



School Health Advisory Council (SHAC) Meeting Agenda

October 14, 2025 - 4:30 - 5:45 p.m.

Millsap High School Library

1. **Welcome and Introductions**
 - Opening Remarks
 - Introduction of Members and Attendees
 - Overview of SHAC Purpose and Goals
 - Meeting Norms and Determining Roles
 - i. Elect a Co-chair and Secretary
 2. **Review of SHAC Charter and Objectives**
 - Overview of SHAC's Role and Responsibilities
 - Discussion of SHAC Bylaws
 - **Review of 2025-2026 Wellness Plan**
 - Brainstorming potential action steps for the Wellness Plan
 3. **Planning for SHAC Initiatives**
 - Programs:
 - i. Pure Truth
 - ii. Freedom House
 4. **Open Discussion and Q&A**
 - Open Floor for Questions and Additional Input from Members
 - Addressing Concerns or Suggestions
 5. **Next Steps and Action Items**
 - Review of Action Items Assigned
 - Setting Date and Agenda for Next Meeting
 - Communication Plan and Follow-Up
 6. **Closing Remarks**
 - Final Thoughts and Adjournment
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SHAC Meeting Minutes

Members Present: Kaygan Johnson, Amanda Stull, Sheila Wagner, Kristen Bagwell, Jim Crawford, Suzanne Griffin, Kenidy Keis, Melinda Matlock

4:30:

Mr. Abbott called the meeting to order

- **Members introductions**
- **Abbott provides an overview of SHAC's responsibilities and requirements**
- **Co-Chair and Secretary positions: members voted and submitted: Results Co-Chair: Amanda Stull & Secretary: Kristen Bagwell**

4:37:

Discussion and review of the SHAC Charter and Bylaws

4:40:

Pure Truth Presentation and Vote: Members agreed and approved the Pure truth presentation for middle school (8th graders)

5:15:

Presents 2023-24 Wellness Policy and Plan for Review and Evaluation. Walks through each Goal and objectives. Presented ratings and artifacts to substantiate the ratings, as achieved in 2024-2025.

5:25:

Discussion about the board approvals for last year including Narcan in the elementary school along with EpiPens being allowed to be unassigned and available to nurses at MISD.

5:28:

Open Forum discussion

- **Reviewed action items**