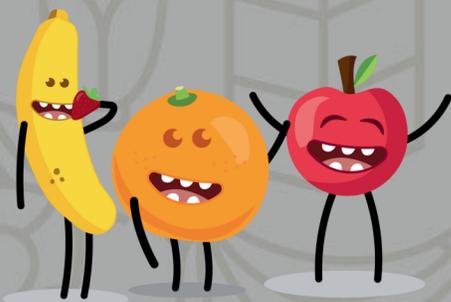


HEAD START BREAKFAST MENU

Jan 5 Cocoa Puffs™ Orange Cup Milk	6 Cherry Vanilla Yogurt Apple Slices Milk	7 Trix™ Cereal Banana Milk	8 Cherry Vanilla Yogurt Apple Slices Milk	9 Maple Waffle Applesauce Milk
12 Cinnamon Rice Chex Orange Cup Milk	13 Cherry Vanilla Yogurt Apple Slices Milk	14 Honey Cheerios™ Banana Milk	15 Cherry Vanilla Yogurt Apple Slices Milk	16 Pancake Bites Mango Applesauce Milk
19 	20 Cherry Vanilla Yogurt Apple Slices Milk	21 Trix™ Cereal Banana Milk	22 Cherry Vanilla Yogurt Apple Slices Milk	23 Maple Waffle Applesauce Milk
26 Cinnamon Rice Chex Clementines Milk	27 Cherry Vanilla Yogurt Apple Slices Milk	28 Honey Cheerios™ Banana Milk	29 Cherry Vanilla Yogurt Apple Slices Milk	30 



- For nutrient & allergen information, visit SchoolCafe.com/SPPS.
- Menu subject to change.
- This institution is an equal opportunity provider.

HEAD START LUNCH MENU

<p>Jan 5</p> <p>Crispy Chicken Sandwich</p> <p>Soybutter Sandwich</p> <p>French Fries Strawberries</p>	<p>6</p> <p>General Tso's Chicken or Tofu Jasmine Rice</p> <p>Soybutter Sandwich</p> <p>Broccoli Apple Wedges</p>	<p>7 TACO DAY</p> <p>Seasoned Beef Whole Wheat Tortilla Refried Beans Lettuce Cheese Sauce</p> <p>Soybutter Sandwich</p> <p>Apple Slices</p>	<p>8 MN THURSDAY!</p> <p>Chicken Nuggets or Plant Based Tenders Beef Chili</p> <p>Soybutter Sandwich</p> <p>Sweet Potato Wedges Banana</p>	<p>9</p> <p>Italian Dunker Marinara Sauce</p> <p>Soybutter Sandwich</p> <p>Cucumbers Applesauce Cup</p>
<p>12</p> <p>Penne Pasta Meat Sauce Garlic Knot</p> <p>Soybutter Sandwich</p> <p>Cucumbers Strawberries</p>	<p>13</p> <p>Beef or Tofu Bulgogi Jasmine Rice</p> <p>Soybutter Sandwich</p> <p>Broccoli Granny Smith Apple Wedges</p>	<p>14 TACO DAY</p> <p>Seasoned Beef Whole Wheat Tortilla Refried Beans Lettuce Shredded Cheese</p> <p>Soybutter Sandwich</p> <p>Apple Slices</p>	<p>15</p> <p>Chicken Fingers or Plant Based Tenders Mac & Cheese Galaxy Sauce</p> <p>Soybutter Sandwich</p> <p>Cucumbers Banana</p>	<p>16</p> <p>Beef Sambusas Basbaas Yellow Rice</p> <p>Soybutter Sandwich</p> <p>Mixed Vegetables Clementines</p>
<p>19</p> <p>NO SCHOOL TODAY!</p> 	<p>20</p> <p>Orange Chicken or Tofu Jasmine Rice</p> <p>Soybutter Sandwich</p> <p>Mixed Vegetables Granny Smith Apple Wedges</p>	<p>21</p> <p>Glazed Chicken Bites or Plant Based Tenders Corn Muffin</p> <p>Soybutter Sandwich</p> <p>Mashed Potatoes & Gravy Apple Slices</p>	<p>22</p> <p>Cheeseburger</p> <p>Soybutter Sandwich</p> <p>French Fries Cucumbers Banana</p>	<p>23</p> <p>Cheese Pizza</p> <p>Soybutter Sandwich</p> <p>Cucumbers Clementines</p>
<p>26</p> <p>Cheese Tortellini Alfredo Sauce Shredded Cheese</p> <p>Soybutter Sandwich</p> <p>Green Beans Strawberries</p>	<p>27 TACO DAY</p> <p>Seasoned Beef Whole Wheat Tortilla Refried Beans Lettuce Shredded Cheese Salsa</p> <p>Soybutter Sandwich</p> <p>Granny Smith Apple Wedges</p>	<p>28</p> <p>Cheese and Green Chili Quesadilla Salsa</p> <p>Soybutter Sandwich</p> <p>Seasoned Tater Tots Apple Slices</p>	<p>29</p> <p>French Toast Slice Chicken Sausage</p> <p>Soybutter Sandwich</p> <p>Hash Brown Banana</p>	<p>30</p> <p>NO SCHOOL TODAY!</p> 

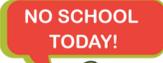
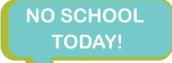
Milk is served at every meal.

Menu subject to change.

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JANUARY SNACK MENU

<p>Jan 5 Whole Grain Cheddar Goldfish Grape Juice Box</p>	<p>6 Educational Crackers Strawberry Kiwi Juice Box</p>	<p>7 Vanilla Goldfish Graham Grape Juice Box</p>	<p>8 Hartzels® Pretzels Tropical Fruit Punch Juice Box</p>	<p>9 Cheez-It® Crackers Strawberry Kiwi Juice Box</p>
<p>12 Blueberry Mini Loaf Tropical Fruit Punch Juice Box</p>	<p>13 Whole Grain Cheddar Goldfish Grape Juice Box</p>	<p>14 Educational Crackers Strawberry Kiwi Juice Box</p>	<p>15 Vanilla Goldfish Graham Grape Juice Box</p>	<p>16 Hartzels® Pretzels Tropical Fruit Punch Juice Box</p>
<p>19  </p>	<p>20 Blueberry Mini Loaf Tropical Fruit Punch Juice Box</p>	<p>21 Whole Grain Cheddar Goldfish Grape Juice Box</p>	<p>22 Educational Crackers Strawberry Kiwi Juice Box</p>	<p>23 Vanilla Goldfish Graham Grape Juice Box</p>
<p>26 Hartzels® Pretzels Tropical Fruit Punch Juice Box</p>	<p>27 Cheez-It® Crackers Strawberry Kiwi Juice Box</p>	<p>28 Blueberry Mini Loaf Tropical Fruit Punch Juice Box</p>	<p>29 Whole Grain Cheddar Goldfish Grape Juice Box</p>	<p>30  </p>