

# January 2026

# Iredell Statesville Schools:

# Elementary and Middle Lunch Menu

Offered Daily: 1/2 pint Milk:

(~carb counts)

**\*\*Menu subject to change\*\***

1% Unflavored (12), Chocolate FF (19) or Strawberry FF (19)

				
<p>PBJ with Cheese Stick (33) Chicken Filet Sandwich (39) Pepperoni Pizza (29) Yams (47) Broccoli with Cheese (5) Applesauce Cup (14)</p> <p style="text-align: right;"><b>5</b></p>	<p>Yogurt with Cheese Stick and Goldfish (31) Popcorn Chicken with Roll (47) Cheesy Dipping Sticks (24) Pinto Beans (19) Tater Tots (14) Mixed Fruit Cup (19)</p> <p style="text-align: right;"><b>6</b></p>	<p>Pizzable (32) Hamburger (26) or Cheeseburger (27) Fish Nuggets with Roll (55) Crispy Fries (16) Lettuce/Tomato/Pickle (4) Assorted Fruit Juice (14)</p> <p style="text-align: right;"><b>7</b></p>	<p>Chef Salad (≈5) Cheese Pizza (29) Chicken Pie with Roll (47) Mashed Potatoes (14) Green Peas (12) Pear Cup (19)</p> <p style="text-align: right;"><b>8</b></p>	<p>PBJ with Cheese Stick (33) Corn Dog (30) Grilled Cheese Sandwich (28) Tomato Soup with Crackers (28) Green Beans (4) Strawberry Cup (21)</p> <p style="text-align: right;"><b>9</b></p>
<p>PBJ with Cheese Stick (33) Chicken Chunks with Roll (45) Pork BBQ Sandwich (26) Baked Beans (30) Baby Carrots (6) Strawberry Pie (46)</p> <p style="text-align: right;"><b>12</b></p>	<p>Turkey and Cheese Wrap with Chips (37) Mozzarella Cheese Sticks (32) Roasted Chicken w/ Roll (33) Sweet Potato Fries (29) Green Beans (4) Peach Cup (18)</p> <p style="text-align: right;"><b>13</b></p>	<p>PBJ with Cheese Stick (33) Spaghetti w/ Breadstick (69) Chicken Tenders with Breadstick (46) Garden Salad (3) Baked Potatoes (18) Applesauce Cup (14)</p> <p style="text-align: right;"><b>14</b></p>	<p>Chef Salad (≈5) Beefy Nacho (29) French Bread Pizza (23) Lettuce/Tomato (4) Sweet Yellow Corn (17) Mixed Berry Cup (20)</p> <p style="text-align: right;"><b>15</b></p>	<p>PBJ with Cheese Stick (33) Pizza Crunchers (26) Hot Dog w/ or w/o Chili (28) Potato Emoticons (28) Creamy Cole Slaw (6) Fruit Ice Cup (22)</p> <p style="text-align: right;"><b>16</b></p>
	<p>Yogurt with Cheese Stick and Goldfish (31) Hamburger (26) or Cheeseburger (27) French Bread Pizza (23) Seasoned Potato Wedges (20) Green Beans (4) Mixed Fruit Cup (19)</p> <p style="text-align: right;"><b>19</b></p>	<p>Pizzable (32) Corn Dog Nuggets (30) Chicken Filet Sandwich (39) Black Eye Peas (18) Lettuce/Tomato/Pickle (4) Strawberry Cup (21)</p> <p style="text-align: right;"><b>20</b></p>	<p>Chef Salad (≈5) Sausage and Egg Griddle (31) Grilled Cheese Sandwich (28) Cheesy Broccoli Soup (32) Yams (47) Fruit Cup (≈18)</p> <p style="text-align: right;"><b>21</b></p>	<p>PBJ with Cheese Stick (33) Pepperoni Pizza (29) Popcorn Chicken with Roll (47) Crispy Fries (16) Green Peas (12) Assorted Fruit Juice (14)</p> <p style="text-align: right;"><b>22</b></p>
<p>PBJ with Cheese Stick (33) Chili with Crispy Chips (41) Chicken Tenders with Roll (46) Sweet Yellow Corn (17) Pinto Beans (19) Pear Cup (19)</p> <p style="text-align: right;"><b>26</b></p>	<p>Ham and Cheese Wrap with Chips (37) Fiestada Pizza (29) Chicken Chunks with Roll (45) Sweet Potato Fries (29) Broccoli with Cheese (5) Peach Cup (18)</p> <p style="text-align: right;"><b>27</b></p>	<p>PBJ with Cheese Stick (33) Mac &amp; Cheese with Roll (68) Pork BBQ Sandwich (26) Baked Beans (30) Creamy Cole Slaw (6) Fruit Ice Cup (22)</p> <p style="text-align: right;"><b>28</b></p>	<p>Chef Salad (≈5) Beefy Nacho (29) Pizza Crunchers (26) Deli Roasters (20) Lettuce/Tomato (4) Baked Apples (23)</p> <p style="text-align: right;"><b>29</b></p>	<p>PBJ with Cheese Stick (33) Mozzarella Cheese Sticks (32) Corn Dog Nuggets (30) Potato Emoticons (28) Baby Carrots (6) Fruit Cup (≈18)</p> <p style="text-align: right;"><b>30</b></p>

Carbohydrate counts for fresh fruit vary widely (5–26) depending on the selection. For exact carbohydrate information, please contact the cafeteria manager.



## Fresh Fruit is Offered Daily

