

## BREAKFAST MENU

<p><b>Jan 5</b> Turkey Sausage Breakfast Pizza Orange Cup</p>	<p><b>6</b> Chocolate Chocolate Chip Muffin Apple Slices</p>	<p><b>7</b> Sweet Heat Turkey Sausage &amp; Cheese or Egg &amp; Cheese Biscuit Banana</p>	<p><b>8</b> Banana Chocolate Chip Muffin Apple</p>	<p><b>9</b> French Toast Sticks Syrup Pear Cup Frozen Fruit Cup</p>
<p><b>12</b> Cinnamon Mini Cinnis Orange Cup</p>	<p><b>13</b> Chocolate Chocolate Chip Muffin Apple Slices</p>	<p><b>14</b> St. Paul Croissant Breakfast Sandwich Banana</p>	<p><b>15</b> Golden Hug Apple Caramel Muffin Apple</p>	<p><b>16</b> Egg &amp; Cheese Omelet Apple Slices Frozen Fruit Cup</p>
<p><b>19</b> NO SCHOOL TODAY! </p>	<p><b>20</b> Chocolate Chocolate Chip Muffin Apple Slices</p>	<p><b>21</b> Sweet Heat Turkey Sausage &amp; Cheese or Egg &amp; Cheese Biscuit Banana</p>	<p><b>22</b> Banana Chocolate Chip Muffin Apple</p>	<p><b>23</b> French Toast Sticks Syrup Apple Slices Frozen Fruit Cup</p>
<p><b>26</b> Cinnamon Mini Cinnis Clementines</p>	<p><b>27</b> Chocolate Chocolate Chip Muffin Apple Slices</p>	<p><b>28</b> St. Paul Croissant Breakfast Sandwich Banana</p>	<p><b>29</b> Celebration Muffin Apple</p>	<p><b>30</b> NO SCHOOL TODAY! </p>

### DAILY CHOICES

- Teriyaki Chicken Rice Bowl
- Assorted Cereals
- Yogurt
- String Cheese
- Juice
- Milk

- For nutrient & allergen information, visit [SchoolCafe.com/SPPS](http://SchoolCafe.com/SPPS).
- Menu subject to change.
- This institution is an equal opportunity provider.

## LUNCH MENU

<p><b>Jan 5</b></p> <p>Crispy Chicken Sandwich or Veggie Burger</p> <p>Soybutter Sandwich</p> <p>French Fries</p>	<p><b>6</b></p> <p>General Tso's Chicken or Tofu Jasmine Rice</p> <p>Soybutter Sandwich</p> <p>Broccoli</p>	<p><b>7</b></p> <p><b>NACHO DAY</b></p> <p>Seasoned Beef Refried Beans Cheese Sauce Tortilla Chips</p> <p>Soybutter Sandwich</p>	<p><b>8 MN THURSDAY!</b></p> <p>Turkey Hot Dog with Beef Chili</p> <p>Soybutter Sandwich</p> <p>Sweet Potato Wedges</p>	<p><b>8</b></p> <p>Italian Dunker Marinara Sauce</p> <p>Soybutter Sandwich</p>
<p><b>12</b></p> <p>Penne Pasta Meat Sauce or Marinara Sauce Garlic Knot</p> <p>Soybutter Sandwich</p> <p>Choice Bar</p>	<p><b>13</b></p> <p>Beef or Tofu Bulgogi Jasmine Rice</p> <p>Soybutter Sandwich</p> <p>Broccoli Choice Bar</p>	<p><b>14</b></p> <p><b>TACO DAY</b></p> <p>Seasoned Beef Refried Beans Shredded Cheese Tortilla Shell Salsa</p> <p>Soybutter Sandwich</p> <p>Choice Bar</p>	<p><b>15</b></p> <p>Chicken Fingers or Plant Based Tenders Mac &amp; Cheese Galaxy Sauce</p> <p>Soybutter Sandwich</p> <p>Choice Bar</p>	<p><b>16</b></p> <p>Beef or Lentil Sambusas Yellow Rice Basbaas Hummus</p> <p>Soybutter Sandwich</p> <p>Mixed Vegetables Choice Bar</p>
<p><b>19</b></p> <p><b>NO SCHOOL TODAY!</b></p> 	<p><b>20</b></p> <p>Orange Chicken or Tofu Jasmine Rice</p> <p>Soybutter Sandwich</p> <p>Mixed Vegetables Choice Bar</p>	<p><b>21</b></p> <p>Oven Fried Chicken Drumstick or Plant Based Tenders (Pre-K Students - Glazed Chicken Bites) Corn Muffin</p> <p>Soybutter Sandwich</p> <p>Mashed Potatoes and Gravy Choice Bar</p>	<p><b>22</b></p> <p>Cheeseburger or Veggie Burger</p> <p>Soybutter Sandwich</p> <p>French Fries Choice Bar</p>	<p><b>23</b></p> <p>Italian Dunker Marinara Sauce</p> <p>Soybutter Sandwich</p> <p>Choice Bar</p>
<p><b>26</b></p> <p>Cheese Tortellini Alfredo Sauce Shredded Cheese Garlic Knot</p> <p>Soybutter Sandwich</p> <p>Green Beans Choice Bar</p>	<p><b>27</b></p> <p>Seasoned Beef Frito® Crunch Refried Beans Shredded Cheese Salsa</p> <p>Soybutter Sandwich</p> <p>Choice Bar</p>	<p><b>28</b></p> <p>Cheese and Green Chili Quesadillas Salsa</p> <p>Soybutter Sandwich</p> <p>Seasoned Tater Tots Choice Bar</p>	<p><b>29</b></p> <p>French Toast Slices Chicken Sausages</p> <p>Soybutter Sandwich</p> <p>Hashbrowns Choice Bar</p>	<p><b>30</b></p> <p><b>NO SCHOOL TODAY!</b></p> 