



Tenafly High School Open House

Welcome, Families & Students of the Class of 2030

November 10, 2025 - 7 P.M.

Building Administration

Mr. James Morrison - *Principal*

Dr. Jen Ferrara - *Vice Principal*

Mr. Glenn Peano - *Vice Principal*

Mr. Adam Schreiber - *Director of School Counseling*

Mr. Joseph Carollo - *Director of Athletics*



#3 BEST COLLEGE PREP PUBLIC HIGH SCHOOLS IN BERGEN COUNTY

Tenafly High School

📍 Tenafly Public School District, NJ · 9-12 · ★★★★★☆ 157 reviews

Sophomore: The courseload, especially paired with some very difficult teachers, is what makes the school happen to be incredibly challenging. However, ALL of the teachers (with a few exceptions, ... [Read 157 reviews](#))

Overall Niche Grade · College Prep · Average SAT 1400 · Average ACT 31



Overall Niche Grade

How are grades calculated?
Data Sources



Academics



Diversity



Teachers



College Prep



Clubs & Activities



Administration



Sports



Food



Resources & Facilities

#4 BEST HIGH SCHOOLS FOR STEM IN BERGEN COUNTY

Tenafly High School

📍 Tenafly Public School District, NJ · 9-12 · ★★★★★☆ 157 reviews

Sophomore: The courseload, especially paired with some very difficult teachers, is what makes the school happen to be incredibly challenging. However, ALL of the teachers (with a few exceptions, ... [Read 157 reviews](#))

Overall Niche Grade · Students 1,166 · Student-teacher ratio 11:1

SAT in Tenafly High School

1344

Class of 2025 (Superscore)

1310

Class of 2025

#1 in Bergen County among
all traditional, open
enrollment public schools

THS Terms to Know

IDT

Open Campus



THS Daily Bell Schedule 2025-26

2025-26	Date --	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
Month																																		
Aug.																												*	E	E				
Sept.	X	D	C	B	A				E	D	C	B	A			E	D	C	B	A			E	X	X	E	D				C	B		
Oct.	A	X	E				D	C	B	A	E			PD	D	C	B	A			E	D	C	B	A				D	C	B	A	E	
Nov.			E	D	C	X	X				B	A	E	D	C			B	A	E	D	C			B	A	H	X	X					
Dec.	E	D	C	B	A				E	D	C	B	A			E	D	C	B	A			E	H	X	X	X				X	X	X	
Jan.	X	X			E	D	C	B	A			E	D	C	B	A			X	D	C	B	A				E	D	C	B	A			
Feb.		E	D	C	B	A				D	C	B	A	H			X	X	X	E	D			C	B	A	E	D						
Mar.		H	C	B	A	O				E	D	C	B	A			E	D	C	B	A			D	C	B	A	D				C	B	
Apr.	A	E**	X			X	X	X	X	X				E	D	C	B	A			E	D	C	B	A			E	D	C	B			
May	A			E	D	C	B	A			D	C	B	A	D				C	B	A	E**	X			X	D**	C	B	A				
June	D	C	B	A	E				E	FE	FE	FE	FE			FE	H	H	H															

Day	D	C	B	A
8:10 – 9:08	4	3	2	1
9:12 – 10:14	1	4	3	2
10:18 – 11:16	2	1	4	3
11:16 – 12:05	Lunch			
12:09 – 1:07	8	7	6	5
1:11 – 2:09	5	8	7	6
2:13 – 3:11	6	5	8	7

E Day	
1	8:30 – 9:09
2	9:13 – 9:52
3	9:56-10:35
4	10:39-11:18
Lunch	11:18-12:07
5	12:11-12:50
HR	12:54-1:02
6	1:06-1:45
7	1:49-2:28
8	2:32 – 3:11

H - Early Dismissal	
1	8:10 – 8:38
2	8:42 – 9:08
3	9:12 – 9:38
4	9:42 – 10:08
5	10:12 – 10:38
6	10:42 – 11:08
7	11:12 – 11:38
8	11:42 – 12:10

Delayed Opening A - D	
BLOCK	
1	10:10 – 10:48
2	10:52 – 11:31
Lunch	11:31 – 12:20
3	12:24 – 1:03
4	1:07 – 1:46
5	1:50 – 2:29
6	2:33 – 3:11

Delayed Opening E	
1	10:10 – 10:37
2	10:41-11:08
3	11:12-11:39
Lunch	11:39-12:24
4	12:28-12:55
5	12:59-1:26
HR	1:30-1:38
6	1:42-2:09
7	2:13-2:40
8	2:44-3:11

*Aug 27 Opening Day Schedule
 PSAT – Possible October 8
 ** Unused Snow Give Back Days

THS Daily Bell Schedule

Bells A, B, C, D	D Day	C Day	B Day	A Day	Bells E Day	E Day
8:10 - 9:08	4	3	2	1	8:30 – 9:09	1
9:12-10:14	1	4	3	2	9:13 – 9:52	2
10:18-11:16	2	1	4	3	9:56–10:35	3
11:16-12:05	Lunch	Lunch	Lunch	Lunch	10:39-11:18	4
12:09-1:07	8	7	6	5	11:18-12:07	Lunch
1:11 - 2:09	5	8	7	6	12:11-12:50	5
2:13 - 3:11	6	5	8	7	12:54-1:02	HR
NOTE: E Days begin 20 minutes later than A, B, C, D Days					1:06 - 1:45	6
					1:49-2:28	7
					2:32-3:11	8

Top 10 Most Enrolled Colleges Class of 2025

College Name	Number of Apps Submitted	Number of Acceptances	Admission Rate	National Admission Rate	Number of Enrollments
Rutgers Univ. (New Brunswick)	162	91	56%	40%	28
Binghamton University	87	67	77%	39%	11
New York University	69	11	16%	13%	9
Syracuse University	50	31	62%	44%	9
University of Miami	37	13	35%	18%	7
Northeastern University	92	39	42%	6%	6
Stevens Institute of Technology	19	14	74%	48%	6
Boston College	39	8	21%	13%	5
Cornell University	51	6	12%	8%	5
Indiana University - Bloomington	61	46	75%	78%	5

Where did they go?

	CLASS OF 2025	CLASS OF 2024	CLASS OF 2023	CLASS OF 2022
#1	Amherst College	Princeton University	Duke University	Princeton University
25 TH PERCENTILE	UC Berkeley	University of Chicago	Wake Forest University	Northeastern Univ.
50 TH PERCENTILE	New York University	Lafayette College	New York University	University of Miami
75 TH PERCENTILE	Babson College	Binghamton University	Michigan State Univ.	Fordham University

Student Support Services

Mr. Adam Schreiber, Director of School Counseling Services

- School Counselors
- Case Managers/Child Study Team
- Student Assistance Coordinator (SAC)
- Student Support Leaders (SSLs)
- Administration
- West Bergen Mental Healthcare
- Peer Leaders
- Staff
- Academic help for all students



Scheduling Process & Timeline

- January** THS Administration will visit TMS 8th graders to present on high school life
- February** TMS 8th graders choose their high school electives via Genesis
- Early March** TMS 8th Grade academic recommendations available
- Mid March** 8th grade course selection meetings with THS Counselors
- Late August** Schedules available
-

Visit Our Website



Tenafly High School
...at the Forefront of Education

[Our School](#) [Departments](#) [Guidance](#) [Parents](#) [Students](#) [H.S.A.](#)

HOME > GUIDANCE > SCHOOL COUNSELING

School Counseling -

Meet Our Staff

Resources

Course Selection

Program of Studies

504 Procedures

Working Papers

8th Grade Transition

AP 2024-2025

Registration Letter

FAFSA Graduation Requirement

College Corner +

Curriculum & Studies +

Mental Health & Wellness +

School Counseling

Welcome to the THS Counseling Department

The School Counseling Department is integral to the Student Support Services at Tenafly High School and is comprised of a group of dedicated, empathetic and student-centered professionals, who work to ensure that students are reaching their full potential in and out of the classroom.

Each School Counselor is assigned to guide and assist students through their four years of high school, where they help individuals plan academically and professionally, explore their passions and overcome life's inevitable challenges.

What We Do

Academic Counseling

Social/Emotional Counseling

College Counseling

School Counselors work with students and families to address academic concerns. Discussions pertaining to study habits, learning styles, executive functioning and motivation highlight this particular mode of support. Counselors monitor student progress and collaborate with teachers to help students reach their full potential in the classroom. Students who are struggling may be referred to the Intervention & Referral Services (I&RS) Committee, where an action plan can be created to help break down academic and other barriers. Our partnership with CarePlus NJ (CPNJ), a community agency, affords our students access to groups pertaining to executive functioning. School Counselors monitor graduation requirements and advise students accordingly regarding these NJ state mandates.

Department Supervisor

Adam Schreiber
Director of School Counseling
201.816.6639
aschreiber@tenafly.k12.nj.us

Q Staff Students Quick Links REGISTRATION CLASSLINK



Tenafly High School
...at the Forefront of Education

[Our School](#) [Departments](#) [Guidance](#) [Parents](#) [Students](#) [H.S.A.](#)

HOME > GUIDANCE > SCHOOL COUNSELING > 8TH GRADE TRANSITION

School Counseling -

Meet Our Staff

Resources

Course Selection

Program of Studies

504 Procedures

Working Papers

8th Grade Transition

AP 2024-2025

Registration Letter

FAFSA Graduation Requirement

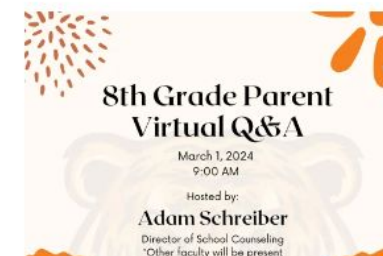
College Corner +

Curriculum & Studies +

Mental Health & Wellness +

8th Grade Transition

Announcements & Events



Preparing for THS

- + Course Selection Information
- + "Mini" Program of Studies 2024-25
- + Life at THS

8th Grade Presentation



Stay Connected!



- Genesis Parents Portal
 - Attendance
 - Grades
 - Parents/Teacher Sign-Ups
- Email for both students and parents
- Blackboards*
- Website “Parents” & “HSA”
- Social Media Accounts

UNDEFEATED 10-0
FINAL SCORE

1 TENAFLY TIGERS **0** NVD NORSEMAN

FINAL
TENAFLY HIGH SCHOOL

GIRLS' VARSITY VOLLEYBALL

	25	19	25	25	--	3
	SET 1	SET 2	SET 3	SET 4	SET 5	FINAL
	23	25	21	13	--	1

TIGERS ADVANCE TO FINAL FOUR!!!!

tenaflyathletics

tenaflyathletics AND THE TIGERS WIN! For the first time in decades our Varsity Volleyball team has made it to the Final Four! In an AMAZING victory over 3rd seed Northern Highlands, Coach Koehler and the girls varsity team defeated NH 3-1. EXCELLENT JOB TIGERS! Next up in the final four will be against NVOT.

aha_athletics Well done

ekaterinah12 🍀🍀🍀🍀

VOTE HERE

TIGERS
TENAFLY
TEAM OF THE WEEK
TENAFLY VARSITY FOOTBALL

tenaflyathletics

tenaflyathletics One more time TIGER NATION! Tigers are up for TEAM OF THE WEEK. Now 4-4 securing our third victory in October by 4 points or less. 22-20 over Cliffside/Ridgefield. Alex Kramer threw for 354 yards, featuring TD passes to Metehan Derundere and Adam Dafinow. LET'S VOTE!

SENIORS

7 **FINAL SCORE** **1**

MON. OCT. 6 2025

tenaflyathletics

tenaflyathletics Last night was a great night in Tiger Nation. We honored the senior girls and took the WI Coach Mirabito and the varsity girls soccer team beat Holy Angels 7-1. First time the girls defeated AHA in 6 years. WAY TO GO TIGERS!!!!

1st PLACE
TENAFLY TIGERS MARCHING BAND
NORTHERN HIGHLANDS REGIONAL INVITATIONAL
SCORE: 90.4

tenaflyathletics

tenaflyathletics Give it up to our Tenafly Tiger Marching Band! Our Marching Tigers took the highest score of any band in the most elite class right now putting them in the top spot heading into State Championships this Saturday in South Brunswick... WAY TO GO TIGERS!!!!!!



Staff ▾

Students ▾

Quick Links ▾

REGISTRATION

CLASSLINK



Tenafly
PUBLIC SCHOOLS

Our District

Academics

Parents

Registration

Community

Academic Departments

Assessment Data & Reports

Curriculum & Instruction

Intervention and Referral Services

Parent Notifications

Dream



English



K-12 Curricular Supervisors

Ms. Amelia Bowers - *Math supervisor*

Ms. Grace Woleslagle - *Science supervisor*

Dr. Elizabeth Giblin - *World Language/ ML supervisor*

Dr. Lisa Castelluber - *ELA supervisor*

Ms. Cristina Cutrone - *Social Studies/ Business supervisor*

Mr. David DiGregorio - *Library, Music, & the Arts supervisor*

Mathematics



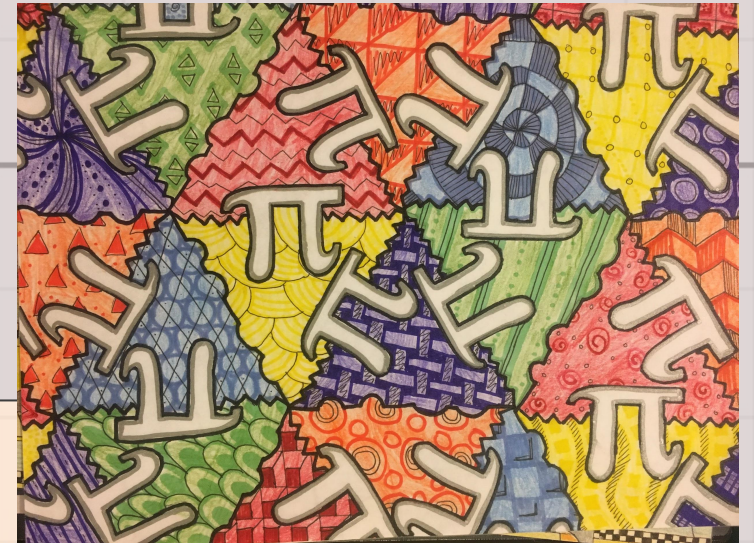
- **Our Philosophy of Math Education:**

*All students can grow their abilities and find joy and success in mathematics.
It is critical to balance conceptual with procedural understandings.*

- NJSLS Math Content & Math Practices

- **Traditional Sequence of Courses:**

- Algebra 1 → Geometry* → Algebra 2
- Beyond Algebra 2: Trigonometry → Statistics
Precalculus → Calculus



- **Elective Courses:** *Programming in Python, Cybersecurity, Mobile Apps / Web Design, Data Science / AI*
AP Computer Science A, AP Computer Science Principles

- **Extracurricular Opportunities:** Math Club
Competitions & Events: BCML, AMTNJ, AMC 10/12

Amelia Bowers, K-12 District Math Supervisor

Mathematics

THS Math Department 2025

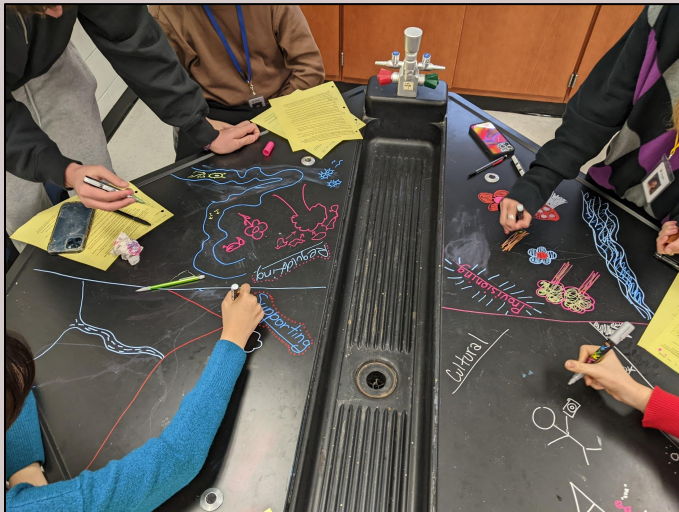
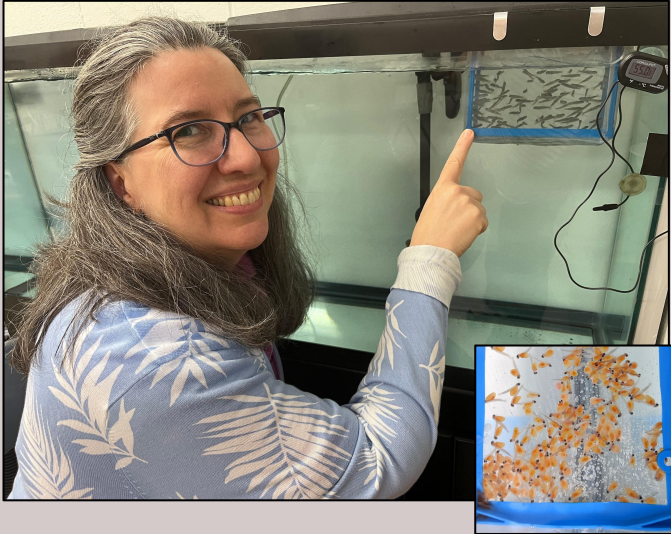


CodeHS Pink Van Visit



AMC10/12 Contest

Science Highlights



Science:

Learn science by doing science (scientific inquiry & collaboration)

- 3 years of lab science courses required for graduation (1 year of **Biology**)

9th Grade - 8th grade Math/ Science courses/ performance determine placement

- **Physical Science CP or Honors** (*some selected to double with **Biology Honors***)

10th Grade

- **Biology, CP or Honors**

Pick additional courses (doubling or 11th, 12th grade)

in alignment with personal interest and long-term goals!

Science: Courses & Clubs

Lab Courses:

- Physical Science CP or Honors
- Biology CP or Honors
- Chemistry CP or Honors
- Physics CP
- Environmental Science CP *(new 26-27)*
- AP Environmental Science
- AP Biology
- AP Chemistry
- AP Physics I
- AP Physics C: E/M

Extracurriculars:

Science Olympiad

Chemistry Club

Physics Club

Electives/ Special Programs :

- **Science Research program**
Methods of Science Research Honors I, II, III
(10th-12th grade, application based)
- **Englewood Hospital Medical Internship**
(11th-12th grade, application based, new 25-26)
- **Organic Chemistry Honors**
- **Forensic Science CP**
- **Anatomy & Physiology CP**

World Language—Arte Journal Junior Clip

All languages are offered Level I CP/Honors→ 5 Honors/AP

- French
- Italian
- Mandarin Chinese
- Spanish

*All students must complete 2 years of a World Language to fulfill the graduation requirement.

Seal of Biliteracy: Offered in all languages of study as well as students' heritage languages including Korean, Hebrew, Japanese, Russian, and Turkish. Over 50% of the Class of 2025 achieved NJ Seal of Biliteracy.



Elizabeth Giblin, Ed.D. Supervisor

World Language: 9th grade courses

Starting a new language at
THS:

Chinese I CP

French I CP

Spanish I CP

Italian I CP



Continuing language of study from
TMS/Alpine:

Chinese II CP or Chinese II Honors

French II CP or French II Honors

Spanish II CP or Spanish II Honors



Elizabeth Giblin, Ed.D. Supervisor

Multilingual Learner Program

Tenaflly High School – 40 ML students

→ High Intensity ML program

- ◆ 2 courses of ML instruction daily: Language Arts and Communication in English
- ◆ In Class Support in Science (Physical Science, Biology) and Social Studies (American Cultures course)
- ◆ **Social Studies ML Sequence: American Cultures I/II (Beginner, Intermediate, Advanced)**

Seal of Biliteracy



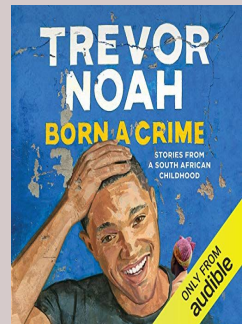
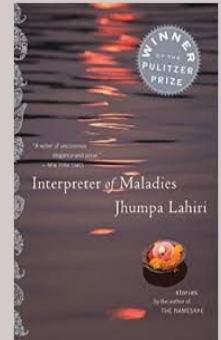
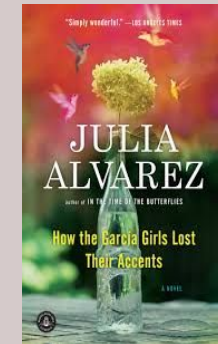
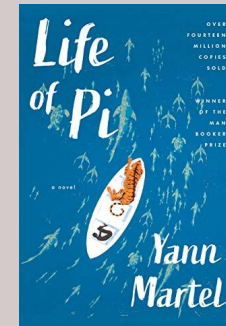
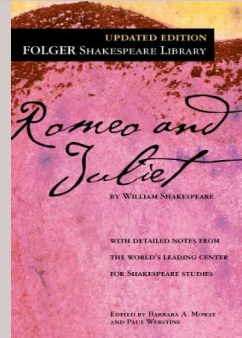
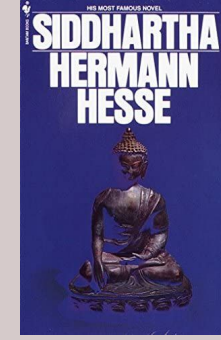
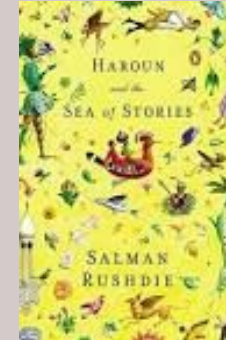
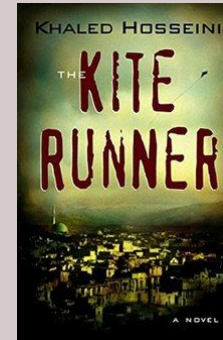
Elizabeth Giblin, Ed.D. Supervisor

English Language Arts 9th Grade

High school language arts is a comprehensive program designed to enhance students' reading, writing, and critical thinking skills.

- The curriculum includes a diverse range of literature across different genres allowing students to deeply understand how historical and cultural contexts shape literary works.

What can global literature teach us about ourselves, our culture and our identity, and our world?



Lisa Castelluber, Ph.D., Supervisor

English Language Arts 9th Grade

In grades 9 through 12, much of the English curriculum parallels the topical emphases of the social studies program. Field trips to theaters and museums in the metropolitan area may be included in the program.

Course offerings:

World Literature

AP Seminar

American Literature

AP Language and Composition

AP Literature and Composition

Psych and Literature

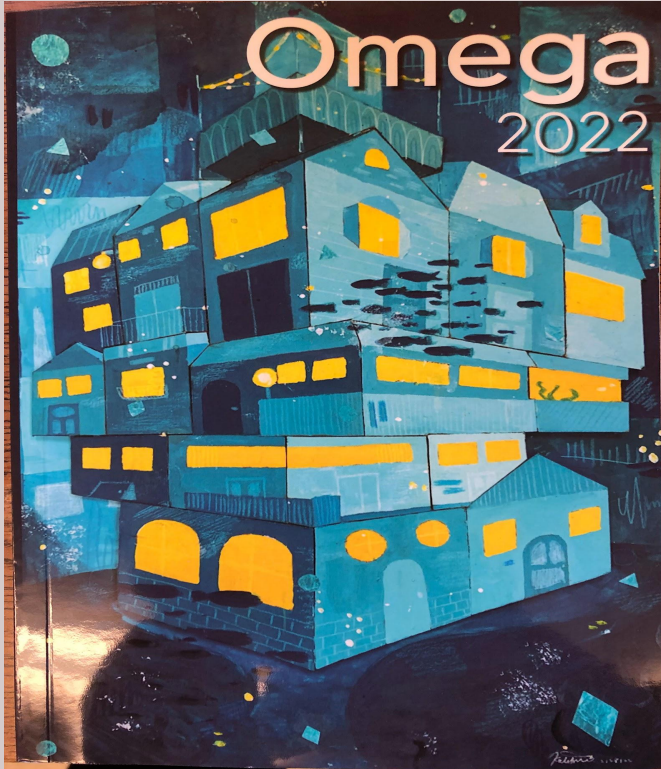
Dystopian Literature

Topics in Literature Today

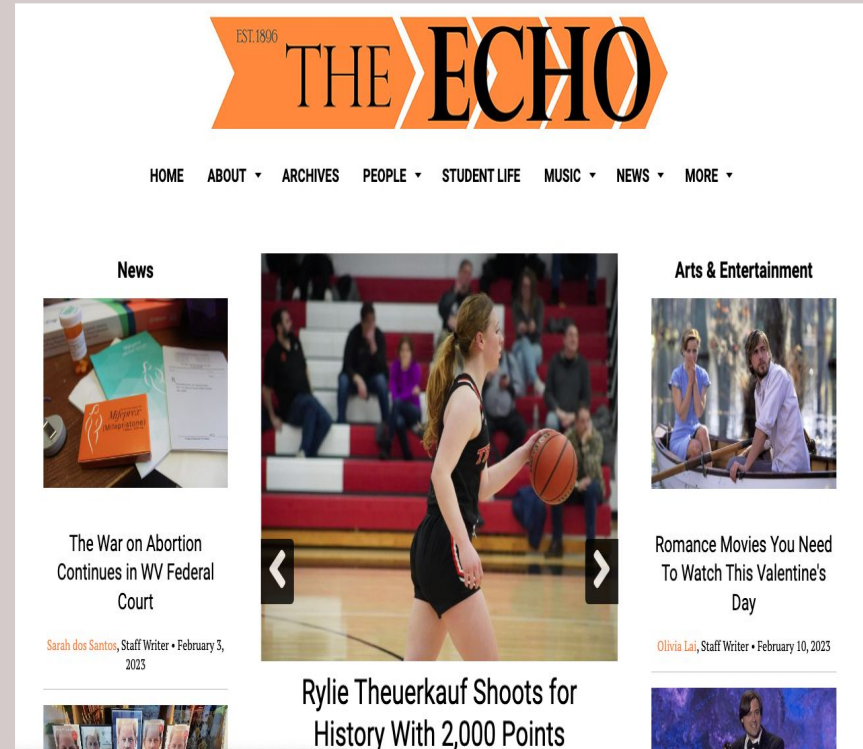


Lisa Castelluber, Ph.D., Supervisor

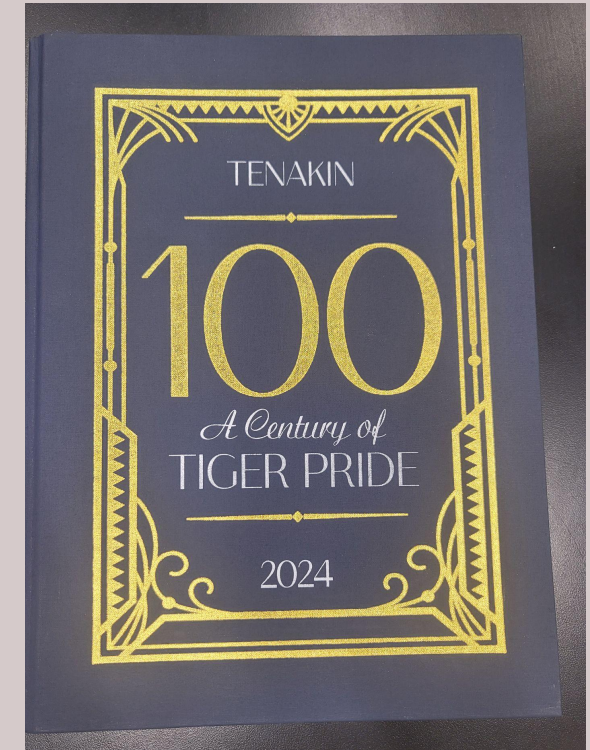
9th Grade Electives



Creative Writing



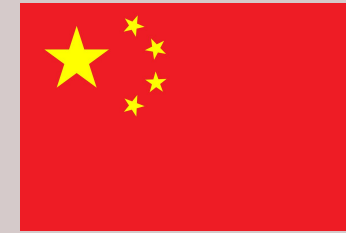
Journalism



Yearbook

Social Studies: African and Asian Civilizations & Cultures

- Full examination of the peoples of Africa, the Middle East, India, China, Korea and Japan.
 - geography and culture
 - history & contemporary issues
- One of the only school in NJ that truly teaches World History.
- Skills we stress
 - Source Analysis & Digital Literacy
 - Critical thinking
 - Communication of ideas/arguments



Exciting Electives

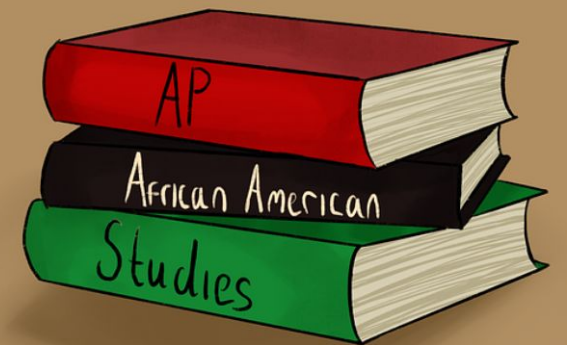
Anthropology

Sociology

Contemporary Issues

Psychology (CP & AP)

**AP U.S.
Government
& Politics**



Business Department

NJ Graduation Requirement: 2.5 credits in Financial Literacy

Personal Finance and Investment (semester course, grades 9-12)

- In-person
- Hybrid option

Elective Courses available to 9th graders:

- Introduction to Business (semester course, grades 9-10, fulfills FinLit requirement)
- Marketing (full year course, grades: 9-12)
- Entrepreneurship (full year course, grades 9-12, fulfills FinLit requirement)



Looking Ahead: Business Electives

- Economics: Grades 10-12, fulfills FL requirement
- Business Law Honors: Grades 10-12
- Accounting I: Grades 10-12, fulfills FL requirement
- Accounting II Honors: Grades 11-12
- AP Economics: Grades 11-12
- Business Seminar Honors: Gr. 12 capstone course

Business-related Clubs and Activities:

- DECA Club
- NY Fed Challenge
- Stock Market Club





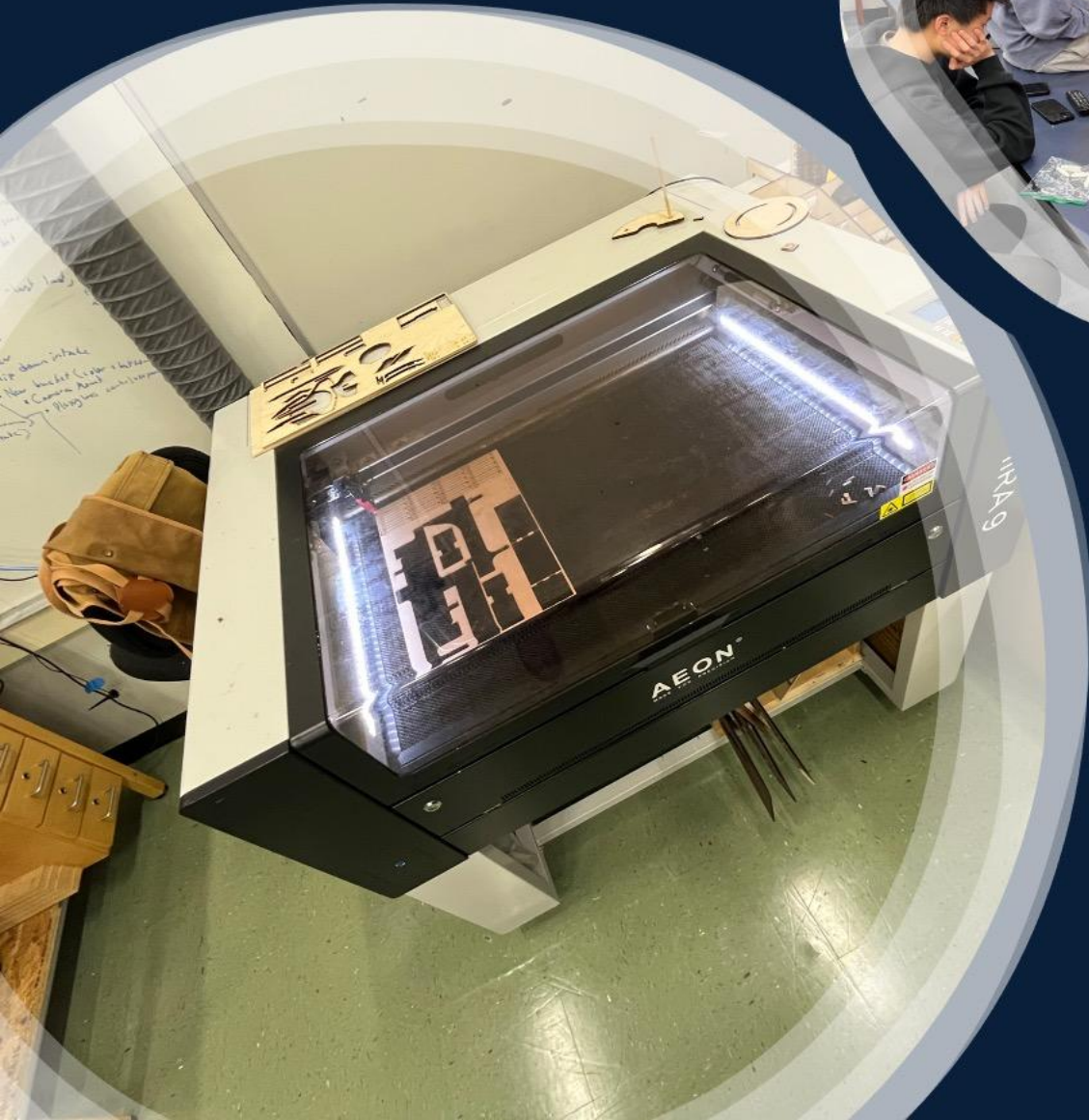
THE ARTS AT
TENAFLY HIGH
SCHOOL



Culinary Arts

Cuisines, Food Science, and Presentation
Family & Consumer Science





Engineering and Design

Science Technology Engineering and Math



Extraordinary Spaces
Innovative Services
Designed to Inspire

TENAFLY HIGH SCHOOL'S LIBRARY MEDIA BROADCASTING CENTER



Tiger Athletics

Joseph Carollo, Athletic Director



- 30 V Athletic Offerings
- Varsity, JV & Freshman levels available

Fall Sports Offerings

- Football
- Boys Soccer
- Girls Soccer
- Girls Tennis
- Boys & Girls Cross Country
- Cheerleading
- Girls Volleyball

Winter Sports Offerings

- Wrestling
- Ice Hockey
- Boys Basketball
- Girls Basketball
- Cheerleading
- Boys & Girls Alpine Ski
- Boys & Girls Indoor Track
- Boys & Girls Swimming
- Boys & Girls Bowling

Spring Sports Offerings

- Baseball
- Softball
- Boys Tennis
- Boys Lacrosse
- Girls Lacrosse
- Boys Track & Field
- Girls Track & Field
- Boys & Girls Golf
- Girls Flag Football



Tiger Athletics Since 2025



Conference Championships

- Football – 2020
- Boys Soccer – 2020, 2023 & 2025
- Girls Tennis – 2019 & 21
- Boys Tennis – 2019, 21, 22, 23, 24
- Boys Lacrosse – 2019
- Boys Basketball – 2019 & 2021
- Girls Volleyball – 2020 & 22
- Ice Hockey - 2023 & 24
- Boys Swimming – 2021, 22, 23 & 24
- Boys Golf - 2021, 2022 & 23



State Champions

- Girls Volleyball – 2020 & 22
- Boys Swimming – 2021, 22 & 23
- Girls Tennis 2020, 21, 24 & 25
- Boys Tennis 2019, 21, 22, 23 & 24
- Alpine Ski 2021 & 22

Colleges Attended

- University of Georgia
- Northwestern University
- Wake Forest University
- Columbia University
- United States Naval Academy
- NJIT
- Rensselaer Polytechnic Institute
- University of Massachusetts – Lowell
- Tufts University
- Lafayette College
- Franklin & Marshall University
- University of Scranton
- Ithaca College





THS Orientation/ Athletic Open House



Monday, March 2, 2026 @ 6:00 P.M.

THS Auditorium

Student Involvement

- Student Organization
- Class Officers
- Publications
- Clubs

Mrs. Toale S.O. Advisor

Lifestyle Showcase

Scientific Guide to Candy Collection

Derek Du, Guest Writer

October 30, 2025



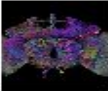


Every year, as the pumpkins glow and crisp leaves crunch underfoot, Halloween creeps closer. During this special holiday, the goal is simple: maximize your haul of Halloween candy. This year, instead of relying solely on sheer luck and the kindness of your neighbors, why not lean into a little science? Here's your fun, data-driven guide to trick-or-treating like a pro.

First, let's talk about routes. Mathematically speaking, the problem resembles what computer scientists call the traveling salesman problem: how to visit the most destinations while



Photo Credit: StockSnap.io

Trending Stories

- 1 Top Five Hardest Medical Professions 
 - 2 An Open Letter to the Friends I Don't Talk to Anymore 
 - 3 Guest Speaker Arie Matsliah Presents to Science Research Classes 
 - 4 A Mole-ment to Remember in Chemistry Class 
 - 5 Bienvenue à Ma Maison: How Patrick Terrail Served Hollywood a Taste of 
- Home

THS Clubs: 100 strong

Tenaflly Philosophy Club

Tiger Design Studios

Chinese Yo-Yo Club

Omega

Spanish Culture Club

Fairytale Club

Chamber Music Club

Madrigals

A Cappella Club

Impact Ambassadors

Made with Love

Junior Chamber of Commerce Club

Soccer Club

Echo

Chinese Culture Club

Ski Club

Stand Up To Cancer

THS Debate Club

THS History Club

Art Club

Physics Club

THS EMS Club

Olympic Committee

Color Guard

Sports Analytics

Key Club

Let's Get Psyched

Model UN

Math Club

Global Humanitarian Club

Video Game Club

American Sign Language Club (ASL)

Italian Culture Club

PAW Club

Green Team

German Culture Club

Photography Club

Ultimate Frisbee

Culinary Club

Israeli Culture Club

Bob Ross Painting Club

Interact Club

Neuroscience and Science Bowl Club

Science Olympiad

Knitting Club

SLAM Club

Senior Homes Volunteering Club

BASIC

Armenian Club

Performing Hearts Club

The Jewish Student Union

Paleo Geo Club

Film Production Club

French Club

THS Clubs: continued

Watch Club

Japanese Cultural Club

Korean Cultural Club

Unified Champions Club

Volleyball Club

Busking Club

Quiz Bowl

Chess Club

Rocketry Club

Girls Who Code Club

Biology Club

Philosophy Club

THS Future Educators Association of NJ

THS Tutoring Club

Greek Culture Club

Math Club

Mind Matters

One Acts

Veg Club

Coding Club

S.C.O.P.E.

GSA (Gay Straight Alliance)

Indian Culture Club

Bake for the Better

Pickleball Club

Music Tutoring Club

Pre-Law Club

DECA

Global Support for Women

Tech Crew

STEM Club

Fighting Eating Disorders Club

R.I.S.E. Club

UNICEF Club

Cybersecurity

Robotics Club

Medical Students of the Future









TENAFLY

DEMY
EIGOD

AND
KATE
ADRENALIN
MORIS
402
102





