



December 10,
2025

4:30 PM

Sanger MS
Lecture Hall

AGENDA

- Welcome
 - Sign in sheet and introductions. Outline and meeting agenda reviewed with members and guests
 - Council in Attendance: [PDF SHACroster12/10.pdf](#)
- Discuss options for SB12
 - Opt-In vs. Opt-Out: discussed services affected by SB12 and the difference between opt-in requirements and opt-out services.
 - Detailed list vs. Blanket Statement: reviewed different districts regarding types of consent options.
 - Registration vs. Parentsquare: a vote was taken and determined that the community members would prefer the consents to be part of the registration process and not via Parentsquare.
 - Separation of Counseling services and Health services: reviewed other districts, and decided to separate counseling services and health services consent forms on website and during registration.



- SHAC Goals: Sanger ISD's wellness plan was updated and reviewed in 2025 and so the SHAC will create goals that align with the current wellness plan.
 - Nutrition: nutrition services not present during meeting, but will submit goal concepts for follow up at next meeting.
 - Counseling Services: Counseling services will keep their goals in line with Sanger ISD Wellness plan and look into ways to support teaching staff's mental health.
 - Physical Fitness: concerns were brought up regarding both high school level physical fitness as well as teacher physical health and programs.
 - Discussed weight loss competition for district (coming in December)
 - Discussed possibility of introducing intramural sports
 - Chair to follow up with SHS administration regarding physical activity ideas.
 - Health Curriculum: will review current health education curriculum at next scheduled meeting as well as alternative options.
- School Health Handbook Updates: were reviewed and sent home for member evaluation. Feedback requested to chair for any changes or concerns.



- Anaphylaxis and Epinephrine Protocol:
 - [Anaphylaxis/Allergy Guideline](#)
- Concussion Protocol
 - [Concussion Guideline](#)
- Needs & Adjournment
 - Seek local physician for medical director
 - Standing orders: pending medical director for review.