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2025/26 All Sports
Meeting



Introduction

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**Athletic
Director**

Kerri Bilben

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**Athletic
Office**

Jane Schlotfeld

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**Transportation
Coordinator**

Jon Moore



Fall Sports Coaches

Cross Country – Robert
Bosma

Football – Dan Johnson

Volleyball – Jackie Anderson



Winter Sports Coaches

Wrestling – Brandon
Gruchow

Boys Basketball – John
Holsten

Girls Basketball – Trey
Fessler

Spring Sports Coaches



Track – Co-Head Robert
Bosma & Adam Wagner

Softball – Chalsey Barry

Baseball – Aaron Olson

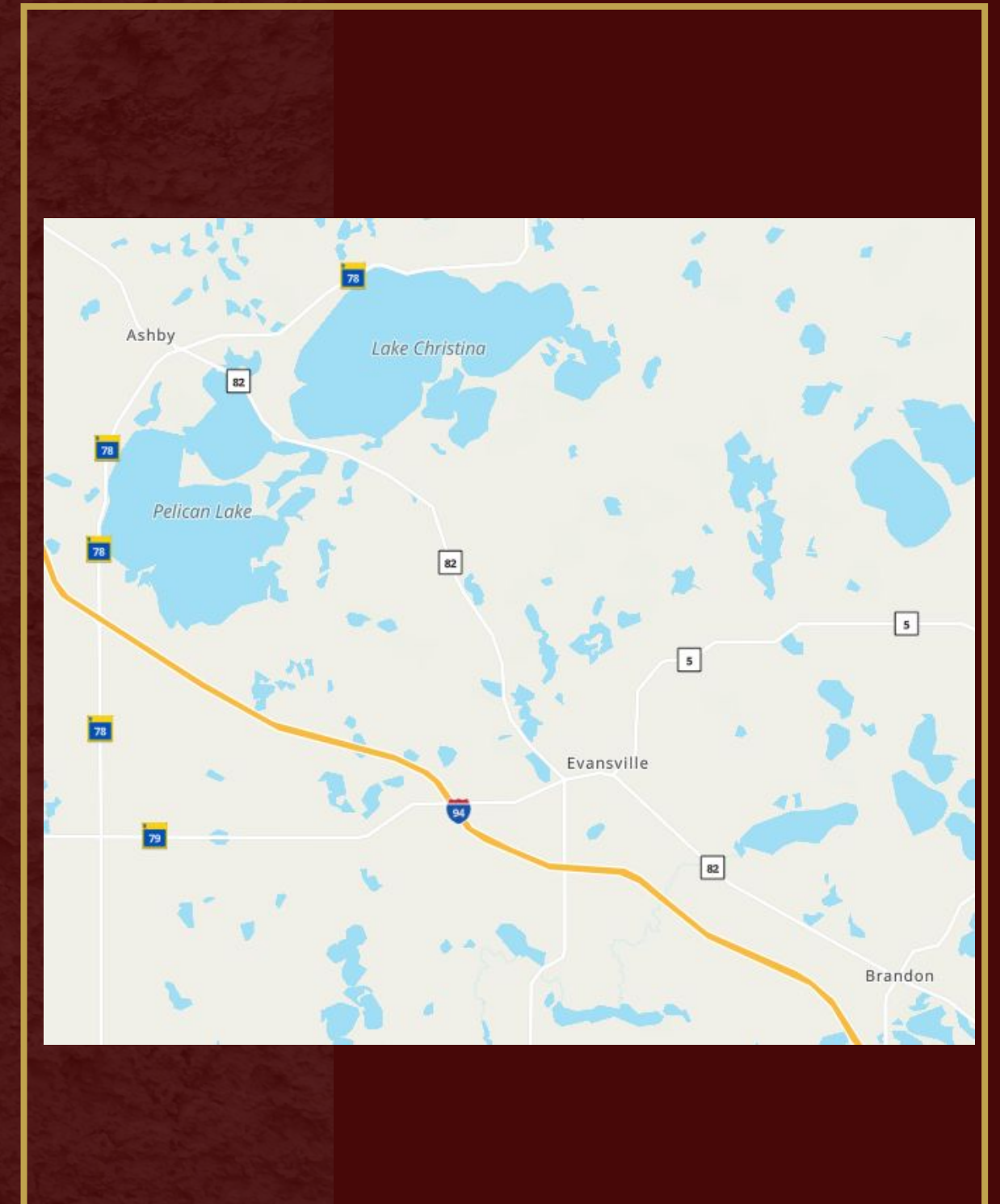
Robotics – Jeremiah Miller

Trap – Dustin Steenblock

Golf – TBD

Fall Locations for Practices

- ❑ Cross Country - Evansville
- ❑ HS Football - Brandon
- ❑ JH Football - Evansville
- ❑ HS Volleyball - Gymnasium
- ❑ JH Volleyball - Auditorium / Gymnasium (if Available)



Activities Philosophy



Activities Philosophy

The Ashby Activities Department believes that athletics and activities are integral parts of the educational system. It is believed that athletics/activities contribute to the educational process of developing well-rounded individuals and young adults. Through the combined support and efforts of the community; school district and athletic/activity staff, students are allowed to participate in the athletic and activity programs as spectators and competitors.

Participation Philosophy



Elementary

Introduce students to as many experiences as possible. Equal participation for those attending regularly.



Junior High

Participation is primary goal along with skill acquisition. Fair distribution of opportunity based on performance in terms of work ethic and positive attitudes.



Junior Varsity

Competition & winning will take on greater importance, but never to the exclusion of participation. Preparing for Varsity.



Varsity

Ashby School has chosen to compete at the interscholastic level rather than at the intramural level. With this in mind, winning is an important part of our program. Not a win-at-all-cost but a Strong effort.

Accelerator Clarification

Moving 7th or 8th Graders up to JV or Varsity Levels. No 6th Graders will be moving up to fill JH Level – That falls on A.D. to make adjustments.

Please refer to the Team Handbooks and Pre-Season Meetings for how each program will handle the practice of accelerating 7th or 8th graders to a JV or Varsity Level.

There is a model practice in the Handbook and if a policy is not provided it will be followed. Otherwise please refer to each individual sport for their specific practice.

How to Find Information – Sources



RSchool

littleeightconference.org



**School
Website**

ashby.k12.mn.us/

Schedules/Updates

- Schedules are set at the beginning of each season and are subject to change.
- We will do our best to communicate as quickly and efficiently as possible when changes are made.
- Each program will have a BAND app account.

Ineligibility List

Thursday

List is compiled

Teachers Submit
Students that are
failing/near-failing/ or
have incompletes

Friday

**Sheet/Pre-canned
Call Home**

If a student is on
submitted, s/he will get
a sheet notifying
him/her & a message
will be sent home.

Weekend

**Complete HW or
Study for Test**

Get Things completed
or ready to complete for
the following Monday.

Monday

Ineligibility Begins

If things are not taken
care of the student will
not be allowed to play
in contests.

Ineligibility List Continued

Academic Extracurricular/Co-curricular Policy

At the beginning of the third week of each quarter, teachers will begin submitting students to the Near / Fail list if they are not meeting the requirements of the class. Families will be notified through Instant Alert and a letter. The instant alerts will not indicate the class or grade, but will indicate that the student is on the “Ineligibility list”. The letter being sent home with the student will contain specific information.

INELIGIBILITY LIST

- Each Thursday (beginning on 3rd Thursday of Quarter) by 3:00 pm, teachers will submit a list of students who are failing or have a near fail/Incomplete in their class to the Office.
- Friday the Athletic Director will notify students if he/she was put on the ineligibility list.
- Students then will be ineligible the following Monday to participate in extracurricular contests.
- The student will have the ability to get off the list as soon as he/she satisfies the following:
 - If it is a near fail / incomplete the student must meet with the teacher and come up with a plan to improve the grade or complete the assignment.
 - If a student is failing the student must get the grade above a failing mark to become eligible.
- The student must obtain a signature for the coach stating he/she is no longer ineligible.
- Teachers will grade any missing work within 48 hours of receiving the missing or incomplete work.
- If a student is on the Ineligibility List he/she loses the privilege to take part in the open lunch.

*If a student receives a failing grade at the end of a quarter, they will be ineligible for two weeks.

Eligibility Continued

- Please have your student-athletes communicate with their teachers and come to me with any questions.
- After Signing the MSHSL waiver you are agreeing to the bylaws within the document.
- If you have any specific questions for me about the handbook please let me know.



2024-2025
MINNESOTA STATE HIGH SCHOOL LEAGUE

MSHSL Eligibility Brochure

Students: Your participation in high school activities is dependent on your eligibility. PROTECT that eligibility by reviewing with your parent(s)/guardian(s) this summary of Minnesota State High School League rules which govern your participation. Complete regulations are found in the MSHSL Official Handbook which is available at each member high school and which is also posted on the MSHSL Website: www.mshsl.org/governance. Please keep this brochure for reference, and if there is a question about any rule interpretation, CONTACT YOUR SCHOOL PRINCIPAL OR ATHLETIC/ACTIVITIES DIRECTOR.

I understand I must sign the current eligibility statement prior to participation each school year.
I understand that once I sign the eligibility statement all eligibility rules apply:

- 12 months of the year;
- Whether I am currently participating or not;
- Continuously from the first signing of the statement through the completion of my high school eligibility.

Parents/Guardians: REVIEW the following rules with your son or daughter. Your role in stressing the value of following these rules cannot be overstated.

General Student Eligibility Checklist (must be completed by all students) (If you cannot check all 8 items, see your athletic/activities director or principal)

- 1. Making academic progress toward graduation.
- 2. Will not have turned 20 before the start of the season in which I participate.
- 3. Have not dropped out of school or repeated a grade beginning with the initial entrance in the 9th grade.
- 4. Have not and will not use or possess tobacco or alcoholic beverages, use, consume, have in possession, buy, sell or give away any other controlled substance, including steroids, drug paraphernalia or products containing or used to deliver nicotine, tobacco products and other chemicals.
- 5. Have not and will not violate the racial/religious/sexual harassment/violence/and hazing bylaws of the MSHSL.
- 6. I agree to fully cooperate in any investigation honestly and truthfully.
- 7. Regardless of my age I agree to follow all of the MSHSL Bylaws in order to be eligible to represent my school in League-sponsored activities.
- 8. Both the student and parent have reviewed the concussion management information contained in the Eligibility Brochure and found on the following website: www.cdc.gov/headsup

Athletic Eligibility Checklist (must be completed by all athletes) (If you cannot check all 5 items, see your athletic/activities director or principal)

- 1. Physical exam within the last three (3) years on file with the school.
- 2. Have not transferred schools.
- 3. Will not participate in more than six (6) seasons in any sport in grades 7-12.
- 4. Have not accepted cash in any amount or merchandise valued at more than \$100 for participating in a sport.
- 5. Have not and will not compete in non-school events in my sport during my high school season.

INFORMED CONSENT: By its nature, participation in interscholastic athletics includes risk of injury and the transmission of infectious diseases such as HIV, Hepatitis B, herpes and others. Although serious injuries are not common, and the risk of HIV transmission is almost nonexistent in supervised school athletic programs, it is impossible to eliminate all risk. Participants have the responsibility to help reduce that risk. Participants must obey all safety rules, report all physical and hygiene problems to their coaches, follow a proper conditioning program, and inspect their own equipment daily.

Attendance

A. On a game day, a player must be in attendance for the entire school day. If a player is absent, they will not be allowed to participate in the game that day without permission from the Administration before the absence. Examples of excused absences:

- Medical appointments
- College visits
- Family emergencies

The High School Principal or Activities Director will be responsible for notifying the athlete and coach of the absence.

B. Students must be in attendance by the start of 4th Period to practice on that day.

C. A student assigned to In-School Suspension will not practice or play on those days.

D. A student assigned to after-school detention will not play or practice on that day until detention is served or arrangements made with the Administration.

Devices and Social Media

- **THINK BEFORE YOU SEND, POST, SNAP, SHARE, ETC.**
 - **DO NOT USE YOUR CELL PHONES IN LOCKER ROOMS**
 - **MSHSL bans all cell phones or cameras in locker rooms**
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Parent, Player & Coach Interactions

After a 24-Hour Cool-Down period, then....

- A) Grievances - After the 24 Hour period
 - a) 1st Player approaches coach asking for meeting
 - b) 2nd If Grievance is not resolved Player approaches AD about a meeting
 - c) 3rd If Grievance is not resolved or player prefers for parent to talk to AD then a Meeting with Parent and AD (Player attendance if appropriate).
 - d) 4th If Grievance is still not resolved then AD, Player, Coach and Parent meet.
 - e) 5th If Grievance is still unresolved then AD, Parent, Player (if appropriate), and Superintendent meet.

Dual Sports Information

- **If you have interest in being a dual sport athlete please come talk with me.**
 - **You must pick a primary sport and a secondary sport.**
 - **If there are events on the same day, you must go to the primary sport.**
 - **The student-athlete must communicate with both coaches and participate in the primary sport practices unless mutually agreed on by all three parties (Student, Primary Coach, Secondary Coach).**
 - **There is a waiver to sign if you plan to dual-compete.**

Questions?

School contact information:

(218) 747-2257 main office

Ms. Kerri Bilben Contact Information:

kbilben@ashbyps.org

GO ARROWS & GO BOLTS



ARROWS

THANK YOU FOR COMING!