

## BREAKFAST MENU

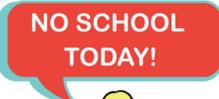
<p><b>Jan 5</b>                  Turkey Sausage Breakfast Pizza                  Orange Cup</p>	<p><b>6</b>                  Chocolate Chocolate Chip Muffin                  Apple Slices</p>	<p><b>7</b>                  Sweet Heat Turkey Sausage &amp; Cheese or Egg &amp; Cheese Biscuit                  Banana</p>	<p><b>8</b>                  Banana Chocolate Chip Muffin                  Apple</p>	<p><b>9</b>                  French Toast Sticks                  Syrup                  Pear Cup                  Frozen Fruit Cup</p>
<p><b>12</b>                  Cinnamon Mini Cinnis                  Orange Cup</p>	<p><b>13</b>                  Chocolate Chocolate Chip Muffin                  Apple Slices</p>	<p><b>14</b>                  St. Paul Croissant Breakfast Sandwich                  Banana</p>	<p><b>15</b>                  Golden Hug Apple Caramel Muffin                  Apple</p>	<p><b>16</b>                  Egg &amp; Cheese Omelet                  Apple Slices                  Frozen Fruit Cup</p>
<p><b>19</b>  </p>	<p><b>20</b>                  Chocolate Chocolate Chip Muffin                  Apple Slices</p>	<p><b>21</b>                  Sweet Heat Turkey Sausage &amp; Cheese or Egg &amp; Cheese Biscuit                  Banana</p>	<p><b>22</b>                  Banana Chocolate Chip Muffin                  Apple</p>	<p><b>23</b>                  French Toast Sticks                  Syrup                  Apple Slices                  Frozen Fruit Cup</p>
<p><b>26</b>                  Cinnamon Mini Cinnis                  Clementines</p>	<p><b>27</b>                  Chocolate Chocolate Chip Muffin                  Apple Slices</p>	<p><b>28</b>                  St. Paul Croissant Breakfast Sandwich                  Banana</p>	<p><b>29</b>                  Celebration Muffin                  Apple</p>	<p><b>30</b>  </p>

### DAILY CHOICES

- Assorted Cereals
- Teriyaki Chicken Rice Bowl
- Juice
- Milk

- For nutrient & allergen information, visit [SchoolCafe.com/SPPS](http://SchoolCafe.com/SPPS).
- Menu subject to change.
- This institution is an equal opportunity provider.

## LUNCH MENU

<p><b>Jan. 5</b> Crispy or Hot &amp; Spicy Chicken Sandwich  Cheeseburger or Veggie Burger  French Fries</p>	<p><b>6</b> General Tso's Chicken or Tofu Jasmine Rice Broccoli  Crispy or Hot &amp; Spicy Chicken Sandwich or Veggie Burger French Fries</p>	<p><b>7 NACHO DAY</b> Seasoned Beef Refried Beans Cheese Sauce Tortilla Chips  Cheeseburger or Veggie Burger French Fries</p>	<p><b>8 MN THURSDAY!</b> Turkey Hot Dog with Beef Chili Sweet Potato Wedges  Chicken Sliders or Veggie Burger French Fries</p>	<p><b>9</b> Italian Dunker Marinara Sauce  Cheeseburger or Veggie Burger French Fries</p>
<p><b>12</b> Penne Pasta Meat Sauce or Marinara Sauce Garlic Knot  Cheeseburger or Veggie Burger French Fries</p>	<p><b>13</b> Beef or Tofu Bulgogi Jasmine Rice Broccoli  Crispy or Hot &amp; Spicy Chicken Sandwich or Veggie Burger French Fries</p>	<p><b>14 TACO DAY</b> Seasoned Beef Refried Beans Shredded Cheese Tortilla Shell  Cheeseburger or Veggie Burger French Fries</p>	<p><b>15</b> Pancakes Chicken Sausages Hash Browns  Crispy or Hot &amp; Spicy Chicken Sandwich or Veggie Burger French Fries</p>	<p><b>16</b> Beef or Lentil Sambusas Yellow Rice Basbaas Hummus Mixed Vegetables  Cheeseburger or Veggie Burger French Fries</p>
<p><b>19</b>  </p>	<p><b>20</b> Orange Chicken or Tofu Jasmine Rice Mixed Vegetable  Crispy or Hot &amp; Spicy Chicken Sandwich or Veggie Burger French Fries</p>	<p><b>21</b> Oven Fried Chicken Drumstick or Plant Based Tenders Mashed Potatoes and Gravy Corn Muffin  Cheeseburger or Veggie Burger French Fries</p>	<p><b>22</b> Cheeseburger or Veggie Burger  Chicken Sliders or Veggie Burger  French Fries</p>	<p><b>23</b> Italian Dunker Marinara Sauce  Cheeseburger or Veggie Burger French Fries</p>
<p><b>26</b> Cheese Tortellini Alfredo Sauce Shredded Cheese Green Beans Garlic Knots  Cheeseburger or Veggie Burger French Fries</p>	<p><b>27</b> Chicken Tinga Frito® Crunch Refried Beans Shredded Cheese Salsa  Crispy or Hot &amp; Spicy Chicken Sandwich or Veggie Burger French Fries</p>	<p><b>28</b> Glazed Chicken Bites or Plant Based Tenders Corn Garlic Knot  Cheeseburger or Veggie Burger French Fries</p>	<p><b>29</b> French Toast Slices Chicken Sausages Hash Browns  Crispy or Hot &amp; Spicy Chicken Sandwich or Veggie Burger French Fries</p>	<p><b>30</b>  </p>