

Triennial Assessment Tool

Every three years or more often if the district desires, the district must conduct an assessment of the wellness policy that is made available to the public. The evaluation must address:

- Compliance with the district policy
- The extent to which the local wellness policy compares to a Model Policy
- Progress made in attaining the goals of the wellness policy.

The first triennial assessment should be completed by June 30, 2023, or earlier. The second triennial assessment is due 3 years from the completion of the first triennial assessment. **Districts are required to make the Local Wellness Policy and Triennial Assessment results available to the public.**

Date of Assessment: December 2025 Name of District: Forsyth County Schools Number of Schools in District: 43

Nutrition Education Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. Nutrition Education offered at each level	Completed	43	
2. Nutrition education offered in cafeterias	Completed	43	
3. Positive and consistent nutrition messages are taught in the classroom.	Completed	43	
4. Promotes a variety of healthy food choices	Completed	43	
5.	Choose an item.		
Nutrition Promotion Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. Menus with nutritional information will be posted monthly on system website.	Completed	43	
2. Working with system Communication Department, marketing plan for overall promotion plan for program.	Partially Completed	43	
3. Systematic plan to promote Free and Reduced Applications.	Completed	43	
4. Farm to Table/ Harvest of the Month participation at each school. Promotion of Locally Grown Produce.	Partially Completed	30	On any given month more than ½ of our schools participate in HOM activities.
5.	Choose an item.		

Physical Activity Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. Students will meet or exceed state standard goals for required recess time.	Completed	23	Recess only occurs at Elementary level
2. PE classes have a student/teacher ratio consistent with research, national and state standards.	Completed	43	
3. PE instructors are credentialed in field.	Completed	43	
4. Students with disabilities are provided "adaptive physical education activities" to encourage activity and movement.	Completed	43	
5. Mindful Movement and Breathing	Completed	23	All Elementary schools have teachers that are trained and implementing this in schools

Other School-Based Activities that Promote Student Wellness Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. Jump rope for Heart	Partially Completed	23	
2. Hoops for Heart	Partially Completed	11	
3. Clubs and Activities	Completed	43	
4. Intramural sports and activities	Completed	11	
5.	Choose an item.		
Nutrition Guidelines for All Foods and Beverages Sold to Students	Status (select one):	Number of Compliant Schools:	Notes:
1. All Schools will comply with regulations set forth in the NSLP and NSBP.	Completed	43	
2. All food and beverages sold on campus to students during the school day must meet the nutritional standards as outlined in the Smart Snack regulations.	Completed	43	
3. Food based fund raising requests/ exceptions to Smart Snack guidelines have been properly approved by Chief of Staff and Chief of Food and Nutrition and does not exceed State standards.	Completed	43	
4.	Choose an item.		
5.	Choose an item.		

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Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e., classroom parties, foods given as reward)</i>	Status (select one):	Number of Compliant Schools:	Notes:
1. Use of non-food treats as rewards and incentives in the classroom is encouraged.	Partially Completed	34	Classroom food rewards used on a limited basis
2. Classroom celebrations and parties should involve fun participatory events and nonfood treats that encourage physical activity rather than the focus being on food.	Partially Completed	34	
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
Policies for Food and Beverage Marketing	Status (select one):	Number of Compliant Schools:	Notes:
1. School-based marketing will be consistent with nutrition education and health.	Completed	43	
2.	Choose an item.		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		

Wellness Policy Leadership <i>Name of school official(s) who are responsible to ensure compliance.</i>	Title and School	Notes:
1. Sarah Taylor	Associate Superintendent	
2. Todd McClelland	Chief of Food and Nutrition	
3. Jordann Aler	Professional Learning facilitator	
4. Esha Naaz	Menu Planner/ Registered Dietician	
5. Ashley Baer	Wellness Coordinator	
Wellness Committee Involvement <i>List of committee members' names</i>	Title and Organization	Notes:
1. Various	Local School Council members	Includes parents, teachers and community members, of the 43 schools
2. Various	Principal or designee	Of the 43 schools
3. Various	SFS manager	Of the 43 schools
4. Various	School Nursing staff	Of the 43 schools
5.		
Public Notification <i>Where it is posted i.e., webpage, handbook, etc.</i>	How often it is updated/released:	Notes:
1. webpage	As necessary	Updated 12/2025
2.		
3.		
4.		
5.		

KEY	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal

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Local Wellness Policy Assessment Comparison to a Model Policy

The Local Wellness Policy Final Rule requires districts to assess the extent to which their Local Wellness Policy aligns with model policies at least once every three years. Use this form to assess how your policy compares to the Model Policy. Identify the areas of strength and success and the areas the district wants to work on in the coming years. **Districts are required to make the Local Wellness Policy and Triennial Assessment results available to the public.**

District Name: _Forsyth County Schools_

Date: _December 2025_

		Yes/No	Comments
1	Policy contains specific language regarding nutrition education.	Yes	
2	Policy contains specific language regarding nutrition promotion.	Yes	
3	Policy contains specific language regarding physical activity as part of health education.	Yes	
4	Policy contains specific language regarding increased student activity including physical activity breaks, active academics, and before and after school activities.	No	Outside the scope of our control,
5	Policy contains specific language regarding health education curriculum requirements on healthy eating.	Yes	
6	Policy contains specific language regarding other activities that promote student wellness. This includes community partnerships, family engagement, staff wellness, and professional learning.	Yes	
7	Policy contains specific language regarding nutrition requirements established by local, state, and federal regulations.	Yes	
8	Policy contains specific language regarding competitive foods and beverages.	Yes	
9	Policy contains specific language regarding food use in celebrations and rewards.	Yes	

10	Policy contains specific language regarding fundraising guidelines.	Yes	
11	Policy contains specific language regarding food and beverage marketing in schools.	Yes	
12	Policy contains specific language regarding water availability and promotion.	No	No, However all schools have bottle-fillers and water fountains available for students.
13	Policy contains specific language regarding promotion of healthy food and beverages.	Yes	
14	Policy contains specific language regarding staff qualifications and professional development.	Yes	
15	Policy contains specific language regarding community involvement, including outreach and communication to the community.	Yes	
16	School Food Authority (SFA) has convened a Wellness Committee.	Yes	
17	Wellness committee meets at least 4 times per year.	No	Not Federally required.
18	Committee includes representatives from all school levels and include (to the extent possible) but not limited to: parents and caregivers; students; representatives from school nutrition department; physical education teachers; health education teachers; school health professionals; school health services staff; mental health and social services staff; school administrators; school board members; and the general public.	Yes	
19	The SFA has developed and maintains a plan for managing and coordinating the execution of the policy. This plan delineates roles, responsibilities, actions, and timelines specific to each school.	Yes	
20	The SFA has convened the district wellness committee and facilitate development of and updates to wellness policy and will ensure each school's compliance with the policy.	Yes	
21	SFA has retained records that document compliance with policy requirements.	Yes	
22	SFA annually informs families and the public of basic policy information. Information includes policy content, updates, and implementation status.	No	Policy content, updates and implementation status will be shared on the FNS webpage going forward.

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23	The SFA has evaluated compliance with the policy to assess implementation. The evaluation occurs triennially, and results are posted publicly. If the assessment has not occurred, determine plans for the evaluation.	Yes	
24	Following the triennial evaluation, the policy was assessed and updated as needed. If this has not occurred what are plans to assess and update the policy?	Yes	