



Endometriosis In Teenagers

The sooner you get diagnosed, the sooner treatment can begin.

ENDOMETRIOSIS IS AN INFLAMMATORY DISEASE WHERE TISSUE SIMILAR TO THE UTERINE LINING GROWS OUTSIDE THE UTERUS.

SYMPTOMS INCLUDE:

- pelvic pain
- severe cramps
- painful urination



Early Signs of Endometriosis, Fast Facts & What Schools Can Do

Early Signs and Symptoms

- heavy periods
- pain during bowel movements
- chronic pelvic pain that extends beyond the menstrual cycle
- Large or frequent period clots accompanied by severe pain

(Endometriosis Association, February 7, 2024)

Facts

- In the United States, it is estimated that 6.5 million women and girls as young as 8 suffer from endometriosis
- 38% of those with endometriosis have symptoms before the age of 15

(Children's Mercy Research Institute, Endometriosis in Teens)

What Schools Can Do

Address menstruation stigma by fostering widespread education and open discussions about the prevalence and impact of endometriosis.

Empower students to proactively seek appropriate care when needed, equipping them with self-advocacy skills and resources for tracking symptoms.

(Endometriosis Foundation of America, The ENPOWR Project)

Is There a Cure for Endometriosis?

Treatments to manage endometriosis can vary based on the severity of symptoms. No treatments cure the disease

(World Health Organization, March 24, 2023)

Endometriosis in teenagers is a significant condition that requires early recognition, proper diagnosis, and effective management

(Endometriosis Association, February 7, 2024)

Resources

Children's Mercy Research Institute, Endometriosis in Teens

Endometriosis Association; Understanding Endometriosis in Teens: Recognizing Symptoms and Starting Age by Jeanine Boeckl, Feb 7, 2024

Endometriosis Foundation of America, The ENPOWR Project

World Health Organization (WHO); Endometriosis, March 24, 2023