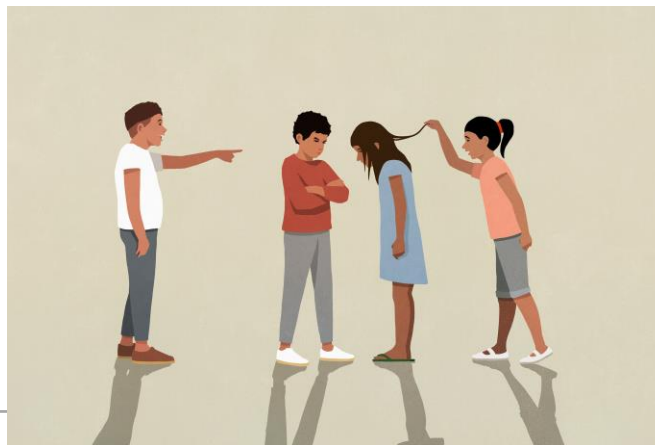
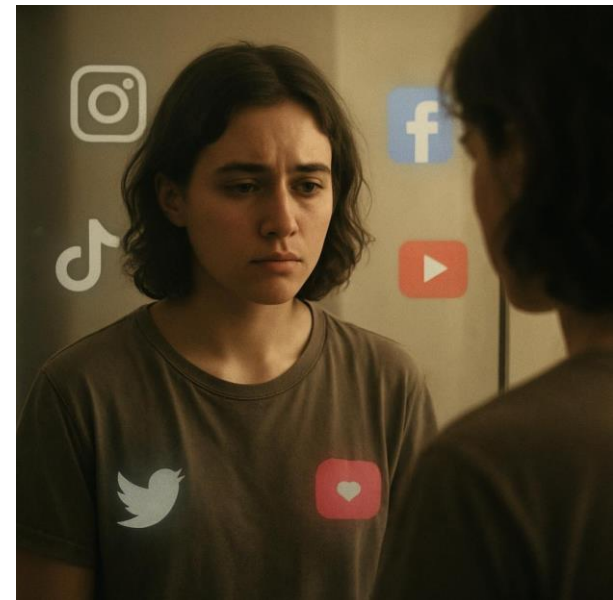
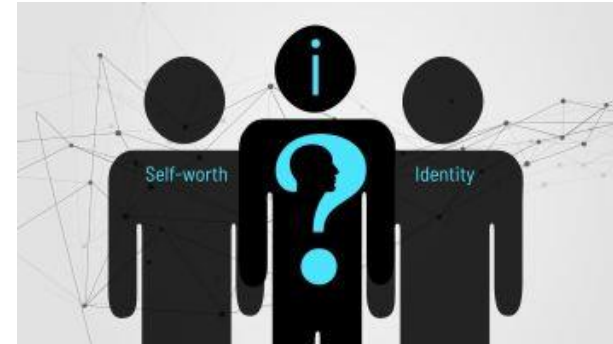


Social Challenges for Teens

- Peer pressure
- Bullying
- Self esteems issues
- Mental Health
- Social Media Influences
- Identity exploration
- Family dynamics
- Academic pressure

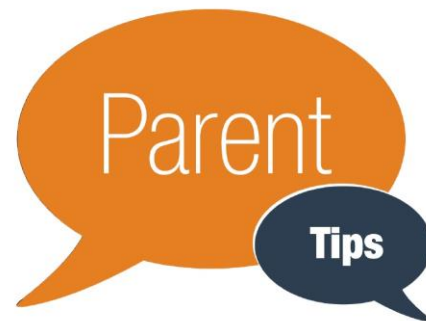


Peer pressure

- Peer pressure is a significant influence on our teens, often leading them to engage in risky behaviours
- whether its something like substance use or unhealthy relationships
- The desire to fit in can overshadow their instincts and values



- Open communication
- Teach decision making skills
- Encourage self confidence
- Model positive behaviour
- Stay involved
- Encourage group activities
- Be supportive and non-judgemental



Cyberbullying



- With the rise of social media, cyberbullying has become increasingly prevalent
- It can be relentless and pervasive, affecting a student's self-esteem and mental health
- We must create an environment where students feel safe to report

- Monitor online activity
- Encourage reporting
- Document incidents
- Develop coping strategies
- Seek professional help

Update on Actions for Student Voice

We would like to update all students on actions and next steps we are taking from the issues you have raised on The Student Voice.



You Said
People getting on the wrong/not allocated bus.

We Did
We have checked with the company and all students are now required to show a valid pass to ensure they are on the correct bus.

You Said
What quiet spaces are there in school if there is a lesson in the library?

We Did
If you are sixth form then you have the silent study room to utilise. If you are in lower years, please speak with your Head of Year around accessing the ready to learn room if appropriate in the Connection Hub.

You Said
There is no soap in the dispensers on the ground floor toilets.

We Did
We have spoken with the site team and all toilets have now been checked and refilled. Site team will continue to regularly check these.

KINDNESS • CONFIDENCE • RESILIENCE

Be the best you can be!



HOME GIVE FEEDBACK ARE YOU WORRIED, NEED TO TALK? YOU SAID, WE DID

WELCOME TO THE STUDENT VOICE PAGE

One of the most important aspects of any school is the voice of the student body. Student voice is the biggest spur for positive change at any school, and it is important that this voice is being listened to. This page has been created so that students can use their voice to...

WHAT WORKS AND WHAT DOESN'T

Use our interactive maps to let us know how safe our community is and identify areas where we need to act.

ARE YOU WORRIED, NEED TO TALK?

Confidential support and guidance about specific issues that may be causing you concerns or worry.

Activate Windows
Go to Settings to activate Windows

Mental Health Support



- Mental Health lead in school
Mrs Browne and Mrs Campbell-Birch



- Depression Alliance
- Youth Access
- Saneline
- Rethink
- NHS
- YoungMinds
- Mind
- Childline
- Samaritans
- Get connected



Resources that can support parents



- The Parenting Project: A registered charity offering parent mentoring, counselling, and family well-being services. They provide tailored programs such as Lego Therapy and friendship groups, alongside parent mentors who help build confidence and practical skills

Tel: 01926 853 310

Email: headoffice@parentingproject.org.uk

Website: <https://parentingproject.org.uk/services/family-wellbeing>



- Warwickshire County Council - Children's Services: Offers various support services for families, including information on social and emotional development, as well as programs to support children with additional needs

Tel: 01926 410 410

Website: <https://www.warwickshire.gov.uk/children>



Resources that can support parents



- Young Minds: Provide advice and support specifically for parents in Warwickshire regarding children's mental health and well-being

Website: <https://www.youngminds.org.uk/>

Helpline: 0800 802 5544

YOUNGMINDS

- The Wellbeing Service - Coventry and Warwickshire Partnership NHS Trust: Provides support for children's emotional health and well-being, including counselling and therapy services

Tel: 024 7671 1300

Website: <https://www.coventryandwarwickshire.nhs.uk/>



Coventry and
Warwickshire Partnership
NHS Trust

