfully outside the Discovery, while Carl Meade photographs him against the background of Earth.

Martin Rodbell and Alfred Gilman are awarded the 1994 Nobel Prize in Physiology or Medicine for developing a model of cell communication that has medical implications from cholera to cancer.

The Food and Drug Administration institutes new food labeling on almost all foods in response to consumer protest against the many misleading claims of food producers. The new readable labels provide realistic serving sizes, list calories from fat, and allow you to compare different nutrient values.



Autostereograms, popularly known as Magic Eye, cause legions of people to stare cross-eyed for long periods of time. Based on a mystery of neurology and 3-D objects, pattern elements fuse into left-eye and right-eye images of a single hidden object which appears to be floating.



UPI/Getman

The century's greatest chemist and antinuclear activist, Linus C. Pauling, winner of the Nobel Prize for Chemistry in 1954 and the Nobel Peace Prize in 1962, dies at the age of 93. His work on DNA laid the foundation for Crick and Watson's discovery of the double helix.



Institute of Human Origins

In Ethiopia, anthropologists discover the skull of a human ancestor, *Australopithecus ramidus*, 4.4 million years old. The new species has features midway between apes and humans and promises to provide clues to still earlier evolutionary stages.



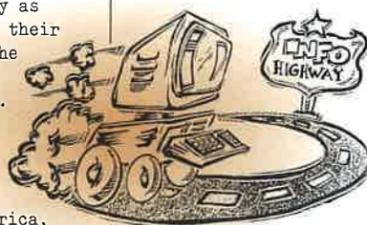
Japan's "Love Love Simulation" computer program allows couples to take a non-scientific look at future offspring by digitally combining their own photos to predict a child's appearance.



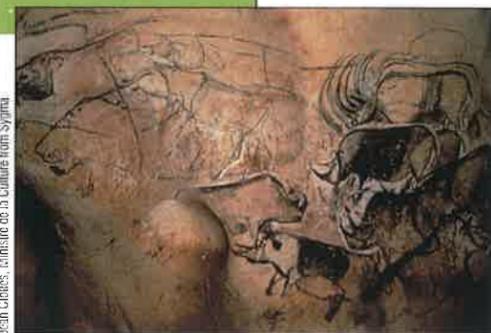
Mike Pinnock-Knights for Actonmedia, Heidelberg, Germany

Astronomers wait at every major telescope in the world to see the historic cosmic crack-up of the 21 big fragments of Comet Shoemaker-Levy 9 as it smacks into the atmosphere of Jupiter at 134,000 miles an hour. Plumes of fire shoot up hundreds of miles, high enough to become visible to telescopes on Earth.

Internet activity rises sharply as surfers find their way around the information superhighway. Advertisers, rock music reviewers, the worldly Voice of America, and others decide it's time to jump on.



NASA publishes a new report supporting the theory that a giant comet hit Earth 65 million years ago and vaporized 100 billion tons of sulphur to create the cloud barrier that froze Earth's atmosphere and killed the dinosaurs.



Jean Clottes, Ministère de la Culture from Sigma

A cave is found in southern France, full of 300 vivid paintings of woolly-haired rhinos, bears, mammoths, panthers, and owls made about 20,000 years ago. The Stone Age artists also left behind bear skulls, flint knives, footprints, and fireplaces. Experts call it the archaeological find of the century.



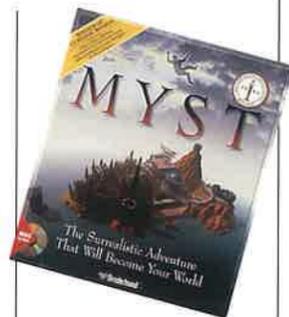
UPI/Getman

One of Lake Superior's enduring mysteries is solved by scientists and marine historians who explore the wreck of the Edmund Fitzgerald, an ore carrier that sank with its crew in a 1975 storm. The ship, overused and in poor condition, was ripped apart by 90-mph winds and 30-foot waves. Most of the 29 crewmen are entombed inside the wreckage, well preserved in the 39' waters.



ESIP from Custom Medical

A long-term study of radial keratotomy finds it generally safe and effective. For the nearsighted, tiny spokelike incisions into the eye improve focusing ability and eliminate the need for eyeglasses. The patient is awake for the procedure.



The non-violent CD-ROM game *Myst* by Cyan, Inc. becomes a best-selling phenomenon, winning legions of devoted fans and spawning imitators. The fantasy-adventure's graphic visuals are hyper-real; the written word is the key to the mystery.



Gerard Lutz, Animals/Animals

Cutbacks in military spending force the U.S. Navy to reduce its elite 100-dolphin fleet trained for use in sonar research, mine sweeping, and underwater recovery. Too tame to be released in the open sea, the veterans of conflicts from Vietnam to the Persian Gulf retire to aquariums and water parks.

flash

The most popular names for newborns this year are Ashley and Michael.

Young people serve their country by volunteering under a new program called AmeriCorps, where 20,000 people aged 17 and up work with community-based organizations in exchange for \$7,500 plus money toward college tuition or loans.

One percent of the nation's 50 million school-age children learn at home as families seek alternatives to public schools. In a handful of high-tech experiments, kids submit homework by modem, download books and artwork from the Internet, and collaborate on academic projects with other children around the world.

A survey of college kids reveals their favorite sources of sugar and caffeine during all-night studying to be: powdered iced tea, peanut butter mixed with marshmallow cream, baby food, ramen noodles, raw cookie dough, and trail mix made from chocolate chips, graham cracker bits, and mini-marshmallows.

Lifestyle News



© James D. Wilson/Gamma Liaison

A lively new cafe society centers around the 5,000 gourmet coffeeshops which spring up around the country. To the often young and trendy patrons, the social interaction is just as important as the espresso. Some cafes offer full-time Internet links so patrons can sip and chat with other Internet latte-drinkers.



Yoga, a Hindu system of stretching exercises for well-being, surges in popularity, mostly because the older generation seeks a technique for alleviating stress and finds yoga better than aerobics.



Colin Gammal/Liaison

Aerobic boxing, with boxing-style leg and arm work, turns out to be one of the year's hot exercise trends, showing up in workout studios and attracting those who want to work off their aggression by throwing a right and a few jabs.



Besides recycled clothing like license-plate bustiers, bottle-cap jewelry, trash-bag and duct-tape dresses, fashion trends include the schoolgirl look with thigh-highs, and the grunge-turned-beatnik look of long, straight hair and a goatee.

A new survey shows that over 12 million Americans are vegetarians, choosing the no-meat lifestyle because of concern about animal cruelty, cost-efficiency, eco-friendliness and/or improved health and fitness.



The hottest merchandise around is Mighty Morphin Power Rangers, so hot Cabbage Patch dolls pale in comparison. Parents criticize Fox's super-violent TV show, but their kids crave Dragon Diggers, Megazords, and the 4-foot, \$230 battery powered car. "Go, go, Power Rangers!"



A hot new collectible derives from an old household item. Milk caps, known in some regions as pogs, originally capped the bottles left by the milkman but have now gone funky with colorful printed designs and variations that are traded and used in games.



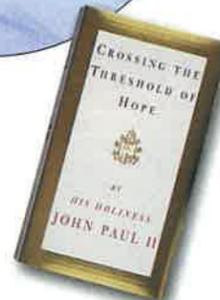
Although most are forced to settle for Oakley wrap-arounds, stylin' kids, like in-line skaters and urban youth, clamor for Arnet's \$80 Ravens with the silver-chrome frames.

Led by brash young skate and surf types, two million snowboarders nationwide discover the joy of swooping down slopes on one board instead of two. No hard boots, no poles, no crossed tips, make it easier than skiing. Since their giant frozen wave is a ski hill, snowboarders annoy old-style skiers who want their slopes left undisturbed by shredders.



Nathan Blinn/Allsport

The first generation to ignore colas in favor of fruit drinks, today's young people give Snapple popular cult status. The trend breeds juice wars as Snapple imitators like Fruitopia vie for youth market shares and inundate the airwaves with Generation X-type advertising.



Pope John Paul II authors *Crossing the Threshold of Hope*, a blend of theology, evangelizing and personal reminiscence. It becomes a best-seller in 35 countries.



Jacques Chienet, Gamma Liaison

Remaining a virgin in the face of peer pressure finds new respect among teens who defend their freedom to forgo sex in a sex-crazy world. The movement is both a demand for real love and a reaction against unwanted pregnancy and health risks, since today one out of four kids are infected with sexually transmitted diseases by the age of 21.



Will and Doni McHenry/Photo Researchers

It's called "the year of the cottage industry" as more Americans adopt different work arrangements in response to corporate downsizing, either by telecommuting or starting businesses out of their homes.



Kool-Aid makes a cheap hair-dye, an alternative to bleached hair with, say, Prizm Blue added for sheen. The "city fade" shaves the sides of your head and leaves the top longer, and the matted hair look is achieved by leaving the soap in and forgetting to comb.



Ricco Williams, Animals/Animals

The designer pets of the year are African pigmy hedgehogs, and some 3,000 find homes with humans. They are gentle, like to be petted, and need a once-a-day feeding of pet food or mealworms. They don't smell and will even eat your roaches.

John Travolta and Samuel L. Jackson star in *Pulp Fiction*, an "extravagantly demented low-life lalapalooza with outlandish twists." The film's plot revolves around a watch, a briefcase, and a large syringe in a darkly humorous scene which reportedly causes a few audience members with needle-phobia to fall out of their seats in revulsion.

John Candy, the large and lovable star of films *Splash*, *Cool Runnings*, *Home Alone*, and many other family favorites, dies at the age of 43. Whether Candy played jerks, slobbers or loonies, his natural goodness came shining through.

entertainment news



Gamma/Liaison

"Life is like a box of chocolates," says its title character. *Forrest Gump*, starring Tom Hanks, surprises everyone with its popularity, attributed to the audiences' thirst for the film's theme of simple values and good intentions. Fascinating special effects place Gump into real news footage with U.S. presidents.



©Sygma

Every Tuesday night 20 million homes tune in to "Home Improvement," television's No. 1 show, starring comedian Tim Allen as Tim Taylor, the how-to host of "Tool Time," with his wife Jill and three kids. Fans love this funny real-life reflection of middle-class family life.



©Sygma

Comedian Jim Carrey's career is s-s-smokin'. In *The Mask*, Carrey plays shy Stanley Ipkiss, who discovers that a mythical mask can turn him into a very cool green-faced cartoon-like dude. While waiting for sequels to *The Mask* and *Ace Ventura: Pet Detective*, Carrey fans enjoy current hit *Dumb and Dumber*.

With a tried-but-true storyline, the TV show "Me and the Boys," becomes an immediate family favorite, with stand-up comic Steve Harvey playing a widower who's left to raise three lively sons singlehandedly.



ABC from Shooting Star

Reality-based television programs rule the tube with "Cops," "American Detective," "FBI: The Untold Stories," "Top Cops," and "Rescue 911." "America's Most Wanted" and "Unsolved Mysteries" enlist viewers' help in tracking down fugitives.



Dianna Uchitel, Shooting Star

Shameless prime-time soap opera "Melrose Place," co-starring Heather Locklear and Grant Tinker, attracts legions of fans with its silly-sensational plotlines and shallow-but-beautiful characters. Fans even buy the TV show's soundtrack and "MP" clothing.



Galen Pictures from Shooting Star

Tom Cruise bites as the elegantly evil vampire Lestat in the film based on Anne Rice's novel *Interview With the Vampire*. Brad Pitt costars in the story that's been a favorite with millions of readers for twenty years.



Steve Granitz, Retna

Comic Margaret Cho stars in the first all-Asian sitcom "All-American Girl," about a college girl who's not making enough money to move away from home and has to live with her rigidly traditional Korean immigrant parents.



©Sygma

The animals aren't cuddly, but Disney's 32nd animated feature *The Lion King* is still a box-office smash and a sure classic. The story of a young lion, Simba, on the path to maturity combines five Tim Rice/Elton John songs with comedy that leaves audiences roaring. Just say "Hakuna matata," Swahili for "no worries."



Fox from Shooting Star

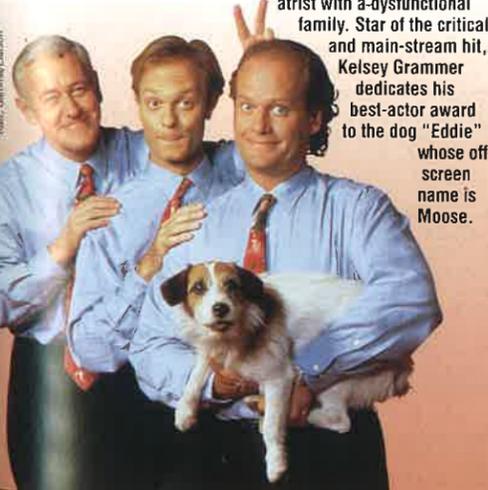
"Living Single" is hailed as a New York City version of "Designing Women." The comedy is about four women who share a big apartment, and features Kim Fields and rap star Queen Latifah, whose quiet presence and dignity singles her out as a star.



Capital Cities/ABC from Shooting Star

Talented young Claire Danes stars as a savvy 15-year-old confronting adolescent anxieties in the ABC television series "My So-Called Life," which receives critical acclaim. Danes also stars in the movie *Little Women*, with Winona Ryder.

This year's Emmy for best comedy series goes to TV's "Frasier," the story of a radio psychiatrist with a dysfunctional family. Star of the critical and main-stream hit, Kelsey Grammer dedicates his best-actor award to the dog "Eddie" whose off-screen name is Moose.



Kate, Gamma/Liaison



Gamma/Liaison

After his villain in Shakespeare's *Much Ado About Nothing* and his title role in Bertolucci's *Little Buddha*, actor Keanu Reeves buffs up to play an action star in *Speed*, about a bomb and a runaway bus, one of the year's biggest box office hits.



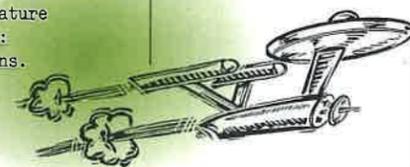
Gamma/Liaison

Although his action fans may prefer *True Lies*, Arnold Schwarzenegger, with co-star Danny DeVito, cracks up audiences in *Junior*, where the strongman plays a boringly-serious scientist who tests a fertility drug on himself, learns the joys of motherhood, and falls in love with the baby's mom, Emma Thompson.



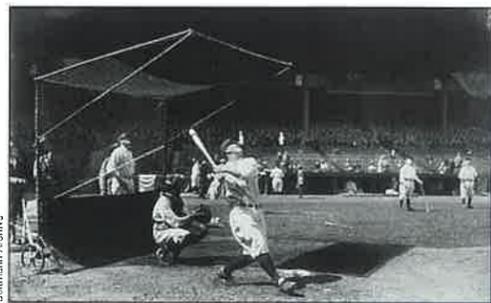
Barry King, Gamma/Liaison

"Baywatch," the world's most-watched syndicated TV show, is a feel-good action/adventure about a Malibu lifeguard, played by David Hasselhoff. Sunny beach scenes take the pressure off plot or character development. In tribute to its popularity, Mattel, Inc. creates Baywatch Barbie.



With the first female starship captain, TV's "Star Trek: Voyager" is the newest offshoot of the enduring Star Trek phenomenon, after "Deep Space Nine," "The Next Generation," and this year's full-length feature *Star Trek: Generations*.

Lou Gehrig's last day, Sandy Koufax on the mound, and Jackie Robinson's arrival are all part of the Ken Burns film "Baseball," an 18 1/2-hour historical mini-series on PBS. "Baseball" touches on American issues of race, labor, immigration, the role of women, urban renewal, popular media, and the nature of heroes and mythology.



Baltimore Archive



Fine Line from Shooting Star

Hoop Dreams is a documentary about two young Chicago athletes who dream of playing in the NBA. Arthur Agee and William Gates soon realize the dream will have to come at the expense of everything else. *Hoop Dreams* offers as much drama, excitement, and emotional ups and downs as anything to come out of Hollywood.

After their Woodstock '94 performance scores them mass adulation and an onstage mudfight, punk-pop trio Green Day wins the title for this year's best new band. Their album *Dookie*, featuring "Basket Case," goes triple platinum.

LPs make a comeback when major recording labels give in to pressure from artists and fans. New titles are released on vinyl, as well as CDs and tapes. Pronounced dead in the '80s, the revived 12-inch long-plays come complete with the art-covered sleeves and lyric-sheet inserts that make them collector's items.

Liz Phair follows up *Exile in Guyville* with *Whip-smart* and songs like "Super Nova" and "Jealousy." Her music is said to be about self-parody, defensiveness, beautiful flaws, and cluelessness.

Futuristic noise mavens Nine Inch Nails and singer Trent Reznor drive home a point with their "Closer" single and hit video, from their album *The Downward Spiral*.

Mosh pit heroes Bad Religion get plenty of play with "21st Century Boy" and their album *Stranger Than Fiction*.

Beastie Boys release their fourth hip-hop album *Ill Communication* on the heels of their highly popular *Check Your Head*.

Superunknown, a 70-minute, 15-song opus, debuts at No. 1 on the *Billboard* charts. Fans and critics say it's the best record of metal band Soundgarden's career.

MUSIC NEWS



Brooks Kalit, Sygma



John Alshutin, Reina

Singer Sheryl Crow hits paydirt with her debut album, *Tuesday Night Music Club* with the seedy-but-upbeat sounds of "Leaving Las Vegas" and "All I Want to Do."



Jim Graham, LGI

Jodeci, two pairs of brothers whose funky ballads coined the term "Feenin'," bring gospel harmonies to their new album *Diary of a Mad Band*, which goes platinum.



Jim Graham, LGI

They dress alike and rule Motown. It seems like Boyz II Men only makes mega-hits, like "On Bended Knee" and "I'll Make Love to You." Their second album, *II*, goes straight to No. 1 on the R&B charts.



Although Madonna's bad-mannered appearance on Letterman begets criticism, her album *Bedtime Stories*, with hits "Take a Bow" and "Secret," is a solid chart-topper.



Eddie Maljak, Reina

Seattle rock band Pearl Jam and front man Eddie Vedder give youthful angst a good name as they rock hard with their third album, *Vitalogy*, considered their strongest yet.

Music, moshing, and lots of mud define Woodstock '94. The 25th anniversary of the original 1969 "summer of love" has ATMs, Pepsi, and '90s prices: \$135 tickets and \$4 hamburgers. After happily grooving to everything from Bob Dylan to Nine Inch Nails, 350,000 fans depart peacefully.



Scott Weiner, Reina

Pop-siren Janet Jackson's body language and lyrics draw large concert crowds to see her perform hits like "You Want This/70's Love Groove." Jackson wins an MTV Music Award for her video "If."

Singer Vince Gill makes country music history by winning the Country Music Association's award for top male vocalist four years in a row. The CMA also awards him 1994 Entertainer of the Year.



S. Nannarelli, Shooting Star



Marc Morrison, Shooting Star

Nominated for best female vocalist, country singer Mary Chapin Carpenter croons at the Country Music Awards ceremony, but loses to Pam Tillis. Carpenter's album *Stones in the Road* tops the country charts.



Jay Blackwelder, Reina

It's a year of hits for buzz band, Gin Blossoms. Their top-selling album *New Miserable Experience*, covers "Hey Jealousy," "Found Out About You," and "Until I Fall Away."



David Conio, Reina

Hailed as the crown prince of reggae, Buju Banton's album, *Voice of Jamaica*, pumps the party with "Walk Like a Champion" and "Man a Look Yuh."



EMI Records releases *Live at the BBC* a two-disc set of radio concerts recorded by the Beatles in the early '60s. "Free as a Bird," an original unfinished track by the late John Lennon, is finished, mixed with the live voices of Paul, George, and Ringo, and included in the set.



Ronnie Wright, LGI

Dismissed as kiddie artists, three 12-year-old rappers who go by the name of Immature, get a new sound. Album *Playtime Is Over* and hits "Never Lie" and "Constantly" pump them up to stardom.



Katie Ladyko, Shooting Star

Hit single "Cryin'" wins MTV's Video of the Year award for singer Steven Tyler and metal band Aerosmith, who ride a wave of success and release their new album *Big Ones*.

The rock-spectacle Rolling Stones tour, named after their album *Voodoo Lounge*, combines a light show, computer animation, video blowups, and gigantic inflatable props. Millions watch the Stones prance through their classic and current hits like "Love Is Strong." *Voodoo Lounge* becomes the highest grossing tour in history with \$115 million in ticket sales.



Scott Weiner, Reina

The Canadian band Cowboy Junkies, whose big hit this year is "Sweet James," sings of isolation and despair on their latest album *Pale Sun/Crescent Moon*.



Doniz Kalkawan, Reina

Powered to the top with their pure pop sound, Swedish quartet Ace of Base tops the charts with *The Sign*. Their sound is a contagious blend of reggae-splashed pop known as "China Reggae."

J Mascis emerges as a prolific and versatile songwriter for the punk-rock band Dinosaur Jr. with "Outta Hand" and major hit "Feel the Pain," both on their latest album *Without a Sound*.



Larry Busacca, Reina



Tommy Calder, Shooting Star

The Benedictine Monks of Santo Domingo de Silos release their CD, *Chant*. Heavy rotation on MTV turns the collection of ancient Gregorian chants into an unexpected best-seller.



Niels Van Iperen, Reina

Irish rock foursome, the Cranberries, tour the United States playing the sad, pretty melodies from their second hit album, *No Need to Argue*.



Jeffrey Skales, LGI

Rappers with a self-reliant attitude, Salt-N-Pepa keep their *Very Necessary* vibe going this year with hits "Shoop" and "Whatta Man" which wins them, along with En Vogue, an MTV Music Award.



Michael Bernabich, Reina

Rapper Snoop Dogg's performance makes the movie soundtrack *Above the Rim* a best-seller. His video "It's a Doggy Dogg World," which reunites all the '70s black exploitation film stars, wins an MTV Music Award.

Ranked No. 1, the University of Nebraska Cornhuskers finish their unbeaten season by defeating the Miami Hurricanes to win the national title. Quarterback Tommie Frazier earns MVP honors by guiding the Huskers to two fourth-quarter touchdowns and a frenetic 24-17 victory.

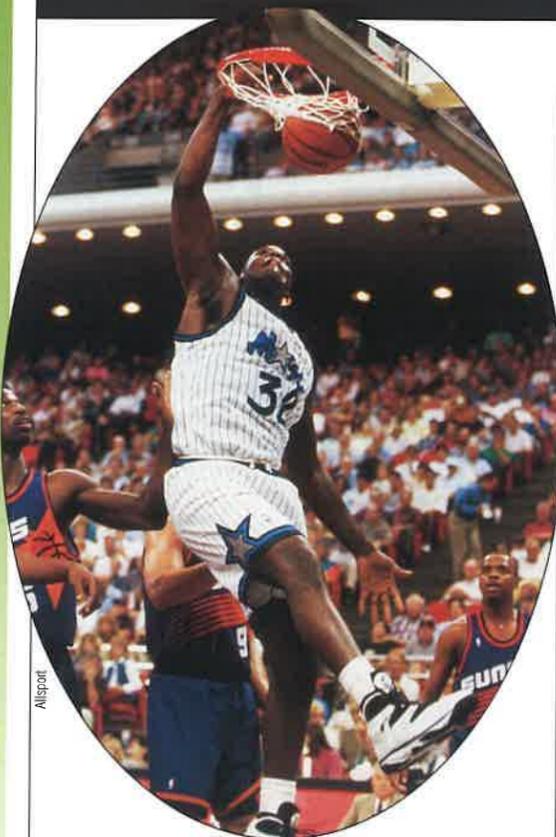
She was a pro at 13, a millionaire at 14, and out of the game at 17. After getting booked on charges of marijuana possession, tennis star Jennifer Capriati enters a drug rehab program and makes a comeback in autumn where she plays well but loses her first-round match.

Former Wimbledon champ Andre Agassi wins the 1994 U.S. Open and beats champion Pete Sampras at the 1995 Australian Open. Called the most popular tennis player in the world, the tennis phenom has a new girlfriend, former model Brooke Shields.

The National Hockey League plays only 48 of the 82 games in the season this year due to a lockout. Following baseball's example, hockey owners put salary caps on their players, who strike but lose out to the owner's rule.

Track and field star Wilma Rudolph dies at the age of 54. The 20th of 22 children, she overcame polio, scarlet fever, and pneumonia to become a basketball star at 13, an Olympic bronze medalist at 16, and a winner of three gold medals in the 1960 Rome Olympics.

Sports News



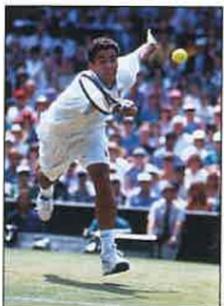
Whenever the Magic, led by 7'1" 300-pound Shaquille O'Neal, score 110 points, the Orlando McDonald's restaurants redeem home game tickets for a free Big Mac. With the team selling out all 16,000 seats, the Golden Arches supply a massive Mac attack, consoling fans for the lack of a playoff victory.



Pitchman George Foreman, 45, wearing the same red trunks he sported when he fought Muhammad Ali 20 years earlier, wins the world's heavyweight boxing title from Michael Moorer with a 10th round knockout.



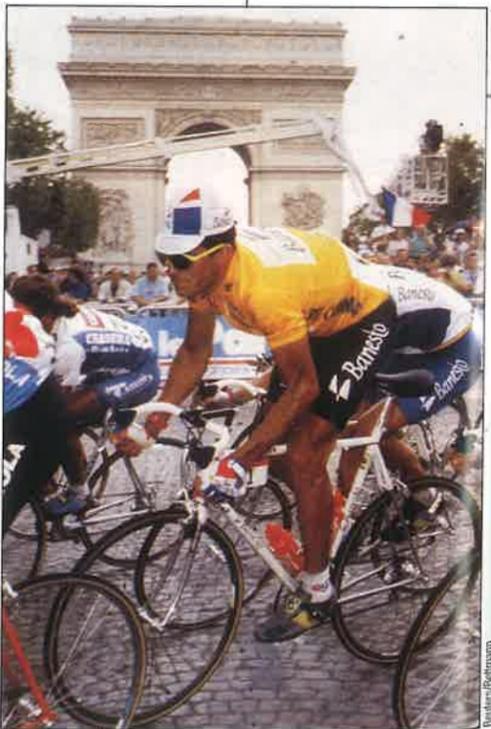
The high rate of early burnout in women's pro tennis from media pressure, trainers, and sponsors causes the parents of Venus Williams, 14, to delay her pro debut.



Pete Sampras defeats Gorn Ivanisevic in the men's singles final at Wimbledon in July 1994, for his second straight Wimbledon title. In January, pressure of defending the title causes him to break down in tears at the 1995 Australian Open.



Having already announced her retirement from singles tennis, nine-time Wimbledon champion Martina Navratilova waves good-bye to an emotional crowd, after losing to Conchita Martinez in her last Wimbledon match.

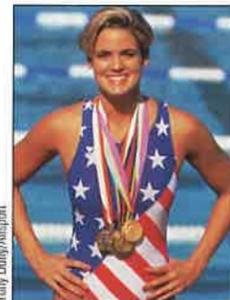


In July, Miguel Indurain of Spain makes a triumphant entry on the Champs Elysées in Paris to win the Tour de France for the fourth straight time. He wins the 3-week, 3,218 km contest easily, finishing five minutes, 39 seconds ahead of the field. Greg LeMond, the only American to win the Tour de France three times, retires from racing because of health problems.



On June 14, the New York Rangers defeat the Vancouver Canucks 3 to 2 in the seventh game of the Stanley Cup play-offs, winning the coveted hockey cup for the first time in 54 years.

The Centennial Olympics will be in Atlanta, Georgia in 1996. The city will emphasize its multicultural aspects to honor athletes from around the world.



Dara Torres-Gowen becomes the first Olympic swimmer to model swimsuits in the Sports Illustrated annual swimsuit issue. Gold-medalist Torres-Gowen's sporty looks break the "waifs and glamazons" mold dictated by fashion.



Fans are openly angry when a dispute between players and team owners over salary caps and other issues threatens to shut down baseball. A work stoppage begins on August 12, and no World Series is played for the first time since 1904.



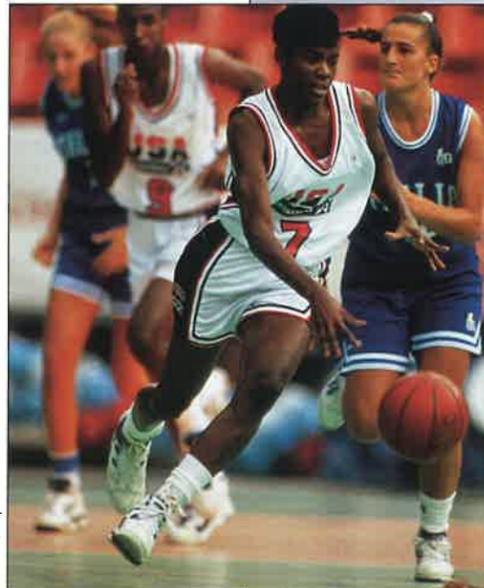
Tonya Harding, barred for life from organized skating for obstructing justice in the investigation of an assault on Nancy Kerrigan, is offered \$2 million by the All Japan Women's Pro Wrestling Association to wrestle as a baddie.



In Super Bowl XXIX in Miami, the San Francisco 49ers beat the San Diego Chargers 49-26, in their record-breaking fifth Super Bowl win. Quarterback Steve Young passes for a record six touchdowns to win most valuable player.



After 52 wins, four PPG Cup titles, and \$10 million in earnings, Indycar champion Mario Andretti races for the final time in his 31-year career. The four-time Indianapolis 500 champion retires in October 1994.



Ernie Els wins the 1994 U.S. Open golf tournament in sudden-death playoff. The U.S. women's golf team, led by Dottie Mochrie, beats Europe for the 1994 Solheim Cup.

Basketball star Sheryl Swoopes leads the U.S. women's basketball team to a gold medal at the Goodwill Games in Russia. Earlier she led Texas Tech to an NCAA title and signed an endorsement deal with Nike.



World Cup soccer comes to the U.S. for the first time: 24 teams play 52 World Cup games in nine cities to 3,567,415 fans, culminating in a title match between Brazil and Italy. Earlier the U.S. upset Colombia, but lost to the Brazilian team, who went on to win the cup.

Supreme Court Justice Harry Blackmun, 85, who wrote the majority opinion in *Roe v. Wade*, the landmark 1973 case that guaranteed a woman's legal right to abortion, announces his retirement from the court after 24 years.

The Charles and Diana fairy-tale-turned-sordid-soap continues: A German newspaper prints nude photos of Prince Charles; he publishes a confession saying he never loved his wife. Princess Diana is suspected of making crank phone calls; an old friend who claims to be her ex-lover hawks a trashy kiss-and-tell book.

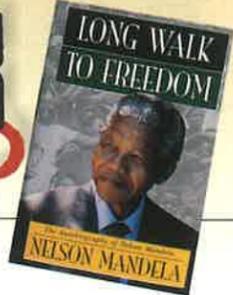
Tabitha the cat spends 12 days and 32,000 miles in the lullage of a Tower Air 747 jet when she escapes her cat carrier and gets lost in the cargo hold. Tabitha makes television appearances after her rescue with her aspring-actress owner. Tabitha lost two pounds during the ordeal, her owner lost six.

The Florida judge would not allow Paul Hill to use justifiable homicide as a defense in the shootings of Dr. John Britton and his bodyguard outside a Pensacola abortion clinic. Hill is found guilty of murder in the first degree.

Anna Paquin, 11, wins an Academy Award for her performance in *The Piano*. Says actor Gene Hackman, "I guess now you'll have no trouble getting cast in your school play."

faces in the news

Nelson Mandela, an international hero who won the Nobel Peace Prize, writes his story. *Long Walk to Freedom: The Autobiography of Nelson Mandela* covers the author's 27 years as a political prisoner, his release, and black Africans struggle for freedom.



Despite hurled obscenities and death threats, Shannon Faulkner, 19, battles the all-male Citadel for the right to become the first female cadet in the 152-year history of the state-supported South Carolina military school.

Ronald Reagan, 83, announces he is in the early stages of Alzheimer's disease, which will cause him to rely increasingly on wife Nancy. Doctors say the easy-going ex-president should be able to function normally for several more years.



Cartoonist Gary Larson announces that he will retire *The Far Side*, a feature that began in 1978 and has appeared in 1,500 newspapers.



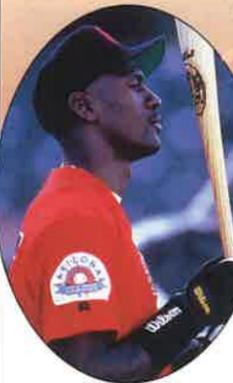
In Singapore, American teenager Michael Fay is convicted of vandalism and publicly caned four times by a martial arts master, despite pleas from his family and President Clinton.



Sending a worthy message to pageant-watchers, Heather Whitestone, a deaf Alabama college junior who works with handicapped kids, is crowned 1994 Miss America by her predecessor Kimberly Aiken.



Applying his new fame to good works, actor Antonio Banderas, of *Philadelphia* and *Interview With the Vampire*, spends a week on a goodwill mission helping UNICEF draw attention to wartorn Somalia.



Model Cindy Crawford and actor Richard Gere, dubbed the world's sexiest couple, announce their separation. Hollywood books Crawford for her first movie.



Scruffy movie idol Johnny Depp and wispy model Kate Moss have a headline-making lovers quarrel. Depp is arrested for trashing the couple's hotel room.



In about the most surprising event of the year, Michael Jackson weds Elvis' daughter, Lisa Marie Presley in a secret ceremony, May 1994. Journalists wonder if the union isn't a business arrangement or an attempt to polish Michael's public image, tarnished by claims of child molestation.

Former basketball superstar Michael Jordan improves his game for the Arizona Scottsdale Scorpions, a minor-league baseball team. He still has no plans to return to the hoops.



Run Jerry, run! Sprinting his way into the record books and the hall of fame, 49ers wide receiver, Jerry Rice, was robbed of another Superbowl MVP trophy after another brilliant performance.



The perfect couple? Opening the MTV Music Awards, the "King of Pop," Michael Jackson, and the "Princess of Rock 'n Roll," Lisa Marie Presley, prove to the public that their marriage was not a freak of nature.



A mud festival. During the 1994 revival of Woodstock, the thousands enjoyed the music, mud, and mayhem of the 72 hour concert.

Quenching its thirst. During a string of forest fires in California, a helicopter attempts to stop the spreading flames.



Standing watch. Casting a glance at a friend, Gabe Christianson (12) is decked out in classic psuedo-seventies style.



What did you like most about the retro dance?

"It was a place to come and have fun and be 'groovy, man'." -- Desiree Mark (12)

"The theme: It was the difference in style that made it fun." -- Chad Gaulrapp (12)

I wanna hold your hand. Sharing a private moment on the crowded dance floor, Sarah Marohl (11) and Eric Olson (12) look deep into each other's eyes.

How low can she go? Leaning all the way back, Megan Thiel (12) gets through another round of limbo.



GROOVY Is Back To Stay

Suddenly a time warp brings one to a 70's disco club, and one is surrounded by polyester suits, platform shoes and wild Afros. From the musical influences of Jimi Hendrix to the Bee Gees, from orange bell-bottoms to head-to-toe tie-dye, the legacy of this outrageous era will never die.

This was the general feeling in the WFHS commons the night of October 28 when a Retro dance was held to remember and relive this interesting time period.

The dance, sponsored by the Publications staff and speech team, incorporated 70's style music with foods and decorations characteristic of that era.

Prizes were awarded for best dressed female and male to Denita Linnertz (9) and

Chad Gaulrapp (12). Door prizes donated by local businesses were also given out.

A Retro king and queen were even elected, with nominees being selected from the various extracurricular clubs and teams in the school. During the middle of the dance, Queen Sarah Winge (12), nominated by the Foreign Exchange Club, and King Darick Dorn (10), nominated by the choir, were crowned.

Many of the students attending went and dug out the "groovy" clothes of the past. Stephanie Montgomery (11) liked the opportunity to dress differently.

"The dance was groovy! The music was cool, and it was fun to dress retro," said Montgomery.

Gaulrapp, who won the award for best dressed because of his authentic costume which included a headband and vest, thought the night was "like one big flashback."

Students had the opportunity to get pictures taken in front of a tie-dye backdrop, with a bean bag chair and lava lamp as props.

For some, the idea of a time warp and the theme of the dance was a new concept for some students.

"It (the dance) was kind of weird... it was much different than any other dances held here. There were a lot of freshman, too!" said Jenny Newburgh (11).

All in all, the night was enjoyed by

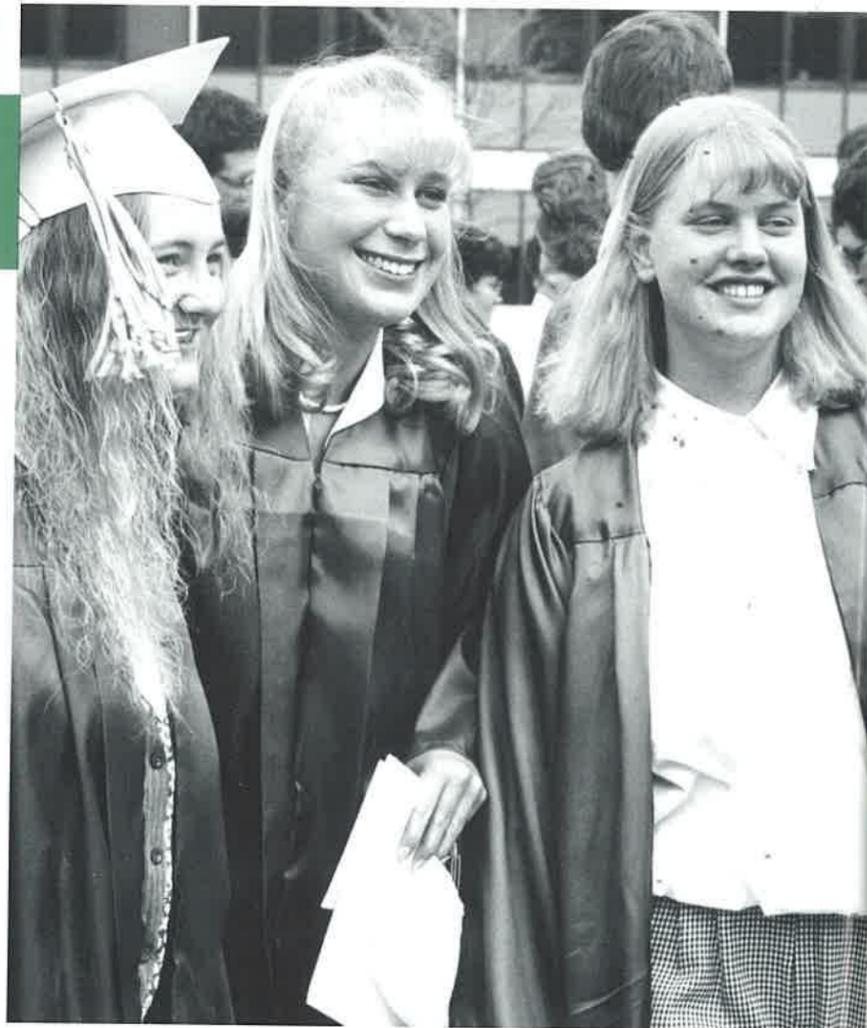
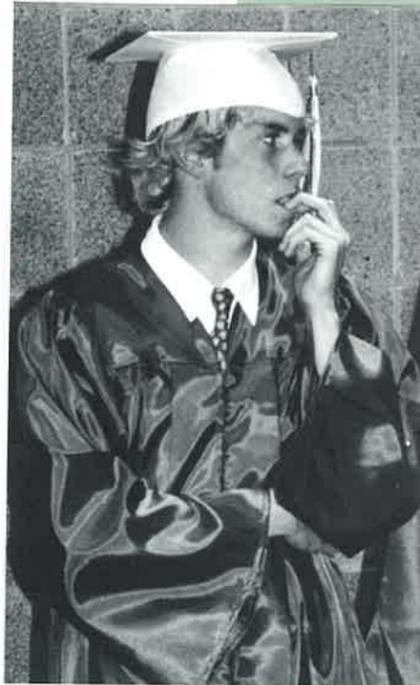


Retro Queen and King Nominees: Front row: Sarah Winge, Retro Queen; Darick Dorn, Retro King; Jefferson Varga and Matt Biewer. Row 2: Stephanie Montgomery, Rhonda Gruber, Julie Engberg, John Arneson and Ryan Goodin. Row 3: Todd Wagner, Justin Barnum, Mya Helmick, Bonnie Harrold, Sara Johnson, Stacy Gaugler, Michele Denis, Vicky Berg, Desiree Mark and Gabe Christianson.



Do the swim. Moving to the music, Jeni Montgomery (11) grooves to a funky disco beat.

Nail biting time. Getting nervous, Jason Cossette (12) waits for the cue to leave.



SENIORS Looking On Towards The Future

As time moves on, the graduating class of 1995 prepares themselves for the future. The memories of high school will live with them forever. The class motto expresses the feelings of the graduates, as they move toward the future. "In our hands, we hold today; In our dreams, we hold tomorrow; In our hearts, we hold forever."

The class chose the colors green, black and gold. The seniors selected Student Body President Andrew Sherman (12) for the main address and senior class president Jamie Nilles (12) for the welcome at commencement. There were 260 students who participated in the graduation ceremony on May 28.

Those who participated had mixed feelings about graduating.

"The best part about graduating was knowing the fact that I would never have to return to school again," said Diane Tate (12).

Some seniors felt the best part about graduating was the gifts they received. "Throughout my twelve years of schooling I felt under compensated, but the graduation gifts, especially the car, made it worthwhile," said Courtney Serumgard (12).

The excitement of the day and the memoirs of the years brought tears to some eyes.

"In a way it was sad remembering all the good times and the friendships I had made, knowing that soon I wouldn't see some of them again, but it was also one of the happiest moments realizing I have my whole future ahead of me," said Tiffany O'Hara (12).

For most students graduating was the highlight of their high school career.

By Cari Rauch

Did you know...

At graduation there were 48 seniors who graduated with honor. To receive this honor, the student had to maintain a 3.5 or better grade point average.

In deep thought. Standing around, Sarah Chapek (12) thinks about walking out during commencement.

Smile for the picture. After commencement, Melissa Gross (12), Amy Schlenker (12) and Cheryl Rood (12) wait patiently for their picture to be taken.



Future so bright. Wearing shades, Travis Smith (12) talks to a friend.

"We Must Say Goodbye". During graduation, Eric Olson (12), Gabe Christianson (12), Kurt Peterson (12) and Kelley Grant (12) sing with the choir in memory of Matt Peterson.

GRAD PARTY

Graduates

Create Memories At Party

The year has passed by with great emotion, excitement and even some controversy. All the same, the year has come to a close so the class of 1995 got together one last time to create some more memories.

After the afternoon that ended the seniors' high school careers, a celebration was held at West Fargo High from 10:30 p.m. until 4:00 a.m. This momentous occasion was sponsored by the parents of many WFHS students. May 28-29 might just have been the most memorable days of the graduates high school life.

Although mixed emotions filled the air such as excitement hinted with a touch

of sadness; fun was had by all that evening. Among the festivities there was pool, darts, volleyball and blackjack. Music provided by "Music in Motion" livened the mood and allowed many to dance the night away.

Not only was there games and music, drawings for doorprizes and an auction were held towards the end of the evening. Some of the prizes included a microwave oven, home stereo system and a portable television set. Coolers, stereos and Snapple were a few of the auction prizes.

To finish the evening with an unforgettable touch, the grand prize drawings for two \$500 gift certificates were held.

Although the high school career for the class of 1995 has ended, the party helped create memories which will live on.

"It was fun, but a little sad because I've realized the end of my high school career has come," said Robin Perez (12).

By Melisa Radford



The forbidden dance. Moving to the music provided by Music in Motion, Justin McKenzie (12) and Tiffaney Kihle (11) dance the night away.

Pressing her luck. Waiting to see the results, Amy Mahlum (12) gambles her play money.



Hit me! Deciding what to wager, Janell Martell (12) tries her luck at blackjack.

B-I-N-G-O. Concentrating on their cards, Kristin Bormus (12) and Tiffany O'Hara (12) pay close attention to the number caller.



What was the best part about the post grad party?

"I got to get down with my buds all night long."--Jenni Stompro (12)

"It's a good idea to let the seniors get together one last time."--Mike Metcalf (12)

"It was great to spend time with my friends that I might never see again."--Brad Roux (12)

"It was our last chance to be together as a class. I wouldn't have missed it for the world."--Christy Hodgson (12)

"I won some money, I lost some money, I won some Snapple."--Brandon Mellem (12)

Concentrating on the targets. Shooting the guns, Kurt Peterson (12) and Troy Bormann (12) aim at the bad guys on the video games.

STEPPING Out of here

S All through their lives, the seniors have been taking steps towards making a promising life for themselves. Students have taken these steps one at a time on a long journey as they ascend the staircase of life. Although the staircase seems long and tedious, in the end they will have accomplished many goals and step out of WFHS into reality.



Seniors



Sleep tight. Taking a nap, James Hoglund (12) lays among the coats at a speech tournament.

Is this right? Helping each other out, Sara Moreland (12) and Jeanne Boser (12) converse during Trig.

Getting out of class. Donating to the blood drive, Angie Seeba (12) laughs with Taia McLeod (12).

Oh my gosh! During study hall, Tiffany O'Hara suddenly becomes embarrassed.

Seniors pass on acquired information

Information station

With the coming of age, seniors have gained a large amount of knowledge from this school. Most of this information was acquired through classes, but the most important data did not come through years of study, but through the passing on of the skills required by students to survive the high school years.

"Take a lot of study halls and easy classes, then cruise through your senior year," said Chad Frandson (12).

Some seniors, however, have found ways to take a more difficult schedule and somehow make it through. Jamie Nilles (12) believes the best ways to accomplish this feat is by getting on a

teacher's good side and talking to students who previously took the class.

"Whatever you do, don't squeeze the Charmin."
-- Tim Heard (12)

"The best thing is not to study but just cram the period before the class," said Nilles.

Some of the most important knowledge that has been acquired by the seniors goes far beyond the normal classroom information.

"Whatever you do, don't squeeze the Charmin," said Tim Heard (12).

With the help and guidance of the seniors, hopefully future seniors will make it through the year unscathed.

By Chris Radi

Memorable

O
M
E
N
T
S

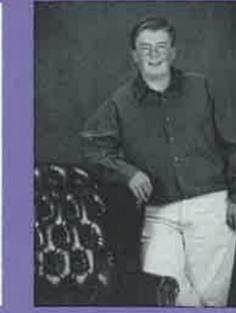
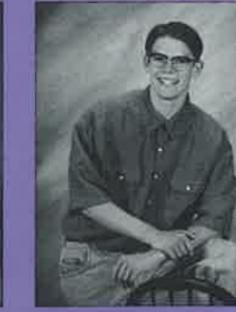
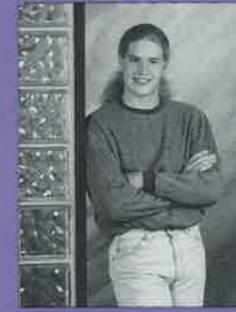
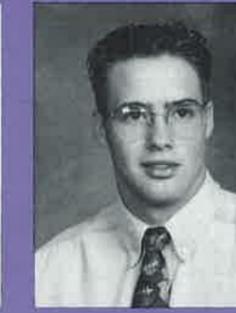
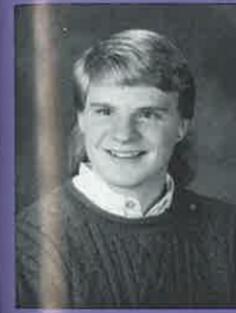
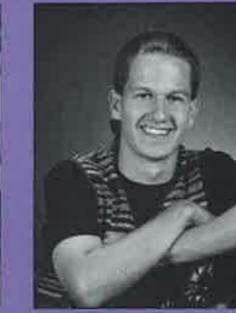
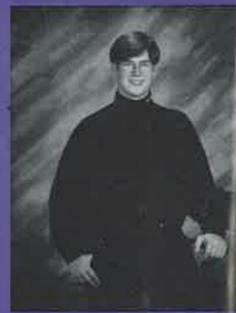
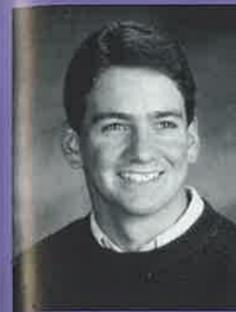
"When Kelly Murphy and I sacrificed our safety to watch some friends play soccer."
-- Dara Lee (12)

"When Mr. Swanson set the chemistry table on fire."
-- Chris Rieniets (12)

"My most memorable moment is playing our first girl's hockey game."
-- Cheryl Rood (12)



Tell me oh wise one! During lunch, Chris Kelley (12) tells Mandy Enebo (11) and Katie Beauchamp (11) about being a senior.



Jared Aaberg
Ryan Abrahamson
Amy Adams
Lyndsey Alm
Shane Ambrose

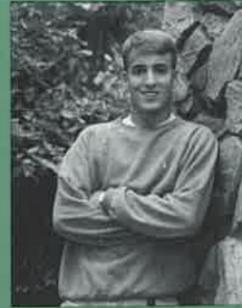
A.J. Anderson
Michael Anderson
Bradley Annis
Jennifer Arndt
Bryan Bandli

Tyler Berglund
Julian Bernath
Jill Bertrand
Trisha Besette
Brian Beyer

Terrill Blair
Lonnie Bommer
Paul Bonnett
Allison Bonzer
Troy Bormann

Kristin Bornus
Jeanne Boser
Shelby Breker
Trish Broderson
Ryan Brown

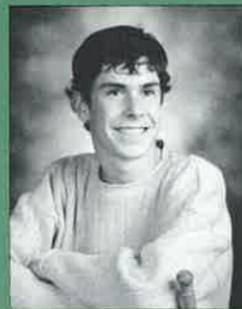
Amy Burchfield
Jody Carpenter
Sarah Chapek
John Cheney
Gabe Christianson



Eric Christl
Zelie Clark
Brandi Claus
Katie Clemens
Stacey Conzemius



Jason Cossette
Chris Culver
Doug Dahl
Stacy Dahl
Jacob Dalbol



Jeffrey Daniels
Chet Decker
Michele Denis
Ron Dietz
Lynette Dockter



Danielle Eberhardt
Jessica Eckhoff
Carolyn Edgerly
Stuart Edgerly
Todd Eiter



Forward march!

Left, left, left, right, left, left, left, left, right, left: Four WFHS students shouted this chant almost every day for all of Basic Training for the National Guard during the summer of 1994. Stuart Edgerly (12), Paul Muchow (12), Travis Smith (12) and Justin Williams (12) attended Basic Training at Fort Leonard Wood, Missouri in the Missouri Ozarks.

The training lasted seven weeks and included such exercises as basic rifle marksmanship, training with grenades, bayonet training, going through CS riot control gas chamber, and also included push-ups, leg raisers, physical training tests (sit-ups, push-ups and a two mile run) and other physical activities.

"The first two weeks I was there, I thought they would kill me," said Smith.

During the gas chamber training, the troops entered the room full of CS riot control gas with protective

masks on. They were required to break the seal of their masks and then reseal it. After that they had to take off their masks and stand there for a minute and a half breathing with their eyes open.

"I couldn't breath, and I thought I was going to die," said Muchow.

Edgerly disagreed, he felt Basic Training wasn't as difficult as some thought.

"It was a lot easier than I expected, and the comradery was an experience as was the whole enchilada," said Edgerly.

They both feel being away from their families for most of the summer was the worst part of Basic Training. Muchow feels the training made him become a more responsible person.

"You don't put things off, and you get right to it," Muchow said.

By Ethan Edgerly



Are you serious? Sitting around, Justin Williams (12) and Travis Smith (12) talk about the National Guard.

Memorable

O
M
E
N
T
S
 "In my junior year on the way home from a hockey game in Bismarck, we had no heat on the bus and for three hours it snowed on the back of the bus." -- Jodie Schatschneider (12)

"When I actually passed one of Tefft's government tests." -- Dan Halverson (12)

Four seniors attend basic training

Senior Picks

Class of 1995

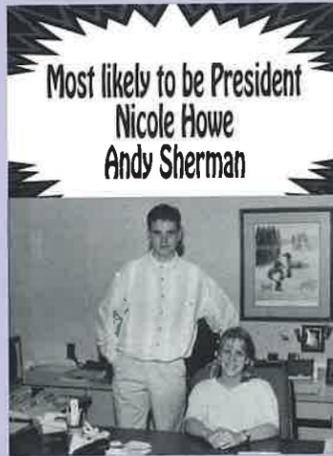
Most likely to end up on Broadway, the stage
 Jamie Beth Nilles
 James Hoglund



Friendliest
 Heather Willis
 John Cheney



Teacher's Pet
 Anna Jo Steidl
 Chad Frandson



Most likely to be President
 Nicole Howe
 Andy Sherman



Most Athletic
 Jennifer Rud
 Nathan Knudsen



Most likely to fall asleep in class
 Rita Nerby
 Eric Houseman



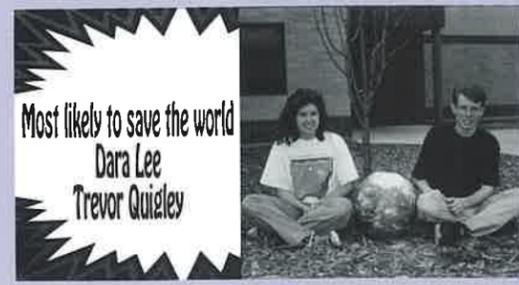
Wildest Dresser
 Sarah Winge
 Kurt Peterson



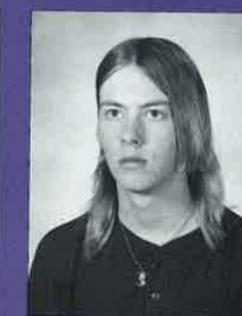
Best Body
 Amy Hoglund
 Chris Hayden



Most likely to save the world
 Dara Lee
 Trevor Quisley



Senior Picks
 continued
 on pages
 40 and 41

Cory Elizondo
 Deanna Elsaas
 Nicole Emery
 Mark Engelstad
 Mandy Enzinger



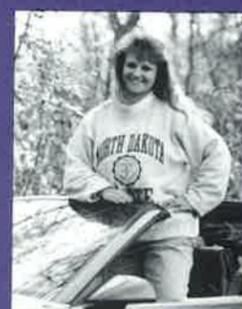
Jenny Ernst
 Nichole Essary
 Stefan Fahrnich
 Sarah Falk
 Amy Fiala



Paul Finn
 Travis Flatt
 Laurie Flick
 Christopher Flynn
 Chad Frandson



Karie Freed
 Jeffrey Gartner
 Stacy Gaugler
 Chad Gaulrapp
 Shanna Geist



Samantha Gildea
 Cody Glaser
 Jason Gooding
 Stacey Graffis
 Kelley Grant

Heidi Grefsrud
 Andrew Gregoire
 Bree Gronneberg
 Melissa Gross
 Nicholle Gully



Steven Guscette
 Denny Gustafson
 Kelly Haar
 Matt Hall
 Tina Hallada



Ryan Hallett
 Daniel Halverson
 Michelle Halverson
 Chad Hammill
 Shane Hansen



David Hardy
 Bonnie Harrold
 Chris Hayden
 Tim Heard
 Tommy Helenske



Mya Helmick
 Tara Hilscher
 Jeremy Hirschorn
 Christy Hodgson
 Joshua Hoffert



Friends forever

Most students remember being 12 years old and making a pact with their friends that would last forever. As the years went on some of them stayed friends and honored the friendship pact; others found new ones, not always by choice, sometimes because

"I'll always remember the friendships I've made..." -- Dara Lee (12)

of a fight or because they moved away. For seniors, friendships are hard to keep especially when college time rolls around.

For some it will be difficult to leave their friends behind.

"I think it will be hard to go off to college without my high school friends, but I will make new friends in college," said Kelly Murphy (12). For others it won't be as hard.

"Most of my friends are going to

college around here, so I most likely I will be seeing them a lot of the time," said Heather McNamara (12).

Others aren't sure what is going to happen, but they were happy to get to know their friends.

"I'm not sure what I'm going to do in the future, but I know I will always re-

member the friendships that I made during high school," said Dara Lee (12).

Although for most seniors graduating means a new lifestyle of going to college, whether it is leaving friends and making new ones or staying together with old friends. The friendships that were made during high school will be ones that will be remembered forever.

By Cari Rauch



Is this right? During Anatomy, friends Jana Olslund (12) and Katie Rood (12) help each other out.

Memorable

O
M
e
n
t
s

"During high school, I met so many new friends that will stay with me for a lifetime." -- Stacy Gaugler (12)

"At a NDSU speech tournament, I was walking with my friends, and I ran into a sign." -- Jennifer Arndt (12)

Seniors realize how long forever lasts

Spier finds dream

Dreams rarely become reality, but one Saturday in October Jessica Spier (12) transformed one of her dreams into real life. Her dream of becoming Miss North Dakota Teen USA 1994 was realized that day in Bismarck.

The pageant consisted of three different events, which Spier scored high in each of the three and was able to capture the title of Miss North Dakota Teen USA. The three areas covered were modeling evening gowns and swimsuits and responding to an interview.

This, however, was not the first time Spier had won a beauty pageant; she had won the crowns of North Dakota Favorite Pre-Teen

1988 and Miss Winterfest 1990. "After competing in pageants for 11 years, they seem like second nature to me. I've grown up with it," said Spier. As well as winning pageant awards, she won many fitness awards, including '89 school district champion and the US Marine Corps Stars and Stripes award. Spier was also involved in girls' basketball cheerleading and DECA.

Spier hoped to become Miss Teen USA in August 1995 at Galveston, Texas. She performs in pageants for fun and hopes to continue competing in them during her spare time. "The pageants are really fun. I don't feel any pressure," said Spier.

By Loren Hansen

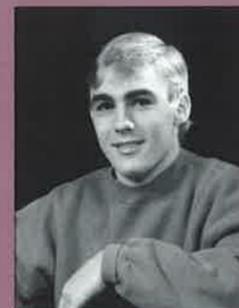
Memorable

O "Being involved in many activities has taught me how to work with others as a team and how to motivate myself." -- Heather Willis (12)

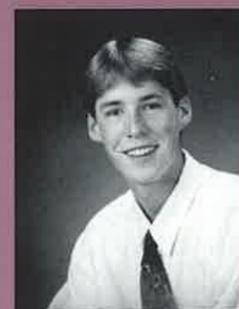
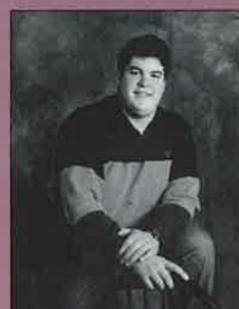
M
e
n
t
s "In our second to the last soccer game, when we were tied for 2nd place, we had a shoot out and they picked me to kick one of them and I scored." -- Karie Freed (12)



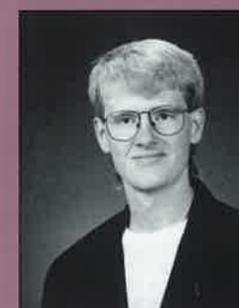
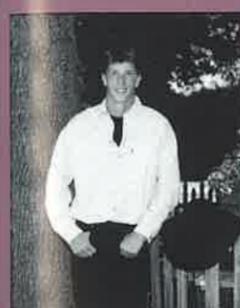
Say cheese. Standing tall and proud in her gown, Jessica Spier (12) smiles with a fellow queen.



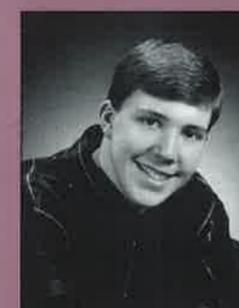
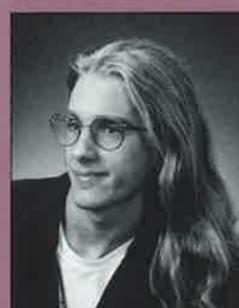
Amy Hoglund
James Hoglund
Stacy Hood
Eric Houseman
Andrea Hovland



Aaron R. Hovland
Nicole Howe
Ryan Huber
Barrett Irving
Chad Isaacson



Travis Jackson
Brian Jacobson
Chad Jamieson
Joel Jensen
Karl Jensen

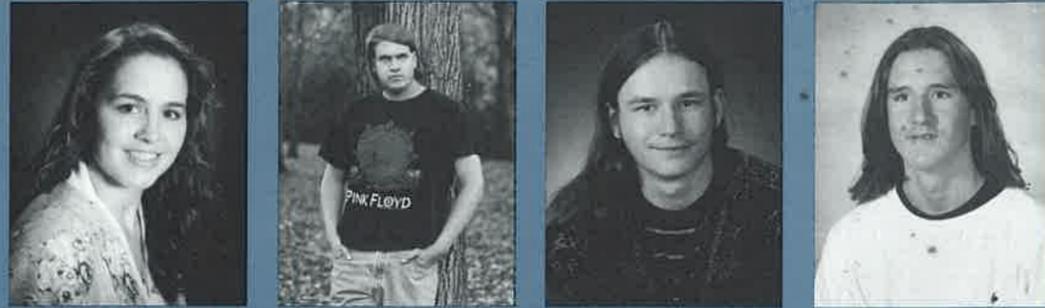


Jonie Jess
David Johnson
Brandon D. Johnson
Heather Johnson
Kris Johnson



Sara Johnson
Bobbi Jones
Susan Judisch
Chris Kelley
Heather Kelly

Abigail Kircher
Tyson Kirkeby
Lance Kitzan
Christopher Kjar
Travis Klein



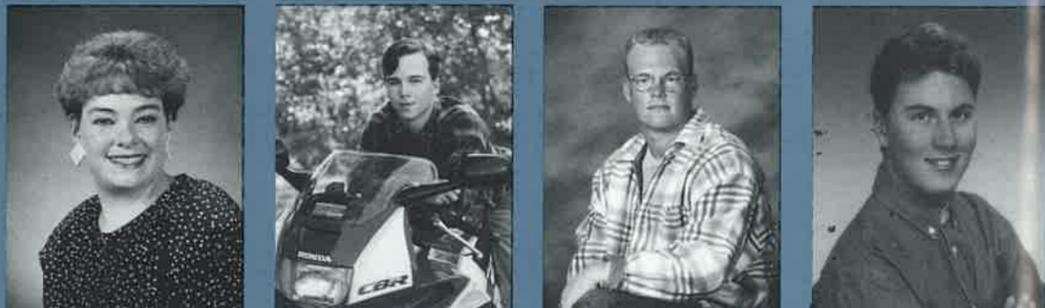
Robert Klinger
Amy Knodle
Nathan Knudsen
Rachel Kraft
Jon Krei



Aubrey Kurtz
Brian Lacher
Jade Larsen
Adam Larson
Angie Larson



Jolene Larson
Roland Larson
Jason Lauritsen
Mathew Lavelle
Dara Lee



Lilas Leon
Erik Lien
Matthew Linnell
Allison Loeks
Jacob Lureen



Cringing catastrophe

As the final year of high school draws to an end, seniors take a stroll down memory lane and recall some of their most embarrassing moments.

For some students, attempts at socializing sometimes get them in trouble and embarrasses them.

"Mr. Christianson came up behind me in the hallway while I was trying to get someone's attention from a classroom. He took me in front of the classroom and said, 'Now you can say hi to whoever you want because you have the whole class's undivided attention,'" said Jessica Spier (12).

Embarrassing moments can occur when one least expects them to happen when one is surrounded by peers.

Lolly Leon (12) remembered

tripping up the stairs as a particularly humiliating experience.

Some people take embarrassing events in stride.

"I really don't get embarrassed, but people around me look pretty embarrassed for me," joked Andy Sherman (12).

Unlike Sherman, some students can get flustered having to be in front of a crowd.

"When I was in fifth grade, I forgot my one line in the play for school. I was holding a hat, and I said 'I am holding a kite,'" said Chad Plettl (12).

During a student's teenage years, embarrassing moments throughout high school can't seem to get any worse.

By Jessie Hanzel



Oh No! You Caught Me!--Shyly hiding her face, Cari Rauch (12), covers her face in embarrassment.

Memorable

O
M
E
N
T
S

"When Shelby Breker and I went through the wrong doors in the NDSU locker room and got trapped in the men's showers. The doors were locked behind us, and the dripping wet football players weren't in a very big hurry to help up find an unlocked door." - Desiree Mark (12)

Seniors recall embarrassing times

Donkey or Elephant

Waiting in long lines, deciding which political candidate one would rather have elected and listening to last minute pleas by candidates. These are just a few tasks done by those who vote on Election Day.

Since the legal age to vote is 18, some students at WFHS are able to vote.

"A lot of people feel that it won't make a change, but if everybody felt that way nothing would ever change," said Courtney Serumgard (12).

Some feel that their vote can make a change.

"If everybody would just go out and vote, it would change the way they feel," said Serumgard.

But even when some people are legally able to vote, they don't.

"I was really busy with basketball and stuff like that. I just didn't really have time, and plus I really didn't look into who was running, and I didn't want to vote for someone I

didn't know about," said Heather Willis (12).

Serumgard, though, feels it's worth it to vote.

"I'd just say it doesn't hurt to try, it doesn't take a whole bunch of time; it doesn't cost any money; it's your freedom to exercise your feelings about how the country should be run and who should run it," said Serumgard. But some still feel their vote doesn't matter in the long run.

"It makes no difference to me, and I don't think my one vote makes a difference either," said Dan Selzler (12).

Others look at the person first and the party second when they decide to vote.

"I'm usually democrat, but if I feel that there is a better candidate in a different party, republican or independent, I would probably vote for them," said Serumgard.

By Dave Syverson

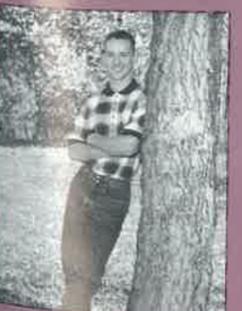
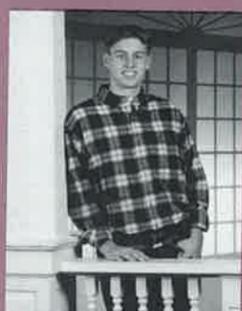
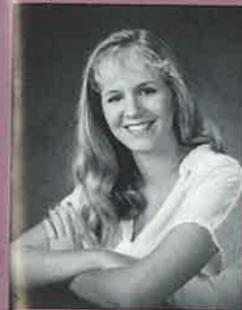
Memorable

O **m** **e** **n** **t** **s**
 "When I made it to state for wrestling as a sophomore at 152 lbs. and I only weighed 130 lbs." -- Jason Peterson (12)

"Last year when we went 11-0 and won the State Championship. That team will be with me in my mind for the rest of my life." -- Nathan Knudsen (12)



Right now! While keeping up with the news, Shawn VanWinkle (12) relaxes in the library.



Amy Mahlum
 Alicia Majkrzak
 Jason Maley
 Ann Malstrom
 Renae Mapel

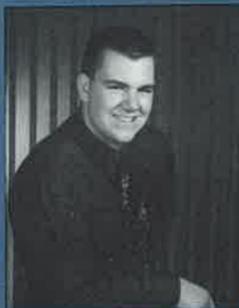
Desiree Mark
 Janell Martell
 Brian Mattson
 Alan Mauch
 Arissa McDonald

Melissa McDougall
 Dave McGuire
 Justin McKenzie
 Taia McLeod
 Heather McNamara

Brandon Mellem
 Michael Metcalf
 Bryce Meyer
 Michelle Mills
 Todd Moldenhauer

Sara Moreland
 Paul Muchow
 Keri Muhl
 Kelly Murphy
 Rita Nerby

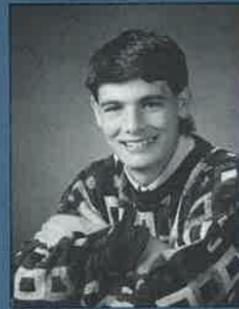
Brian Nettetstad
 Jaci Nicholas
 Nikki Nielsen
 Brittnee Nikle
 Jamie Nilles



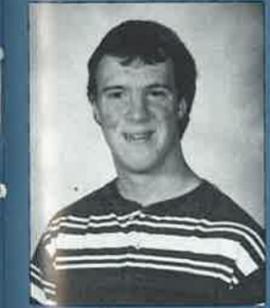
Carrie Nissen
 Jason Nordstrom
 Tiffany O'Hara
 Kari Odegaard
 Jana Olsund



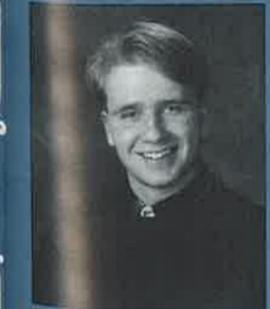
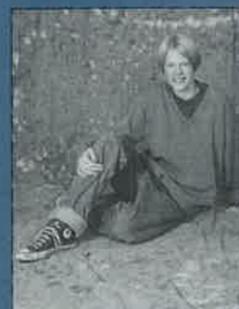
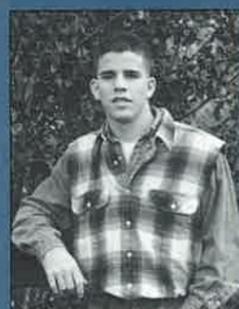
Eric Olson
 Ryan Olson
 Shenoa Ost
 Angela Ottesen
 Jennifer Palloch



Ben Pearson
 Kris Pedersen
 Robin Perez
 Traci Perlenfein
 Ryan Petermann



Jason Peterson
 Kurt Peterson
 Matt Peterson
 Nicole Peterson
 Ryan Pierson



Senior Picks

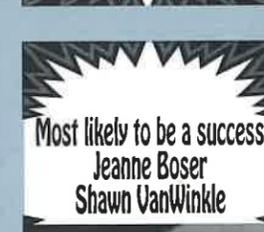
Most Mischievous
 Nikki Nielsen
 Dan Wieland



Mosts likely to top the music charts
 Desiree Mark
 Eric Olson



Class Clown
 Bonnie Harrold
 Brian Beyer



Most Artistic
 Melissa Gross
 Shane Ambrose



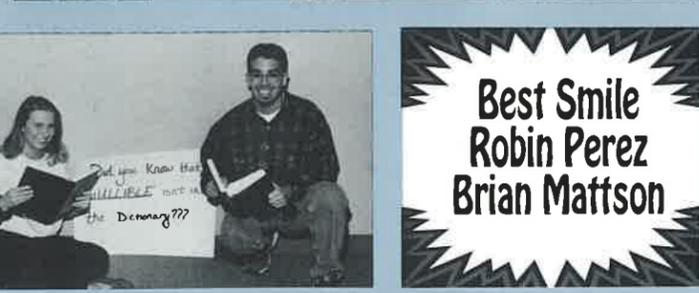
Most Easily Embarrassed
 Katie Rood
 Barrett Irving



Most likely to be a success
 Jeanne Boser
 Shawn VanWinkle



Most Active
 Laurie Flick
 Justin McKenzie



Most Gullible
 Lindsey Alm
 Cory Elizondo



Best Smile
 Robin Perez
 Brian Mattson



Strike a pose!

Senior pictures: Although some students dread them, they are part of a person's high school career. These pictures are not always average snapshots. Some seniors go to the extremes by purchasing new clothes and having different poses and several different outfits.

There are many different places to go to get senior pictures taken, depending on the student's preferences.

Some students received an offer to have their pictures taken.

"I went to Scherlings, because they called me for some promotional photos," said Bree Gronneberg (12).

Other students went to the places for the way the photographs looked and were taken.

"I went to Portraits by James, because I like simpler and more traditional backgrounds," said Nicole Randall (12).

Others felt the same.

"I had killer backgrounds,"

said Denny Gustafson (12).

Even though senior pictures are dreaded by most students, some realize that in the end these pictures will become the most memorable reminders from high school.

By Josh Olson

"... I like simpler and more traditional backgrounds." -- Nicole Randall (12)

Memorable

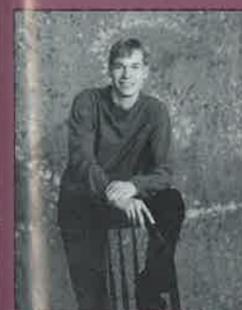
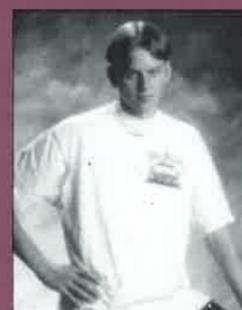
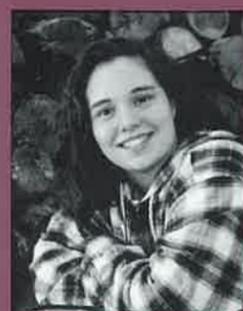
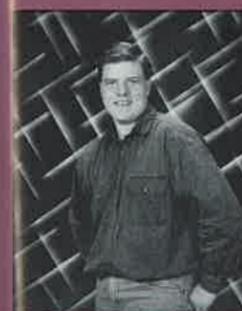
Comments

"Winning the State championship last year in girls' basketball was a feeling that can't be described." -- Nikki Nielsen (12)

"In cross country, the best was when we would decorate Mr. Boehm's room and T.P. everyone's houses for the State meet." -- Sara Johnson (12)



Which one? Looking through pictures, Heidi Trottier (12) finds the pose she likes the most.



Sheri Pittenger
Chad Plett
Justin Pralgske
Jessica Pronovost
Trevor Quigley

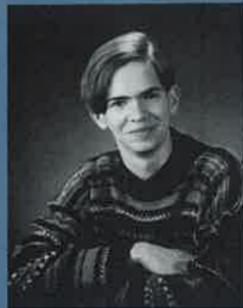
Melisa Radford
Chris Radi
Beth Ramsett
Nicole Randall
Cari Rauch

Ryan Renner
Todd Rettig
Sarah Richard
Angel Rieder
Chad Rieder

Christopher Rieniets
Broc Roberson
Matt Roe
Shannon Roers
Corey Rohrich

Cheryl Rood
Katie Rood
Tanya Rosendahl
Thomas Rosenkranz
Bradley Roux

David Rud
Jennifer Rud
Carter Ruff
Sheri Rutten
Jennifer Saathoff



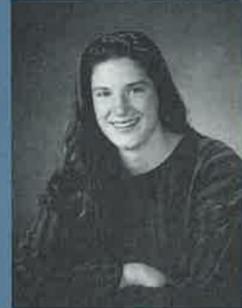
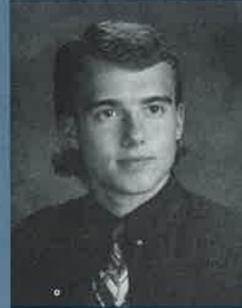
John Sahr
Nicole Sailer
Lisa Sannes
Kim Sattler
Jennifer Saxowsky



Craig Sayler
Jeremy Schaffer
Dustin Schander
Jodie Schatschneider
Amy Schlenker



James Schmidt
Kipp Schroeder
Angela Seeba
Daniel Selzler
Courtney Serumgard



Andrew Sherman
Brian Smerud
Christa Smith
Travis Smith
Robert Snyder



Seniors plan their future

What one does before settling in a career may take on different forms. For seniors there are many possible choices for the future. All seniors choose or are thrust on a path they are to go on after high school. Picking that path involves many factors and affects the next few years, if not the rest of their lives.

For some this decision is easy; for others it takes a lot of time to narrow their choices.

"In the beginning it was hard for me to choose a major, but after trying more things I knew what I wanted to do," said Bonnie Harrold (12).

Harrold knew she wanted to be in a medical field, and after becoming a student trainer for WFHS, she decided to go into sports medicine.

Some students knew before what

they were going to do. Adam Larson, who plans to become a chiropractor, has known for awhile what he was going to do.

"I have always wanted to do this, so it was easy to decide," said Larson (12).

For others it is a time for adventure, experiencing new sights and sounds, or a time to bring out their own creativity. There are many jobs that allow people to do this.

"I chose architecture because, I have always picked apart buildings and wondered what went into them," said Jason Gooding (12).

With a mix of fear and anticipation many choose to become educated by experience by entering the workforce full time.

By Kay Meyer



What is next? In Anatomy class, Jon Krei (12) dissects a deer heart to examine the parts.

Memorable

O "When certain members of our AP history class took Mr. Haarsager's bust of JFK for an outing." -- Anna Jo Steidl (12)

M "My most memorable moment was competing and winning the first ever State Class A cheerleading. It was a moment that I will never forget." - Jana Olslund (12)

e
n
t
s

Students decide path after graduation

Senoritis attacks '95 graduates

Epidemic engulfs students

As more and more students fall ill, something becomes clear. The students, more specifically, seniors, are suffering from a serious disease. This disease is Slakus Maximus, more commonly known as senioritis.

"We're so close to the end, and we're so sick of school we've started thinking it's already the end," said Dave McGuire (12).

As second semester arrives, many symptoms appear in the soon-to-be graduates. These symptoms vary from not paying attention in class to falling asleep, or in the extreme cases, not doing homework.

"You are so sick of being in school,

and we're ready to get out of here," said Karie Freed (12).

Luckily this epidemic is limited to seniors.

"We've got more responsibilities other than school, because we're old enough now," Troy

"We're so close to the end, and we're so sick of school, we've started thinking it's already the end." -- Dave McGuire (12)

Bormann (12).

This mysterious virus, senioritis, lasts only a few months. On graduation day, these symptoms seem to disappear. The short attention spans change to nervousness and apprehension, and falling asleep changes to waking up to a bright new future.

By Jennifer Samuelson

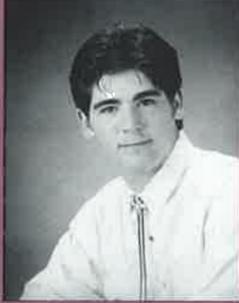
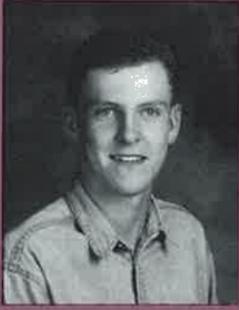
Memorable

O "In chemistry during an experiment, Mr. Swanson accidentally set a beaker of alcohol on fire and then proceeded to set a large portion of his desk on fire several times." -- Eric Olson (12)

M
e
n
t
s "Finding out that I had passed my junior year and became a senior." -- Zelie Clark (12)



Pepsi anyone? During study hall, Brian Beyer (12) and Chris Hayden (12) purchase cans of pop.



Honey Sohlt
Stacey Solberg
Sara Somerville
Carmel Sorlie
Ryan Spiegl

Jessica Spier
Tracy Springer
Kelly Stark
Sally Stastny
Andrew Steele

Anna Jo Steidl
Shannon Stock
Kristina Stockert
Jenni Stompro
Cristina Straub

Chad Sundberg
Aaron Talle
Diane Tate
Megan Thiel
Jesse Thomson

Annette Torgerson
Heidi Trottier
Joey Trottier
Chris Tweeter
Sara Ulrickson

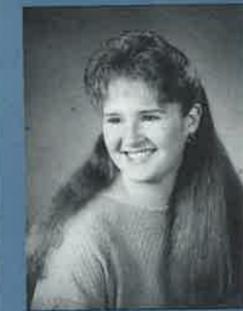
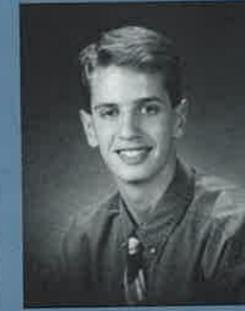
Shawn VanWinkle
Katie Volk
Becky Volk
Mikulas Vondra
Jodi Wagenman
Angie Wagner



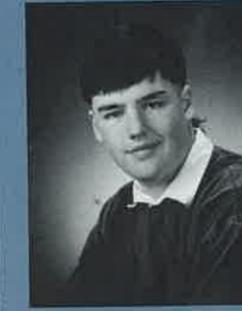
Todd Wagner
Stephanie Wald
Nichole Walla
Rachel Wang
Tyler Ward
Tausha Wasness



Mike Weber
Chris Wehri
Laura Weidner
Jessica Weigel
Kelly Weispfenning
Mandy Westrick



Keith Widener
Chris Wieland
Dan Wieland
Christina Wiese
Justin Williams
Heather Willis



Sarah Winge



Not Pictured

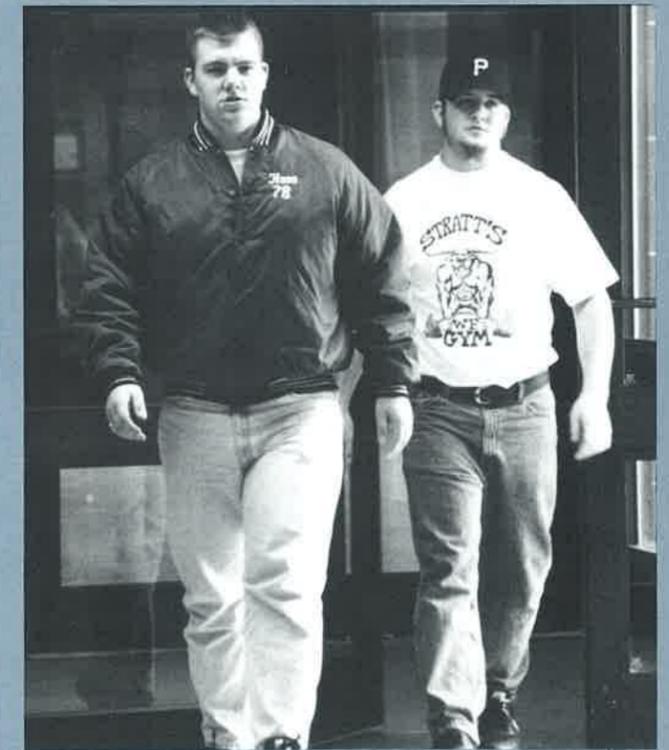
Jason Buchholz
Jane Carlisle
Jennifer Cross
Rebecca Elliot
Shad Glaser
Shaun Grossnickle
Lana Haak

Del Jackson
Alan Leiss
Dustin Mangin
Keith Matthiensen
Jason McCarty
Bryce Moritz
Scott Otterstetter

Jim Roe
Erick Saewert
Dustin Schander
Bryan Schroeder
David Sommerfeld
Thomas Thoenke
Cory Trottier



In loving
memory
of Matt
Peterson



Mm, Mm Good! After going to lunch, Brian Nettekstad (12) and Brandon Mellem (12) return to the high school. Some students stay at school for lunch because on Thursdays Domino's Pizza is served in the high school commons for a dollar a slice.

Bang, Bang! During seventh hour Physics, Ron Dietz (12) executes a lab experiment to find the horizontal displacement of an object by using a plastic dart gun.



STEPPING Out and up

The juniors have one step left to reach the top as they step out and up. Instead of being pushed around, next year they will be the ones to rule the school. The final obstacle may be the hardest yet, but their dedication and hard work will pay off in the long run. These sacrifices will propel the junior class One Step Ahead.



Juniors



Boredom. During her homeroom, Renae Thies (11) waits with a confused look for the bell to ring.

What is this? Looking through the newspaper, Robert Lussier (11) reads an article.

What's wrong? Helping out Mrs. Carol Olson, Jeremy Kapaun (11) tells her how to use Internet on the computers.

Huh? While studying chemistry, Amber Preston (11) gets confused on what the answer is on the sheet.

Sumer Aberle
 Joshua Ackerland
 Adam Adams
 Jennifer Alberty
 Chris Albright
 Ellen Anderson
 Shelli Anderson
 Travis Anderson

Thomas Anundson
 Billy Armstrong
 Heidi Armstrong
 James Arneson
 John Arneson
 Scott Backen
 Leanne Bahnsen
 Summer Baird

Karla Bakken
 Joseph Balkovatz
 Mark Baltes
 LeeRoy Bangert
 Marie Barnes
 Justin Barnum
 Melody Bauer
 Katie Beauchamp

Tara Belisle
 Heather Bell
 Nicole Berg
 Teresa Berg
 Jon Bernstein
 Tanya Bertzyk
 Lisa Biegler
 Peter Biegler

Darrell Black
 Larissa Boe
 Lindsay Bogardus
 Jonathan Borah
 Michael Boutiette
 Traci Brager
 Eric Braun
 Landon Brinkman

Summer Bruns
 Tara Buckman
 Jami Burbidge
 Aaron Burchfield
 Michael Burley
 David Burroughs
 Jeremy Busch
 Jason Byrne

John Carlson
 Joshua Carmichael
 Jenni Carriveau
 Jayme Cheney
 David Cleary
 Matthew Conzemius
 Julia Coughlin
 Joseph Couillard

Brandon S. Dahl
 Carrie Devones
 Joshua Dikoff
 Bonnie Dockter
 Rita Doll
 Alicia Dotseth
 Sue Dreckman
 Sara Drew



Juniors Cheat

Some find alternatives to studying

With the level of difficulty in many of the college prep courses, the pressure to merely pass, and the increased stress of everyday high school life, many students find themselves without enough time to study for everything. Some of them have found an alternative: cheating.

Students have tried many methods of cheating. The easiest and most popular method of all is cheating off another person's paper.

"I think the easiest way of cheating is using your hat over your eyes and looking over a little to get an answer," said Jeremiah Kapaun (11).

Teachers have taken steps to curb most cheating. Sometimes that isn't enough to stop determined students.

"They do as much as they can do, but they can't always stop it," said Cindy O'Neill (11).

Although a few teachers consider it cheating when students help each other with homework, students don't always see it that way.

"It depends on the assignment. It would be cheating if they didn't have to think," said Leah Tilly (11).

Teachers have noticed that students don't realize the effects of cheating.

"Students tend to think they benefit from cheating, and perhaps they do temporarily. In the long run, however, it just doesn't pay off. I know people who cheated their way through high school and then failed college. Cheating seems to be the norm now, but it really doesn't help anybody. The knowledge you can acquire now is what can benefit you in the future," said English teacher Mrs. Shari Neece.

By Matt Biewer



To cheat or not to cheat. Choosing not to cheat, Sarah Marohl (11) studies for finals in the library.

Close Up Experience

WFHS juniors experience government firsthand

What do Newt Gringrich, Sheryl Crow, Ted Kennedy and Chelsea Clinton have in common? These celebrities were all spotted in Washington D.C. by members of the Close Up group. This year juniors Kay Meyer, Rhonda Gruber, Erika Peterson, Sarah Morrison, Jaime Smith, Stephanie Montgomery and Mrs. Tracy Aaker went on the Close Up trip to Washington D.C. on March 19-25.

While in Washington they learned about the government and its inner-workings. They visited many famous sights in Washington including Capitol Hill, the Pavillion at Union Station, Laffayette Park, Vietnam Memorial, the Holocaust museum and the Jefferson and Lincoln memorials. The trip was educational in many ways.

"We went to seminars on foreign relations and went to public relation firms. I learned about two different people that had grown up in a different environment: My roomates," said Morrison.

Students from various states around the country were in the Close Up program. Students from Massachusetts, Arizona and western North Dakota were placed in the same hotel as the West Fargo group.

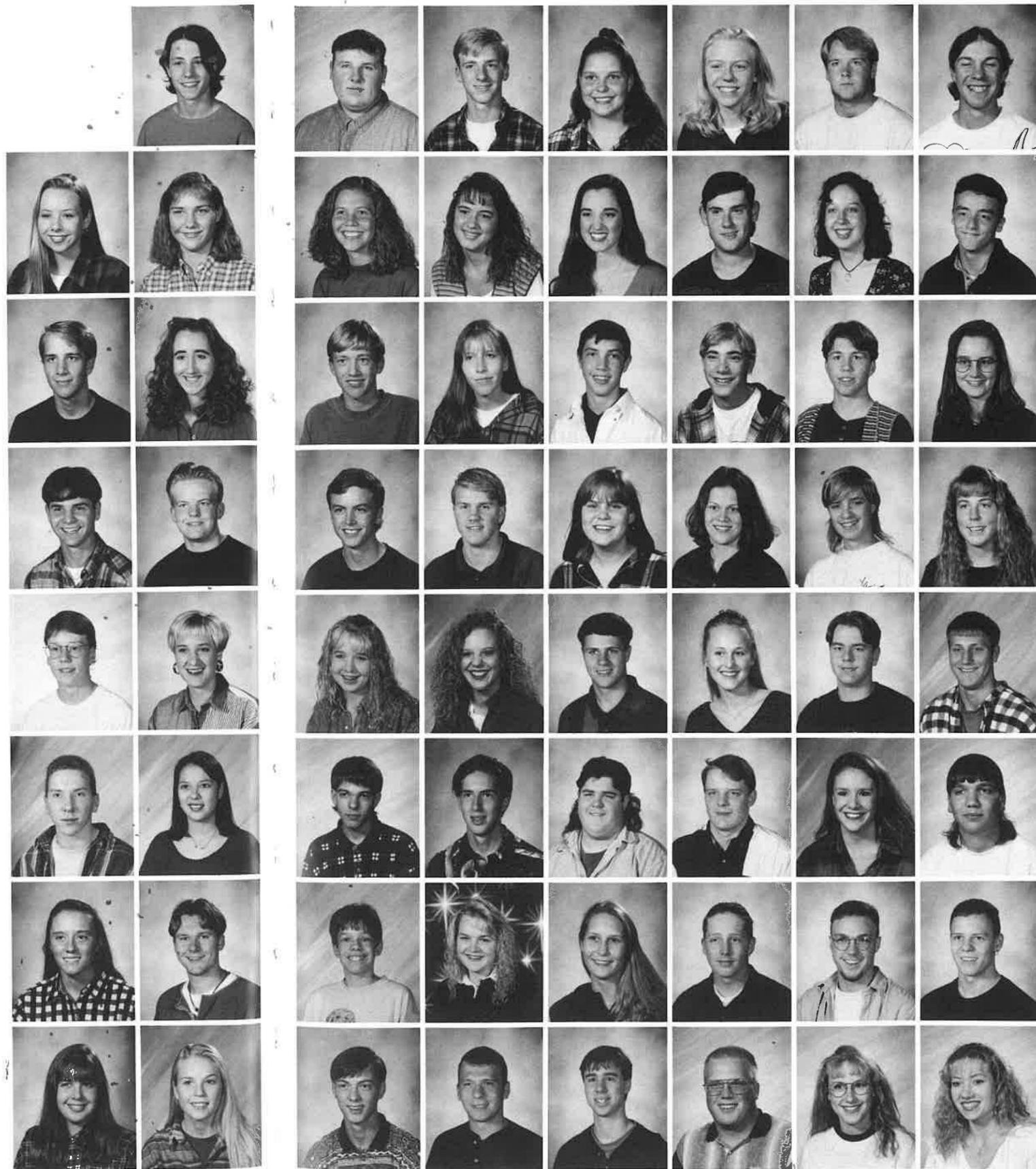
"The most enjoyable part of the trip was going to D.C. and meeting many different types of people," said Peterson.

Close Up was a fun and educational trip for everyone involved.

By Heidi Solseng



Close Up and personal. The Close Up group, including Stephanie Montgomery, Rhonda Gruber, Kay Meyer, Sarah Morrison and Jaime Smith, lounge for a picture near the end of their trip. They are at Capital Hill in Washington D.C.



Mark Duchscher
Aaron Due
Seth Durbin
Melissa Durensky
Moriah Edgerly
Richard Edgerly
Derik Eiter

Karrie Eldevick
Mandy Enebo
Erin Erickson
Jamie Evenson
Janelle Fink
Bernie Fischer
Jana Fischer
Nathan Fiskum

Christopher Franck
Jennifer Fuchs
Ryan Gilleland
Heather Golliet
Ryan Goodin
Kenneth Goodyear
Brian Grinde
Rhonda Gruber

Dustin Guler
Matt Haakenson
Erick Handegard
Darian Hanson
Jessica Hanson
Liann Hanson
Philip Hase
Sarah Havelange

Justin Hehr
Jill Heiden
Julie Heinz
Kelly Jo Heinz
Joey Herbst
Stephanie Herman
Dustin Hill
Bryan Hins

Shawn Hoff
Karmelia Hoffarth
Shane Hornbacher
Ira Hovland
Jason Huber
David Hudson
Shanteres Huff
Ray Hurt

Carmen Isaak
Tony Jameson
Tracey Jenner
Jessica Jensen
Amy Johnson
Dana Johnson
Jared Johnson
Jesse Johnson

Kristi Johnson
Amanda Jones
Brandt Juntunen
Danny Kackman
Darren Kapaun
Jeremiah Kapaun
Tracy Kartes
Galina
Khristyuchenko

Tiffaney Kihle
Thomas Kingsbury
Nicole Kirklewski
Ward Kitzman
Melissa Klein
Shane Kluth
Sarah Kylo
Kathryn Laurie



Sarah Leake
Michael Lee
Donna Leeman
Jenny Lessard
Amber Loberg
Jim Loberg
Janelle Loeks
Melissa Loney



Lori Long
Joshua Ludwig
Kirk Ludwig
Darin Lund
Jill Lund
Robert Lussier
Cheri Mack
Travis Magnuson



Jared Mahlum
Chris Mapes
Joshua Mark
Jeremy Markey
Sarah Marohl
Kyle Martin
Wendy Marx
Leslie Matthiensen



Chris Maxwell
Thomas McCann
Bryce McGillis
Nathan McNamara
Ryan Meisch
Jodi Melby
Jessica Melvin
Kay Meyer



Mark Miller
Melissa Miller
Jennifer Montgomery
Stephanie Montgomery
Craig Morrison
Sarah Morrison
Justin Morrow
Kelly Mueller



Roxanne Mullenberg
Angela Myers
Bryan Nelson
Travis Nelson
Jenny Newburgh
Christina O'Marro
Cindy O'Neill
Mindy Olson



Richard Olson
Jeffrey Paulson
Brady Pederson
Adelina Peralta
Amanda Peter
Robyn Petermann
Erika Peterson
Lisa Peterson



High Notes

Jobs offer spending cash

After a frenzied day at school, many students would like to just go home and relax. But the majority of juniors can't every day due to after-school jobs.

Moriah Edgerly (11), Richard Olson (11) and Wendy Tritchler (11) are a few of those students. Edgerly and Tritchler work at a local fast-food restaurant, while Olson works at Hornbachers Express.

They all have jobs to earn spending money, but Tritchler also wants to earn money for college and a car.

Olson said he plans to use his money for a vehicle.

Tritchler, who works only about 16 hours a week, wants to work more hours for more money.

"I only work weekends because of school, homework and cheerleading," she said.

Some students would like to work less hours because of the sacrifices they

have to make after working a late shift on a school night.

"Sometimes I have to sacrifice homework or sleep because of work, so sometimes it would be nice to work less," said Edgerly.

Unlike some students, Olson is satisfied with the amount of hours he currently receives.

Trying to save for college can be hard for students because of other accouterments. Edgerly spends her money on clothes and entertainment.

"I try to save for college, but I usually spend it on other stuff," Edgerly said.

Tritchler plans to spend some of her money on a car.

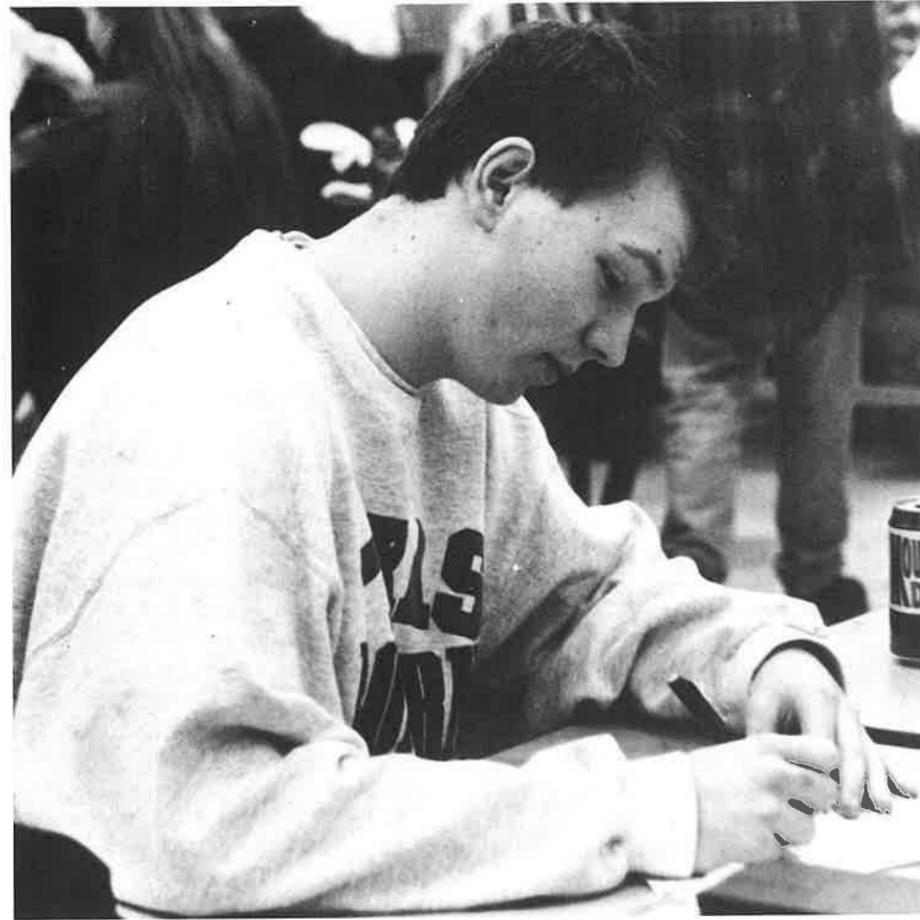
After school jobs can be very beneficial by providing students with a basis of paying for their transportation or further education.

By Ethan Edgerly



I'd like a hamburger. While filling an order, Derek Eiter (11) stuffs a hamburger into the bag for his customer at drive-thru.

Get the lead out! Hurrying to finish before the lunch hour is over, David Burroughs (11) concentrates on his assignment.



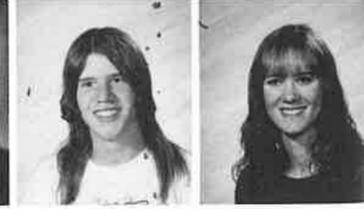
Brian Pink
Jennifer Pospisil
Amber Preston
Traci Pribbenow
Ericka Rabideaux
Wendy Ramlo



Kristi Rasmussen
Tracy Rehder
Jennifer Reppen
Blaine Ristvedt
Joshua Roberts
Christine Roe



Niki Sadowsky
Jennifer Schick
Brian Schmidt
Danielle Schmidt
Michael Schnabel
Karmel Schroeder



Rhanon Zuber

Jeremy Benson
Joel Christopherson
Brandon D. Dahl
Melissa Dronen
Ernest Geist
Thomas Harmon

Not Pictured:
Brock Haugen
Donny Kackman
Tyler Kindem
Cody Lower
Kelly Lucas
Courtney Pfeifle

Ryan Reno
Brianna Ritter
Michael Rognlien
Michelle Schmunk
Casey Skodje
Angela Sivertson

Kevin Schroeder
Todd Schuchard
Heather Schweitzer
Stacie Siebels
Jason Simenson
Jacob Sinkler
Tangi Smedhammer
Jaime Smith

Ryan Smith
Heidi Solseng
Carrie Stephenson
Joshua Stewart
Jeremy Stolz
Jessie Stromberg
Doug Sullivan
Mike Sustad

Wanda Swiontek
Shawna Tarasenko
Jessica Tessin
Rena Thies
Joel Thompson
Shawn Thompson
Leah Tilly
Wendy Tritchler

Heather Tvedt
Adam Vail
Jolene Vanyo
Jefferson Vargas
Nicole Vetter
Jamie Vraa
Nicole Vraa
Dan Wagner

Derek Wald
Dawn Walth
Aric Warner
Kacy Weideman
Bemidji Weinhardt
Andy Werner
Andrew West
Seth Whitcomb

Sandra Widerstrand
Tifini Wigen
Chris Wikstrom
Tiffany Williams
Tyson Willis
Michelle Wilson

Sarah Wingad
Shane Wirth
Jodie Wysocki
Kristi Yoney
John Zetocha
Tammy Zimmerman

STEPPING Out and ahead

The sophomores are stepping out and ahead. They endured the pain of being the first freshman at the

high school. Now they have moved on and will continue to experience obstacles which appear throughout their academic careers. These steps they have taken in order to reach their goals will prove them to be One Step Ahead of the rest.



Sophomore



Sure Bert. *Creating Ernie in Ceramics, Todd Costain (10) works on his project as does Aaron Hovland (10).*

Studiously reading. *In U.S. History class, Kimberly Ronning (10) gazes at her text book.*

Melting down. *Listening to the teacher, Melinda Muhonen (10) follows the instructions to make a candle during interior design.*

Joyeux Noel. *Spreading Christmas cheer, Traci Buehre (10) creates a card in French class.*

Chris Akers
 Jeff Alley
 Jeff Anderson
 Taralyn Anderson
 Derick Anthony
 Beth Asmund
 Chris Bachmeier
 Danyell Bearfield
 Kellie Beaton
 Gretta Benson
 Mike Benson
 Aaron Berg
 Robin Berg
 Vicky Berg



Todd Costain
 Eric Cox
 Nissa Crandall
 Jasen Cross
 Eric Cullen
 Erica Davidson
 Kristopher Davis
 Brandon Dehne
 Brian Diede
 Tara Dockter
 Darick Dorn
 Cory Draeger
 Aimee Duciaume
 Haley Dunbar

Research plunders sophomores

Stress and anxiety may make sophomores realize that they are now in high school for the long run.

Welcome to the wonderful world of sophomore research papers! Sounds like the big biology packet sophomores were given at the beginning of biology careers, right? Calling a research paper wonderful is walking a bit on the wild side especially during its hungry six week span consisting of stress and unwanted frustration.

"I can't think straight let alone understand ten million little cards that have no significance that I can see at this point in the process, but then

again it is my first one," said Ben Scoville (10).

Many students are ready to throw up the white flag in peace agreements, but its educational importance may constantly shine in their overworked faces.

"There is a lot of chaos, but it is organized chaos. Teaching the research paper is a necessary challenge for the students and myself," said Mr. Joe Welder, an English teacher.

When the going gets tough, students start to

ask questions such as, "Why is this necessary?"

"Throughout college careers, 25 research papers will be done, and this is only the first one," said Welder.

After pleading and begging for humanity, the students can breathe again after six weeks of agony in the research hole. Goodbye library, goodbye heavy books never read and goodbye computer: The triumphant sophomore class has trudged the first step to high school.

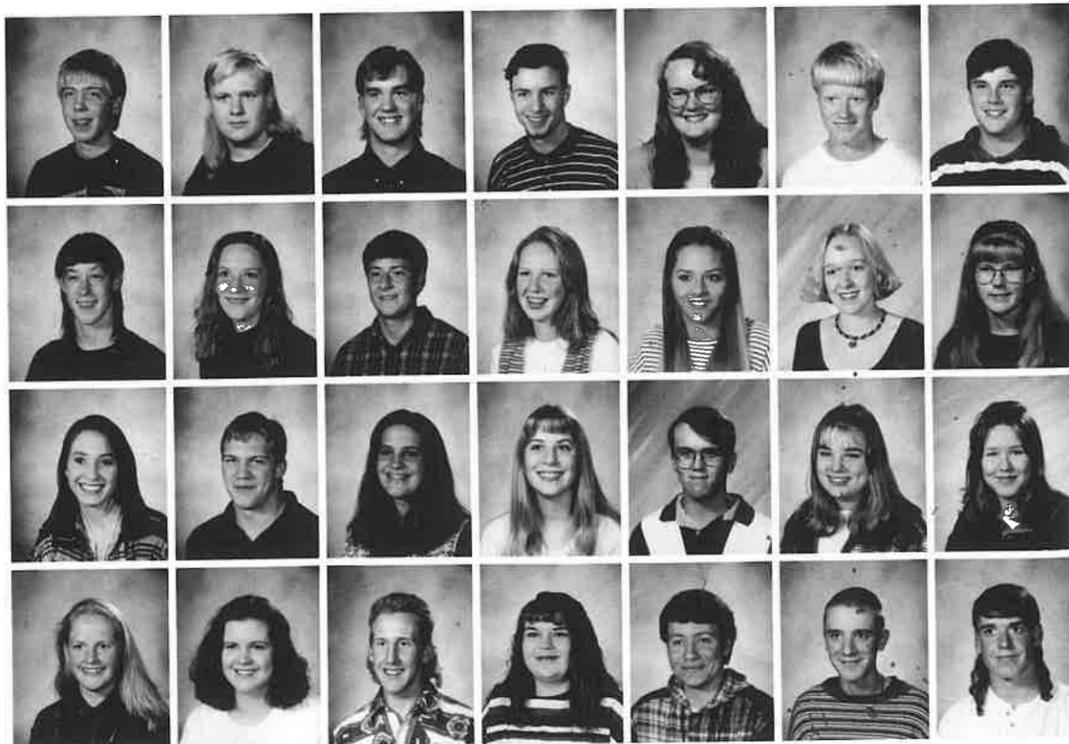
Those extra steps like notecards, scratch outline, detailed outline, rough draft and the final masterpiece can just about flatten a student's mind to uncaring depths of mercy. Some students seem to find other ways through and learn to deal with the stress.

"I thought the 75 dollars I paid Mrs. Neece for an A was well worth the money. Just kidding! Well..." said Matt Korsmo (10).

By Darcy Gaugler

"Now that it's over I have time to think about more important things, like my girlfriend." -- Brian Diede (10)

Justin Bernardy
 Jerrod Bernath
 Brad Besette
 Matt Biewer
 Allison Blair
 Corey Blair
 Michael Block
 Dane Boedigheimer
 Jill Boor
 Rob Boser
 Jodi Braaten
 Tessa Brandsted
 Lisa Brandvold
 Jamie Braun
 Sarah Brawders
 Pat Brostrom
 Jeni Buchholz
 Traci Buehre
 Nick Bullis
 Shannon Burckhard
 Karina Busch
 Chrissy Carriveau
 Nicole Christianson
 Troy Christianson
 Mandy Clemenson
 Clarence Cole
 Dana Cossette
 Jeffrey Cossette



Halsey Dunbar
 Jason Eder
 Ethan Edgerly
 Daniel Edwards
 Kelly Elijah
 Amy Engebretson
 Shawna Enger
 Brian Erdmann
 James Erickson
 David Ernst
 Tara Falcon
 Dan Ferber
 Joel Finn
 Nathan Flynn
 Melissa Fosse
 Kathryn Fossum
 Alissa Franck
 Alissa Kay Frederick
 Lucas Freitag
 Jennifer Frueh
 Paul Gartner
 Jesse Gehrig
 Cory Gilbertson
 James Goodhouse
 Carmen Grefsrud
 Sheldon Greywind
 Brenda Grinde
 Kristina Gromatka

Amy Grossman
Tara Gulsvig
Matthew Gurley
Ryan Haarsager
Beth Hagemeister
Mindy Hagen
Sabrina Hall

Emily Halvorson
Angela Hammer
Loren Hansen
Tonya Hansen
Trisha Hansen
Jessica Hanson
Jessica Hanzel



Christina Johnson
Jennifer Johnson
Randie Mae Johnson
Allison Jung
Simona Jurca
David Kasin
Darrell Kasowski

Susan Kaufman
Shane Kayeska
Tara Kelsch
Sara Kern
Irina Khristyuchenko
Erin Kiefel
Josh Kitzman

Sophomores play games they love

The sophomore's of WFHS play the games that they love, and have fun playing them.

The games at WFHS have indeed been played to the fullest. By all grades, the work and the sweat has payed off in some way or another. For the sophomores it's the same. The sophomores this year have worked hard and patiently for the awards of the sports that they may play.

The sophomore sports include girls' basketball, boys' basketball, volleyball and football.

"Eventually, when we become seniors I want to win state," said football player Derek Werner (10), "but in order to achieve our goals we have to keep working

hard."

Mr. Dan Fahrman was the coach of this year's sophomore football team. He, like other head coaches at different levels, also received respect from his players.

"He (Fahrman) is a really cool motivator and teacher," said Werner. He really knows what he's doing."

Fellow football player Donnie Weiker (10) agrees with Werner.

"He (Fahrman) is very confident with us; he gives

us a lot of encouragement and can get us fired up throughout the season," said Weiker.

Although the team didn't end up the season with good numbers, 3-4-1, they still accomplished another goal that was set: To have fun.

"It was a really fun season, but hopefully future years will be more successful," said Werner.

Another sophomore sport, basketball is highlighted part of our community. Girls' and boys' basketball have been for along time a major sport, and now is not the time it's going to stop being that

influential sport.

Coached by Mr. Bob Monte, and with the goal of winning the sophomore tournament in mind, the team knew they had to work hard in order to accomplish the goals for themselves. Their goal was to win the sophomore tournament.

The sophomores of WFHS are planning for the future. In both academics and sports, they are planning to achieve their goals which they have set, with hard work.

"The sports we play are just for fun anyway, so as long as we have fun, we have accomplished another goal." -- Donny Weiker (10)

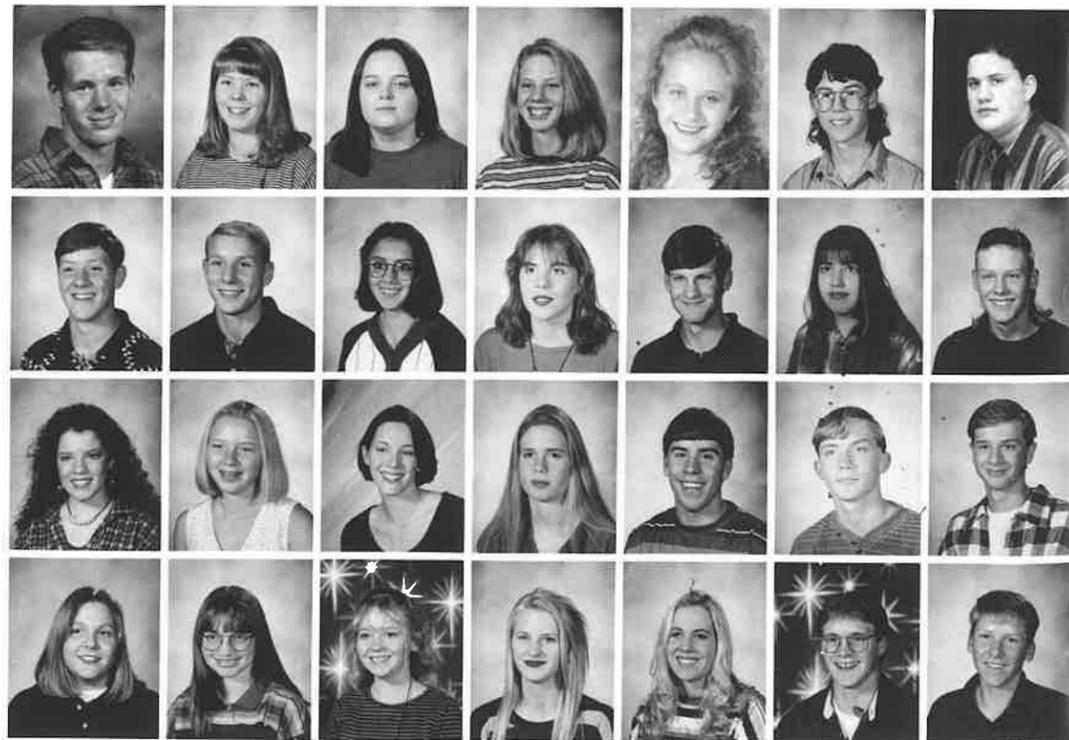
By David Syverson

Mark Harbeke
Lyndsey Harles
Kimberly Haugen
Rita Haugen
Mandy Haugse
Justin Helgeson
Seth Hemmingson

Michael Herbst
Kyle Hettenbaugh
Rachelle Hiedeman
Chrissy Hiltwein
Bradley Hinz
Marie Hoffarth
Jeremy Hoffman

Deborah Hogen
Tina Holden
Nichole Houser
Charlee Hoverson
Aaron W. Hovland
Ryan Huisenga
Jayson Hurtt

Amy Huson
Sarah Huwe
Alishia Jackson
Bree Jensen
Angie Johnson
Brandon Johnson
Brian Johnson



Teresa Klein
Breanna Kleven
Tiffany Klinger
Krysia Kludt
Tina Knudson
Ryan Koffler
Stacy Koglin

Matt Korsmo
Cory Krauth
Robyn Krueger
Shelly Langer
Anna Larson
Brent Larson
Nicholas Larson

Corey Laude
Noemi Leary
Brianne Lee
Paula Lee
Thomas Leon
Corey Leske
Lila Liljequist

Steven Littlefield
Aaron Lockwood
Jessica Luptak
Amy Lussier
John Magnan
Ryan Majkrzak
Sheri Malusky

What next? Organizing her papers, Julie Schmidt (10) prepares to complete her assignment.

Creative Inspiration. Talking to friends, Nissa Crandall (10) stands in the commons. Crandall wrote one of the poems featured below.



Time to go. Grabbing his jacket, Darick Dorn (10) is ready to go home.

Mother

By Nikki Houser

i'm sitting here on this rock
wtchign the angry ocean
crash upon the rocks
i think of my mother
when i see the foamy water
mother washing the dishes
in an ocean full of foam
she brought me here
when i was so young
now i come alone
without my mother
how can i enjoy this
without mother

she told me about life
on this very rock that i sit now
she told me about everything
except the very thing that
took her away from me
DEATH
she told me she'd
never leave me
the water now is
calming to nothing
more than a mirror
now my feelings are
raging more than
the violent ocean.

Writers' Workshop develops creativity

By Darcy Gaugler

Lost Heaven

exotic in the world
my stance is erect
a fortified edifice
a bow to higher love
I follow, obedient
to a lord I won't believe
I follow, apprehensive
to a dwindled narrow lead
the heavy arms of power
fall to a sullen snore
the flight of all the heavens
my night breeds fantasy
I twist a naked body
in the breast of every dream
dauntingly comes the limp control
wicked, barren, greed

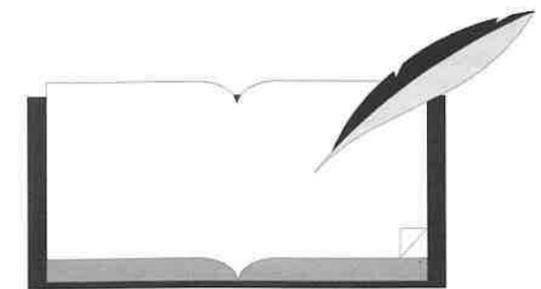
within my humble paradise
I burnt a meager deed
this king I was to adore
was far from what it seemed
wasted with the foreign wine
it sung a wicked tune
the anthem cried forever
a pride built in my dreams
as unruffled as my river
I swam the flank of wrath
All this in the reich of heaven
I was never to conceive
All this in the reich of heaven
I was never to believe

By Nissa Crandall

Forget

Forget his name, Forget his face
Forget his kiss, his warm embrace
Forget the love you once knew
Remember now he has someone new
Forget him when they play your song
Forget you cried the whole night long
Forget how close you two once were
Remember now he's closer to her
Forget you memorized his walk
Forget the way he used to talk
Forget the things he used to say
Remember now he's gone away
Forget his laugh, Forget his smile
Forget the way he was all worth while
Forget the way he held you tight

Remember he's with her tonight
Forget the time that went so fast
Forget the love that now has passed
Forget he said he'd leave you never
Remember now he's gone Forever.



Jason Manney
Saul Mark
Ronald Marsh
Jessica Marthaller
Edward Martin
Izetta Maye
Becky McCann
Kevin McCray
Ryan McGarry
Patty McGuire
Sheila McPherson
Sokholine Meas
Shawna Meberg
Melinda Meisch



Cassie Oberembt
Chris Olmstead
Alesha Olson
Josh Olson
Angie Ostrom
Alison Ottesen
Sallie Parrott
Jeremy Patterson
Nicholas Pedersen
Stephanie Pederson
Gretchen Pedraza
Amy Petersen
Jeni Peterson
Erik Quenzer

Routines equal life style

Sophomores are proven to be more alike than they thought!...Or so it seems

Same old, same old. Wake up in the morning, take a shower, get dressed, go to school, eat supper, do homework, go to sleep and start all over again.

No matter what is done, most routines are set in stone. These activities are a part of everyone's daily routine. Some routines are normal, while others are slightly unusual.

"Everyday after school, I weight lift," said Scott Reule (10).

Weight lifting and other sports events are

normal. Academics are also a normal occurrence; however; the way one participates in these activities is what can be strange.

"Sometimes before I start reading, I look over all the pages in the chapter before I read," Andy Nowacki (10).

Reading is a past time that is usually done in a normal manner, but not always. What about eating habits?

"I eat ice cream with pickles in it," said

Becky Steidl (10).

Although some routines are odd, others rely on superstitions, like throwing salt over their shoulder or avoiding crossing the path of a black cat.

"I call my horoscope every morning, so I can see what my day will be like," said Karen Zerr (10).

No matter who someone is or how unique and spontaneous they are, everyone has a routine which seems to be a fact of life.

By Jennifer Samuelson

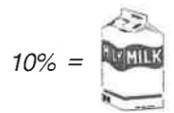
How do you prepare your cereal for breakfast?



90% Cereal first
- milk second



10% Milk on first
-cereal on second



10% =

100 sophomores surveyed

Marcia Metzger
Carly Jo Meyer
Michael Migler
Dustin Miller
Margie Miller
Sarah Mills
Michael Misheski
Benjamm Mitlyng
Jamey Moran
Holly Morgan
Courtenay Mortenson
Michelle Muhle
Melinda Muhonen
Valerie Murch
Jason Mutzenberger
Patrick Myrick
Mindy Nelson
Ryan Nelson
Jada Neuschwander
Jennifer Niekamp
Heather Noonan
Ryan Nordback
Susan Novotny
Andy Nowacki
Andy Nudell
Joshua Nygard
Terra Nyhof
Camille O'Meara



Richard Randall
Jacob Reese
Jason Remmick
Scott Reule
Alison Richard
Benjamin Richard
Brandi Rienets
Christy Rivenes
Alissa Roberts
Aliceo Rodriguez
Toby Roehrich
Michelle Roers
Shane Roers
Kimberly Ronning
Leif Rosenvold
Holly Rost
Michael Rud
Sarah Rumsey
Missy Rutten
Stephanie Saewert
Dean Sahr
Jennifer Samuelson
Dixie Sapp
LeeAnne Sattler
Mandy Sauvageau
Ryan Sayler
Joshua Schaffer
Melissa Schaffer

Charmaine Schmidt
Chris Schmidt
Eric Schmidt
Julie Schmidt
Michelle Schmidt
Brian Schott
Angela Schultz



Scott Schultz
Christy Schwan
Benjamin Scoville
Tasha Shelver
Caleb Skar
Crystal Skaurud
Jeff Sliper

Patrick Tweeter
John Utter
Joseph Valovage
Nicole Veitenheimer
Dwayne Vinesett
Chad J. Volk
Chad R. Volk



Craig Wagar
Austin Walkin
Tim Warren
Albra Washnieski
Kesha Washnieski
Brenda Wasness
Stephanie Weigel

Sophomore fashion preferences change

"Last year there were a lot of preppy people, but this year a lot of people want to be themselves, so they dress differently." -- Patty McGuire (10)

Sophomore fashion style has changed over the summer of '94, some areas more drastically than others. If the skater style is depicted as baggy pants, huge shirts, and Vans or Airwalks, the style seems to be whatever is the most comfortable. Students don't wear tight or constricting clothes that keep them from doing the activities they enjoy best.

Although to parents and teachers, this may seem odd, but sophomores themselves see the way they dress as normal.

"I dress regular because I'm from a small town where everyone dresses pretty much the same," said Nathan Stewart (10).

Some of the sophomores prefer the style that fits them best.

"I prefer grunge because you can show your personality with your clothes and by the way you dress. It's really comfortable to wear," said Michelle Nelson (10).

The grunge style holds reign over the change over from metal head, dressing in heavy metal T-

shirts and black or blue jeans; some people are coming down from dressing preppy, which is wearing really dressy clothes and loafers.

The '80s are here again, including ripped jeans and dirty, ripped shirts.

Dress may reflect on attitudes of sophomores. "I don't prefer any style; I dress how I feel. My clothes reflect my attitude that day," said Mandy Clemenson (10).

By LeeAnne Sattler



Dressing for individualism.
Before school, Bree Jensen (10) and Jessica Howe (9) talk about what they will be doing on the weekend.

Travis Smeby
Heather Smith
Kerrilee Smith
Mike Smith
Troy Smith
Charity Speich
Mike Speicher
Shane Spieker
Tangy Spiekermeier
Joe Spitzer
Kodi Srur
Tabetha Staebner
Patrick Steele
Becky Steidl



Jonita Steinecher
Carrie Steiner
Aaron Stolt
Joshua Stompro
Mandy Swanson
David Syverson
Nancy Tate

Anne Thomas
Jeremy Thomson
Matthew Thorstad
Jeremy Tibiatowski
Theresa Tilly
Richard Timmerman
Elisa Torres



Donald Weiker
Amanda Weingarten
Robbie Wenzloff
Derek Werner
Erin Westlund
Jeremy Westrick
Daniel Wiener
Nicole Wilken
Kimberly Wilkinson
Tyler Williams
Tanya Wiltse
Leah Winge
Jamie Witt
Shari Wurtzberger

Karen Zerr
Charlotte Zich
Aarin Zimney
Karen Zurn

Not Pictured

Chad Baertsch
Andrea Buchholz
Stephanie Frederick
Darcy Gaugler
Lyndsey Harles
Leslie Hieb

Richard Howes
Jennifer Jelinek
Jessica Kapaun
Joshua Koning
Andrew Knaus
Jessica Nyland

Nicholas Pulkrabek
Travis Ritter
Mike Sell
Nathan Stewart

STEPPING Out

and onwards

The freshmen are stepping out and onwards as they draw one step closer to completing their high school years. As the technological advances of the world become more complex, it has become more difficult to get ahead. With the advantages of being a freshman at WFHS, they will inturn have the upper hand in finishing One Step Ahead.



Freshmen

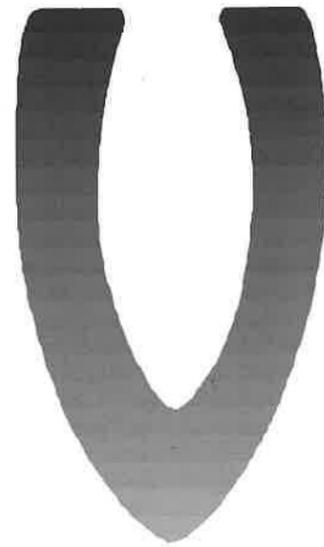


Snip, Snip. Cutting out a shape, Amy Bernstein (9) makes a project in French class.

Advisor time. During home-room, Lindsey Henderson (9) and Erica Froemke (9) complain about homework.

The sounds of music. Sitting at the piano, Bonnie Hellman (9), Denita Linnertz (9) and Adam Pankow (9) work on a piece of music for the honors choir.

Say what? As she plays run to the board, Amanda McCarty (9) jots a German word down for the class.



Students learn more than just driving a car room

deal with difficult situations. "It taught me how to be an aggressive driver," said Alm. Because many students have taken the class, they know the basics of driving. They know how to handle situations like people trying to get out of an icy crowded parking lot all at the same time.

Getting up each morning during a frigid North Dakotan winter and having to face a cold, loud bus filled with little kids: Wouldn't it be easier to get your license? Driver's Education instructor Mr. Fred Dahnke thinks so.

"Getting your license is beneficial because it gives students freedom," said Dahnke. Drivers Education class, now an elective, can help prepare young adults for Behind the Wheel Training, which is needed if students want to get their permits to drive before they are 16.

Dahnke feels this course is evident when watching the school parking lot at 3:30 in the afternoon. He explained without Driver's Education the lot would be in complete chaos.

Dan Alm (9) realizes how much this class helped him to

Watch the Road! During Driver's Education Class, Kristin Marohl (9) concentrates on the road while practicing on the simulator.



Peterson (10). Driver's Ed is made even more interesting by the many speakers that visit over the year. People from the Highway Patrol, Burlington Northern Railroad and local car dealerships come into the class to discuss different aspects of driving and types of cars. Students learn about the bills they may be faced with if they break the traffic laws from the officers, about the thrills of driving the different models of cars that are available from the car dealers and also get the chills when Burlington Northern representatives describe what a train can do to a car in about four seconds flat.

Driver's Education isn't just a class to learn how to drive, it's a way for students to master a privilege that will be used for the rest of a person's life. This class is designed to help young adults learn how to responsibly use this tool of freedom.

By Jessie Hanzel



Benjamin Aarestad
Amy Ackerland
Sherri Ackerman
Heather Alberty
Dan Alm
Travis Almer

Troy Ament
Tracy Amundson
Emily Anderson
Jonathan Anderson
Kimberly Anderson
Nathan Anderson
Nicholas Anderson

Rachel A. Anderson
Rachel M. Anderson
Ryan Anderson
Shauna Anderson
Brea Balkovatz
Karin Bandli
Jessie Barnum

Rhianna Bartosh
Danielle Baumann
Megan Baumgartner
Scott Beaton
Joani Beling
Casey Benjamin
Ryan Bergstrom

Amy Bernstein
Amy Bertzyk
Michael Best
Stephanie Bonzer
Nicole Borah
Michael Bordovsky
Heidi Borg

Erinn Bornus
Heidi Boucher
Tina Brandsted
Melissa Braseth
Andrea Brennan
Lisa Brinkman
Sophia Broderson

Heather Brown
Colleen Brunis
Kelly Buchholz
Natalie Buck
Robby Bullis
Sabrina Burnside
Lindsey Carlson
Brian Carriveau

Amy Christian
Amy Christl
Heather Clark
Maria Clauson
Shawna Cole
Amy Conyers
Eric Coughlin
Lorina Dehnert

Ryan Denis
Erika Devones
Kristy Diede
Justin Diemert
Kim Dimmer
Tasha Dockter
Becky Donabauer
Tyler Doty

Douglas Draeger
Nicole Duciaume
Nathan Duncan
Amy Durbin
Suzanne El Hileh
Crystal Eley
Sarah Elliott

Megan Ellison
Gina Emery
Julie Engberg
Janelle Erdmann
William Erenberg
Jami Erickson
Joel Erickson

Nathan Estes
Sheldon Fercho
Mitchell Finn
Eric Fischer
Trudy Fischer
Lex Fligel
Steven Fosse

Bryan Francis
Chablis Friesz
Erica Froemke
Rhiannon Frovarp
Staci Fugleberg
Chadwick Gatheridge
Donald Gladue

Jesse Gladue
Seth Glaser
Cory Goldade
Bethany Good
Charles Gooding
Shannon Gorman
Shaun Gothberg

Joshua Grefsrud
Tiffany Greger
Patrick Griffin
Naomi Gross
Joshua Grover
Brian Gruber
Levi Gulbrandson

Stephanie Guscette
Amy Gustafson
Danny Gustafson
Anthony Gutierrez
Suzanne Haaland
Ellen Hample
Michael Handegard
Adam Hansen

Leann Hardy
Stacy Haring
Jamie Harmon
Tony Haugen
Scott Heiden
Teri Heise
Bonita Hellman
Brandon Helm

Lindsey Henderson
Nicole Henley
Angela Herr
Calleen Heuertz
Aaron Hill
Jeremy Hill
Shannon Hillen
Bryce Hins



Anxieties awaken when high school begins

Augh

The first day of high school can be very stressful for students. They find themselves in the midst of a whole new atmosphere. Horizons, responsibilities and freedoms expand along with the size of the school.

For the first few days of school, many students had trouble finding their way around the building while trying to push their way through the crowded halls. "There's more kids, and the letters above the doors got confusing," said Angie Lohse (9).

Although some students were nervous the first day, they now say the high school seems more

relaxed than the Middle school. High school may get easier as the students fall into the routine of going to classes and opening their lockers. Some think making new friends made the adjustment easier, too.

"Those that have friends here don't get so scared," said Josh Grefsrud (9).

At first the new teachers and new building sounded a bit scary, but as time goes on, high school got easier. Faces became familiar, and classes were memorized. Some found their fears were unnecessary.

"I thought the teachers were going to be tougher, but they're not," said Rachel M. Anderson (9).

Not only teachers, but fellow students can make a new freshman nervous. Other freshmen said they were afraid the upper-

classmen would push them around or discriminate against them, and some of them were right.

"They're little twerps, they smoke cigarettes just to be cool and they're obnoxious," said Amy Fiala (12).

Even new teachers were a little nervous.

"I was a little nervous about coming to a new school. I was in a big school before, but the staff here made my transition really easy," said Mr. Steven Marquart, a social studies teacher and wrestling coach.

Despite what seemed a scary first day at school, students and teachers found ways to ease into a routine, and many decided high school wasn't so scary after all.

By Nicole Christianson



Ahhh! During study hall, Stephanie Guscette (9) and her friends relax after studying.

Pressures. Working on her homework, Stephanie Narlock (9) tries to finish before the bell rings.

Pride

Freshmen get ready for next level of play

The Packers play their games, and the Packers win their games in order to achieve the respect of their peers fans, and fellow teammates. Being younger than the upperclassmen puts no boundaries, or limits, on the pride, work effort, or satisfaction of being a player of a sport. This includes the freshmen.

Although all the freshmen sports did not have winning

records, they still gave enough effort and had enough pride, to represent WFHS.

"Basketball went really great, we were rated first going into the finals, but then we blew it and placed fifth. In volleyball we also did good, and placed third in the finals," said Kelly Murek, a freshmen girls basketball and volleyball player.

The boy's also tried hard, though.

"Even though we didn't have a very good record, I think we tried really hard to represent our school," said Matt

Steinmetz (9), a member of both the freshmen baseball and hockey teams.

Another freshman has a perspective for the years to come.

"I hope when we become upperclassmen that we will be more mature and show other schools respect, but in return I hope they show the same respect back to us," said Cory Goldade (9), a member of the freshmen football team.

Freshmen sport coaches feel that to play a sport as a freshman opens a door in the future for playing sports at a different level.



Taking the cut.... West Fargo's freshmen football team demonstrate their power against Ben Franklin's team.

Freshmen Perspective

"Playing a sport at an early level makes you more responsible, and makes you respect those who are at a higher level than yourself." -- Chris Thomas (9).

"Sports get people out of the house and allow people to get in shape and have fun at the same time." -- Angela Vetter (9).



Jessica Hochgraber
Jill Hochgraber
Amy Hoffart
Elizabeth Hoglund
Monica Holden
Alisha Holm
Kelly Holmlund

Jessica Hough
Bethany Howitz
Becki Hummel
Matthew Hunt
Lon Ihry
Bradley Irving
Corey Isaak

Seth Jackson
Robby Jamieson
Kara Jeanotte
Ryan Jenks
Amy Johnson
Daniel Johnson
David Johnson

Heidi Johnson
Jennifer Johnson
Joshua Johnson
Mandie Johnson
Nicholas Johnson
Patrick Johnson
Paul Johnson

Travis Johnson
Rachel Johnston
Jennifer Jones
Toni Jore
Dustin Josephsen
Gretchen Jost
Colby Juntunen

Brandon Kapaun
Kristina Keller
Matthew Keller
Traci Kelly
Lisa Kinshella
Vanessa Kircher
Keith Klatt

Cheri Klemisch
Darci Klemisch
Shaun Kluth
Thomas Knorr
Benjamin Koppelman
Luke Korbmacher
D.J. Kramer
Lukas Kringen

Ryan Krogh
Steven Krogsgaard
Darren Kruse
Anthony Kunz
Lisa Kurtz
Ryan Kurtz
Kevin Kussatz
Brady Larkin

Matt Larsen
Amy Larson
Sarah Jo Larson
Megan Lavelle
Ryan Legvold
Beth Leno
Jeremiah Leshner
Amy Lester

Danielle Lewis
Jayson Lider
Jesse Lien
Amanda Liljequist
Kristen Lilleboe
Denita Linnertz

Jeff Linnertz
Angie Lohse
Rebecca Loney
Robert Lopez
Elizabeth Lothspeich
Darin Loven

Ryan Luken
Adam Lund
Jeremy Lundgren
Derrick Lundstrom
Janae Lureen
Julie Mahlum

Scott Majkrzak
Alison Maki
Jeff Mapes
Michael Markey
Kristin Marohl
Amy Marx

Amanda McCarty
Jason McCubbin
Timothy McDaniels
Corey McDonald
Jennifer McDougall
Jessica McDougall

Jacqueline McSparron
Deja Meisch
Mitchell Migler
Fred Mills
Glen Mills
Sarah Moores

Steven Mootz
Emily Morgan
Paul Morken
Megan Morrison
Kelly Muhl
Kelly Murek

Stephanie Narlock
Allison Nettetstad
Jennifer Neumiller
Ronelle Neuschwander
Nicholas Noonan
David Normandin

Stacey Odden
Jennifer Oemichen
Amanda L. Olson
Amanda S. Olson
Christopher Olson
Derek Olson



Snacking and pondering. Looking over an assignment in the commons, Jesse Regan (9) eats a bag of Reece's Pieces.

Rita Ostern

Jennifer Overby

Adam Pankow
Greg Parsons
Cory Pavek
Bryan Pearson
Laney Pederson
Jade Pergande

Amy Perna
Christopher Perreault
Joseph Peterson
Amanda Pfaff
Amy Phillips
Stacy Plettl

Marshall Pohlman
Christine Portner
Brice Powell
Wade Preston
Darrin Quam
Scott Ralston

Tara Ramlo
Christine Rector
Melissa Redlinger
Robyn Reed
Jesse Regan
Justen Ridl

Robyn Riemer
Carrie Rieniets
Adam Roberts
Eric Rogers
Angie Rohman
Terry Rosene

Tina Rosenthal
Cassie Rossow
Aimee Roux
Scott Rudolph
Amanda Sahr
Amy Sandvik

Justin Satrom
Stacey Saxowsky
Alisha Schaeffer
Nicholas Schaffer
Keri Schmidt
Daphne Schmitcke

P

Different kinds of pets belong to different kinds of people

pets

From ordinary to exotic, many people know what kind of pet they would like to own. Like Michael Jackson's numerous pets that include a llama to a chimpanzee, some animal lovers may envy the various pets that are on his estate.

Students at West Fargo have different ideas of the best kind of pet.

According to Jeremiah Leshner (9), a dog would be the ideal pet because dogs are cute.

Some of the pets suggested are possible, but hard to care for.

"I think a ferret would be the best pet, just because it looks cool," said Candice Holding Eagle (9).

While some pets were suggested because of their looks, this pet is judged upon its speed. "I'd like an iguana because they move really fast," said Becky Loney (9).

There are some pets that are very easy to take care of such as dogs, cats and fish. A turtle could also be put in this category.

"A turtle would be the best pet simply because turtles don't complain," said Scott Ralston (9).

Some animals students felt would not be ideal include an

elephant, pirahna and a lizard. These animals may have been suggested either because of personal taste or difficult care. Strange and exotic pets are not common among many people. Few that own exotic pets can have much privacy as Micheal Jackson.

With the publicity put on Micheal's pets, people may know the name of his former monkey, Bubbles, and that he has a llama, but not many people know about the difficulty of care. When people judge pets, they must judge them by looks and other qualities, but most of all for the care the pet will require.

By LeeAnne Sattler



For cute! Before school, Caileen Heuertz (9) holds a turtle that the science department has for observation.

Freshmen Perspective

"My favorite pet is my dog because he is just as smart as I am, and he's awesome." -- Dan Alm (9)

"My ideal pet would be Dan Alm, because he is just like a dog." -- Brian Gruber (9)



- Not pictured:**
- | | |
|-------------------|---------------------|
| Jennifer Anderson | Johnathan Holtquist |
| Melissa Frausto | Christopher Larson |
| Bradley Geist | Jessica Neubauer |
| Kenzie Goodhouse | Tyler Nelson |
| Trevor Haakenson | Mark Oster |
| Seth Hibi | Casey Peterson |
| David Hiebert | |

- Brian Scholten
Joshua Schrader
Stacy Schroeder
Justin Schumacher
Travis Schwab
Jarrod Schwark
Dustin Scott

- Garrett Seeba
Tom Shaw
Eddie Sheeley
Shephanie Shelstad
Christina Siewert
David Singleton
Levi Sivertson

- Cynthia Smeltzer
Jesse Smith
Matthew Smith
Jeremy Snyder
Angela Sorteberg
Michael Soulis
Matt Steinmetz

- Cora Stephenson
Kyle Stumpf
Jessie Swiontek
Janine Tennancour
Alex Thiel
Christopher Thomas
Miles Thomas

- Joshua Thompson
Tracie Tingum
Matt Tintes
Misty Tomchuk
Tara Trapp
Angela Tritchler
Wade Trzruc

- Steve Tuff
Sonja Ulrickson
Ryan Utley
Jason VanDyke
David Vernon
Tanessa Vetsch
Angela Vetter

- Kimberly Waggoner
Keif Wagner
Stacy Walen
Melissa Walstad
Adam Walter
Amanda Walz
Blake Wanner
Bobbi Ann Ward

- Erica Waters
Bryce Weaver
Kristina Webber
Michael Wichmann
Kevin Widerstrand
Brandon Wieland
Joshua Wilken
Jerad Wilkinson

- Melisha Winter
Jennifer Winters
Alana Withey
Justin Yagow
Matt Zeis

STEPPING Out

The faculty consists of many people who help out the students in various ways. These coaches,

teachers, administrators, staff, custodians and cooks provide nourishment for the hungry minds and bodies of the school. The faculty guides students as they step out in excellence during their high school career. The knowledge they instill will provide students with the foundation to be One Step Ahead.

in excellence



Academics



Digging in. While working in Anatomy, Marie Barnes (11) and Traci Brager (11) dissect their deer heart.

Playing along. During a basketball game, Laura Weidner (12) performs with the pep band.

Waiting patiently. In gym class, Courtney Serungard (12) looks on as Josh Roberts (11) anticipates the ball.

Creative impulse. Working on his project, Ryan Smith (11) draws during art class.

REACTION TO THE CLASS

What memorable projects have been done in different classes?

"I am in Spanish III, and we made pinatas, which gave us an interesting look at the Hispanic culture." -- Tracy Pribbenow (11)

"We learned how to shoot pennies in Economics after answering the questions on a review." -- Nicole Peterson (12) and Heather Kelly (12)



Get it done. In the library, Mrs. Carol Olson hurries to finish her work before a faculty meeting.

What's going on? Sitting around, Mrs. Mary Conant talks with her husband at a faculty party honoring teachers with new babies.



Learning Life skills

The special needs students have done many activities which allowed them to get more knowledge of the world after high school.

From going out to job sites, to producing a working environment at school, they have done their best to adjust to the regular school setting and the settings of the outside world.

The special services staff has provided an environment in which the students can maximize their potential. The teachers helped the students "work towards employment". Having other students to relate to has also helped these students prepare for the rest of their lives.

"The students are maturing so they can have some freedoms and hopefully hold jobs," said Mr. Pat Johnson, a special service teacher.

The advantages of having a place where students can learn to communicate with those who will join them in the outside world may be important.

By making products and selling them the students learned business skills. After earning money selling their products, the students bought gifts for less fortunate younger people. "This program is nice because it teaches the students to help other kids," said Johnson.

By Kay Meyer

Special Services



Sherry Anderson, Paraprofessional
Jane Bedard, Special Services (LD)
Marie Compton, Paraprofessional
Ron Dahley, Special Services (VRE)
Kay Edwards, Paraprofessional

Deann Egge, Paraprofessional
Suellen Hoffart, Special Services (TMH)
Rebecca Huber, Paraprofessional
Connie Jenson, Special Services (EMH)
Pat Johnson, Special Services (PRE)

Sandra Johnson, Special Services (EMH)
Barb Kent, Paraprofessional
Carol Olson, Special Services (BASE)
Nancy Peterson, Special Services (LD)
Irene Rohrich, Paraprofessional

Lynne Sahr, Paraprofessional
John Tomazewski, Special Services (HI)
Janet Venaas-Gilbraith, Speech-Language Pathologist
Terri Young, Special Services (OHI)



Help me! In her classroom, Mrs. Janette Venaas-Gilbraith works with students.

Job hunt. Going through files, Mr. Ron Dahley tries to find a local job for a student.

Foreign Language, Music & Art

Larry Anderson, Art
Lori Anderson, Spanish
Cynthia McCleary, Spanish
Jeffrey Mueller, Music (Choir)
Kathy Neugebauer, German

Kristen Osterberg, French
Kathy Scott, Spanish
Tamra Sirek, Art
Glenn Whaley, Music (Band)

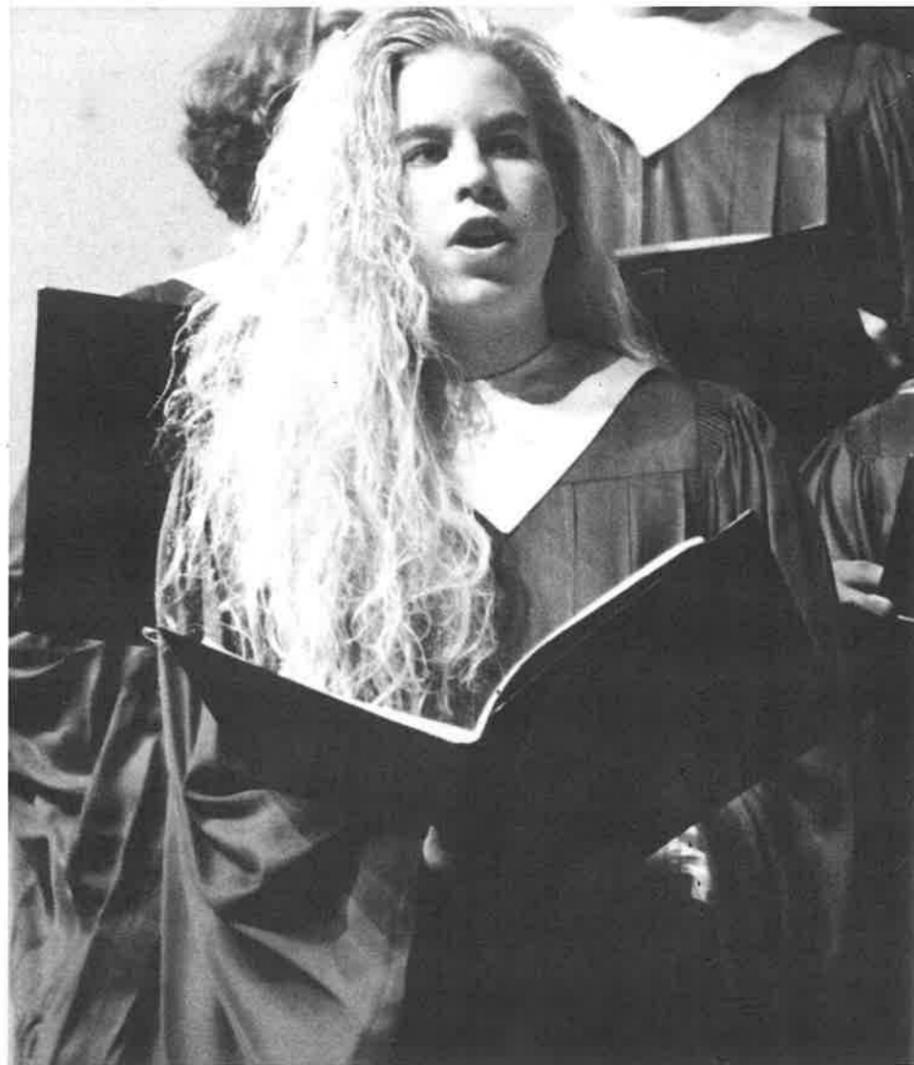
Not Pictured
Barb Firnhaber, Music (Choir)



OK. Now What?! Playing a game, Stacy Schroeder (9) stands waiting for instructions in German class.

Singin' the night away! Singing for a choir concert, Katie Clemens (12) concentrates on the music.

Work! Work! Work! Working on a Spanish assignment, Carrie Devones (11) tries to concentrate.



Did you know...

On a clear moonless night when there are no obstructions, the human eye can see the light of a single match up to 50 miles away.

A pound of shelled walnuts contains as many calories as a pound of butter and as much fat as a pound of bacon.

A one-pack-per-day smoker consumes 400 milligrams of nicotine in a week. If that was taken in one dose, it would cause instant death.

Terrific Teachers

By school day the teachers may converse with one another and the students, try to help when help is needed and mold their students' minds into a beautiful works of art, and yet by the days in which work is not done, they lead different lives. Miss Sara Possehl, Mrs. Peggy Spitzer and Mrs. Kathy Neugebauer each have unusual hobbies.

Neugebauer is perhaps the biggest daredevil. She has been scuba diving in Hawaii, hang gliding (her personal favorite), parachuting in Minnesota and whitewater rafting in Wyoming. As if that's not enough, she has hiked the Austrian-Switzerland-German Alps.

"It's all for the adventure," said Neugebauer, "and when you're hang gliding, you feel free and weightless."

Along with Neugebauer, Spitzer also enjoys scuba diving. She has scuba dived in North and South Dakota, Min-

nesota and even the Gulf of Mexico near the Florida Keys.

"They were teaching a class at the YMCA where I was working while I was in college," said Spitzer.

Like Spitzer, Possehl also enjoys having unusual hobbies. Possehl spends her time raising Paint horses. She has worked with horses since she was nine years old.

But that's not all for Possehl. She has also worked for the Idaho Bureau of Land Management where she went rock climbing. With ropes and spikes, she had to climb to find eagle and hawk nests to check for eggs.

After the teachers get done with the mystic part of their lives, they come back to the students and start their cycle all over again. They converse about how their vacations went, and they try to help those students who need it. *By Dave Syverson*



Fun teachers have happy and smart students! Hooking up the Internet, Mrs. Peggy Spitzer combines fun and fact into the average school day.

REACTION TO THE CLASS

What is your opinion of the counseling department's groups for students?

"I feel that they are really useful for people with a problem, and they make it so you know you're not alone. They really helped me." -- Mindy Meisch (10)

"I think that they are a really good idea. They taught me to just live life one day at a time." -- Kris Pedersen (12)

"I don't think we should have them, because some kids take advantage of it by getting out of class." -- Lisa Kinshella (9)



Relating to others. During an after school meeting, members of Peer Facilitators, Bobbi Ann Ward (9) and Beth Leno (9), discuss teen issues.

Helping Hands

Wedged between the problems of how to do yesterday's Geometry homework and if it is actually possible to fit a whole chapter's worth of notes in on one's hand before a test is what many would consider one of life's more complicated obstacles. Problems vary from student to student, and it could be anything from why don't they fit in, to what they are going to do after high school. Since it's harder to conquer problems alone, the counseling office has carried on the annual idea for support groups within the school. "These are here because outside of the academic part of it, which is for the most part taken care of, students come to school with a lot of other issues on their minds. Some positive, some negative," said Counselor Mr. Jim Bjorklund. There are a variety of sessions available for students to attend. Post High School is geared for the juniors and seniors who want to get a grip on their plans after graduation. Two other programs, After-care Support and Concerned Persons are based on chemical usage or drug related incidents, whether they are occurring to the immediate person, or someone else's use is causing confusion. Other sessions are Family Issues, New Experience, Grief and Loss and

Stress Management which deal with problems that may occur in a student's life as a result of divorce, death, family relationships or a maximum amount of stress. Based on more personal concerns three of the presently offered groups are separated by gender. Time for Me and Personal Issues were brought about for the young women who are interested in improving themselves as with Pals for the men. Students seem to think these clubs are a good idea. "I think they help people a lot, and it's a good experience to get to know other peers and to share your thoughts and feelings," said Sarah Rumsey (10). Young scholars often make the mistake of generalizing people who visit the counseling office, making assumptions of what that student's problem is when actually these programs aren't support groups for the weak, they are groups for the strong. "I think you can go to one of the meetings for any type of problem, even if it's just a bad day," said Stephanie Guscette (9). Everyone has areas of difficulties, and dealing with them constructively should be a matter of pride not shame.

By Jessie Hanzel

Counseling & Specialized



*Jim Bjorklund, Counselor
Pam Grove, Paraprofessional
Barbara Howard, Counselor
Judy Olson, Paraprofessional
Doris Rheault, Secretary
Joanne Rheault, Library*

*Mary Soehren, Librarian
Darrell Stolle, Counselor
Lisa Thompson, Lighthouse
Rick Veit, Psychologist
Mona Warkenthien, Counselor*



Ring Ring. Before school, secretary Judy Boutiette answers many phone calls pertaining to absences.

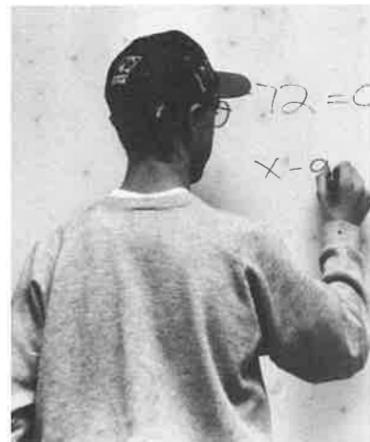
Changes, Changes, Changes. Writing busily, Mrs. Barb Howard, a counselor at WFHS, works on changing a student's schedule.

Mathematics

Don Burnham, Math
Jim Drew, Math
Claudia Engelstad, Math

Randy Holzmann, Math
Duane Lura, Math
Reuben Mutzenburger,
Math

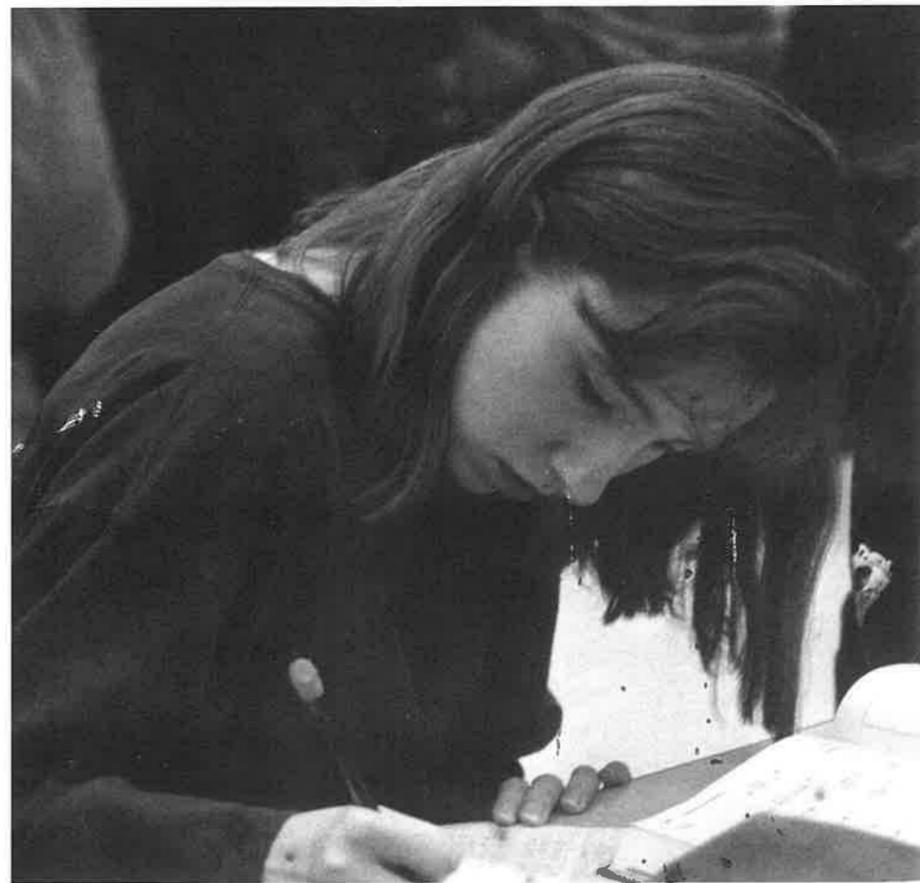
Pam Offerdahl, Math
Kari Sapa, Math
Shelly Wraalstad, Math



Another try at the board! While deciding what to write, Craig Wagar (10) works out another problem in front of the class.

Doing it right! In study hall Alana Withey (9) quickly does her Algebra homework in the commons.

Being bored! As time slowly ticks on, Tony Kunz (9) wearily deciphers another problem.



Calculator Claims

Try to figure out 19,046,003 divided by 72, and its square root multiplied by 82 with your paper and number 2 pencil. Most people would not even want to try it. Algebra, Geometry, Trigonometry, Consumer Math or Calculus are a hard task to carry without your best friend, the calculator. Luxury is not the word for calculators today. The word is more like need.

"When I can't use calculators, I am not able to get through an assignment. Geometry is not about little calculations, that's for calculators; instead it is about the processes and the formulas," said Andrew West (11).

Although much time is spent learning the long course of working a problem out, it seems to pay off in the long run. Understanding the routine is the major part of any

mathematic class, so that when it comes to it, the calculator is a shortcut to the arithmetic.

"I'm such a couch potato that if I had to get up and lift my pencil, I would rather go to sleep than write it out," said Chris Kjar (12).

Technology has brought different types of calculators. Including the science, algebraic, the simple, and many others.

"I have no clue what the buttons on top are for, but without the ones in the bottom, I would be stuck in my room grounded for flunking my math class," said Stephani Frederick (10).

Calculators are more fundamental than many people even realize.

"Calculators are a very important tool in the classroom today," said Mr. Rick Anderson, an accounting and keyboard instructor.

By Darcy Gaugler

FUN QUOTABLE FACTS

Did you know...

If you divide your weight by six, you get the approximate number of quarts of blood in your body.

Thirty-three percent more boy babies die than girls in the first year of life.

If the sun were the size of a soccer ball, the earth would be the size of a pea.



Wondering why? Pondering a formula, Angie Seeba (12) tries to work it out on paper.

Algebra is hard! Staring blankly at a complex problem, Nicole Borah (9) searches for the answer to the word problem.

REACTION TO THE CLASS

What class are you the most creative in and how?

"I am creative in art, because you have to use your imagination."-- Janelle Erdmann (9)

"I am creative in English, because I like to talk."-- Vicky Berg (10)

"I am creative in gym, because you get to create new ways to beat the @*^# out of people!"-- Jonathon Borah (11)



Sewing life away. During fashion and clothing, Daphne Schmitcke (9) creates an ensemble for herself.



Creativity in Class

Designing cartoon characters, molding clay, creating crafts, decorating homes, sculpting vases: art, ceramic and interior decorating classes were where creativity flowed.

Ryan Koffler (10) thought art was fun and will be in art as long as he can.

"You got to express yourself with different mediums, such as clay and pencil," said Koffler. "The best thing was you did not have to be an artist to get an A."

Interior decorating class also let students express themselves.

"This year the interior decorating class incorporated the students' creativity into projects chosen by the students to work on for the entire semester, such as wreaths, etched glass and candle making, and the final project was to design one whole floor in a house," said Mrs. Mary Anderson.

Holiday crafts were ways students used to show their creativity in different classes.

Both art and home economic courses allowed students to create a unique and personal piece of work.

By Josh Olson

Custodial and Kitchen Personnel



*Helga Bonnett, Kitchen Personnel
Beth Gilbertson, Custodial Personnel
Cliff Hartl, Custodial Personnel
Phyllis Jacobsen, Kitchen Personnel
Tracy LeClair, Kitchen Personnel*

*Elaine McDonald, Kitchen Personnel
LaVonne Pulczynski, Kitchen Personnel
Agnes Ratajczak, Kitchen Personnel
Joan Saye, Kitchen Personnel
Barb Werlinger, Kitchen Personnel*

Not Pictured

Debbie Powell, Kitchen Personnel



Working hard. While in ceramics class, Brandon Johnson (12) concentrates on molding his project

What? During Lunch, Crystal Skaurud (10) pauses to listen to her friends talk before she begins to eat.

Doing it by hand. Working on her project, Heather Schweitzer (11) pins the pattern onto the cloth.

Vocational/Physical Education

Mary Anderson, Home Ec.
Rick Anderson, Business
Steve Anderson, Business
Cheryl Baumgarten, Business
Jon Bjornson, Vocational
Richard Cwikla, Vocational

Fred Dahnke, Driver's Ed.
Chuck Gad, Business
Jay Gibson, Business
Joan Hall, Home Ec.
Jerry Heinz, Vocational
Kenneth Janz, Business

Jerry Nordstrom, Vocational
Janice Miller, Physical Ed.
Bob Monte, Physical Ed.
Doyle Plecity, Physical Ed. and Social Studies
Mike Stratton, Physical Ed.
Debra Uetz, Physical Ed.

Not Pictured
Peggy Hagar, Business



Ready for action. During gym class, Rachel Kraft (12) positions herself to throw her frisbee to a waiting receiver.

Spreading it on thick. During his advanced woods class, Austin Walkin (10) finishes working on his desk.



FUN QUOTABLE FACTS

Did you know...

There are about 2 to 3 million sweat glands in the human body, and if uncoiled, each sweat gland would measure about 50 inches long.

Males are more sensitive to bright light and can detect more subtle differences in light. Women have more acute senses of smell and are more sensitive to loud noises.



Working hard. During advanced woods, Chris Wieland (12) laughs as he finishes his assignment for the class.

Setting the pace. During physical education class, Christina O'Marro (11) and Jamie Vraa (11) take a brisk walk for their daily exercise routine.

Tools of Technology

In today's world, technology is advancing rapidly. To keep up with it, WFHS must also advance. In an effort to do so, the technology department, along with Mr. Richard Cwikla, created a new class, multi-media communications.

"It's (the class) been a goal of mine. There has been a demand for it," said Cwikla.

The multi-media communications class informs students of new technologies such as video, and editing of it, laser communications, and holograms; at the same time teaches correct use of them. Along with the new technologies, students also learned how to use a camera, and the uses of still photography in today's world.

The class was based on real world technologies and the careers that have developed in the last ten to fifteen years.

"I think it (the class) will impact peoples' careers and also help people be more informed as consumers," said Cwikla.

Since this was the first year of the class, both Cwikla and the students were new to it.

"The year went well; it's always hard to teach a class for the first time, but the students have been flexible enough to handle it," said Cwikla.

Many students jumped at the chance to be involved in Multi-media's first year.

"It sounded like a great opportunity; I think it would be fun," said Matt Thorstad (10).

As the year continued students found out more about the class and formed an opinion on it.

"I think the class was fun; the technologies were interesting," said Matt Peterson (12).

By Loren Hansen

REACTION TO THE CLASS

What is your favorite science class you've ever taken and why?

"Life Science, because it was interesting, and we got to dissect." -- Stephanie Saewert (10)

"My freshman year with Mr. Corbeil was a very educational experience." -- Andy Nowacki (10)

"Biology, because I had Mr. Halverson, and we got to sluff off." -- Jenny Ernst (12)

"Life Science, because the class was a lot of fun." -- Lukas Kringen (9)



Reaching high. During chemistry class, Melissa Gross (12) reaches up high to make a model of the solar system.



Speculating Science

Imagine learning while at the same time seeing firsthand what you are learning about, even smelling it. This experience can be achieved by taking the class of anatomy.

The thought of cutting open and looking at the inside of a dead pig, along with the odor, isn't necessarily too tempting to some students, but it is an important part of learning in this class.

"Dissection helps in several ways. It helps the students to see and feel the organs. It also helps them to learn how to use the tools of medicine," said anatomy teacher Mr. Mark Wagar.

According to Wagar, without dissection anatomy would be difficult to teach. The hands-on experience helps the

students to remember the names and functions of the organs and the names of the tools used. It also aids in understanding.

"I learned a lot about the body parts and explicit details about them," said Amy Knodle (12).

The young pigs that are used are not killed just for the students to dissect. They are either still-born or are taken out of a dead mother's womb.

"Anatomy is a very good class to study the body. It is also good for someone who wants to go into a medical field," said Marie Barnes (11).

For most students anatomy is a learning experience as well as an interesting way of making pork chops.

By Nicole Christianson

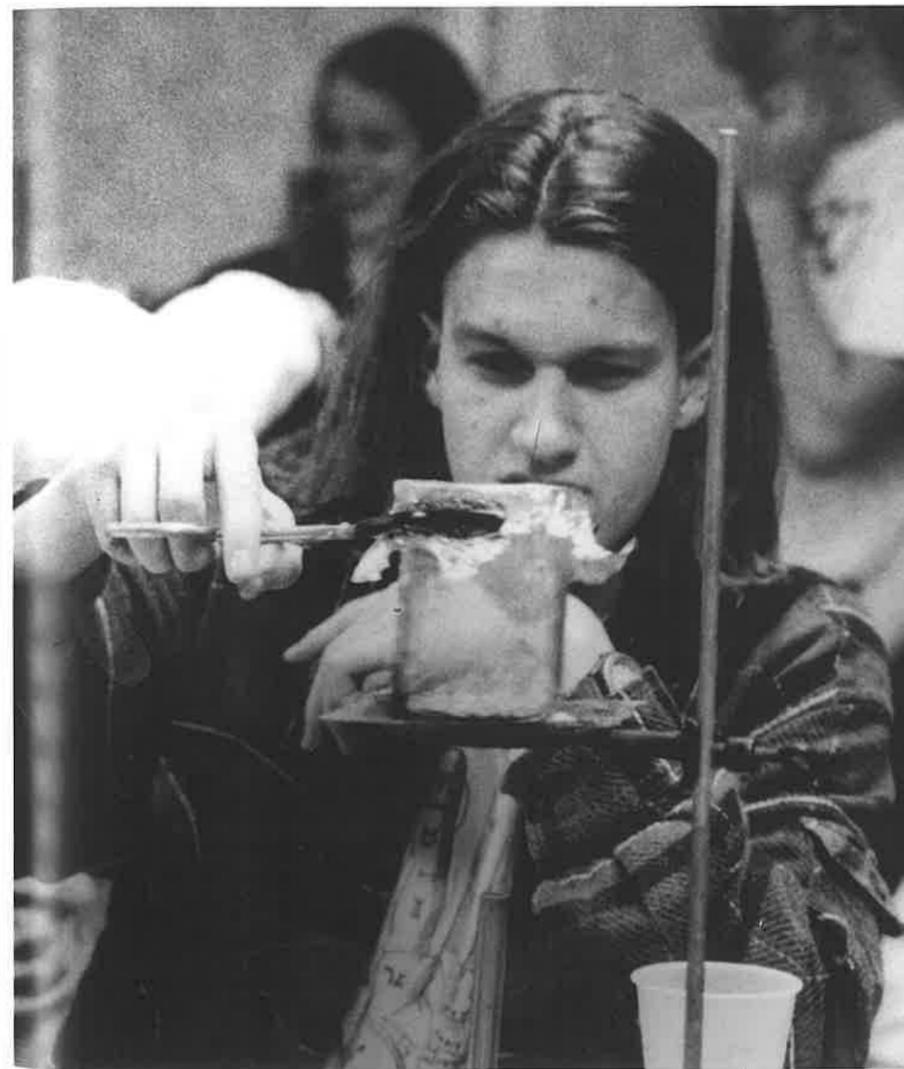
Science



Joan Baltezare, Science
Jerry Christianson, Science
Ron Halverson, Science
Terry Holm, Science
Sara Possehl, Science

Peggy Spitzer, Science
Richard Swanson, Science
Pamela Thompson, Science
Mark Wagar, Science

Not Pictured
David Dekrey, Science



Yuck! Slowly but surely, Kirk Ludwig (11) slices the deer heart in his first period anatomy class.

Be careful. Concentrating to make sure there are no mistakes, Bryan Bandli (12) removes the beaker while making popcorn in Advanced Chemistry.

Gross! During anatomy class, Ryan Huber (12) and Janell Martell (12) dissect their project.

Social Studies

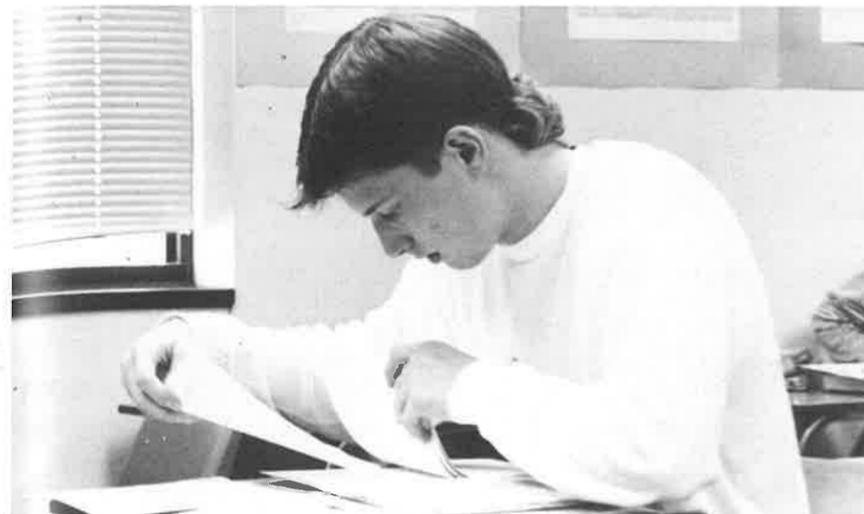
Tracy Aaker, Social Studies
Darrin Boehm, Social Studies
Drue Haarsager, Social Studies
Don Lennon, Social Studies

Steven Marquart, Social Studies
Barbara Metcalf, Social Studies
Ross Richards, Social Studies
Vernon Spitzer, Social Studies
Not Pictured
Jim Jonas, Social Studies
Paul Tefft, Social Studies



Studying Hard. With a frown on her face, Danyell Bearfield (10) concentrates on her World History assignment.

Computer Whiz. With interest, Justin McKenzie (12) works on Internet in his AP Government class.



FUN QUOTABLE FACTS

Did you know...

Some evidence suggests that a chimpanzee is smarter at birth than a newborn baby.

Albert Einstein didn't talk until he was four years old.

Ninety percent of the scientists in the history of the world are still alive.



Speeches, speeches and more speeches. With butterflies in her stomach, Jennifer Montgomery (11) gives a speech in her U.S. History class.

Where is it? With determination, Brian Jacobson (12) searches for his homework.

Groovy Government

Discussions, in-depth coverage, real life relating: Advanced Placement Government.

AP Government didn't cover just government, but also covered political science.

"We got a chance to discuss the issues instead of having the information shoved down our throats," said Shawn VanWinkle (12).

The discussions that were held in class were mainly promoted by students, so the students really took an interest.

According to instructor, Mr. Darrin Boehm, the students were able to look at what really happened and how they want it to happen.

The class took a look at real life situations when they went to the Federal District Court. They also wrote letters to congressmen about concerns they had about government. They had in-class simulations.

Boehm has noticed that some students have found the class difficult, but have gotten used to the challenge.

Students seem to enjoy the difficulty and the constant challenge AP Government has to offer.

"I liked the fact that it's really hard, and it's taught about how it (government) works," said Ben Pearson (12).

Other students enjoyed the fact they could actually take an interest in the class, and they wanted to learn.

"It's the first class I've ever retained information for more than a week," said Jamie Nilles (12).

All in all, Advanced placement government was a fulfilling class.

It was a constant challenge, but it seemed to be worth the battle.

By Jennifer Samuelson

REACTION TO THE CLASS

What makes English an interesting class?

"The teachers have made the English classes more fun. They do different things to get us interested in class." -- Michelle Nelson (10)

"It is cool when we can watch movies, like we watched Moby Dick. I didn't even know it was on tape." -- Jared Mahlum (11)

"English helps to combine information from other classes with the new material from this class." -- James Erickson (10)



Where does this go? Trying to figure out what happens next, Jeanne Boser (12) designs her Dream Catcher.



Electronic English

Technology has affected many of the activities that are done at WFHS. The English department has taken advantage of their access to these different programs by combining older materials with the new.

"We (the teachers) have had to learn the new material before we are able to use it in classes," said Mrs. Joan Hamilton.

Many of the English classes have had some type of assignment using the school's computers.

The three upper classes had research papers, where they used different computer programs to get information they needed.

"The students have used the

many indexes to do their research on," said Mrs. Shari Neece, who taught English I and II.

Also the Developmental English classes made newspaper articles and worked on a Christmas newsletter using the programs.

Many of the teachers felt that they would try to incorporate more computer work in their classes in the future.

"Because of the change in curriculum it has been hard to use all of the technologies available," said Mrs. Jane Holland.

The variety of new technology has helped the teachers expand and enrich their materials.

By Kay Meyer

Language Arts



*Mary Conant, English
Joan Hamilton, English
Jane Holland, English
Sybil Hopkins, English
Mary Knox-Johnson, English
Lori Liebl, English*

*James MacFarlane, English
Shari Neece, English
Christine Shaffer, English
Mary Sherman, English
Clare Williams, English
Joe Welder, English*



Returning to our roots. In AP English, Lisa Sannes (12) diligently works on a Native American Dream Catcher.

How does that go? While doing group studies during class, Stephanie Saewert (10) pauses to write something down.

I don't understand. During class, Mrs. Jane Holland helps student Mindy Meisch (10).

I have to finish this. At the end of a class period Scott Schultz (10) works on homework.

Administration

Audrey Binger, Office Personnel
 Judy Boutiette, Office Personnel
 Cheryl Buzick, Office Personnel
 Sharon Christiansen, Office Personnel
 Gary Clark, Assistant Principal

Darcy Diemert, Office Personnel
 Michael Drew, Principal
 Trish Eide, Office Personnel
 Curt Jones, Activities Director
 Karen Olson, Assistant Principal



For me? In the commons, Rhiannon Frovarp (9) talks on one of the student telephones.

Announcements! Before school begins, Principal Michael Drew and Mrs. Sharon Christiansen prepare for the day.



FUN QUOTABLE FACTS

Did you know

Canned food was introduced in 1820, but the can opener did not appear until 1860.

A single gram of gold can be stretched into a thread more than one mile long.

Ninety-nine percent of all forms of life that have existed on earth are now extinct.

Administration Awards

Ralph Waldo Emerson's only reward for a job well done may be to have done it, but students at WFHS are now being rewarded for earning good grades.

Reward cards were issued at each quarter. These cards allowed students to receive discounts at area restaurants, stores and businesses.

The administration hoped they encouraged students to work harder.

"The goal was to award kids for doing well and encourage them to continue their good work," said Principal Michael Drew.

Students also appreciated the cards.

"It's an incentive to get good grades," said Julie Engberg

(9).

There are three different cards that denote the various levels of achievement. A gold card was given to students with a 3.5 to 4.0 grade point average, and a silver card was given to those with a 3.0 to a 3.49. Students who improved their GPA by 0.2 between quarters earned the white card.

The cards still needed a few improvements, in the eyes of the students.

"There should be bigger differences between the cards," said Eric Olson (12). "You should get more stuff."

The administration hoped the cards encouraged students to continue their hard work.

By Rhonda Gruber



Bottles for two. At the baby shower held for teachers Mrs. Peggy Spitzer and Mrs. Joan Baltezore visit while holding Baltezore's twin son and daughter.

Dear deer heart. In anatomy, Niki Sadowski (11) and Alicia Dotseth (11) dissect and examine a deer heart.

STEPPING Out and beyond

Through accomplishments and achievements the organizations have stepped out and beyond.

These groups proved to the school and the student body they have gained useful experience and leadership qualities emphasizing their memberships' unique characteristics. This will, in the end, help students in the future and enable them to become One Step Ahead.



Organizations

Caroling, Caroling. During a concert, Sarah Marohl (11), Desiree Mark (12) and Shelby Breker (12) sing for the audience.

Read my lips. Campaigning for student body president, Andrew Sherman (12) speaks to the crowd in the commons.

Initiation. Lighting candles, Amy Hoglund (12), Nicole Howe (12), Sara Johnson (12) and Taia McLeod (12) become official members of NHS.

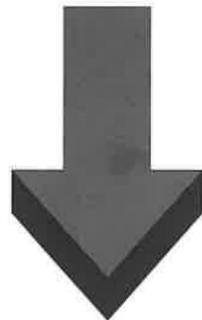
Go fish. In her free time at a speech meet, Sarah Havelange (11) plays a card game.

Nice to meet you. Shaking hands with James Erickson (10), Michele Denis (12) smiles warmly.

Why thank you! While practicing "Meet Me in St. Louis," Lisa Sannes (12) pours soup into a bowl for James Hoglund (12).

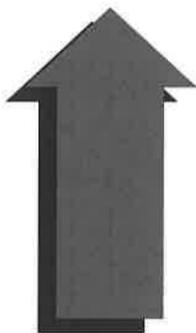
Ups

"I like drama because of the experience, the new people I get to meet, the acting and the learning."
-- Jessi Swiontek (9)



Downs

"I don't like the stress of drama because it leads to a lot of arguments."
-- Nancy Tate (10)



Drama: Front row, Travis Smith, Niki Sadowky, Shelby Breker, Dara Lee, Heidi Armstrong, Tracy Kartes, Jami Burbidge, Amber Preston and Stephanie Montgomery. Row 2, Rita Ostern, Amy Bertzyk, Kristin Marohl, Shari Wurtzburger, Corey Laude, Mike Anderson, Lisa Sannes, Desiree Mark, Michele Denis, James Erickson, Jamie Nilles and Mrs. Mary Knox-Johnson. Row 3, Heather McNamara, Sarah Marohl, Elizabeth Hoglund, Jackie McSparron, Beth Ramsett, Kelly Weispfenning, Sheri Rutten, Nancy Tate, Kim Ronning, Shannon Roers and Denita Linnertz. Back row, Eric Olson, Nicole Kirklewski, Danielle Schmidt, Christina Johnson, Nick Pederson, Adam Pankow, James Hoglund, Sarah Havelange, Sarah Wingad, Bonita Hellman, Cassie Rossow and Emily Morgan.

108 - One Step Ahead



Act Dance

Drama performs "Meet Me in St. Louis"

"We learned a lot from 'Meet Me in St. Louis,' and hopefully we can apply that to future shows." -- James Erickson (10)

"All aboard!" Every fall the WFHS drama club performs a musical, and on November 11, 12, 18 and 19 of this year it presented "Meet Me in St. Louis." The production was a huge success due to fantastic costumes, sets, actors and actresses.

One of the most memorable parts of the musical was the trolley. The trolley was about the size of a bus and was self-propelled by an electric golf cart. It pleased the audience despite a few problems.

"It sped up one night during practice, and we had to rig it, so it would only go about one mile an hour," said Mrs. Mary Knox-Johnson, who directed the play.

Another accident the cast had to work through was when something fell backstage and the front stage people had to

improv and said a tree had fallen.

Working with new props, people and sets made the show interesting and fun for both the audience and the cast.

"We had a lot of new people like the freshmen, and we had to spend time showing them how to do things, but we learned a lot from it," said James Erickson (10), who played John Truitt.

Unlike previous shows, cast members had to change costumes during a performance, and it caused some problems.

"Once Michele (Denis) came in late because she couldn't get her outfit buttoned," said Sarah Marohl (11), who played Mrs. Smith.

Although the trolley and changing costumes made it difficult to maintain a happy composure, the drama department felt they had tried their best, and the performances went smoothly.

"It was a lot of hard work for everyone, but the end result paid off like it always does," said Michele Denis (12), who played Esther.

Along with the trolley, the props included an old-fashioned telephone and fireworks at the end which made the show quite different from previous musicals.

By Nicole Christianson

Skip to My Lou. During the play, "Meet Me in St. Louis," Desiree Mark (12) and Corey Laude (10) dance together.



Fiction Fun

Drama enters 'Wonderland' full of 'Nunsense'

"I'm late, I'm late, I'm late, for a very important date," exclaimed the White Rabbit. It was this statement that began Alice's journey through Wonderland. WFHS re-inacted Alice's adventure for their children's play on February 18. The sets of the play were almost as magical as Alice's journey.

"Taking the mushroom off the stage and running over my foot and then I got caught on stage," said Adam Pankow (9).

From moveable purple hedgehogs to a radio controlled mouse, the audience was constantly in awe over the display of effects.

"There was always stuff going on," said Ms. Knox-Johnson, the director.

While the audience was in awe, the cast seemed to be somewhat nervous of possible catastrophies.

"The hedgehog rolled off the stage!" said Mike Anderson (12).

Costumes for the show were as colorful and elaborate as the words in the book.

"I kind of had fun doing it (making costumes)" said Christina Johnson (10).

The sets were extravagant, but the special effects seemed to make it great. Smoke bombs were set off when the Cheshire Cat appeared in the tree, and Alice's fall down the hole

Strutting thier stuff. While doing a jig, Danielle Schmidt (11), Shelby Breker (12) and Jamie Nilles (12) display fancy foot work.

was accompanied by a round disco ball and strobelights.

This year, WFHS also competed in the one act state competition, performing *Nunsense*. Shari Wurtzburger (10) placed first in stage design; Stephanie Montgomery (11) received second for monologue; Michele Denis (12) received second in solo Musical Theater; Jamie Nilles (12) and Sarah Marohl (11) received second in Duet Acting. Marohl also received a superior acting award for her portrayal of Sister Hubert in *Nunsense*.

By Jennifer Samuelson

"I liked it when we were Bowling with doll heads backstage." -- Denita Linnertz (9)



Oh bless you... While rejoicing, Desiree Mark (12) pronounces her faith.

Back!!! Defending himself, James Hoglund (12) gets mad as a hatter.

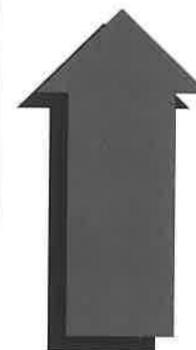
Ups

"It gives a person a chance to be someone they're not." -- Niki Sadowsky (11)



Downs

"It takes alot of time and dedication, but the final product is worth it." -- Michele Denis (12)



Thespians: Front row, Amber Preston, Jamie Nilles, Stephanie Montgomery, Eric Olson and Tracy Kartes. Row 2, Lisa Sannes, Desiree Mark, Michele Denis, James Erickson, Sarah Marohl, Heather McNamara, Dara Lee, James Hoglund, Mike Anderson, Nick Pederson and Kelly Welspfenning. Back row, Sheri Rutten, Danielle Schmidt, Jamie Burbidge, Sarah Wingad, Shannon Roers, Heidi Armstrong and Sarah Havelange.

Not just staring off into space. Appearing to daydream, Nancy Tate (10) is actually practicing the introduction to her speech.

Ups

"Speech is a bonding experience." -- Nancy Tate (10)

Downs

"I made semifinals at NFLs. That means I have to give my speech again. I don't want to give my speech again." -- Denita Linnertz (9)



Speech: Front row, Beth Ramsett, Heidi Borg, Rita Ostern, Stacy Hood, Jenny Arndt, Jennifer Montgomery, Nancy Tate, Rhonda Gruber and Stephanie Montgomery. Row 2, Christina Johnson, Angie Rohman, Elizabeth Hoglund, Jackie McSparron, Denita Linnertz, Julie Schmidt and Kerri Smith. Back row, Jaime Smith, Kristin Marohl, Coach Mary Sherman, Sarah Marohl, John Carlson, James Erickson, Jamie Nilles, Heidi Armstrong and Lana Haak.

And the winner is... After accepting his first place, national tournament-qualifying award, Jefferson Vargas (11) walks back to his team with a humble smile on his face.



Can We Talk?

Speech combines competing with comradery

"Speech is more fun than ambahla-rashal-ishlaskne ? ? ? ?"
-- Jared Aaberg (12)

Speech: The mystery that transcends the ages. How could an activity involving giving one 5-8 minute speech over and over again bring such a large, diverse group together and make them fast friends? The hard work of finding or writing, and then preparing, practicing and finally performing speeches was just a small part of speech's special charm. Speech team members also found quite a bit of fun, and often mischief. James Hoglund (12) had some adventures with "filleting", a joke from his humorous speech, and other hijinks. This caused a little conflict with Coach Mary Sherman.

"Sherman won't let you "fillet" on the bus, or let Sarah Havelange sit on your lap. She won't even let you hang a spoon on your nose, and if you do, she'll scream your name across the room!" said Hoglund. Sarah Havelange (11) gained a reputation because of her humorous duo with Jefferson Vargas (11). "People say 'Hey! Lucifer!' (her character in the piece), and I answer," said Havelange. Besides all the good times had by members, the team had some serious successes. The year ended successfully with State, held at West Fargo, and the National Forensics League tournament in Bismarck. At State, several team members placed. Sarah Marohl (11) took fourth in extemporaneous programmed reading, and Christina Johnson (10) placed third in serious interp. In humorous duo, Havelange and Vargas were awarded third. Jackie McSparron (9) received second, and Vargas received fourth in speech to persuade.

The following WF speakers advanced to semifinals at NFLs: Denita Linnertz (9), Johnson, Stephanie Montgomery (11), Nancy Tate (10), McSparron and Vargas. Everyone cheered when Vargas made finals and placed first in Original Oratory, qualifying for the national tournament in Ft. Lauderdale, FL.

In Sherman's opinion, what makes speech so much fun is the people it draws. "Speech attracts a wide variety of kids, from the concrete/sequential orators and extemporists to the abstract/random interpers. And they're all talented, funny kids."

By Jaime Smith



Feel the power. Practicing her humorous, Christina Johnson (10) adds a strong gesture to her interpretation of "Snow White and the Seven Dwarves."

Brain Braun

NHS joins members, student body

From helping out less fortunate kids during Christmas, putting on a Valentine's dance to having an AIDS awareness week, the National Honor Society is a club which is involved with the school and the community.

Throughout the year NHS hosted various activities in which members and sometimes other students participated.

During Christmas, several NHS members took kids shopping to local stores, Ben Franklin and Ace Hardware in West Fargo, and later helped them wrap their gifts they bought and gave them a party and presents.

"This activity that the NHS and the Women of Today put on turned out to be one of the best activities and one that the members enjoyed doing the most," said President Nicole Howe (12).

NHS doesn't just involve its member. It also gets the student body involved in activities, like when they sponsored a Valentine's dance.

"The dance was a lot of fun! There were more people than I thought there would be, and I think everybody had a great time," said Secretary Amber Preston (11).

Along with showing the students some fun, NHS also likes to be educate them.

Throughout the year, members took

Oh! for cute. Before Christmas, NHS took kids shopping for their families. Sarah Marohl (11) and Nicole Kirklewski (11) help out a boy in finding a present for his family.

What is this? While emptying the bag, Todd Wagner (12) examines the food when he sorts it out for the food drive.

time out during their study halls to help out other students with their homework.

This club also put on an AIDS awareness day. During the day they took students out of class and painted their faces to represent the number of people getting HIV in the nation.

NHS is not just a member-orientated group; it incorporates the student body and the community in the activities that it sponsors.

These activities show the club's strength and ability to put back what they receive from the community.

By Cari Rauch

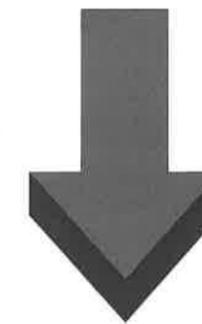
"NHS is one of the best ways to meet others in the school with the same interest."
-- Sarah Falk (12).



Food anyone? Helping out with the Food drive, Sarah Morrison (11), Heidi Armstrong (11) and Bryan Bandli (12) carry bags into the school to sort.

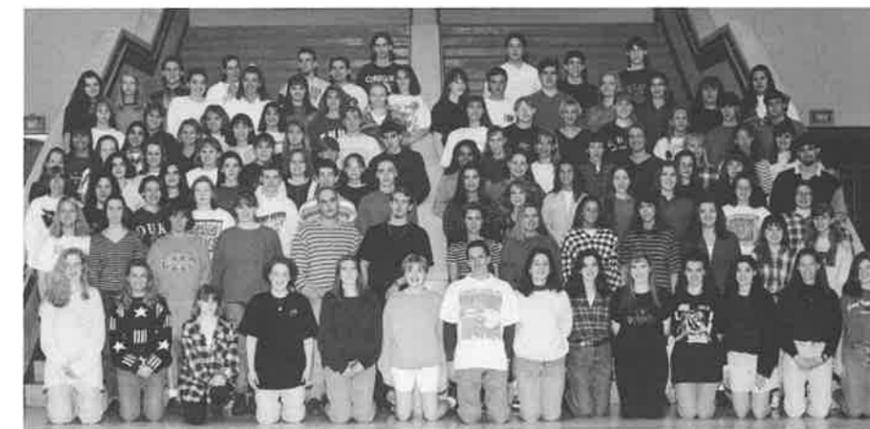
Ups

"National Honor Society is a good organization to be involved in, because you do projects that benefit your school as well as your community." -- Treasurer Sarah Morrison (11)



Downs

"For people involved in other sports and activities, it is difficult to make the meetings and meet the project requirements, but it is worth the people's effort." --Michelle Halverson (12)



NHS: Front row, Sarah Marohl, Lyndsey Alm, Danielle Eberhardt, Shelby Breker, Cari Rauch, Nicole Kirklewski, Bryan Bandli, Amber Preston, Jamie Nilles, Michelle Halverson, Sarah Morrison, Heidi Armstrong, Erin Erickson and Heidi Solseng. Row 2, Cheryl Rood, Danielle Schmidt, Deanna Elsaas, Angela Ottesen, Robert Lussier, Josh Dikoff, Jana Olslund, Lisa Peterson, Carmen Isaak, Lisa Biegler, Sara Moreland, Stacy Hood and Melissa Loney. Row 3, Kelly Weispfenning, Carolyn Ederly, Anna Jo Steidl, Traci Pribbenow, Andrew Sherman, Todd Wagner, Jim Loberg, Tara Hilscher, Sarah Falk, Michelle Wilson, Stephanie Montgomery, Sarah Wingad, Jaime Smith and Beth Ramsett. Row 4, Diane Tate, Kay Meyer, Jennifer Saxowsky, Nichole Essary, Kelly Murphy, Heather McNamara, Sumer Aberle, Rhonda Gruber, Sarah Havelange and Jefferson Vargas. Row 5, Sarah Kylo, Jeanne Boser, Nicole Randall, Nicole Sailer, Ryan Gilleland, Peter Biegler, Suzanne Dreckman, Kristi Rasmussen, Katie Beauchamp, Jami Burbidge, Jennifer Palloch, Kelly Haar and Heidi Trottier. Row 6, Andrea Hovland, Robin Perez, Nikki Nielsen, Mandy Westrick, Bonnie Harrold, Niki Sadowsky, Mandy Enebo, Tracy Kartes, Jill Heiden, Amanda Peter, Nicole Howe, John Zetocha and Travis Magnuson. Row 7, Kelley Grant, Melissa McDougall, Jenni Stompro, Laurie Flick, Desiree Mark, Moriah Ederly, Lisa Sannes, Leah Tilly, Erick Handegard, Landon Brinkman, Julia Coughlin, Heather Tvedt, Jennifer Albery and Lindsay Bogardus. Back row, Sarah Chapek, James Hoglund, Jennifer Rud, Nichole Walla, Michele Denis, Jason Gooding, Eric Olson, Justin Barnum and Barrett Irving.

Dazed and asleep. On a lawn chair set up at a student council sponsored blood drive, Taia McLeod(12) rests after donating blood.

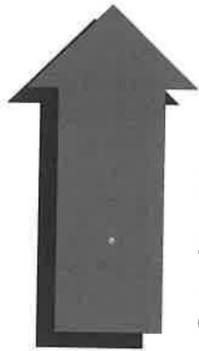
Ups

"Some good things about Student Council are that we have the opportunity to go to state Student Council and to the National Leadership camp. At these places we get to meet many new people and get to do many fun activities." - - Amy Petersen (10)



Downs

"One of the bad things about Student Council is that we have to miss a lot of class to attend meetings, and I wish we could meet some time other than in school." - - Mike Herbst (10)



Student Council: Front row, Jamie Nilles, Karmel Schroeder, Angie Vetter, Tiffaney Kihle, Megan Morrison. Row 2, Andrew Sherman, Matt Korsmo, Amy Petersen, Justin McKenzie, Sumer Aberle, Aarin Zimney and Adam Pankow. Back row, Mr. Gary Clark, Bryce Hins, Mike Herbst, Brice Powell, Brian Erdmann, Todd Wagner, Amy Heglund, Heather Willis, Angie Sorteberg, Rob Lussier and Mrs. Karen Olson.

116 - One Step Ahead



Charity Pies

Student government works to help school, community

"I have to say our main goal, that of making the school's learning environment as easy to live with as possible, was done exceptionally well."-- Andy Sherman (12), Student Council President

Student council isn't just a boring student government at WFHS. It works throughout the year to better not only the school, but the surrounding community.

The student council sponsored many events during the year, including a very ingenious fundraiser for the Make-A-Wish foundation. The contest involved students putting extra change into cups found in the rooms of each teacher. The teachers with the most money in their cups got pies in the face by students. Students were able to bid at an auction two days in advance to buy the honor to throw the pies.

Eight faculty members received a pie in their face. The three adminis-

trators Mr. Michael Drew, Mrs. Karen Olson and Mr. Gary Clark were the main attractions, along with Mr. Jerome Christianson, Mrs. Barbara Metcalf, Mr. Jim Jonas, Mr. Steve Marquart and Ms. Lori Liebl. Students found that donating towards pie throwing was worth it.

"It felt great to throw a pie at Mrs. Metcalf, because she made you take too many notes, and it was time for revenge," said Matthew Gurley (10).

Cream pies weren't the only highlight for the student council. They also organized a blood drive, and worked at trying to get a stop light put up at the corner of 9th street and 7th avenue.

The blood drive consisted of any interested students, 17 and older, who donated blood. The blood was a small price to pay for those who wanted to help others.

This year's student council focused their energy on trying to help others. The Make-A-Wish foundation and the United Way greatly appreciated the students' participation in the activities.

Justin Barnum (11) was especially pleased with the pie fundraiser. "Make-A-Wish was an extremely fun fund raiser, and it was for a worthy cause, and I am glad we had a chance to be a part of it," said Barnum.

Student Council not only tries to improve the school, but also contributes to the community.

By Josh Olson and Julia Coughlin

Listen Up. At a student council meeting Bryce Hins (9) and Megan Morrison(9) go over the details for the Make-A-Wish assembly.

Take this! At the pep rally, Tiffaney Kihle(11) throws the pie that she bid for into Mr. Gary Clark's face.



Student Council - 117

Notes Chords

Band faces challenges at All-State

There does not seem to be a moment when there isn't a faint melody reverberating through the halls of WFHS. From the before school grooves of the Jazz Band to the afternoon performances of lessons, the appreciation of instrumental music can be felt daily. This musical talent is displayed by the Varsity, Concert and Jazz/Rock bands.

Every year, the band members have the opportunity to show their stuff to the rest of the state by attempting to qualify for the North Dakota All-State Band or Orchestra.

This year Anna Jo Steidl (12), Carrie Devones (11), Missy Loney (11) and Joel Erickson (9) all had this privilege. Try-outs for All-State are complex auditions where students must prepare selections and sight read pieces. For many, the auditions were the most trying.

"The audition was very tense, but when I found out I got in, it was a great feeling," said Devones.

Upon making it to All-State, students are often amazed at the amount of talent present. Roughly 1,000 students tryout, while only the top one third ever qualify. When the All-State bands finally assemble and practice, they produce quite a show. The performers are aided by various professional musicians from around the region.

Loney, who qualified for All-State Orchestra, felt this helped her greatly.

"I gained a wealth of knowledge from the conductor. The whole program has in-

Mozart or movie medly? At the Late Winter Band Concert, Sally Stastny (12) and Sara Moreland (12) harmonize on the clarinet to the Lion King score.

creased my musicianship," said Loney. Like many other school functions, probably the most valuable part of All-State for most of the students is the people they meet and befriend there.

Steidl knows this to be true for her.

"The best part about All-State is that you get to meet cool people from all around," said Steidl. "You spent a weekend together making great music (and learning new card games). Mostly, a great deal of bonding occurs in everyone. I know I've made some friends I hope to always have," said Steidl.

"Band symbolizes all that is good in the world, just as the whale in *Moby Dick* symbolizes all evil to Captain Ahab." -- Joel Thompson (11)

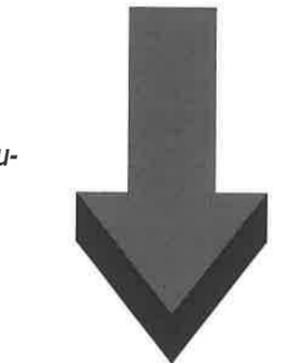
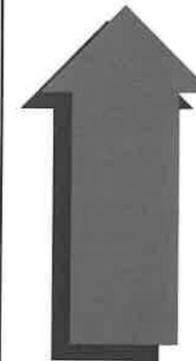
By Jefferson Vargas



"On West Fargo. . .". During one of the many basketball games, Nicole Sailer (12) sparks Packer spirit.

Ups

"Band is interesting because it provides many different opportunities to perform." -- Erin Erickson (11)



Downs

"Band expands your historical knowledge with all of those stories Mr. Whaley tells." -- Nick Pederson (10)

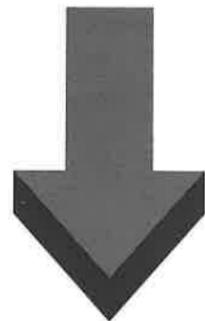


Concert Band: Front row, Sally Stastny, Sarah Moreland, Rachel Wang, Bonnie Dockter, Missy Rutten, Jaime Smith, Nancy Tate, Shelly Langer, Roxanne Mullenberg and Carrie Devones. **Row 2,** Tara Hilscher, Sarah Falk, Lyndsey Bogardus, Bobby Jones, Krysia Kludt, Sarah Howe, Brandon Dehne, Angela Schultz, Bree Kleven, Mandy Clemenson, Karen Zurn, Melissa Fosse and Jennifer Johnson. **Row 3,** Craig Wager, Joseph Spitzer, Allison Jung, Aaron Hovland, Jo Valovage, Jenny Alberty, Mike Lee, Jenny Polloch, Cody Glaser, Nick Pederson, Eric Cullen, Anna Jo Steidl, Cindy O'Neill, Stephanie Montgomery, Erick Handegard, David Cleary, Beth Asmund and Jessie Stromberg. **Row 4,** Brian Bandl, Dixie Sapp, Mark Harbeke, Heidi Solseng, Missy Loney and Andrew Steele. **Back row,** Mr. Glenn Whaley, Joel Thompson, Jason Eiter, Shari Wurtzburger, Trisha Besette, Mindy Hagen, Nicole Sailer and Aaron Berg.

Tis' the season. During the seasonal Christmas concert Christina Johnson (10), Irina Khristyuchenko (10), and Jennifer Montgomery (11) sing carols.

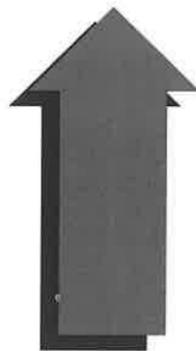
Ups

"The good thing about being in choir is, I love music, so it is enough to just be able to sing."-- Sarah Havelange (11)



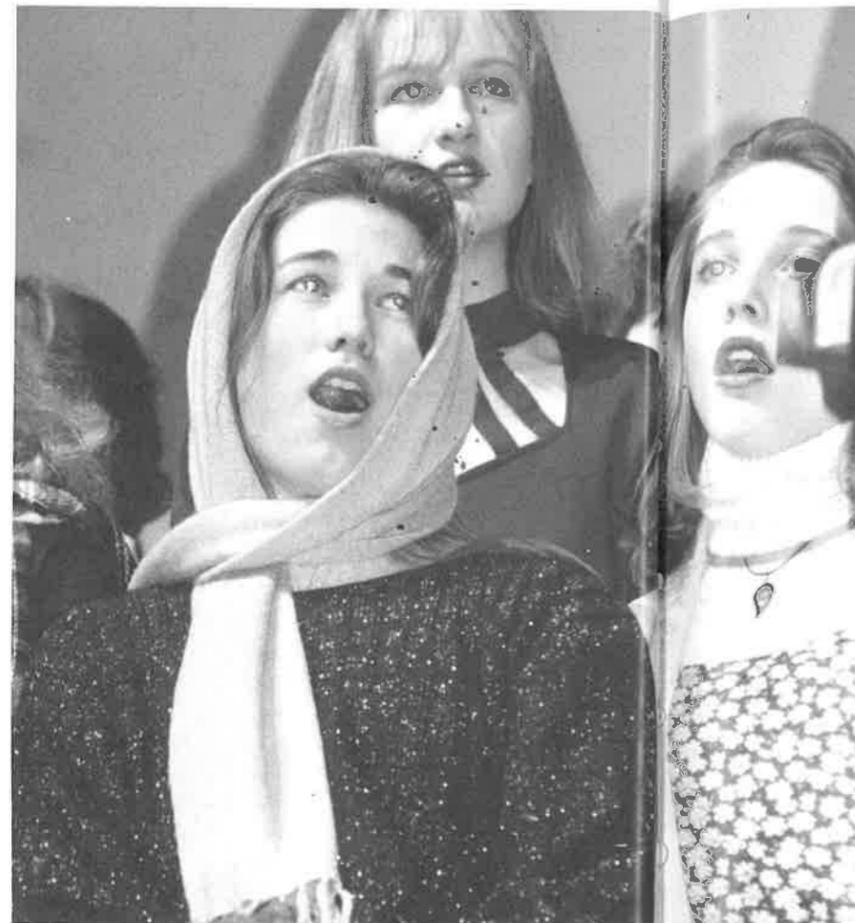
Downs

"The choir is like a family, so when things aren't going well, the pressure comes on because we are all so close."-- Lisa Sannes (12)



Concert Choir: Front row, Shelby Breker, James Erickson, Jennifer Saxowsky, Jody Capenter, Kurt Peterson, Justin Barnum, Kelley Grant, Darick Dorn, and Amber Loberg. **Row 2,** Nicole Howe, Stephanie Herman, Nicole Randall, Heather McNamara, Nicholas Pedersen, Michele Denis, Jennifer Stompro, Adam Adams, Todd Wagner, and Mr. Jeff Mueller. **Row 3,** Jason Gooding, Sally Stastny, Katie Clemens, Nicole Kirklewski, Desiree Mark, Joshua Dikoff, Cory Gilbertson, Melissa McDougall, Jefferson Vargas and Jamie Nilles. **Back row:** Gabe Christianson, Mike Speicher, Angela Ottesen, Erik Lien, James Høglund, Sara Marohl, Eric Olson, Landon Brinkman, Lisa Sannes, Danielle Schmidt and Leif Rosenvold.

120 - One Step Ahead



Soprano alto

Students experience arts in choir

"One of the best things about choir is being together with everyone."
-- Niki Sadowsky (11)

When many students hear about choir, they don't recognize the work and dedication that go into this activity. Not only do students have the opportunity to expand their minds with music, they have the chance to have a lot of good times.

"Choir is one of the few classes you can take in school where you can have an experience in the arts," said Choir Director Jeff Mueller.

There are three different choirs for students to choose: Chamber choir, for girls in grades 10-12, Concert choir, for guys and girls grades 10-12 and freshman choir. Not only do the members learn the different melodies of songs, they learn the his-

tory behind them.

"It's fun to learn about the history of the songs and see how life was during that time," said Darick Dorn (10).

Some activities choir students participated in were four concerts, auditions for all-state and honor choirs.

"One of the good things about being in choir is that when it comes time for a concert, you get a feeling of accomplishment," said Lisa Sannes (12).

This year they went to the Twin Cities March 2-5 to sing for other schools. Although the point of the trip was to sing, members had some fun by visiting places such as the Mall of America and the Chanhassen Dinner Theater.

"The trip was fun because it was great to just be with everybody," said Niki Sadowsky (11).

Another area participants indulged in was the music contest. Members had the opportunity to try out for various activities also.

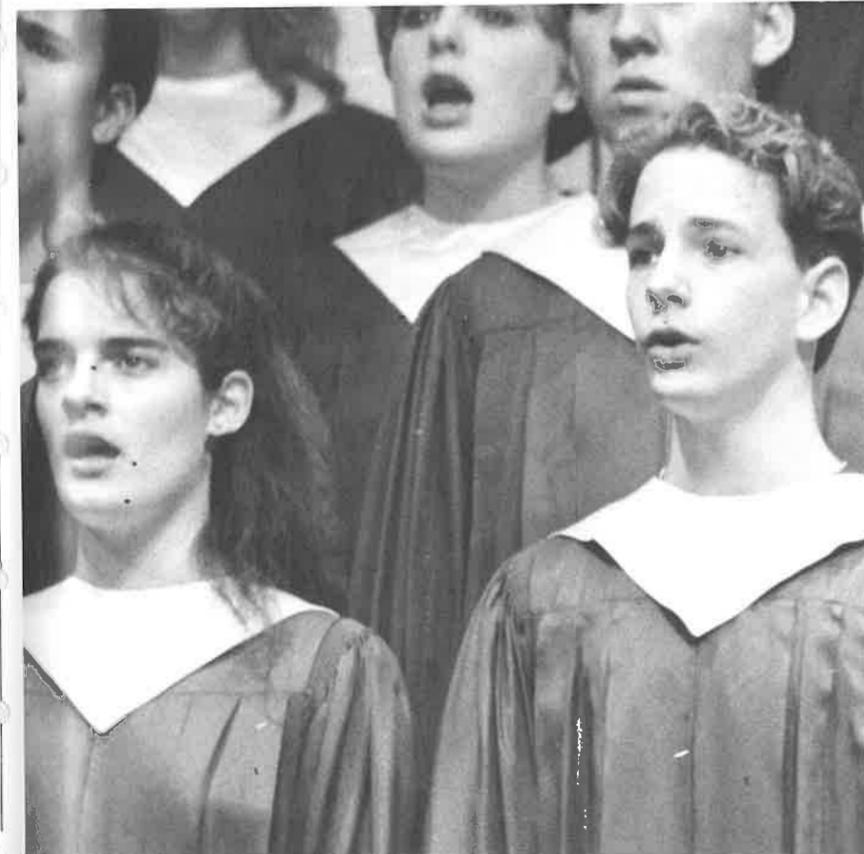
Being in choir is not only a fun, new experience, it can help one to improve themselves.

"People in choir are more creative, and they tend to appreciate things such as the arts more," said Jamie Nilles (12).

By Jessie Hanzel

Pouring their hearts out. Varsity choir members Jennifer Saxowsky (12) and James Erickson (10) perform during a concert.

Express yourself. While Chamber members Erika Peterson (11) and Teresa Berg (11) sing at the Winter concert, they let their gazes fall on Director Jeff Mueller.



Song & Dance

Fantasia!, Carolers expand their horizons

Keepers of the groove lurk in every corridor, corridors infected with the melodious thunder of carolers. The dynamic duo Fantasia! and Carolers poured forth their talents during the musical season.

Expansion was the major note on the Carolers agenda. They extended their touring season to three months with an incorporation of debuts at Bonanzaville, at business parties and in Christmas homes. "This year we extended Carolers and went on tour for three months. We're doing more than Christmas pieces, such as Madrigal pieces by King singers," said Eric Olson (12).

"I think Carolers had its best season ever, and I think one of the highlights for the year was the tour that we took when we sang for the American Choral Director's Convention," said Director Jeff Mueller.

Fantasia! also opened a new doorway within the performance realm, singing and dancing for basketball games and pep rallies.

Besides the love of a performance, Cassie Rossow (9) said, "I joined because I was a freshman. I thought it would be fun, and freshman don't usually get in."

Letting their voices soar! Performing for a crowd, Fantasia! performers Melissa McDougall (12), Cassie Rossow (9), Nick Pederson (10) and Lisa Sannes (12) sing and dance with enthusiasm.

Other members find not only the challenge of auditioning exciting but also the advantages of performing in such an elite group.

"I consider it to be an extreme honor to be in a group of such high caliber musicians," said Erik Lien (12).

Mueller feels the year was successful, and he has worked hard to meet the group's goals.

"Fantasia! has been pretty fired up this year," he said.

Nearly identical in membership each group works closely to enhance their friendships and talents. Whether performing at conventions, singing at festivals or touring the big city, the proud sounds of West Fargo High School ring clear.

By Jeanne Boser and Shawn Van Winkle

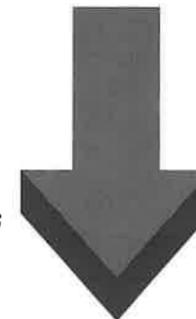
"Being in Carolers gave me some of the best times of my life. I felt privileged to be a part of it all." -- Danielle Schmidt (11)



Wishing all happy festivities. Celebrating the holiday season Carolers Shelby Breker (12), Melissa McDougall (12), Niki Sadowsky (11) and Todd Wagner (12) sing to an audience.

Ups

"I get to be with my friends, and I like to perform." -- Jamie Nilles (12)



Downs

"Singing in such high caliber groups monopolizes all of one's time, but it is certainly worth the effort." -- Sarah Marohl (11)



Fantasia! Front row, Desiree Mark and Lisa Sannes. Row 2, Jeni Bucholz, James Hoglund, Nicole Kirklewski and Jamie Nilles. Row 3, Danielle Schmidt, Nicole Sadowsky and Angela Ottesen. Row 4, Cory Gilbertson, Adam Adams, Shelby Breker, Heather McNamara and Sarah Marohl. Back row, Denita Linnertz, Bonney Hellman, Cassie Rossow, Todd Wagner, Nicholas Pedersen, Eric Olson, Jason Gooding and Erik Lien.



Carolers: Front row, Melissa McDougall, Nicholas Pedersen, Michele Denis, Sally Stastny, Jamie Nilles, Todd Wagner and Cory Gilbertson. Row 2, Adam Adams and Shelby Breker. Row 3, Lisa Sannes, Heather McNamara, Nicole Sadowsky and Danielle Schmidt. Back row, Mr. Jeff Mueller, Justin Barnum, Erik Lien, Joshua Dikoff, Eric Olson, Sarah Marohl and Desiree Mark.

Sorting photos. Choosing pictures for the yearbook, Editor Mandy Westrick (12) decides what sizes are required.

One Step Ahead

Editors-in-chief: Cari Rauch and Mandy Westrick

Junior editors: Julia Coughlin and Jaime Smith

Photo editor: Beth Ramsett

Index editor: Melisa Radford

Sports editor: Chet Decker

Staff: The Publications class

Advisor: Ms. Lori Liebl

The theme *One Step Ahead* was chosen because it illustrates how WFHS students strive to be One Step Ahead of the rest. The editors felt this was appropriate because the student body showed their excellence in all areas.

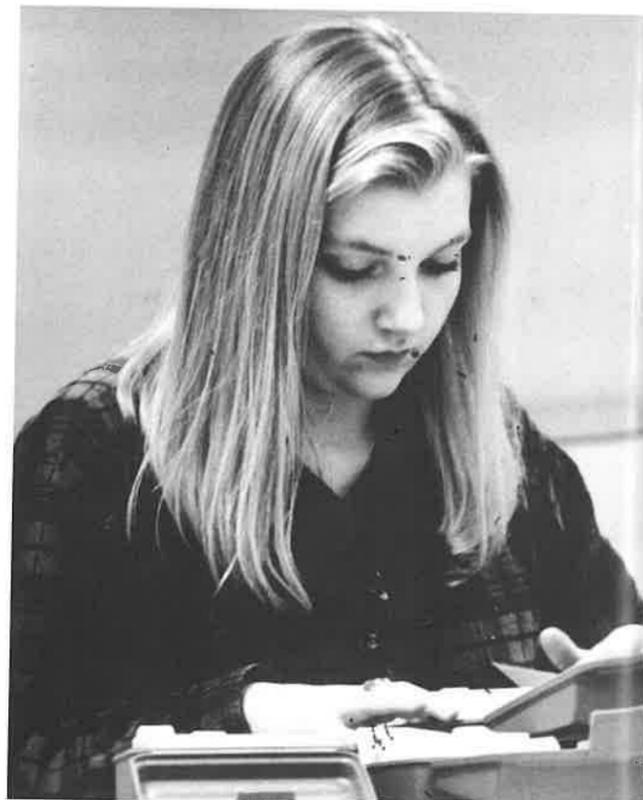
The yearbook was published by Jostens Publishing Company from Visalia, California. The yearbook contains 208 pages. The cover is based on a classic design. It is quarterbound using smoke and forest green. A gold foil was applied for the text. There were 825 yearbooks sold. Within these yearbooks, 16 pages of full color and 56 pages of spot color were used. The spot colors chosen were forest green, navy, scarlet, blue green, fire engine red, light blue and bright green. PageMaker was used to create the layouts which were designed by the staff.

The Publications staff would like to thank Mr. Ken Janz for his help with the computers and Sherlings Photography for taking the group shots.

The staff is proud of this yearbook because of its new and different look. We've taken the yearbook One Step Ahead.



Publications Editors: Front row, Beth Ramsett and Jaime Smith. Row 2, Cari Rauch, Rhonda Gruber, Chris Radi, Mandy Westrick, Chet Decker and Julia Coughlin.



Indexing cards. Filing cards, Editor Julia Coughlin (11) organizes ordered yearbooks. The editors alphabetize receipts for all students in the school.

Edit Correct

Editors tackle yearbook headaches

Stress. Deadlines. Late nights at school. These problems are ones usually associated with newspapers, but they also apply to yearbook. The most important quality, however, is responsibility.

In order for the yearbook to be completed on schedule, a plan for the yearbook must be finished before school begins.

"Planning the yearbook is an enormous responsibility because we have to design layouts, create the theme for the yearbook and finish many other things before school starts," said Editor Cari Rauch (12).

Not fulfilling these obligations can cause serious problems for the staff.

"We have plenty of deadlines, and not making these can result in big fines. As we

get closer to these deadlines, we get pressed for time," said Editor Julia Coughlin (11).

These problems can cause students to develop important qualities.

"Yearbook requires creativity and time management skills. It has taught me patience with others," said Editor Jaime Smith (11).

The responsibility is something the yearbook editors welcome.

"We need to try to condense a whole year of activities in one memorable attractive book. Yearbook is fun because it is good to know you are helping to preserve memories of the high school experience," said Coughlin.

By Mandy Westrick



Making lists. Writing out what needs to be done, Editor Jaime Smith (11) organizes her day's schedule.



Hard at work. Sitting at a computer, Editor Cari Rauch (12) lays out a yearbook page.

Pen Sword

Packer staff deals with stress, wins awards

The WFHS Packer experienced a banner year in 1994-95. While putting out a record number of issues, the Packer still kept its journalistic integrity with stories that were informative, truthful and exciting to the student body.

New processes like color printing and graphics also helped this award winning school newspaper.

"Graphics allow you to get a lot of information across easily," said co-editor in chief Chris Radi (12).

Another aspect of working at the paper is stress. Whether it's lost disks, writer's block, or trying to meet the deadline, life at the Packer is never easy.

"There are nights that we've been in the Publications room until 8:00 or 9:00 doing layout," said Editor Rhonda Gruber (11), "But we all pull through, and a few days later we forget how tough it was."

Others don't deal with the pressure quite so well.

"I feel like walking out, or crying and pleading for mercy from Ms. Liebl!" said first year student Darcy Gaugler (10).

And while some can't deal with the stress, others seem to shoulder the weight well.

"I don't get stressed; Liebl gets stressed out enough for me!" said Photo Editor Beth Ramsett (12).

At the same time, some members of the Packer seem to have it all figured out.

"As with everything in an office environment, there is excessive red tape involved. There seems to be only one rule...rules are meant to be broken," said Co-Editor in Chief Chet Decker.

Concentration is the key. During newspaper layout, Chris Radi (12) eyes the screen to figure out his next move.

At the regional NIPA conference, the staff and individuals of the Packer and the yearbook received over 30 awards, making 1995 the most successful year ever for WFHS Publications.

Among the awards claimed by the Packer staff was an All-Northern rating. The WFHS yearbook also received All-Northern. The yearbook earned first place for special effects.

At the conclusion of the awards presentation, Decker received the Journalist of the Year award for the state of North Dakota, making him the first student from WFHS ever to win the award.

By Gabe Christianson

**"I don't find Publications stressful. I take it all in stride."
--- Beth Ramsett (12)**



It's a tough job. Taking full advantage of the luxuries the computer room has to offer, Chet Decker (12) relaxes while doing layout.

Ups

"The best part of Publications is the layout. It's easy to do because there's a set pattern, and nobody can argue with me if they think it's wrong." -

- Matt Biewer (10)



Downs

"What I really hate about being a part of the Packer staff is all that responsibility that is crammed down our throats. And that deadline thing, what's up with that?"

-- Jaime Smith (11)



Publications I students: Front row, Jeanne Boser, Jennifer Samuelson, Darcy Gaugler, Nichole Christianson and David Syverson. Back row, Gabe Christianson, Loren Hansen, Matt Biewer, Josh Olson and Ethan Edgerly.

Strenuous work. Working in Publication's class, first-year student Jennifer Samuelson (10) concentrates on the computer screen.

Organization Highlights

VAPCOM had a computer workstation called the Silicon Graphics Workstation that can do the graphics as good as the graphics on Terminator 2 and Jurassic Park. -- Ryan Smith (11)

Foreign exchange club is unique because we have fun without doing anything. -- Stefan Fahrnich (12)

VICA is unique because of the hands-on experience we get learning how to tear apart lawn mower engines, snowmobile engines, etc. -- Stacey Conzemius (12)

Pep Club is unique because it is a way for all members of the school to get involved in activities. -- Sarah Falk (12)

Key Club is an organization for high school students involved with the community and the school through volunteer work. -- Diane Tate (12)

My most memorable moment of DECA is when Jenni Stompro and I almost missed the bus leaving Valley City because we were trying to meet some guys. -- Tiffany Kihle (11)

My most memorable moment of Art Club is when Jody (Carpenter) threw the gavel! -- Jennifer Montgomery (11)

FBLA is unique because you get to learn more about the business world. -- Dara Lee (12)

My most memorable moment of Science Olympiad is rebuilding the entire Mission Possible project right before the judging - creative uses in adhesive. -- Rob Boser (10) and Jeff Anderson (10)

My most memorable moment of Key Club is when we went to the Christmas breakfast and got lost; fortunately Santa saved us. -- Sally Stastny (12)

Clubs and organizations at WFHS provided many activities for the student body to participate in. Whether it was competing or just being part of a group, organizations provided students a way to become One Step Ahead.

Close Up is an organization that allows six juniors to visit Washington D.C. The students who made this trip were Jaime Smith, Rhonda Gruber, Sarah Morrison, Stephanie Montgomery, Kay Meyer and Erika Peterson.



VAPCOM sponsored a Technology Fair which exposed the student body to the growing technology today.

Two VICA, Vocational Industrial Clubs of America, members qualified for Nationals. Justin Williams (12) and Brad Roux (12) attended Nationals in Kansas City June 24-29.

The Future Business Leaders of America, FBLA, held its State Leadership Conference on March 27 and 28. Seniors Jennifer Saxowsky, Stacy Hood, Kelly Murphy and Tanya Rosendahl competed at the National level in Orlando, Florida.

On March 12-14, five members of DECA, Distributive Education Clubs of America, qualified for the National competition. Tiffany Kihle (11), Ryan Goodin (11), Kelly Murphy (12), Sumer Aberle (11) and Jenni Stompro (12) qualified to compete at Nationals in St. Louis.



Think fast. Preparing to pass the ball during a game, Chad Isaacson (12) participates in Intramural basketball as other players look on.

Showing off. Demonstrating the new technology available, Josh Johnson (9) looks through a book during the VAPCOM Technology Fair.

STEPPING

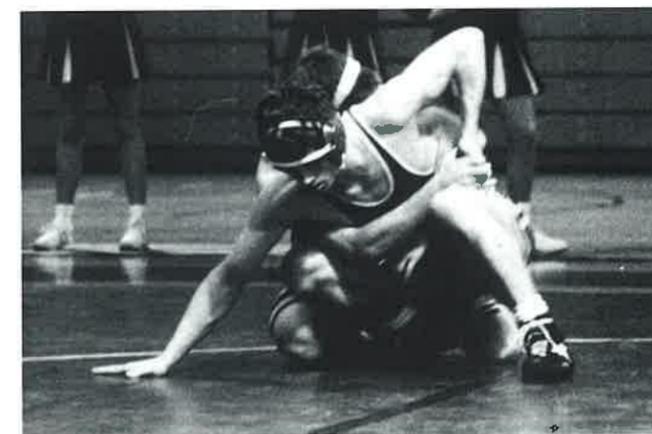
Packer athletics shined through by giving 110 percent to accomplish their goals. It was a bucket in bas-

ketball, a goal in hockey, a spike in volleyball or a touchdown in football. Whatever it was, chances are it spelled Packer success as players stepped out of bounds of what was expected. With values instilled by parents, coaches and teachers, the teams seemed to have had the ability to climb the stairs of success to remain One Step Ahead.

*Out
of bounds*



Sports



Face off. Battling for the puck, Chad Jamieson (12) and his opponent from North race to gain possession.

Let me go! Trying to escape, Danny Wagner (11) attempts to break a hold during a wrestling match.

Break away. Running off with the ball, Leah Tilly (11) dribbles ahead of the opposition.

Ace. Serving the ball, Beth Asmund (10) concentrates as she tosses it into the air.



Concentration. With her mind set on the shot, Nichole Walla (12) spots up for a free throw.

Girls' Basketball

We	Opponent	They
56	Bismarck	42
39	Mandan	48
61	St. Mary's	40
49	Grafton	46
80	Wahpeton	26
59	G.F. Central	41
59	Shanley	58
61	Fargo North	29
51	Jamestown	45
66	Devils Lake	44
61	G.F. Central	38
42	Fargo South	46
78	Valley City	52
71	Wahpeton	25
58	G.F. Red River	50
58	Fargo North	42
52	Fargo South	45
66	Shanley	50
56	Grafton	35
61	Grafton	39
61	Shanley	51
47	Fargo South	42
48	Dickinson	32
41	Williston	31
34	Fargo South	46

Final Record: 22-3



Girls' Basketball: Front Row, Erica Peterson, Carmen Isaak, Nikki Nielsen, Laurie Flick, Nicole Vetter and Nicole Sailor. Row 2, Cindy O'Neill, Jolene Vanyo, Heather Willis, Leah Tilly, Mandy Enebo, Liann Hanson and Kristi Rasmussen. Back Row, Coach Kevin Froeber, Coach Melissa Raba, Jennifer Rud, Nichole Walla, Coach Lisa Cheney, Coach Donita Lennon and Coach Collette Folstad.

Second place trophy adds to honors

Success, success and more success. It's the only way to describe the WFHS girls' basketball program. After winning a State title the year before, in 1994 Coach Collette Folstad flew her troops to a second place finish at State and a 22-win season.

The only three Packer losses in the season were to Mandan and twice to cross-town rival Fargo South.

"Our goal all year was to get the opportunity to defend our title, and that's what we wanted to do," said Folstad. "That was our thinking all year long."

The goal almost came true, but Fargo South made sure it wouldn't in the State final tipping the Packers by seven points.

Matters were made worse

when West Fargo's starting point guard, Nikki Vetter (11) went down with an ankle injury in the second quarter. Jolene Vanyo (11), who had missed nearly the entire season with a stress fracture, was called on to fill the point guard void. She responded by scoring 11 points, but it wasn't enough to vault the Packers past the mighty Bruins.

Balanced scoring helped the Packers stay in the game like it had so many times before.

Although the three players over six-foot tall, Jennifer Rud (12), Nichole Walla (12) and Leah Tilly (11), contributed much of the offense, others also contributed.

"If someone tries to stop those three, we have others who can step up and score," said Vetter,

before the EDC tournament.

Those who stepped up and were leaders in several stat departments were Laurie Flick (12), Nikki Nielsen (12), Mandy Enebo (11), Heather Willis (12) and Vanyo.

Willis, who was voted the team's most improved player at the end of season banquet, chipped in eight points to help the Pack defeat Fargo South to claim the lead in the EDC regular season standings.

"She (Coach Folstad) has been always telling me to shoot more all my career, but finally I'm

taking more shots," said Willis, after the game.

Vetter received the team's MVP award, while Walla became West Fargo's first four-year letter winner.

The juniors on the team contributed immensely as well. Tilly led the team in scoring, while Vetter was the team's starting point guard.

Next year the junior class, with the help of several sophomores, will try to capture some of the glory found in 1994.

By Chet Decker



"I think our best is yet to come."
--Mandy Enebo (11), after the Packers beat Fargo South.

"I know we could have just blown them away if we would have had Vetter out there."
--Jenny Rud (12), after the state title game.



"Coach always talks about West Fargo's 1-20 records, and I think winning these past years reversed the trend."
-- Nichole Walla (12).

Power move. Against Wahpeton, Jenny Rud (12) goes up strong for a bucket. The Packers won by 46.



Blocked shot? Playing in the Civic Center, Jolene Vanyo (11) attempts the ball to a teammate, Nikki Vetter (11) scans the court.

Point guard. In an attempt to dish the ball to a teammate, Nikki Vetter (11) scans the court.

Losing season disappoints players

One year after going undefeated and winning a State championship, expectations were not nearly as high in 1994 for the football team, in part because of the graduation of 18 seniors.

"You have to have realistic expectations. I don't think we have to be 11-0 to have a successful season," said defensive coordinator Greg Willis during fall practice.

This season began with a truly

exciting twist, as the Packer 11-game win streak was broken by St. Marys on the final play. Packer running back Jon Bernstein (11) was wrapped up just short of the end zone.

Several Packers dropped to the ground in sheer disappointment. However, seven games and only one win later, the scene was a bit different. After the season ending 20-point loss to Wahpeton, many players were just relieved to end the season.



Jake Lauritsen (12), an All-Conference lineman, felt the season ended in an extremely disappointing way.

"It just wasn't supposed to end like that. At the end of the year, we were supposed to be as good if not better (than the beginning)," said Lauritsen.

Injuries also played a key role in the outcome of the season. Paul Finn (12), who was expected to have an outstanding year, was knocked out for the season in only the second game of the year. All-State lineman Nathan Knudsen (12) missed the last two games with a shoulder injury.

"West Fargo football has been very important in my life," said Knudsen, who plans on college football. "It's created a lot of friendships."

The large amount of inexperience hurt the team.

"We just need to come to-

gether on offense," said quarterback Brian Beyer (12), early in the year.

With only one returner on offense from the year before, the young group just never came together as Beyer hoped.

There were still several individual accomplishments during the year. Against the Spartans, Shane Wirth (11) set an unofficial Packer record for most receiving yardage in one game. Beyer led the EDC in passing yards, and Lauritsen and Knudsen were named to the all-conference team. Knudsen went on to be named to the All-State first team.

After a tear-jerking, close loss against Fargo North in the home final, Coach Jay Gibson said, "I was really proud. My heart goes out to all the seniors especially... We had a wonderful effort."

By Chet Decker



Handoff. During a game in the Fargodome, Brian Beyer (12) takes the snap, while Brian Hins (11) and Jake Lauritsen (12) stand by.

Puttin' on the moves. Playing in his first game of the year, Shane Wirth (11) runs for yardage.

Up for the catch. In the dome, Shane Wirth (11) jumps for the football.



"I have to make a living after football." -- Nathan Knudsen (12), stressing his need for schooling while playing college athletics.



"I feel kind of little out there." -- Jeff Cossette (10), after becoming the first sophomore of the year to play varsity.

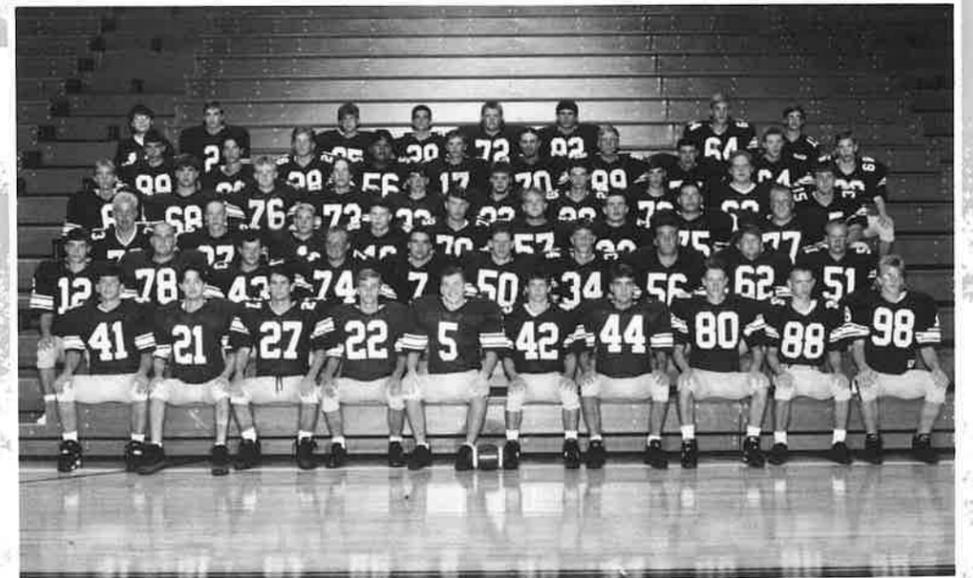


Leg tackle. With a Shanley Deacon gripping his legs, Bryan Hins (11) rushes up-field.

Football

We	Opponent	They
13	St. Marys	14
28	Valley City	6
6	G.F. Red River	17
7	Jamestown	28
8	Fargo Shanley	27
18	Fargo North	21
12	Fargo South	43
6	Wahpeton	26

Final Record: 1-7



Varsity Football: Front Row, Joe Balkovatz, Ryan Abrahamson, Justin McKenzie, Todd Eiter, Danny Wagner, John Cheney, Chris Culver, Paul Muchow and Aaron Hovland. Row 2, Erik Quenzer, Brian Nettekstad, Paul Finn, Jake Lauritsen, Brian Beyer, Nate Knudsen, Brian Jacobson, Mike Metcalf, Brandon Mellem and Justin Williams. Row 3, Richard Olson, Aliceo Rodriguez, Kyle Hettenbaugh, Jesse Johnson, David Burroughs, Richard Edgerly, Jon Bernstein, Tyson Willis and Jeremiah Kapaun. Row 4, Ryan Nelson, Brad Besette, Matt Haakenson, Loren Hansen, Jeff Cossette, Brandon Johnson, Nathan Flynn, Andy Werner, Andy West and Brian Hins. Row 5, Brian Diede, Eric Cullen, Tim Warren, Sheldon Greywind, Jason Hurr, Matt Biewer, Chad Volk, Shane Roers, Jeff Sliper and Corey Leske. Back Row, John Carlson, Derek Werner, Ryan Majkrzak, Ben Scoville, Aaron Berg, Don Weiker, Paul Gartner and Tom Rosenkranz.

Finishing First. After another performance, Tracy Springer (12) pulls back her hair.



Girls' Swimming

We	They
77 Fargo North	109
37 G.F. Central	136
47 G.F. Red River	137
84 Mandan	102
Shanley Relays	4th
37 Fargo Shanley	137
98 Fargo South	88
125 Bsmrck Century	61
Fergus Falls Invite	4th
Mandan Triangular	4th
Bismarck Invite	7th
82 Detroit Lakes	104
Jamestown meet	2nd
79 Moorhead	107
96 Jamestown	90
Fargo South Invite	6th
EDC	3rd
State	7th
Final Record: 6-4	



Girls' Swimming: Front Row, Shelby Breker, Mgr.; Nicole Clark, Misty Tomchuk, Amy Sahr, Adrie Halvorson, Amy Sandbek, Desrae Dunham, Becki Hummel, Miranda Zetocha, Leah Halvorson and Mike Benson, Mgr. Row two, Melisha Winter, Jessie LaCoe, Robyn Petermann, Kelley Grant, Megan Thiel, Tracy Springer, Brea Balkovatz, Kim Wilkinson, Jami Erickson and Jami Lee. Back Row, Andrea Brennan, Diane Kasowski, Amy Loberg, Kristen Lilleboe, Nicole Berglund, Tera Decker, Rochelle Koehnen, Karen Zurn, Alani Selland and Coach Marsha Dahl.

G irls swim through great year

The WFHS girls' swim team finished another season with success: Third place at the EDC meet and seventh at the State meet. The defending EDC champions not only had to compete against overwhelming odds. These included the loss of their coach and they also had to deal with a young and inexperienced team.

A few team records were broken this season, as well as two EDC records Megan Thiel (12) broke the 100 meter breast stroke team record.

"I was pleased with the way I swam, and as a team, we accomplished a lot," said Thiel.

The 200 and 500 meter freestyle records were broken by Tracy Springer (12). One EDC record broken was the 400 meter relay; the relay team included Springer, Thiel, Kelley Grant (12) and Kim Wilkinson (10). WFHS com-

bined for first place in the 200 and 400 meter relays at the EDC meet held at Grand Forks Central High School, a meet they were expected to take fifth or sixth in. These performances, along with their other numerous victories, helped propel the team to a third place finish at EDC.

"We had a very good EDC meet. Everyone dropped time and swam very well. We were all pleased," said Wilkinson.

However, this was all done with one disadvantage. Coach Marsha Dahl became very ill earlier in the season at the Bismarck meet. This tragedy forced her to miss the rest of the season; however, she was able to attend State with the team. Dahl was replaced by Chris Judd.

"Considering the loss of our coach, we did really well," said Grant.

At the State meet at UND Thiel took first in the 50 meter freestyle and second in the 100 freestyle. WFHS's relay team took third in both the 200 and 400 meter relays at State as well. These performances helped the team earn a seventh place finish. This follows last year's fourth place finish at State.

"This year we had the best leadership we've had, and ev-

erystucktogetherasateam. When one of us got fired up, we all did," said Springer.

The end of the season saw the curtain fall on three dynamic swimming careers. Thiel, Grant and Springer, letter winners since the eighth grade, closed out their stellar swimming at West Fargo with a fine day at the State swim meet.

By Loren Hansen



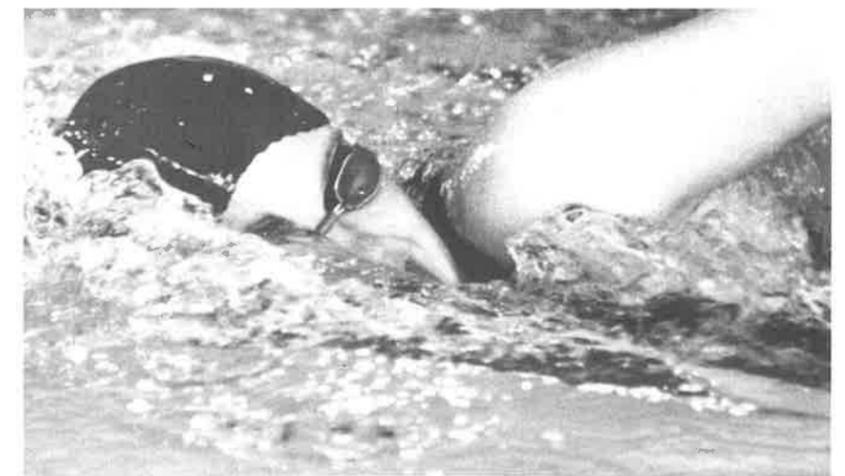
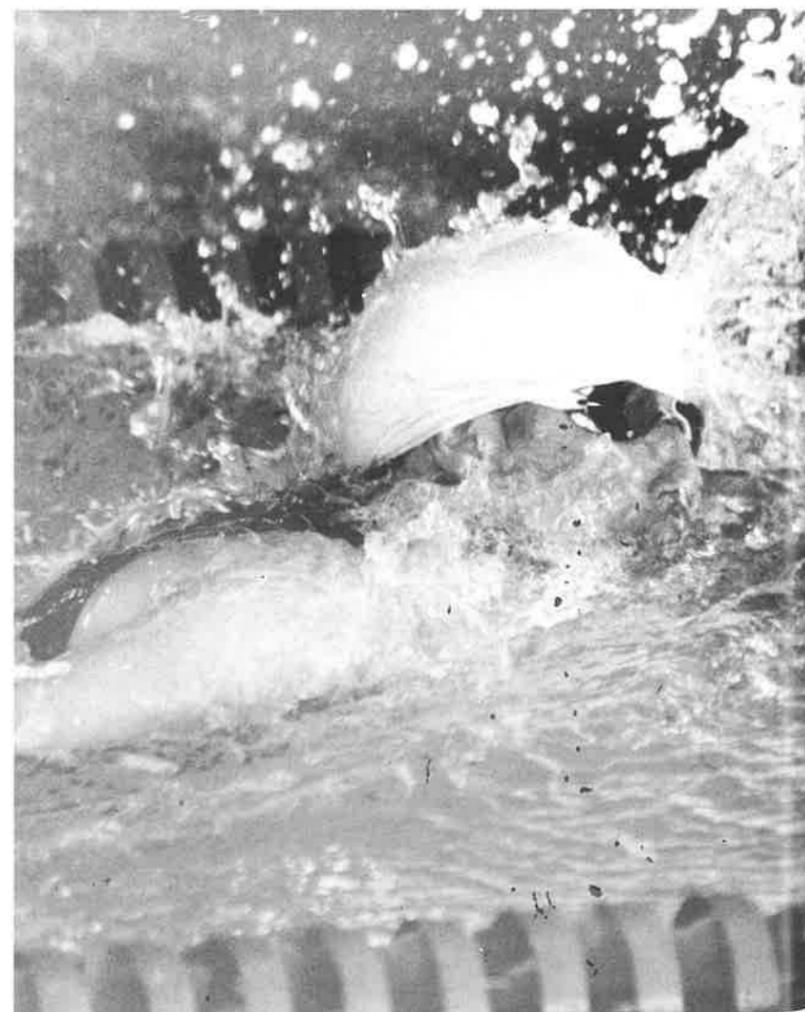
"The best moment of the season was when the 8th graders paid us to be their friends." -- Tracy Springer (12)

"The year went great, and the team did really well." -- Kim Wilkinson (10)



"I was pleased with the way I swam, as a team, we felt like we accomplished a lot." -- Megan Thiel (12)

Final Lap. During the West Fargo invite, Megan Thiel (12) swims hard to finish first in her event.



Dive in. During the West Fargo invite, Tracy Springer (12) dives into the water as the 200 meter freestyle begins.

Swim the lap. Swimming hard to finish first, Kelley Grant (12) does her best to stay in front.

Is it cold? Preparing to jump in the water, diver Misty Tomchuk (9) tests it first.

Rebuilding season ends

The 1994 varsity boys' soccer team ended a disappointing year, for seniors especially, finishing 5-11-2.

"For me as a senior it was disappointing, because we didn't get to State," said Eric Olson (12).

They witnessed a coaching change for the third straight year.

Andy Steele, the new head coach, replaced Jim McKinnon, now an assistant for the team.

Kyle Martin (11) feels the

new coach was a good addition.

"I think he helped the team quite a bit," said Martin.

Team captain Adam Larson (12) agrees.

"He was a great coach, probably the best around," said Larson.

Chad J. Volk (10) also likes Coach Steele.

"Andy is a great coach and a nice guy," said Volk.

The boys, whose only wins were against Bemidji, Fergus Falls, and Shanley, had problems as any other team would.

Olson felt their major problem was inexperience.

Larson felt their major problem was inconsistency.

They also saw another change, cheerleaders for the first year.

Martin feels the cheerleaders were a good addition as well, boosting attendance and fan support.

"I think they brought out a lot more fans than what we had before," said Martin.

Olson agrees with Martin.

"It was kind of weird, at first, but I think it was pretty nice; no matter what was happening on the field, somebody was still cheering," Olson said.

All in all, Olson feels confident for the team next year, although they are losing nine seniors.

"We have finally got a solid program started at West Fargo, and this year we gained a lot of respect from other teams and coaches," Olson said.

By Ethan Edgerly



It's mine. Playing on the West Fargo field, Andy Sherman (12) attempts to gain control of the ball.

Tight squeeze. Splitting two defenders, Dusty Guler (11) dribbles down the field.

Concentration. Keeping control, Ryan Gilleland (11) concentrates on the ball while teammate Jared Aaberg (12) looks on.



The chase is on. Chasing down the ball, Kyle Martin (11) edges out his opponent.

Boys' Soccer

We	They
1 Bismarck Century	1
1 Jamestown	2
2 Bemidji	0
0 Moorhead	3
4 Fergus Falls	0
0 G.F. Red River	5
0 G.F. Central	0
7 Fergus Falls	1
1 Fargo South	4
0 Moorhead	6
0 Fargo South	4
0 G.F. Red River	4
1 G.F. Central	3
2 Fargo North	3
1 Bismarck	0
4 Shanley	1
1 Fargo North	4
2 Shanley	3

Final Record: 5-11-2



Varsity Boys' Soccer: Front Row, Heidi Armstrong, Ryan Gilleland, Chad J. Volk, Kyle Martin, Charlie Gooding, Jerad Wilkinson, Josh Wilken, Tony Kunz, Wade Preston, Dane Boedigheimer, Jared Aaberg, Rob Boser and Jill Heiden. Row 2, Jana Oslund, Adam Larson, Dean Sahr, Dusty Guler, Corey Rohrich, John Zetocha, Chris Wikstrom, Jason Gooding, Todd Wagner, Kipp Schroeder and Moriah Edgerly. Back Row, Sarah Morrison, Coach Jim McKinnon, Gabe Christianson, Jeremy Westrick, Eric Olson, Bryan Bandli, Chris Akers, Nick Pedersen, Coach Dean Dobitz, Head Coach Andy Steele and Michelle Schmidt.

Huh? Searching the field, Corey Rohrich (12) looks up as he prepares to pass the ball.



"I think we played good, although our record didn't show it."-- Adam Larson (12)

"I think we could've done better than what we did."-- Kyle Martin (11)



"We played well this year (but) there were many disappointing losses."-- Chad J. Volk (10)

The perfect chip shot. Watching her ball roll onto the green, Amanda Olson (9) practices her skills at Village Green.



Girls' Golf

Site	Placing
Wahpeton	9th of 9
Village Green	9th of 9
Jamestown	9th of 9
Valley City	9th of 9
Grand Forks	9th of 9
Edgewood	9th of 9
Oxbow	9th of 9
Devils Lake	8th of 9
EDC	8th of 9



Varsity girls' golf: Front row, Lauren Opdahl, Shatara Leabo, Stacy Gaugler and Alison Ottesen. Back row, Amanda Olson, Jennifer Oemichen, Kathy Johnson, Leah Anderson, Angela Ottesen and Coach Chuck Gad.

Girls' golf team rebuilds

The girls' golf team had a rebuilding year. The younger players were learning their way around and gaining a lot of valuable varsity experience while the older players were playing the best they could. The EDC golf meet was held at the Fargo Country Club on September 27 and despite finishing eighth, the girls improved all year.

1994 was the second year the team practiced at Village Green Golf Course. The team likes it there although it's a bit different.

"It's a really nice course, but it's hard," said Alison Ottesen (10).

According to Angela Ottesen (12), the team's strong point was their mental approach to

the game. The physical part of the game takes time to develop. Since they are a young team, they have time to develop. As in all sports, being mentally prepared is as important as being physically prepared.

The team was young and relatively inexperienced at the start of the year. Since there were only two seniors, and the rest of the team was comprised of one sophomore, two freshmen, and four Middle school girls, there was a shortage of experience. This year was the first year in a long time that Middle school students have played on the varsity team.

"There's not a major interest in girls' golf," said Angela Ottesen (12).

The younger players looked up to the older players.

"It was really neat playing

with the seniors. Angela (Ottesen) and Stacy (Gaugler) were a great influence," said Leah Anderson (7).

The team gained a lot of experience, and the young players were getting a head start learning the ropes. Experience was gained by seniors, as well.

"I learned to be more mature and set an example for the younger players," said Ottesen (12).

This year the team didn't fare as well as they would have liked, but it gave the younger members a chance to learn the game and get better.

"We were a young team, and we're improving. It may be a couple years until we're really good," said Alison Ottesen (10).

By Matt Biewer



"I get to experience being with Chuck everyday and playing a round with my sister." --Angela Ottesen (12)

"The long hard hours in golf are stressful, but now I'm such a better golf jock." --Stacy Gaugler (12)



"The most fun was in Devil's Lake even though it was really cold." --Alison Ottesen (10)

Swinging the iron. During a practice at Village Green in Moorhead, Stacy Gaugler (12) hits the ball down the fairway toward the hole.



Lining it up. Making her calculations, Stacy Gaugler (12) sets up a shot.

Follow through. Following through with her swing, Angela Ottesen (12) watches her ball soar.



Surveying the fairway. After sending the ball down the fairway, Alison Ottesen (10) judges the distance from the hole.

Boys serve up season

If the 1994 boys' tennis team had to be summed up in one word, it would have to be building. Made up entirely of freshmen and sophomores, the team was young by the standards of a skill orientated sport like tennis. But what the team lacked in experience, they compensated for with spirit and effort. "It was a pretty young team,"

said Coach Dave Drenth, who led the team to a 1-7 record. "The win-loss record wasn't the greatest, but they worked hard."

Drenth, also in his first year as coach at West Fargo, wasn't new in the field of tennis. Coaching a number of years previously at Moorhead, this gave him the experience that

many of the boys lacked.

"He helped us out a lot," said Aaron Hovland (10). "When we did something, he told us if it was wrong or right and was positive."

Hovland, voted MVP of the season, was a driving force on the team lending his leadership abilities and skill for the game.

"I'd say the reason he deserved it is that he was the

hardest worker and set a good example" said Joel Finn (9).

While looking back on this season's play, Coach Drenth also kept an optimistic outlook for '95.

"If they keep up the hard work, they should do very well next season," said Drenth "It was a youthful team, but the future looks promising."

By Gabe Christianson



Hit that ball! With sheer determination, Chris Bachmeier (10) aims to smash the ball past his opponent.



Stretch to save. Slightly smiling, Aaron Hovland (10) reaches forward to save the serve.

Oh yeah! With a quick jump back, Todd Costain (10) manages to slam the ball over the net.



Boys' Tennis

We	They
0	Wahpeton 9
0	Fargo South 9
1	G.F. Central 8
0	G.F. Red River 9
5	Jamestown 4
1	Fargo North 8
1	Shanley 8
0	Valley City 9
2	Jamestown 5

Final Record: 1-8



Varsity Boys' Tennis: Front row, Mitch Finn, Travis Johnson, Joel Finn and Mitch Migler. Back row, Coach Dave Drenth, Joel Erickson, Todd Costain, Aaron Hovland, Chris Bachmeier and Aaron Stolt.

Look at me! After a courageous shot, Joel Finn (10) celebrates his victory.



"It takes more concentration, and there's a lot more skill involved."
--Todd Costain (10) referring to tennis

"Tennis is fun because it gives you the chance to compete against new people." -- Joel Erickson (9) referring to meets



"It was a great feeling for the team."
--Aaron Hovland (10), referring to the Jamestown team win.

I did it! Proud of his performance, Joel Erickson (10) finishes up his game.

Filled with determination. Testing his endurance, Jason Nordstrom (12) pushes himself to the limit.



Cross Country

Boys	Girls
12th Jamestown 5th	
8th Fargo 6th	
8th Devils Lake 2nd	
7th Valley City 4th	
14th Mandan 9th	
9th West Fargo 4th	
9th Detroit Lakes 4th	
11th Bismarck 7th	
7th Grand Forks 3rd	
7th EDC 5th	
State results:	
Boys -- 13 out of 16	
Girls -- 12 out of 16	



Cross Country: Front row, Tasha Dockter, Aarin Zimney, Karin Bandli, Heidi Grefsrud and Angela Schultz. Row 2, Tara Dockter, Sabrina Hall, Jason Nordstrom, Sara Johnson and Katie Fossum. Back row, Leif Rosenvold, Ira Hovland, Ben Richard and Coach Darrin Boehm.

Packers run to success

Strenuous practices and a great amount of hard work paid off for the girls' cross country team in the 1994 season. In the beginning, the runners and their coach, Mr. Darren Boehm, were optimistic and were quite proud of the results at the end of the season. The boys' team, hurt by lack of numbers, also performed up to Boehm's expectations.

"We had a very successful year, thanks to all the hard work, dedication and senior leadership. We improved throughout the season and had our best meets at EDC and State," said Boehm of the girls' team.

The runners share Boehm's opinion and felt the hard work was well worth the satisfaction of a job well done.

"We had a great season. We improved a lot throughout it, and as a result, we had a great State meet," said Karin Bandli

(9).

The girls' team goal was to get third place at the Eastern Dakota Conference meet in Grand Forks. At the beginning of the season, newcomers such as Bandli and Tasha Dockter (9) helped them come close to achieving their goal. The veteran members of the team, Heidi Grefsrud (12), Sara Johnson (12) and Aarin Zimney (10), also contributed to their fifth place at EDC, where Bandli finished third.

"Karen just ran away from everyone and won by over 15 seconds," said Boehm of Bandli's performance at EDC.

As well as at EDC, the girls did very well at State which was held in Mandan. At this competition Bandli placed fifth. For West Fargo, Bandli ran in first, Dockter second and Johnson earned the third spot for the Pack.

This year the top runners for the boys' team were Ira Hovland (11) and John Arneson (11). It was Hovland's first year of cross country, and according to Boehm, he ran well.

One of the younger runners on the team, Billy Jordan (8), had the second best time at the State meet.

"We all ran our hardest. It

was a tough season, but we did real well," said Arneson.

No one on the team regrets the sweat or strain of the long season.

"Cross was my greatest experience in high school, it was worth all the hard work we put into it," said Johnson.

By Melisa Radford



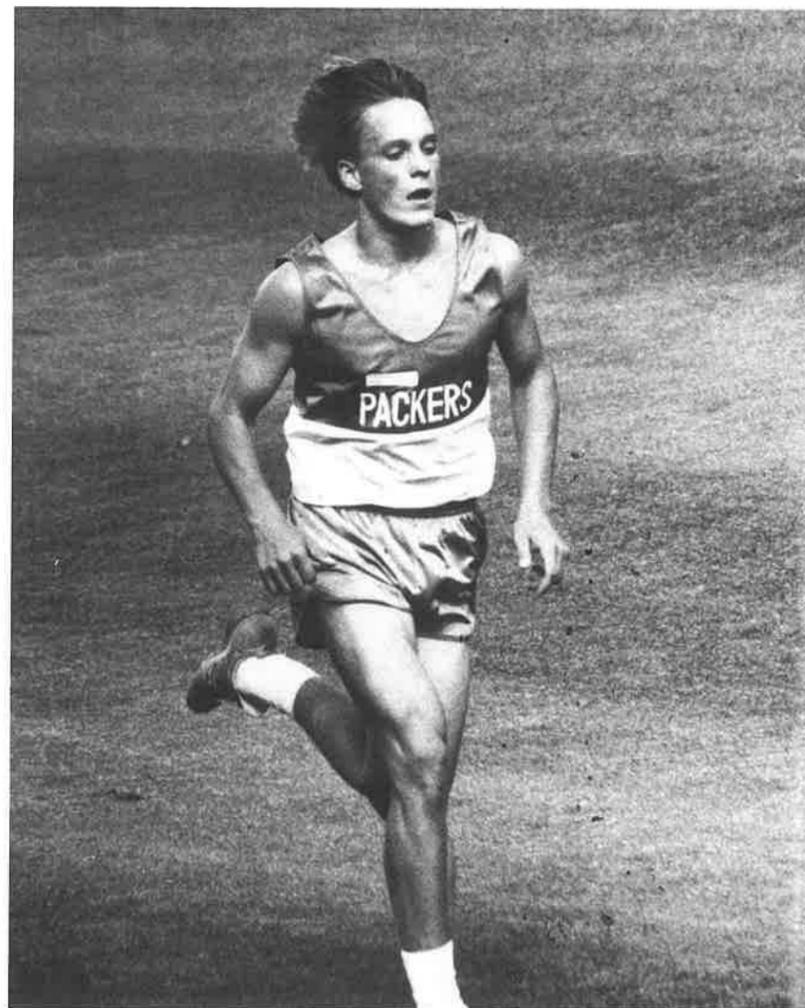
"All of our hard work paid off; we had a successful and fun season."-- Karin Bandli (9)

"We had a great time even though it was a lot of hard work."-- John Arneson (11)



"Cross country made us close, it was a wonderful experience."-- Sara Johnson (12)

Keeping the pace. Leading the Packers through Edgewood, John Arneson (11) takes longer strides.



Heading to the finish line. Concentrating hard, Angela Schultz (10) kept up with others at Edgewood.

Running hard. Quickening her step, Aarin Zimney (10) set the pace at the Fargo meet.



Struggling to pass the opposition. Eyeing the opposition, Sabrina Hall (10) gained on another team.

Holzmann leads team to State

Team spirit, communication and effort are all needed to make a good sports team. The WFHS volleyball team displayed all of these qualities and more.

The team finished the year with a record of 25 and 7 overall. The team also advanced to State competition and came in second place, the

best any West Fargo volleyball team has ever done.

"I think we did really well, and I was proud of everyone on the team," said Kristi Rasmussen (11).

The team showed strength by defeating a few of the more difficult competitors. The team beat Shanley 3-0 the second time they played

them and also conquered Fargo North during the season. Other rivals of the team were Minot and Red River.

The team felt they had many factors that helped them become a team of great influence on the court. Team effort was one of the advantages the team had that led them to State.

"This year's team had a lot of ability, and it showed on the court. Their heart and desire is one thing that led them to success," said the team's coach Mr. Randy Holzmann.

Many team members say the coaching is another major reason they did well.

"I think Mr. Holzmann is a great coach. He's a great friend, and he's straight-forward with us. He gives us an equal chance. He's the best coach I've ever had in my life," said Nikki Nielsen (12).

The obvious feeling of re-

spect among all the team members and the coach was a definite advantage for the team.

"He was the best coach. I believe he would have done anything for us, and he deserved Coach of the Year," said Cheri Mack (11).

The team had an incredible amount of unity on the court and a communication that is a characteristic of a successful team.

"There was a good balance on the team. There was always a different person stepping forward to help lead the team and keep everyone excited," said Holzmann.

Most teams hope for a good sense of trust and control in the court. The WFHS volleyball team achieved those goals in a fashion that proved them to a team of unbelievable talent.

By Nicole Christianson



Concentration. Eyeing the ball, Nikki Nielsen (12) gets ready to bump it. The Packers went on to win against Grand Forks Central.

Aaah! With a surprised look on her face, Laurie Flick (12) bumps the ball at a game against Fargo South.

Spike! Forcing the ball over the net, Jennifer Rud (12) spikes the ball.



Volleyball

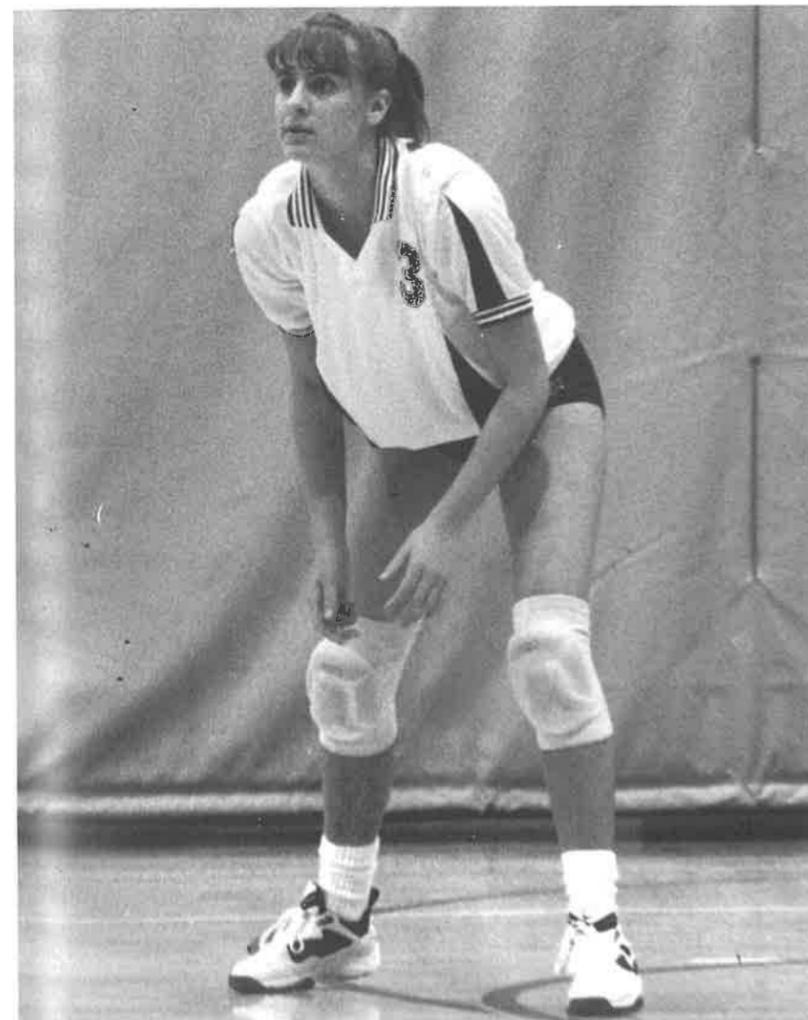
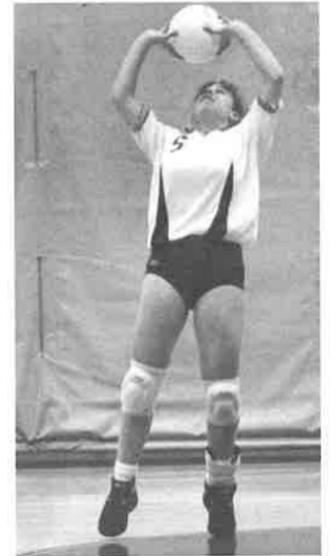
We	opponent	They
3	Fargo South	0
3	Jamestown	1
3	Valley City	0
3	Fargo North	1
1	Shanley	3
3	Wahpeton	1
3	G.F. Red River	2
3	Fargo South	0
3	G.F. Central	0
3	Grafton	0
1	Fargo North	3
3	Valley City	0
3	Shanley	0
3	G.F. Red River	1
3	Fargo South	0
3	Shanley	0
1	Fargo North	3
3	Minot	1
3	G.F. Red River	1
1	Fargo North	3

Regular season tournaments are not included.
Final Record: 25-7

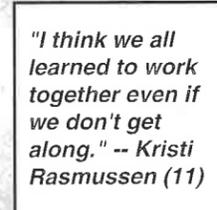


Varsity Volleyball: Front row, Nicole Vetter and Robin Perez. Row 2, Laurie Flick, Cheri Mack, Nikki Nielsen and Coach Randy Holzmann. Row 3, Kristi Rasmussen, Beth Asmund, Jennifer Rud, Rita Nerby and Assistant Coach Becky Bolver. Back row, Student Manager Michelle Roers, Student Manager Cynthia O'Neill, Student Manager Nicole Sailer, Student Manager Breanna Kleven and Assistant Coach Brenda Bjornson.

Got it! Setting the ball, Nicole Vetter (11) prepares a shot for another teammate. The Packers won the game against Fargo North.



"Volleyball has taught me hardwork and dedication pays off." -- Laurie Flick (12)



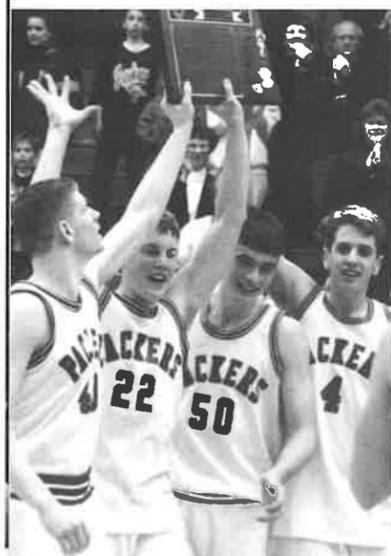
"I think we all learned to work together even if we don't get along." -- Kristi Rasmussen (11)



"I learned how to get along with my teammates and be a good team player." -- Nikki Nielsen (12)

Anxiously awaiting. Ready to bump the ball back across the court to Fargo North, Cheri Mack (11) patiently waits.

Senior power. Nathan Knudsen (12), Chad Frandson (12), Ryan Olson (12) and Chris Wehri (12) celebrate their EDC tourney title.



Boys' Basketball

We	Opponent	They
68	G.F. Red River	49
54	Fargo South	53
68	Jamestown	53
79	Fergus Falls	66
60	Bismarck	64
54	Century	72
54	Moorhead	66
58	Shanley	47
47	Fargo North	63
66	Grafton	52
73	Fargo South	81
76	Valley City	62
68	G.F. Central	57
72	Shanley	50
31	Fargo North	38
65	Valley City	74
63	Devils Lake	48
55	Moorhead	60
58	Wahpeton	59
63	Grafton	39
61	Wahpeton	49
52	Fargo South	47
68	Belcourt	49
48	Minot	76
62	Century	64
Record:		14-11



Varsity Basketball, Front row, Nichole Walla, Bonnie Harrold, Josh Ludwig, Roxanne Mullenberg and Amanda Weingarten. **Row 2,** Scott Majkrzak, Shane Wirth, Leif Rosenvold, Ryan Nelson, Ben Scoville, Mike Sustad, Chris Mapes and Brian Diede. **Back row,** Coach Jim Jonas, Ben Mittyng, Ryan Olson, Chris Wehri, Danny Kackman, Chad Frandson, Blaine Ristvedt and Coach Doyle Plecity.



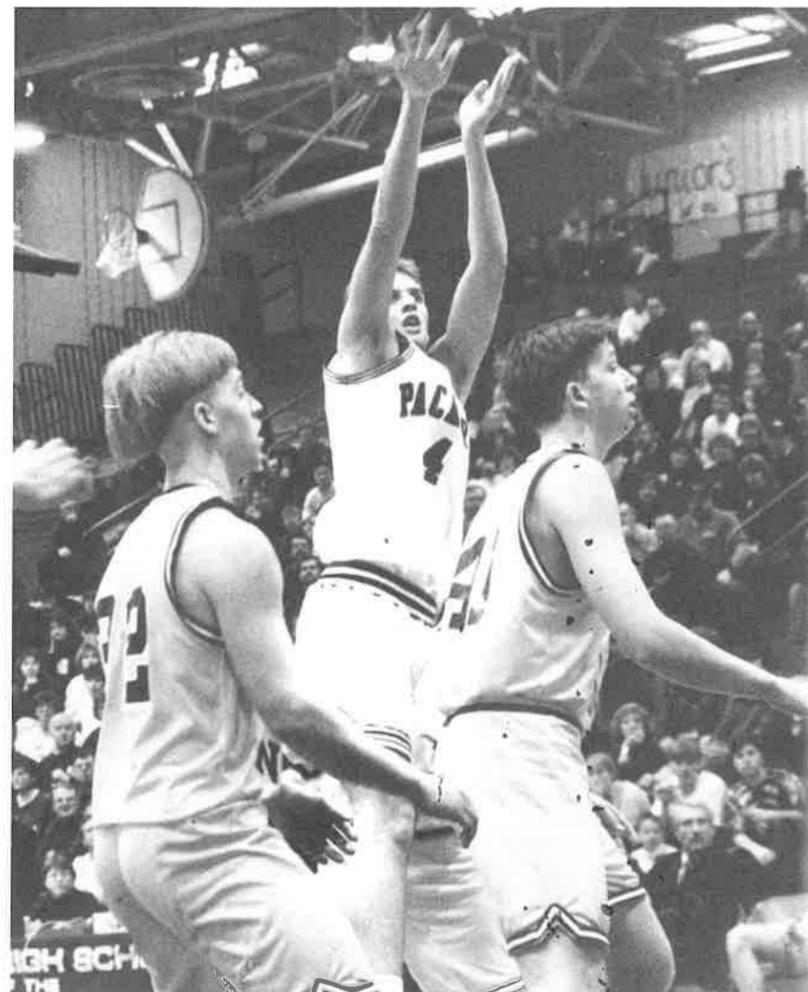
"All along we wanted to go into the State Tourney as a No. 1 seed." -- Chris Wehri (12), after the Packers claimed the EDC tourney title.

"I feel bad for the seniors, ending it with two losses." -- Blaine Ristvedt (11), losing to Century in the season final



Dedication: It's pretty much your life during the season." -- Chad Frandson (12), explaining what it takes to play basketball

In the net. Playing against Fargo North in the Packer gym, Chris Wehri (12) follows through on a shot.



Hoopsters finish 4th at State

At the start of the basketball season, Coach Doyle Plecity spoke of his inexperienced team with hopes that it would be ready to go come tournament time. Losing nine games during the regular season made the Pack stumble but not fall. West Fargo picked itself up off the court and flat out won its fifth consecutive EDC tournament title and followed with a fourth place finish at State.

"The season was kind of up and down, just because of some inexperienced (areas)," said Plecity after his team fell to Bismarck Century in the third place game at the state tournament. "I thought our kids played well

at times." Behind solid perimeter play from Chad Frandson (12), Blaine Ristvedt (11) and Scott Majkrzak (9) the Packers held their own through the early parts of the season, but when it came down to crunch time, inexperienced post players Chris Wehri (12), Ryan Olson (12) and Nathan Knudsen (12) stepped up their games to lead the Packers into the post season.

"That's why we got so far in the EDC and the end of the year," said Ristvedt. "They developed, and that's why we got as far as we did."

One highlight came in the

third game of the year against cross town rival Fargo South. Frandson led the way with five three-pointers, but the Packers still found themselves down by a point with limited time remaining. Ristvedt received a pass from Majkrzak, and with his back to the basket, turned and fired a shot from the top of the perimeter with a Bruin defender in his face. The ball promptly swished through the net, giving the Packers the last second win.

A close win in the EDC final also against the Bruins, sent the Pack into the

state tournament with a No. 1 seed.

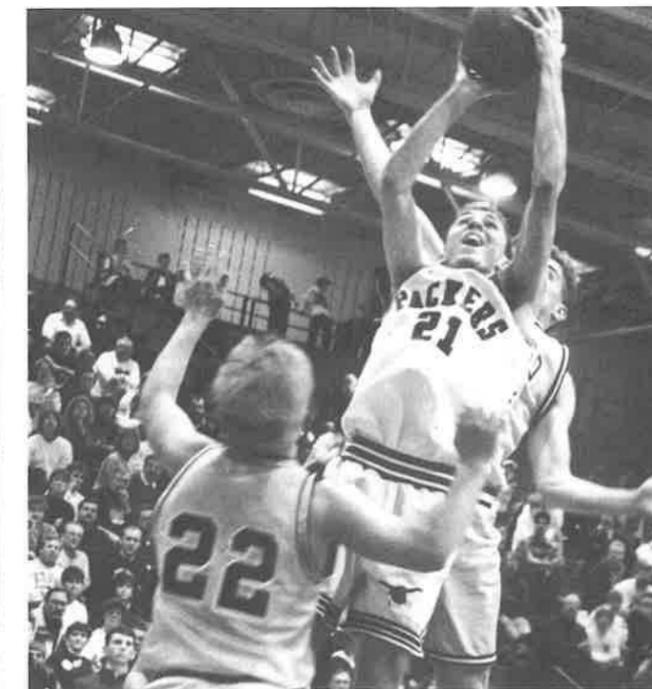
A win over Belcourt, a decisive loss to Minot and a close defeat against Bismarck Century gave the Pack fourth place.

"It was a relaxed game," said Frandson.

"It's different than the championship game, but you always want to win, especially going out in your last game."

Olson, Frandson, Wehri and Knudsen had finished their high school basketball careers in style.

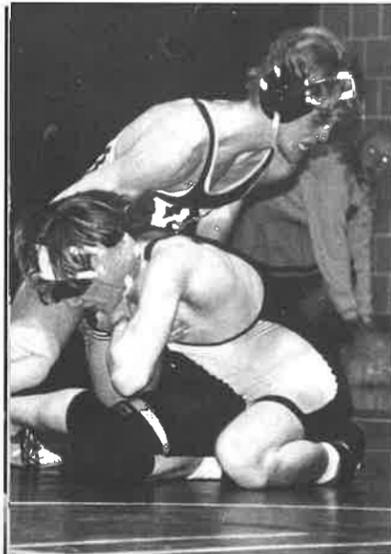
By Chet Decker



Help! With his Spartan defender closing in on him, Scott Majkrzak (9) looks for a teammate.

This is fun! With a smile on his face, Blaine Ristvedt (11) goes up for a bucket.

Power play. Struggling for a reversal, Jason Nordstrom (12) shoves his opponent.



Wrestling

We	Opponent	They
33	Valley City	33
24	G.F. Central	39
26	Moorhead	34
15	Park Rapids	54
40	Belcourt	33
56	Walker	18
33	Fertile-Beltrami	34
21	Jamestown	36
40	G.F. Red River	32
37	Devils Lake	24
32	Wahpeton	31
12	Fargo South	52
30	Fargo North	29
Jamestown Tourn.		5th
GF Sertoma		6th
Valley City Tourn.		4th
Bismarck Rotary		17th
Fargo Invite		3rd
EDC		6th
State		15th
Final Record:		6-7-1



Wrestling: Front row, Sarah Morrison, Kevin Kussatz, Seth Whitcomb, Mike Handegard, Eric Houseman, Jason Nordstrom, Fred Mills, Josh Johnson, Wade Trzruc, Dusty Scott, Karen Zerr and Marcia Metzger. Row 2, Heidi Armstrong, Dave McGuire, Derek Olson, Bryan Francis, Jon Anderson, Dave McNeil, Josh Schrader, Andy Gregoire, Justin Barnum, Jason Peterson, Rob Smith, Dan Edwards and Camille O'Meara. Back row, Coach Steve Marquart, Coach Jim Thomas, Todd Wagner, Kirk Ludwig, Kevin McCray, Eric Schmidt, Matt Blewer, Dustin Miller, Richard Edgerly, Matt Vetter, Derick Anthony, Danny Wagner and Coach Russ Wald.

Adjustments fill season

The 1994-1995 wrestling season faced new challenges at the start of the year, with a new coach and a predominantly younger team.

To start out the season, Mr. Steve Marquart took over as the new head wrestling coach. Marquart slowly became accustomed to the new faces, as the team members gradually adjusted to his coaching techniques.

Justin Barnum (11) felt while Marquart could be demanding at times, he worked well at improving the team.

"He (Marquart) was hard to adjust to at first because he worked us hard. But it was good because we were

in really good shape," said Barnum.

The team also had to work with the large amount of younger, less experienced members. With only two seniors finishing the year on the varsity team, the younger wrestlers had to work especially hard.

Marquart was very pleased with the performances of the underclassmen.

"They were all good young leaders...they were all willing to work," said Marquart.

Another adjustment for the team was the joining of Shanley players to the team. This added three varsity players to the team.

The year proved impressive, with several highlighted wins at dual meets. Nine wrestlers qualified for state. Danny Wagner (11) and Shanley student Matt Vetter (11) placed fifth, while Jason Nordstrom (12) placed sixth.

Despite a few minor set-

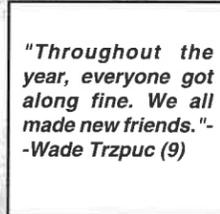
backs due to injuries during the year, Marquart thought the team put out much effort.

"I pushed them...because a lot of things come from hard work. And most of them accepted the challenge," said Marquart.

By Julia Coughlin



"It was the best when we beat Wahpeton by one point, and we also beat Devils Lake that week." --Todd Wagner (12)

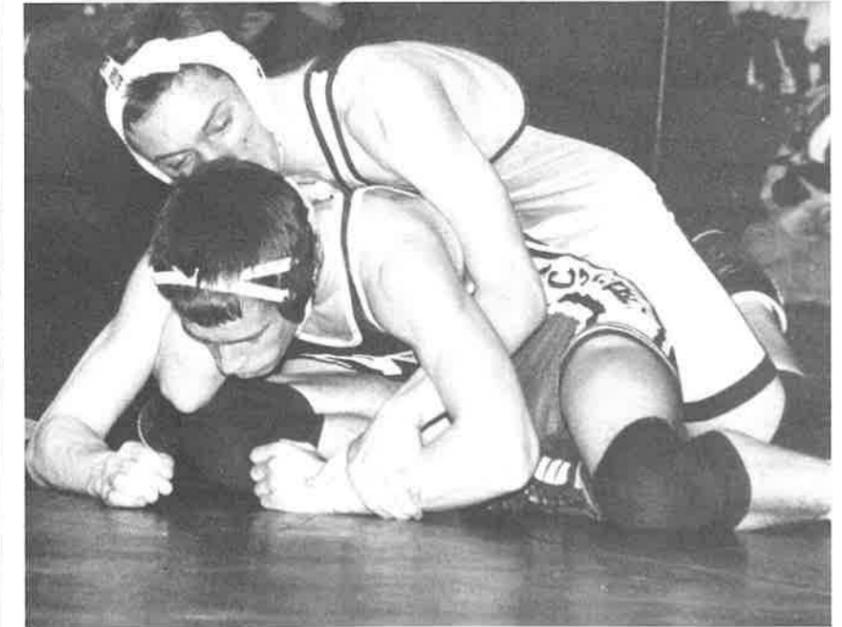
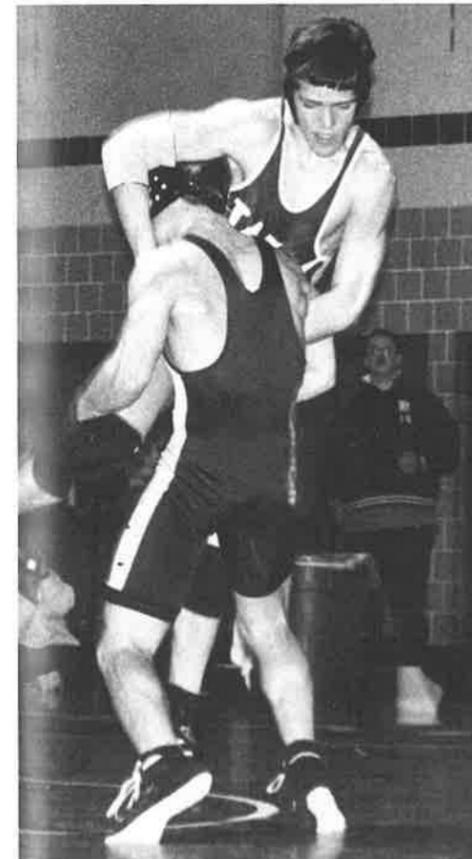
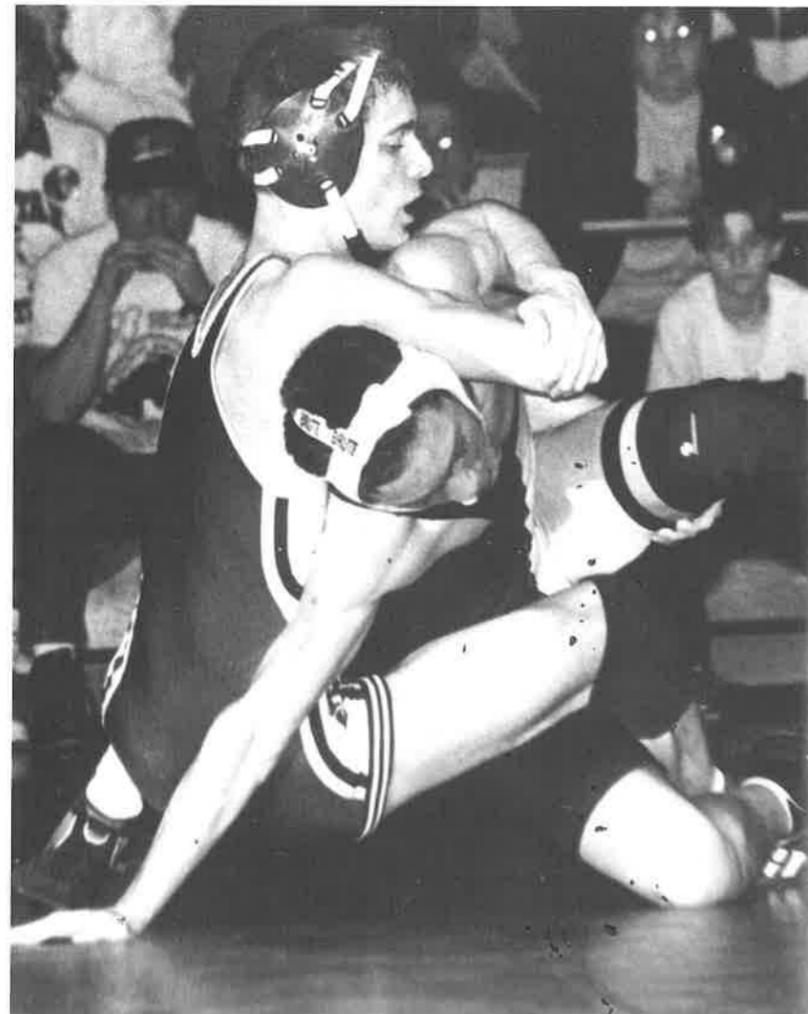


"Throughout the year, everyone got along fine. We all made new friends." --Wade Trzruc (9)



"The most exciting thing that happened to our team this year was when we upset Fargo North by one point...they were supposed to win." --Danny Wagner (11)

A loving embrace. Attempting to keep his stance, Todd Wagner (12) keeps a tight hold.



Heads up! Losing control for a moment, Justin Barnum (11) works to get his feet back on the ground.

I think I can, I think I can! Concentrating on his next move, Todd Wagner (12) considers his options.

Take down! After a match, Danny Wagner (11) keeps his edge over the opposing team.

Evenly balanced. While practicing her acrobatics on the uneven bars, Amy Marx (9) concentrates with body and mind.



Gymnastics

We	Opponent	They
Fargo North Inv.		IR
Grand Forks JV		3rd
85 Jamestown		139
51 Moorhead		65
Fargo North Inv.		3rd
Valley City		IR
Grand Forks JV		3rd
Fargo North		2nd
116 Wahpeton		136
Regionals		6th
IR= incomplete roster		



Gymnastics: Front row, Stacey McConnell and Amy Marx. Row 2, Kristina Webber. Back row, Tanessa Vetsch, Miranda Zetocha and Kristin Freed.

Gymnasts flip for facilities

New practicing facilities helped WFHS gymnasts soar into action during their 1994-1995 competing season. State became a reality and for the others the local Dakota Flyers gymnasium offered the gymnasts the opportunity to practice, improve, and put forth their best foot.

"We don't have to take equipment in and out everyday before and after practice. We get more practicing time in," said Amy Marx (9).

Practice is what makes perfect. This year Stacey McConnell (8), qualified at regionals which allowed her the opportunity to participate at State in the All-Around category.

Coach Heather Omlid feels Stacey's performance will improve even more in time.

"I feel Stacey will be returning to the State competition many more times in the future, along with all the other girls," said Coach Omlid.

Along with their new home, the team enjoyed working with Omlid for their second season. "We appreciate her staying with us, and she knows us, so that helps a lot," said Bobbi Ann Ward (9).

Although a first place hasn't happened quite yet, the young six member team is optimistic.

"Being together as a team and an increase in our scores has really made this year en-

joyable," said Tanessa Vetsch (9).

With six girls the team is hoping to expand.

"Overall this season was re-

ally developmental. With an increase in size and talent I know we will see some improvement," said Omlid.

By Jeanne Boser



"Being together as a team has been the most enjoyable aspect of this season." -- Tanessa Vetsch (9)

"We've made great friends with teams from across the state during competitions." -- Kristina Webber (9)



"The coaches are wonderful because they are nice and very easy to get along with." -- Amy Marx (9)

Showing her strength. While lifting herself onto the bar, Kristina Webber (9) shows the art of execution is crucial.



Strike a pose. While preparing for a gymnastics meet, Amy Marx (9) practices her floor routine.

Aiming to soar. Off to a running start, Tanessa Vetsch (9) jumps into her tumbling and twisting routine.

Ta da! While concentrating on her balancing performance, Kristina Webber (9) takes a moment to show her winning smile.

Y **oung skaters improve**

When discussions led to the hockey team at the season's start, the future picture looked a bit blurry, but the overall film developed into much better focus than planned as the season continued.

At the beginning of the season it was evident the newly formatted playoff system was going to hamper the Packers' playoff chances. The system involves taking four teams a

piece from the east and west, rather than the old system of taking the top eight teams in the state, record-wise.

Although the odds may have been against them at the season's beginning, goalie Dave Hanneman (11), a Shanley student, didn't disappoint. One player thinks the team may have relied a bit too much on him.

"He's done a really good job

for us in the nets," said defenseman Chris Hayden (12). "We can't count on him for everything. We got to do some things for ourselves."

Like the goalie, the Packer defense also played well. Defensemen Hayden, Peter Biegler (11) and Scott Backen (11) headlined the defense. Hayden was chosen as captain, and Brad Roux (12) was named assistant captain.

"He's doing an excellent job as a leader," said Coach Ross Richards of Hayden's leadership qualities.

Team highlights included wins over Wahpeton and WDA first place team Bismarck Century. The season ended with a hard fought loss at the Fargo Coliseum against Grand Forks Red River, a team that ended up placing

third at State.

With the score 1-0 in the second period, Chad Jamieson (12) scored on a break away goal. With one second remaining on the clock, the Riders crushed West Fargo's confidence with a goal at the end of the second to take a 2-1 lead. A pair of Red River goals later, the game ended 4-1.

"We certainly put in an effort and work that was unmatched this season," said Richards.

The season was somewhat of a rebuilding year.

At the end of the year, the Packers lost four seniors in Hayden, Roux, Jamieson and Matt Kuppich (12) to graduation.

"The kids worked so hard," said Richards.

By Chet Decker



Out of my way boys! Playing the Spartans of Fargo North, Chris Hayden (12) breaks up a pass.

Rejection! Defending the net, Shanley goalie Dave Hanneman (11) rejects a shot.

What's the big deal? With an opponent's hand jostling him, Scott Backen (11) reacts to a play.



Hockey

We	Opponent	They
1	Jamestown	5
2	Grafton	9
1	Wahpeton	1
0	Fargo South	3
2	Red Lake Falls	1
0	Fargo North	5
1	Park Rapids	4
1	Wadena	6
3	Wahpeton	2
0	G.F. Central	12
1	Fargo North	7
3	Hazen	2
4	Mandan	1
0	Fargo South	8
1	Grafton	4
2	Wahpeton	1
2	Bismarck	4
3	Bsmck. Century	2
1	G.F. Red River	4
0	Devils Lake	4
1	Red Lake Falls	2
1	G.F. Red River	4

Final Record: 6-15-1



Varsity Hockey, Front row, Danyell Bearfield and Chrissy Carriveau. **Row 2,** Jeff Paulson, Brad Roux, Coach Andy Williams, Chris Hayden, Coach Ross Richards, Matt Kuppich and Dave Hanneman. **Row 3,** Coach Levi Glessner, John Zetocha, Jake Reese, Matt Tinguely, Scott Backen, Shane Roers, Peter Biegler, Ryan McGarry, Scott Rudolph and Coach Boyd Clark. **Back row,** Chad Jamieson, Jason Manney, Brian Pink, Dusty Guler, Scott Whitman and Gavin Smith.

Where'd it go? Looking down the ice, Brad Roux (12) skates towards the puck.



"We just can't put the puck in the net. It's all mental."--Brad Roux (12), following a Packer loss to Fargo North



"There's only four of us. It's hard to go out there when we have only four seniors, and the rest are underclassmen."--Chris Hayden (12)



"I think the season was great, and I think we had a good year."--Scott Backen (11), after the season's conclusion



Soph sensation. Handling the puck, Jake Reese (10) preps himself for a play.

Getting ready. Awaiting his event, Alex Thiel (9) prepares himself for a race.



Boys' Swimming

We	opponent	They
Moorhead Tri.		3rd
Fargo Quad		2nd
44 Fargo South	58	
61 Bismarck	41	
100 G.F. Central	86	
42 Detroit Lakes	52	
South/Jamtw. 2nd		
48 Mandan	147	
G.F. Invite		5th
101 Jamestown	79	
105 Moorhead	75	
South Invite		4th
82 Fargo South	97	
61 Fargo North	121	
EDC		3rd
State		7th
Final Record:		4-5



Boys' Swimming: Front row, Adrie Halvorson, Student Mgr.; Kristen Lilleboe, Tim Springer, Steve Gilbertson, John Nelson, Darren Smith, Cory Pavsek and Daniel Alm. Row 2, Coach Marsha Dahl, Travis Magnuson, Mason Heim, Joel Kleven, Mike Benson, Doug Sullivan and Melisha Winter, Student Mgr. Back row, Alex Thiel, Ryan Grant, Dean Sahr, Jim Loberg, Phil Sinkler, Bryan Bandli, Ryan Utley and Kyle Stumpf.

Boys break records

Boys' swimming got off to a slow start this season. With only one senior on the team, they concentrated on rebuilding.

By the end of the season they were working together to strive for a common goal at EDC and State.

Over half the team was composed of freshmen or younger. "Because our team is younger, we worked on rebuilding, talent-wise and size-wise," said team tri-captain Jim Loberg (11).

Bryan Bandli (12), a team tri-captain and the only senior on the team, added that the team didn't have a lot of discipline. "The younger guys didn't take it seriously," Bandli said.

Despite all this, they managed to accomplish some ma-

major achievements. For example, they broke five records at the State meet. Dean Sahr (10) broke the record in the 200m Freestyle, and Loberg broke the record for the 100m Breaststroke and the 200m IM.

For team relay records, Bandli, Loberg, Sahr and Phil Sinkler broke the Relay 200m Freestyle and the 400m Freestyle records.

They also placed third in EDC and seventh in State.

Boys' swimming also had their share of ups and downs with the season.

"We lost team unity during the middle part of the year," said team tri-captain Sahr (10), "We picked up in the end and brought things together at EDC and State."

Bandli feels EDC and State were some of the best meets of the year for the Packers.

"Even though we lost one of our two divers one week before EDC, EDC and State went well. We all dropped a lot of time. They were our best meets," said Bandli.

Some of the younger teammates displayed great potential this year. Among these are

Ryan Utley (8), Ryan Grant (8), Tim Springer (8) and Sinkler.

While boys' swimming lacked discipline, they worked extremely hard to rebuild a team that unfortunately lost many talented seniors within the last two years.

By Shawn VanWinkle

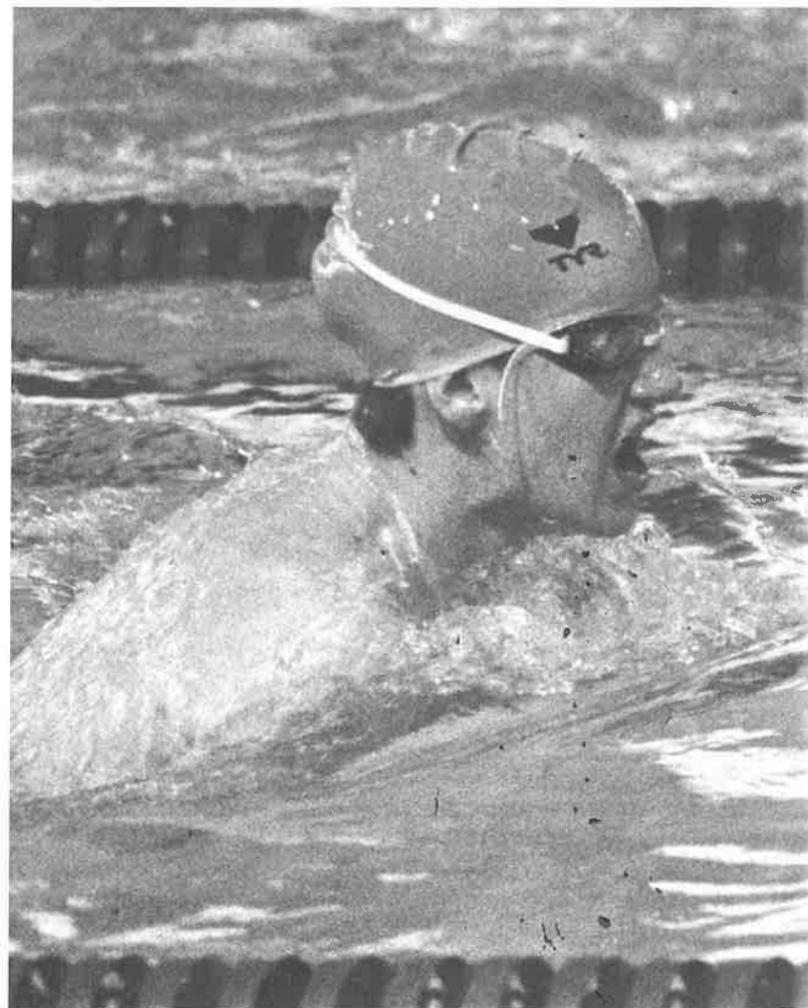


"We were looking to do well individually. I did all right. I would have liked to have done better." -- Bryan Bandli (12)

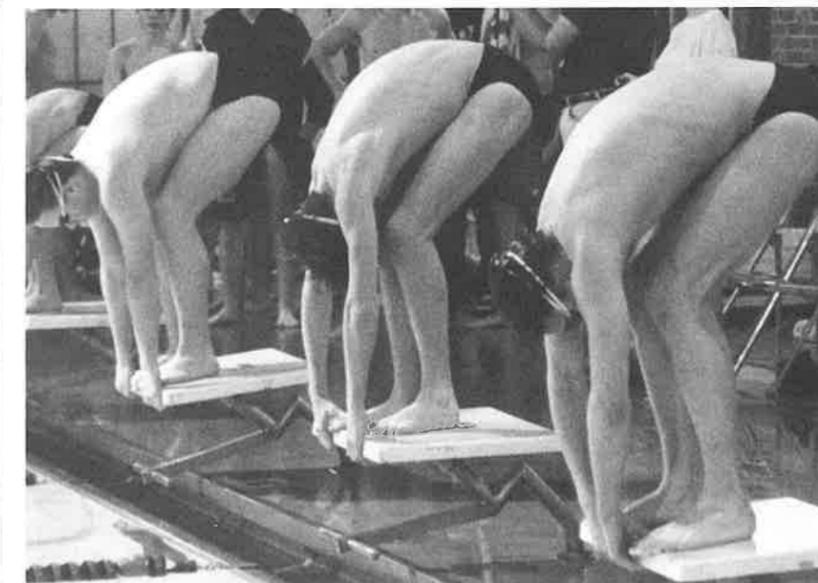
"Even though we had a young team this year, we had a lot of really strong swimmers." -- Jim Loberg (11)



"We picked up in the end and brought things together at EDC and State." -- Dean Sahr (10)



Swim fish swim. While attacking the water, Bryan Bandli (12) comes up for a gulp of air.



Up, up, and away. Flying through the air, Doug Sullivan (11) executes a wonderful dive.

Preparing for the race. Thinking about how to win the race, West Fargo swimmers get ready to start.

Taking a deep breath. Coming up for air, Jim Loberg (11) concentrates on his race.

Boys' track meets goals

The season was a struggle for the boys' track team in 1995.

The program was faced with many hardships. The low turnout, injuries and the development of high school club baseball were three of the major factors.

The team was smaller than in past years, and there weren't as many people with

experience left after the year before. The team placed in the middle of the standings most of the time, and according to coach Darrin Boehm, that is as good as could be expected.

"The numbers (out for track) were really low this year. They did pretty well for a small team," said Boehm.



No pain, no gain. Dashing for the finish, Jason Nordstrom (12) gives 100% to win the race.

Stamina. While running a long race at the Concordia Fieldhouse, Ira Hovland (11) concentrates on keeping his pace to the finish.

Injuries also took their toll. Some key runners were out for a part of the season.

"Injuries slow everybody down. They can't practice," said John Arneson (11).

Club baseball took athletes away from the track program. Paul Finn (12) played baseball as well as throwing the disc, but that required him to split practices and miss practices when there was a competition. That worked for Finn, but many athletes choose not to split time between the two activities.

The season wasn't without its bright spots. Brad Roux (12) had an great season in the pole vault. He placed fourth at State where he broke his previous school record with a vault of 13' 6".

"Brad had an outstanding meet. I was really pleased with his performance," said Boehm.

Paul Muchow (12) also turned in a fine year, placing high during the season in his two specialty events, the 100 and 200.

The 4 by 200 relay team consisting of Muchow, Billy Erenberg (9), Brian Jacobsen (12) and Justin McKenzie (12) placed sixth at State.

Throwers Finn and Jacobsen had fine years in the discus and javelin respectively.

Both competed at State where Finn placed eighth. Both helped the team throughout the entire season.

By Matt Biewer



Boys' Track

Meet	Placing
North/South Inv.	4th/4
State Indoor	15th/16
EDC Indoor	6th/11
Flackoy Relays	5th/8
Boys' Quad	4th/4
Jamestown	6th/7
Lisbon Invite	3rd/12
Moorhead Inv.	7th/9
Gerrell's Invite	5th/12
Shanley Invite	5th/8
Fargo Rotary	7th/12
EDC	10th/11
State Outdoor	16th/19



Boys' Track: Front row: Ben Richard, Mike Burley, Charlie Gooding, Mitch Finn, Jesse Gladue, Aaron Lockwood. Row 2: Paul Muchow, Jason Gooding, Jason Nordstrom, Justin McKenzie, John Arneson, Todd Eiter. Row 3: Keith Ringdahl, Justin Williams, Ryan Smith, Brad Roux, Ira Hovland, David Burroughs, Chad R. Volk, Brian Jacobson, Richard Olson, Billy Erenberg, Head Coach Darrin Boehm. Back row: Coach Randy Holzkamm, Coach Nels Ohnstad, Coach Dan Reynolds, Coach Jim Jonas, Coach Don Lennon, Coach Drue Haarsager, Coach Darin McKinnon, Coach Kevin Froeber.

Up and over. Preparing to soar, Brad Roux (12) runs toward the bar. He set a new school record in the pole vault.



"I had a lot of fun this year in track. It's been a great experience the last four years. Good luck to you guys in the future." -- Paul Finn (12)

"Track is better this year than it has been in the past because of all the new people that came out." -- Paul Muchow (12)



"It's been a good season inspite of all the people not able to show up because of sickness, injury or whatever." -- Ira Hovland (11)

It ain't over 'til it's over. Determined to win the race, Chad Volk (10) sprints for the finish line.



Incoming!!! With perfect form, Jennifer Rud (12) throws the discus. She along with many throwers, had an outstanding season.

Girls' Track

Meet	Placing
North/South Inv.	2nd/4
State Indoor	13th/16
EDC Indoor	5th/11
All-City	3rd/5
Jamestown	3rd/7
Moorhead Invite	5th/9
Gerrell's Inv.	3rd/12
Shanley Invite	4th/8
Fargo Rotary	6th/12
East-West	4th/8
EDC	4th/11
State Outdoor	10th/19



Girls' Track: Front row, Amanda Sahr, Kristina Webber, Heidi Grefsrud, Tasha Dockler, Karin Bandli, Angie Schultz, Alana Withey and Christina Stewart. **Row 2,** Amber Preston, Laurie Flick, Jolene Vanyo, Sara Johnson, Sara Huwe, Allison Bonzer, Katie Volk, Heather Willis, Trisha Hansen, Anne Thomas and Megan Lavelle. **Row 3,** Nichole Walla, Jessica Tessin, Melissa Durensky, Mandy Enebo, Katie Beauchamp, Sarah Havelange, Melissa Klein, Amy Hoglund, Nicole Sailer, Holly Rost, Amy Bernstein, Aarin Zimney, Bethany Howitz, Katie Fossum, Liann Hanson, Tiffany Williams, Kristi Rasmussen, Teresa Klein, Amy Peterson and Head Coach Darrin Boehm. **Back Row,** Coach Keith Ringdahl, Coach Randy Holzmann, Coach Nels Orstad, Coach Dan Reynolds, Coach Don Lannon, Coach Jim Jonas, Coach Drue Haarsager, Darin McKinnon and Coach Kevin Froeber.

Girls' track competes well

The 1995 girls' track season went better than was expected. Several of the girls competed at State, some for multiple events. The girls were a tightly knit group and considered themselves a family.

"They're closer than most teams," said coach Darrin Boehm.

The girls are all friends outside of track and participate in various recreational activities together.

"We go out as groups before meets to pump each other up," said Aarin Zimney (10).

Team unity was very strong according to Boehm.

"I think one thing is just the personality. They a fun time, and that's kind of strange. The captains and the people who have been

around a long time do things to make it fun," said Boehm.

Another reason for the closeness of the team is the boys and girls train together. It was the first year they were not separated.

"I think the team is even more unified this year, because we've combined the programs," said Boehm.

Besides the camaraderie, the girls competed well and had a lot of fun.

At the EDC meet held in Grand Forks, the girls as a team place fourth out of 11 teams.

Jolene Vanyo (11), the runner competing in the most events for WFHS, did very well at State in Grand Forks. She placed sixth in the 400 meter, third in the 1600 meter and second in the 800 by breaking a school record that she previously held.

Karin Bandli (9) clocked a personal best time and placed eighth in the 3200 meter.

The relay teams placed well at State. The 4 by 400 team consisting of Heidi Grefsrud (12) Holly Rost (10), Vanyo and Sara Johnson placed seventh. The 4 by 800 relay team of Vanyo, Johnson, Zimney and Bandli placed eighth.

The throwers and jumpers showed their talent at State. Jennifer Rud placed seventh in shot put. Mandy Enebo (11) placed fifth and Tiffini Wigen (11) placed eighth in the javelin. In the long jump Katie Volk (12) placed seventh for the Packers.

Overall the girls' track team progressed during the season.

By Matt Biewer



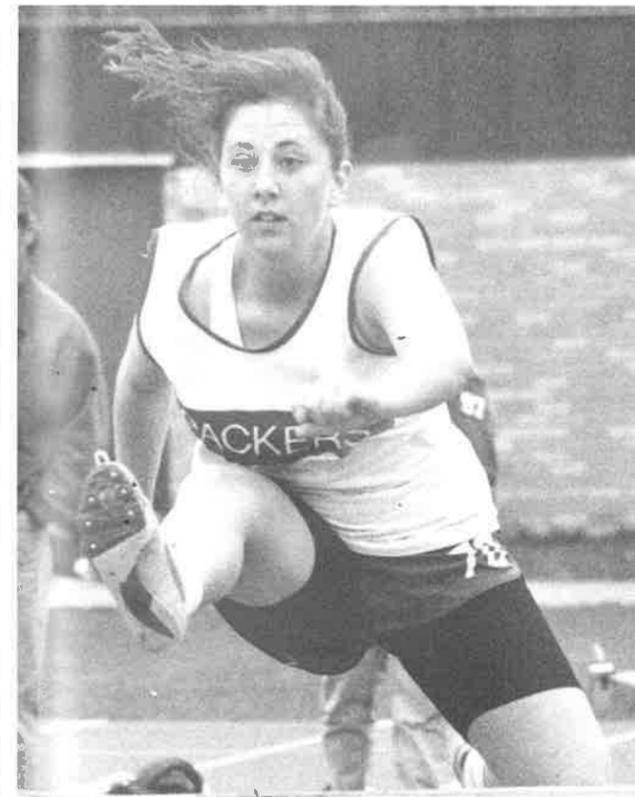
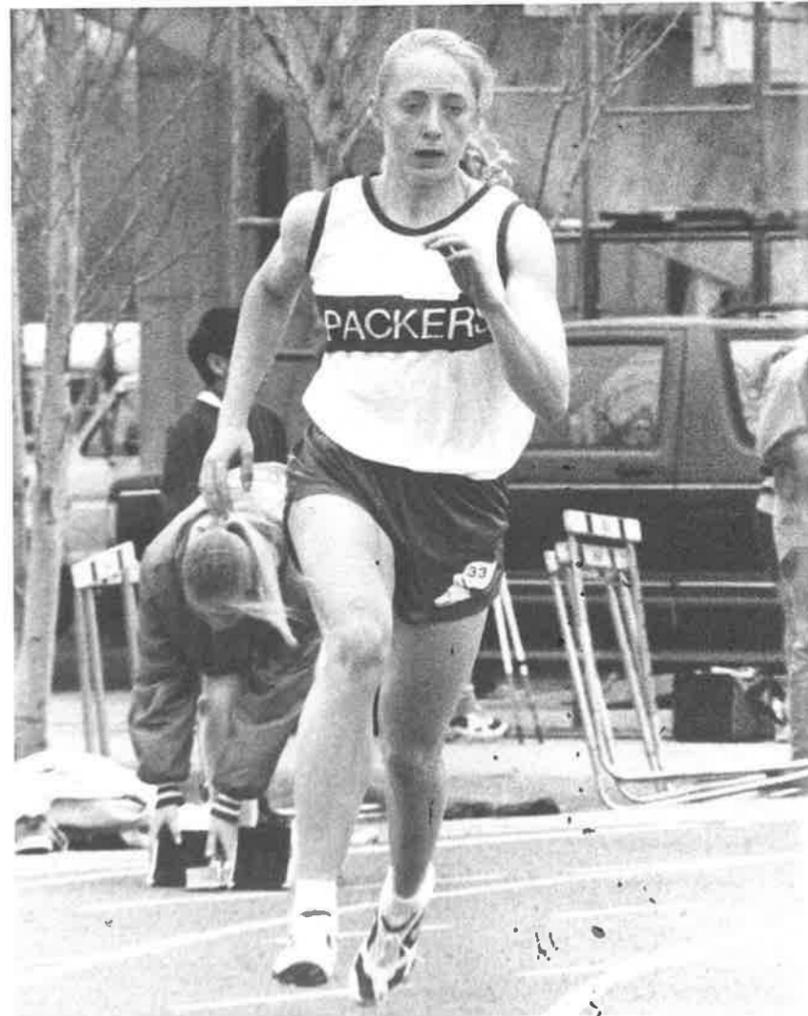
"I had fun in track this year. I'm going to miss everyone." -- Heather Willis (12)

"I think this season has been great, especially for the throwers. Everyone is doing so well." -- Melissa Durensky (11)



"This year has been a new experience for me. I'm running just relays and believe it or not, I'm in short distance." -- Aarin Zimney (10)

Wonder woman. In one of her many events, Jolene Vanyo (11) flies around a turn striving for the finish line.



Speed demon. During a meet at Concordia College in Moorhead, Amber Preston (11) takes a hurdle at full speed.

Brrr. In the wind and rain, Karin Bandli (9) and Sara Johnson (12) cool down by walking laps around the track.

Tennis players learn much from damp, yet enjoyable season

When it rains, it pours. The girls' tennis team found itself living out this old adage when rains cut down on their outside practice time and shortened the season. In spite of this and the youth of the team, they considered the year an excellent experience.

"I think it was a pretty good season. We made a lot

of progress," said Erin Erickson (11), co-captain of the team.

The team was able to send three singles and two doubles to EDC. Out of that came Erickson and Brenda Grinde (10), who captured eighth and sixth places, respectively, for their team.

In State competition, Grinde was eliminated in two

rounds, and Erickson in three.

Though the team ended its season with a 0-9 record, players feel the circumstances and the improvements they've made show how their hard work has paid off.

The weather had a very real effect on players, mostly on their practice time lost and also on something nearly as important, their tans.

"It was so weird, because we didn't have a lot of outside practice until towards the end. After EDC was when it finally started to get nice. Usually we all get so tan, and this year we didn't," said Cindy O'Neill (11), team co-captain.

In spite of the wet season, team member Vicky Berg (10) feels that it was still an enjoyable year, and she'd like

to continue in tennis.

"I thought it was a lot of fun. I met so many people! I'll definitely go out for tennis next year," said Berg.

The team's inexperience was a liability, but the learning that took place throughout the season is a cause for hope.

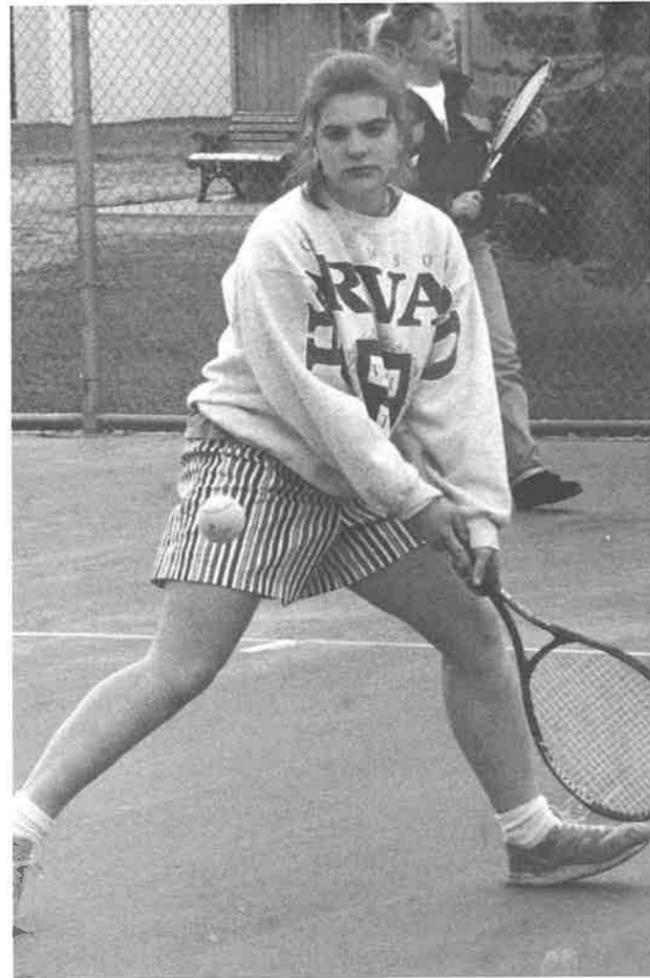
"It's a young team, and there weren't many seniors, but I think we did very well," said Erickson.

Grinde agrees with Erickson's assessment.

"I think we did great. We've improved a lot since last year," she said.

With another year of growth behind them, and building up some hard work and success, the girls' tennis team has learned much and continued to make progress.

By Jaime Smith



On guard. With a serious expression on her face, Tony Jore (10) maintains control on the court in practice and hits the ball back to her opponent.

Looking out across the net. Winding up for her hit, Brenda Grinde (10) prepare to serve the ball to her opponent.



Girls' Tennis

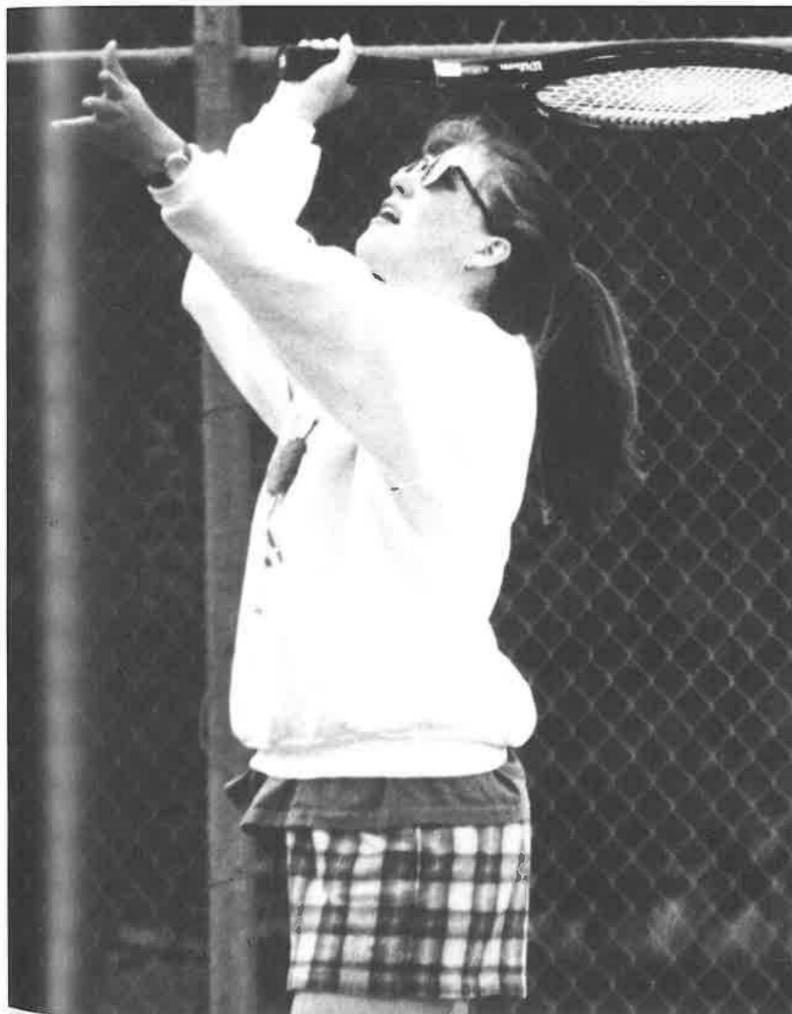
We	Opponent	They
2	Wahpeton	7
0	Red River	9
0	Fargo North	9
2	Shanley	7
2	Valley City	7
2	G.Fks. Central	7
1	Fargo South	8
4	Jamestown	5
2	EDC - Shanley	3

****Brenda Grinde and Erin Erickson qualified for State.**

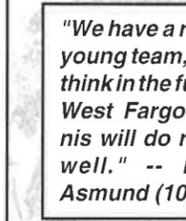
Girls' Tennis: Front row, Jessica Hochgraber, Angie Vetter, Tara Trapp, Toni Jore, Vicky Berg and Sarah Mills. Row 2, Amanda Olson, Brenda Grinde, Erin Erickson, Lorina Dehnert, Jenny Oemichen, Angie Hammer and Charity Speich. Back row, Coach Kellie Karlstad, Jessica Jensen, Amy Sandvik, Cynthia O'Neill, Beth Asmund and Coach Dave Drenth.



The future's so bright... Wearing her shades, Beth Asmund (10) concentrates on practice, sending the ball soaring across the net.



"We have a young but good team this year, and hopefully we will have a good season." -- Erin Erickson (11)



"We have a really young team, but I think in the future West Fargo tennis will do really well." -- Beth Asmund (10)



"It was very much a learning year. We had an adjusting period with the new coach." -- Cindy O'Neill (11)

Things are looking up! During practice, Lorina Dehnert (9) throws the ball up in the air in order to serve.

Wooh look at it go! After hitting a drive, Mike Sustad (11) stares in wonder at his shot.



Boys' Golf

We	Opponent	They
364	Central/Jamestown	
363	Red River CC	
348	Shanley Oxbow	
340	Devils Lake	
349	North Edgewood	
339	Village Green	
371	Bois De Sioux	
338	South CC	
344	EDC regional	

**Brian Grinde qualified for state competition



Boys' Golf: Front row, Matt Faller, Matt Olslund, Bob Rasmussen, Tim Springer, Aaron Balster, Corey Johnson, Erik Hansen, Shawn Blair and Don Westman. Row 2, Colby Juntunen, Corey McDonald, Eddie Sheeley, Mike Herbst, Mick Rodgers and Justin Schumacher. Back row, Jason Mutzenburger, Rob Boser, Brian Johnson, Tom Anundson, Mike Sustad, Matt Conzemius, Brian Grinde and Brandt Juntunen.

Future looks bright for golf

Although the boys' golf team struggled through the 1995 season, they do have hope for the future. With a large field of underclassmen, the team was largely inexperienced. However, each meet the golfers gained more experience and improved.

"We had a very young, inexperienced team. They improved every meet," said Coach Chuck Gad.

Another problem the team encountered was lack of seniors. Because there were no seniors, the team lacked the leadership that only a senior could provide. However, others stepped up to face this challenge. Among those were juniors Brandt

Juntunen, Mike Sustad and Brian Grinde along with sophomores Rob Boser and Jason Mutzenburger.

"Although we didn't dwell on the fact that there were no seniors, I think their absence did affect our play," said Mutzenburger.

Even though this lack of experience hurt them this year, future teams should be better as the underclassman get older.

"In the next year or two, our team should improve," said Boser.

One addition that should help the team in the future is the addition of junior varsity coach Mr. Jim MacFarlane. This was the first year that boys' golf had a junior varsity team. This

team provided many young players, including eighth graders, the opportunity to compete. Gad feels MacFarlane's presence will help future teams.

"It will be two or three years until we see what kind of impact he's had," said Gad.

Others felt that MacFarlane had already

had a large impact on the team.

"With the addition of MacFarlane, our team received that extra help we needed to improve each meet," said Mutzenburger.

The new addition and improvements brings hope to next season.

By Loren Hansen



"It was a tough year due to the lack of some key people. We were able to make the best of it." -- John Cheney (12)

"We had a big team, so a lot of younger guys were able to get experience." -- Mike Herbst (10)



"We improved steadily every meet. Hopefully we will continue to grow in the future." -- Rob Boser (10)

Fore! During an afternoon practice, Colby Juntunen (9) hopes to hit his mark as he watches his chip fly toward the green.



Hitting the million dollar putt. Looking on after his putt, Matt Conzemius (11) watches the ball roll toward the cup during one of their practices.

Going for the win. Following through with his putting stroke, Brandt Juntunen (11) hopes it will go into the cup.

C hange affects soccer

Change. It affects every-one differently. Change had a positive effect on the girls' soccer team.

Adjusting to these changes allowed the team to improve as the season progressed. One of the most obvious changes was the new coach, Andy Steele. Most felt this was a learning experience. "He pushed us hard and

made us play to our ability. We were always learning new skills and improving," said co-captain Nikki Nielsen (12).

The team believed that an important influence on the team's season was the unity.

"We started to believe in ourselves as a team. We scored goals and won games. It wasn't just one or two peo-

ple improving; it was every-one. We worked as a team, and this year we're going to make it to State!" said Robyn Petermann (11).

Many felt the comradary made playing enjoyable.

"Playing varsity this year was great because I met so many new people. Our whole team got along well and no one was left out. Our team goofed around, but we knew when to be serious and concentrate," said Beth Leno (9).

As the season progressed players felt that the team improved.

"We were always learning new skills. Our team began to play together as a unit. Once we got the idea we won more games," said Kristi Johnson (11).

The team felt they improved on many areas

throughout the season.

"I think we most improved on working as a team," said Tara Kelseh (10).

Others agreed that the team worked well together, but also focused on skill improvements.

"We improved our offense so much this year. Even though we didn't score as much as we would have liked, we came close and worked so well together," said Leno.

Obtaining a home field was also new for the team. This year eight games were played at the field behind the school.

Although the team did not reach State this season, the changes that occurred helped the team reach many of their goals and provided a challenging season.

By Mandy Westrick



Throw in. Looking for an open teammate, Dara Lee (12) throws the ball in from the sidelines.

Its mine!! Colliding with each other, Tiffaney Kihle (11) and Beth Leno (9) both try to gain possession of the ball.



Girls' Soccer

We	Opponent	They
2	Fergus Falls	0
0	G.F. Central	2
0	G.F. Red River	2
0	Fargo North	2
0	Fargo South	1
0	Fargo North	4
1	G.F. Central	0
1	Fergus Falls	0
0	Fargo Shanley	1
0	G.F. Red River	1
3	Fargo Shanley	0
0	Fargo South	3



Girls' Soccer: Row 1, Kodi Srur, Tiffaney Kihle, Kari Odegaard, Mindy Muhonen, Brianne Lee, Stephanie Bonzer, Jessica Barnum and Beth Leno. Row 2, Kristina Gromatka, Alicia Dotseth, Kristi Johnson, Jessica McDougall, Tara Kelsch, Sara Drew, Nikki Nielsen and Sonja Ulrickson. Back row, Alissa Frederick, Dara Lee, Mandy Westrick, Jennifer McDougall, Robyn Petermann, Tracy Buehre, Kelly Murphy, Heather McNamara and Andy Steele.

I'm ready! Eyeing the ball, Kristi Johnson (11) prepares to head the ball during a game behind the Veteran's Arena.



"With a new coach, Andy Steele, we learned a lot and improved every practice." -- Brianne Lee (10)

"Our goal for this season was to reach State and improve our record as well as individual abilities." -- Rita Nerby (12)



"We have been building the program and hope to knock off some teams and have fun doing it." -- Sara Drew (11)

On the run. Playing against top seeded Fargo North, Nikki Nielsen (12) dribbles by a defender.

Calm and collected. Keeping a smile, Nichole Essary (12) maintains her composure through the cheer.



Packatahnas, Front row, Emily Halvorson, Jessica Marthaller, Stephani Frederick, Carly Meyer, Brittnee Nikle, Bree Gronneberg and Allison Bonzer. **Row 2,** Alishia Jackson, Angie Myers, Tara Falcon, Heather Noonan, Elisa Torres, Tammy Zimmerman and Larissa Boe. **Row 3,** Jeni Buchholz, Michelle Wilson, Sara Ulrickson, Jennifer Saxowsky, Nicole Veitenheimer, Lana Haak and Jennifer Stompro. **Row 4,** Kim Sattler, Nicole Wilken, Nichole Essary, Jill Boor, Darcy Gaugler and Susie Kaufman. **Back row,** Amy Hoglund, Angie Larson, Kacy Weideman, Coach Angie Lund, Janelle Fink, Stacy Koglin and Melisa Schaffer.



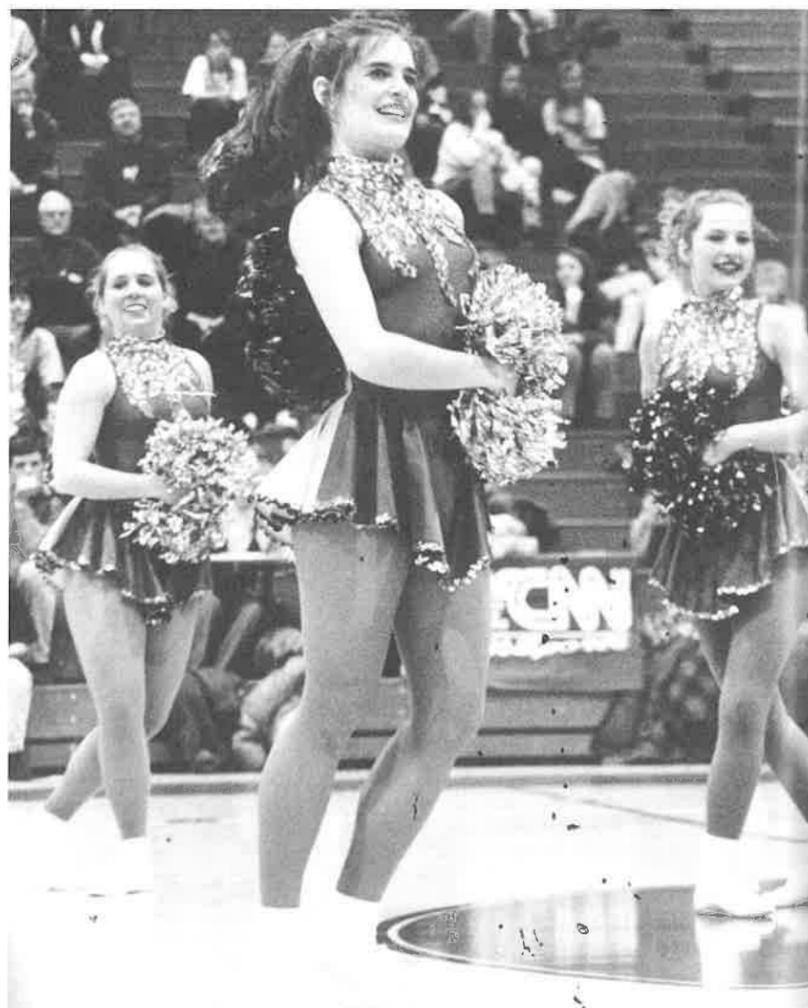
"Other than the exercise, the performances are the best part of Packatahnas." -- Brittnee Nikle (12)

"At State competition, we are hoping to go and kick some major butt." -- Kim Sattler (12), before State



"Packatahnas has been an incredible experience during my high school years, and I'll never forget it." -- Amy Hoglund (12)

Big smile! During a pep rally, Jennifer Saxowsky (12) keeps her rhythm as Jenni Stompro (12) and Stephani Frederick (10) follow her lead.



Packatahnas continue mastery

The Packatahnas danced into the year with goals, expectations and a few more people than normal. This year the Packatahnas crew was made of 31 girls and 15 were new. "One thing that was different was we had as many old girls as new girls which makes it harder to teach the new dancers," said Angie Lund, coach of the Packatahnas.

At the beginning of the year, goals were set such as State, new costumes, different styles and for the entire team to be a close-knit group of friends.

Starting at the beginning of the season, the Packatahnas were fundraising for uniforms. They earned \$6,000 for the new neon uniforms, which cost \$250 for one costume, and the green and gold costume they needed was \$110.

"The new costumes are just wonderful, and we absolutely earned them!" said Kacy Weideman (11), a junior choreographer.

As the team progressed, a newer jazzier style was created throughout the year. Using their strong dancers cho-

sen at the tryouts in March, 19 performances were scheduled. When a goal was set for state, the dancers decided to get there and do their best.

"We are going down there with hopes of doing really well and are striving to do our personal best as we keep working on the things we've been working on," said Lund.

In 1994 the team of girls were great friends and kicked a path all the way to a first place at State competition. This year the Packatahna's hope the group will be as close as last year, but it has already begun to just fall in place with a common ground like dancing.

"The older Packatahnas were great to us when we started out. The experience I have gained along with the friendships is

something I wouldn't trade for anything," said Susan Kaufman (10).

A season for the Packatahnas isn't easy to handle though. Practices three times a week for three hours are mandatory. These practices are strenuous and consist of a high kick warm-up, stretching, repeating a routine many times, weight lifting, and other physical drills. Although practices are repetitive at times, when performances come, they all seem to pay off for the Packatahnas when the crowd cheers on.

"Practicing gets boring sometimes, and it seems we are getting nowhere; but when we perform, we know it was all worth it," said Stephani Frederick (10).

By Darcy Gaugler



Look at me! Smiling for the crowd, Janelle Fink (11) uses her pom-poms during part of the Packatahnas' award-winning routine.

Over to the right! Moving to the music, Stacy Koglin (10) and Jeni Bucholtz (10) perform for the crowd.

Cheerleaders prove sport material

From basketball to soccer, there are cheerleaders for almost all sport activities in the school. Although they cheer for sports, cheerleading isn't always considered a sport to many people besides cheerleaders.

According to cheerleaders,



Varsity Girls' Basketball



Varsity Girls' Basketball: Front row, Jamie Evenson. Row 2, Stacy Hood, Jessica Spier and Vicky Berg. Back row, Angie Hammer and Shelli Anderson.

Caught in the air. Performing during a break, Sarah Chapek (12) cheers for the wrestling team.

All right. Finishing a cheer, Shelli Anderson (11) and Stacy Hood (12) wait for the crowd to respond.

characteristics of being one. One of them is the state competition.

"Cheerleaders put a lot of time throughout the year participating and cheering for teams. It's only fair that they should have a time to compete with other squads and show off what they have worked so hard on," said Katie Rood (12) who is a boys' basketball cheerleader.

Cheerleaders Jana Olslund (12), Katie Volk (12), Mandy Enzminger (12), Jodie Wagenman (12), Rood, Kristin Bornus (12), Stephanie Herman (11), Amber Preston (11), Amy Johnson (11) and Jill Lund (11) won the Class A State Championship Cheerleading competition.

Not only do cheerleaders have to compete hard like a team, but they have to work together to make sure their cheer is perfect. Some think this is the best part of being a cheerleader.

"Being the first soccer cheerleaders at our school and the second in the state was hard. We had lots of fundraising and we all had to learn for ourselves how to cheer. I think the learning together was probably the best part, because then we were all equals," said Sarah Morrison (11).

Dedication and experience are characteristics of being a cheerleader and state champion which are part of being a sport.

By Cari Rauch



Varsity Boys' Basketball



Varsity Boys' Basketball Cheerleaders: Front row, Kristina Stockert and Sarah Falk. Row 2, Jill Lund and Amy Johnson. Back row, Carmen Isaak and Katie Rood.



"Winning the state title was an experience of a lifetime." -- Jana Olslund (12)

"It (State) was really fun, and it turned out to be great." -- Mandy Enzminger (12)

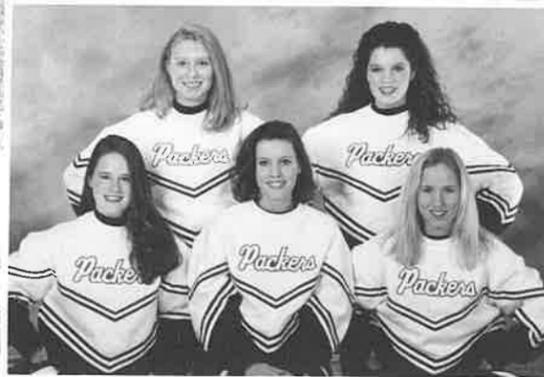


Let's go West F-a-r-g-o. Trying to get the crowd excited, Kristina Stockert (12) cheers for the boys' basketball team.

Might as well jump! Proving she can do the cheer called the "chicken", Sarah Morrison (11) shows off her style.

SPIRIT

Varsity Hockey



Varsity Hockey Cheerleaders: Front row, Taia McLeod, Tracy Rehder and Marla Resler. Back row, Charlotte Zich and Deborah Hogen.



Listening to the beat. Moving to the music, Kristin Bornus (12) swings pom-pons to the rhythm.

Come on everybody. Getting the crowd motivated, Heidi Armstrong (11) and Michelle Schmidt (10) shout out a cheer.

Varsity Wrestling



Varsity Wrestling Cheerleaders: Front row, Amy Adams and Christy Hodgson. Row 2, Mandy Enzlinger. Back row, Kristin Bornus and Sarah Chapek.



Cheerleaders cheer on Packers



Varsity Soccer



Varsity Soccer Cheerleaders: Front row, Heidi Armstrong and Sarah Morrison. Row 2, Michelle Schmidt, Moriah Edgerly and Jill Heiden. Back row, Jana Olslund.



Varsity Football



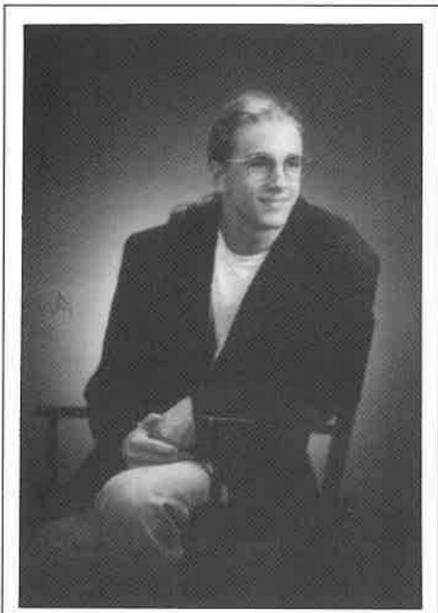
Varsity Football Cheerleaders: Front row, Katie Rood, Jodi Wagenman and Katie Volk. Back row, Stephanie Herman, Mandy Enzlinger and Amber Preston.

Don't let go. While doing a pyramid, Stephanie Herman (11) along with fellow cheerleaders, performs during half time.

I can't hear you. Leaning over, Carmen Isaak (11) strains to hear the crowd's faint response.

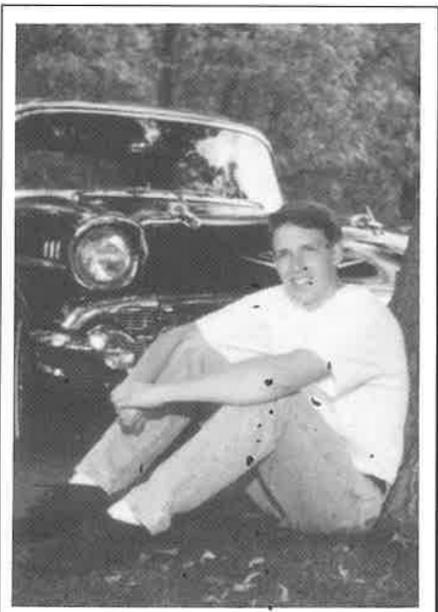
Are you ready? Chanting loudly, Jamie Evenson (11) proudly shows her Packer spirit during a game.

Expect a lot



*Allen Ross
Photography*

**OUTSTANDING
PORTRAITURE**



A LEADER IN CREATING IDEAS FOR SENIORS

Go with the best!

**WEST FARGO
DRUG**

424 Sheyenne St.
West Fargo, ND
282-3573

**OPEN 9 TO 7 MON. THRU FRI.
9 TO 6 SATURDAY**

*Free Delivery
Senior Discount*

*Complete Selection of Cards, Gifts and
Health Needs*

Getting ready for the party. Holding on to the poster for Mr. Michael Drew's birthday party, Mrs. Mona Warkenthien, Sarah Winge (12) and Tyler Ward (12) all lend a hand.



Look Your Best in Whatever You Wear
The Body Works Has It—Wolff Tanning Beds

**Rita Haugen tans at
The Body Works**

Open 9 am-10 pm Mon.-Thurs.
9 am-9 pm Fri.; 9 am-6 pm Sat.;
Noon-6 pm Sun.

The Body Works

601 West Main Ave., West Fargo

281-1101





Nicole Peterson and Jody Saum

Your "Packer Backer" Bank For Busy People!

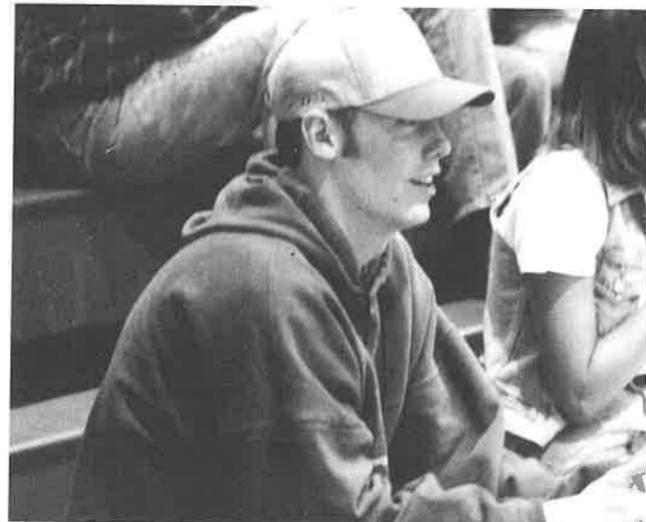
Lobby Hours
 9:00 - 9:00 Weekdays
 9:00 - 1:00 Saturdays



STATE BANK OF WEST FARGO

409 Sheyenne Street • West Fargo, ND • 282-4403

Member FDIC



Give 'em a hand. Listening to guest speaker Mark Sharenbrach, Jeff Daniels (12) applauds with the crowd.



Knowledge is power! Smiling in class, Jennifer Arndt (12) wears a red ribbon and white painted face for AIDS Awareness Day.



'96 Seniors not just photographs...
CREATIVE IMAGES

by

SCHERLING PHOTOGRAPHY

2801 13th Avenue South
 Fargo, North Dakota 58103
 701/237-3157



Taste the freshest...



Cass-Clay

Office Interiors, Inc.

205 E. MAIN AVENUE, P.O. BOX 713
WEST FARGO, ND 58078



Office Furniture Phone: 282-6570
Supplies Fax: 282-8870
Printing: 282-6429

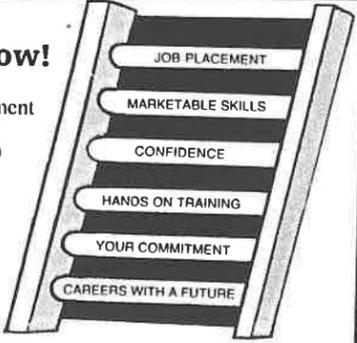
We Can Make A Difference In Your Life!

INCOME • CAREER • JOBS • SECURITY • EMPLOYABILITY
• SELF-ESTEEM • FUTURE • FAMILY • CONFIDENCE

Make A Decision Now!

Careers In:

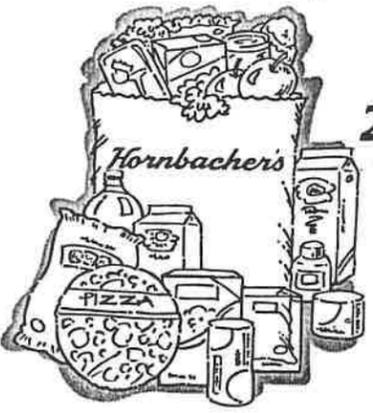
- Business Management
- Office Specialist (Legal, Executive)
- Medical Administrative Assistant
- Computer Programming
- Accounting
- Legal Assistant
- Travel Business
- Dental Assistant



**Enroll Now
Classes Start Soon!**

IBC SINCE 1912
INTERSTATE BUSINESS COLLEGE
2720 32nd Ave SW, Fargo, ND 58103
232-2477 or 1-800-779-8080

Hornbacher's



"Your 24 Hour Food and More Store"

MOORHEAD 101 - 11th St. S. Moorhead	NORTHPORT 2510 Broadway Fargo	VILLAGE WEST 4101 - 13th Ave. S. Fargo
EXPRESS 1433 S. Univ. Dr. Fargo	SOUTHGATE 1532 - 32nd Ave. S. Fargo	

Ben Franklin®
Our Variety Shows

114 Sheyenne Street

282-9537

Enjoy
Coca-Cola

Trademarks ®

We're number one! Cheering the Packer victory, Aliceo Rodriguez (10) expresses his happiness at the EDC boys' basketball tourney.



WEST FARGO INSURANCE AGENCY, INC.

COMPLETE INSURANCE SERVICE

Homeowners - Auto - Life
Business Insurance Specialists
Your Insurance needs, business or personal, deserve professional and complete service.

282-4995

1211 Prairie Parkway
P.O. Box 368
West Fargo, ND 58078



AM 1200

KFNW

Northwestern College Radio



Index

Athletics

Aaberg, Jared (12) 27, 138, 139, 191
 Aaker, Mrs. Tracy 100, 194
 Aarestad, Benjamin (9) 75, 187, 194
 Aberle, Sumer (11) 52, 115, 116, 197, 198
 Abrahamson, Ryan (12) 3, 27, 135
 Ackerland, Amy (9) 75
 Ackerland, Joshua (11) 52
 Ackerman, Sherri (9) 75, 186
 Adams, Adam (11) 52, 120, 123
 Adams, Amy (12) 2, 27, 172, 198
 Akers, Chris (11) 62, 139
 Alberty, Heather (9) 75, 200
 Alberty, Jennifer (11) 52, 115, 119, 200, 202, 203
 Albright, Chris (11) 52

Alley, Jeff (10) 62
 Alm, Dan (9) 75, 156, 200
 Alm, Lyndsey (12) 27, 41, 115
 Almer, Travis (9) 75
 Ambrose, Shane (12) 27, 41
 Ament, Troy (9) 185, 194
 Amundson, Tracy (9) 75
 Anderson, A.J. (12) 27
 Anderson, Ellen (11) 52
 Anderson, Emily (9) 75, 184, 200
 Anderson, Jeff (10) 62, 191
 Anderson, Jonathan (9) 75, 150
 Anderson, Kimberly (9) 75
 Anderson, Michael (12) 27, 108, 111
 Anderson, Mr. Rick 96, 190
 Anderson, Mr. Steve 96, 193, 197
 Anderson, Mrs. Lori 88
 Anderson, Mrs. Mary 198
 Anderson, Mrs. Sherry 87
 Anderson, Nathan (9) 75, 185, 194
 Anderson, Nicholas (9) 75
 Anderson, Rachel A. (9) 75
 Anderson, Rachel M. (9) 75
 Anderson, Ryan (9) 75
 Anderson, Shauna (9) 75



Trainers: Front row, Chrissy Carriveau, Bonnie Harrold and Sarah Morrison. Back row, Cindy O'Neill, Jon Darling, Theresa Durr and Michelle Roers.



JV boys' basketball: Front row, Brian Diede, Ryan Nelson, Travis Anderson and Ben Scoville. Back row, Shane Wirth, Benjamin Mitling, Danny Kackman, Leif Rosenvold, Chris Mapes, Mike Sustad and Coach Jim Jonas

Anderson, Shelli (11) 52, 170, 198
 Anderson, Taralyn (10) 62, 200
 Anderson, Travis (11) 52, 180
 Annis, Bradley (12) 27
 Anthony, Derrick (10) 62, 150
 Anundson, Thomas (11) 52, 164, 193
 Armstrong, Billy (11) 52
 Armstrong, Heidi (11) 52, 108, 111, 112, 115, 139, 150, 172, 173, 198, 200, 201
 Arndt, Jennifer (12) 27, 112, 177
 Arneson, James (14) 52, 199
 Arneson, John (11) 19, 52, 144, 159, 193, 208
 Art Club 192
 Asmund, Beth (10) 62, 119, 130, 147, 163, 181, 203

Basketball: 2nd & 4th at State

Bachmeier, Chris (10) 62, 142, 143, 183
 Backen, Scott (11) 52, 154, 155
 Baertsch, Chad (10) 71
 Bahnsen, Leanne (11) 52
 Baird, Summer (11) 52
 Bakken, Karla (11) 52

Balkovatz, Brea (10) 75, 136
 Balkovatz, Joseph (11) 52, 135
 Baltes, Mark (11) 52
 Baltezare, Mrs. Joan 99, 105, 191
 Band 118, 119
 Band, Concert 203
 Band, Jazz 202
 Bandli, Bryan (12) 27, 93, 115, 119, 139, 156, 191, 202, 203
 Bandli, Karin (9) 75, 144, 160
 Bangert, LeeRoy (11) 52, 199
 Barnes, Marie (11) 52, 85
 Barnum, Jessie (9) 75, 167, 190, 200
 Barnum, Justin (11) 19, 52, 115, 120, 123, 150, 151
 Bartosh, Rhianna (9) 75, 200
 Basketball, Boys' Varsity 148, 149
 Basketball, Freshman boys' green team 187
 Basketball, Freshman girls' green team 186
 Basketball, Freshmen boys' white team 185
 Basketball, Girls' Varsity 132, 133
 Basketball, Freshmen Girls' white team 184
 Basketball, Sophomore boys' 183
 Basketball, Sophomore girls' 181
 Bauer, Melody (11) 52
 Baumann, Danielle (9) 75, 184, 191, 200
 Baumgarten, Mrs. Cheryl 96

Baumgartner, Megan (9) 75, 192
 Bearfield, Danyell (10) 62, 100, 155, 181, 200
 Beaton, Kellie (10) 62
 Beaton, Scott (9) 75
 Beauchamp, Katie (11) 26, 52, 115, 160
 Bedard, Mrs. Jane 87
 Beling, Joani (9) 75
 Belisle, Tara (11) 52
 Bell, Heather (11) 52
 Benjamin, Casey (9) 75, 185, 194
 Benson, Gretta (10) 62, 192
 Benson, Mike (10) 62, 136, 156
 Berg, Aaron (10) 62, 119, 135, 203
 Berg, Nicole (11) 52, 200, 201
 Berg, Robin (10) 62
 Berg, Teresa (11) 52, 121, 200
 Berg, Vicky (10) 1, 19, 62, 163, 170
 Berglund, Tyler (12) 27
 Bergstrom, Ryan (9) 75
 Bernardy, Justin (10) 62
 Bernath, Jerrod (10) 2, 62
 Bernath, Julian (12) 27
 Bernstein, Amy (9) 73, 75, 160, 195
 Bernstein, Jon (11) 11, 52, 135
 Bertrand, Jill (12) 27
 Bertzyk, Amy (9) 75, 108, 200
 Bertzyk, Tanya (11) 52, 200
 Besette, Brad (10) 62, 135
 Besette, Trisha (12) 27, 119, 203
 Best, Michael (9) 75, 185, 194

Beyer, Brian (12) 27, 41, 46, 134, 135
 Bezguin, Anton (12) 8
 Biegler, Lisa (11) 52, 115
 Biegler, Peter (11) 52, 115, 155
 Biewer, Matt (10) 19, 62, 127, 135, 150
 Binger, Mrs. Audrey 104
 Bjorklund, Mr. Jim 91
 Bjornson, Mr. Robert 96
 Bjornson, Ms. Brenda 147
 Black, Darrell (11) 52
 Blair, Allison (10) 62
 Blair, Corey (10) 62
 Blair, Terrill (12) 27, 193
 Block, Michael (10) 62
 Boe, Larissa (11) 52, 168, 198
 Boedigheimer, Dane (10) 62, 139
 Boehm, Mr. Darrin 100, 144, 159, 160
 Bogardus, Lindsay (11) 52, 115, 119, 203
 Bommer, Lonnie (12) 27
 Bonnett, Mrs. Helga 95
 Bonnett, Paul (12) 27
 Bonzer, Allison (12) 9, 27, 160, 168
 Bonzer, Stephanie (9) 75, 167, 202
 Boor, Jill (10) 62, 168
 Borah, Jonathan (11) 52
 Borah, Nicole (9) 75, 93, 200
 Bordovsky, Michael (9) 75
 Borg, Heidi (9) 75, 112, 200
 Bormann, Troy (12) 27
 Bornus, Erinn (9) 75
 Bornus, Kristin (12) 22, 27, 172, 198
 Boser, Jeanne (12) 25, 27, 41, 102, 115, 127, 194, 202
 Boser, Rob (10) 62, 139, 164, 191
 Boucher, Heidi (9) 75
 Boutiette, Michael (11) 52
 Boutiette, Mrs. Judy 91, 104
 Braaten, Jodi (10) 62, 200
 Brager, Traci (11) 52, 85, 195
 Brandsted, Tessa (10) 62
 Brandsted, Tina (9) 75
 Brandvold, Lisa (10) 62
 Braseth, Melissa (9) 75, 202
 Braun, Eric (11) 52
 Braun, Jamie (10) 62
 Brawders, Sarah (10) 62, 200
 Breker, Shelby (12) 27, 107, 108, 110, 115, 120, 123, 136



Sophomore girls' basketball: Front row, Kristina Gromatka, Danyell Bearfield, Tina Knudson, Teresa Klein, Holly Rost, and Beth Asmund. Back row, Charity Speich, Brianna Lee, Jessica D. Hanson, Jenny Frueh and Erica Davidson.

Brennan, Andrea (9) 75, 136
 Brinkman, Landon (11) 52, 115, 120, 193
 Brinkman, Lisa (9) 75, 190, 200
 Broderon, Sophia (9) 75
 Broderon, Trish (12) 27
 Brostrom, Pat (10) 62
 Brown, Heather (9) 75
 Brown, Ryan (12) 27
 Bruns, Colleen (9) 75
 Bruns, Summer (11) 52
 Buchholz, Andrea (10) 71
 Buchholz, Jason (12) 48
 Buchholz, Jeni (10) 3, 62, 123, 168, 169, 200
 Buchholz, Kelly (9) 75, 184, 200, 201
 Buck, Natalie (9) 75, 202
 Buckman, Tara (11) 52
 Buehre, Traci (10) 60, 62, 167
 Bullis, Nick (10) 62
 Bullis, Robby (9) 75, 194
 Bulver, Miss Becky 147
 Burbidge, Jami (11) 52, 108, 111, 115, 186, 206
 Burchfield, Aaron (11) 52
 Burchfield, Amy (12) 28
 Burckhard, Shannon (10) 62
 Burley, Michael (11) 52, 159, 193
 Burnham, Mr. Don 92
 Burnside, Sabrina (9) 75
 Burroughs, David (11) 52, 58, 135, 159

Busch, Jeremy (11) 52, 193
 Busch, Karina (10) 62
 Buzick, Mrs. Cheryl 104
 Byrne, Jason (11) 52

Commencement

Carlisle, Jane (12) 48
 Carlson, John (11) 52, 112, 135, 190, 200, 201
 Carlson, Lindsey (9) 75
 Carmichael, Joshua (11) 52, 192
 Carolers/Fantasia! 122, 123
 Carpenter, Jody (12) 28, 120, 192
 Carriveau, Brian (9) 75, 185, 200
 Carriveau, Chrissy (10) 62, 155, 180
 Carriveau, Jenni (11) 52
 Chapek, Sarah (12) 20, 28, 115, 170, 172, 199
 Cheerleaders 170, 171, 172, 173
 Cheerleaders, JV boys' basketball 180, 197
 Cheerleaders, JV girls' basketball 182, 196
 Cheerleaders, JV wrestling 196
 Cheney, Jayme (11) 52
 Cheney, John (12) 8, 9, 28, 30, 135, 193
 Cheney, Mrs. Lisa 132
 Choir 120, 121, 200

Christian, Amy (9) 75, 191
 Christiansen, Mrs. Sharon 104
 Christianson, Gabe (12) 18, 19, 21, 28, 120, 127, 139
 Christianson, Mr. Jerry 99
 Christianson, Nicole (10) 62, 127
 Christianson, Troy (10) 62
 Christl, Amy (9) 75, 200
 Christl, Eric (12) 28
 Clark, Heather (9) 75, 195, 202
 Clark, Mr. Boyd 155, 188
 Clark, Mr. Gary 104, 116, 117
 Clark, Zelig (12) 28
 Claus, Brandi (12) 28
 Clauson, Maria (9) 75, 184
 Cleary, David (11) 52, 119, 203
 Clemens, Katie (12) 28, 88, 120
 Clemenson, Mandy (10) 62, 119, 203
 Close Up 195
 Closing 206, 207, 208
 Cole, Clarence (10) 62
 Cole, Shawna (9) 75
 Colophon 125
 Compton, Mrs. Marie 87
 Conant, Mrs. Mary 86, 103
 Conyers, Amy (9) 75
 Konzemius, Matthew (11) 52, 164, 193
 Konzemius, Stacey (12) 28, 199
 Cossette, Dana (10) 62
 Cossette, Jason (12) 20, 28
 Cossette, Jeffrey (10) 62, 135
 Costain, Todd (10) 61, 63, 142, 143
 Coughlin, Eric (9) 75
 Coughlin, Julia (11) 52, 115, 124, 125
 Couillard, Joseph (11) 52, 188
 Cox, Eric (10) 63
 Crandall, Nissa (10) 63, 66, 200
 Cross, Jason (10) 63
 Cross, Jennifer (12) 48
 Cross Country 144, 145
 Cullen, Eric (10) 63, 119, 135
 Culver, Chris (12) 28, 135
 Cwikla, Mr. Richard 96, 194

Driver's License

Dahl, Brandon S. (11) 52
 Dahl, Doug (12) 28
 Dahl, Miss Marsha 136, 156

Dahl, Stacy (12) 28, 115
 Dahley, Mr. Ron 87
 Dahnke, Mr. Fred 96
 Dalbol, Jacob (12) 28, 199
 Daniels, Jeffrey (12) 28, 176
 Davidson, Erica (10) 63, 181
 Davis, Kristopher (10) 63
 DECA 197
 Decker, Chet (12) 28, 124, 127
 Dehne, Brandan (10) 63, 119, 203
 Dehnert, Lorina (9) 75, 163, 191
 Denis, Michele (12) 19, 28, 108, 111, 115, 120, 123
 Denis, Ryan (9) 75
 Devones, Carrie (11) 52, 88, 119, 202, 203
 Devones, Erika (9) 75, 191
 Dew, Mr. Jim 92
 Diede, Brian (10) 63, 135, 148, 180, 183
 Diede, Kristy (9) 75, 200
 Diemert, Justin (9) 75, 187, 194
 Diemert, Mrs. Darcy 104
 Dietz, Ron (12) 28, 49
 Dikoff, Joshua (11) 52, 115, 120, 123
 Dimmer, Kim (9) 75, 200
 Dobitz, Mr. Dean 139
 Dockter, Bonnie (11) 52, 119, 203
 Dockter, Lynette (12) 28
 Dockter, Tara (10) 63, 144, 192
 Dockter, Tasha (9) 75, 144, 160
 Doll, Rita (11) 52

Donabauer, Becky (9) 75, 189
 Dorn, Darick (10) 19, 63, 67, 120
 Dotseth, Alicia (11) 52, 105, 167, 196
 Doty, Tyler (9) 75
 Draeger, Cory (10) 63
 Draeger, Douglas (9) 76
 Drama 108, 109, 110, 111
 Dreckman, Sue (11) 52, 115, 182
 Drenth, Mr. Dave 143, 163
 Drew, Mr. Michael 2, 104, 188
 Drew, Sara (11) 2, 52, 167, 182
 Duchscher, Mark (11) 55
 Duciaume, Aimee (10) 63
 Duciaume, Nicole (9) 76
 Due, Aaron (11) 55, 199
 Dunbar, Haley (10) 63
 Dunbar, Halsey (10) 63
 Duncan, Nathan (9) 76, 193
 Durbin, Amy (9) 76
 Durbin, Seth (11) 55
 Durensky, Melissa (11) 55, 160

Electives

Eberhardt, Danielle (12) 28, 115
 Eckhoff, Jessica (12) 28
 Eder, Jason (10) 63, 119, 203
 Edgerly, Carolyn (12) 28, 115

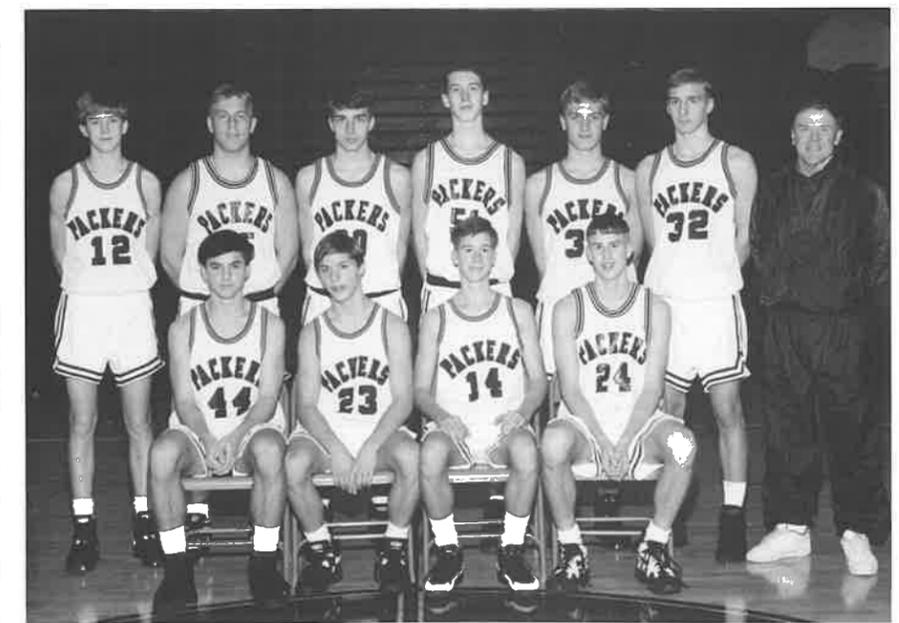
Edgerly, Ethan (10) 63, 127
 Edgerly, Moriah (11) 55, 115, 139, 173, 184, 198
 Edgerly, Richard (11) 55, 135, 150
 Edgerly, Stuart (12) 28, 193
 Edwards, Daniel (10) 63, 150
 Edwards, Mrs. Kay 87
 Egge, Miss Deann 87
 Eide, Mrs. Trish 104
 Eiter, Derik (11) 55, 57
 Eiter, Todd (12) 28, 135, 159, 189
 Eldevick, Karrie (11) 55
 Eley, Crystal (9) 76
 Elijah, Kelly (10) 63, 196
 Elizondo, Cory (12) 31, 41, 193
 Elliot, Rebecca (12) 48
 Elliott, Sarah (9) 76
 Ellison, Megan (9) 76, 200
 Elsaas, Deanna (12) 31, 115
 Emery, Gina (9) 76, 200
 Emery, Nicole (12) 31, 200
 Enebo, Mandy (11) 26, 55, 115, 132, 160, 182
 Engberg, Julie (12) 19, 76, 184, 200, 201
 Engbretson, Amy (10) 63
 Engelstad, Mark (12) 31
 Engelstad, Mrs. Claudia 92
 Enger, Shawna (10) 63
 Enzminger, Mandy (12) 2, 12, 31, 172, 173
 Erdmann, Brian (10) 63, 116, 193



JV girls' basketball: Front row, Carmen Isaak, Mandy Enebo, Tifini Wigen and Sara Drew. Back Row, Coach Kevin Froeber, Kristi Rasmussen, Suzanne Dreckman, Liann Hanson and Amanda Fetes.



Waiting for inspiration. During an assembly in the gym where Mark Scharenbroich spoke, Jennifer Overby (9) listens attentively.



Sophomore boys' basketball: Front row, Chris Bachmeier, Pat Tweeter, Keif Wagner and Lon Ihry. Back row, Ryan Majkrzak, Chad R. Volk, Brian Diede, Leif Rosenvold, Paul Gartner, Derek Werner and Robert Monte.

Erdmann, Janelle (9) 76
 Erenberg, William (9) 76, 159
 Erickson, Erin (11) 55, 115, 163, 191
 Erickson, James (10) 63, 108, 111, 112, 120, 121, 201
 Erickson, Jami (9) 76, 136
 Erickson, Joel (10) 76, 143
 Ernst, David (10) 63
 Ernst, Jenny (12) 31
 Essary, Nichole (12) 7, 31, 115, 168, 198
 Estes, Nathan (9) 76
 Evenson, Jamie (11) 55, 170, 173, 198

Finals

Fahnrich, Stephan (12) 31, 189
 Falcon, Tara (10) 63, 168, 198
 Falk, Sarah (12) 31, 115, 119, 171, 190, 198, 203
 Faller, Matt 164
 FBLA 190
 Ferber, Dan (10) 63
 Fercho, Sheldon (9) 76
 Fiala, Amy (12) 31
 Fink, Janelle (11) 55, 168, 169, 198
 Finn, Joel (10) 63, 143, 193
 Finn, Mitchell (9) 76, 143, 159, 193



Girls' white basketball team: Front row, Julie Engberg, Laney Pederson and Bobbi Ann Ward. Row 2, Angie Vetter, Alison Maki, Cheri Klemisch and Kelly Buchholz. Back row, Emily Anderson, Danielle Baumann, Stacy Odden, Stephanie Shelstad and Maria Clauson.

Finn, Paul (12) 31, 135
 Firnhaber, Mrs. Barb 200
 Fischer, Bernie (11) 55
 Fischer, Eric (9) 76
 Fischer, Jana (11) 55
 Fischer, Trudy (9) 76
 Fiskum, Nathan (11) 55
 Flagel, Lex (9) 76
 Flatt, Travis (12) 31
 Flick, Laurie (12) 31, 41, 115, 132, 146, 147, 160
 Flynn, Christopher (12) 31
 Flynn, Nathan (10) 63, 135
 Folstad, Mrs. Collette 132
 Football 134, 135
 Football, Freshman 194
 Foreign Exchange Club 188
 Foreign Exchange Students 189
 Fosse, Melissa (10) 63, 119, 203
 Fosse, Steven (9) 76, 200
 Fossum, Kathryn (10) 63, 144, 160
 Francis, Bryan (9) 76, 150, 194, 200
 Franck, Alissa (10) 63
 Franck, Christopher (11) 55
 Frandson, Chad (12) 7, 8, 9, 14, 30, 31, 148
 Frederick, Alissa Kay (10) 63, 167
 Frederick, Stephanie (10) 5, 71, 168
 Freed, Karie (12) 31
 Freitag, Lucas (10) 63
 Friesz, Chablis (9) 76
 Froeber, Mr. Kevin 132, 159, 160,

182, 185
 Froemke, Erica (9) 73, 76
 Frovarp, Rhiannon (9) 76, 104
 Frueh, Jennifer (10) 63, 181
 Fuchs, Jennifer (11) 55
 Fugleberg, Staci (9) 76, 192

Great Friends

Gad, Mr. Chuck 96, 140
 Gartner, Jeffrey (12) 31
 Gartner, Paul (10) 63, 135, 183
 Gatheridge, Chadwick (9) 76
 Gaugler, Darcy (10) 71, 127, 168
 Gaugler, Stacy (12) 19, 31, 140, 141
 Gaulrapp, Chad (12) 31
 Gehrig, Jesse (10) 63
 Geist, Shanna (12) 31
 Gibson, Mr. Jay 96
 Gilbertson, Cory (10) 63, 120, 123
 Gilbertson, Mrs. Beth 95



Defensive moves. At the post prom party Moriah Edgerly (11) challenges an opponent to a game of pool.

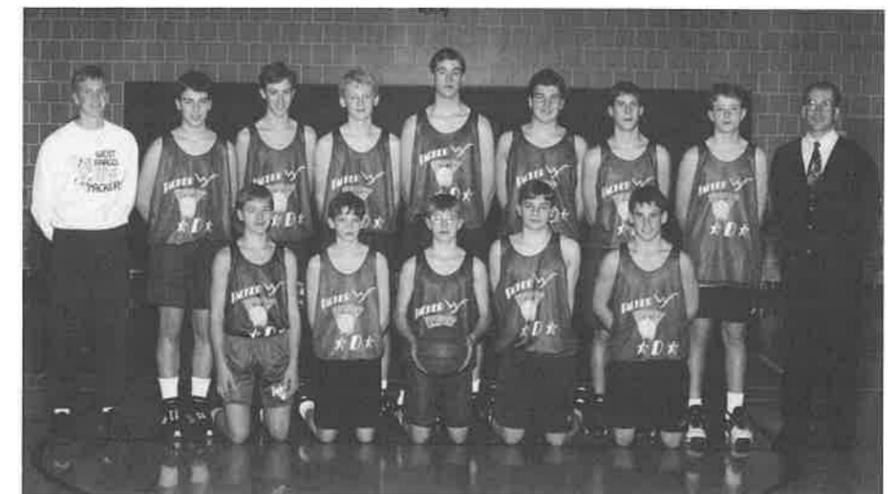
Gildea, Samantha (12) 31
 Gilleland, Ryan (11) 55, 115, 138, 139
 Gladeu, Jesse 159
 Gladue, Donald (9) 76
 Gladue, Jesse (9) 76, 194
 Glaser, Cody (12) 31, 119, 203
 Glaser, Seth (9) 76
 Glaser, Shad (12) 48
 Glessner, Mr. Levi 155, 188
 Goldade, Cory (9) 76
 Golf, Boys' 164, 165
 Golf, Girls' 140, 141
 Golliet, Heather (11) 55
 Good, Bethany (9) 76
 Goodhouse, James (10) 63
 Goodin, Ryan (11) 19, 55, 197
 Gooding, Charles (9) 76, 139, 159
 Gooding, Jason (12) 13, 31, 115, 120, 123, 139, 159
 Goodyear, Kenneth (11) 55
 Gorman, Shannon (9) 76
 Gothberg, Shaun (9) 76, 185, 194
 Graduation 20, 21, 22, 23
 Graffis, Stacey (12) 31
 Grant, Kelley (12) 21, 31, 115, 120, 136, 137
 Grefsrud, Carmen (10) 63
 Grefsrud, Heidi (12) 32, 144, 160, 190
 Grefsrud, Joshua (9) 76
 Greger, Tiffany (9) 76, 191, 200
 Gregoire, Andrew (12) 32, 150
 Greywind, Sheldon (10) 63, 135
 Griffin, Patrick (9) 76, 194
 Grinde, Brenda (10) 63, 162, 163
 Grinde, Brian (11) 55, 164, 193
 Gromatka, Kristina (10) 63, 167, 181
 Gronneberg, Bree (12) 32, 168, 206
 Gross, Melissa (12) 20, 32, 41, 98
 Gross, Naomi (9) 76, 202
 Grossman, Amy (10) 64, 198
 Grossnickle, Shaun (12) 48, 199
 Grove, Mrs. Pam 91
 Grover, Joshua (9) 76
 Gruber, Brian (9) 76
 Gruber, Rhonda (11) 19, 54, 55, 112, 115, 124, 194, 195, 200, 201
 Gulbrandson, Levi (9) 76
 Guler, Dustin (11) 55, 138, 139, 155
 Gully, Nicholle (12) 32
 Gulsvig, Tara (10) 64

Gurley, Matthew (10) 64
 Guscette, Stephanie (9) 76, 77
 Guscette, Steven (12) 32
 Gustafson, Amy (9) 76
 Gustafson, Danny (9) 76, 185
 Gustafson, Denny (12) 32, 199
 Gutierrez, Anthony (9) 76
 Gymnastics 152, 153

Homework

Haak, Lana (12) 48, 112, 168, 201
 Haakenson, Matt (11) 55, 135, 191, 193
 Haaland, Suzanne (9) 76, 200
 Haar, Kelly (12) 32, 115, 188
 Haarsager, Mr. Drue 100, 159, 160
 Haarsager, Ryan (10) 64
 Hagemester, Beth (10) 64, 192
 Hagen, Mindy (10) 64, 119, 203
 Hall, Matt (12) 32
 Hall, Mrs. Joan 96
 Hall, Sabrina (10) 64, 144, 145, 203
 Hallada, Tina (12) 32
 Hallett, Ryan (12) 32
 Halverson, Daniel (12) 32
 Halverson, Michelle (12) 32, 115, 199
 Halverson, Mr. Ron 99
 Halvorson, Emily (10) 64, 168
 Hamilton, Mrs. Joan 103, 188
 Hammer, Angela (10) 64, 163, 170

Hammill, Chad (12) 32, 192
 Hample, Ellen (9) 76
 Handegard, Erick (11) 55, 115, 119, 203
 Handegard, Michael (9) 76, 150
 Hansen, Adam (9) 76
 Hansen, Loren (10) 64, 127, 135
 Hansen, Shane (12) 32
 Hansen, Tonya (10) 64
 Hansen, Trisha (10) 64, 160
 Hanson, Darian (11) 55
 Hanson, Jessica D. (10) 64, 181, 200
 Hanson, Jessica M. (11) 55, 200
 Hanson, Liann (11) 13, 55, 132, 160, 182, 200
 Hanzel, Jessica (10) 64
 Harbeke, Mark (10) 64, 119, 203
 Hardy, David (12) 32
 Hardy, Leann (9) 76
 Haring, Stacy (9) 76, 200
 Harles, Lyndsey (10) 64, 71
 Harmon, Jamie (9) 76
 Harrold, Bonnie (12) 19, 32, 41, 115, 148, 180, 201
 Hartl, Mr. Cliff 95
 Hase, Philip (11) 55
 Haugen, Kimberly (10) 64
 Haugen, Rita (10) 64, 196
 Haugen, Tony (9) 76
 Haugse, Mandy (10) 64
 Havelange, Sarah (11) 55, 107, 108, 111, 115, 160, 200, 201
 Hayden, Chris (12) 30, 32, 46, 154, 155



Freshmen boys' basketball white team: Front row, Bryan Pearson, Danny Gustafson, Casey Benjamin, Shaun Gothberg and Troy Ament. Back row, Coach Matt Lubben, Jade Pergande, Jeremy Hill, Brian Carriveau, Darren Kruse, Nate Anderson, Aaron Hill, Michael Best and Coach Kevin Froeber.

Heard, Tim (12) 32, 192, 193
 Hehr, Justin (11) 55
 Heiden, Jill (11) 12, 55, 115, 139, 173, 198
 Heiden, Scott (9) 76, 187
 Heinz, Julie (11) 55
 Heinz, Kelly Jo (11) 55
 Heinz, Mr. Jerry 96
 Heise, Teri (9) 76
 Helenske, Tommy (12) 32
 Helgeson, Justin (10) 64
 Hellman, Bonita (9) 73, 76, 108,

123, 200
 Helm, Brandon (9) 76
 Helmick, Mya (12) 19, 32, 197, 207
 Hemmingson, Seth (10) 64
 Henderson, Lindsey (9) 73, 76
 Henley, Nicole (9) 76
 Herbst, Joey (11) 55
 Herbst, Michael (10) 64, 116, 164
 Herman, Stephanie (11) 55, 120, 173, 198

Herr, Angela (9) 76
 Hettenbaugh, Kyle (10) 64, 135
 Heuertz, Caileen (9) 76, 82
 Hieb, Leslie (10) 71
 Hiedeman, Rachelle (10) 64
 Hileh, Suzanne El (9) 76
 Hill, Aaron (9) 76, 185, 194
 Hill, Dustin (11) 55
 Hill, Jeremy (9) 76, 185
 Hillen, Shannon (9) 76
 Hilscher, Tara (12) 32, 115, 119, 203

Hiltwein, Chrissy (10) 64
 Hins, Bryan (11) 55, 134, 135, 193
 Hins, Bryce (9) 76, 116, 117, 193
 Hinz, Bradley (10) 64, 203
 Hirschhorn, Jeremy (12) 32
 Hochgraber, Jessica (9) 163, 191
 Hochgraber, Jill (9) 79, 191
 Hockey, Boys' Varsity 154, 155
 Hockey, Club Girls' 195
 Hockey, Boys' JV 188
 Hodgson, Christy (12) 32, 172, 197
 Hoff, Shawn (11) 55
 Hoffart, Amy (9) 79
 Hoffart, Miss Suellen 87
 Hoffarth, Karmelia (11) 55, 200
 Hoffarth, Marie (10) 64
 Hoffert, Joshua (12) 32
 Hoffman, Jeremy (10) 64
 Hogen, Deborah (10) 64, 172
 Hognlund, Amy (12) 9, 30, 35, 107, 116, 160, 168, 198, 199
 Hognlund, Elizabeth (9) 79, 108, 112, 200, 201
 Hognlund, James (12) 25, 30, 35, 108, 111, 115, 120, 123, 201, 207
 Holden, Monica (9) 79, 200
 Holden, Tina (10) 64, 192, 200
 Holland, Mrs. Jane 103
 Holm, Alisha (9) 79
 Holm, Mrs. Terry 99
 Holmlund, Kelly (9) 79
 Holzkamm, Mr. Randy 92, 147,

159, 160
 Homecoming 8, 9, 10, 11
 Hood, Stacy (12) 35, 112, 115, 170, 190, 197, 198, 201
 Hopkins, Mrs. Sybil 103
 Hornbacher, Shane (11) 55, 199
 Hough, Jessica (9) 79
 Houseman, Eric (12) 30, 35, 150
 Houser, Nichole (10) 64
 Hoverson, Charlee (10) 64
 Hovland, Aaron R. (12) 35, 119, 203
 Hovland, Aaron W. (10) 61, 64, 135, 142, 143
 Hovland, Andrea (12) 10, 35, 115
 Hovland, Ira (11) 55, 144, 158, 159
 Howard, Mrs. Barbara 91
 Howe, Jessica (10) 71
 Howe, Nicole (12) 30, 35, 107, 115, 120, 191, 194, 201
 Howes, Richard (10) 71
 Howitz, Bethany (9) 79, 160, 186
 Huber, Jason (11) 55, 199
 Huber, Mrs. Rebecca 87
 Huber, Ryan (12) 35, 99
 Hudson, David (11) 55
 Huff, Shanteres (11) 55, 196
 Huisenga, Ryan (10) 64
 Hummel, Becki (9) 79, 136, 200
 Hunt, Matthew (9) 79, 200
 Hurt, Ray (11) 55
 Hurtt, Jayson (10) 64, 135

Huson, Amy (10) 64
 Huwe, Sarah (10) 64, 119, 160, 202, 203

Impressions
 Ihry, Lon (9) 79, 183
 Intramurals 193

Irving, Barrett (12) 35, 41, 115
 Irving, Bradley (9) 79, 193, 194, 200
 Isaacson, Chad (12) 35, 193
 Isaak, Carmen (11) 55, 115, 132, 171, 173, 182
 Isaak, Corey (9) 79

Jammed
 Jackson, Alishia (10) 64, 168

Jackson, Del (12) 48
 Jackson, Seth (9) 79
 Jackson, Travis (12) 35
 Jacobsen, Mrs. Phyllis 95
 Jacobson, Brian (12) 35, 101, 135, 159
 Jameson, Tony (11) 55
 Jamieson, Chad (12) 35, 131, 155
 Jamieson, Robby (9) 79, 188
 Janz, Mr. Kenneth 96, 193
 Jeanotte, Kara (9) 79, 195, 200
 Jelinek, Jennifer (10) 71
 Jenks, Ryan (9) 79
 Jenner, Tracey (10) 55
 Jensen, Bree (10) 64, 71
 Jensen, Jessica (10) 55, 163
 Jensen, Joel (12) 35
 Jensen, Karl (12) 35
 Jensen, Mrs. Connie 87
 Jess, Jonie (12) 35
 Johnson, Amy (11) 55, 79, 171, 197, 198, 200
 Johnson, Angie (10) 64, 197
 Johnson, Brandon D. (12) 35
 Johnson, Brandon S. (10) 64, 95, 135
 Johnson, Brian (10) 64, 164
 Johnson, Christina (10) 65, 108,



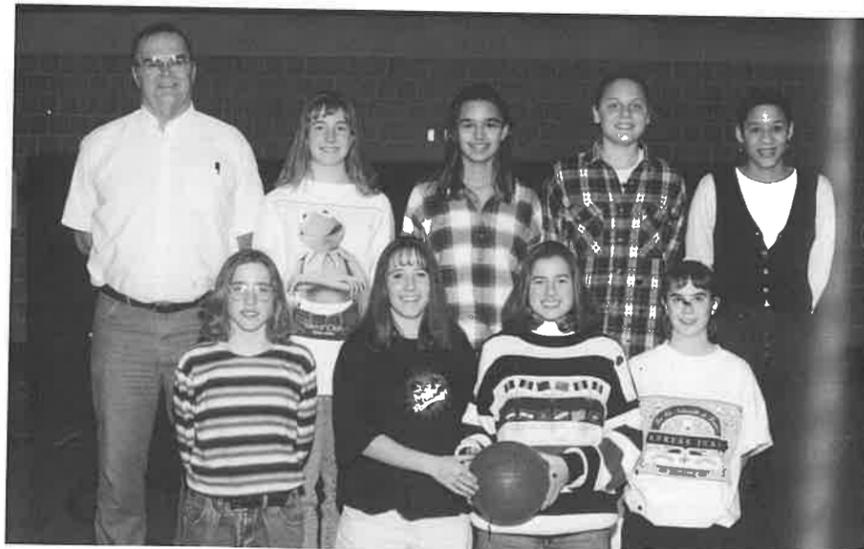
JV Girls' Soccer: Front row, Stacy Gaugler, Jessica Barnum, Sonja Ulrickson, Kody Srur and Sarah Larson. Row 2, Stephanie Bonzer, Heather Alberte, Mindy Mohonen, Brianna Lee, Heidi Johnson, Gretchen Jost and Jessica McDougall. Back row, Kelly Buchholz, Heather MacNamara, Alissa Frederick, Jennifer McDougall, Amy Gustafson, Kelly Murphy, Tracey Buhre, Lindsey Harles and Coach Andy Steele.



Stop! Having a blast at a football game in the Dome, Jami Burbidge (11) laughs uncontrollably.

Anticipation. Watching others perform, Katie Rood (12) waits for her turn to cheer.

186 - One Step Ahead



Freshman girls' basketball green team: Front row, Darci Klemisch, Amy Lester, Melissa Redlinger and Missy Walstad. Row 2, Coach Vern Spitzer, Sherri Ackerman, Amy Sandvik, Angie Sorteberg and Bethany Howitz.



Freshman boys' basketball green team: Front row, Scott Heiden, Eddie Sheeley, Travis Johnson, Justin Diemert and Thomas Knorr. Back row, Jayson Lider, Matt Larson, Bill Erenberg, Brian Scholten, Bryce Weaver, Benjamin Aarestad and Coach Vern Spitzer.

112, 113, 120, 201
 Johnson, Corey 164
 Johnson, Dana (11) 55
 Johnson, Daniel (9) 79
 Johnson, David C. (9) 79, 194
 Johnson, David L. (12) 35, 193
 Johnson, Heather (12) 35
 Johnson, Heidi (9) 79, 191
 Johnson, Jared (11) 55, 193
 Johnson, Jennifer (10) 65, 79, 119, 203
 Johnson, Jesse (11) 55, 135
 Johnson, Joshua (9) 79, 150, 193
 Johnson, Kris (12) 14, 35

Johnson, Kristi Jo (11) 55, 167, 188
 Johnson, Mandie (9) 79, 200
 Johnson, Miss Sandra 87
 Johnson, Mrs. Cindy 190
 Johnson, Mr. Pat 87
 Johnson, Nicholas (9) 79, 194
 Johnson, Patrick (9) 79
 Johnson, Paul (9) 79
 Johnson, Randie Mae (10) 65, 200
 Johnson, Sara (12) 19, 35, 107, 144, 160, 195
 Johnson, Travis (9) 79, 143, 187
 Johnston, Rachel (9) 79, 191

Jonas, Mr. Jim 148, 159, 160, 180
 Jones, Amanda (11) 55
 Jones, Bobbi (12) 35, 119, 203
 Jones, Jennifer (9) 79
 Jones, Mr. Curt 104
 Jore, Toni (9) 79, 162, 163, 191, 200
 Josephsen, Dustin (9) 79
 Jost, Gretchen (9) 79, 200, 202
 Judisch, Susan (12) 35
 Jung, Allison (10) 65, 119, 203
 Juntunen, Brandt (11) 55, 164, 165
 Juntunen, Colby (9) 79, 164, 194

Jurca, Simona (10) 65

Knowledge
 Kackman, Danny (11) 55, 148, 180
 Kapaun, Brandon (9) 79
 Kapaun, Darren (11) 55
 Kapaun, Jeremiah (11) 51, 55, 135
 Kapaun, Jessica (10) 71
 Karlstad, Mrs. Kellie 163, 191
 Kartes, Tracy (11) 55, 108, 111, 115, 195
 Kasin, David (10) 65

Kasowski, Darrell (10) 65
 Kaufman, Susan (10) 65, 168
 Kayeska, Shane (10) 65
 Keizer, Mrs. Lori 202
 Keller, Kristina (9) 79
 Keller, Matthew (9) 79
 Kelley, Chris (12) 10, 26, 35
 Kelly, Heather (12) 35, 195
 Kelly, Traci (9) 79
 Kelsch, Tara (10) 65, 167, 192, 198
 Kent, Mrs. Barb 87
 Kern, Sara (10) 65
 Key club 194
 Khristyuchenko, Galina (11) 55
 Khristyuchenko, Irina (10) 65, 120

Kiefel, Erin (10) 65
 Kihle, Tiffany (11) 11, 23, 56, 116, 117, 166, 167, 197
 Kingsbury, Thomas (11) 56, 193
 Kinshella, Lisa (9) 79, 200
 Kircher, Abigail (12) 36
 Kircher, Vanessa (9) 79
 Kirkeby, Tyson (12) 36
 Kirklewski, Nicole (11) 56, 108, 114, 115, 120, 123, 201
 Kitzan, Lance (12) 36
 Kitzman, Josh (10) 2, 65
 Kitzman, Ward (11) 56
 Kjar, Christopher (12) 36
 Klatt, Keith (9) 79
 Klein, Melissa (11) 56, 160
 Klein, Teresa (10) 65, 160, 181



Foreign Exchange Club: Front row, Sara Moreland, Beth Ramsett, Sally Stastny and Heidi Trottier. Back row, Mrs. Kathy Scott, Diane Tate, Stephan Fahnrich, Kelly Haar, Jennifer Palloch and Mrs. Joan Hamilton.



Foreign Exchange Students: Mikulas Vondra and Stephan Fahnrich.



Twenty-nine again?! Blowing out his candles, Principal Michael Drew celebrates his birthday in front of the student body.

What's so funny? Attending a student assembly, Cheri Mack (11), Kristi Johnson (11) and Sarah Leake (11) are amused.



JV hockey: Front row, Matt Tinguely, Dwayne Vinesett, Jeremy Tibiatowski, Craig Paulson, Shane Spieker, Jason Manney, Robby Jamieson and Dave Singleton. Back row, Coach Levi Glessner, Coach Russ Wentz, Joe Coulliard, Jason Nelson, Justin Hayek, Tim Steinhouse, Scott Rudolph and Coach Boyd Clark.



Stikix Home Team: Front row, Andrea Noonan, Janae Lureen, Terrie Schuilz and Heather [unclear]. Row 2, Courtney Kirklewski, Kristin Freed, Alicia Prudlick and Amanda Sahr. Back row, [unclear] Brager, Sherri Hebert, Becky Donabauer and Stacey Saxowsky.



Sunshine day. Exiting the school, Michelle Wilson (11) and Shane Wirth (11) greet the warm weather with a smile.

Taking aim. Concentrating on his shot, Todd Eiter (12) challenges an opponent to a game of pool.

Klein, Travis (12) 36, 199
 Klemisch, Cheri (9) 79, 184
 Klemisch, Darci (9) 79, 186
 Kleven, Breanna (10) 65, 119, 147, 192, 203
 Klinger, Robert (12) 36
 Klinger, Tiffany (10) 65
 Kludt, Kryisia (10) 65, 119, 202, 203
 Kluth, Shane (11) 56
 Kluth, Shaun (9) 79
 Knaus, Andrew (10) 71
 Knodle, Amy (12) 36
 Knorr, Thomas (9) 79, 187
 Knox-Johnson, Mrs. Mary 103, 108
 Knudsen, Nathan (12) 30, 36, 135, 148, 205
 Knudson, Tina (10) 65, 181
 Koffler, Ryan (10) 65
 Koglin, Stacy (10) 65, 168, 169
 Koning, Joshua (10) 71
 Koppelman, Benjamin (9) 79, 194
 Korbmacher, Luke (9) 79
 Korsmo, Matt (10) 65, 116



Freshman volleyball "A" team: Front row, Melissa Redlinger and Amanda Liljequist. Row 2, Jessie Barnum, Missy Walstad and Angie Vetter. Row 3, Carrie Rieniets, Lisa Brinkman and Stephanie Shelstad. Back row, Coach Cindy Johnson, Stacy Schroeder, Angie Tritchler and Alisha Schaeffer.

Kraft, Rachel (12) 36, 96
 Kramer, D.J. (9) 79
 Krauth, Cory (10) 65
 Krei, Jon (12) 36, 45
 Kringen, Lukas (9) 79
 Krogh, Ryan (9) 79
 Krogsgaard, Steven (9) 79
 Krueger, Robyn (10) 65
 Kruse, Darren (9) 79, 185
 Kunz, Anthony (9) 79, 92, 139
 Kurtz, Aubrey (12) 36
 Kurtz, Lisa (9) 79, 200
 Kurtz, Ryan (9) 79
 Kussatz, Kevin (9) 79, 150
 Kyllø, Sarah (11) 56, 115

Lectures

Lacher, Brian (12) 36, 199
 Langer, Shelly (10) 65, 119, 198, 200, 203
 Larkin, Brady (9) 79
 Larsen, Jade (12) 36
 Larsen, Matt (9) 79, 187
 Larson, Adam (12) 36, 139
 Larson, Amy (9) 79
 Larson, Angie (12) 7, 8, 9, 36, 168
 Larson, Anna (10) 1, 65, 196
 Larson, Brent (10) 65
 Larson, Jolene (12) 36
 Larson, Nicholas (10) 65
 Larson, Roland (12) 36
 Larson, Sarah Jo (9) 79



FBLA: Front row, Tanya Rosendahl, Heidi Grefsrud and Mr. Rick Anderson. Row 2, Nicole Sailer, Stacy Hood, Jennifer Saxowsky and Sarah Falk. Back row, Kelly Murphy, Dara Lee and John Carlson.

Laude, Corey (10) 65, 108, 109
 Laurie, Kathryn (11) 56
 Lauritsen, Jason (12) 4, 36, 134, 135, 193, 201
 Lavelle, Mathew (12) 36, 193
 Lavelle, Megan (9) 79, 160
 Leake, Sarah (11) 56, 188
 Leary, Noemi (10) 65
 LeClair, Mrs. Tracy 95
 Lee, Brianne (10) 65, 167, 181
 Lee, Dara (12) 30, 36, 108, 111, 166, 167, 190, 201
 Lee, Michael (11) 56, 119, 202, 203
 Lee, Paula (10) 65, 200
 Leeman, Donna (11) 56, 194, 200
 Legvold, Ryan (9) 79
 Leiss, Alan (12) 48
 Lennon, Mr. Don 100, 159, 160
 Lennon, Mrs. Donita 132
 Leno, Beth (9) 79, 90, 166, 167
 Leon, Lilas (12) 36
 Leon, Thomas (10) 65
 Leshner, Jeremiah (9) 79
 Leske, Corey (10) 65, 135
 Lessard, Jenny (11) 56
 Lester, Amy (9) 1, 79, 186, 200
 Lewis, Danielle (9) 80, 200
 Lider, Jayson (9) 80, 187, 202
 Liebl, Ms. Lori 103
 Lien, Erik (12) 36, 120, 123
 Lien, Jesse (9) 80, 193, 200
 Liljequist, Amanda (9) 80, 190, 200
 Liljequist, Lila (10) 65

Lilleboe, Kristen (9) 80, 136, 156, 200
 Linnell, Matthew (12) 36, 199
 Linnertz, Denita (9) 73, 80, 108, 112, 123, 200, 201
 Linnertz, Jeff (9) 80
 Littlefield, Steven (10) 65
 Loberg, Amber (11) 56, 120
 Loberg, Jim (11) 56, 115, 156, 157
 Lockwood, Aaron (10) 65, 159
 Loeks, Allison (12) 36
 Loeks, Janelle (11) 56, 195
 Lohse, Angie (9) 80
 Loney, Melissa (11) 56, 115, 119, 203
 Loney, Rebecca (9) 80, 202
 Long, Lori (11) 56
 Lopez, Robert (9) 80, 194
 Lothspeich, Elizabeth (9) 80
 Loven, Darin (9) 80, 200
 Lower, Cody (11) 199
 Lubben, Mr. Matt 185
 Ludwig, Joshua (11) 56, 148
 Ludwig, Kirk (11) 56, 99, 150
 Luken, Ryan (9) 80



Freshman volleyball "B" team: Front row, Murek and Amy Christian. Row 2, Heidi Larson, Tara Trapp and Toni Jore. Row 3, Lisa Devones, Rachel Johnston, Lorina Linnertz and Jill Hochgraber. Back row, Coach Kelly Karlstad, Christina Siewert, Danielle Schaeffer, Jennifer McDougall and Jessica Hochgraber.

Lund, Adam (9) 80
 Lund, Miss Angie 168
 Lund, Darin (11) 56
 Lund, Jill (11) 13, 56, 171, 198
 Lundgren, Jeremy (9) 80
 Lundgren, Mr. Brent 194
 Lundstrom, Derrick (9) 80
 Luptak, Jessica (10) 65
 Lura, Mr. Duane 92
 Lureen, Jacob (12) 36, 193
 Lureen, Janae (9) 80, 189, 200
 Lussier, Amy (10) 65
 Lussier, Robert (11) 51, 56, 115, 116

Memories

MacFarlane, Mr. James 103
 Mack, Cheri (11) 56, 147, 176, 188, 207
 Magnan, John (10) 65
 Magnuson, Travis (11) 56, 115, 156, 193
 Mahlum, Amy (12) 23, 39
 Mahlum, Jared (11) 56, 193



Science Olympiad: Front row, Mrs. Pam Thompson and Mrs. Joan Baltezare. Row 2, Kurt Peterson, Heidi Solseng, Erin Erickson and Matt Haakenson. Row 3, Nicole Howe, Bryan Bandli and Jared Aaberg. Back row, Tiffany Greger, Anna Jo Steidl, Jeff Anderson and Rob Boser.

Mahlum, Julie (9) 80
 Majkrzak, Alicia (12) 39
 Majkrzak, Ryan (10) 65, 135, 183
 Majkrzak, Scott (9) 80, 148, 149
 Maki, Alison (9) 80, 184, 200
 Maley, Jason (12) 39, 199
 Malstrom, Ann (12) 39
 Malusky, Sheri (10) 65
 Mangin, Dustin (12) 48
 Manney, Jason (10) 68, 155, 188
 Mapel, Renae (12) 39
 Mapes, Chris (11) 56, 148, 180
 Mapes, Jeff (9) 80
 Mark, Desiree (12) 19, 39, 41, 107, 108, 109, 111, 115, 120, 123
 Mark, Joshua (11) 56
 Mark, Saul (10) 68
 Markey, Jeremy (11) 56
 Markey, Michael (9) 80
 Marohl, Kristin (9) 74, 80, 108, 112, 201, 202
 Marohl, Sarah (11) 18, 53, 56, 107, 108, 111, 112, 114, 115, 120, 123, 201
 Marquart, Mr. Steve 7, 100, 150
 Marsh, Ronald (10) 68
 Martell, Janell (12) 22, 39, 99
 Marthaller, Jessica (10) 68, 168
 Martin, Edward (10) 68
 Martin, Kyle (11) 56, 139
 Marx, Amy (9) 80, 152, 153
 Marx, Wendy (11) 56
 Matthiensen, Keith (12) 48
 Matthiensen, Leslie (11) 56
 Mattson, Brian (12) 1, 9, 13, 39, 41, 193, 197
 Mauch, Alan (12) 39
 Maxwell, Chris (11) 56
 Maye, Izetta (10) 68
 McCann, Becky (10) 68, 200
 McCann, Thomas (11) 56, 199
 McCarty, Amanda (9) 72, 80, 200
 McCarty, Jason (12) 48
 McCleary, Mrs. Cynthia 88
 McCray, Kevin (10) 68, 150
 McCubbin, Jason (9) 80

McDaniels, Timothy (9) 80
 McDonald, Arissa (12) 39
 McDonald, Corey (9) 80, 164
 McDonald, Mrs. Elaine 95
 McDougall, Jennifer (9) 80, 167, 191, 200
 McDougall, Jessica (9) 80, 167, 200
 McDougall, Melissa (12) 39, 115, 120, 122, 123, 208
 McGarry, Ryan (10) 68, 155
 McGillis, Bryce (11) 56
 McGuire, Dave (12) 39, 41, 150
 McGuire, Patty (10) 68, 196, 198
 McKenzie, Justin (12) 9, 23, 39, 41, 100, 116, 135, 159
 McKinnon, Mr. Darin 159, 160
 McKinnon, Mr. Jim 139
 McLeod, Taia (12) 25, 39, 107, 116, 172
 McNamara, Heather (12) 39, 108, 111, 115, 120, 123, 167
 McNamara, Nathan (11) 56
 McPherson, Sheila (10) 68
 McSparron, Jacqueline (9) 80, 108, 112, 200, 201
 Meas, Sokholine (10) 68
 Meberg, Shawna (10) 68, 200
 Meisch, Deja (9) 80
 Meisch, Melinda (10) 68, 103
 Meisch, Ryan (11) 56
 Melby, Jodi (11) 56
 Mellem, Brandon (12) 39, 49, 135, 194
 Melvin, Jessica (11) 56
 Metcalf, Michael (12) 3, 39, 135
 Metcalf, Mrs. Barbara 100
 Metzger, Marcia (10) 68, 150
 Meyer, Bryce (12) 39
 Meyer, Carly Jo (10) 68, 168, 198, 200
 Meyer, Kay (11) 54, 56, 115, 195
 Migler, Michael (10) 68
 Migler, Mitchell (9) 80, 143, 193
 Miller, Dustin (10) 68, 150
 Miller, Margie (10) 68
 Miller, Mark (11) 56, 193

Miller, Melissa (11) 56
 Miller, Mrs. Janice 96
 Mills, Fred (9) 80, 150
 Mills, Glen (9) 80
 Mills, Michelle (12) 39
 Mills, Sarah (10) 68, 163, 198
 Misheski, Michael (10) 68
 Mitlyng, Benjamin (10) 68, 148, 180
 Moldenhauer, Todd (12) 39, 192
 Monte, Mr. Bob 96, 183
 Montgomery, Jennifer (11) 19, 56, 101, 112
 Montgomery, Stephanie (11) 19, 54, 56, 108, 111, 112, 115, 119, 192, 195, 198, 200, 201, 203
 Moores, Sarah (9) 80
 Mootz, Steven (9) 80, 200
 Moran, Jamey (10) 68
 Moreland, Sara (12) 25, 39, 115, 118, 119, 188, 201, 203
 Morgan, Emily (9) 80, 108
 Morgan, Holly (10) 68
 Moritz, Bryce (12) 48
 Morken, Paul (9) 80
 Morrison, Craig (11) 56, 199
 Morrison, Megan (9) 80, 116, 117, 200, 202
 Morrison, Sarah (11) 54, 56, 115, 139, 150, 171, 173, 180, 195, 198
 Morrow, Justin (11) 56
 Mortenson, Courtenay (10) 68
 Muchow, Paul (12) 39, 135, 159, 193
 Mueller, Kelly (11) 56
 Mueller, Mr. Jeffrey 88, 120, 121,

123, 200
 Muhl, Kelly (9) 80
 Muhl, Keri (12) 39
 Muhle, Michelle (10) 68
 Muhonen, Melinda (10) 61, 68, 167, 192
 Mullenberg, Roxanne (11) 15, 56, 119, 148, 203
 Murch, Valerie (10) 68, 192
 Murek, Kelly (9) 80, 191
 Murphy, Kelly (12) 12, 39, 115, 167, 190, 197
 Mutzenberger, Jason (10) 68, 164
 Mutzenburger, Mr. Reuben 92
 Myers, Angela (11) 56, 168, 198
 Myrick, Patrick (10) 68
 Mystikix 189, 202



Art Club: Front row, Jennifer Newburgh, Megan Baumgartner, Staci Fugleberg and Shari Wurtzberger. Row 2, Brian Pierson, Chad Hammill, Stephanie Montgomery, Aimee Roux and Jody Carpenter. Back row, Josh Nygard, Josh Carmichael, Tim Heard, Ryan Smith and Todd Moldenhauer



Sophomore volleyball: Front row: Mandy Swanson and Beth Hagemeister. Row 2: Alison Ottesen, Tara Kelsch and Tina Holden. Row 3: Michelle Nelson, Tara Dockter, Brandi Rieniets and Alesha Olson. Back row: Becky Bulver, Valerie Murch, Gretta Benson, Mindy Mahonen and Breanna Kleven.

Never ending announcements

Narlock, Stephanie (9) 77, 80
 National Honor Society 114, 115
 Neece, Mrs. Shari 103
 Nelson, Bryan (11) 56
 Nelson, Mindy (10) 68
 Nelson, Ryan (10) 68, 135, 148, 180
 Nelson, Travis (11) 56
 Nerby, Rita (12) 30, 39, 147
 Nettetstad, Allison (9) 80
 Nettetstad, Brian (12) 40, 49, 135

Neugabauer, Mrs. Kathy 88
 Neumiller, Jennifer (9) 80
 Neuschwander, Jada (10) 68, 200
 Neuschwander, Ronelle (9) 80
 Newburgh, Jenny (11) 56, 192
 Newspaper 126, 127
 Nicholas, Jaci (12) 40, 197
 Niekamp, Jennifer (10) 68, 200
 Nielsen, Nikki (12) 40, 41, 115, 132, 146, 147, 167
 Nikle, Brittnie (12) 40, 168
 Nilles, Jamie (12) 10, 30, 40, 108, 110, 111, 112, 115, 116, 120, 123, 199, 201
 Nissen, Carrie (12) 40
 Noonan, Heather (10) 68, 168
 Noonan, Nicholas (9) 80
 Nordback, Ryan (10) 68

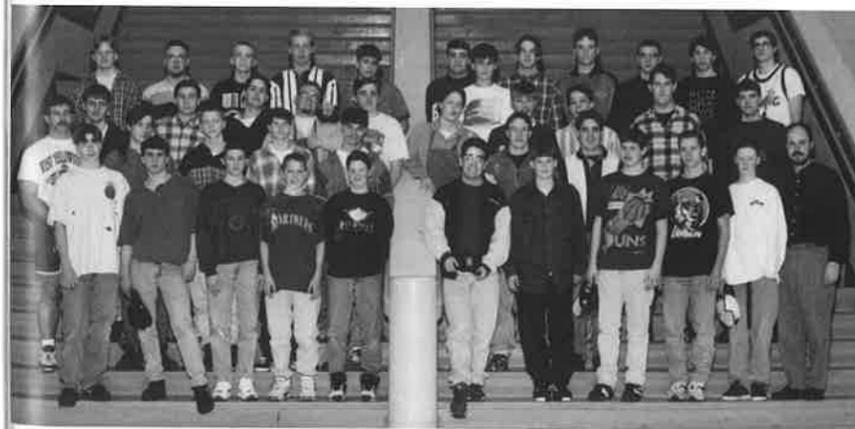
Nordstrom, Jason (12) 40, 144, 150, 158, 159, 199
 Nordstrom, Mr. Jerry 96, 199
 Normandin, David (9) 80
 Novotny, Susan (10) 68
 Nowacki, Andy (10) 68
 Nudell, Andy (10) 68
 Nygard, Joshua (10) 68, 192
 Nyhof, Terra (10) 68
 Nyland, Jessica (10) 71

Open campus

O'Marro, Christina (11) 56, 97
 O'Hara, Tiffany (12) 2, 22, 24, 40, 196, 198
 O'Meara, Camille (10) 68, 150
 O'Neill, Cindy (11) 15, 56, 119, 132, 147, 163, 180, 203
 Oberembt, Cassie (10) 69, 201
 Odden, Stacey (9) 80, 184
 Odegaard, Kari (12) 11, 40, 167
 Oemichen, Jennifer (9) 80, 140, 163
 Offerdahl, Mrs. Pam 92
 Officers, Junior class 198
 Officers, Senior class 199
 Olmstead, Chris (10) 69
 Olslund, Jana (12) 33, 40, 115, 139, 173, 198
 Olson, Alesha (10) 69, 192
 Olson, Amanda L. (9) 80, 163
 Olson, Amanda S. (9) 80, 140
 Olson, Christopher (9) 80
 Olson, Derek (9) 80, 150, 194
 Olson, Eric (12) 18, 21, 40, 41, 108, 111, 115, 120, 123, 139
 Olson, Josh (10) 69, 127
 Olson, Mindy (11) 56
 Olson, Mrs. Carol 51, 86, 87
 Olson, Mrs. Judy 91
 Olson, Mrs. Karen 104, 116, 202
 Olson, Richard (11) 56, 135, 159, 193
 Olson, Ryan (12) 40, 148
 Onstad, Mr. Nels 159, 160
 Opening 2, 3
 Organization Highlights 128, 129
 Ost, Shenoa (12) 40
 Osterberg, Miss Kristen 88
 Ostern, Rita (9) 81, 108, 112, 200
 Ostrom, Angie (10) 69
 Otterstetter, Scott (12) 48, 199



VAPCOM: Front row, Josh Johnson, Jesse Lien, Terrill Blair, Mat Lavelle and Ryan Saylor. Back row, Thomas Kingsbury, Landon Brinkman, Joshua Stompro, Tim Heard, Ryan Smith and Mr. Kenneth Janz.



Intramurals: Front row, Brad Irving, Donny Weiker, Mitch Finn, Mitch Migler, Joel Finn, Cory Slizondo, Chris Thomas, Nathan Duncan, Paul Muchow, and Coach Steve Anderson. Row 2, Coach Mike Stratton, Bryce Hins, Stuart Edgerly, Mike Burley, Erik Quenzer, Aliceo Rodriguez and Matt Keller. Row 3, Bryan Hins, Brian Mattson, Dustin Schander, Jake Lauritsen, David Johnson, Brian Schmidt, Adam Vail, John Arneson, Jeremy Busch and Chad Isaacson. Back row, Matt Laakenson, Jared Johnson, Jared Mahlum, Richard Olson, Travis Magnuson, John Cheney, Brian Erdmann, Tom Anundson, Matt Conzemius, Mark Miller, Brian Grinde and Jake Lureen.

Ottesen, Alison (10) 69, 140, 141, 192
 Ottesen, Angela (12) 40, 115, 120, 123, 141
 Overby, Jennifer (9) 81, 183, 200

Prom

Packatahnas 168, 169
 Packer, Mr. Kent 194
 Packer People 4, 5
 Packer Pride 204, 205
 Palloch, Jennifer (12) 40, 115, 119, 188, 202, 203
 Pankow, Adam (9) 73, 81, 108, 116, 200
 Parrott, Sallie (10) 69
 Parsons, Greg (9) 81, 194
 Patterson, Jeremy (10) 69
 Paulson, Jeffrey (11) 56, 155
 Pavek, Cory (9) 81, 156, 200
 Pearson, Ben (12) 40
 Pearson, Bryan (9) 81, 185
 Pedersen, Kris (12) 40
 Pedersen, Nicholas (10) 69, 108, 111, 119, 120, 122, 123, 139, 203
 Pederson, Brady (11) 56, 197
 Pederson, Laney (9) 81, 184
 Pederson, Stephanie (10) 69
 Pedraza, Gretchen (10) 69
 Peer facilitators 201
 Pep Club 198
 Peralta, Adelina (11) 56
 Perez, Robin (12) 10, 40, 41, 115, 147
 Pergande, Jade (9) 81, 185, 200
 Perlenfein, Traci (12) 40
 Perna, Amy (9) 81



Come on Lucky 7! Throwing dice, Brandon Mellem (12) plays craps at the Grad Night party.

Perreault, Christopher (9) 81
 Peter, Amanda (11) 56, 115
 Petermann, Robyn (11) 56, 136, 167
 Petermann, Ryan (12) 40
 Petersen, Amy (10) 1, 69, 116, 160, 196
 Peterson, Erika (11) 15, 56, 121, 132, 195, 200
 Peterson, Jason (12) 40, 150, 199
 Peterson, Jeni (10) 69
 Peterson, Joseph (9) 81
 Peterson, Kurt (12) 21, 23, 30, 40, 120, 191
 Peterson, Lisa (11) 56, 115
 Peterson, Matt (12) 40, 49
 Peterson, Mrs. Nancy 87
 Peterson, Nicole (12) 40
 Pfaff, Amanda (9) 81
 Phillips, Amy (9) 81
 Pierson, Ryan (12) 40, 200
 Pink, Brian (11) 58, 155
 Pittenger, Sheri (12) 43
 Plecity, Mr. Doyle 96, 148
 Plettl, Chad (12) 43
 Plettl, Stacy (9) 81, 200
 Pohlman, Marshall (9) 81
 Portner, Christine (9) 81
 Pospisil, Jennifer (11) 58
 Possehl, Miss Sara 99
 Powell, Brice (9) 81, 116
 Praguske, Justin (12) 43
 Preston, Amber (11) 4, 50, 58, 108, 111, 115, 160, 173, 198, 201



Freshman football: Front row, Nick Schaffer, Dusty Scott, Casey Benjamin, Mike Best, Shaun Gothberg, Eddie Sheeley, Justin Diemert, Robbie Lopez and Dave Johnson. Row 2, Jesse Gladue, Robbie Bullis, Bryan Francis, Aaron Hill, Adam Walter, Josh Thompson, Dave Mootz and Brad Irving. Row 3, Pat Griffin, Troy Ament, Greg Parsons, Bryce Weaver, Billy Evenberg, Ben Aarestad, Ben Koppelman, Colby Juntunen and Wade Trzpuć. Back row, Coach Richard Cwikla, Coach Kent Packer, Nicholas Johnson, Josh Shrader, Derek Olson, Nate Anderson, Coach Ross Richards and Coach Brent Lundgren.

Preston, Wade (9) 81, 139
 Pribbenow, Traci (11) 58, 115
 Prom 12, 13, 14, 15
 Pronovost, Jessica (12) 43
 Pulczynski, Mrs. LaVonne 95
 Pulkrabek, Nicholas (10) 71

Quiet study-halls

Quam, Darrin (9) 81
 Quenzer, Erik (10) 69, 135, 193
 Quigley, Trevor (12) 30, 43



Key Club: Front row, Diane Tate, Nicole Howe, Donna Leeman, Nancy Tate, Jeanne Boser and Sally Stastny. Back row, Mrs. Tracy Aaker, Jaime Smith, Travis Smith, Ryan Smith and Rhonda Gruber.

Required courses

Raba, Ms. Melissa 132
 Rabideaux, Ericka (11) 58
 Radford, Melisa (12) 43
 Radi, Chris (12) 43, 124, 126, 204
 Ralston, Scott (9) 81
 Ramlo, Tara (9) 81
 Ramlo, Wendy (11) 58
 Ramsett, Beth (12) 43, 108, 112, 115, 124, 188, 201
 Randall, Nicole (12) 43, 115, 120
 Randall, Richard (10) 69
 Rasmussen, Bob 164
 Rasmussen, Kristi (11) 58, 115, 132, 147, 160, 182
 Ratajczak, Mrs. Agnes 95
 Rauch, Cari (12) 37, 43, 115, 124, 125
 Rector, Christine (9) 81, 200
 Redlinger, Melissa (9) 81, 186, 190
 Reed, Robyn (9) 1, 81
 Reese, Jacob (10) 69, 155
 Regan, Jesse (9) 81
 Rehder, Tracy (11) 58, 172
 Remmick, Jason (10) 69
 Renner, Ryan (12) 43, 199
 Reppen, Jennifer (11) 58
 Retro Dance 16, 17
 Rettig, Todd (12) 43
 Reule, Scott (10) 69



Close up: Front row, Erika Peterson, Rhonda Gruber, Sarah Morrison and Kay Meyer. Back row, Stephanie Montgomery and Jaime Smith.

Reynolds, Coach Dan 159, 160
 Rheault, Mrs. Doris 91
 Rheault, Mrs. Joanne 91
 Richard, Alison (10) 69
 Richard, Benjamin (10) 1, 69, 159, 144
 Richard, Sarah (12) 43, 197
 Richards, Mr. Ross 100, 155, 194
 Ridl, Justen (9) 81, 196
 Rieder, Angel (12) 43
 Rieder, Chad (12) 43
 Riemer, Robyn (9) 81, 200
 Rieniets, Brandi (10) 69, 192
 Rieniets, Carrie (9) 81, 190
 Rieniets, Christopher (12) 43
 Ringdahl, Mr. Keith 159, 160
 Ristvedt, Blaine (11) 58, 148, 149
 Ritter, Travis (10) 71
 Rivenes, Christy (10) 69
 Roberson, Broc (12) 43
 Roberts, Adam (9) 81
 Roberts, Alissa (10) 69
 Roberts, Joshua (11) 58, 85
 Rodgers, Mick 164
 Rodriguez, Aliceo (10) 8, 69, 135, 179, 193
 Roe, Christine (11) 58
 Roe, Jim (12) 48
 Roe, Matt (12) 43
 Roehrich, Toby (10) 69
 Roers, Michelle (10) 69, 147, 180, 200
 Roers, Shane (10) 69, 135, 155
 Roers, Shannon (12) 43, 108, 111, 195
 Rogers, Eric (9) 81
 Rohman, Angie (9) 81, 112
 Rohrich, Corey (12) 43, 139
 Rohrich, Mrs. Irene 87
 Ronning, Kimberly (10) 61, 69, 108, 200
 Rood, Cheryl (12) 20, 43, 115, 195
 Rood, Katie (12) 33, 41, 43, 171, 173, 186
 Rosendahl, Tanya (12) 43, 190
 Rosene, Terry (9) 81
 Rosenkranz, Thomas (12) 43, 135
 Rosenthal, Tina (9) 81
 Rosenvold, Leif (10) 69, 120, 144, 148, 180, 183
 Rossow, Cassie (9) 81, 108, 122, 123, 200
 Rost, Holly (10) 69, 160, 181
 Roux, Aimee (9) 81, 192
 Roux, Bradley (12) 1, 43, 155, 159
 Rud, David (12) 44
 Rud, Jennifer (12) 30, 44, 115, 132, 146, 147, 197
 Rud, Michael (10) 69



Club Girls' Hockey: Front row, Cheryl Rood, Heather Clark, Kara Jeanotte, Traci Brager and Amy Bernstein. Back row, Janelle Loeks, Tracy Kartes, Heather Kelly, Sara Johnson, Angela Seeba, Shannon Roers, Stacy Roers, Kristin O'Halloran and Assistant Coach Dan Seeba.

Rudolph, Scott (9) 81, 155, 188
 Ruff, Carter (12) 44
 Rumsey, Sarah (10) 69
 Rutten, Missy (10) 69, 119, 203
 Rutten, Sheri (12) 44, 108, 111

Senior Paper

Saathoff, Jennifer (12) 44
 Sadowsky, Niki (11) 13, 58, 105, 108, 115, 123, 200
 Saewert, Erick (12) 48
 Saewert, Stephanie (10) 69, 103
 Sahr, Amanda (9) 81, 160, 189
 Sahr, Dean (10) 69, 139, 156
 Sahr, John (12) 44
 Sahr, Mrs. Lynne 87
 Sailer, Nicole (12) 44, 115, 119, 132, 147, 160, 190, 203
 Samuelson, Jennifer (10) 69, 127
 Sandvik, Amy (9) 1, 81, 163, 186, 200
 Sannes, Lisa (12) 44, 103, 108, 111, 115, 120, 122, 123
 Sapa, Mrs. Kari 92
 Sapp, Dixie (10) 69, 119, 202, 203
 Satrom, Justin (9) 81
 Sattler, Kim (12) 44, 168, 206
 Sattler, LeeAnne (10) 69

AIDS Awareness. Symbolizing the growing threat of AIDS, Justin Ridl (9) was chosen to represent a patient with HIV.

Sauvageau, Mandy (10) 69
 Saxowsky, Jennifer (12) 44, 115, 120, 121, 168, 190, 198
 Saxowsky, Stacey (9) 81, 189, 200
 Saye, Mrs. Joan 95
 Sayler, Craig (12) 44
 Sayler, Ryan (10) 69, 193
 Schaeffer, Alisha (9) 81, 190
 Schaffer, Jeremy (12) 44
 Schaffer, Joshua (10) 69

Schaffer, Melissa (10) 69, 168
 Schaffer, Nicholas (9) 81, 194
 Schander, Dustin (12) 44, 48, 193
 Schatschneider, Jodie (12) 44
 Schick, Jennifer (11) 58
 Schlenker, Amy (12) 20, 44
 Schmidt, Brian (11) 58, 193
 Schmidt, Charmaine (10) 70
 Schmidt, Chris (10) 70
 Schmidt, Danielle (11) 58, 108,

110, 111, 115, 120, 123
 Schmidt, Eric (10) 70, 150
 Schmidt, James (12) 44
 Schmidt, Julie (10) 66, 70, 112, 201
 Schmidt, Keri (9) 81
 Schmidt, Michelle (10) 70, 139, 172, 173
 Schmitz, Daphne (9) 81, 94
 Schnabel, Michael (11) 58, 199
 Scholten, Brian (9) 83, 187, 200
 Schott, Brian (10) 70
 Schrader, Joshua (9) 83, 150
 Schroeder, Bryan (12) 48
 Schroeder, Karmel (11) 58, 116
 Schroeder, Kevin (11) 59
 Schroeder, Kipp (12) 44, 139
 Schroeder, Stacy (9) 83, 88, 190
 Schuchard, Todd (11) 59, 199



Deca: Front row, Jessica Spier, Christy Hodgson, Stacy Hood, Sarah Winge, Sumer Aberle, Jenni Stompro, Tiffaney Kihle and Andrew Steele. Back row, Mr. Steve Anderson, Jenn Amenson, Amy Johnson, Sarah Richard, Brian Mattson, Jaci Nicholas, Kelly Murphy, Bradley Pederson, and Ryan Goodin.

Schultz, Angela (10) 70, 119, 144, 145, 160, 197, 198, 203
 Schultz, Scott (10) 70, 103
 Schumacher, Justin (9) 83, 164
 Schwab, Travis (9) 83
 Schwan, Christy (10) 70
 Schwark, Jarrod (9) 83, 202
 Schweitzer, Heather (11) 59, 95
 Science Olympiad 191
 Scott, Dustin (9) 83, 150, 194
 Scott, Mrs. Kathy 88, 188
 Scoville, Benjamin (10) 70, 135, 148, 180
 Seeba, Angela (12) 25, 44, 93, 195
 Seeba, Garrett (9) 83
 Seeba, Mr. Dan 195
 Sell, Mike (10) 71
 Selzler, Daniel (12) 44
 Serungard, Courtney (12) 44, 85
 Shaffer, Mrs. Christine 103
 Shaw, Tom (9) 83
 Sheeley, Eddie (9) 83, 164, 187, 194
 Shelstad, Stephanie (9) 1, 83, 184, 190, 200
 Shelver, Tasha (10) 70
 Sherman, Andrew (12) 9, 12, 30, 44, 107, 115, 116, 138
 Sherman, Mrs. Mary 103, 112
 Siebels, Stacie (11) 59
 Siewert, Christina (9) 83, 160, 191
 Simenson, Jason (11) 59
 Singleton, David (9) 83, 188

Sinkler, Jacob (11) 59, 199
 Sirek, Mrs. Tamra 88
 Sivertson, Levi (9) 83
 Skar, Caleb (10) 70
 Skaurud, Crystal (10) 70, 95
 Sliper, Jeff (10) 70, 135
 Smeby, Travis (10) 70
 Smedshammer, Tangi (11) 59
 Smeltzer, Cynthia (9) 83, 200
 Smerud, Brian (12) 44
 Smith, Christa (12) 44
 Smith, Heather (10) 70
 Smith, Jaime (11) 54, 59, 112, 115, 119, 124, 125, 194, 195, 201, 203
 Smith, Jesse (9) 83, 200
 Smith, Kerrilee (10) 70, 112, 201
 Smith, Matthew (9) 83
 Smith, Mike (10) 70
 Smith, Ryan (11) 59, 84, 159, 192, 193, 194
 Smith, Travis (12) 13, 21, 29, 44, 108, 194
 Smith, Troy (10) 70
 Snyder, Jeremy (9) 83
 Snyder, Robert (12) 44
 Soccer, Boys' 138, 139
 Soccer, Girls' 166, 167
 Soehren, Mrs. Mary 91
 Solholt, Honey (12) 47
 Solberg, Stacey (12) 47
 Solseng, Heidi (11) 59, 115, 119, 191, 203



JV wrestling cheerleaders: Front row, Rita Haugen and Tiffany O'Hara. Back row, Kelly Elijah and Wendy Tritchler.



JV girls' basketball cheerleaders: Front row, Amy Petersen, Anna Larson and Alicia Dotseth. Row 2, Kristi Yoney and Shanteres Huff. Back row, Patty McGuire.



JV boys' basketball cheerleaders: Front row, Angie Johnson, Tangy Spiekermeier and Angela Schultz. Back row, Renae Thies.



This one! Choosing a Karaoke song, Mya Helmick (12) and Jennifer Rud (12) debate how best to embarrass themselves.

Somerville, Sara (12) 41, 47
 Sommerfeld, David (12) 48
 Sorlie, Carmel (12) 47
 Sorteberg, Angela (9) 83, 116, 186
 Soulis, Michael (9) 83
 Speech 112, 113, 201
 Speich, Charity (10) 70, 163, 181
 Speicher, Mike (10) 70, 120
 Spiegl, Ryan (12) 47
 Spieker, Shane (10) 70, 188
 Spiekermeier, Tangy (10) 70, 197, 198
 Spier, Jessica (12) 34, 47, 170, 197
 Spitzer, Joe (10) 70, 119, 203

Spitzer, Mr. Vernon 100, 186, 187
 Spitzer, Mrs. Peggy 89, 99, 105
 Springer, Tracy (12) 47, 136, 137
 Srur, Kodi (10) 70, 167, 198
 Staebner, Tabetha (10) 70
 Stark, Kelly (12) 47
 Stastny, Sally (12) 47, 118, 119, 120, 123, 188, 194, 203
 Steele, Andrew (12) 47, 119, 197, 202, 203
 Steele, Mr. Andy 139, 167
 Steele, Patrick (10) 70
 Steidl, Anna Jo (12) 30, 47, 115, 119, 191, 202, 203
 Steidl, Becky (10) 70
 Steinecher, Jonita (10) 70

Steiner, Carrie (10) 70
 Steinmetz, Matt (9) 83
 Stephenson, Carrie (11) 59, 200
 Stephenson, Cora (9) 83
 Stewart, Joshua (11) 59
 Stewart, Nathan (10) 71
 Stock, Shannon (12) 47
 Stockert, Kristina (12) 47, 171, 198
 Stolle, Mr. Darrell 91
 Stolt, Aaron (10) 70, 143
 Stolz, Jeremy (11) 59
 Stompro, Jenni (12) 47, 115, 120, 168, 197, 198, 201
 Stompro, Joshua (10) 70, 193
 Stratton, Mr. Mike 96, 193

Straub, Cristina (12) 47
 Stromberg, Jessie (11) 59, 119, 203
 Student Council 116, 117
 Students, Foreign Exchange 189
 Stumpf, Kyle (9) 83, 156
 Sullivan, Doug (11) 59, 156, 157
 Sundberg, Chad (12) 47
 Sustad, Mike (11) 59, 148, 164, 180
 Swanson, Mandy (10) 70, 192
 Swanson, Mr. Richard 99
 Swimming, Boys' 156, 157
 Swimming, Girls' 136, 137
 Swiontek, Jessie (9) 83
 Swiontek, Wanda (11) 59
 Syverson, David (10) 70, 127

Talle, Aaron (12) 47
 Tarasenko, Shawna (11) 59
 Tate, Diane (12) 47, 115, 188, 194
 Tate, Nancy (10) 70, 108, 112, 119, 194, 200, 201, 203
 Tennancour, Janine (9) 83, 200
 Tennis, Boys' 142, 143
 Tennis, Girls' 162, 163
 Tessin, Jessica (11) 59, 160
 Thiel, Alex (9) 83, 156
 Thiel, Megan (12) 18, 47, 136
 Thies, Renae (11) 51, 59, 197
 Thoenke, Thomas (12) 48
 Thomas, Anne (10) 70, 160, 200
 Thomas, Christopher (9) 83, 193
 Thomas, Miles (9) 83
 Thomas, Mr. Jim 150
 Thompson, Joel (11) 59, 119, 202, 203
 Thompson, Joshua (9) 83, 194, 202
 Thompson, Mrs. Lisa 91, 198
 Thompson, Mrs. Pamela 99, 191
 Thompson, Shawn (11) 59
 Thomson, Jeremy (10) 70
 Thomson, Jesse (12) 47
 Thorstad, Matthew (10) 70
 Tibiatowski, Jeremy (10) 70, 188

Tilly, Leah (11) 59, 115
 Tilly, Theresa (10) 70
 Timmerman, Richard (10) 70
 Tingum, Tracie (9) 83
 Tintes, Matt (9) 83, 200
 Tomazewski, Mr. John 87
 Tomchuk, Misty (9) 83, 136, 137
 Torgerson, Annette (12) 47
 Torres, Elisa (10) 70, 168, 198
 Track, Boys' 160, 161
 Track, Girls' 158, 159
 Trainers 180
 Trapp, Tara (9) 83, 163, 191
 Tritchler, Angela (9) 83, 190
 Tritchler, Wendy (11) 59, 196
 Trottier, Cory (12) 48
 Trottier, Heidi (12) 42, 47, 115, 188
 Trottier, Joey (12) 47
 Trzruc, Wade (9) 83, 150, 194
 Tuff, Steve (9) 83
 Tvedt, Heather (11) 59, 115
 Tweeter, Chris (12) 47, 200
 Tweeter, Patrick (10) 71, 183



Junior class officers: Mrs. Terri Young, Stephanie Montgomery, Jill Heiden, Sumer Aberle and Mrs. Mary Anderson.



Senior class officers: Jamie Nilles, Todd Wagner, Amy Hoglund and Michelle Halverson.



From the bench. Cheering on the girls' soccer team, Kodi Srur (10) and Tara Kelsch (10) yell encouragement.

Men in uniform. Voicing their opinions, the Ref crew supports the girls' basketball team at State.



Pep Club: Front row, Larissa Boe, Sarah Mills, Charlotte Zich, Patty McGuire, Tangy Spiekermeier, Kristina Stockert and Amy Johnson. Row 2, Tiffany O'Hara, Kristin Bornus, Stacy Hood, Kristi Yoney, Angela Schultz, Tara Falcon, Carly Meyer and Stephanie Herman. Row 3, Amy Adams, Jana Oslund, Moriah Edgerly, Jill Heiden, Sarah Falk, Jenni Stompro, Elisa Torres and Amy Grossman. Row 4, Nichole Essary, Janelle Fink, Angela Myers, Jennifer Saxowsky, Sara Ulrickson, Amy Hoglund, Heidi Armstrong and Shelly Langer. Back row, Amber Preston, Jamie Evenson, Shelli Anderson, Jill Lund, Kacy Weideman, Sarah Morrison and Mrs. Lisa Thompson.



Vica: Front row, Shaun Grossnickle, Stacey Conzemius, Craig Morrison, Jason Huber, Jacob Sinkler, Denny Gustafson, Brian Lacher and Ray Hartt. Row 2, Jason Nordstrom, Todd Schuchard, Jacob Dalbol, Sarah Chapek, Justin Williams, Matt Linnell and Mr. Jerry Nordstrom. Row 3, Tyler Ward, Scott Otterstetter, Ryan Renner, Mike Schnabel, Jason Peterson and Jason Maley. Back row, Cody Lower, LeeRoy Bangert, Aaron Due, Shane Hornbacher, Tom McCann, James Arneson and Travis Klein.

Teachers

Varsity

Uetz, Mrs. Debra 96
 Ulrickson, Sara (12) 47, 168, 198
 Ulrickson, Sonja (9) 83, 200, 167, 202
 Utley, Ryan (9) 83, 156
 Utter, John (10) 71

Volleyball: 2nd at State

Vail, Adam (11) 59, 193
 Valovage, Joseph (10) 71, 119, 203
 VanDyke, Jason (9) 83
 VanWinkle, Shawn (12) 38, 40, 41, 48, 202
 Vanyo, Jolene (11) 59, 132, 133, 160
 VAPCOM 193
 Vargas, Jefferson (11) 19, 59, 112, 115, 120, 201, 202
 Veit, Mr. Rick 91
 Veitenheimer, Nicole (10) 71, 168
 Venaas-Gilbraith, Mrs. Janet 87

Vernon, David (9) 83
 Vetsch, Tanessa (9) 83, 152, 153
 Vetter, Angela (9) 83, 116, 163, 184, 190
 Vetter, Nicole (11) 59, 132, 133, 147
 VICA 199
 Vinesett, Dwayne (10) 71, 188
 Volk, Becky (12) 48
 Volk, Chad J. (10) 71, 139
 Volk, Chad R. (10) 71, 135, 159, 183
 Volk, Katie (12) 9, 11, 48, 160, 173
 Volleyball, Varsity 146, 147
 Volleyball, Freshman A 190
 Volleyball Freshman B 191
 Volleyball, Sophomore 192
 Vondra, Mikulas (12) 48, 189
 Vraa, Jamie (11) 59, 97
 Vraa, Nicole (11) 59



Chamber Choir Front row: Nancy Tate, Carrie Stephenson, Nicole Berg, Jessica M. Hanson, Teresa Berg, Shelly Langer, Becky McCann, Anne Thomas and Nicole Emery. **Row 2,** Paula Lee, Stephanie Wald, Erika Peterson, Danyell Bearfield, Shawna Meberg, Erin Westlund, Nissa Crandall, Jenny Niekamp, Nikki Pederson and Tanya Bertzyk. **Row 3,** Stephanie Montgomery, Rhonda Gruber, Heidi Armstrong, Kimberly Ronning, Jamie Witt, Donna Leeman, Karmelia Hoffarth, Carly Meyer, Jada Neuschwander, Tina Holden and Jonita Steinbrechen. **Back row,** Randie Mae Johnson, Sarah Brawders, Sarah Wingad, Jenny Alberty, Tara Anderson, Liann Hanson, Jeni Buchholz, Jessica D. Hanson, Jodi Braaten, Michelle Roers, Sarah Havelange, Niki Sadowsky and Mr. Jeff Mueller.



Last minute advice. Lecturing his fellow seniors about the future, Chris Tweeter (12) lets others know his views.



Freshman Choir: Front row, Mrs. Barb Firnhaber, Alana Withey, Danielle Lewis, Bobbi Ann Ward, Kristina Webber, Janae Lureen, Heather Alberty, Matt Hunt, Bryan Francis, Adam Pankow, Keif Wagner, Jessie Barnum, Stacy Plett, Gretchen Jost, Sonja Ulrickson, Becki Hummel, Nicole Borah and Julie Engberg. **Row 2,** Amanda McCarty, Stacey Saxowsky, Amy Bertzyk, Cindy Smeltzer, Kara Jeanotte, Kelly Buchholz, Jesse Smith, Darin Loven, Dan Alm, Matt Tintes, Jesse Lien, Charlie Goodin, Alison Maki, Monica Holden, Bonnie Hellman, Kristy Diede, Lisa Kurtz, Megan Morrison, Gina Emery and Rita Ostern. **Row 3,** Lisa Kinshella, Amanda Liljequist, Kristen Lilleboe, Jackie McSparron, Cassie Rossow, Amy Christl, Elizabeth Hoglund, Amy Lester, Ryan Pierson, Brad Irving, Cory Pavek, Jade Pergande, Tiffany Greger, Suzanne Haaland, Jessica McDougall, Megan Ellison, Toni Jore, Krystal Eley, Rhianna Bartosh and Stacy Walen. **Back row,** Robyn Riemer, Christine Rector, Amy Sandvik, Mandie Johnson, Jenny Overby, Denita Linnertz, Stacy Haring, Heidi Borg, Lisa Brinkman, Steve Fosse, Brian Scholten, Brian Carriveau, Steve Mootz, John Carlson, Janine Tennancour, Emily Anderson, Danielle Baumann, Jennifer McDougall, Stephanie Shelstad, Kim Dimmer and Amy Johnson.



*W*ork
 Wagar,
 Craig (10) 71, 92,
 119, 203

Wagar, Mr. Mark 99
 Wagenman, Jodi (12) 48, 173
 Waggoner, Kimberly (9) 83
 Wagner, Angie (12) 48
 Wagner, Dan (11) 12, 59, 131, 135, 150, 151
 Wagner, Keif (9) 83, 183, 200
 Wagner, Todd (12) 7, 13, 19, 48, 114, 115, 116, 120, 123, 139, 150, 151, 199
 Wald, Derek (11) 59
 Wald, Mr. Russ 150
 Wald, Stephanie (12) 48, 200
 Walen, Stacy (9) 83, 200
 Walkin, Austin (10) 71, 96
 Walla, Nichole (12) 48, 115, 132, 148, 160
 Walstad, Melissa (9) 83, 186, 190
 Walter, Adam (9) 83, 194
 Walth, Dawn (11) 59
 Walz, Amanda (9) 83
 Wang, Rachel (12) 48, 119, 203
 Wanner, Blake (9) 83
 Ward, Bobbi Ann (9) 83, 90, 184, 200
 Ward, Tyler (12) 48, 175, 199
 Warkenthien, Mrs. Mona 91, 175
 Warner, Aric (11) 59



Peer facilitators: Front row, Beth Ramsett, Cassie Oberembt, Sara Moreland and Bonnie Harrold. **Back row,** Kelly Buchholz, Amber Preston, Julie Engberg, Nicole Howe and Nicole Berg.



NFL Speech: Front row, Amber Preston, Stephanie Montgomery, Kristin Marohl, Jackie McSparron, Elizabeth Hoglund, Jefferson Vargas and Nicole Kirklewski. **Row 2,** Christina Johnson, Beth Ramsett, Denita Linnertz, Sarah Marohl, Jamie Nilles, James Erickson and James Hoglund. **Row 3,** Lana Haak, Stacy Hood, John Carlson, Jaime Smith, Heidi Armstrong, Nancy Tate and Kerrilee Smith. **Back row,** Julie Schmidt, Rhonda Gruber and Sarah Havelange.



Swing your partner. Hamming it up, Jenni Stompro (12) and Jake Lauritson (12) display their dancing skills.

The gambler. Playing BlackJack, Dara Lee (12) attempts to earn money for the auction at the Grad night party.

Warren, Tim (10) 71, 135
 Washnieski, Albra (10) 71
 Washnieski, Kesha (10) 71
 Wasness, Brenda (10) 71
 Wasness, Tausha (12) 48
 Waters, Erica (9) 83
 Weaver, Bryce (9) 83, 187, 194
 Webber, Kristina (9) 83, 152, 153, 160, 200
 Weber, Mike (12) 48
 Wehri, Chris (12) 48, 148
 Weideman, Kacy (11) 59, 168, 198
 Weidner, Laura (12) 48
 Weigel, Jessica (12) 48
 Weigel, Stephanie (10) 71
 Weiker, Donald (10) 71, 135, 193
 Weingarten, Amanda (10) 71, 148
 Weinhardt, Bemidji (11) 59
 Weispfenning, Kelly (12) 48, 108, 111, 115
 Welder, Mr. Joe 103
 Wentz, Mr. Russ 188
 Wenzloff, Robbie (10) 71
 Werlinger, Mrs. Barb 95

Werner, Andy (11) 59, 135
 Werner, Derek (10) 71, 135, 183
 West, Andrew (11) 59, 135
 Westlund, Erin (10) 71, 200
 Westrick, Jeremy (10) 71, 139
 Westrick, Mandy (12) 48, 115, 124, 167
 Whaley, Mr. Glenn 88, 119, 202, 203
 Whitcomb, Seth (11) 59, 150
 Wichmann, Michael (9) 83
 Widener, Keith (12) 48
 Widerstrand, Kevin (9) 83
 Widerstrand, Sandra (11) 59
 Wieland, Brandon (9) 83
 Wieland, Chris (12) 48, 97

Wieland, Dan (12) 41, 48
 Wiener, Daniel (10) 71
 Wiese, Christine (12) 48
 Wigen, Tifini (11) 59, 182
 Wikstrom, Chris (11) 59, 139
 Wilken, Joel (9) 139
 Wilken, Joshua (9) 83
 Wilken, Nicole (10) 71, 168
 Wilkinson, Jerad (9) 83, 139
 Wilkinson, Kimberly (10) 71, 136
 Williams, Justin (12) 29, 48, 135, 159, 199
 Williams, Mrs. Clare 103
 Williams, Tiffany (11) 59, 160
 Williams, Tyler (10) 71
 Willis, Heather (12) 8, 9, 30, 48,



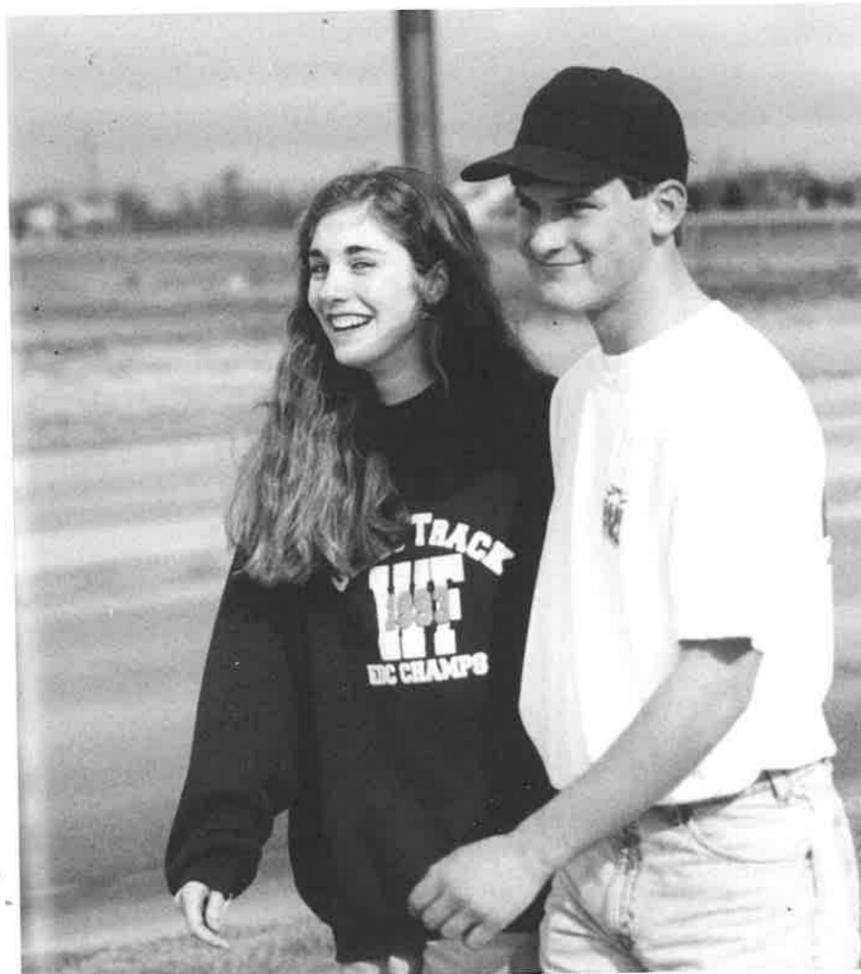
Mystikix Travel Team: Front row, Honna Burbidge, Karen Olson, Sonja Ulrickson, Jessica Kratcha, Jessica Walsh, Abby Weingarten and Kristin Marohl. Row 2, Nicole Gilberts, Jordyn Nikle, Kristin Gillerstein, Jessica Abrahamson, Ashley Brend, Mandy Schamber, Annette Sweeten and Nadine Gorman. Back row, Stephanie Bonzer, Heather Clark, Gretchen Jost, Megan Morrison, Melissa Braseth, Natalie Buck, Jessica Richard, Victoria Hogan, Christina Inwards and Lori Keizer.



Jazz Band: Front row, Jeanne Boser, Naomi Gross, Krysia Kludt, Carrie Devones, Jennifer Alberty, Jayson Lider and Sarah Huwe. Row 2, Becky Loney, Bryan Bändli, Dixie Sapp, and Jarrod Schwark. Back row, Josh Thompson, Jefferson Vargas, Shari Wurtzberger, Joel Thompson, Mike Lee, Jennifer Palloch, Anna Jo Steidl, Andrew Steele and Mr. Glenn Whaley.



Parting is such sweet sorrow. Hugging after graduation, Jeanne Boser (12) and Shawn VanWinkle (12) celebrate the completion of high school.



116, 132, 160
 Willis, Tyson (11) 59, 135
 Wilson, Michelle (11) 59, 115, 168, 189
 Wiltse, Tanya (10) 71
 Wingad, Sarah (11) 59, 108, 111, 115, 200
 Winge, Leah (10) 71
 Winge, Sarah (12) 19, 30, 48, 175, 197
 Winter, Melisha (9) 83, 136, 156
 Winters, Jennifer (9) 83
 Wirth, Shane (11) 59, 134, 148, 180, 189
 Withey, Alana (9) 83, 92, 160, 200
 Witt, Jamie (10) 71, 200
 World and local events 18, 19+
 Wraalstad, Mrs. Shelly 92
 Wrestling 150, 151
 Wurtzberger, Shari (10) 71, 108, 119, 192, 202, 203
 Wysocki, Jodie (11) 59

*Y*outhful
 Yagow, Justin (9) 83

Yearbook 124, 125
 Yoney, Kristi (11) 59, 196, 198
 Young, Mrs. Terri 87, 198



Varsity Band: Front row, Rachel Johnston, Julie Engberg, Laney Pederson, Jessie Lein, Mandy Waltz, Amy Christl, Amy Gustafson and Alisha Holm. Row 2, Erica Froemke, Naomi Gross, Becki Hummel, Jarrod Schwark, Denita Linnertz, Lorina Dehnert, Beth Leno, Lisa Brinkman, Erika Devones, Jami Erickson and Amanda Olson. Row 3, Elizabeth Hoglund, Emily Anderson, Ryan Legvold, Ryan Utley, Adam Walter, Darren Kruse, Andrea Brennan, Jesse Smith, Jayson Lider, Sherri Ackerman, Matthew Tintes, Fred Mills, Joel Erickson, Natalie Buck, Karin Bandli, Joshua Johnson and Jacqueline McSparron. Row 4, Joshua Thompson, Travis Schwab, Darin Loven, Steven Mootz, Heather Alberty, Rebecca Loney, Amanda Sahr and Mr. Glen Whaley. Back row, Tara Trapp, Chablis Friesz, Lindsey Carlson, Matthew Keller, David Singleton, Adam Pankow and Aimee Roux.

*Z*ealous
 Zeis, Matt (9) 83
 Zerr, Karen (10) 71, 150

Zetocha, John (11) 59, 115, 139, 155
 Zich, Charlotte (10) 71, 172, 198
 Zimmerman, Tammy (11) 59, 168, 207
 Zimney, Aarin (10) 71, 116, 144, 145, 160
 Zurn, Karen (10) 71, 119, 136, 203

A good cause. Enjoying each others' company, Sabrina Hall (10) and Brad Hinz (10) participate in the March of Dimes Walk-a-thon.

Packer Pride

Since high school can be turbulent with many trying times, an important way to stay sane is to keep a positive attitude and most of all, be proud of the school one belongs to.

WFHS offers a lot for students to be proud of. The superior building, large variety of courses and the excellence in academics and sports makes many students proud to be Packers.

"I'm proud to be part of a school where the students can have an in-

fluence, like on a school policy, such as when we got our jackets back," said Brad Hinz (10).

Sports have been a big part of WFHS's claim to fame, and cheerleader Kristina Stockert (12) was glad to be involved in continuing the winning traditions.

"We've achieved so much throughout the years. It's great to be part of the legacy," said Stockert.

While this past year has been a little disappointing in the field of sports, the continuous support from the student body seemed to keep a bright outlook alive.

"We (the student body) have a lot of positive spirit even though we don't

win all the time," said Tara Trapp (9).

The constant display of green and white shown by students was an appreciated advertisement of some people's pride.

"I wear green and white because it symbolizes to others that I can proudly show what school I go to," said Lindsay Bogardus (11).

Being proud of the school one belongs to can create a sense of security, which can keep the high school years a little more comfortable.

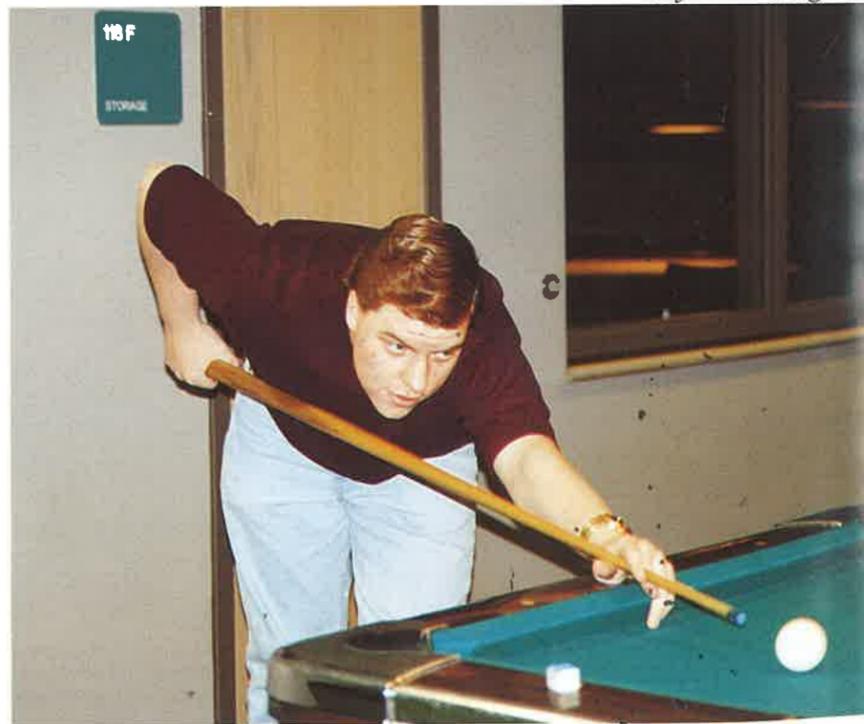
Corey Rohrich (12) realized that there's another important factor when it comes to pride. "I am proud of this school because I go here! But I also have pride in myself...and that's all that really matters," said Rohrich.

By Julia Coughlin

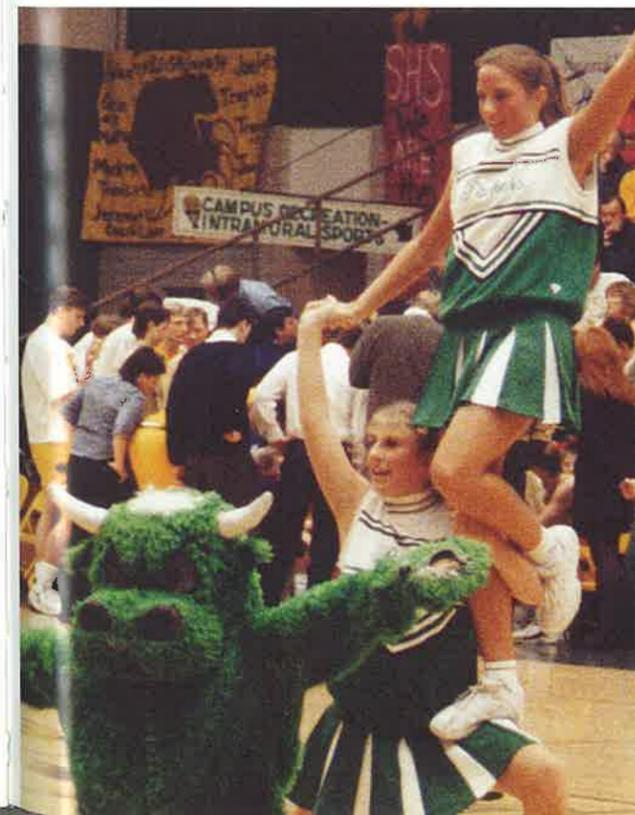


We did it! During a Varsity Basketball game, the infamous ref crew celebrates a job well done.

Easy shot! At the Post Prom party, Chris Radi (12) aims to win.



Study Break. Taking pride in her school work, Alison Bonzer (12) finishes her assignments.



Why are you proud to be a Packer?

"Being a Packer is being in a great community with good people."-- Cory Elizondo (12)

"We are the best. Everyone hates us (because) they are jealous."-- Renae Thies (11)

"It's (WFHS) a good school to be from either through sports, the arts or academically."-- Desiree Mark (12)

Oh Bull! During halftime, the Boys' Basketball Cheerleaders, along with the school mascot, finish their formation.

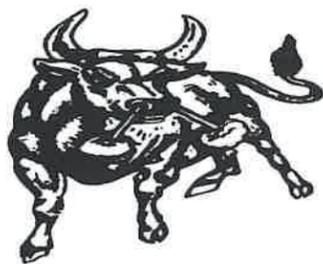
Look Ma, no hands! Concentrating on a speaker, Nate Knudsen (12) shows his special eating skills.

ONE STEP AHEAD

With the close of another year, the students of WFHS have shown an excellent effort to take one step ahead into their futures. The many accomplishments by the student body as a whole and by separate factions showed the spirit the school is known for.

Many of the teams, both of sports and academic clubs, excelled in their activities.

A first was made by three WF seniors at the yearly Business Skills Challenge held at Northwest Technical College. In the Computer Science contest, seniors Mat Lavelle, Chris Radi and Shawn VanWinkle swept the competition by winning first,



second and third places respectively.

Jefferson Vargas (11) also made another record in Speech by qualifying for Nationals, which he will attend in the summer of 1995.

But most important, the

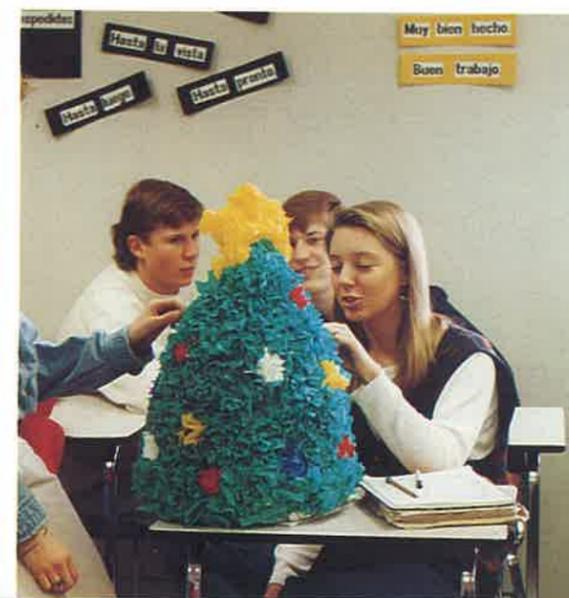
student body worked together to help others.

Probably one of the most memorable events of the year was the school-wide fundraiser for the Make-A-Wish foundation. It raised over \$1100 by having students bid on their favorite teachers to receive a pie in the face at a pep rally.

Many students also worked to help strangers by participating in the blood drives held throughout the year.

Displays of success such as these are what makes students ready to move; ready to take one step ahead.

By Julia Coughlin



Me?!? Dancing the night away, Jami Burbidge (11) twirls around during a school dance.

Are we up yet? Waiting on the sidelines, Bree Gronneberg (12), Kim Saitler (12) and Jennifer Saxowsky (12) watch the basketball game.



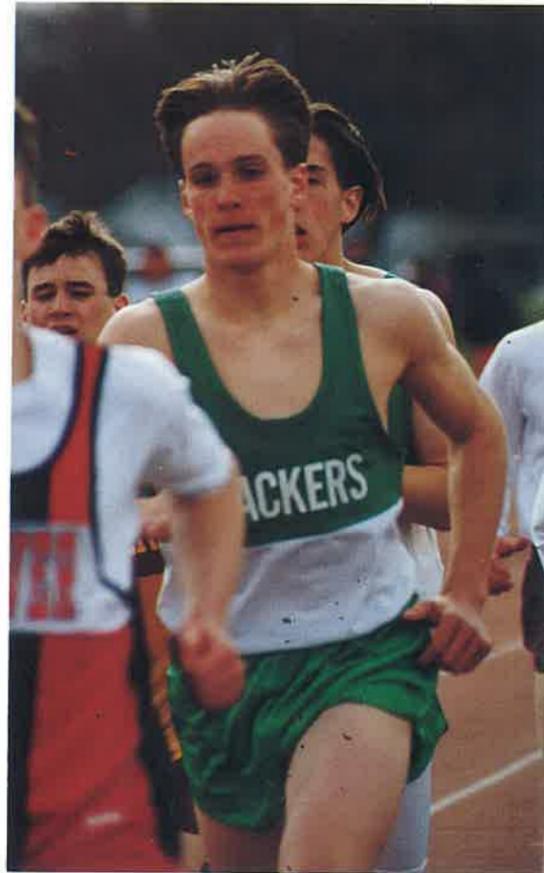
Watch me! During one of the many public Packatahna performances, Tammy Zimmerman (11) leads her line and cheers for the successful Packers.

Catch me if you can! Getting away from her opponent, Cheri Mack (11) takes the ball with her.

O 'Christmas Tree! Completing her pinata, Mya Helmick (12) finishes the details.

Strike a pose. During a performance of "Alice in Wonderland", the Mad Hatter James Hoglund (12) pauses during his lines.

ONE STEP AHEAD



***Total Concentration.** Striving to excel at a Concordia Meet, John Arneson (11) runs his hardest to finish up his race.*

***I did it!** With a laugh and a smile, Melissa McDougall (12) takes a big step ahead into her future by completing her high school career.*