

BREAKFAST MENU

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| <p>5 Turkey Sausage Breakfast Pizza Orange Cup</p> | <p>6 Chocolate Chocolate Chip Muffin Apple Slices</p> | <p>7 Sweet Heat Turkey Sausage & Cheese or Egg & Cheese Biscuit Banana</p> | <p>8 Banana Chocolate Chip Muffin Apple</p> | <p>9 French Toast Sticks Syrup Pear Cup Frozen Fruit Cup</p> |
| <p>12 Cinnamon Mini Cinnis Orange Cup</p> | <p>13 Chocolate Chocolate Chip Muffin Apple Slices</p> | <p>14 St. Paul Croissant Breakfast Sandwich Banana</p> | <p>15 Golden Hug Apple Caramel Muffin Apple</p> | <p>16 Egg & Cheese Omelet Apple Slices Frozen Fruit Cup</p> |
| <p>19 NO SCHOOL TODAY! </p> | <p>20 Chocolate Chocolate Chip Muffin Apple Slices</p> | <p>21 Sweet Heat Turkey Sausage & Cheese or Egg & Cheese Biscuit Banana</p> | <p>22 Banana Chocolate Chip Muffin Apple</p> | <p>23 French Toast Sticks Syrup Apple Slices Frozen Fruit Cup</p> |
| <p>26 Cinnamon Mini Cinnis Clementines</p> | <p>27 Chocolate Chocolate Chip Muffin Apple Slices</p> | <p>28 St. Paul Croissant Breakfast Sandwich Banana</p> | <p>29 Celebration Muffin Apple</p> | <p>30 NO SCHOOL TODAY! </p> |

DAILY CHOICES

- Teriyaki Chicken Rice Bowl
- Assorted Cereals
- Yogurt
- String Cheese
- Juice
- Milk

- For nutrient & allergen information, visit SchoolCafe.com/SPPS.
- Menu subject to change.
- This institution is an equal opportunity provider.

LUNCH MENU

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| <p>Jan 5</p> <p>Crispy Chicken Sandwich or Veggie Burger</p> <p>Soybutter Sandwich</p> <p>French Fries</p> | <p>6</p> <p>General Tso's Chicken or Tofu Jasmine Rice</p> <p>Soybutter Sandwich</p> <p>Broccoli</p> | <p>7</p> <p>NACHO DAY</p> <p>Seasoned Beef Refried Beans Cheese Sauce Tortilla Chips</p> <p>Soybutter Sandwich</p> | <p>8 MN THURSDAY!</p> <p>Turkey Hot Dog with Beef Chili</p> <p>Soybutter Sandwich</p> <p>Sweet Potato Wedges</p> | <p>9</p> <p>Italian Dunker Marinara Sauce</p> <p>Soybutter Sandwich</p> |
| <p>12</p> <p>Penne Pasta Meat Sauce or Marinara Sauce Garlic Knot</p> <p>Soybutter Sandwich</p> <p>Choice Bar</p> | <p>13</p> <p>Beef or Tofu Bulgogi Jasmine Rice</p> <p>Soybutter Sandwich</p> <p>Broccoli Choice Bar</p> | <p>14 TACO DAY</p> <p>Seasoned Beef Refried Beans Shredded Cheese Tortilla Shell</p> <p>Soybutter Sandwich</p> <p>Choice Bar</p> | <p>15</p> <p>Pancakes Chicken Sausages</p> <p>Soybutter Sandwich</p> <p>Hash Browns Choice Bar</p> | <p>16</p> <p>Beef or Lentil Sambusas Yellow Rice Basbaas Hummus</p> <p>Soybutter Sandwich</p> <p>Mixed Vegetables Choice Bar</p> |
| <p>19</p> <p>NO SCHOOL TODAY!</p>  | <p>20</p> <p>Orange Chicken or Tofu Jasmine Rice</p> <p>Soybutter Sandwich</p> <p>Mixed Vegetables Choice Bar</p> | <p>21</p> <p>Oven Fried Chicken Drumstick or Plant Based Tenders Corn Muffin</p> <p>Soybutter Sandwich</p> <p>Mashed Potatoes and Gravy Choice Bar</p> | <p>22</p> <p>Cheeseburger or Veggie Burger</p> <p>Soybutter Sandwich</p> <p>French Fries Choice Bar</p> | <p>23</p> <p>Italian Dunker Marinara Sauce</p> <p>Soybutter Sandwich</p> <p>Choice Bar</p> |
| <p>26</p> <p>Cheese Tortellini Alfredo Sauce Shredded Cheese Garlic Knots</p> <p>Soybutter Sandwich</p> <p>Green Beans Choice Bar</p> | <p>27</p> <p>Chicken Tinga Frito® Crunch Refried Beans Shredded Cheese Salsa</p> <p>Soybutter Sandwich</p> <p>Choice Bar</p> | <p>28</p> <p>Glazed Chicken Bites or Plant Based Tenders Corn Garlic Knot</p> <p>Soybutter Sandwich</p> <p>Corn Choice Bar</p> | <p>29</p> <p>French Toast Slices Chicken Sausages</p> <p>Soybutter Sandwich</p> <p>Hash Browns Choice Bar</p> | <p>30</p> <p>NO SCHOOL TODAY!</p>  |