



Sheila Tarr Academy of International Studies

Alyson Jones
Principal

At Tarr Academy, we are required to follow The Nevada Wellness Policy and Clark County School District Regulation 5157. The policy supports better nutritional food choices within the school and encourages physical activity among students.

Clark County School District Regulation (CCSD) 5157 has specific dietary guidelines regarding foods for special occasions and events in the school or classroom. Below, you will find what Tarr Academy expects families to follow in order for the school to meet the requirements of CCSD Regulation 5157.

Students will **ONLY** be allowed to bring the following items to school for any celebration or event at the school.

- Vegetables and/or fruit, which **MUST** be a pre-packaged item purchased from the store;
- Fruit juice (must have fruit or vegetables as the first ingredient), water or milk;
- All items **MUST** be commercially prepared to minimize risks of food borne illness and to avoid food allergies;

Items brought to the school that do not meet the nutritional guideline will not be allowed at school and will be either returned home or turned away by the teacher or the front office staff. This includes but not limited to cupcakes, cookies, cake, soda, pizza, etc.

If parents want to provide something to the class to celebrate a birthday, please communicate with the teacher to get other ideas that may not involve food.

Parents, please be aware that there may be occasions when a classroom teacher requests items that do not meet these requirements to support a learning experience within the classroom. During these times, Tarr Academy will allow food items to be brought to school that do not meet the dietary guidelines outlined in CCSD Regulation 5157. This will allow our teachers to reinforce what students have learned in a different way.

We greatly appreciate your support of the Nevada Wellness Policy and CCSD Regulation 5157.