

# School Counselor Newsletter



## A Note from the Counselor

It has been an absolute joy getting to know your student and work with them at Stephens School this year. Your child has attended two social-emotional learning lessons with me so far. I have taught your student about bullying-what it is, what it is not, strategies for stopping it and how to report it (review the back of this letter). In August we discussed how to access the school counselor and how to get help solving problems at school.

I will be meeting with students to discuss kindness, empathy and how to create a ripple of kindness at school, home and in our community. We are working on initiatives to promote kindness at our school and look forward to celebrating students that are “Caught Being Kind”.

I am excited about the opportunity to work with your student on more social-emotional skills each month. This month we are celebrating Red Ribbon Week and learning healthy habits. Other topics for class lessons include goal setting, resilience, ACAP testing strategies and building career awareness. I look forward to a wonderful school year with your child!

Sincerely,

**Mrs. Blankenship**

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