

# Preschool NTI Menu

Student Name: \_\_\_\_\_

**Day 1:** \*Please choose an activity from each subject area below and initial when completed. Menus should be sent back when students return to school.

| Literacy<br>*CHOOSE ONE!                                                                                                                                                                                                                                          | Math<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                                                                                         | Fine Motor<br>*CHOOSE ONE!                                                                                                                                                                                                                  | Gross Motor<br>*CHOOSE ONE!                                                                                                                                                                                               | Social-Emotional<br>*CHOOSE ONE                                                                                                                                                                                                                                                                                                |
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| <p>Watch this video and find the letters in your child's name.</p>  <p><a href="https://www.youtube.com/watch?v=4KKEkVrvYVY">https://www.youtube.com/watch?v=4KKEkVrvYVY</a></p> | <p>Practice naming shapes around the house. Plates, clocks, doors, windows, etc. Let your child describe shapes they see ( it has 4 sides, it has two long sides and two short sides, etc.)</p>  <p><a href="https://video.link/w/HDZtb">https://video.link/w/HDZtb</a></p> |  <p>Explore one of the 9 play activities on the Let's Learn KY website.<br/><a href="https://letslearnky.org/play/">https://letslearnky.org/play/</a></p> | <p>Shake Your Sillies Out! Dance along with the video!</p>  <p><a href="https://video.link/w/Z6Ztb">https://video.link/w/Z6Ztb</a></p> | <p>Play Simon Says... practice taking turns, movement skills, etc. Use "self talk" to have your child repeat the directions before completing the action.</p>  <p><a href="https://video.link/w/DHMqab">https://video.link/w/DHMqab</a></p> |
| <p>Have your child do a "picture walk" through a book with a family member or friend. Let them tell the story using the pictures as clues. Then go back and read the story together!</p>                                                                          | <p>Suggest your child walk around the house to find objects that are longer, shorter, wider, or thinner than their hand or arm. Have them use their "attent-o-scope" (hands to make binoculars) as they search.</p>                                                                                                                                          | <p>Play copycat! Build towers and then let your child copy what you make. Then count the blocks used.</p>                                                                                                                                   | <p>Go on a winter walk. Have your child use his/her "attent-o-scope" (hands to make binoculars) to play "I Spy".</p>                                                                                                      | <p>Play restaurant or pizza delivery. Pretend to write orders, give full name and address, phone number, etc. This is a fun way to pretend play while also practicing important personal information!</p>                                                                                                                      |

**READ A BOOK TOGETHER:** Title \_\_\_\_\_

In addition to the above activities, please read together each NTI day. Before reading, remind your child about our listening rules "Eyes watching, Ears listening, Voices quiet and Bodies calm".

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# Preschool NTI Menu

Student Name: \_\_\_\_\_

**Day 2:** \*Please choose an activity from each subject area below and initial when completed. Menus should be sent back when students return to school.

| Literacy<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                             | Math<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                                                                                                                           | Fine Motor<br>*CHOOSE ONE!                                                                                                                                                                                                                           | Gross Motor<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                                                                                                              | Social /Social<br>Emotional<br>*CHOOSE ONE                                                                                                                                                                                                                                                                                                                                                                                     |
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| <p>Listen to a book together on Storyline Online. Remind children to follow their listening rules. (Listed below)</p> <p></p> <p><a href="https://www.storylineonline.net/">https://www.storylineonline.net/</a></p> | <p>Eat a snack together. Count the amount of snack items. Talk about the concepts more and less. Who has more? How many do you have after you ate a few? Is your cup full or empty now that you have eaten your snack?</p> <p></p> <p><a href="https://video.link/w/Vwqgb">https://video.link/w/Vwqgb</a></p> | <p>Make a rocket together! Use fine motor skills to roll your paper up!</p> <p></p> <p><a href="https://youtu.be/IBI3XNvD46o">https://youtu.be/IBI3XNvD46o</a></p> | <p>Use the video to help you go on a Bear Hunt with your child! Follow the movements on the screen and talk with your child afterward about the position words you used in the song. (over, under, through...)</p> <p></p> <p><a href="https://video.link/w/EvMqb">https://video.link/w/EvMqb</a></p> | <p>Watch this video to learn a calming strategy with Daniel Tiger's Neighborhood friends. Show your family your favorite way to breathe (shark breath, belly breath, etc.)</p> <p></p> <p><a href="https://pbskids.org/videos/watch/take-a-deep-breath-song/105311">https://pbskids.org/videos/watch/take-a-deep-breath-song/105311</a></p> |
| <p>Practice saying the alphabet together. Toss a ball back and forth with your child and take turns saying a letter at a time.</p>                                                                                                                                                                   | <p>Using a standard deck of cards, take out the cards that represent the quantities one to five (you can use 1-10 if they know 1-5). Use them to play games including go fish and memory with your child to help them recognize quantities by sight.</p>                                                                                                                                       | <p>Put salt, sugar or sand on a plate or tray and have your child practice writing letters, numbers and drawing shapes.</p>                                                                                                                          | <p>See who can stand on one foot the longest. Practice standing with your eyes closed. See how long you can stand without losing your balance. Then, practice walking backward from heel to toe from one piece of furniture to the other.</p>                                                                                                                                            | <p>Have your child name the parts of their body. Have them name their thumb, knee, fingernails, chin, shoulder, chest, elbow, ankle, etc.) Don't just focus on the simple ones like eyes and ears.</p>                                                                                                                                                                                                                         |

**READ A BOOK TOGETHER:** Title \_\_\_\_\_

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# Preschool NTI Menu

Student Name: \_\_\_\_\_

**Day 3:** \*Please choose an activity from each subject area below and initial when completed. Menus should be sent back when students return to school.

| Literacy<br>*CHOOSE ONE!                                                                                                                                                                                                                                                           | Math<br>*CHOOSE ONE!                                                                                                                                                                                                                         | Fine Motor<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                                                    | Gross Motor<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                                             | Social Emotional<br>*CHOOSE ONE                                                                                                                                                                                                   |
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| <p>Learn about words that start with each letter of the alphabet by playing Abby's Sandbox Search</p>  <p><a href="https://www.sesamestreet.org/games">https://www.sesamestreet.org/games</a></p> |  <p>Explore one of the 9 play activities on the Let's Learn KY website.<br/><a href="https://letslearnky.org/count/">https://letslearnky.org/count/</a></p> | <p>Watch the storybots song about the solar system. Then draw a sun and planets. Count how many planets you added to your solar system.</p>  <p><a href="https://video.link/w/tyPqb">https://video.link/w/tyPqb</a></p>                     | <p>Practice naming the parts of your body while doing the video below. Practice identifying other body parts like fingernails, wrist, knuckles, etc.</p>  <p><a href="https://video.link/w/LDNqb">https://video.link/w/LDNqb</a></p> | <p>Practice Belly Breathing...One of our calm down strategies!</p>  <p><a href="https://video.link/w/VMZtb">https://video.link/w/VMZtb</a></p> |
| <p>Have your child do a "picture walk" through a book with a family member or friend. Let them tell the story using the pictures as clues. Then go back and read the story together!</p>                                                                                           | <p>How many items can you find in our house that are yellow? (or other colors) Have your child help you look for items of different colors inside/outside your home.</p>                                                                     | <p>Using an old take out container or tupperware, cut a small X in the lid. Give your child a bowl of uncooked rice, beans or anything small. Have them transfer everything from the bowl into the container by pushing it through the X on the lid. To make it even harder, have them use tweezers to pick up the items.</p> | <p>Throw a ball or balloon back and forth with your child. Count how many times you toss it before it drops.</p>                                                                                                                                                                                                        | <p>Play a game like Candyland, Go Fish, Old Maid, Chutes and Ladders. Practice taking turns. Have your child use "self talk" to remember the steps for taking a turn.</p>                                                         |

**READ A BOOK TOGETHER:** Title \_\_\_\_\_

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# Preschool NTI Menu

Student Name: \_\_\_\_\_

**Day 4:** \*Please choose an activity from each subject area below and initial when completed. Menus should be sent back when students return to school.

| Literacy<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                                                              | Math<br>*CHOOSE ONE!                                                                                                                                                                                                      | Fine Motor<br>*CHOOSE ONE!                                                                                                                                                                                                          | Gross Motor<br>*CHOOSE ONE!                                                                                                                                                                                      | Social Emotional<br>*CHOOSE ONE                                                                                                                                                                                                                                                                    |
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|  <p>Explore one of the 9 play activities on the Let's Learn KY website.<br/><a href="https://letslearnky.org/read/">https://letslearnky.org/read/</a></p>                                                                                            | <p>Practice Sorting with Cookie Monster!</p>  <p><a href="https://www.sesamestreet.org/games">https://www.sesamestreet.org/games</a></p> | <p>Paint-a-Long with Peg and Cat!</p>  <p><a href="https://pbskids.org/peg/games/paint-a-long">https://pbskids.org/peg/games/paint-a-long</a></p> | <p>Practice doing animal walks!</p>  <p><a href="https://video.link/w/r9qqb">https://video.link/w/r9qqb</a></p>               | <p>Watch the storybots sing about emotions, then talk about how we show different emotions (smile for happy, cry when sad, etc)</p>  <p><a href="https://video.link/w/NoPqb">https://video.link/w/NoPqb</a></p> |
| <p>Make an "Alphabet Mystery Box": Have your child go around the house and collect an object for each letter of the alphabet (the object should start with that letter). They can place the objects in a box, close their eyes and pull one out at a time. Name the object and then say the letter and sound that it starts with.</p> | <p>Have your child count forward and backward while walking up or sliding down the stairs!<br/>1,2,3... and 10, 9, 8...</p>                                                                                               | <p>Practice putting on coats, dress up clothes, etc. Practice buttoning, snapping, zipping and tying. If they are ready, you can even have them practice threading their zippers on their coat!</p>                                 | <p>Bundle up and go on a winter walk and make tracks in the snow. Jump, crawl and hop through the snow. Have your child use his/her "attent-o-scope" (hands to make binoculars) to play "I Spy" as you walk.</p> | <p>Make faces at each other to guess the emotion. Children sometimes have a hard time naming emotions like surprised or angry. Give them a chance to practice this with you.</p>                                                                                                                   |

**READ A BOOK TOGETHER:** Title \_\_\_\_\_

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# Preschool NTI Menu

Student Name: \_\_\_\_\_

**Day 5:** \*Please choose an activity from each subject area below and initial when completed. Menus should be sent back when students return to school.

| Literacy<br>*CHOOSE ONE!                                                                                                                                                                                                                                                               | Math<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                                             | Fine Motor<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                                                | Gross Motor<br>*CHOOSE ONE!                                                                                                                                                                                                                     | Socia/ Social Emotional<br>*CHOOSE ONE                                                                                                                                                                                                                            |
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| <p>Read a book and have a conversation about it. Ask what happened at the beginning, middle and end of the story? Talk about pictures and what is happening.</p> <p><b>Storyline Online</b></p> <p><a href="https://www.storylineonline.net/">https://www.storylineonline.net/</a></p> | <p>Subitizing means your child can recognize "how many" in small sets. Play this video and practice subitizing to 5.</p>  <p><a href="https://video.link/w/vgNqb">https://video.link/w/vgNqb</a></p>                            | <p>Make edible paint! Then your child can use it to fingerprint, paint on toast or cookies, etc. If you don't have a paintbrush, use fingers or q-tips.</p>  <p><a href="https://video.link/w/NhVqb">https://video.link/w/NhVqb</a></p> |  <p>Explore one of the 9 play activities on the Let's Learn KY website.</p> <p><a href="https://letslearnky.org/move/">https://letslearnky.org/move/</a></p> | <p>Play "guess the feeling" with Daniel Tiger!</p>  <p><a href="https://pbskids.org/daniel/games/guess-the-feeling">https://pbskids.org/daniel/games/guess-the-feeling</a></p> |
| <p>Go on a rhyming hunt around your house and find words that rhyme. (wall/ball, door/floor, mop/top, chair/bear, bed/head, Blue/shoe, etc.)</p>                                                                                                                                       | <p>Go on a number hunt. Show your child a number and have them look for numbers of items throughout the house. Once found, have them count the items. For example, one cup, two shoes, or three windows. What numbers did your child identify and count? Circle the correct number.<br/>1 2 3 4 5 6 7 8 9 10</p> | <p>Have your child use tongs, tweezers or a clothespin to move small objects such as cotton balls, beads, noodles, etc from a bowl to a cup, etc.</p>                                                                                 | <p>Make snow angels with a friend. Compare sizes.</p>                                                                                                      | <p>Empty the dishwasher or drying rack together. Have your child help sort the forks, butter knives and spoons. Talk about the different sizes of plates, cups etc.</p>                                                                                           |

**READ A BOOK TOGETHER:** Title \_\_\_\_\_

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# Preschool NTI Menu

Student Name: \_\_\_\_\_

**Day 6:** \*Please choose an activity from each subject area below and initial when completed. Menus should be sent back when students return to school.

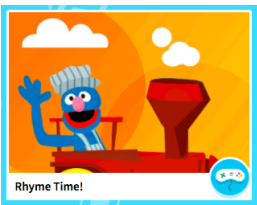
| Literacy<br>*CHOOSE ONE!                                                                                                                                                                                                                                        | Math<br>*CHOOSE ONE!                                                                                                                                                                                                                                     | Fine Motor<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                       | Gross Motor<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                                                                                     | Social/Social Emotional<br>*CHOOSE ONE                                                                                                                                                                                                                                     |
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|  <p>talk together</p> <p>Explore one of the 9 play activities on the Let's Learn KY website.<br/><a href="https://letslearnky.org/talk/">https://letslearnky.org/talk/</a></p> |  <p><a href="https://www.sesamestreet.org/games?id=28007">https://www.sesamestreet.org/games?id=28007</a></p>                                                           | <p>Watch the Mat Man video together and talk about the parts of a body. Then ask your child to draw a portrait of your family!</p>  <p><a href="https://video.link/w/7WUqb">https://video.link/w/7WUqb</a></p> | <p>Wiggle it! After dancing together, talk about how wiggle starts with the sound /w/ and the letter W. Think of other words that start with that sound. (watermelon, window, walk, wink...)</p>  <p><a href="https://video.link/w/seOqb">https://video.link/w/seOqb</a></p> |  <p>connect together</p> <p>Explore one of the 9 play activities on the Let's Learn KY website.<br/><a href="https://letslearnky.org/connect/">https://letslearnky.org/connect/</a></p> |
| <p>Practice saying the alphabet together. Toss a ball back and forth with your child and take turns saying a letter at a time.</p>                                                                                                                              | <p>Using a standard deck of cards, take out the cards that represent the quantities one to five (you can use 1-10 if they know 1-5). Use them to play games including go fish and memory with your child to help them recognize quantities by sight.</p> | <p>Fill a giant Ziploc bag with hair gel and food coloring, if needed. Write their name or other words on a piece of paper. Lay the sealed gel bag over the paper and let your child trace the letters.</p>                                                                                      | <p>Label stairs or make labels on the floor with numbers written on paper and throw bean bags to land on each stair or paper. Make it harder by having your child work to land the beanbag on numbers in order. If you don't have a beanbag use rolled up socks!</p>                                                                                            | <p>Play a game like Candyland, Go Fish, Old Maid, Chutes and Ladders. Practice taking turns. Have your child use "self talk" to remember the steps for taking a turn.</p>                                                                                                  |
| <p><b>READ A BOOK TOGETHER: Title</b> _____</p> <p>In addition to the above activities, please read together each NTI day. Before reading, remind your child about our listening rules " Eyes watching, Ears listening, Voices quiet and Bodies calm".</p>      |                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                            |

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# Preschool NTI Menu

Student Name: \_\_\_\_\_

**Day 7:** Please choose an activity from each subject area below and initial when completed. Menus should be sent back when students return to school.

| Literacy<br>*CHOOSE ONE!                                                                                                                                                                                                                                                         | Math<br>*CHOOSE ONE!                                                                                                                                                                                                                           | Fine Motor<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                                                 | Gross Motor<br>*CHOOSE ONE!                                                                                                                                                                                                                    | Social/ Social Emotional<br>*CHOOSE ONE                                                                                                                                                                                                                                                                  |
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| <p>Practice Rhyme Time with Grover! Click on the grover icon at the top of the page to find it!</p>  <p><a href="https://www.sesamestreet.org/games">https://www.sesamestreet.org/games</a></p> | <p>Measuring Length: Let kids make ramps and see how far their car will roll.</p>  <p><a href="https://video.link/w/Dxiqb">https://video.link/w/Dxiqb</a></p> | <p>Practice cutting with your child. They can cut paper, playdough, magazines, etc. Make sure your child is using the proper grasp. This video can help.</p>  <p><a href="https://video.link/w/5DYqb">https://video.link/w/5DYqb</a></p> | <p>Listen and follow the directions while you dance to "If you're a kid..."</p>  <p><a href="https://video.link/w/d6Oqb">https://video.link/w/d6Oqb</a></p> | <p>Watch the book "Have You Filled A Bucket Today" and then talk about ways to fill a bucket and ways others dip in people's buckets.</p>  <p><a href="https://video.link/w/muZqb">https://video.link/w/muZqb</a></p> |
| <p>Clap the syllables in your child's name. You can also do the names of friends and other family members. Have them put their hand under their chin as they say the name.<br/>An-dre-a (3) Ju-lie (2)</p>                                                                       | <p>Using pennies, buttons, or other small items, create groups of ten or fewer for your child to count. Encourage them to count each item one by one, ensuring that no item is counted twice.</p>                                              | <p>Have your child practice writing his or her name. If they are ready, have them practice writing with one upper case letter and the rest lower case letters. You can also practice writing their last name if they have mastered their first name.</p>                                                                   | <p>Have your child walk, skip, hop, jump around the house looking for objects that are longer, shorter, wider, or thinner than their hand or arm. Have them use their "attent-o-scope" (hands to make binoculars) as they search.</p>          | <p>Draw faces on pieces of paper representing different feelings such as happy, sad, scared, mad, etc. Play a game by flashing the face and having your child name the feeling. You could also do this by showing them pictures.</p>                                                                     |
| <p><b>READ A BOOK TOGETHER:</b> Title _____</p> <p>In addition to the above activities, please read together each NTI day. Before reading, remind your child about our listening rules " Eyes watching, Ears listening, Voices quiet and Bodies calm".</p>                       |                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                          |

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# Preschool NTI Menu

Student Name: \_\_\_\_\_

**Day 8:** \*Please choose an activity from each subject area below and initial when completed. Menus should be sent back when students return to school.

| Literacy<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                                                                                       | Math<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                                                           | Fine Motor<br>*CHOOSE ONE!                                                                                                                                                                                                          | Gross Motor<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                                                        | Social/ social emotional<br>*CHOOSE ONE                                                                                                                                                                                                                                                                                                          |
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| <p>Listen to a book together on Storyline Online. Talk about the book by asking your child if the book makes them of something they have experienced. Help them make connections.</p>  <p><a href="https://www.storylineonline.net/">https://www.storylineonline.net/</a></p> | <p>Have your child create a number line with you using post it notes. You can practice lots of math skills, including number recognition and numerical order.</p>  <p><a href="https://video.link/w/mZwtb">https://video.link/w/mZwtb</a></p> | <p>Paint-a-Long with Peg and Cat!</p>  <p><a href="https://pbskids.org/peg/games/paint-a-long">https://pbskids.org/peg/games/paint-a-long</a></p> | <p>Make an obstacle course using items around your house! You can practice jumping, crawling, running, skipping and more. Ms. Dana made an obstacle course too!</p>  <p><a href="https://video.link/w/lkOqb">https://video.link/w/lkOqb</a></p> | <p>Encourage your child to follow the directions in the Dinosaur Stomp song. Talk with your child about the letter "D" and how the word "dinosaur" begins with the letter "D"</p>  <p><a href="https://video.link/w/QJxtb">https://video.link/w/QJxtb</a></p> |
| <p>Choose a word like "tall." Then work with your child to go through the alphabet, using each letter to make new words that rhyme with the first: "all, ball, call," etc. Talk together about how changing the letter makes a different word.</p>                                                                                                             | <p>Use paper plates or paper and have your child practice writing numbers 0-9, with one number on each. Tape them to the wall like the numbers are set up on a phone. Have them practice dialing your phone number and 911.</p>                                                                                                | <p>Draw wavy, zigzag and straight lines on a paper. Have your child trace them or copy them below. Then let your child cut the lines!</p>                                                                                           | <p>Throw a ball or balloon back and forth with your child. Practice saying the A-B-C's back and forth as you toss..<br/>Child: A<br/>Adult: B<br/>Child: C<br/>Adult: D</p>                                                                                                                                                        | <p>Encourage your child to count plates, napkins, glasses, and forks being used to set the table. At the grocery, ask your child to count the fruits or vegetables you place inside your cart.</p>                                                                                                                                               |

## READ A BOOK TOGETHER: Title \_\_\_\_\_

In addition to the above activities, please read together each NTI day. Before reading, remind your child about our listening rules " Eyes watching, Ears listening, Voices quiet and Bodies calm".

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# Preschool NTI Menu

Student Name: \_\_\_\_\_

**Day 9:** Please choose an activity from each subject area below and initial when completed. Menus should be sent back when students return to school.

| Literacy<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | Math<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                  | Fine Motor<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                    | Gross Motor<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                                                                                                                                                       | Social/social<br>emotional<br>*CHOOSE ONE                                                                                                                                                                                                                                                                                              |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Select paint by letter</p>  <p><a href="https://pbskids.org/supervhy/games/alpha-pigs-paint-by-letter/">https://pbskids.org/supervhy/games/alpha-pigs-paint-by-letter/</a><br/>or a letter dance party.</p>  <p><a href="https://pbskids.org/sesame/games/letter-dance-party/">https://pbskids.org/sesame/games/letter-dance-party/</a></p> | <p>Play Hungry Pirates with Peg and Cat. Work on directional words and counting!</p>  <p><a href="https://pbskids.org/peg/games/hungry-pirates">https://pbskids.org/peg/games/hungry-pirates</a></p> | <p>Use cornstarch, water and food coloring to make Oobleck! You can learn some science and build muscles in little fingers.</p>  <p><a href="https://video.link/w/Gpxtb">https://video.link/w/Gpxtb</a></p> | <p>Encourage your child to follow the directions in the Dinosaur Stomp song. Talk with your child about the letter "D" and how the word "dinosaur" begins with the letter "D".</p>  <p><a href="https://video.link/w/PYqrb">https://video.link/w/PYqrb</a></p>                                                                                 | <p>Watch sesame street friends sing about not giving up. Talk to your child about something he/she wants to do/learn and how important it is to always keep trying!</p>  <p><a href="https://video.link/w/jnwtb">https://video.link/w/jnwtb</a></p> |
| <p>Play a rhyming game. "I say dog, you say ____"</p> <p>* offer pairs of words for them to repeat. Then give them words to choose from "What rhymes with Blue? Cat or Shoe?"</p>                                                                                                                                                                                                                                                                                                                                | <p>Compare everyone in your family's height. Measure each adult and child, you could even add pets! Mark them on the wall with tape or pencil so it can easily be removed. Talk about words like "taller", "shorter", "bigger", "smaller", "tallest", "shortest", etc.</p>            | <p>Practice copying shapes...circles, lines, squares, X, diamond, etc. You can draw the shape, then they copy it. You can use markers or pencils or do it in shaving cream, salt, etc.</p>                                                                                                    | <p>Go on a Scavenger Hunt Outside and find these things:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> 5 different leaves</li> <li><input type="checkbox"/> A flower</li> <li><input type="checkbox"/> 1 long stick &amp; 1 short stick</li> <li><input type="checkbox"/> 10 pieces of grass</li> <li><input type="checkbox"/> Something heavy</li> <li><input type="checkbox"/> Something light</li> </ul> | <p>Make a snack together like peanut butter on crackers or jelly on toast. Or let kids use small measuring cups to transfer water from one bowl or another. These are fun ways to work on pouring, spreading and serving.</p>                                                                                                          |
| <p><b>READ A BOOK TOGETHER: Title</b> _____</p> <p>In addition to the above activities, please read together each NTI day. Before reading, remind your child about our listening rules "Eyes watching, Ears listening, Voices quiet and Bodies calm".</p>                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                        |

If you have any questions regarding NTI work, please feel free to contact your student's teacher! 😊

# Preschool NTI Menu

Student Name: \_\_\_\_\_

**Day 10:** Please choose an activity from each subject area below and initial when completed. Menus should be sent back when students return to school.

| Literacy<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                                                                                                                                            | Math<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                                       | Fine Motor<br>*CHOOSE ONE!                                                                                                                                                                                                                                                                                          | Gross Motor<br>*CHOOSE ONE!                                                                                                                                                                                                            | Social/social<br>emotional<br>*CHOOSE ONE                                                                                                                                                                                                                                                                     |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Pick a letter and watch the song for that letter!<br/> <a href="https://www.youtube.com/watch?v=4KKEkVrvYVY">https://www.youtube.com/watch?v=4KKEkVrvYVY</a><br/>           After the video is over, talk about each of the words said within the video that start with that letter. It's a great way to build vocabulary!</p>  | <p>Practice estimating, counting and number recognition with George using the Bug Catcher game.</p>  <p><a href="https://pbskids.org/curiousgeorge/busyday/bugs/">https://pbskids.org/curiousgeorge/busyday/bugs/</a></p> | <p>Use tape, toilet paper tubes and marbles or pom poms to make a maze! Let your child help add the tape, create the tunnel and roll the marbles.</p>  <p><a href="https://video.link/w/1Twtb">https://video.link/w/1Twtb</a></p> | <p>Do the Bear Walk and lots of other fun movements and yoga poses!</p>  <p><a href="https://video.link/w/3Wvtb">https://video.link/w/3Wvtb</a></p> | <p>Watch Pete the Cat. Talk about how Pete doesn't get upset when things go wrong, he still keeps on singing and doesn't get mad or upset.</p>  <p><a href="https://video.link/w/bmytb">https://video.link/w/bmytb</a></p> |
| <p>Show your child a letter and have them tell you the sound. Then look for items in your house that start with that sound. L - lamp, lemon, etc.<br/>M - mop, mitten, mail...</p>                                                                                                                                                                                                                                  | <p>Make Snow Cream:<br/>           1 cup milk<br/>           1/2 cup sugar<br/>           3 cups of snow<br/>           You can add flavoring!<br/>           Cooking together is a great way to work on number recognition and using words like more and less, full and empty</p>                         | <p>Have your child draw a self portrait. They can also practice saying their whole name, birthday (day and month) and age. You can send it into school when we return.</p>                                                                                                                                          | <p>Have your child walk, skip, hop or walk backward around the house looking for objects that begin with certain sounds. Find something that starts with the /d/ sound, starts with /s/ sound, etc.</p>                                | <p>Have a picnic inside. Practice passing, serving, manners and taking turns.</p>                                                                                                                                        |

**READ A BOOK TOGETHER:** Title \_\_\_\_\_

In addition to the above activities, please read together each NTI day. Before reading, remind your child about our listening rules " Eyes watching, Ears listening, Voices quiet and Bodies calm".

If you have any questions regarding NTI work, please feel free to contact your student's teacher! 😊