

# JANUARY 2026

## WCV Elementary

All Complete Breakfast Meals are Free of Charge for Students  
**Complete Breakfast includes:** 1 cup Milk  
 1 cup Fruit and/or 100% Juice  
 1 to 2 Grain servings

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

5

Cereal Bar

6

Mini Waffles

7

Whole Grain  
Glazed  
Donut Holes

8

Cream Cheese  
Stuffed  
Bagels

9

Cold Cereal

12

Whole Grain  
Muffin

13

Frudel

14

Yogurt  
And  
Graham Crackers

15

Warm  
Mini Cinni

16

Cold Cereal

19

**NO  
SCHOOL**

20

Cereal Bar

21

Mini  
French Toast

22

Whole Grain  
Muffin Top

23

Yogurt  
With  
Graham Crackers

26

Cold Cereal

27

Mini  
French Toast

28

Breakfast  
Bar

29

Warm  
Mini Cinni

30

Whole Grain  
Muffin

**Meals are being provided as "Grab and Go" to Elementary students as they arrive at School**

Menu is Subject to Change

WCV and USDA are equal opportunity providers and employers



# JANUARY 2026

## WCV Elementary

All **Complete Lunches are Free of Charge for Students**

**Complete Lunch Includes at least 3 items**

**(one must be Fruit or Veg)**

Choices of Fruit and Veg, Whole Grains, Meat or Meat Alt.,  
1% or Chocolate Fat Free Milk

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>NO SCHOOL</b> 1	<b>NO SCHOOL</b> 2
5 Chicken Tenders Tater Tots Green Peas Fruit of the Day	6 Pasta with Meatballs Garlic Breadstick Tossed Salad Fruit of the Day	7 Burger on Bun Variety of toppings Oven Roasted Potatoes Baked Beans Fruit of the Day	8 Tony's Cheese Pizza Tossed Salad Carrot sticks Fruit of the Day	9 Ham+Cheese Melt On WG Kaiser Bun Mini Pretzels Broccoli Fruit of the Day
12 Oven Roasted Chicken Seasoned Rice Green Beans Fruit of the Day	13 Tacos with Tortilla Chips Variety of toppings Refried Beans Corn Fruit of the Day	14 Meatball Sub French Fries Fruit of the Day	15 <u>BRUNCH</u> Waffle Sticks Yogurt Hash Brown Fruit of the Day	16 Burger on WG Bun Smile Fries Sliced Cooked Carrots Fruit of the Day
<b>NO SCHOOL</b> 19	20 Chicken Patty on WG Bun Sweet Potato Fries Green Beans Fruit of the Day	21 Tomato Soup Turkey Sub on WG Roll Lettuce/Tomato Chips Carrot Sticks Fruit of the Day	22 Big Daddy Pizza Mixed Greens Salad Sliced Cucumbers Fruit of the Day	23 <b>½ Day NO LUNCH</b>
26 Popcorn Chicken Garlic Mashed Potatoes Peas Fruit of the Day	27 Taco on Soft Shell Variety of toppings Refried Beans Corn Fruit of the Day	28 Hot Dog on WG Bun French Fries Carrot Sticks Fruit of the Day	29 Homemade Pizza Mixed Greens Salad Fruit of the Day	30 Grilled Cheese Sandwich Mini Pretzels Celery sticks Sliced Cucumbers Fruit of the Day

\*\*Variety of Fresh or canned Fruits and Juices available daily

\*\*Fresh Garden Salads offered on Tues/Wed/Thurs as available

\*\*Peanut Butter+Jelly and rotating variety of cold sandwiches offered Daily

Snacks and A la Carte items sold separately

WCV and USDA are equal opportunity

Employers and Providers

**Menu Subject to Change**



**Lunches that do not meet "Complete" standards will be charged as A la Carte**

# JANUARY 2026

## WCV High School/Middle School

All Complete Breakfast Meals are Free of Charge for Students

Complete Breakfast includes: 1 cup Milk

1 cup Fruit and/or 100% Juice

2 Grain servings

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>NO SCHOOL</b> 1	<b>NO SCHOOL</b> 2
Cereal Bars 5	Warmed Donut Holes 6	Cream Cheese Stuffed Bagel 7	Breakfast Sandwich 8	Variety Cold Cereal 9
Whole Grain Muffin 12	Breakfast Pizza 13	Frudel 14	Breakfast Sandwich 15	Mini Cinni 16
<b>NO SCHOOL</b> 19	Cereal Bars 20	Mini French Toast 21	Breakfast Sandwich 22	<b>NO SCHOOL HS/MS</b> 23
Variety Cold Cereal 26	Breakfast Pizza 27	Mini Cinni 28	Breakfast Sandwich 29	Whole Grain Muffin 30

Breakfast is available from 7:25-8:00 am in High School Cafeteria

Menu is Subject to Change

WCV and USDA are equal opportunity providers and employers



# JANUARY 2026

## WCV High School/Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
<b>5</b> Chicken Tenders Tater Tots Green Peas Fruit of the Day	<b>6</b> Pasta with Meatsauce Garlic Breadstick Tossed Salad Fruit of the Day	<b>7</b> Burger on WG Bun Variety Toppings Roasted Potatoes Baked Beans*Fruit of the Day Oatmeal Raisin Cookie	<b>1</b> <b>NO SCHOOL</b>	<b>2</b> <b>NO SCHOOL</b>
<b>12</b> Oven Roasted Chicken Seasoned Rice Green Beans Fruit of the Day	<b>13</b> Taco with Tortilla Chip Variety of toppings Refried Beans Corn Fruit of the Day	<b>14</b> Meatball Sub French Fries Steamed Broccoli Fruit of the Day	<b>8</b> Tony's Cheese Pizza Tossed Salad Fruit of the Day	<b>9</b> Ham + Cheese Melt On WG Kaiser roll Mini Pretzels Fruit of the Day
<b>19</b> <b>NO SCHOOL</b>	<b>20</b> Chicken Patty on WG Bun Sweet Potato Fries Green Beans Fruit of the Day	<b>21</b> Cream of Broccoli Soup Turkey Sub w/lettuce+Tom Carrot sticks Fruit of the Day	<b>15</b> <b>BRUNCH</b> Waffle Sticks Hash Brown Carrot Sticks Fruit + Yogurt Parfait With Granola	<b>16</b> Burger on WG Bun WG Chips Sliced Cooked Carrots Celery Sticks Fruit of the Day
<b>26</b> Popcorn Chicken Bowl Mashed Potato Peas Fruit of the Day	<b>27</b> Taco on Soft Shells Variety of Toppings Refried Beans Corn Fruit of the Day	<b>28</b> Hot Dog on WG Bun French Fries Carrot Sticks Fruit of the Day	<b>22</b> Cheese Pizza Sticks Marinara Sauce Mixed Green Salad Fruit of the Day	<b>23</b> <b>NO SCHOOL HS/MS</b>
			<b>29</b> Homemade Pizza Mixed Green Salad Fruit of the Day	<b>30</b> Grilled Cheese Sand. Mini Pretzels Celery Sticks Cucumber Slices Fruit of the Day

\*\*Variety of Fresh or canned Fruits and Juices available daily

Snacks and A la Carte items sold separately

Menu Subject to Change

\*\*Fresh Garden Salads offered on Tues/Wed/Thurs as available

\*Peanut Butter+Jelly and rotating variety of cold sandwiches offered

**\*\* LUNCHES not meeting the Complete Meal standards will be charged as A la Carte \*\***



WCV and USDA are equal opportunity

2026

# JANUARY



## WCV Pre-K Breakfast and Lunch

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<p><b>All Complete Meals are Free of Charge</b> for All Pre K Students</p> <p><b>Complete Meals Include:</b> <b>BREAKFAST:</b> ¾ c. 1% Milk, ½ c. 100% Juice or Fruit, ½ Svc Grain  <b>LUNCH:</b> ¾ c. 1% Milk, 1.5– 3 oz. Meat, ¼ c. Veg, ¼ c. Fruit, ½ svc Grain</p> <p>All Pre K students will be offered the meals each day.</p>						1		2	
						NO SCHOOL		NO SCHOOL	
5		6		7		8		9	
Cereal Bar Chicken Tenders Tater Tots Fruit of the Day		Mini Waffles Pasta with Meatballs Garlic Breadstick Fruit of the Day		Warm Donut Holes Turkey and Cheese Sticks Dinner Roll Tossed Salad Fruit of the Day		WG Muffin Top Big Daddy Pizza Carrot Sticks Fruit of the Day		Cold Cereal Grilled Cheese Sandwich Broccoli Fruit of the Day	
12		13		14		15		16	
Whole Grain Muffin Breaded Chicken Leg Green Beans Fruit of the day		Cold Cereal Taco with Tortilla Chips Corn Fruit of the Day		Yogurt with Crackers Meatballs in Sauce Dinner Roll Fruit of the Day		Cold Cereal <u>BRUNCH</u> Mini Waffles Yogurt Hash Brown Fruit of the Day		WG Muffin Top Turkey and Cheese Stick Smile Fries Dinner Roll Fruit of the Day	
19		20		21		22		23	
NO SCHOOL		Cereal Bar Chicken Nuggets Green Beans Fruit of the Day		Mini French Toast Tomato Soup Grilled Cheese Sandwich Fruit of the Day		Yogurt with Crackers Big Daddy Pizza Sliced Cucumbers Fruit of the Day		WG Muffin Top <b>½ Day NO LUNCH</b>	
26		27		28		29		30	
Cold Cereal Popcorn Chicken Mashed Potatoes Fruit of the Day		Mini French Toast Ham and Cheese Sticks Mini Pretzels Corn Fruit of the Day		Breakfast Bar Smuckers PBJ Sandwich Carrot Sticks Fruit of the Day		Mini Bagel with Egg+Cheese English Muffin Pizza Tossed Salad Fruit of the Day		WG Muffin Grilled Cheese Sandwich Sliced Cucumbers Fruit of the Day	

This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.